

50% and 70% Glycolic Acid Peel Instructions for In-Office Procedures

Refinity® Peel Kit with COSMEDERM-7™

Important: Read Instructions Thoroughly Before Using



Pre-Treatment Procedure

Peel Kit Contains:

- One 4 oz. bottle of Pre-Peel Conditioner with COSMEDERM-7™
- One 4 oz. bottle of Refining Peel Formula with COSMEDERM-7
- One 4 oz. bottle of Peel Neutralizer

Patient Selection

Refinity® peels may be used for patients just beginning their glycolic peel treatments or patients who have received previous in-office peel treatments.

- Patients with dry, oily, combination, and even sensitive skin types may be candidates for this treatment.

Peel Treatment Procedure

Unlike conventional peels that limit the number of peels per series and number of series throughout the year, the Refinity peel is safe enough to be used throughout the year. To achieve maximum benefits, the patient should use the Refinity Skin Health System, including the peels and daily skin care products. The duration for the patient's peel can be anywhere from 5 to 10 minutes comfortably. Physicians report the best results when using the 70% glycolic acid peel in conjunction with the daily skin care products.

Pre/Post-Treatment Procedure

The following products and procedures should not be used on the peel site:

- 2 days before or after use of alpha hydroxy acid products, bleaching or skin lightening agents, waxing, or any products that contain ascorbic acid.
- 14 days before or after using prescription-strength retinoids, any other chemical peel or other prescription skin care products.
- 30-days before or after getting any surgical procedure.

Other important considerations:

- It is important to know if the patient is taking any prescription drug for treatment of a skin disorder and any history of allergic reactions to any of the ingredients in the Refinity Skin Health System.
- No treatment should be performed if any of the following conditions exist at the peel site: infection or disease, cut or broken skin, sunburn or history of "cold sores"/herpes.
- Women who are pregnant or nursing should consult their physician before treatment.

Patients should understand that the peel is part of a comprehensive skin care program recommended by the physician that includes:

- A series of peels over a 12-week period.
- Post-Peel Moisturizer following peel treatment for 2 days.
- Daily skin care product use 2 days after peel procedures and continuously afterwards.
- Sun protection.

Complications

Complications with glycolic acid peels are rare. Potential complications that have been observed with glycolic acid peels include persistent erythema, superficial crusting, post-inflammatory hyperpigmentation, infection, scarring, and facial herpes simplex 1. Care must be taken to ensure complete neutralization of the Refinity peel.

Additionally, patients must be instructed to contact their physician immediately if they experience any complications.

CAUTION!

Avoid contact with eyes and irritated skin. If contact with eyes occurs, rinse thoroughly with clear, cool water for at least 15 minutes. For external use only. Keep out of reach of children. Store at room temperature. Avoid exposure to extreme temperature. A physician or medically supervised skin care professional should apply the Refinity peels.

**Contact your Henry Schein Sales Consultant for more information
or to place an order for 70% Peel Kits.**

To Order: **1.800.P.SCHEIN** (1.800.772.4346) 8am-9pm, et
To Fax: **1.800.329.9109** 24 Hrs
www.henryschein.com/medical

Instructions For In-Office Procedure

Have the following items ready: cotton pads, timer, bowl of clean, tepid water, band for hair control, the Purifying Cleanser, the Peel Kit, and the Post-Peel Moisturizer.

NOTE: Shake all products well before use.

Step 1



Prepare the Skin

- Cleanse the skin with the Purifying Cleanser, or other mild, soap-free cleanser.
- Prepare skin by applying Pre-Peel Conditioner to cotton pad and gently rubbing evenly over the entire area to be treated (face, hands, neck, decollete, etc.).
- Allow areas to dry.

Step 2



Apply Peel Formula

- Using a cotton pad or cotton ball, apply the Refining Peel Formula evenly to all areas that were treated with Pre-Peel Conditioner. Begin with the forehead and the outer areas of the face and work toward the central portion of the face. Care must be exercised to not get any peel formula in the patient's eyes. If the neck, hands, or chest are to be treated, they should be treated with the peel following the conclusion of the facial peel.
- Note and record time. Do not leave patient unattended during this step.
- The patient's first treatment is usually timed at 5-10 minutes. Timing may vary depending on patient's skin type and their history of use with AHA products and treatments. Subsequent treatments may increase in duration.
- Observe treated areas for erythema. In the absence of erythema occurs, use time as an indicator of when to apply Peel Neutralizer. If erythema occurs, go to Step 3 and apply Peel Neutralizer with cotton pad immediately to the areas affected. You may neutralize spots or neutralize the entire peel.

Step 3



Neutralize Area

- Shake the Peel Neutralizer well before using. Apply Peel Neutralizer with cotton to all areas that were treated with the Refining Peel Formula.
- To ensure the peel has neutralized, apply another layer to all treated areas with water.

Step 4



Moisturize

- Apply Post-Peel Moisturizer to all treated areas. Please note that: the Post-Peel Moisturizer does not contain sunscreen.
- Give patient Post-Peel Moisturizer for home use 2 days following treatment. Giving the patient the Post-Peel Moisturizer encourages the patient to not use any other product that may be irritating to the face post-peel.

Recommendations

Suggest the daily skin care products to patients for best results. The recommended course of treatment is a 12-week series of six peels every other week in conjunction with daily skin care product use.



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