

**3M Skin & Wound Care**  
Solutions for Securing Dressings and Devices



Because **Tape**  
**Matters**





# Setting a new standard

## **3M has been a trusted partner in skin health innovation for more than 50 years.**

As health care delivery becomes more complex, choosing the right product and using it effectively is a key component of successful patient outcomes and cost containment. 3M™ Medical Tapes are designed with the performance qualities you need to provide better patient care.

3M offers hypoallergenic and latex free\* medical tapes with a range of characteristics for:

- \* Fragile or at-risk skin
- \* General securement of tubing and devices
- \* Moist skin conditions
- \* Surgical dressings
- \* Pressure dressings
- \* Securement of critical tubing
- \* Single patient use

Choose from our full line of soft cloth, foam, paper, “silk-like,” cloth and plastic tapes, and our latest advancement, 3M™ Kind Removal Silicone Tape.

\*3M™ Universal Cloth Adhesive Tape contains dry natural rubber.



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# 3M™ Kind Removal Silicone Tape

3M™ Kind Removal Silicone Tape provides reliable securement, kind removal and gentle wear without compromise.

- **Security:** Offers reliable and constant fixation, remains in place until you decide otherwise
- **Comfort:** Removes cleanly, without disrupting fragile skin layers or causing patients undue pain
- **Ease of use:** Can be repositioned and neatly torn by hand
- **Economical:** Offered in single-patient roll size

Gentle  
Reliable  
Versatile

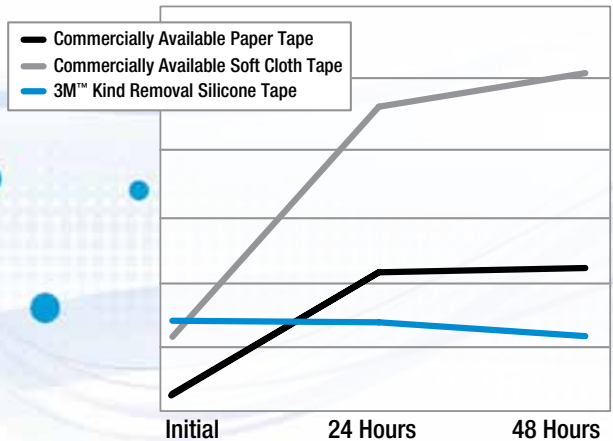
## Suggested Applications

- Ideal for patients with sensitive, compromised or at-risk skin
- When repeated taping is necessary
- When skin integrity and minimizing pain are primary concerns

3M™ Kind Removal Silicone Tape provides the same adhesive strength you selected when you applied the tape, even at 48 hours of wear.\*

This consistent adhesion level means the tape stays in place and removes gently. No worries, no surprises.

## Ideal Securement Over Time



In clinical evaluations, 9 out of 10 nurses preferred **3M™ Kind Removal Silicone Tape** over their current gentle tape.\*

\*3M clinical data on file.

Patented paper blend backing for breathability and customizable, clean hand-tear

Gentle blue color for easy identification by clinicians and patients

Feathered tab for easy initial unwinding

Feather graphic for easy identification of gentle properties

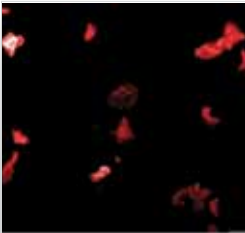
Edge-protectors on standard rolls maintain neat appearance over time

Proprietary silicone adhesive achieves new level of gentle yet secure performance

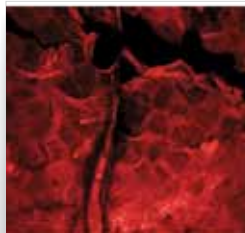
## Proven Comfort

Research confirms that upon removal, 3M™ Kind Removal Silicone Tape causes minimal epidermal cell stripping and less pulling of hair. Patients will feel the difference the moment it goes on ... and comes off.

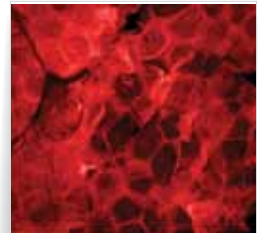
## Skin Cell Removal Visualization



**3M™ Kind Removal Silicone Tape**



**Traditional (Acrylate) Soft Cloth Tape**



**Traditional (Acrylate) Paper Tape**

Images show skin cells and hair (in red) that were stripped on removal of three tapes. Representative sample from one individual.



## 3M™ Kind Removal Silicone Tape Ordering Information

Cat. No.	NHRC/NDC No.	Size	Rolls/Box	Boxes/Case	HCPCS Code
<b>Standard Rolls:</b>					
2770-1	8333-2770-01	1 in. x 5.5 yd./2,5 cm x 5 m	12	10	A4452
2770-2	8333-2770-02	2 in. x 5.5 yd./5,0 cm x 5 m	6	10	A4452
<b>Single Use Rolls:</b>					
2770S-1	8333-2770-11	1 in. x 1.5 yd./2,5 cm x 1,3 m	100	5	A4452
2770S-2	8333-2770-12	2 in. x 1.5 yd./5,0 cm x 1,3 m	50	5	A4452

# 3M™ Medipore™ H Soft Cloth Surgical Tape

High adhesion, breathable soft cloth tape for a range of applications.

- Easy-tear perforated rolls
- Gentle, breathable to maintain skin integrity
- Excellent cross and diagonal stretch
- Hypoallergenic and latex free
- Water resistant

## Suggested Applications

- When repeated taping is needed
- Securing over areas where skin may stretch (e.g., edema, distention, hematoma formation or movement)



*Bunionectomy dressing*



*Sacral dressing*



*Hip dressing*



## 3M™ Medipore™ H Soft Cloth Surgical Tape Ordering Information

Cat. No.	NHRC/NDC No.	Size	Rolls/Box	Boxes/Case	HCPCS Code
<b>Standard Rolls:</b>					
2861	8333-2861-01	1 in. x 10 yd./2,5 cm x 9,1 m	24	1	A4452
2862	8333-2862-01	2 in. x 10 yd./5,0 cm x 9,1 m	12	1	A4452
2863	8333-2863-01	3 in. x 10 yd./7,6 cm x 9,1 m	12	1	A4452
2864	8333-2864-01	4 in. x 10 yd./10,1 cm x 9,1 m	12	1	A4452
2866	8333-2866-01	6 in. x 10 yd./15,2 cm x 9,1 m	12	1	A4452
2868	8333-2868-01	8 in. x 10 yd./20,3 cm x 9,1 m	6	1	A4452
<b>Single Use Rolls:</b>					
2862S	8333-2862-03	2 in. x 2 yd./5,0 cm x 1,8 m	48	1	A4452
2864S	8333-2864-03	4 in. x 2 yd./10,1 cm x 1,8 m	24	1	A4452
2866S	8333-2866-03	6 in. x 2 yd./15,2 cm x 1,8 m	16	1	A4452

# 3M™ Medipore™ Soft Cloth Surgical Tape and 3M™ Medipore™ Dress-It Pre-Cut Dressing Covers

Breathable soft cloth tape for a range of applications, and pre-cut dressing pad products that are easy to use and easy on the skin.

3M™ Medipore™ Tape is now gentler with higher adhesion.

## Suggested Applications

- Securing dressings and ostomy pouches to fragile skin
- When repeated taping is needed
- Anchoring post-surgical dressings
- Used as retentive sheeting over gauze
- Securing over areas where skin may stretch (e.g., edema, distention, hematoma formation or movement)



*Perforated—easy to tear*



*Epidural tubing*



*Pressure dressing*



## 3M™ Medipore™ Soft Cloth Surgical Tape Ordering Information

Cat. No.	NHRC/NDC No.	Size	Rolls/Box	Boxes/Case	HCPCS Code	
<b>Standard Rolls:</b>						
2961	8333-2861-01	1 in. x 10 yd./2,5 cm x 9,1 m	24	1	A4452	
2962	8333-2862-01	2 in. x 10 yd./5 cm x 9,1 m	12	1	A4452	
2963	8333-2863-01	3 in. x 10 yd./7,6 cm x 9,1 m	12	1	A4452	
2964	8333-2864-01	4 in. x 10 yd./10,1 cm x 9,1 m	12	1	A4452	
2966	8333-2866-01	6 in. x 10 yd./15,2 cm x 9,1 m	12	1	A4452	
2968	8333-2868-01	8 in. x 10 yd./20,3 cm x 9,1 m	6	1	A4452	
<b>Single Use Rolls:</b>						
2962S	8333-2862-03	2 in. x 2 yd./5 cm x 1,8 m	48	1	A4452	
2964S	8333-2864-03	4 in. x 2 yd./10,1 cm x 1,8 m	24	1	A4452	
2966S	8333-2866-03	6 in. x 2 yd./15,2 cm x 1,8 m	16	1	A4452	
Cat. No.	NHRC/NDC No.	Size	Dressings/ Pad	Pads/ Box	Boxes/ Case	HCPCS Code
<b>Dress-It Pre-Cut Dressing Covers:</b>						
2954	8333-2954-01	3-7/8 in. x 4-5/8 in./10 cm x 12 cm	3	25	4	A4452
2955	8333-2955-01	3-7/8 in. x 7-7/8 in./10 cm x 20 cm	3	25	4	A4452
2956	8333-2956-01	5-7/8 in. x 5-7/8 in./15 cm x 15 cm	3	25	4	A4452
2957	8333-2957-01	5-7/8 in. x 11 in./15 cm x 28 cm	3	25	4	A4452
2958	8333-2958-01	7-7/8 in. x 11 in./20 cm x 28 cm	3	25	4	A4452

# 3M™ Transpore™ White Surgical Tape

Gentle tape with strong adhesion and easy, bi-directional tear for dressing applications.

- Gentle to skin
- Perforated for easy, straight tear
- Good initial and long-term adhesion
- Easy to handle with gloves
- Hypoallergenic and latex free
- Water resistant



## Suggested Applications

- Securing dressings to damp or dry skin
- Taping fragile, at-risk skin
- Anchoring tubing and devices
- When repeated taping is needed
- When tape width must be customized



*Chest incision dressing*



*Abdominal incision dressing*



*Finger Splint*



## 3M™ Transpore™ White Surgical Tape Ordering Information

Cat. No.	NHRC/NDC No.	Size	Rolls/Box	Boxes/Case	HCPCS Code
1534-0	8333-1534-00	1/2 in. x 10 yd./1,25 cm x 9,1 m	24	10	A4452
1534-1	8333-1534-01	1 in. x 10 yd./2,5 cm x 9,1 m	12	10	A4452
1534-2	8333-1534-02	2 in. x 10 yd./5 cm x 9,1 m	6	10	A4452
1534-3	8333-1534-03	3 in. x 10 yd./7,6 cm x 9,1 m	4	10	A4452



# 3M™ Micropore™ Surgical Tape

Gentle, breathable, #1 trusted brand for over 50 years.

- Gentle adhesion
- Conformable and highly breathable
- Reliably secures dressings and devices to skin
- Hypoallergenic and latex free

## Suggested Applications

- Securing small to medium dressings, especially on damp skin
- Securing lightweight tubing
- Securing ostomy appliances
- Taping fragile, at-risk skin
- When repeated taping is needed



*Incision and J-P tubing*



*Ostomy pouch*



*Post-op eye dressing*



## 3M™ Micropore™ Surgical Tape Ordering Information

Cat. No.	NHRC/NDC No.	Size	Rolls/Box	Boxes/Case	HCPCS Code
<b>Standard Rolls:</b>					
1530-0	8333-1530-00	1/2 in. x 10 yd./1,25 cm x 9,1 m	24	10	A4450
1530-1	8333-1530-01	1 in. x 10 yd./2,5 cm x 9,1 m	12	10	A4450
1530-2	8333-1530-02	2 in. x 10 yd./5 cm x 9,1 m	6	10	A4450
1530-3	8333-1530-03	3 in. x 10 yd./7,6 cm x 9,1 m	4	10	A4450
<b>Single Use Rolls:</b>					
1530S-1	8333-1530-11	1 in. x 1-1/2 yd./2,5 cm x 1,37 m	100	5	A4450
1530S-2	8333-1530-12	2 in. x 1-1/2 yd./5 cm x 1,37 m	50	5	A4450
<b>Tan:</b>					
1533-0	8333-1533-00	1/2 in. x 10 yd./1,25 cm x 9,1 m	24	10	A4450
1533-1	8333-1533-01	1 in. x 10 yd./2,5 cm x 9,1 m	12	10	A4450
1533-2	8333-1533-02	2 in. x 10 yd./5 cm x 9,1 m	6	10	A4450
<b>Dispenser Pack:</b>					
1535-0	8333-1535-00	1/2 in. x 10 yd./1,25 cm x 9,1 m	24	10	A4450
1535-1	8333-1535-01	1 in. x 10 yd./2,5 cm x 9,1 m	12	10	A4450
1535-2	8333-1535-02	2 in. x 10 yd./5 cm x 9,1 m	6	10	A4450
1535-3	8333-1535-03	3 in. x 10 yd./7,6 cm x 9,1 m	4	10	A4450

# 3M™ Transpore™ Surgical Tape

Transparent, perforated plastic tape that tears easily, works reliably.

- Easy, straight, bi-directional tear allows clinicians to tailor the tape for various dressings and devices
- Easy to handle with gloves
- Good adhesion to skin and tubing
- Transparent, porous
- Hypoallergenic and latex free
- Water resistant



## Suggested Applications

- Securing tubing and devices (e.g., catheters, IV tubing)
- Anchoring bulky dressings
- When tape width must be customized



*Easy to tear, even with gloves*



*Peripheral IV tubing*



*Eye shield*



## 3M™ Transpore™ Surgical Tape Ordering Information

Cat. No.	NHRC/NDC No.	Size	Rolls/Box	Boxes/Case	HCPCS Code
<b>Standard Rolls:</b>					
1527-0	8333-1527-00	1/2 in. x 10 yd./1,25 cm x 9,1 m	24	10	A4452
1527-1	8333-1527-01	1 in. x 10 yd./2,5 cm x 9,1 m	12	10	A4452
1527-2	8333-1527-02	2 in. x 10 yd./5 cm x 9,1 m	6	10	A4452
1527-3	8333-1527-03	3 in. x 10 yd./7,6 cm x 9,1 m	4	10	A4452
<b>Single Use Rolls:</b>					
1527S-1	8333-1527-11	1 in. x 1-1/2 yd./2,5 cm x 1,37 m	100	5	A4452
1527S-2	8333-1527-12	2 in. x 1-1/2 yd./5 cm x 1,37 m	50	5	A4452

# 3M™ Durapore™ Surgical Tape

Silk-like cloth tape with strong adhesion that won't let you down.

- High strength
- Adheres well to dry skin
- Conformable
- Convenient bi-directional tear
- Versatile
- Hypoallergenic and latex free
- Water resistant

## Suggested Applications

- Securing tubing and devices
- Anchoring bulky dressings
- Immobilizing fingers & toes
- Stabilizing finger splints



*Catheters*



*Armboard*



*Butterfly splint*



## 3M™ Durapore™ Surgical Tape Ordering Information

Cat. No.	NHRC/NDC No.	Size	Rolls/Box	Boxes/Case	HCPCS Code
<b>Standard Rolls:</b>					
1538-0	8333-1538-00	1/2 in. x 10 yd./1,25 cm x 9,1 m	24	10	A4452
1538-1	8333-1538-01	1 in. x 10 yd./2,5 cm x 9,1 m	12	10	A4452
1538-2	8333-1538-02	2 in. x 10 yd./5 cm x 9,1 m	6	10	A4452
1538-3	8333-1538-03	3 in. x 10 yd./7,6 cm x 9,1 m	4	10	A4452
<b>Single Use Rolls:</b>					
1538S-1	8333-1538-11	1 in. x 1-1/2 yd./2,5 cm x 1,37 m	100	5	A4452
1538S-2	8333-1538-12	2 in. x 1-1/2 yd./5 cm x 1,37 m	50	5	A4452

# 3M™ Blenderm™ Surgical Tape

Occlusive, transparent plastic tape that protects from external fluids and contaminants.

- Waterproof barrier
- Flexible, transparent
- Hypoallergenic and latex free

## Suggested Applications

- Protecting dressings from external moisture, fluids and contaminants
- Enhancing penetration of topical medications
- Dermatological patch testing



*Occlusive dressing*



*Patch testing*



## 3M™ Blenderm™ Surgical Tape Ordering Information

Cat. No.	NHRC/NDC No.	Size	Rolls/Box	Boxes/Case	HCPCS Code
1525-0	8333-1525-00	1/2 in. x 5 yd./1,25 cm x 4,5 m	24	10	A4452
1525-1	8333-1525-01	1 in. x 5 yd./2,5 cm x 4,5 m	12	10	A4452
1525-2	8333-1525-02	2 in. x 5 yd./5,0 cm x 4,5 m	6	10	A4452

# 3M™ Microfoam™ Surgical Tape and 3M™ Microfoam™ Sterile Tape Patches

Highly conformable elastic foam tape that stretches for compression applications or securing dressings on challenging areas.

- Multi-directional stretch to accommodate swelling and promote comfort
- Conforms readily
- Gentle, secure adhesion to irregularly contoured sites
- Water resistant
- Hypoallergenic and latex free



## Suggested Applications

- Securing dressings on sites where movement is likely such as over joints and other challenging areas
- Securing compression dressings to assist in hemostasis or to control edema (e.g., cardiovascular/angio sites; breast biopsies; orthopedic, thoracic and abdominal surgical dressings)
- Provides cushioning as needed



**Hip dressing**



**Rotator cuff dressing**



**Mastectomy dressing**

As with all tapes, Microfoam tape should not be stretched over exposed skin. Microfoam tape may be stretched over dressings or bandages to provide compression. **See page 26 for proper application.**



## 3M™ Microfoam™ Surgical Tape Ordering Information

Cat. No.	NHRIC/NDC No.	Size	Rolls/Box	Boxes/Case	HCPCS Code
<b>Surgical Tape:</b>					
1528-1	8333-1528-01	1 in. x 5-1/2 yd./2,5 cm x 5 m*	12	6	A4452
1528-2	8333-1528-02	2 in. x 5-1/2 yd./5 cm x 5 m*	6	6	A4452
1528-3	8333-1528-03	3 in. x 5-1/2 yd./7,6 cm x 5 m*	4	6	A4452
1528-4	8333-1528-04	4 in. x 5-1/2 yd./10,1 cm x 5 m*	3	6	A4452
Cat. No.	NHRIC/NDC No.	Size	Patches/Box	Boxes/Case	HCPCS Code
<b>Sterile Tape Patches:</b>					
1562	8333-1562-01	4-1/5 in. x 7 in./10,6 cm x 17,7 cm	25	4	A4452

\* Stretched length.

# 3M™ Cloth Adhesive Tape and 3M™ Universal Cloth Adhesive Tape\*

Strong tape with bi-directional tear for securing medical devices and for light immobilization support.

## 3M™ Cloth Adhesive Tape

- Strong, reliable adhesion
- Durable backing resistant to tearing and stretching
- Adheres well to tubing and skin
- Hypoallergenic and latex free

## 3M™ Universal Cloth Adhesive Tape\*

- Strong, reliable adhesion in moist and dry conditions
- Durable backing resistant to tearing and stretching
- Adheres well to tubing and skin



## Suggested Applications

- Securing tubing
- Immobilizing fingers and toes
- Positioning body parts
- Stabilizing finger splints



**NG tube**



**ET tube**



**Immobilization**



## 3M™ Cloth Adhesive Tape 3M™ Universal Cloth Adhesive Tape\* Ordering Information

Cat. No.	NHRIC/NDC No.	Size	Rolls/Box	Boxes/Case	HCPCS Code
<b>3M™ Cloth Adhesive Tape</b>					
2950-0	8333-2950-00	1/2 in. x 10 yd./1,25 cm x 9,1 m	24	10	A4450
2950-1	8333-2950-01	1 in. x 10 yd./2,5 cm x 9,1 m	12	10	A4450
2950-2	8333-2950-02	2 in. x 10 yd./5 cm x 9,1 m	6	10	A4450
2950-3	8333-2950-03	3 in. x 10 yd./7,5 cm x 9,1 m	4	10	A4450
<b>3M™ Universal Cloth Adhesive Tape*</b>					
881-1	8333-0881-10	1 in. x 10 yd./2,5 cm x 9,1 m	12	12	A4452
881-2	8333-0881-20	2 in. x 10 yd./5 cm x 9,1 m	6	12	A4452
881-3	8333-0881-30	3 in x 10 yd./7,5 cm x 9,1 m	4	12	A4452

**\*This Product Contains Dry Natural Rubber.**

# 3M™ Coban™ LF Latex Free Self-Adherent Wrap and 3M™ Coban™ Self-Adherent Wrap\*

The self-adherent elastic wrap that functions like a tape, but sticks only to itself.

- Sticks to itself without adhesive—needs no pins or clips
- Available in sterile, non-sterile, latex free and sterile latex free

## Applications

- Secure dressings, IVs or other devices
- Compression
- Reduce post-operative swelling
- Overwrap for splints, support sprains and strains

*\*Caution: 3M™ Coban™ Self-Adherent Wrap contains natural rubber latex which may cause allergic reactions.*



**Compression with a zinc paste bandage**



**Overwrap for casts**



**IV securement**

## 3M™ Coban™ LF Latex Free Self-Adherent Wrap Ordering Information

Cat. No.	NHRC/NDC No.	Size	Rolls/Box	HCPCS Code
<b>Standard, Tan:</b>				
2081	8333-2081-01	1 in. x 5 yd./25 mm x 4,5 m**	30	A6453
2082	8333-2082-01	2 in. x 5 yd./50 mm x 4,5 m**	36	A6453
2083	8333-2083-01	3 in. x 5 yd./75 mm x 4,5 m**	24	A6454
2084	8333-2084-01	4 in. x 5 yd./100 mm x 4,5 m**	18	A6454
2084L	8333-2084-30	4 in. x 6.5 yd./100 mm x 6 m**	12	A6454
2086	8333-2086-01	6 in x 5 yd./150 mm x 4,5 m**	24	A6455
<b>Sterile, Tan:</b>				
2083S (Sterile)	8333-2083-10	3 in. x 5 yd./75 mm x 4,5 m**	24	A6454
2084S (Sterile)	8333-2084-10	4 in x 5 yd./100 mm x 4,5 m**	18	A6454
2086S (Sterile)	8333-2086-10	6 in x 5 yd./150 mm x 4,5 m**	12	A6455
<b>Brights Pack (Two rolls each: Bright Green, Bright Orange, Bright Pink, Purple, Blue, Black):</b>				
2082C	8333-2082-20	2 in. x 5 yd./50 mm x 4,5 m**	36	A6453
2083C	8333-2083-30	3 in. x 5 yd./75 mm x 4,5 m**	24	A6454

\*\*Fully-stretched length.

# 3M™ Coban™ Self-Adherent Wrap\*

## 3M™ Coban™ Self-Adherent Wrap\* Ordering Information

Cat. No.	NHRC/NDC No.	Size	Rolls/Box	HCPCS Code
<b>Standard, Tan:</b>				
1581	8333-1581-01	1 in. x 5 yd./25 mm x 4,5 m**	30	A6453
1582	8333-1582-01	2 in. x 5 yd./50 mm x 4,5 m**	36	A6453
1583	8333-1583-01	3 in. x 5 yd./75 mm x 4,5 m**	24	A6454
1584	8333-1584-01	4 in. x 5 yd./100 mm x 4,5 m**	18	A6454
1586	8333-1586-01	6 in. x 5 yd./150 mm x 4,5 m**	12	A6455
<b>Sterile, Tan:</b>				
1583S (Sterile)	8333-1583-10	3 in. x 5 yd./75 mm x 4,5 m**	24	A6454
1584S (Sterile)	8333-1584-10	4 in. x 5 yd./100 mm x 4,5 m**	18	A6454
1586S (Sterile)	8333-1586-10	6 in. x 5 yd./150 mm x 4,5 m**	12	A6455
<b>Colors:</b>				
1581B (Blue)	8333-1581-02	1 in. x 5 yd./25 mm x 4,5 m**	30	A6453
1582B (Blue)	8333-1582-02	2 in. x 5 yd./50 mm x 4,5 m**	36	A6453
1583B (Blue)	8333-1583-02	3 in. x 5 yd./75 mm x 4,5 m**	24	A6454
1583G (Green)	8333-1583-07	3 in. x 5 yd./75 mm x 4,5 m**	24	A6454
1583R (Red)	8333-1583-18	3 in. x 5 yd./75 mm x 4,5 m**	24	A6454
1583W (White)	8333-1583-23	3 in. x 5 yd./75 mm x 4,5 m**	24	A6454
1583Y (Yellow)	8333-1583-25	3 in. x 5 yd./75 mm x 4,5 m**	24	A6454
1584B (Blue)	8333-1584-02	4 in x 5 yd./100 mm x 4,5 m**	18	A6454
<b>Rainbow Pack (Two rolls each: Tan, Blue, Red, Green, Yellow, White):</b>				
1583A	8333-1583-26	3 in x 5 yd./75 mm x 4,5 m**	12	A6454
<b>Neon Pack (Two rolls each: Bright Green, Bright Orange, Bright Pink, Purple, White, Black):</b>				
1583N	8333-1583-14	3 in x 5 yd./75 mm x 4,5 m**	12	A6454
<b>Longer Length:</b>				
1584L	8333-1584-30	4 in x 6.5 yd./100 mm x 6 m**	18	A6454

\*Caution: 3M™ Coban™ Self-Adherent Wrap contains natural rubber latex which may cause allergic reactions.

\*\*Fully-stretched length.



# Using Tape Effectively



# Which 3M™ Medical



*“My 1<sup>st</sup> priority is  
at-risk skin.”*



*“I need a tape for  
everyday use.”*

# Tape should I use?



*“My 1<sup>st</sup> priority is critical securement.”*



*“I need a tape for a specialty application.”*



*“My 1<sup>st</sup> priority is at-risk skin.”*

**Recommended  
Choice**

3M™ Kind Removal Silicone Tape  
or Medipore™ H Tape

**Additional Criteria**

**At-risk Skin +  
Damp Skin**

Transpore™ White Tape  
or Micropore™ Tape

**At-risk Skin +  
Accommodates Swelling**

Medipore™ H Tape

**At-risk Skin +  
Long-Term Wear**

Medipore™ H Tape



*“I need a tape for everyday use.”*

**Recommended Choice**

3M™ Kind Removal Silicone Tape  
or Transpore™ Tape

**Additional Criteria**

**Everyday Use +  
Damp Skin**

Transpore™ White Tape  
or Micropore™ Tape

**Everyday Use +  
Accommodates Swelling**

Medipore™ H Tape

**Everyday Use +  
Long-Term Wear**

Medipore™ H Tape



***“My 1<sup>st</sup> priority is  
critical securement.”***

**Recommended  
Choice**

3M™ Cloth Adhesive Tape  
or Durapore™ Tape

**Additional Criteria**

**Critical Securement +  
When Extreme Moisture is Present**

3M™ Universal Cloth Adhesive Tape\*

**Critical Securement +  
When Latex is a Concern**

3M™ Cloth Adhesive Tape  
or Durapore™ Tape

*\*This Product Contains Dry Natural Rubber.*

*“I need a tape for a specialty application.”*



**Swelling or Distention Anticipated**

**Recommended Choice:**

Microfoam™ Tape

or

Medipore™ H Tape

**Occlusive/ Waterproof**

Blenderm™ Tape

**Pressure Dressings**

**Recommended Choice:**

Microfoam™ Tape

or

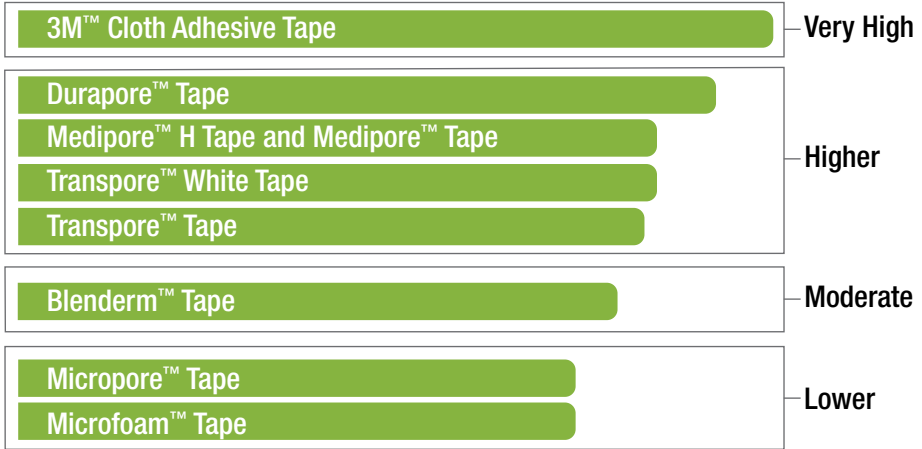
Medipore™ H Tape

**Repositionable**

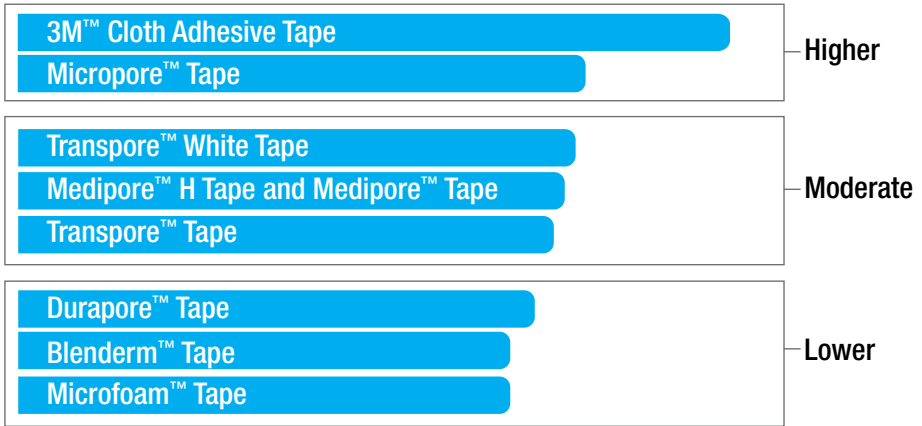
3M™ Kind Removal Silicone Tape

# 3M™ Medical Tapes

## Average Initial Adhesion to Dry Skin

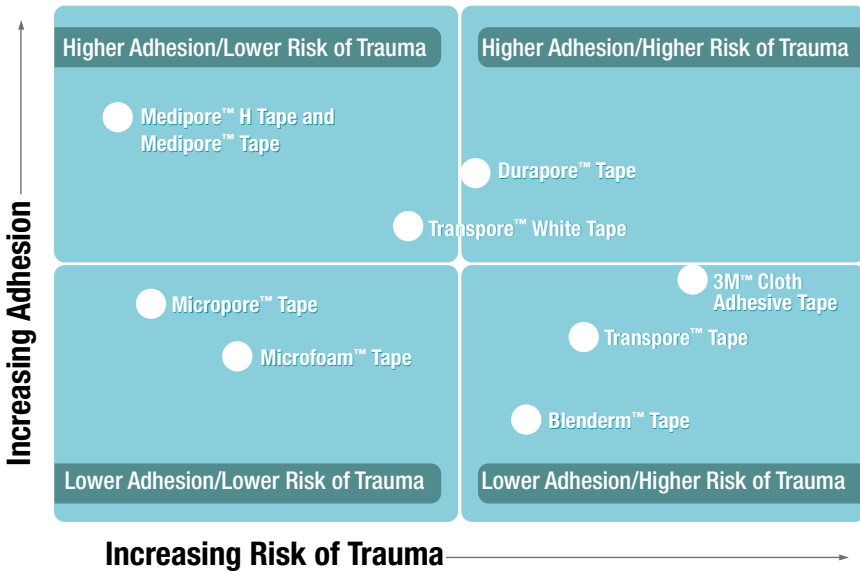
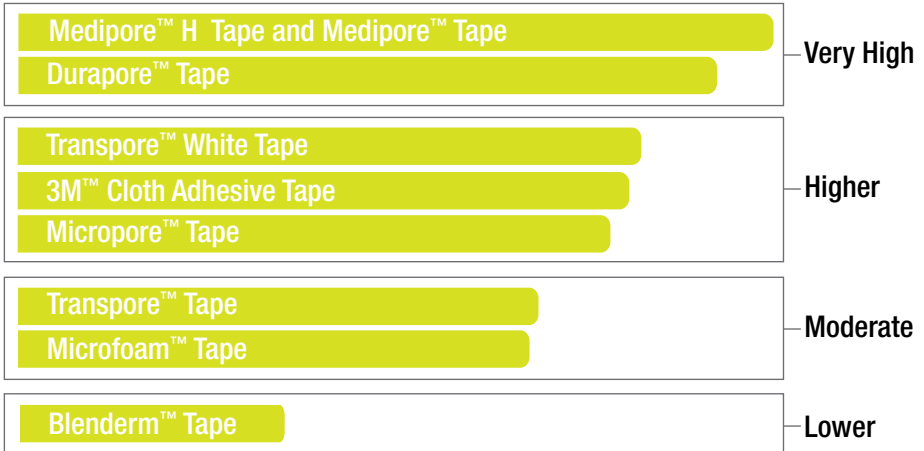


## Average Initial Adhesion to Damp Skin





## Average Long-Term Adhesion to Dry Skin (48 hours)

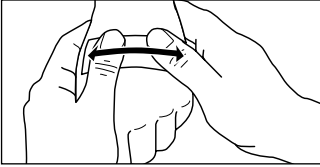


For more information on 3M™ Kind Removal Silicone Tape, our newest adhesive technology, see page 4.

# Application and Removal Techniques: 3M™ Medical Tapes

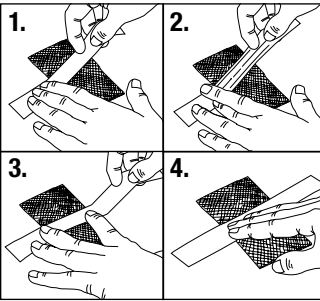
## Applying Tape

1. Select the correct size and type of tape for the application.
2. Clip hair, if necessary.
3. Optional: Apply 3M™ Cavilon™ No Sting Barrier Film to protect at-risk skin. Allow to dry completely before applying tape.
4. Apply the tape without tension to clean, dry skin, gently but firmly stroking the surface to maximize adhesion.
5. When securing dressings, tape should extend at least one-half inch beyond the edge of the dressing to cover adequate surface area to hold the dressing in place.



### Tips:

- To maximize adhesion, firmly stroke the surface of the tape to activate the pressure sensitive adhesive and gain full contact with the skin.
- Minimize touching of adhesive to retain adhesive levels.
- Avoid gaps and wrinkles that can allow moisture to get between the tape and the skin, tubing, or dressing.
- In general, do not encircle a limb completely with tape.
- Tape should not be pulled or stretched when applied.
- If swelling does occur, loosen and re-fasten or replace tape to relieve the tension.

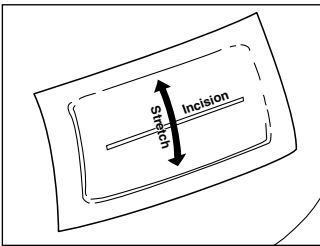


### Special Taping Situations: When you need compression

1. Place first section of tape without tension onto skin on one side of the dressing, gently but firmly stroking into place (fig. 1).
2. With one hand, press down to hold the tape on the edge of the dressing, while slightly stretching the middle section of tape over the dressing (fig. 2).
3. Press down on tape on opposite edge of the dressing (fig. 3).
4. Stroke remaining tape onto skin without tension (fig. 4).

### Tips:

- Compression should come from the multiple layers of dressing material, not from excessive tension in the tape.
- Skin distention under tape may result in blistering and should be relieved as soon as possible.



### Special Taping Situations: When you anticipate distention

1. Select a tape that stretches or a self-adherent wrap to secure the dressing or tubing.
  - Foam tapes generally stretch in all directions.
  - Nonwoven soft cloth tapes, such as 3M™ Medipore™ H Soft Cloth Surgical Tape, stretch in the cross-direction and on the bias.
2. The direction of the stretch should be considered when securing a dressing or tubing to an area that is at high risk for distention, edema, hematoma formation or movement. Anecdotally, applying soft cloth tape parallel to the incision appears to be associated with fewer skin tension injuries than taping perpendicular to the incision.

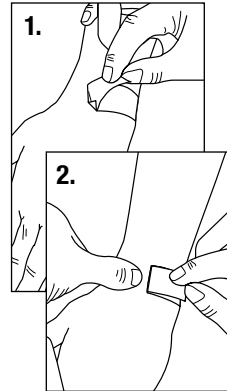
## Removing Tape

Proper tape removal is critical in reducing the occurrence of traumatic skin injuries.

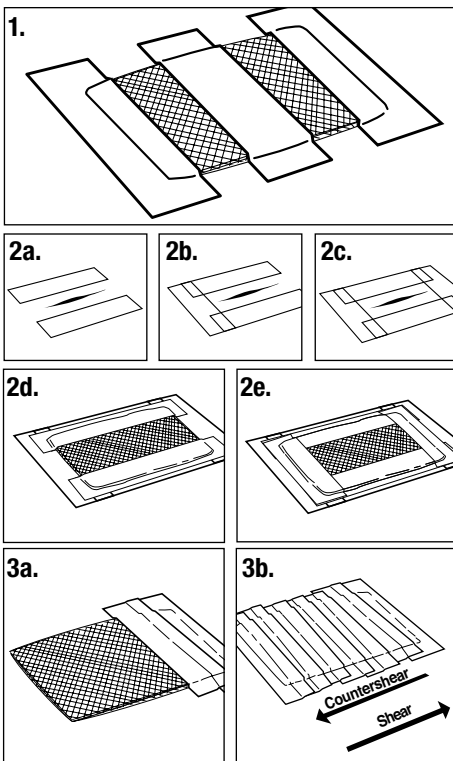
1. Loosen edge of tape (fig. 1).
2. Stabilize the skin with one finger. Remove tape “low and slow” in direction of hair growth, keeping it close to skin surface and pulled back over itself. Removing tape at an angle will pull at the epidermis, increasing the risk of mechanical trauma. As tape is removed, continue supporting newly exposed skin (fig. 2).

### Tips:

- If necessary, press a small new piece of tape onto a corner of the tape you are trying to remove to lift the edge.
- For tape that is strongly adhered to skin or hair, you may consider using a medical grade adhesive remover or moisturizer to soften the adhesive along the peel line (peel edge).



## Application Techniques: Securing Dressings



### For standard dressing application – Stripes technique

Parallel strips of tape are placed across the dressing leaving open areas between the strips (fig. 1).

### To minimize adhesive on skin – Picture frame technique with platform

- A platform of tape may be placed around a wound before the dressing is applied (fig. 2a-2c). This can help protect skin from unnecessary trauma when re-taping is required. This is not necessary when using 3M™ Kind Removal Silicone Tape.

- Place dressing over wound.
- Place tape strips over each dressing edge (applying onto platform if used) smoothing from center out (fig. 2d-2e).

### To secure heavy dressings or when movement is anticipated – Overlapping technique

Arrange tape strips so the edges will resist lift/rolling under shear force (fig. 3a). Tape strips are overlapped across the entire dressing (fig. 3b).

**To secure dressings without using adhesive – 3M™ Coban™ Self-Adherent Wrap\* and 3M™ Coban™ LF Latex Free Self-Adherent Wrap are non-adhesive alternatives** that may be used to secure dressings without tension around limbs or digits. For more information, see page 31.

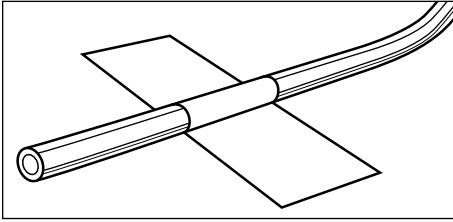
### To secure dressings with compression

- Compression may be applied to a dressing by using a stretchable tape or a self-adherent wrap.
- Compression should come from the multiple layers of dressing material, not from excessive tension in the tape. See Special Taping Situations: When you need compression (page 26) or Application Techniques: Self-Adherent Wrap (page 31) for more information.

\* Caution: This product contains natural rubber latex which may cause allergic reactions.

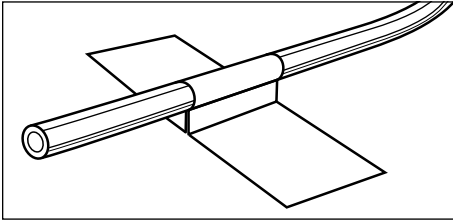
# Application and Removal Techniques: 3M™ Medical Tapes

## Application Techniques: Basic Tubing Secural



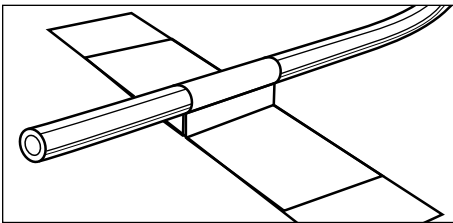
### For short-term applications – Tape over technique

- Carefully place tape over tubing, adhesive side down, without creating pressure under the tubing.
- Press tape against tubing.



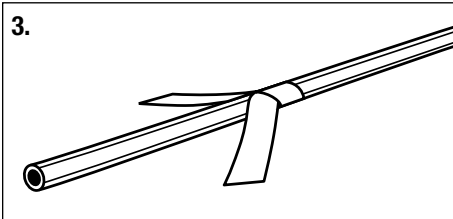
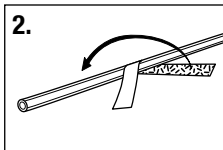
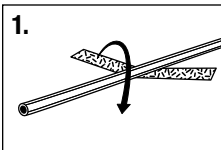
### To reduce potential pressure under tubing – Lift technique

- Center tape over tubing: encircle tubing with tape.
- Where tape meets, pinch the two adhesive sides together. Secure remainder of tape to skin.



### When repeated taping is anticipated – Lift with platform technique

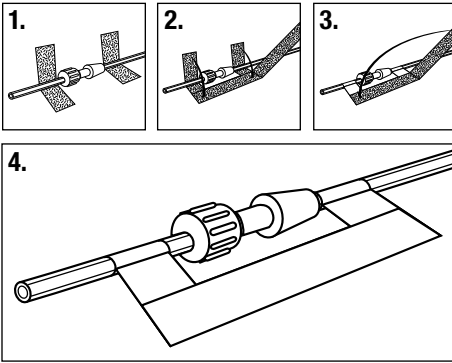
- A breathable, gentle tape may be placed on skin to serve as a platform for applying additional tape to the area.
- When tubing change or retaping is required, only the upper tape is removed; the platform remains intact.
- Platforms may also be made from barrier wafers or hydrocolloids.



### V-shaped pattern for tube secural – Chevron technique

- Center tape, adhesive side up, under tubing (fig. 1).
- Cross one section of tape over tubing and secure to skin (fig. 2).
- Repeat with other side of tape (fig. 3).
- Technique works best with thin tape strips or conformable tapes.

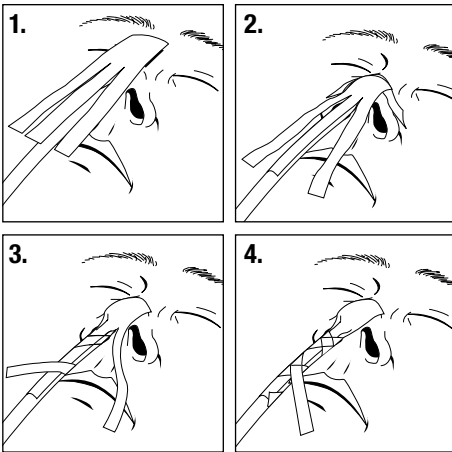
## Application Techniques: Securing Tubing Connections



### To prevent connections from separating – Bridge technique

- Lay a tape strip under tubing on each side of connection, adhesive side up (fig. 1).
- Place an additional, longer piece of tape adhesive side up across the tops of first strips and fold first strips in half over the tubing onto themselves (fig. 2).
- Fold longer strip in half, enclosing both ends of the short strips (fig. 3).

## Application Techniques: Securing NG Tubing



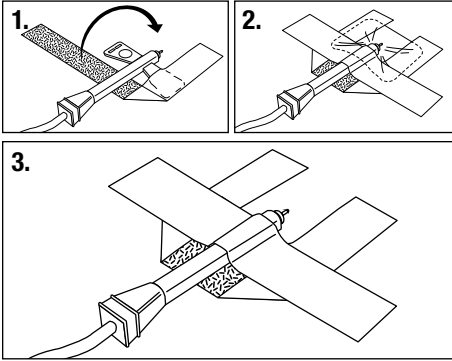
### To secure NG tubing – Split with chevron technique

Use a tape that will retain strength when in strips.

- Tear off approximately 4-6 inches of tape.
- Split tape lengthwise into three sections, leaving an untorn section at the top. The untorn section should be long enough to extend at least to middle of the nose (fig. 1).
- Secure untorn section of tape to the nose. Optional: Apply over a tape platform or apply a reinforcing strip of tape over the untorn section. Firmly adhere center “split” of tape down the center of tubing (fig. 2).
- Wrap second strip around tubing (fig. 3).
- Repeat in opposite direction with third strip (fig. 4).

# Application and Removal Techniques: 3M™ Medical Tapes

## Application Techniques: Securing Needle/Catheter



### To secure needle/catheter – U technique

- Center strip of tape under wings, adhesive side up (fig. 1).
- Fold one end of tape at a right angle over first wing, towards the insertion site, and secure it to the skin (fig. 1).
- Repeat process to secure second wing.
- Place additional strips of tape to secure wings and tubing (fig. 2).
- Place sterile 3M™ Tegaderm™ Transparent Dressing over IV insertion site (fig. 3).

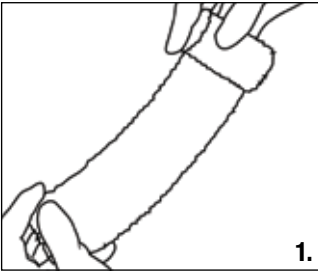
## Application Techniques: Non-Adhesive Tubing Secural

To secure or support tubing without using adhesive – 3M™ Coban™ Self-Adherent Wrap\* and 3M™ Coban™ LF Latex Free Self-Adherent Wrap are non-adhesive alternatives that may be used to secure tubing without tension. For more information, see page 31.

\* Caution: This product contains natural rubber latex which may cause allergic reactions.

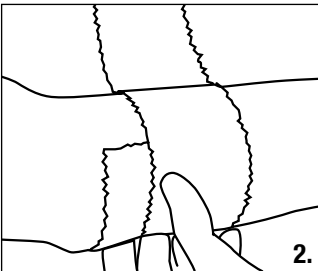
# Application Techniques: Self-Adherent Wrap

3M™ Coban™ LF Latex Free Self-Adherent Wrap and 3M™ Coban™ Self-Adherent Wrap\*



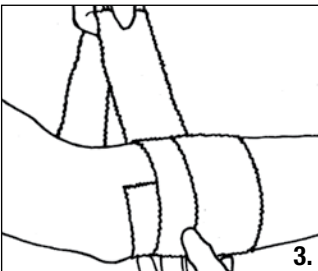
## To secure dressing or tubing without tension

1. Unwind approximately 12 inches of Coban self-adherent wrap from the roll and allow the wrap to relax (fig. 1).
2. Without stretching, apply one full wrap and overlap. Press overlapped area lightly to keep the end in place (fig. 2).
3. Continue wrapping area without tension (fig. 3).
4. When application is complete, cut off excess Coban self-adherent wrap. Secure the end of the application by gently pressing layers together to ensure that the bandage windings cohere to each other (fig.4).



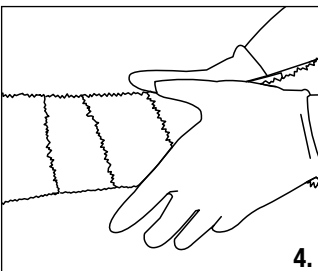
## To secure dressing with compression

1. Unwind approximately 12 inches of Coban self-adherent wrap from the roll and allow the wrap to relax (fig. 1).
2. Without stretching, apply one full wrap and overlap. Press overlapped area lightly to keep the end in place (fig. 2).
3. Proceed with wrapping, applying tension to the wrap only to obtain desired compression. Always unwind more Coban self-adherent wrap from the roll before making a wrap so that the product is not applied with too much tension (fig. 3).
4. When application is complete, cut off excess Coban self-adherent wrap. Secure the end of the application by gently pressing layers together to ensure that the bandage windings cohere to each other (fig.4).



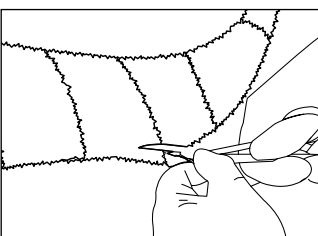
## Tips:

- Coban self-adherent wrap will not slip or loosen after application. DO NOT wrap too tightly to avoid impairing circulation and causing serious injury. The risk of impaired circulation is higher for children.
- Monitor area frequently (no less than every 24 hours) for signs of swelling, discoloration, pain, numbness, tingling, or other changes in sensation. If these symptoms occur, remove wrap immediately and contact your health care provider.
- DO NOT place Coban self-adherent wrap in direct contact with an open wound because it may lead to infection.



## Removal

Remove with bandage scissors or by unwrapping.



\* Caution: This product contains natural rubber latex which may cause allergic reactions.



## For more information

Contact your 3M Health Care Sales Representative or call the 3M Health Care Customer Helpline at 1-800-228-3957. These products can be ordered from your local distributor. Outside the United States, contact the local 3M subsidiary.

Visit [www.3M.com/learningconnection](http://www.3M.com/learningconnection) for free CE programs.

For product information, visit [www.3M.com/skinhealth](http://www.3M.com/skinhealth)

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