

Rehabilitation

catalog



INTRODUCTION



Mark, Frank and Lori Biehl



Over 30 years ago, founders Frank and Lori Biehl endeavored to build a company based on a total commitment to customer service. Today, their son Mark, President and CEO of North Coast Medical, continues to honor that commitment. From its humble start distributing hand therapy products from the family garage, North Coast has listened to its customers and responded to their growing needs, expanding to include a complete line of physical and occupational therapy products, and becoming a worldwide leader in the rehabilitation market. Customers can order everything they need from one convenient source, from splinting materials and built-up utensils to whirlpool baths and state-of-the-art treadmills.

Looking ahead, our efforts are focused toward exploring new products and ways to improve our service. Refinements to our website help customers complete their orders online with ease, so that the products they need are in their hands as quickly as possible. They also can cross reference competitor items and view current promotions.

Through the years, one thing that has remained constant is the Biehls' original commitment to their customers. As Mark says, "We are more than a supplier, we are a partner that is willing to invest our resources to develop the products and services that meet our customers' needs." Please contact us with any questions or suggestions. We'd like to hear from you.



North Coast at its current Morgan Hill site.



NORTH COAST MEDICAL COMPLETE PRODUCT NOTEBOOK

North Coast offers a variety of products for health care providers and their patients. Occupational therapists, hand therapists and physical therapists will find everything they need in our Complete Product Notebook. It contains our professional *Rehabilitation Catalog* and *Hand Therapy Catalog*[®], as well our retail *Functional Solutions*[™] Catalog which is given to patients at the clinic so that they may order items directly by phone, fax, mail or online.

The Complete Product Notebook keeps all your North Coast catalogs neatly organized. Sturdy plastic tabs provide quick, easy access to the catalog you need. If you'd like a copy of this valuable resource, just give us a call.

*Delivering the Difference*SM





Rehabilitation catalog



2-16 Clinical Supplies
 Evaluation Tools
 Patient Monitoring Devices
 Sensory, Motor, and Perceptual Activities
 Reference Materials
 Clinic Disposables
 CPM Covers
 Infection Control



17-25 Treatment Furniture
 Mat Platforms
 Treatment Tables
 Stools
 Mirrors
 Parallel Bars
 Stairs



26-47 Exercise Equipment
 Treadmills and Cycles
 Rebounders
 Pulleys, Weights and Weight Storage
 Pedal Exercisers
 Stretch and Balance Aids
 Strengthening Aids



48-73 Modalities
 Neck Traction
 Cold and Heat Therapy
 Fluidotherapy® and ThermoTherapy
 Whirlpools
 Laser Therapy
 Electro/Ultrasound
 Iontophoresis



74-87 Orthopedic Supplies
 Massage Aids
 Air Splints, Foam Arm Supports
 Taping: Rigid Strapping, Athletic and
 Kinesio® and Under Wraps
 Edema/Lymphedema Care
 Wound Care



**88-99 Lower Extremity
Orthopedics and
Positioning**
 Leg Positioners
 Heel Protection
 Night Splints
 Insoles
 Braces and Supports



**100-116 Upper Extremity
Orthotics and
Positioning**



Hand and Wrist Positioning and Protection
 Hand, Thumb and Wrist Supports
 Static Progressive Hand and Wrist Splints
 Arm/Elbow Protection and Support
 Shoulder Positioning and Slings



117-132 Positioning
 Neck/Head Supports
 Back and Sacroiliac Supports
 Posture Supports
 Bed Positioning/Safety
 Wheelchair Positioning/Safety



133-151 Mobility
 Wheelchair and Ambulatory Accessories
 Walkers, Canes, Crutches
 Transport Chairs, Rails and Devices



152-162 Bathroom Safety
 Safety Rails and Grab Bars
 Bath and Shower Benches
 Commodes
 Raised Toilet Seats

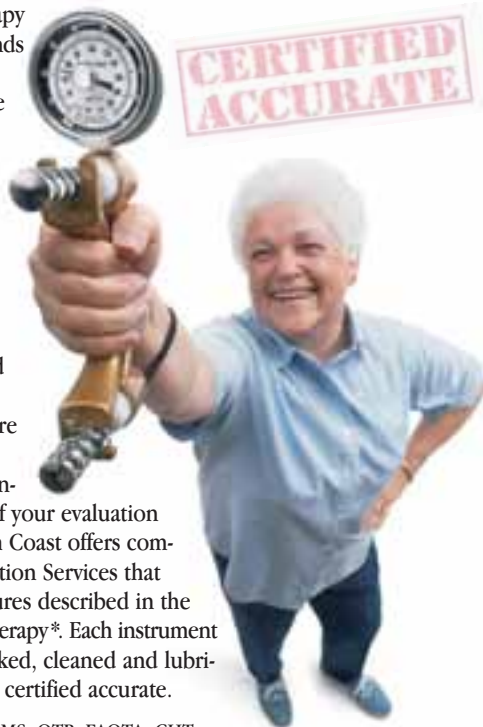


163-209 ADLs
 Personal Hygiene
 Dressing
 Reachers
 Communication
 Recreation
 Adaptive Household and Kitchen Accessories
 Assistive Eating Products
 Dysphagia/Speech Management



Accurate results depend on accurate equipment.

Excellence in therapy and research depends on equipment that measures up to the absolute, highest standards. At a minimum, it is recommended that annual calibration service be performed on hydraulic hand dynamometers and pinch gauges to maintain and ensure the integrity of the equipment. To maintain the accuracy of your evaluation instruments, North Coast offers comprehensive Calibration Services that follow the procedures described in the *Journal of Hand Therapy**. Each instrument is thoroughly checked, cleaned and lubricated before being certified accurate.



* Elaine Ewing Fess, MS, OTR, FAOTA, CHT, "A Method for Checking Jamar Dynamometer Calibration", *Journal of Hand Therapy*, (October-December 1987): 28-32.

NORTH COAST™ CALIBRATION SERVICE

Routine calibration ensures accurate measurements.



In our state-of-the-art lab, qualified technicians certify that calibration is performed using standards that are based on the National Institute of Standards and Technology's (NIST) definition of traceability. A certificate is provided for each calibration performed that indicates the condition in which the instrument was received, what work was completed and the condition of the instrument when returned.

In addition to a thorough check-up, cleaning, lubrication and peek-hold function check, hydraulic hand dynamometers are put through a 60 data-point verification to calculate the mean of the dynamometer values and the correlation coefficient: the relationship between the amount of weight applied and the measurement indicated by the dynamometer. A Certificate of Calibration that includes graphical analysis is provided with each dynamometer service.

Calibration Services

- NCS70141 North Coast™ Hydraulic Pinch Gauge
- NCS70142 North Coast™ Hydraulic Hand Dynamometer
- NCS70153 Jamar® Pinch Gauge
- NCS70150 Jamar® Dynamometer
- NCS70159 North Coast™ Pinch Gauge
- NCS70160 B&L Pinch Gauge

NORTH COAST™ DIGITAL PINCH GAUGE

Precise digital readout with memory for data reference.

Designed for accurate pinch force evaluations from 0.1 to 90 lbs. (4.5g to 136kg) with an easy-to-read LCD display. Features an electronic zero calibration system for accurate calibration. A toggle button changes measurement reading between pounds and kilograms. Memory can store up to 20 data results. Automatic shut off conserves battery life. Set-up mode displays year month, date and time of testing data. Each pinch gauge is calibrated and is certified accurate. Includes protective carrying case. Requires two "AAA" batteries (included). One-year warranty.

NC70143



NORTH COAST™ PINCH GAUGE

Accurately record three-point, lateral or tip pinch strength.

Rugged aluminum body with an easy-to-read dial and a nylon safety strap. The black pointer indicates applied force in pounds and kilograms. The red indicator remains at maximum force reading until it is reset. Pinch jaws measure 7/8" (22mm) wide. One-year warranty. Return gauge to North Coast for annual Calibration Service and/or repair (see left).

- NC70159 0 to 10 lbs. (0 to 4.5kg)
- NC70160 0 to 30 lbs. (0 to 14kg)
- NC70161 0 to 60 lbs. (0 to 27kg)



NORTH COAST™ HYDRAULIC PINCH GAUGE

Hydraulic design gives extremely accurate results.

Accurately measure lateral, three-point or tip pinch strength up to 50 lbs. (23kg). The large measurement pad provides a comfortable resting place for the thumb and its concave surface prevents the thumb from slipping during evaluation. Gauge measures pounds and kilograms in one lb. (.45kg) increments. Peak force needle remains at the maximum reading until it is manually reset. A carrying case is provided. One-year warranty. Return to North Coast for annual Calibration Service and/or repair (see left).

NC70141



Did you know:

Hydraulic Dynamometers and Pinch Gauges should be calibrated annually to ensure consistent, accurate readings. The integrity of your evaluation equipment depends on thorough, regularly scheduled maintenance by certified professionals.

IMPROVED! NORTH COAST™ DIGITAL HAND DYNAMOMETER

Perform reliable grip tests using the dynamometer separately or through a computer with the Data Transfer System.

- Kit includes the digital dynamometer, the Data Transfer System (DTS), a protective carrying case, and instruction manuals for installation and use.
- Assess grip strength, grasp endurance and functional capacity. Perfect for the standard three-trial exchange grip test method. Testing can be performed by alternating hands or one hand at a time. Right and left hand test results are displayed separately.
- Use the endurance feature to measure the amount of time one can sustain an isometric grip contraction without signs of muscle fatigue. The tester can set the grip strength amount to be maintained. The DTS must be setup for this feature.
- **Dynamometer** provides precise grip-force readings for accurate measurements for 0 to 300 lbs. (0 to 136kg) with an easy-to-read LCD display. Measures in 0.1 increments. Features an electronic zero calibration system. Each dynamometer is calibrated and certified accurate to .1 lb (4.5gm). A Certificate of Calibration is included. Toggle button changes measurement readings between kilograms and pounds. Stores up to 18 test results (nine tests per hand). Requires two "AAA" batteries (included). Dynamometer has a five minute automatic shut off. Provides 100 hours of continuous use. Set-up mode displays year, month, date and time of the testing on the unit's LCD. One-year warranty. CE marked and FDA approved.
- **Data Transfer System (DTS)** includes USB Cable to connect the computer with the dynamometer and software CD for computer program setup. Minimal requirements for optional computer use are: Microsoft Windows 2000, XP and Intel Pentium III 600 MHz. Unlimited number of grip test results can be stored and displayed on the computer screen. The grip test report displays age, hand preference, gender, and the average score of three tests with the SD and CV for each hand. The endurance test shows the maximum force maintained in real time graph. Voice commands and screen prompts assist with testing. Most reports can be printed and some can be exported to Excel and jpeg. Research reports can be designed using age, gender, right and left hand vs. installed grip norms (Kellor) or self-installed norms.

North Coast™ Digital Hand Dynamometer Kit

NC70145 Dynamometer and Data Transfer System (DTS)

North Coast™ Digital Hand Dynamometer



Use the Data Transfer System (DTS) with a computer to store and display an unlimited amount of grip test results.

NORTH COAST™ HYDRAULIC HAND DYNAMOMETER

Provides accurate, repeatable grip-force readings.

Designed for reliable grip-force evaluations, this hydraulic dynamometer provides accurate readings without the client feeling the handle move. Ideal for routine screening and for evaluating hand trauma and disease. The adjustable handle can be placed in five grip positions, from 1 $\frac{3}{8}$ " to 3 $\frac{3}{8}$ " (3.5 to 8.6cm), in $\frac{1}{2}$ " (13mm) increments to accommodate any hand size. Peak force needle remains at the maximum reading until it is manually reset. Records in both pounds and kilograms up to 200 lbs. (91kg). A protective carrying case is included. Each dynamometer is calibrated and is certified accurate. One-year warranty. Return to North Coast for annual Calibration Service and/or repair (see page 2).

NC70142 North Coast™ Hydraulic Hand Dynamometer

The North Coast™ Hand Evaluation Kit includes:

- NC70142 North Coast™ Hydraulic Hand Dynamometer
- NC70141 North Coast™ Hydraulic Pinch Gauge: 0 to 50 lbs. (0 to 23kg)
- NC70101 Finger Goniometer

NC70142-HK

The North Coast™ Hand Evaluation Kit Plus includes:

- NC70142 North Coast™ Hydraulic Hand Dynamometer
- NC70161 North Coast™ Pinch Gauge: 0 to 60 lbs. (0 to 27kg)
- NC70101 Finger Goniometer
- NC12772 Touch-Test™ Hand Kit
- NC12776 Touch-Test™ Two-Point Discriminator
- NC12708 Tape Measure
- NC70100 6" (15cm) Goniometer
- NC70158 Finger Circumference Gauge (cm reading)

NC70142-HKP

Hand Evaluation Kit



Hand Evaluation Kit Plus



North Coast™ Hydraulic Hand Dynamometer





Optional accessories sold separately.

NEW! HYDRAULIC PUSH-PULL DYNAMOMETER

Use for muscle testing, task analysis and functional capacity testing.

Objectively measure push-pull and lift force. Weighs 1½ lbs. (.68kg) and has an analog (dial) readout that continuously shows instantaneous force and holds the maximum force reading. Force capacity limit is 100 or 250 lbs. (45kg or 113kg).



Individual unit includes three push pads (padded curved, padded straight, and 1cm² circular), one medium pull hook and one oval snap-lock hook. Comes in a cushioned carrying case with muscle test manual. One-year warranty. Handles and lift platform with lifting hardware are sold separately. Lift platform measures 24" x 24" (61 x 61cm). Lifting hardware includes: 5' (152cm) chain, one snap hook and one threaded oval.

Dynamometer	Force Capacity Limit
NC70321-2	100 lbs.
NC70321-3	250 lbs.

Optional Accessories	
NC70322-1	Single Grip Handle
NC70322-2	Dual Grip Handle
NC70323-1	Functional Lift Platform

LAFAYETTE MANUAL MUSCLE TEST SYSTEM

Ergonomically designed system offers precise readings.

Measures peak force, time to reach peak force and total test time. This microprocessor-controlled test system is designed for high inter-instrument reproducibility. Accurate to ±1%. Easy-to-read graphical LCD and interactive menus allow the user to select options or browse stored data. Three molded plastic stirrups with pads are easy-to-change and employ established protocols with efficiency and confidence. To accommodate small to large muscles, the Lafayette Manual Muscle Test System offers the choice of high or low threshold settings that measure 0 lbs. to 50 lbs. (0 to 23kg) or 0 lbs. to 300 lbs. (0 to 136kg). Allows manual or automatic storage of up to 52 tests.



Selectable, preset test times range from 1 to 10 seconds. An audible tone indicates end of test. Includes a manual on/off switch and manual or automatic reset. Features a built-in calibration routine and automatic verification of calibration. Reads force measurement in pounds or kilograms.

Measures 3" x 4" x 1½" (7.6 x 10 x 3.8cm). Weighs 11 oz. (312g). Powered by a lithium battery (included). Low-battery detection indicated by tone and icon. Features an automatic battery-saving sleep mode. Complete instructions included.

NC12768

STABILIZER™

For easy, precise monitoring of exercise at home or in the clinic.

The Stabilizer™ Pressure Biofeedback device monitors the position of the lower back or cervical spine during muscle testing. Squeeze the bulb to inflate, and loosen the screw valve to deflate. The Stabilizer™ provides sensitive feedback on positional changes of the lower back as the patient exercises. Indicates whether the patient is able to selectively isolate and maintain contractions of the cervical or lumbopelvic core stabilization muscles. Measures range from 0 to 200 mmHG analog pressure with an accuracy of +/- 3mmHg pressure.

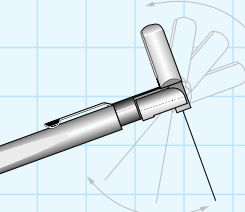


NC12769



TOUCH-TEST™ SENSORY EVALUATORS (SEMME-WEINSTEIN MONOFILAMENTS)

These portable sensory evaluators are calibrated to within a 5% standard deviation of each target force.



Use these evaluators to test sensory levels and obtain objective data for accurate reporting on the status of diminishing or returning sensibility. Touch-Test™ Sensory Evaluators are individually calibrated within a 5% standard deviation of a pre-determined level of force. The filament bends when peak force threshold is reached. The unique handle easily opens to a 90° angle for testing. When closed, the Sensory Evaluator can be carried safely in a pocket or carrying case, protecting the filament. Finger indentations on the handle provide a firm, comfortable hold. The Sensory Evaluator handles are conveniently marked with the corresponding color-coded pressure level.

Evaluation results can be recorded on the Hand or Foot Screening Forms (NC12750-1 or NC12749). Thresholds include normal sensation, diminished light touch, diminished protective sensation, loss of protective sensation and deep pressure sensation only. Available in a 5 Piece Hand Kit, a 6 Piece Foot Kit and a 20 Piece Full Kit. The 5.07 Sensory Evaluator, which indicates loss of protective sensation, is available separately. The Hand and Foot Kits also are available as Complete Kits that include screening forms and colored pencils. Each kit is packaged in a protective case. Instructions are included. U.S. Patent 5,823,969.

Individual 5.07 Touch-Test™ Sensory Evaluator
NC12775-14

- 5 Piece Hand Kit**
- 2.83, 3.61, 4.31, 4.56 and 6.65
 - Protective case

NC12772

Complete Hand Kit

- 2.83, 3.61, 4.31, 4.56 and 6.65

- Hand Screening Forms
 - Colored Pencil Set
 - Protective case
- NC12771

6 Piece Foot Kit

- 2.83, 3.61, 4.31, 4.56, 5.07 and 6.65

- Protective case
- NC12773

Complete Foot Kit

- 2.83, 3.61, 4.31, 4.56, 5.07 and 6.65

- Foot Screening Forms
 - Colored Pencil Set
 - Protective case
- NC12774

20 Piece Full Kit

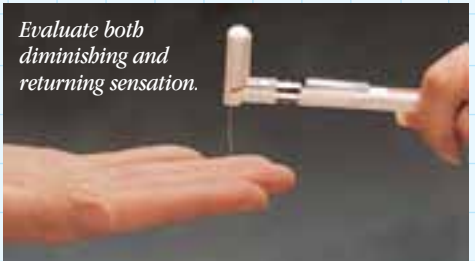
- All 20 sizes
 - Protective case
- NC12775-99

Colored Pencil Set

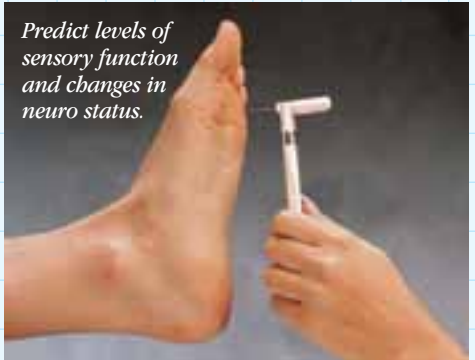
- One pencil each of green, blue, purple, red and black.

NC12756

Individual monofilaments are available. Check online or call for information.



Evaluate both diminishing and returning sensation.



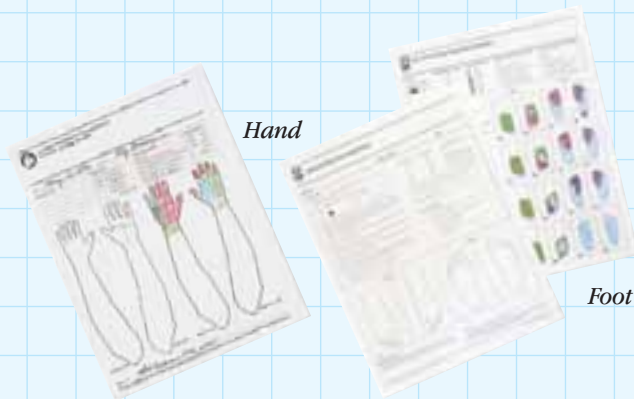
Predict levels of sensory function and changes in neuro status.



Kits come in convenient, protective cases.

20 Piece **Foot**
Hand

An informational video featuring Touch-Test™ Sensory Evaluators is available online at: www.ncmedical.com



Hand

Foot

HAND AND FOOT SCREENING FORMS

Accurately record the results of Touch-Test™ sensory evaluations.

Record physical findings by coloring the areas of different sensory levels on the illustrations found on the Hand and Foot Screening Forms. This provides a clear graphic chart of the client's sensibility. Use routinely to document changes over time. Each pad has 100 sheets. Foot Screening Form includes one color mapping sample sheet.

- NC12750-1 Hand Screening Forms
- NC12749 Foot Screening Forms



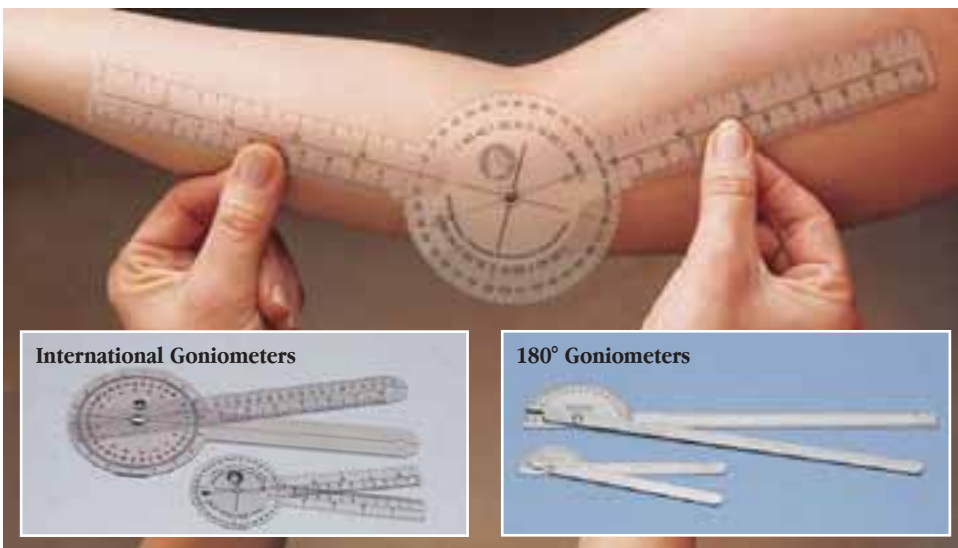
Rotate for a full range of testing intervals.

TOUCH-TEST™ TWO-POINT DISCRIMINATOR

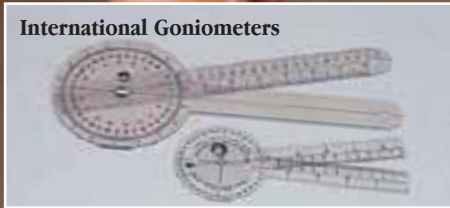
Complete, two-point discrimination testing in one economical unit.

This innovative design consists of two rotating, plastic disks that are joined together. Tests static and moving two-point discrimination of fingers, toes, or sensory flaps. Ideal for testing following nerve repair, grafts and innervated tissue transfer for desensitization, or to determine level of impairment. Rounded tips are spaced at standard testing intervals from 1mm to 15mm apart. A 20mm and 25mm spacing also are given. One disk setting tests from 1mm to 8mm, and the other setting tests from 9mm to 15mm. To change settings, just rotate the top disk until it clicks in place. Easy to read and use. Ideal for the home care therapist and for patient home use. Instructions are included. Patent pending.

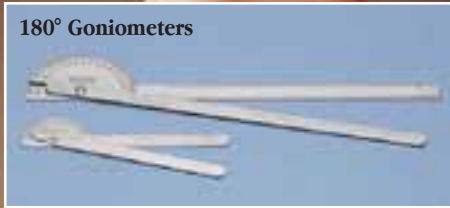
NC12776



International Goniometers



180° Goniometers



INTERNATIONAL GONIOMETERS

Accurately measure large joints.

Transparent biplane design allows for a full view of the extremity during measurement. The 180° model provides linear measurements up to 7⁷/₈" (20cm) and is marked in 5° increments. The 360° model provides linear measurements up to 12¹/₄" (31 cm) and is marked in 1° increments. Linear measurements in inches and centimeters.

- NC70119 180° Goniometer
- NC70102 360° Goniometer

180° GONIOMETERS

Durable, easy-to-read goniometers.

Made of long-lasting stainless steel. The 7" (18cm) model has one 180° scale marked in 5° increments. The 14" (36cm) model has two 180° scales marked in 1° increments that read in either direction. Linear measurements in inches and centimeters.

- NC70108 7" Goniometer
- NC70109 14" Goniometer



WARTENBURG PINWHEEL

Evaluate sensory and pain responses.

Elicit cutaneous sensory and pain perception responses with the Wartenburg Pinwheel. Measures 8" (20cm) long.

NC70156



TAYLOR PERCUSSION HAMMER

Use for reflex testing.

The Taylor Percussion Hammer can be used to elicit reflex responses during examinations. Measures 7" (18cm) long. Solid rubber head.

NC70152



HAND AND FOOT VOLUMETER SETS

Accurately measure and quantify edema.

Submerge the hand or foot in the volumeter, and the excess water is caught by the overflow receiver. Measure the displaced water in the graduated cylinder to monitor edema. The **Hand Volumeter** measures 3" x 5" x 11" (7.6 x 13 x 28cm), and the **Foot Volumeter** measures 13" x 5" x 9" (33 x 13 x 23cm). Each set includes volumeter, overflow receiver and 500 ml (17 fl. oz.) graduated cylinder. To clean, use the 22" (56cm) Contoured Sponge (page 167), sold separately.

- NC70310 Hand Volumeter Set
- NC70320 Foot Volumeter Set
- NC28645 Contoured Sponge



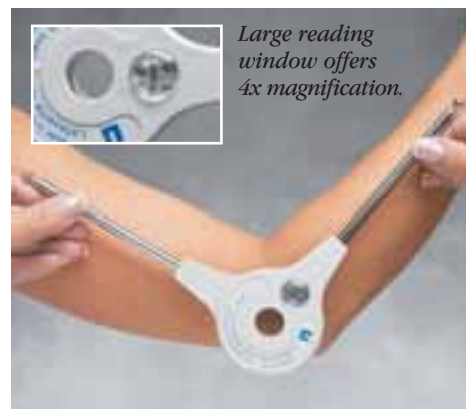
BASILINE™ INCLINOMETER

Read angles not easily measured by conventional goniometers.

Use this bubble inclinometer to measure the spine, neck and extremities. Place the inclinometer on the joint, turn the dial until scale is set to 0, and take the joint through its range. Dial readout displays range traveled. Inclinometer standards codified in *AMA Guide to the Evaluation of Permanent Impairment*, third edition.



NC70155



Large reading window offers 4x magnification.

LAFAYETTE GOLLEHON EXTENDABLE GONIOMETER

Extra-long arms determine exact alignment.

Lightweight, durable ABS plastic construction. Chromium-plated brass arms extend up to 18" (46cm) to measure large joints and retract to 4¹/₂" (11cm) to measure smaller joints. Added arm length makes it possible to determine exact alignment. Arms rotate 360° in both directions. Reading window offers 4x magnification. Dual-scale index dial allows readings of 0° to 180° or 180° to 0° in 1° increments. Features a resistance swivel.

NC70110



STOPWATCH

Use this stopwatch to obtain extremely accurate results.

Accurate to $\frac{1}{100}$ of a second up to 10 hours. Split timer records two results at finish. Lightweight stopwatch fits comfortably in the hand and features a water-resistant case with lanyard. Single readout features $\frac{3}{8}$ " (9.5mm) tall LCD numerals. Includes time, day, date and alarm functions. Instructions included.

NC70179



ELECTRONIC TIMER

Large buttons and LCD display for easy use.

Continuous running clock with LCD readout displays time in hours, minutes and seconds and AM/PM mode. Memory recalls previous setting. Counts up or down to 100 hours. Also can be used as a stopwatch. Timer measures $2\frac{3}{8}$ " (6.0cm) square. Includes clip, magnet, stand, hole for mounting and one "AAA" battery.

NC70163

JUMBO DUAL DISPLAY TIMER-CLOCK

At a glance, simultaneously read two countdown times.

Large LCD numerals measure 1" (2.5cm) high. Set clock for 12 or 24 hour intervals. Counts up or down to 24 hours in one-second intervals. Memory recalls previous setting. Easy-to-read display measures $3\frac{7}{8}$ " (9.8cm) square. Includes bracket for wall mounting, desk mount for tabletop use and one "AAA" battery. Desk mount measures $2\frac{1}{4}$ " x $3\frac{7}{8}$ " (5.7 x 9.8cm).

NC70164

TRIPLE TIMER

Time three activities at once.

Continuous running clock with easy-to-read LCD readout displays hours, minutes, seconds and AM/PM mode. Three timing channels count up or down to 100 hours. Three distinctive alarms beep for one minute and count up to show elapsed time. Memory recalls previous setting. Also can be used as a stopwatch. The Triple Timer measures $2\frac{7}{8}$ " x $2\frac{1}{2}$ " (7.3 x 6.4 cm). Includes clip, magnet, stand, hole for hanging on a cord and two "AAA" batteries.

NC70181



ECONOMY STOPWATCH

Full-featured stopwatch offers excellent value.

Accurate to $\frac{1}{100}$ of a second up to 30 minutes. After 30 minutes, times up to 24 hours in one-second increments. Split timer records two results at finish. Choose from 12 or 24 hour modes. Lightweight and easy to use. Fits comfortably in the hand. Display is easy to read. Includes time, day and date functions. Alarm and hourly chime features. Includes instructions and lanyard.

NC21026



GULICK TAPE

Unique spring gauge provides consistent measurements.

The Gulick Tape has a spring gauge attachment that creates uniform tension, ensuring accurate circumferential measurements. Identical results are obtained even by different therapists using different techniques. Tape is 6' long (1.8m). Measures in inches and centimeters.

NC70170



TAPE MEASURE

Affordable cloth tape measures in inches and centimeters.

Extra-heavy, glazed cloth tape retracts into an impact-resistant styrene case. Measures up to 60" (1.5m) in inches and centimeters.

NC12708



NEW! OMRON® SPHYGMOMANOMETER LONG-LIFE COTTON CUFF

Durable, no-stop pin, 300 mmHG gauge.
Features a long-life, calibrated cotton cuff with artery label and manometer tab. Latex inflation system with standard air-release valve. Includes zippered carrying case. Lifetime calibration warranty ± 3 mmHg.

Child	Arm Circumference
NC88722-3	7" to 10½" (18 to 27 cm)
Adult	Arm Circumference
NC88722-1 Reg.	10¾" to 15¾" (27 to 40 cm)
NC88722-2 Large	13¾" to 19½" (34 to 50 cm)



OMRON® SPRAGUE RAPPAPORT-TYPE STETHOSCOPE

Economical diagnostic tool offers quality acoustical performance and capabilities.
Multi-purpose, 5-in-1 Quintscope™ stethoscope. Features a chrome-plated chestpiece with approximately 22" (56cm) double tubing. Includes three open bells, and two replacement diaphragms of different sizes. Two pairs of eartips also are included. Comes in a vinyl storage case. Dark blue. Latex free.

NC88720-1



OMRON® DUAL-HEAD STETHOSCOPE

Lightweight, durable and affordable.
One-piece molded PVC tubing offers good sound transmission. Binaurals are adjustable for a comfortable fit. This stethoscope comes with an extra diaphragm and pair of eartips. Non-chill rings enhance patient comfort. Blue. Latex free.

NC88721-1



IMPROVED! OMRON® AUTOMATIC BLOOD PRESSURE MONITOR WITH CUFF

Track the progress of two users with date and time stamp.
Advanced diagnostics detect irregular heartbeat and morning hypertension. Preformed ComFit™ Cuff with Sigma technology fits arms from 9" to 17" (23 to 43cm). IntelliSense™ technology provides accurate, comfortable readings. Monitor accommodates two users with a total of 200-memory storage with date/time stamp. Operates in two modes: Single read mode with Advanced Averaging, and TruRead™ mode, which takes three consecutive measurements with AHA recommended one-minute intervals and automatically displays the average. AC adapter and four "AA" batteries included. Cuff has a one-year warranty and the monitor has a five-year warranty.

NC88709



OMRON® BLOOD PRESSURE MONITOR WITH CUFF

ComFit™ Cuff ensures a quick, proper fit.
Just wrap the pre-formed cuff around your arm and press start. IntelliSense® technology helps to ensure accurate and comfortable readings. Features two-person, 21-memory recall and built-in cuff storage compartment. Cuff fits arm circumference of 9" to 17" (23 to 43cm). AC adapter and four "AA" batteries included. Five-year warranty.

NC88710



OMRON® PORTABLE WRIST BLOOD PRESSURE MONITOR

Compact unit is great for travel.
Portable monitor accurately measures blood pressure and pulse from the wrist. Large, easy-to-read LCD digital display and 14 memory storage. Inflation and deflation are completely automatic. Fits wrist circumference of 5½" to 8½" (14 to 22cm). Carrying case and two "AAA" batteries included. Five-year warranty.

NC88713



DIGIT® FINGER PULSE OXIMETER

Monitor and sensor are combined into one lightweight, portable unit.

This pocket-sized, non-invasive device provides fast and reliable oximetry, making the Digit® ideal for hospital or clinical environments. Measures SpO₂, pulse rate and pulse strength for patients ranging from pediatric to adult. Features easy-to-use, one-button keypad and large LED display that can be read in a variety of light or dark environments. Pulse-strength bar indicates signal strength at the measurement site. When not in use for more than eight seconds, the power shuts down automatically to conserve battery life. Low-battery indicator flashes when remaining battery time drops under 30 minutes. Durable design features four springs housed within a high-impact polycarbonate shell. Limited two-year warranty.

NC10008

Specifications	Digit® Finger Pulse Oximeter
Displays, Indicators and Keys	LED numeric: SpO ₂ , pulse rate LED bar graph: pulse strength Keys: ON
SpO₂	Range: 0-99% (1% increments) Accuracy: ±2% at 70-99% Averaging: 8 beats
Pulse Rate	Range: 30-254 bpm Accuracy: ±2% or 2 bpm Averaging: 8 seconds
Output	Not applicable
Power Requirements	2 "AAA" batteries
Battery Life	16 hours continuous use
Dimensions	2¼" x 1½" x 1½" (4.3 x 5.7 x 3.8cm)
Weight	3 oz. (85g) with batteries

Wireless monitors feature extra-large digits and one-button functionality for ease of use.



FS1™



FS3™

POLAR® HEART RATE MONITORS

Two models to meet exercisers' needs.

Polar® FS1™ provides basic heart rate monitoring for users who want to see how their bodies react during exercise to best manage their healthcare. Limited two-year warranty.

Exercise features:

- Wireless EKG accurate heart rate
- Visual/audible alarm in target zones
- Manual target zones (bpm)

Recording features:

- Total exercise time
- Average heart rate of total exercises

Watch features:

- Easy start
- Water resistant to 50m (164')
- Extra large digits
- Time of day
- Stopwatch
- Low battery indicator

NC10007-1 Polar® FS1™

Polar® FS3™ has additional features for a complete workout, including automatic age-based heart rate zones. Limited two-year warranty.

Exercise features:

- Wireless EKG accurate heart rate
- Automatic heart rate zones (bpm)
- Visual/audible alarm in target zones
- Manual target zones (bpm)

Recording features:

- Total exercise time
- Average heart rate of total exercises
- Cumulative exercises

Watch features:

- Easy start
- Date and weekly indicator
- Water resistant to 50m (164')
- Extra large digits
- Backlight
- HeartTouch™ button-free operation
- Time of day
- Stopwatch

NC10007-2 Polar® FS3™



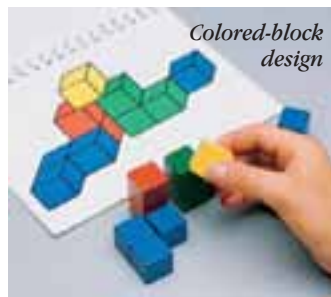
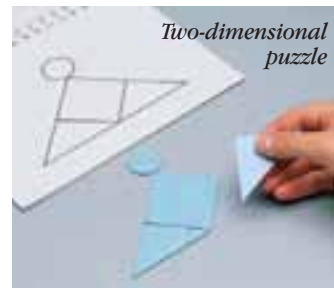
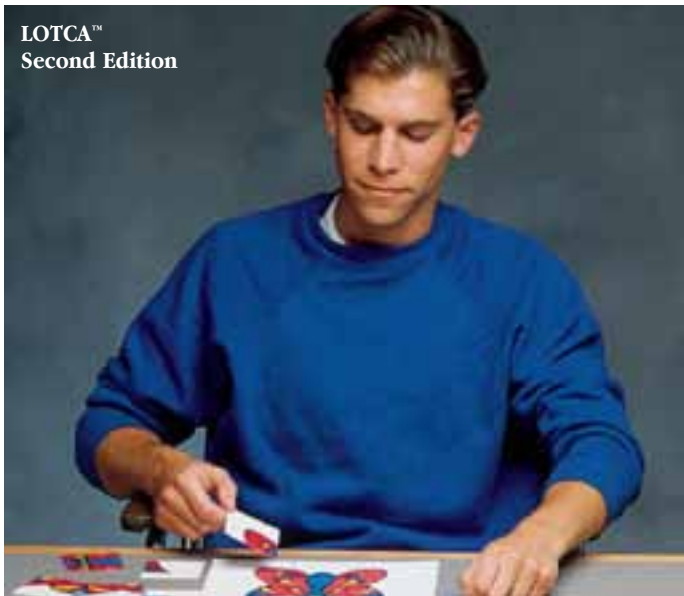
NEW! OMRON® AEROBIC HIP PEDOMETER

Clip-on pedometer has a large, easy-to-read display with handy clock feature.

Measures steps, moderate steps/minutes, calories burned and distance traveled. Displays the steps and minutes walked at a moderate pace according to NIH/CDC guidelines. Records a seven day history for review. Resets at midnight so that it's ready to go each morning. Measures 2" x 1" (5.1 x 2.5cm). Includes lithium battery.

NC88708

**LOTCA™
Second Edition**



LOTCA™ – LOEWENSTEIN OCCUPATIONAL THERAPY COGNITIVE ASSESSMENT™, SECOND EDITION

Updated edition includes a separate subtest to assess mathematical logic.

Use this compact, easily portable battery of tests for primary assessment and ongoing evaluation in the treatment of brain-injured clients. LOTCA™ consists of (21) subtests divided into four areas: orientation, visual and spatial perception, visual-motor organization, and thinking operations. Includes standardized developmental data on the performance of normal children ages 6 to 12, and adults ages 20 to 70. Studies show that LOTCA™ may be useful in pointing out possible underlying organic dysfunction. Includes card decks, colored blocks, pegs and pegboard set, scissors, one blank scoring sheet and a 56-page manual, all packed in a plastic carrying case with handle.

Case measures 13½" x 10" x 3¼" (34 x 25 x 8.3cm). The updated, larger format, spiral bound manual includes further reliability and validity studies. Testing time is approximately 30 minutes. Minor modifications in the test administration and scoring have been made.

LOTCA-G™, the geriatric version, contains enlarged components for testing CVA clients over the age of 70, and elderly persons ages 70 to 91. Testing time for LOTCA-G™ is approximately 15 minutes.

- NC34565 LOTCA™, Second Edition
- NC34568 LOTCA-G™ Geriatric Version



FUNCTIONAL DEXTERITY TEST

*Quick and simple-to-administer dexterity test as described in Journal of Hand Therapy.**

Small, portable and easy to administer, this test involves turning pegs over as quickly as possible using the non-injured hand, followed by a timed test of each hand. "Time Only" score quantifies the speed and the "Time plus Penalty" score quantifies the quality of the performance. Includes a Functional Level Score Sheet based on hand dominance and normal speed performing activities using a three-jaw chuck prehension pattern. Hardwood pegboard measures 8" (21cm) square with a locking cover. The 16 wooden pegs measure 7/8" x 1 3/8" (22mm x 4.1cm).

NC32152

*Dorit Aaron, Caroline Jansen, "Development of the Functional Dexterity Test (FDT)," *Journal of Hand Therapy*, vol. 16. (Jan.-Mar 2003): 12-21.

NEW! COGNITIVE PERFORMANCE TEST (CPT)

Standardized test determines baseline function and serial changes in adult clients with cognitive disorders.

Based on the Allen Cognitive Disability Theory. Use this performance-based test for individuals with Alzheimer's Disease and other cognitive disorders. Helps to predict and explain functional capabilities in various contexts, as well as determine the compensatory and safety needs of the client. Consists of seven sub-tasks that measure one's understanding of common ADL activities: sorting daily medications, shopping for clothing, washing hands, preparing food, using the telephone, traveling from one location to another, and dressing. Components for the first 4 sub-tasks, except the toaster, are included. The last 3 tasks are location/client specific. Empirical studies, longitudinal data and instructions included.

NC34573

STEREOGNOSIS KIT

All the items needed for evaluation are contained in one convenient kit.

This handy kit contains 17 common items and matching cards for the evaluation of stereognosis. The 3" x 5" (7.6 x 13cm) cards are laminated for long-term use. Each card has a drawing and the name of the item in Spanish and English. The name is on the back of each card. Use this kit with the **Sensory Testing Shield** (NC70147, below) to retest clients and monitor improvement during treatment. Packaged in a sturdy plastic box.

NC70146



NEW! BAG™ ACTIVITY KIT

A variety of physically and mentally stimulating activities designed to help those with memory loss.

Be Active With Games (BAG™) was designed specifically for those with Alzheimer's disease or other memory impairments. This kit includes 14 individually packed, ready-to-use activities to motivate individuals or groups while promoting social and emotional benefits. Each activity comes with a sturdy 8½" x 5½" (22 x 14cm) instruction card in an individual bag, along with key supplies. Activities include sorting, coupon clipping, bingo, story-telling, music and art projects, exercises and table games. An instruction manual is included to provide general procedures and ideas for a range of patient ability levels.

NC34569



SENSORY TESTING SHIELD

Occlude vision during sensory testing.

This quality-made wooden shield is a practical and comfortable way to administer sensory testing and stereognosis. Neoprene sleeves are shaped to effectively block the client from seeing testing items. The legs are removable for convenient storage. Shield can be used with the **Stereognosis Kit** (NC70146, above).

NC70147



FINGER EXTENSION REMEDIAL GAME

A great way to improve finger extension.

Use to evaluate active finger extension, provide finger exercise, and coordinate hand flexors and extensors. One side is a checker game, the other side is a solitaire jumping game. Both playing surfaces have loop material and nonskid feet. Hook material on the bottom of the 32 square game pieces provides resistance. Color may vary.

NC29114



9-HOLE PEGBOARD

Improve finger dexterity and coordination.

This pegboard may be used to conduct finger-dexterity and fine-motor coordination exercises. The wooden board measures 4⅞" (12cm) square. Slide the panel on the side of the board to reveal two compartment slots for storing pegs. Easy-to-grip wooden pegs have a ¼" (6.4mm) diameter and are 1½" (3.8cm) long. Quality construction with a smooth finish.

NC34547



VHI REHABILITATION EXERCISE KITS

Quickly and easily create home exercise programs for rehabilitation or fitness.

Choose the exercise card(s) from the appropriate category. Place card(s) in the clear plastic holder. Photocopy and provide client with a clear, individualized program. Each kit includes two clear plastic holders for creating custom exercise programs, instruction cards, comprehensive index, 10 blank cards and a flip-top box.

- NC74570-25 Amputee Lower Extremity Rehabilitation (122)
- NC74570-24 Assisted Exercise (238)
(For caregivers and family members)
- NC74570-10 Closed Chain (74)
- NC74570-27 Foam Roller (160)
(Core stabilization, balance, mobilization and movement awareness)
- NC74570-18 Geriatric Exercise Resource Library (457)
(Parkinson's, total hip, total knee and transfers)
- NC74570-13 Occupational Therapy (234)
(Upper extremity rehabilitation)
- NC74570-17 Orthopedic Exercise and Rehab Prescription Kit (574)
- NC74570-21 Pediatric Functional (265)
(Developmental ages 3 to 18 years)
- NC74570-23 Tubing (164)



STACKING CONES

Great for coordination and perceptual training activities.

Impact-resistant Stacking Cones are ideal for upper extremity activities, reaching and grasping, eye-hand coordination, color identification and perceptual training. Large, plastic cones have a slightly textured surface for improved grip, and can be handled easily by adults. Cones measure 6 $\frac{5}{8}$ " (17 cm) high. Diameter tapers from 2 $\frac{3}{4}$ " to 1 $\frac{1}{2}$ " (7.0 to 3.8 cm). Each package includes 30 cones in red, blue, green, orange and yellow.

NC29119 (30)

NEW! VHI PC-KITS

Create, customize and print professional looking exercise handouts for clients with this simple drag-and-drop program.

Use **VHI PC-Kits** to create professional-looking exercise handouts for clients. Choose from thousands of exercises to customize an exercise routine in minutes. **Exercise software kits** are purchased separately from the PC-Kits software. At least one exercise kit must be purchased in order to use this software. Select the types of exercise kits that suit your needs. PC-Kits Desktop Edition software has a single-user license. The PC-Kits Network Edition has the same functionality as the Desktop Edition, but allows multiple computers to access the same data.

VHI PC-Kits

- NC74571 Desktop Edition
- NC74572 Network Edition

Exercise software kits

- NC74571-13 OT and Rehab
- NC74571-14 Acts of Daily Living
- NC74571-15 Strength Training
- NC74571-16 Stretching
- NC74571-18 Geriatric Exercise/Rehab
- NC74571-21 Spinal Stabilization
- NC74571-24 Plyometrics
- NC74571-26 Balance and Vestibular
- NC74571-31 Foam Roller
- NC74571-32 Orthopedic Exercise/Rehab
- NC74571-33 Balance Training



MINNESOTA MANUAL DEXTERITY TEST

Measure rapid eye-hand-finger movement with this standardized test.

Features two different tests that can be administered to measure fine motor dexterity. Two-sided, colored discs are turned, moved and placed in prescribed positions for each test. Folding board and 40 test pieces are constructed of durable plastic. Board folds for storage and portability. A plastic carrying case, evaluation instructions and normative data are included.

NC70030

2ND EDITION!
POSITIONING IN A WHEELCHAIR

This book describes the steps a caregiver should consider when positioning a disabled adult in a wheelchair. It enables the therapist to identify problems, determine causes for discomfort, and devise the appropriate interventions using the available tools and techniques. Softcover, 160 pages. Written by Jan K. Mayall, DipPT/OT and Guylaine Desharnais, BSc, OTR. Copyright 1995.



NC75019

ONE-HANDED IN A TWO-HANDED WORLD

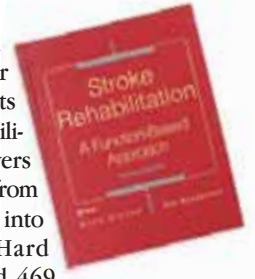
Learn how to manage life single-handedly, short-term or long-term, in a world designed for people who have the use of two hands. Filled with tips on overcoming everyday obstacles including personal care, dressing, eating, household chores and repairs, office tasks, sports and more. Softcover, 251 pages. Written by Tommye-K. Mayer. Second edition. Copyright 2000, revised 2001.



NC75023

2ND EDITION! STROKE REHABILITATION: A FUNCTION-BASED APPROACH

This comprehensive reference is written primarily by and for occupational therapists and other neuro-rehabilitation specialists. Covers all aspects of therapy, from acute care to re-entry into community living. Hard cover, 689 pages and 469 illustrations. Written by Glen Gillen, MPA, OTR/L, BCN and Ann Burkardt, MA, OTR/L, BCN, FAOTA with 31 contributing authors. Copyright 2004.



NC75021



ANATOMICAL WALL CHARTS

These charts accurately display anatomical design in excellent detail. Large illustrations are captioned with current terminology for easy reference. Charts have two metal eyelets for hanging. Each vinyl-laminated chart measures 20" x 26" (51 x 66cm) and is 1.5 mil. thick.

Anatomical Wall Charts

- NC70133E Spinal Nerves
- NC70182E Spine Disorders
- NC70190E Hand and Wrist
- NC70191E Shoulder and Elbow
- NC70192E Hip and Knee
- NC70193E Foot and Ankle
- NC70194E Nervous System
- NC70169E Parkinson's
- NC70171E Heart Anatomy
- NC70172E Depression
- NC70173E Alzheimer's
- NC70174E Stroke
- NC70183E Skeletal System
- NC70186E Head and Neck
- NC70187E Knee Injuries
- NC70188E Arthritis/Joint
- NC70189E Muscular System
- NC70199E Vertebral Column
- NC70290E Carpal Tunnel Syndrome
- NC70291E Dermatomes
- NC70292E Whiplash, Head/Neck Injuries
- NC70293E Ligaments of the Joints
- NC70294E Pharynx and Larynx
- NC70295E Vascular System and Viscera
- NC70296E Lymphatic System

TRIGGER POINTS: UNDERSTANDING MYOFASCIAL PAIN AND DISCOMFORT

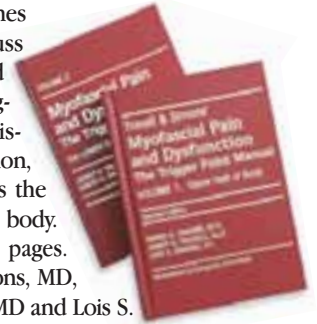
This concise, clearly written flip-book educates clients about their pain and how to relieve it. Depicts muscle action and pain trigger points in detail. Easy-to-follow format with a convenient stand-up feature. Flip-book measures 11" x 14" (28 x 36cm).

NC70132



TRAVELL & SIMONS' MYOFASCIAL PAIN AND DYSFUNCTION

These two volumes thoroughly discuss trigger points and their electrodiagnostic characteristics. Second Edition, **Volume 1** covers the upper half of the body. Hard cover, 1038 pages. By David G. Simons, MD, Janet G. Travell, MD and Lois S. Simons, PT. **Volume 2** covers the lower extremities. Hard cover, 626 pages. By Janet G. Travell, MD and David G. Simons, MD. Both volumes are illustrated by Barbara D. Cummings. Copyright 1999.



NC70125 Volume 1
NC70126 Volume 2

8TH EDITION! MUSCLE TESTING TECHNIQUES OF MUSCLE EXAMINATION

This eighth edition includes a DVD that shows how to correctly perform manual muscle tests and procedures in the clinic. Includes over 100 muscle tests including Capital Extension and Flexion, Scapular Abduction and Upward Rotation, Knee Flexion, Flexion Control and Extension Control. Covers grading and examples of criteria for normal and below-normal tests. Hard cover, 473 pages with companion DVD. Edited by Helen J. Hislop, PhD, PT and Jacqueline Montgomery, MA, PT. Copyright 2007.



NC75590



TOWEL RACK

Six hooks conveniently store damp towels or packs.

This wall-mounted rack measures 2" x 33" (5.1 x 84cm) and has six hooks that extend out 13" (33cm) from the wall. Cotton towels (below) and Moist Heat Pack Terry Covers (page 57) sold separately.

NC70360



DISPOSABLE TABLE PAPER

Available in smooth or crepe.

Durable paper protects tables from moisture, soil or other damage and helps prevent soak-through. Offers gentle comfort for the patient. Available with a machine-glazed **smooth** finish, or with a **crepe** texture that is quieter, softer and more absorbent. Rolls are available in 18" or 21" (46 or 53cm) widths. Smooth roll measures 225' (69m) long, crepe roll measures 125' (38m) long. Sold in cases of 12.

Pre-cut Crepe Sheets offer table protection in a convenient size. Sheets measure 18" x 24" (46 x 61cm) and are sold in a box of 1000.

Smooth: (12) 225' (69m) rolls

NC92566 18" (46cm)

NC92565 21" (53cm)

Crepe: (12) 125' (38m) rolls

NC92567 18" (46cm)

NC92568 21" (53cm)

Pre-cut Crepe Sheets: (1000)

NC92569-2 18" x 24" (46 x 61cm)

DISPOSABLE HEADREST SHEETS

Available with or without facial slit.

These headrest sheets feature a machine-glazed smooth finish and are available with or without a facial slit. Sheets measure 12" x 12" (30 x 30cm) and are sold in a box of 1000.

NC20410-1 Without facial slit (1000)

NC20410-2 With facial slit (1000)



DISPOSABLE TISSUE TOWELS

Versatile towels offer exceptional strength and absorbency.

Use these waffle-embossed towels to wash, wipe or drape. Available in 2-ply or 3-ply options. Towels measure 13" x 18" (33 x 46cm) and are sold in a box of 500. White.

NC20422 2-ply Economy (500)

NC20423 3-ply Professional (500)



REUSABLE COTTON TOWELS

Durable, absorbent towels are essential to any clinic.

These top-quality towels are made of 100% cotton. Available in three sizes. Sold by the dozen. White.

NC20180 16" x 27" (41 x 69cm) (12)

NC20181 20" x 40" (51 x 102cm) (12)

NC20182 22" x 44" (56 x 112cm) (12)



DISPOSABLE PILLOW CASES

Comfortable and durable.

Full-size, non-woven pillow cases are soft, strong, and durable. Tissue/poly construction forms a moisture barrier for enhanced patient comfort. Pillow cases measure 21" x 30" (53 x 76cm). Sold in a box of 100. White.

NC82033 White (100)

Convenient, reusable Norco™ CPM Patient Kits are designed to custom fit your CPM unit.



Norco™ CPM Patient Kit #1 shown on OptiFlex® CPM machine.

NORCO™ CPM PATIENT KITS

Convenient and comfortable.

These removable pads are made of high quality, synthetic sheepskin and a durable fleece backing that offers exceptional comfort and support. Pads attach easily with hook and loop straps. Machine wash and air dry. Kits fit the CPM machines listed below.



Kit #1

NORCO™ CPM PATIENT KIT #1

Fits OptiFlex® CPM machine.
NC92063



Kit #2

NORCO™ CPM PATIENT KIT #2

Fits Danner 400™ and Artromot K3 Series CPM machines.
NC92064



Kit #3

NORCO™ CPM PATIENT KIT #3

Fits Danner 500™ and Artromot K4 Series CPM machines.
NC92065



ALL-TISSUE DRAPE SHEETS

Full-length sheets provide modesty and lightweight comfort for patients.

These disposable, 2-ply, all-tissue drapes offer convenience and patient comfort. Sheets measure 40" x 60" (102 x 152cm) and are sold in a box of 100. White.

NC20429 White (100)



ORTHOPEDIC SHORTS

Disposable shorts are convenient for one-time use during treatment sessions.

These disposable, heavyweight shorts are generously cut and feature an elastic waistband and finished hem on leg openings for a comfortable fit. To size, measure waist circumference. Sold in four bags of 25 (100 total).

4 Bags of 25 (100)	Fits Waists	
NC20426-2	M	28" to 34" (71 to 86cm)
NC20426-3	L	32" to 40" (81 to 102cm)
NC20426-4	XL	38" to 48" (97 to 122cm)



PATIENT EXAM GOWNS

All-tissue gowns are ideal for shorter exams.

These disposable, 3-ply, all-tissue exam gowns offer comfort, hygiene and modesty for patients. Knee-length gowns feature a front/back opening and an attached waist tie that ties in front for ample coverage while allowing convenient access during exam procedures. The highly absorbent tissue is intended for shorter exams. Gowns measure 30" x 42" (76 x 107cm) and are sold in a box of 50.

NC20425 White (50)



CITRUS II®

Patented formula cleans, deodorizes and disinfects surfaces and equipment.

Hospital-grade, germicidal cleaner features broad spectrum antimicrobial activity that is ideal for use in hospitals, clinics and home care settings. Features a fresh citrus scent. Citrus II® contains no alcohol and will not dry out vinyl or naugahyde surfaces. Available in a convenient 2 fl. oz. (59ml) pocket size with pump sprayer, a 22 fl. oz. (651ml) bottle with a trigger spray and a one gallon (3.8 liters) refill. No dilution, mixing or activation needed.

- NC70451C 2 fl. oz. (59ml) (24)
- NC70450 22 fl. oz. (651ml) (1)
- NC70450C 22 fl. oz. (651ml) (12)
- NC70449 1 Gallon (3.8 liters) (1)
- NC70449C 1 Gallon (3.8 liters) (4)



SUPER SANI-CLOTH® GERMICIDAL DISPOSABLE WIPES

Contains 55% alcohol to kill a broad range of bacteria and viruses.

Use **Super Sani-Cloth® Germicidal Wipes** to clean, disinfectant and deodorize hard, non-porous surfaces. Unique deep-well lid seals securely to prevent moisture loss. Wipe size measures 6" x 6" x 3/4" (15cm x 15cm x 19mm). Canister contains 160 wipes. Super Sani-Cloth® Germicidal Disposable Wipes are EPA registered and meet CDC and OSHA guidelines.

- NC20430 (1)



EXAM GLOVES

Protect hands during treatment and therapy.

Sterile Gloves are individually wrapped and sold in pairs.

Sterile: Box of 50

- NC20511-0 Small
- NC20511-1 Medium
- NC20511-2 Large

Sterile, Latex-Free: Box of 50

- NC20572-1 Small
- NC20572-2 Medium
- NC20572-3 Large

Nitrile Non-Sterile, Latex-Free and Powder-Free: Box of 100

- NC20510-1 Small
- NC20510-2 Medium
- NC20510-3 Large
- NC20510-4 X-Large

Non-Sterile, Latex-Free: Box of 100

- NC20517-1 Small
- NC20517-2 Medium
- NC20517-3 Large
- NC20517-4 X-Large

Non-Sterile Latex: Box of 100

- NC20518-1 Small
- NC20518-2 Medium
- NC20518-3 Large
- NC20518-4 X-Large

Non-Sterile and Powder-Free: Box of 100

- NC20519-1 Small
- NC20519-2 Medium
- NC20519-3 Large
- NC20519-4 X-Large

Non-Sterile Vinyl, Powder-Free: Box of 100

- NC20520-1 Small
- NC20520-2 Medium
- NC20520-3 Large
- NC20520-4 X-Large



NEW! CIDEX PLUS® SOLUTION

A fast, effective way to disinfect or sterilize instruments and endoscopes.

Compatible with a wide variety of medical instruments. Destroys all vegetative forms of bacteria as well as 100% of *Mycobacterium tuberculosis* in just 20 minutes at 77°F (25°C). Solution can be reused up to 28 days and can be disposed down the drain in accordance with local regulations. Pleasant mint scent. Sold in 1 qt. (.95liters) bottles; individually or in a case of four.

- NC20435 (1)
- NC20435C (4)



HIBICLENS® ANTISEPTIC/ANTIMICROBIAL SKIN CLEANSER

Reduce the risk of cross infection.

Hibiclens® can be used as a surgical hand scrub, a healthcare personnel handwash, a patient pre-operative skin preparation, and as a skin wound cleanser and general skin cleaner. Hibiclens® is an effective defense against the spread of MRSA and other staph infections. For external use only. Do not use near eyes, ears or mouth.

- NC12690 4 fl. oz. (118ml)
- NC12690-1 32 fl. oz. (946ml)

The four mat platforms shown here feature:

Quality Construction

- Solid oak legs (except Economy).
- Frame strengthened by steel angles.
- Standard 18" (46cm) height.
- Custom bumper strip that protects the vinyl top.

Premium Upholstery

- Ultra-firm, 2" (5.1cm) padding.
- Premium, scratch- and stain-resistant vinyl upholstery with knit-backing. Choice of eight colors (see page 20).



CLINICA™ ECONOMY MAT PLATFORM

An affordable choice and a great value.

- Weight capacity is 650 lbs. (295 kg).
- Call for freight quote.

	Width x Length
NC9200-47	4' x 7' (1.2 x 2.1m)
NC9200-57	5' x 7' (1.5 x 2.1m)
NC9200-68	6' x 8' (1.8 x 2.4m)



CLINICA™ UPHOLSTERED MAT PLATFORM

Six bolted legs provide excellent stability.

- Weight capacity is 650 lbs. (295 kg).
- Call for freight quote.

	Width x Length
NC9202-47	4' x 7' (1.2 x 2.1m)
NC9202-57	5' x 7' (1.5 x 2.1m)
NC9202-68	6' x 8' (1.8 x 2.4m)



CLINICA™ MAT PLATFORM WITH REMOVABLE MAT

Mat attaches easily with Velcro® strips.

- Weight capacity is 650 lbs. (295 kg).
- Call for freight quote.

	Width x Length
NC9204-47	4' x 7' (1.2 x 2.1m)
NC9204-57	5' x 7' (1.5 x 2.1m)
NC9204-68	6' x 8' (1.8 x 2.4m)



CLINICA™ FOLDING MAT PLATFORM

Ideal where space is limited.

- Projects 8" (23 cm) when folded against wall.
- Weight capacity is 650 lbs. (295 kg).
- Call for freight quote.

	Width x Length
NC9203-47	4' x 7' (1.2 x 2.1m)
NC9203-57	5' x 7' (1.5 x 2.1m)



CLINICA™ HYDRAULIC HAND-CRANK MAT PLATFORM

Easy-to-use hand crank folds out of the way.

- Heavy-duty, bolted legs with levelers and four corner lifting cylinders.
- Height adjusts from 23" to 35" (58 to 89cm).
- Premium, stain-resistant vinyl upholstery with knit-backing. Choice of eight colors (see page 20).
- Weight capacity is 750 lbs. (340kg).
- Call for freight quote.



	Width x Length
NC9210-47	4' x 7' (1.2 x 2.1m)
NC9210-57	5' x 7' (1.5 x 2.1m)
NC9210-68	6' x 8' (1.8 x 2.4m)

CLINICA™ POWER PLATFORM

Foot pedal control for easy, hands-free use.

- Welded steel frame.
- Enclosed, single motor drive ensures quiet operation. 110 volt, 60Hz, 2.7 amps. Overload protection.
- Lifts from low to high in 15 seconds. Height adjusts from 19" to 28" (48 to 71cm).
- Premium, stain-resistant vinyl upholstery with knit-backing. Choice of eight colors (see page 20). Bumper guards protect vinyl.
- Lifting weight capacity is 600 lbs. (272kg). Static weight capacity is 700 lbs. (317kg).
- Call for freight quote.



	Width x Length
NC9211-47	4' x 7' (1.2 x 2.1m)
NC9211-57	5' x 7' (1.5 x 2.1m)

Clinica™ Bariatrics Series Treatment Tables



Solid hardwood six-leg design

Bariatrics Series tables are available in a variety of finishes and upholstery color options. See color and finish charts on page 20.

Both the hardwood six-leg and the all-welded steel base designs have a 600 lb. (272kg) weight capacity, these tables are built solid for heavy-duty use.

Bariatric Series Features

- Plywood tops attached with bolt through the top tee-nut fastening system.
- 2" (5cm) hi-density urethane foam padding.
- Easy-to-clean laminate surfaces.
- Solid hardwood legs.
- Steel reinforced stress points.
- Heavy-duty construction throughout.
- 600 lb. (272kg) capacity.
- Minimal assembly required.

Power Table:

- All-welded steel base and frame.



NEW! CLINICA™ BARIATRIC FULL CABINET TREATMENT TABLE

Three enclosed cabinets with adjustable shelves.

- Cabinet constructed with steel fasteners.
- Furniture-grade, laminated plywood cabinet frame. This model also available in gray.
- Six doors with concealed, self-closing Euro-style hinges.
- Measures 78" long x 31" high x 33" wide (198 x 79 x 84 cm).
- Three-year limited manufacturer warranty.
- Call for freight quote.

NC91019



NEW! CLINICA™ BARIATRIC POWER TABLE WITH POWER BACKREST

Heavy duty, power treatment table.

- All-welded steel base and frame.
- Dependable, single motor lift mechanism and motorized backrest with hands-free foot control.
- Easy-to-clean ABS plastic motor shroud.
- Hospital-grade plug. Overload protection. 110 volt/60 hz./3.7 amps.
- Measures 72" long x 20"-30" high x 33" wide (183 x 51-76 x 84 cm).
- One-year limited manufacturer warranty on frame and motor.
- Call for freight quote.

NC91017



Bariatrics Treatment Table

Low Height Bariatrics Treatment Table

NEW! CLINICA™ BARIATRIC AND LOW HEIGHT TREATMENT TABLES

Tables available in two different heights.

- Six-leg design with triple bolted corner legs.
- Built-in middle leg levelers.
- Steel reinforced frame.
- Laminate full length shelf with H-braces.
- Pillow included.
- Both tables measure 78" long x 33" wide (198 x 84 cm), heights are specific to each table.
- Three-year limited manufacturer warranty.
- Call for freight quote.

	Height
NC91018-1	31" (79 cm)
NC91018-2	26" (66 cm)

L-Series Features

- Solid hardwood legs (not laminated particle board).
- Option of Natural or Walnut Finish.
- Legs secured by H-braces and screws.
- Steel angle secures top to frame.
- Supports up to 350 lbs. (159kg).

S-Series Features

- Durable powder-coated steel frame.
- Supports up to 500 lbs. (227kg).
- Ships by UPS in two cartons. Minimal assembly required.
- Assembled units available. Call for details.

Clinica™ L-Series and S-Series Treatment Tables

L-Series Tables feature solid hardwood legs and steel connecting supports with a 350 lb. (159kg) weight capacity.

S-Series Tables have a powder-coated steel frame with a 500 lb. (227kg) weight capacity.

Both series feature an exclusive, flame-retardant foam that makes Clinica™ Treatment Tables stand apart from ordinary treatment tables. Available in a variety of table configurations, two table finishes and eight colors of germ, stain and scratch resistant premium vinyl upholstery (see page 20). All L-Series Treatment Tables have a three-year limited warranty against defects in workmanship. **Quick Ship** guarantees that tables will be shipped within three to five business days.



CLINICA™ MODEL 100

Standard treatment table with adjustable backrest.

- Included backrest adjusts from 0° to 74° in six fixed positions.
- Measures 72" long x 31" high (183 x 79cm).
- S-Series tables are constructed of powder-coated steel and support up to 500 lbs. (227kg).
- L-Series tables support up to 350 lbs. (159kg).
- Available for Quick Ship.
- Call for freight quote.

L-100 (Wood)	Width
NC9102-24	24" (61cm)
NC9102-27	27" (69cm)
NC9102-30	30" (76cm)

S-100 (Steel)	Width
NC9107-27	27" (69cm)
NC9107-30	30" (76cm)



Slate Blue upholstery and Natural finish shown.



Model L-100



Model S-100

S-Series basic steel treatment table.

CLINICA™ MODEL 200

Under-table shelf offers convenient storage space.

- Included backrest adjusts from 0° to 74° in six fixed positions.
- Measures 72" long x 31" high (183 x 79cm).
- S-Series tables are constructed of powder-coated steel and support up to 500 lbs. (227kg).
- L-Series tables support up to 350 lbs. (159kg).
- Available for Quick Ship.
- Call for freight quote.

L-200 (Wood)	Width
NC9103-24	24" (61cm)
NC9103-27	27" (69cm)
NC9103-30	30" (76cm)

S-200 (Steel)	Width
NC9108-27	27" (69cm)
NC9108-30	30" (76cm)



Slate Blue upholstery and Natural finish shown.



Model L-200



Model S-200

S-Series steel treatment table with shelf.

Finish and Upholstery Options

Clinica™ upholstered furniture is available in a variety of color selections. All Clinica™ heavy duty upholstery is coated with PermaBlock® for years of microbial, scratch and stain resistance. Choose from 8 attractive colors, shown below. Please indicate color ID number when placing order.

Upholstery color is required for all orders.

Table finish option is required for L-Series.

Clinica™ Upholstery Colors



Standard Base Laminate Colors for Frame, Legs, Shelving and Door



Concord Grape upholstery and Natural finish shown.



Model L-300

Model S-300

Model S-300D

S-Series steel treatment tables with tier shelves or drawers.

CLINICA™ MODEL 300

Open shelf and compartments provide easy access to storage.

- Included backrest adjusts from 0° to 74° in six fixed positions.
- Measures 72" long x 31" high (183 x 79 cm).
- S-Series tables are constructed of powder-coated steel and support up to 500 lbs. (227kg)
- Available for Quick Ship.
- Call for freight quote.

L-300 (Wood)	Width
NC9104-24	24" (61 cm)
NC9104-27	27" (69 cm)
NC9104-30	30" (76 cm)
S-300 (Steel)	Width
NC9109-27	27" (69 cm)
NC9109-30	30" (76 cm)
S-300D (Steel)	Width
NC9110-27	27" (69 cm)
NC9110-30	30" (76 cm)

Concord Grape upholstery and Natural finish shown.



Model L-400

CLINICA™ MODEL 400

Convenient and discreet under-table storage.

- Included backrest adjusts from 0° to 74° in six fixed positions.
- Measures 72" long x 31" high (183 x 79 cm).
- Not available for Quick Ship.
- Call for freight quote.

L-400 (Wood)	Width
NC9105-27	27" (69 cm)
NC9105-30	30" (76 cm)



Model 100
Treatment Table

**MEDALLION™ MODEL 100
TREATMENT TABLE**

- Non-skid adjustable glides.
- One-piece top section measures 76" x 27" (193 x 69cm).
- Height adjusts from 17" to 36" (43 to 91cm).
- Call for freight quote.

NC9149



Model 200B
Treatment Table

**MEDALLION™ MODEL 200B
TREATMENT TABLE**

- Two-piece top section measures 76" long x 34" wide (193 x 86cm).
- Head section with contoured face opening measures 27" x 34" (69 x 86cm). Raises 74°.
- One-piece body section measures 49" x 34" (134 x 86cm).
- Height adjusts from 18" to 37" (46 to 94cm).
- Maximum weight capacity is 500 lbs. (227kg).
- Call for freight quote.

NC9154



Model 500R
Treatment Table

**MEDALLION™ MODELS 500 AND 500R
TREATMENT TABLES**

- Five-piece top section measures 76" long x 27" wide (193 x 69cm).
- Three-piece head section with contoured face opening measures 15" x 13" (38 x 33cm). Raises 45° and lowers 90°. Armrests measure 12½" x 5½" (32 x 14cm).
- Center section measures 22" x 27" (56 x 69cm). Raises 30° with a spring loaded lock.
- Model 500 is the same as Model 500R, except the center section cannot be raised.
- Foot section measures 39" x 27" (99 x 69cm).
- Call for freight quote.

NC9152 Model 500

NC9153 Model 500R



Model 300R
Treatment Table

**MEDALLION™ MODELS 300 AND 300R
TREATMENT TABLES**

- Three-piece top section measures 76" long x 27" wide (193 x 69cm).
- One-piece head section with contoured face opening measures 15" x 27" (38 x 69cm). Raises 45° and lowers 90°.
- Center section measures 22" x 27" (56 x 69cm). Raises 30° with a spring-loaded lock.
- Model 300 is the same as Model 300R, except the center section cannot be raised.
- Foot section measures 39" x 27" (99 x 69cm) and has 30° of movement.
- Call for freight quote.

NC9150 Model 300

NC9151 Model 300R

**Medallion™ Treatment Tables—
Strong, Stylish and Affordable.**

Medallion™ Treatment Tables offer full height adjustment and section mobility so the patient can be placed in the proper position for maximum results with minimum effort. Adjustability allows greater patient comfort and ease getting on and off the table. Medallion™ Treatment Tables share these features:

- Heavy-duty vinyl coated Permablock3® for years of microbial, scratch and stain resistance.
- Firm-density, foam tops measure 1½" (3.8cm) thick.
- Radiused, seamless corners on upholstered components.
- Top sections have welded steel support frames.
- Pivoting joints and hardened steel shoulder bolts with locking nuts.
- Footswitch control.
- Power-assisted caster system (unless noted otherwise).
- 110 volts, 60Hz motor. (220 volts, 50Hz available on special order).
- Weight capacity is 400 lbs. (181kg) (unless noted otherwise).

**Medallion™ Treatment Tables
Upholstery Color Options**

Please specify color code when ordering treatment tables.

Black 499-01	Slate Blue 499-02
Burgundy 499-03	Gray 499-04
Forest Green 499-05	Navy 499-06
Rose 499-07	Taupe 499-08



CLINICA™ ROUND HYDRAULIC LIFT TABLE

Tabletop can be raised, lowered, rotated and locked in place.

- Laminate top with tee-molded edge for added durability and protection.
- Top rotates and can be locked in place
- Tabletop measures 48" (122cm) in diameter.
- Hydraulic foot pump mechanism easily raises and lowers table top.
- Height adjusts from 27½" to 34" (70 to 86cm).
- Call for freight quote.

NC9133



CLINICA™ U-SHAPE TABLE

Treat up to four patients at a time.

- Laminate top with tee-molded edge for added durability and protection.
- Tubular steel legs adjust in height from 26" to 34" (66 to 86cm) in 1½" (3.8cm) increments. Positive-lock, spring plungers allow for easy height adjustments.
- Measures 18" (46cm) deep, 72" x 48" overall (183 x 122cm).
- Call for freight quote.

NC9132



CLINICA™ POWDER BOARD TABLES

Ideal for hand, arm and leg range-of-motion exercises.

- Smooth, scratch-resistant surface.
- Small table measures 40" x 29" x 7" (102 x 74 x 18cm).
- Large table measures 38" long x 63" (97 x 160cm) wide. Height adjusts from 26" to 34" (66 x 86cm) in 1½" (3.8cm) increments. Positive-lock, spring plungers allow for quick, easy height adjustments.
- Call for freight quote.



Small Table

NC9131 Large
NC9131-1 Small



CLINICA™ PORTABLE, HEIGHT ADJUSTABLE TABLE

Convenient, rolling, height-adjustable table accommodates most work areas.

- Gray laminate top with tee-molded edges for added protection and durability.
- Top measures 24" x 32" (61 x 81cm).
- Spring-assisted, dual columns adjust in height from 28" to 43" (71 to 109cm) in 1½" (3.8cm) increments.
- Chrome base features four casters.
- Weight capacity is 100 lbs. (45kg).
- Call for freight quote.

NC9130



CLINICA™ FIVE-LEG PNEUMATIC STOOL

Easy height adjustment with a single lever.

- Single-lever, pneumatic height adjustment from 19½" to 25" (50 to 64cm).
- Dual wheel, 2" (5.1cm), nylon casters.
- Seat measures 16" (41cm) in diameter and features 4" (10cm) thick padding.
- Available in eight easy-to-clean, stain-resistant vinyl colors (see page 20).
- BIFMA-tested, one-piece base is available in Black (377-21), Putty (377-22) or Slate (377-23).
- Call for freight quote.

NC9615



Foot Stool without Handle

FOOT STOOL

Steel-welded, chrome-plated construction.

Stool features non-skid rubber platform and anti-slip rubber tips for added security. Available with a handle for improved stability. Stool platform measures 14" wide x 1¼" deep x 9" high (36 x 3.2 x 23cm). Stool handle measures 36" (91cm) from floor.

- NC93901-1 Without Handle
- NC93901-2 With Handle



Foot Stool with Handle



CLINICA™ CHROME BASE STOOL

Height-adjustable stool with foot ring rolls easily from place to place.

- Easily spin the solid steel shaft to adjust height from 19" to 25" (48 to 64cm).
- Welded, 1" (2.5cm) tubular frame and foot ring are completely chrome-plated.
- Smooth-rolling casters measure 2" (5.1cm).
- Heavy-duty steel plate secures seat to base.
- Seat measures 14" (36cm) in diameter and features 4" (10cm) thick padding.
- Available in eight easy-to-clean, stain-resistant vinyl colors (see page 20).
- Call for freight quote.

NC9614



CLINICA™ PORTABLE MIRROR

Mobile mirror is ideal where space is limited.

- ANSI safety-backed mirror glass. Gray laminate construction.
- Measures 27" wide x 72" high (69 x 183cm). Casters measure 3" (7.6cm).
- Call for freight quote.

NC9500



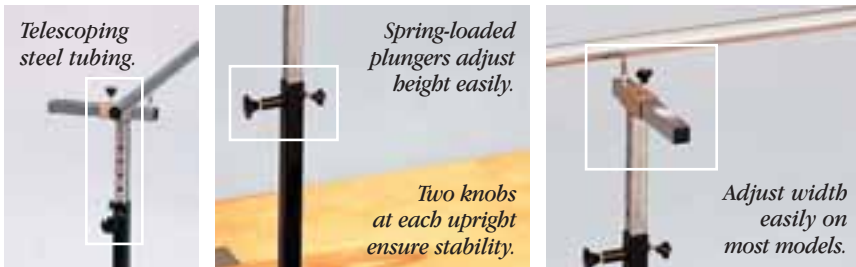
CLINICA™ MOBILE MIRROR

Rolling mirror can be moved easily.

- ANSI safety-backed mirror glass. Natural, oak frame.
- Measures 27" wide x 72" high (69 x 183cm). Casters measure 3" (7.6cm).
- Call for freight quote.

NC9502

Clinica™ Parallel Bars Adjust Easily in Height and Width.



Telescoping steel tubing.

Spring-loaded plungers adjust height easily.

Two knobs at each upright ensure stability.

Adjust width easily on most models.

Clinica™ Parallel Bars feature quality construction with rounded, one-piece stainless steel handrails and bumper ends. Uprights are constructed of ultra-heavy, telescoping steel tube. Spring-loaded plungers with positive-lock positioning knobs provide easy height adjustment. A second knob at each upright ensures stability. Clinica™ Parallel Bars have a 350 lb. (159kg) weight capacity. *Some assembly required.*



CLINICA™ WALL FOLDING PARALLEL BARS

An ideal choice where space is limited.

Handrails measure 7' (2.1m) long and fold up against the wall when not in use. Folded dimensions measure 14" high x 10" deep (36 x 25cm). Spring-loaded plungers adjust rail height easily from 28" to 42" (71 to 107cm) in 1½" (3.8cm) increments. Width at handrails is a fixed 25" (13cm). Call for freight quote.

Length

NC9304-07 7' (2.1m)



Folds flat for storage.



Folding Parallel Bars

CLINICA™ FOLDING PARALLEL BARS

Easily adjustable system folds flat for storage.

Unique stabilizer bars stiffen the rails. Height adjusts from 22" to 35" (56 to 89cm) in 1½" (3.8cm) increments. Width adjusts from 16" to 24" (41 to 61cm) in 1½" (3.8cm) increments. Call for freight quote.

Length

NC9303-07 7' (2.1m)

NC9303-10 10' (3.0m)

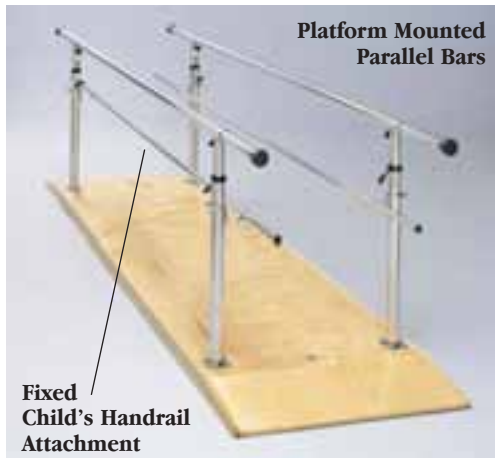
NEW! BAILEY PLATFORM MOUNTED PARALLEL BARS

Handrails are mounted to a hardwood platform with easy-access ramps.

Solid birch plywood platform with durable laquer finish features 12" (30cm) long ramps for easy access. Chrome-plated steel bars are height adjustable from 26" to 44" (66 to 112cm) in 1" (2.5cm) increments. Fixed handrail width of 25½" (65cm). Available in a 10' or 12' (3.0 or 3.7m) handrail length. Platform measures 10' x 30" (3.0 x .76m). Weight capacity is 300 lbs. (136kg). The **Fixed Child's Handrail Attachment** is sold separately in 10' or 12' (3.0 or 3.7m) lengths and has 1" (2.5cm) diameter handrails for small hands. Call for freight quote on bars and handrail.

Parallel Bars	Length
NC93010-10	10' (3.0m)
NC93010-12	12' (3.7m)

Child's Handrail Attachment	Length
NC93011-10	10' (3.0m)
NC93011-12	12' (3.7m)



Platform Mounted Parallel Bars

Fixed Child's Handrail Attachment



Floor Mount Parallel Bars

Width adjusts by 6" (15cm) on each side.

CLINICA™ FLOOR MOUNT PARALLEL BARS

Handrails install as a permanent fixture.

Height adjusts from 26" to 39" (66 to 99cm) in 1½" (3.8cm) increments. Call for freight quote.

Length

NC9302-10 10' (3.0m)

NC9302-12 12' (3.7m)

CLINICA™ TRAINING STAIRS WITH STEEL UPRIGHTS AND ROUNDED WOOD HANDRAILS

Ideal for ambulation and endurance training.

Available in three staircase styles: Small, One-Side and Convertible. All styles feature 9" (23 cm) deep steps. The **Small** style is a straight staircase with a 24" x 30" (61 x 76 cm) platform. One side features two steps with a 6" (15 cm) rise, while the other has three steps with a 4" (10 cm) rise. Footprint measures 36" x 51" (91 x 130 cm). The **One-Side** staircase has a 24" x 30" (61 x 76 cm) platform with three enclosed sides and four steps with a 6" (15 cm) rise. Footprint measures 36" x 60" (91 x 152 cm). The **Convertible** adjusts from a straight to a corner setup. Features a 30" x 36" (76 x 91 cm) platform. One side has four steps with a 6" (15 cm) rise while the other side has six steps with a 4" (10 cm) rise. Straight setup has a 45" x 104" (114 x 264 cm) footprint and the corner setup has a 47" x 58" (119 x 147 cm) footprint. All styles have a weight capacity of 350 lbs. (159 kg). Some assembly required. Call for freight quote.

NC9401 Small
NC9402 One-Side
NC9405 Convertible

Rounded handrails for comfort.

Nonslip tread for security.

Small



One-Side



Convertible:
Straight setup



Convertible:
Corner setup



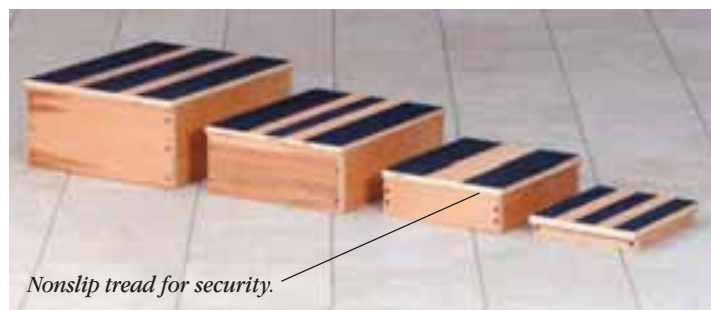
CLINICA™ NESTING STOOLS

Multiple size stools nest for convenient storage.

These wooden stools are great for use at a desk, during seated mat activities or for improving body mechanics and posture while standing. Set of four stools includes: 10" x 12" x 2" (25 x 30 x 5.1 cm), 12" x 14" x 4" (30 x 36 x 10 cm), 14" x 18" x 6" (36 x 46 x 15 cm) and 16" x 20" x 8" (41 x 51 x 20 cm). Call for freight quote.

NC9431 Set of four

Nonslip tread for security.



SportsArt^{FITNESS}

A global leader in the design and manufacture of high-quality cardiovascular exercise equipment.

NEW! SPORTSART T620 PERFORMANCE TREADMILL

This full-featured treadmill is an excellent value.

NC8011



NEW! SPORTSART T630 INSTITUTIONAL TREADMILL

Delivers performance, durability and a wide range of programs.

NC8012



NEW! SPORTSART T650 INSTITUTIONAL TREADMILL

Feature-packed treadmill helps you save on electric bills, too!

NC8013



NEW! SPORTSART T650M INSTITUTIONAL TREADMILL

The ultimate in energy-saving, medical/rehab specific treadmills.

Medical handrails provide extra security during clinical use.

NC8014



	SportsArt T620 NC8011	SportsArt T630 NC8012	SportsArt T650 NC8013	SportsArt T650M NC8014
Motor	3.2 hp	4.0 hp	5.0 hp	5.0 hp
Speed range	.1 to 12 mph (.16 to 19km/h)	.1 to 12 mph (.16 to 19km/h)	.1 to 12 mph (.16 to 19km/h)	-.3 to 12 mph (-4.8 to 19km/h)
Incline range	0 to 15%	0 to 15%	0 to 15%	-3 to 15%
Deck	Full phenolic, Maintenance-free	4-way reversible phenolic, Maintenance-free	4-way reversible phenolic, Maintenance-free	4-way reversible phenolic, Maintenance-free
Display/Feedback	Tri-Color Dot Matrix, Numeric Keypad, ActivZone™ Icon, Calories, Calories Per Hour, Distance, Time, Speed, METs, Pace, Incline	Tri-Color Dot Matrix, Numeric Keypad, ActivZone™ Icon, Calories, Calories Per Hour, Distance, Time, Speed, METs, Pace, Incline	Tri-Color Dot Matrix, ActivZone™ Icon, Integrated Fan, Calories, Calories Per Hour, Distance, Time, Speed, METs, Pace, Incline	Tri-Color Dot Matrix, ActivZone™ Icon, Calories, Calories Per Hour, Distance, Time, Speed, METs, Pace, Incline
Programs	Glute 30, Glute 45, 3 Interval, Weight Loss HRC, Cardio HRC, ZoneTrainer™, Hill 1, Hill 2, Hill 3, Quick Start, Manual	Track, Random, Glute 30, Glute 45, 3 Interval, Weight Loss HRC, Cardio HRC, Fitness Test, ZoneTrainer™, Fat Burn, Hill 1, Hill 2, Hill 3, Quick Start, Manual	Track, Random, Glute 30, Glute 45, 3 Interval, Weight Loss HRC, Cardio HRC, Fitness Test, ZoneTrainer™, Fat Burn, Hill 1, Hill 2, Hill 3, Quick Start, Manual	Track, Random, Glute 30, Glute 45, 3 Interval, Weight Loss HRC, Cardio HRC, Fitness Test, ZoneTrainer™, Fat Burn, Hill 1, Hill 2, Hill 3, Quick Start, Manual
Handrails	Regular	Regular	Regular	Medical
Maximum user weight	400 lbs. (181kg)	450 lbs. (204kg)	500 lbs. (227kg)	500 lbs. (227kg)
Unit dimensions	83" x 33" x 56" (211 x 84 x 142cm)	83" x 33" x 56" (211 x 84 x 142cm)	83" x 33" x 56" (211 x 84 x 142cm)	83" x 33" x 56" (211 x 84 x 142cm)
Unit weight	343 lbs. (156kg)	343 lbs. (156kg)	343 lbs. (156kg)	398 lbs. (181kg)
Warranty	1 year parts, 1 year labor 4 hours max usage per day	2 years parts, 1 year labor 6 hours max usage per day	2 years parts, 1 year labor	3 years parts, 1 year labor
Power requirements	110 volt 20 amp dedicated	110 volt 20 amp dedicated	110 volt 20 amp dedicated	110 volt 20 amp dedicated
Shipping	Call for freight quote	Call for freight quote	Call for freight quote	Call for freight quote



North Coast Medical, Inc. is a full line distributor of Star Trac® fitness products. Star Trac® is an international leader in commercial quality fitness equipment. Call or visit www.ncmedical.com for other Star Trac® cardio and fitness products.



NEW! S-TRx TREADMILL

Solid, commercial-quality operation at an exceptional value.

Pre-wired for S-series Personal Viewing Screen kit. Standard features include user-friendly console and keypad with large buttons, two personal cooling fans, rubber-coated handrails, wraparound Aero Bar, safety lanyard, dedicated heart rate display, multiple cup holders and 13 user-specific workout programs. Unique Soft Trac® triple-cell cushioning system provides maximum shock absorption. Call for freight quote.

NC88181

NEW! S-TRc TREADMILL

Customized for the unsupervised facility.

This treadmill has the same features as the S-TRx (left), with 5" (13cm) step-up height and a stop clip for additional stability and safety. An optional, extended handrail that runs the full-length of the treadmill also is available. Call for freight quote.

NC88180

	S-TRx NC88181	S-TRc NC88180
Motor	3 hp DC	5 hp AC
Speed range	0.3 to 12.5 mph (0.5 to 20.11 km/h)	0.3 to 12.5 mph (0.5 to 20.11 km/h)
Step-up height	7" (18cm)	5" (13cm)
Incline range	0 to 15%	0 to 15%
Display/Readouts	Intuitive, tactile response keypad with LED technology. Large 4-character message window; Dedicated: time, distance, incline, speed, heart rate, ¼ mile motivational track, profile; Scrolling: calories, METs, course profile	Intuitive, tactile response keypad with LED technology. Large 8-character message window; Dedicated: time, distance, incline, speed, heart rate, ¼ mile motivational track, profile; Scrolling: calories, METs, course profile
Programs	13 programs including Dynamic Heart Rate Control®, Constant Heart Rate Control, Quick Start, Burn Calories, Manual, Increase Endurance, Fitness Test (Modified Balke Ware)	13 programs including Dynamic Heart Rate Control®, Constant Heart Rate Control, Quick Start, Burn Calories, Manual, Increase Endurance, Fitness Test (Modified Balke Ware)
Handrails	Regular	Regular, Optional Extended Rail
Maximum user weight	350 lbs. (159kg)	500 lbs. (227kg)
Unit dimensions	81" long x 32" wide x 58" high (206 x 81 x 147cm)	81" long x 32" wide x 58" high (206 x 81 x 147cm)
Running surface	60" long x 20" wide (152 x 51cm)	60" long x 20" wide (152 x 51cm)
Unit weight	450 lbs. (204kg)	450 lbs. (204kg)
Warranty	Lifetime frame, 3 year motor, 3 year parts, 1 year wear items, 3 year labor Light commercial warranty intended for 6 to 8 hours max usage per day	Lifetime frame, 5 year motor, 3 year parts, 1 year wear items, 3 year labor Light commercial warranty intended for 6 to 8 hours max usage per day
Power requirements	110 volt, dedicated NEMA 5-20 cord	110 volt, dedicated NEMA 5-20 cord
Shipping	Call for freight quote	Call for freight quote



C520 Performance Cycle

- Polar® Heart Rate, Personal Cardio-Advisor™ and telemetry heart rate, HRC.
- Preset programs: Hill, Random, Interval 1, Interval 2, 2 HRC, Manual, Quick Start.
- Tri-color dot matrix oversized LED display.
- Electromagnetic resistance.
- Power supply: Self-generating with two minute backup.
- Supports up to 400 lbs. (181kg).
- Commercial warranty: Lifetime frame, one-year parts and one-year labor (four hours a day maximum usage).

NEW! SPORTSART C520 PERFORMANCE CYCLE

Customize cycle for individual size, shape and therapy needs.



The CardioAdvisor™ Heart Rate Training System removes guesswork from heart rate training, ensuring efficient and productive workouts. Preset programs provide challenging workouts. Large display provides feedback on WATTS, distance, speed, RPM, time, resistance level, calories, calories/hour. Cordless design allows setup anywhere. Available in upright or recumbent models.

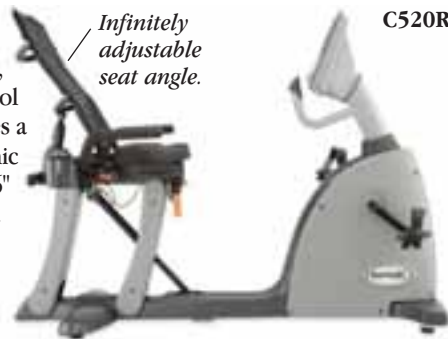
C520U: Upright cycle's low-profile shroud design allows easy on/off access. The comfortable, padded, oversized seat features a one-touch ratchet lift for up/down and fore-and-aft adjustments to ensure proper body positioning relative to knee/ankle alignment. Large, electronic display panel activates with the slightest movement. Multiple workout and feedback options are programmable without pedaling. Multi-position handrails provide a variety of grip options. Measures 42" long x 22" wide x 56" high (107 x 56 x 142cm). Weighs 121 lbs. (55kg).

C520R: Convenient step-through design allows easy access. A central handle helps deconditioned users get on and off. Easily adjusted up/down, fore-and-aft positioning of seat allows user control for comfortable, custom body positioning. Features a lumbar pouch for hot or cold packs. Same electronic display as upright model. Measures 66" long x 26" wide x 48" high (168 x 66 x 122cm). Weighs 171 lbs. (78kg). Call for freight quote.

- NC8105-R C520R Recumbent Cycle
- NC8105-U C520U Upright Cycle



C520U



C520R



C531 Institutional Cycle

- Polar® Heart Rate and Contact Heart Rate.
- Preset programs: Hill (x3), Interval, Custom Interval, Track, Random, Weight Loss HRC, Cardio HRC, ZoneTrainer™, Quick Start, 4 User IDs.
- Tri-color dot matrix oversized LED display.
- Electromagnetic resistance.
- Power supply: Self-generating with two minute backup.
- Supports up to 450 lbs. (204kg).
- Commercial warranty: Lifetime frame, two-year parts, one-year labor (six hours a day maximum usage).

NEW! SPORTSART C531 INSTITUTIONAL CYCLE

Heavy-duty cycle supports up to 450 lbs. and includes a commercial warranty.

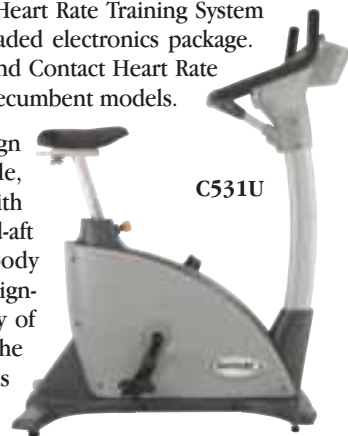


Offers the same CardioAdvisor™ Heart Rate Training System as the C520 series plus an upgraded electronics package. Has both the Polar® Heart Rate and Contact Heart Rate features. Available in upright or recumbent models.

C531U: Upright, low-profile design allows easy access. Comfortable, thick padded, oversized seat with one-touch up/down and fore-and-aft adjustments allows custom body positioning for proper knee alignment while riding. Multi-position handrails provide a variety of grip options. Large, electronic display panel activates with the slightest movement. Multiple workout and feedback options are programmable without pedaling. Measures 42" long x 22" wide x 56" high (107 x 56 x 142cm). Weighs 121 lbs. (55kg).

C531R: Recumbent cycle features a convenient step-through design. Centrally located handle helps deconditioned users get on and off. Cool, mesh seat back conforms to and supports the lower back. Same electronic display as upright model. Measures 66" long x 26" wide x 48" high (168 x 66 x 122cm). Weighs 171 lbs. (78kg). Call for freight quote.

- NC8106-R C531R Recumbent Cycle
- NC8106-U C531U Upright Cycle



C531U



C531R

NEW! REHABPRO PULLEY (M14/M20)

Lightweight increments and the adjustable rope angle make this single pulley highly flexible for use in a multitude of exercises.

The exercise pulley with accessories, is one of the most versatile pieces of rehab equipment for improving tissue tolerance to physical load. The flexibility of a pulley for rehab purposes lies in the lightweight increments and the ability to change the rope angle of pull, allowing a variety of exercises to be performed with one piece of equipment. The lower rope adjustment bracket allows control over the range of motion at which an exercise is performed. The engraved weight stack and rope adjustment bar set parameters for each exercise so patients can easily reproduce the same exercise during future visits. Pulleys can be wall or module mounted.

The M14 RehabPro pulley is available with a 31 lb. (14 kg) weight stack. The M20 RehabPro pulley is available with a 44 lb. (20 kg) weight stack. The first and second weight increments are 1.1 lb. (0.5 kg), the rest are 2.2 lbs. (1.0 kg) each. These 1:1 ratio pulleys come with three 0.5 lb. (250 g) accessory weights allowing for small adjustments in treatment dosage. The base dimensions of each pulley measure 86" high x 18" wide x 12" deep (218 x 46 x 31 cm). Call for freight quote.

NC64421-14 (M14) RehabPro Pulley 31 lbs. (14 kg)
 NC64421-20 (M20) RehabPro Pulley 44 lbs. (20 kg)



- RehabPro Pulley Features:**
- Pin select.
 - Computer-cut weight stack.
 - Solid steel guide rods.
 - 2" (5.1 cm) interval spring-loaded (no plastic) rope adjustment pins.
 - Engraved weights & adjustment bar to reduce wear.
 - One week delivery time.
 - Manufactured in the USA.



*Two weight stack sizes available:
 31 lbs. (14 kg)
 or 44 lbs. (20 kg)*

NEW! REHABPRO STANDARD FRAME SPEED PULLEY (M50S)

Adjustable resistance for varying speed allows control over the level of difficulty.

In addition to being utilized as a regular pulley, speed pulleys allow for altering treatment dosage by changing the speed of movement. Increasing speed is the same as increasing resistance, making an exercise more difficult without changing the actual weight. The 6:1 ratio, "slow rising", weight stack provides 30' (9.1m) of resistive gait with a pre-set eccentric return when moving back towards the exercise pulley. These two-handed pulleys allow for single-handed use, double-handed use, single-handed use with double resistance, an even greater variety of exercises than standard pulleys, resistive/explosive gait and combinations of static/dynamic movements simultaneously.

The 6:1 ratio RehabPro 110 lb. (50 kg) Standard Frame Speed Pulley features 5.5 lb. (2.5 kg) weight increments. The effective resistance per weight increment is .93 lbs. (.42 kg) hooking one rope to one handle and 1.8 lbs. (.83 kg) hooking two ropes to one handle. The base dimensions measure 86" high x 18" wide x 12" deep (218 x 46 x 31 cm). Call for freight quote.

NC64420 (M50S) Standard Frame Speed Pulley



- RehabPro Standard Frame Speed Pulley Features:**
- Large pulley wheels decrease drag and increase smoothness.
 - Pin select.
 - Computer-cut weight stack.
 - Free-floating solid steel guide rods.
 - 2" (5.1 cm) interval spring-loaded (no plastic) rope adjustment pins.
 - Engraved weights & adjustment bar to reduce wear.
 - One week delivery time.
 - Manufactured in the USA.



110 lb. (50 kg) weight stack.

NEW! REHABPRO 3-SECTION BENCH (M3B)

Adjustable sections provide a wide range of exercises.

Used alone or together with RehabPro pulleys, this bench aids in restoring upper quarter flexibility, coordination, strength and endurance. By reducing the force of gravity and limiting spinal range it allows for early rehab of the spine. The seat adjusts as follows: The short seat over the wheels adjusts from horizontal up to 30°. The long, middle seat lengthens 11" (28 cm) and goes from horizontal to 90° where it is "locked" by a range limiter. A shoulder rotation trainer can be attached to either short side of the bench.

The base dimensions measure 41" long x 13" wide x 19" high (104 x 33 x 48 cm). Total shipping weight is 40 lbs. (18 kg). The RehabPro 3-Section Bench can be flat packed for shipping. Call for freight quote.

NC64425 (M3B) 3-Section Bench



Center section of the seat goes from horizontal to 90°.



NEW! THERA-BAND® REHAB AND WELLNESS STATION

Incorporates Thera-Band® balls, tubing and stability trainers for strength, balance and flexibility training.

This station is the first compact, total body rehabilitation center designed specifically for use with Thera-Band® products for in-clinic strength, balance and core training. It features a multi-dimensional design with three planes of movement to teach patients the same proven Thera-Band® system of progression they will use at home. The system provides clinicians significant flexibility in patient set-up, charting, and documentation through easy slide tracks with one hand lock-down capability. The Rehab and Wellness Station fits into a 6' x 6' (1.8 x 1.8m) space. Call for freight quote.

Station includes:

- Wall Station Slide Track
- Exercise Station Base Unit
- Clip Connect Resistance Tubing
- Stability Trainers
- PRO Series SCP™ Exercise Ball
- Exercise Software with 170 strength and balance exercises
- Accessories include waist belt, nylon straps, head strap, connection bar and accessory rack
- Four color posters with a total of 165 exercises

NC55060

Plyback™ Elite Plus
Easily adjusts to a select angle.



Round Rebounder
Adjusts to five positions for inclined or flat use.

NEW! PLYOBACK™ PHOENIX

Everything you need to start a medicine ball training program.

This heavy duty rebounder is made of 11-gauge, powder-coated steel. Great for overhead throws, shoulder rotation, trunk twists, chest presses and more. Can be used with weighted medicine balls, or for jogging and balance exercises. Use in a flat position for jogging, or angled to create a more challenging position. Medicine ball exercises can be done while standing, kneeling or sitting.

Base measures 40" x 48" (102 x 122 cm). The Plyoback™ Phoenix Package includes Plyoback™ Phoenix Rebounder, single-tier attachable rack, instructional book "Plyometric Exercises with a Medicine Ball" by Dr. Don Chu, and a complete set of five textured, gel-filled medicine balls: 2, 4, 7, 11 and 15 lbs. (0.9, 1.8, 3.2, 5.0 and 6.8kg). Three-year warranty on frame. Call for freight quote.

- NC64430 Plyoback™ Phoenix Package
- NC64430-1 Plyoback™ Phoenix Rebounder only
- NC64430-2 Wheel kit (optional)
- NC64430-3 Plyoplate (optional)

NEW! DELUXE ROUND REBOUNDER

Features instant lift 'n place angle adjustment.

This rebounder features welded steel frame construction with a gray powdercoat finish. Angle quickly adjusts to five positions: 0°, 17°, 25°, 37° and 46°. Can be used with weighted medicine balls, or for jogging and balance exercises. Measures 40"W x 45"D x 31"H (102 x 114 x 79 cm). Includes easy-to-reach rack and five medicine balls: 1½, 2¼, 4½, 6½, and 11 lbs. (0.5, 1.0, 2.0, 3.0 and 5.0kg). Weighs 105 lbs. (48kg). Call for freight quote.

- NC64401 Deluxe Rebounder
- NC64402 Rebounder only



Rebounder only
Without rack and balls.



CLINICA™ COMBINATION WEIGHT RACK WITH MIRROR

Store cuff weights, dumbbells and resistive exercise bands.

This mobile rack can hold up to 350 lbs. (159kg) of cuff weights and dumbbells. Also holds and dispenses five 50 yd. (46m) rolls of resistive exercise band. Front features pegboard with 11 safety hooks for storing 19 cuff weights. The racks on the sides of the unit store up to 20 dumbbells. Distortion-free mirror on reverse side. Durable, black laminate finish. Easy-rolling, 3" (7.6cm) diameter swiveling casters. Measures 30" x 18" x 72" (76 x 46 x 183 cm). Call for freight quote.

NC9003

CLINICA™ CUFF WEIGHT AND DUMBBELL RACK

Dual-purpose weight rack.

Pegboard panel on front rack has 11 hooks for storage of cuff weights. Reverse black laminate side has hooks to store 20 dumbbells. Oak laminate frame. Easy-rolling, 3" (7.6cm) diameter swiveling casters. Rack measures 24" x 18" x 57" (61 x 46 x 145 cm). Call for freight quote.

NC9002



NEW! ASTORIA MAXRAC WITH MIRROR

Rack storage for cuff weights, dumbbells and exercise bands, with an enclosed cabinet for storing miscellaneous items.

The Astoria MaxRac holds up to 64 cuff weights, 22 dumbbells and 6 rolls of exercise band. The cuff weight's "sliding hook system" makes lateral positioning easy. Strong polycarbonate rods used to store dumbbells are angled for added stability. Six quick-change holders can be positioned independently and can accommodate 50 yd. (46m) rolls of exercise band or tubing. A door on the large interior space establishes a secure shelf storage for individual items. Raised edge on top allows for extra storage space. Other features include a mirror with polished edges and ANSI safety backing (rack is also available without mirror), protective bumper molding around base, and 4" (10.2cm) swivel casters (two locking). Rack measures 28" x 65" x 28" (71 x 165 x 71 cm) and has a minimum floor space requirement. Call for freight quote.

NC52114-M With mirror
NC52114 Without mirror

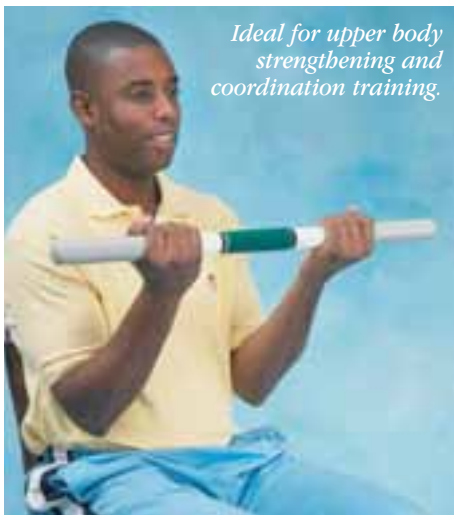
DUMBBELL RACK

Safe, practical storage rack designed for smaller dumbbells.

Made of sturdy, welded steel this rack has a 200 lb. weight capacity and measures 36"W x 12"D x 28"H (91 x 30 x 71 cm). Top rack can be flipped for light weights. Grey powdercoat. Minor assembly required.

NC52121





Ideal for upper body strengthening and coordination training.



THE STRAIGHT WEIGHT

Fourteen gradated weights for a complete progressive exercise program.

These self-contained, weighted bars are ideal for improving strength, range of motion, motor skills and balance. The color-coded bars can be used while sitting or standing. Available in ½ lb. (.227kg) increments from 1 lb. to 5 lbs. (.45 to 2.3kg), and in 1 lb. increments from 6 lbs. to 10 lbs. (2.7 to 4.5kg). Straight Weights have gray end caps and gray PVC piping with a vinyl strip in the middle. Each weight measures 29½" (75 cm) long.

NC52107-01	1 lb. (0.7kg)	White
NC52107-15	1½ lbs. (.68kg)	Yellow
NC52107-02	2 lbs. (.90kg)	Orange
NC52107-25	2½ lbs. (1.1kg)	Pink
NC52107-03	3 lbs. (1.4kg)	Red
NC52107-35	3½ lbs. (1.7kg)	Green
NC52107-04	4 lbs. (1.8kg)	Teal
NC52107-45	4½ lbs. (2.0kg)	Royal Blue
NC52107-05	5 lbs. (2.5kg)	Dark Green
NC52107-06	6 lbs. (2.7kg)	Light Blue
NC52107-07	7 lbs. (3.2kg)	Navy
NC52107-08	8 lbs. (3.6kg)	Dark Red
NC52107-09	9 lbs. (4.1kg)	Gray
NC52107-10	10 lbs. (4.5kg)	Black

Set of Five: 1, 2, 3, 4 and 5 lb. weights
NC52107

VINYL COATED WEIGHTS

These colorful weights add fun to exercise and motivate clients.

Great for use in either clinic or home programs. Thick, vinyl coating over solid cast iron provides a comfortable, secure grip and helps prevent weights from damaging surfaces. Flattened areas on ends prevent them from rolling. Sold in pairs.

NC52104-01	1 lb. (0.5kg)
NC52104-02	2 lbs. (0.9kg)
NC52104-03	3 lbs. (1.4kg)
NC52104-04	4 lbs. (1.8kg)
NC52104-05	5 lbs. (2.3kg)
NC52104-06	6 lbs. (2.7kg)
NC52104-07	7 lbs. (3.2kg)
NC52104-08	8 lbs. (3.6kg)
NC52104-09	9 lbs. (4.1kg)
NC52104-10	10 lbs. (4.5kg)



NORTH COAST™ CUFF WEIGHTS

Easy to put on, adjust and wear.

These weights consist of iron pellets encased in heavy-duty vinyl. Segmented cuffs keep pellets evenly distributed. Cuff Weights range from

NC52101-01	¼ lb. (0.1kg)	White
NC52101-02	½ lb. (0.2kg)	Walnut
NC52101-04	1 lb. (0.5kg)	Blue
NC52101-06	1½ lbs. (0.7kg)	Olive
NC52101-08	2 lbs. (0.9kg)	White

¼ lb. to 10 lbs. (0.1 to 4.5kg). Weights fasten with a Velcro® strap that adheres to itself. Color-coded for easy weight identification. Sold individually.

NC52101-10	2½ lbs. (1.1kg)	Red
NC52101-12	3 lbs. (1.4kg)	Gold
NC52101-16	4 lbs. (1.8kg)	Turquoise
NC52101-20	5 lbs. (2.3kg)	Black
NC52101-40	10 lbs. (4.5kg)	Brown

MINI CONTOUR WEIGHTS

Comfortable and secure weights are ideal for weak hands, wrists and forearms.

Soft, flexible, neoprene covered, 6" (15cm) dumbbell-type tubes conform to hands and provide the perfect grip for upper-body resistance rehabilitation and walking activities. Elastic strap eliminates hand fatigue. Sold in pairs.

NC52112-01	1 lb. (0.7kg)
NC52112-02	2 lbs. (.91kg)
NC52112-03	3 lbs. (1.4kg)
NC52112-04	4 lbs. (1.8kg)
NC52112-05	5 lbs. (2.3kg)



DELUXE CHAIR CYCLES

Bicycle-style exerciser attaches to a standard chair or wheelchair. Adapter set allows use against a wall.

This 2-in-1 pedaling device can be set on the table for an upper-body workout or placed on the floor to exercise the legs while sitting in a chair. Durable frame and maintenance-free steel bearings offer smooth pedaling for everyday use. Provides the aerobic benefit of cycle exercise for those who cannot sit on bicycles. Turn the knob handle to vary the resistance from 0 lbs. to approximately 13 lbs. (0 to 5.9kg). A second knob allows forward or backward movement of the unit to accommodate different leg lengths. Helps improve circulation while strengthening muscles. Straps hold feet securely on the pedals. Nonslip rubber on floor bar. Lightweight for portability. Compact size stores easily.

Available in two models—one for the clinic and the other for the home. The **Clinic Model** features adjustable pedals that allow a variety of settings. The Clinic Model is designed to accommodate the **Upper Extremity Adapter Kit**, which includes pedal arm extensions with hand straps and base attachment for use against a wall. These help stabilize the Clinic Model for upper extremity exercise.

The portable, lightweight **Home Model** clamps easily on to straight-leg chair legs or wheelchairs for quick, versatile set up.

- NC92142 Clinic Model
- NC92143 Upper Extremity Adapter Kit for Clinic Model
- NC92145 Home Model



Upper Extremity Adapter Kit shown with Clinic Model



PEDAL EXERCISER

Economical and compact home exerciser.

Helps restore muscle strength, circulation and coordination to the lower extremities. Can be stored easily under a chair or bed. Durable steel frame, double-baked enamel finish, nonslip tips. Measures 20" x 15¾" x 9" (51 x 40 x 23 cm).

- NC92135 Individual
- NC92135-2 Box of 2



PERSONAL PEDAL EXERCISER

Upper and lower extremity exerciser features electronic controls with easy-to-read LED readout.

Efficient and easily controlled pedal exerciser helps restore muscle strength and coordination in upper and lower extremities. LED readout displays speed, distance, time, mileage and calories burned. Lightweight and portable. Measures 19" x 17" x 11" (48 x 43 x 28 cm).

NC92134



STRETCH-RITE™

Provides a system of safe, gradual stretching.

Stretch muscle fibers slowly to a level of mild tension. Change handgrip positions to increase tension in even, progressive stages. Improve flexibility and range of motion by controlling the degree of tension within muscles and joints. Provides immediate, visual documentation of improvement from one color-coded handgrip to the next. Also can be used as an evaluation tool to establish baseline flexibility. High-tensile strength, nylon webbing with high-impact, polystyrene grips for years of use. Illustrated instructions included.

NC84599



AIREX® FITNESS MATS

Quality, lightweight mats effectively protect against injuries.

These fitness mats offer excellent cushioning and a highly compressed, nonslip surface. Ideal for floor activities and exercises or as a hydro-therapy flotation device. Warm and comfortable to touch. Features closed-cell construction with a tear-resistant cover that provides excellent durability. These sanitized, hygienic mats can be cleaned with a damp cloth.

NC64670	Atlas Mat	Green	5/8" x 48" x 78" (16mm x 122 x 198cm)
NC64670-1	Atlas Mat	Red	5/8" x 48" x 78" (16mm x 122 x 198cm)
NC64670-2	Corona Mat	Blue	5/8" x 39" x 72" (16mm x 99 x 183cm)
NC64670-3	Fitness 120	Blue	5/8" x 23" x 49" (16mm x 58 x 124cm)
NC64670-4	Fitline 140	Aqua	3/8" x 23" x 56" (10mm x 58 x 142cm)
NC64670-5	Fitline 180	Aqua	3/8" x 23" x 72" (10mm x 58 x 183cm)



STRETCH OUT® STRAP

Combines isotonic, isometrics and prolonged stretch.

Patented multi-positioned grips allow deep, gradual stretching of major muscle groups with greater safety and effectiveness than is possible unaided. Includes an instruction booklet with 30 illustrated stretches. Latex free.

NC84525



Includes a detailed instruction booklet.

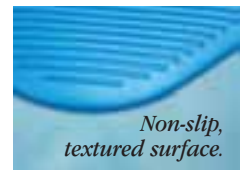


NEW! ECONOMY EXERCISE MAT

A portable, comfortable surface for workouts.

Economy Exercise Mats offer superior comfort, quality and durability, yet are lightweight and tough enough for commercial use in health and fitness clubs. Excellent for exercise, yoga and Pilates-style workouts. Large mats measure 26" wide x 72" long x 3/5" thick (66 x 183 x 1.5 cm) and roll up to 8" diameter x 26" long (20 x 66 cm) for easy transport. Blue.

NC86620-1



Non-slip, textured surface.



AIREX® BALANCE PADS AND BALANCE BEAM

Great for coordination or balancing exercises.

The Balance Pads and Balance Beam are constructed of dense, closed-cell foam that is warm and comfortable to the touch. Tear-resistant covers provide excellent durability. Sanitized, hygienic Pads and Beam can be cleaned with a damp cloth.

Use the Airex® Balance Pad for balance activities that help to improve weight shift and equilibrium in quadruped, half-kneeling and biped positions. Balance Pad measures 2½" x 19½" x 16¼" (6.4 x 50 x 41cm).

The Airex® Balance Pad Elite has the same dimensions as the original Balance Pad and features a waffle-pattern, non-slip surface on both sides that provides stimulation to foot receptors during exercise.

Use the Airex® Balance Beam for core exercise, conditioning, and rehabilitation to work on gait and dynamic balance. Balance Beam measures 64" x 9½" x 2½" (163 x 24 x 6.4cm).

- NC64671 Balance Pad
- NC64672 Balance Pad Elite
- NC64673 Balance Beam

NEW! FITBALL® DELUXE BOARD

Promotes core strength and rapid rehabilitation of the lower extremity.

Extra-large surface has plenty of room for full-body functional training. Heavy-duty plastic construction is designed for high-use rehab facilities. With a fulcrum height of 5" (13cm), the multi-directional base offers balance challenges for both beginners and advanced users. Measures 19½" x 27" (50 x 69cm).

NC86009



Features heavy-duty construction and an extra-large surface.



FITTER™ ROCKER AND WOBBLE BOARDS

Improve balance, coordination and confidence with these durable exercise boards.

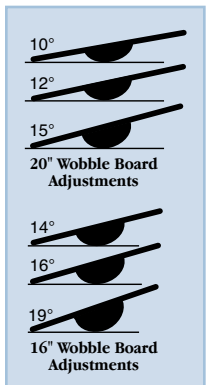
These boards are ideal for sensorimotor training. Handcrafted from top-grade plywood with a nonslip, rich birch finish. Begin therapy with the 20" (51cm) Fitter™ Rocker Board. This square platform with a rocker base rocks side to side at a maximum 16° angle. Suitable for basic balance training and improving range of motion.

Fitter™ Wobble Boards have a removable 5" (13cm) polyurethane sphere and a tri-level spacer for varied degrees of difficulty. The intermediate 20" (51cm) Wobble Board has 10°, 12° and 15° adjustments. The 16" (41cm) Wobble Board has three degrees of difficulty: 14°, 16° and 19°, and is intended for higher level patients and athletes.

Fitter™ Balance Aids are ideal for assisting first time users or individuals with limited balance. These lightweight aluminum poles have a 9" (23cm), flexible, polyurethane base that offers excellent stability while encouraging the user to stand in an upright position. The shaft measures 52" (132cm) long. Balance Aids work well with a variety of vestibular training equipment.

The Full set includes one 16" (41cm) and one 20" (51cm) Wobble Board, one 20" (51cm) Rocker Board and a wooden stand for convenient storage.

- NC86000 16" (41cm) Wobble Board with spacer
- NC86001 20" (51cm) Wobble Board with spacer
- NC86002 20" (51cm) Rocker Board
- NC86003 Full set
- NC86004 52" (132cm) Balance Aids (2)



Full set



NORCO™ BALANCE-BUBBLE™

Versatile trainer can be used while sitting, standing or kneeling.

Vinyl cushion improves posture, stability and balance in older adults, rehabilitation of lower extremities and for athletic training. Surface is smooth on one side, while the other side has rounded points for tactile stimulation. The Norco™ Balance-Bubble™ can be used to improve sensorimotor skills, core strength and stability, ankle flexibility and range of motion. Provides balance and proprioception training. Balance-Bubble™ measures 14" (36cm) in diameter. Supports up to 1000 lbs. (454kg). Latex free.



NC50115

NEW! BALANCE PODS

Design custom balance challenges using versatile training pods.

Arrange these balance training tools in patterns on the floor, then move from pod to pod. Place flat side down for less challenge or rounded side down for greater challenge. Rounded knobs provide tactile input for sensorimotor training. Each Balance Pod measures 5" in diameter x 3" high (13cm x 7.6cm). Sold in a set of six. Colors may vary.

NC52150 Set of 6



Wobble Board

Rocker Board

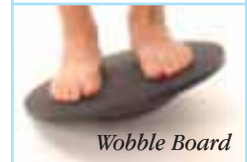
THERA-BAND® WOBBLE BOARD AND ROCKER BOARD

Ideal for balance and proprioceptive training for upper and lower extremities.

Use for core strengthening and stability, ankle range of motion and flexibility, sensorimotor training, ankle/knee injury prevention and strengthening and closed kinetic chain exercises. Boards are made of black, molded high-impact plastic with a specially designed tactile surface on the top, and an anti-skid surface on the bottom.



Rocker Board



Wobble Board

The **Rocker Board** is ideal for single plane movement for increased patient control during use. The Rocker Board measures 13 1/8" x 14" (33 x 36cm) with a 30° angle of deflection. Use the **Wobble Board** for multi-plane movement that increases patient challenge during use. The Wobble Board measures 16 1/8" (41cm) in diameter with a 22° angle of deflection. Both models include an instruction manual with over 37 exercises. Boards support up to 300 lbs. (136kg).

NC52143-1 Rocker Board

NC52143-2 Wobble Board



ProStretch® Double

ProStretch® Single

PROSTRETCH®

Promotes rapid rehabilitation of the lower extremity.

Use ProStretch® to increase flexibility and strength in the calf, Achilles tendon and plantar fascia. This device comfortably locks the foot in an aligned position and directs the body weight into the heel cup for static stretching. Semi-circular design promotes a safe, smooth transition into the stretched position. A complete instructional video is included with the double unit.

NC84600 ProStretch® Single

NC84602 ProStretch® Double



Extra Soft Black has anti-skid bars on one side and rounded points on the other side.

Thera-Band® STABILITY TRAINER

Stability trainers provide advanced challenge.

Available in three levels for an integrated, progressive system of instability challenge. Air-filled, **Extra Soft Black** is made of durable PVC and features heavy-gauge side walls that help resist rolling of the ankle. It offers two options: one surface has rounded points for tactile input, while the opposite surface has anti-skid bars that resist slipping. Use for improving core strength and stability, ankle range of motion, sensorimotor skills, balance and proprioception training for patients with ankle or knee injuries. **Soft Blue** and **Firm Green** trainers are closed-cell foam pads with an anti-slip ridged surface. Effective for balance training, rehabilitation of lower extremities and sports performance enhancement. Sold in pairs.

- NC52141-1 **Extra Soft Black** 17¼" x 10⅞" x 2½" (44 x 26 x 6.4 cm)
- NC75040-1 **Soft Blue** 16" x 9" x 2" (41 x 23 x 5.1 cm)
- NC75041-1 **Firm Green** 14½" x 8" x 1¾" (37 x 20 x 4.4 cm)



NEW! BOSU® BALANCE TRAINER

Ideal for static and dynamic balance training.

This versatile dome-shaped trainer can be used to integrate balance challenges into cardiovascular, endurance, core and flexibility training. Use with the platform side up or down to challenge balance with different body positions. Inflate dome until firm. Two recessed handles on the bottom of the platform make it easy to turn over or carry. Measures 25" (64cm) in diameter. **Standard** includes trainer and pump. **Pro Pack** includes trainer, pump, exercise booklet and DVD.

- NC64851 **Standard**
- NC64852 **Pro Pack**



Pro Pack



ANKLE ARC PLUS™

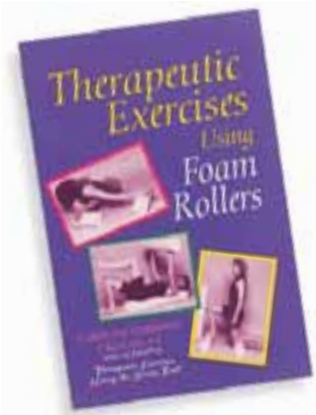
Cost-effective rehabilitation for the ankle, knee, hip and shoulder.

This comprehensive rehabilitation device can be taken home for exercise follow-up. Ankle Arc plus™ is made of durable, cross-linked polyethylene foam for long-lasting use. Ideal for all stages of ankle, knee and shoulder rehabilitation, for sprains, ACL reconstruction, total hip replacement and scapular dyskinesis. Helps improve range of motion, strength, balance, core stabilization and proprioceptive awareness. Exercises may be performed while supine, seated, or standing. Unique shape allows training in a triplanar motion so that the foot can accommodate even and uneven surfaces more easily, essential for return to full functional activities. Provides an excellent closed-chain regimen. Includes an easy-to-follow exercise sheet that allows the therapist to customize each patient's home exercise program. Flat side measures 13⅜" (34cm) long. Patent applied for.

- NC57060 For people under 175 lbs. (under 79kg)
- NC57061 For people over 175 lbs. (over 79kg)

Unique shape allows training in a triplanar motion.





FOAM LOGS

Lightweight, portable bolsters are ideal for home programs.

By limiting movement to one plane of motion, Foam Logs enable therapists to work on single components of movement. Great for improving dynamic stabilization, mobilization, weightbearing for upper and lower extremities, relaxation, righting and equilibrium reactions. Also can be used for sitting, standing, supine, side-lying, prone and all-fours exercises. Available in **Full Rounds** measuring 3", 4" or 6" (7.6, 10 or 15 cm) in diameter, or in **Half Rounds** measuring 6" on the flat side x 3" tall (15 x 7.6 cm).

Half Round	Length	Height
NC64640-312	12" (30 cm)	3" (7.6 cm)
NC64640-336	36" (91 cm)	3" (7.6 cm)
NC64640-348	48" (122 cm)	3" (7.6 cm)

Full Round	Length	Height
NC64641-312	12" (30 cm)	3" (7.6 cm)
NC64641-336	36" (91 cm)	3" (7.6 cm)
NC64641-348	48" (122 cm)	3" (7.6 cm)
NC64641-412	12" (30 cm)	4" (10 cm)
NC64641-436	36" (91 cm)	4" (10 cm)
NC64641-448	48" (122 cm)	4" (10 cm)
NC64641-612	12" (30 cm)	6" (15 cm)
NC64641-636	36" (91 cm)	6" (15 cm)
NC64641-648	48" (122 cm)	6" (15 cm)

THERAPEUTIC EXERCISES USING FOAM ROLLERS

Exercises can be photocopied for patient use.

This book includes over 150 detailed exercises that can be copied, then sent home with the patient. Photographs and illustrations are clear and easy to understand with space provided to write individual instructions. Soft cover, 236 pages. By Caroline Corning Creager, PT. Copyright 1996. NC64825

NEW! EVA ROLLERS

Premium rollers offer a firmer feel.

Made from dense, closed-cell foam, these rollers have an extra firm feel. Rollers measure 6" (15 cm) in diameter. Half-Rounds measure 6" on the flat side x 3" tall (15 x 7.6 cm).

Round	Length	Height
NC64644-612	12" (30 cm)	6" (15 cm)
NC64644-636	36" (91 cm)	6" (7.6 cm)

Half-Round	Length	Height
NC64645-612	12" (30 cm)	3" (7.6 cm)
NC64645-636	36" (91 cm)	3" (7.6 cm)



NEW! FIRM ROLLS

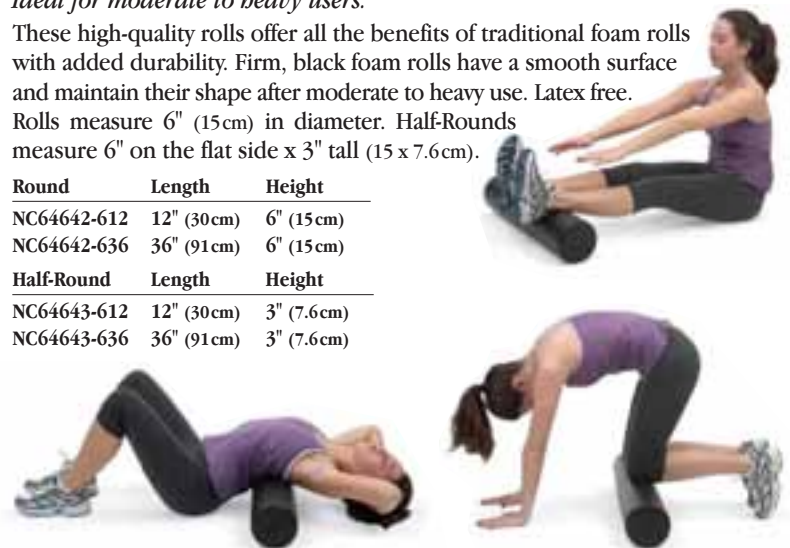
Ideal for moderate to heavy users.

These high-quality rolls offer all the benefits of traditional foam rolls with added durability. Firm, black foam rolls have a smooth surface and maintain their shape after moderate to heavy use. Latex free.

Rolls measure 6" (15 cm) in diameter. Half-Rounds measure 6" on the flat side x 3" tall (15 x 7.6 cm).

Round	Length	Height
NC64642-612	12" (30 cm)	6" (15 cm)
NC64642-636	36" (91 cm)	6" (15 cm)

Half-Round	Length	Height
NC64643-612	12" (30 cm)	3" (7.6 cm)
NC64643-636	36" (91 cm)	3" (7.6 cm)



NEW! THERA-BAND® EXERCISE STATION

Combines strength, balance and flexibility exercises into one convenient fitness and therapy system.

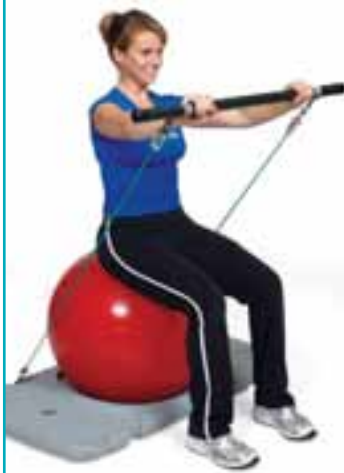
This Exercise Station integrates progressive elastic resistance for training with exercise balls, fitness step and stability trainers like the Rocker Boards and Wobble Boards on pages 35-36. Snap-on connectors allow easy changing between exercise and resistance levels. Six connection points allow the tubing to be attached at different locations. Made of durable, high-impact polyethylene. Rubber feet on the bottom of the base prevent slippage. Base weighs approximately 14 lbs. (6.4kg) and can be transported or stacked easily.

Station includes Base, two each of 12", 18" and 24" (30, 46 and 61cm) Red, Green and Blue Exercise Tubing with Connectors, two Exercise Handles with D-ring Connectors, two Assist™ Straps with D-ring Connectors, one 36" (91cm) Padded Bar with two D-ring Connectors and one Instruction Guide/Exercise Poster. Additional attachments are available separately. Call for information.

NC55062 Exercise Station: 44" x 24" x 2" (112 x 61 x 5.1cm) base with accessories



More Thera-Band® products on pages 36-37 and 42-43.



Ideal for:

- Progressive Strength Training
- Progressive Balance Training
- Upper & Lower Extremity Strengthening
- Closed Chain Exercises
- Core Strengthening
- Stepping Exercises
- Group Fitness Programs
- Senior Fitness and Rehab

Padded Bar with D-Ring Connectors



Thera-Band® ASSIST™ straps

Thera-Band® Handles

BI-DIRECTIONAL PUMP

Cut pumping effort in half.

The Bi-Directional Pump puts out substantial air volume on both up and down strokes. This economical manual pump cuts your effort in half. Large therapy balls can be inflated in just minutes. Reverse the hose and filter cover for use as a deflator.

NC64632



Improve balance with comfort and security.

INFLATOR-DEFLATOR

Saves time and energy.

Use one end to blow up the ball, or reverse and use the other end to deflate the ball easily. Includes a tapered adapter. Lightweight, durable steel body, 110 volts.

NC64609

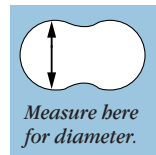


PHYSIO-ROLL™

Peanut-shape provides extra stability.

Use this roll for activities involving flexion, extension, equilibrium reaction, postural adjustment therapy and pool therapy. May be used with or without a blanket for squeeze and tactile activities. Vinyl roll is molded in one seam-free piece. Wash with soapy water or disinfectant. One-year manufacturer's guarantee.

	Diameter	Length
NC64613	12" (30 cm)	20" (51 cm)
NC64614	16" (41 cm)	25" (64 cm)
NC64615	22" (56 cm)	35" (89 cm)
NC64616	28" (71 cm)	50" (127 cm)
NC64617	33" (84 cm)	60" (152 cm)



Measure here for diameter.



NORCO™ SAFETY EXERCISE BALLS

Versatile, colorful balls for stretching and balance therapy.

These therapy balls can be used for adaptive, developmental and rehabilitation programs for adults and children. Ideal for exercises involving flexion, extension, equilibrium reactions and postural adjustments. Made of nonslip, heavy-duty vinyl, these balls deflate slowly if punctured. Clean with soapy water or disinfectant. Latex free. Balls support up to 1000 lbs. (454kg).

See chart (below right) for sizing guidelines. Balls are available individually in retail packaging box, or in a **Clinic Pack** that includes a package of three balls and plugs without accessories. Clinic Pack is sold in four of the available sizes, see product list (right).

Each Norco™ Safety Exercise Ball includes:

- Ball w/ plug
- Plug Remover
- Foot Pump
- Measuring Tape
- Exercise Poster
- Nozzle Adapter



	Diameter
NC50100	45 cm (17¾")
NC50101	55 cm (21½")
NC50102	65 cm (25½")
NC50103	75 cm (29½")
NC50104	85 cm (33½")
NC50105	95 cm (37½")

Clinic Pack (3 balls and 3 plugs)

NC50100-C	45 cm (17¾")
NC50101-C	55 cm (21½")
NC50102-C	65 cm (25½")
NC50103-C	75 cm (29½")



Wall Squat
One of several exercises outlined and illustrated on the included Exercise Poster.

Recommended Sizing Guidelines for Seated Position Usage

Person's Height	Ball Size
55" to 60" (140 to 152 cm)	45 cm (17¾")
61" to 66" (155 to 168 cm)	55 cm (21½")
67" to 71" (170 to 180 cm)	65 cm (25½")
72" to 75" (183 to 191 cm)	75 cm (29½")
75" to 80" (191 to 203 cm)	85 cm (33½")
80" and up (203 cm and up)	95 cm (37½")



NEW! NORCO™ FIRM EXERCISE BALL

A safety ball with firm support.

This exercise ball has the same qualities as our Norco™ Safety Exercise Ball, but with a firmer feel when inflated. Made of nonslip, heavy-duty vinyl, Norco™ Firm Exercise Balls deflate slowly if punctured. Includes plug, pump, plug remover, measuring tape and exercise poster. Latex free. Supports up to 1200 lbs. (544kg).

- NC50201 55 cm (21½")
- NC50202 65 cm (25½")
- NC50203 75 cm (29½")

SWISS BALL APPLICATIONS FOR ORTHOPEDIC AND SPORTS MEDICINE

Designed for therapists and patients alike.

This illustrated manual includes over 500 exercise variations and provides challenges for patients of all ages and abilities. Use for rehabilitation, injury prevention and general fitness. By Joanne Posner-Mayer, PT. Soft cover, 213 pages. Copyright 1995.

NC50120

NEW! FITBALL STAND

One size fits all exercise balls.

Unique design accommodates single exercise balls measuring from 45cm (17¾" to 29½") in diameter. The Fitball Stand keeps the ball in place, providing stability for beginners and people with balance challenges. When not in use, the stand prevents the ball from rolling in high-traffic areas. Measures 17" (43cm) in diameter.

NC64604

IMPROVED! NORTH COAST™ EXERCISE BAND

Color-coded, pre-marked resistance bands are now low-powder!

North Coast™ Exercise Band is low-powder! Less powder means less mess when handling, on surfaces and in the air. Less powder may reduce the likelihood of allergic reactions.

Use this color-coded band as part of progressive rehabilitation programs designed to improve strength and range of motion. Resistance levels are printed at 2' (.61m) intervals for easy identification and cutting. Band is sold in 6 yd. or 50 yd. (5.5 or 45m) rolls.



Low-powder bands help keep residue off bands, surfaces and out of the air.



6 yds. (5.5m)	Resistance	50 yds. (45m)	Resistance
NC91220-06	Level 0 White	NC91220-50	Level 0 White
NC91221-06	Level 1 Light Blue	NC91221-50	Level 1 Light Blue
NC91222-06	Level 2 Turquoise	NC91222-50	Level 2 Turquoise
NC91223-06	Level 3 Light Green	NC91223-50	Level 3 Light Green
NC91224-06	Level 4 Dark Blue	NC91224-50	Level 4 Dark Blue
NC91225-06	Level 5 Teal	NC91225-50	Level 5 Teal
NC91226-06	Level 6 Dark Green	NC91226-50	Level 6 Dark Green
NC91227-06	Level 7 Gray	NC91227-50	Level 7 Gray



Dispenser Box
30 Individually wrapped bands

NORTH COAST™ EXERCISE BAND DISPENSER BOX

Entire line packaged in convenient, space-saving dispensers.

North Coast™ Exercise Bands are available in a handy Dispenser Box of 30 individually wrapped 5' (1.5m) lengths of band. The entire line of eight boxes uses just 6½" x 41" (17 x 104cm) of counter space—less than competing brands. Each individually wrapped band includes a comprehensive, illustrated instruction manual.

5' (1.5m)	Resistance
NC91220-30	Level 0 White
NC91221-30	Level 1 Light Blue
NC91222-30	Level 2 Turquoise
NC91223-30	Level 3 Light Green
NC91224-30	Level 4 Dark Blue
NC91225-30	Level 5 Teal
NC91226-30	Level 6 Dark Green
NC91227-30	Level 7 Gray

NORTH COAST™ EXERCISE BAND PACKS

Prescribe a take-home program.

Each pack includes a card with illustrated exercises, instructions and tips. The **Light Resistance Exercise Pack** has one 6' (1.8m) length each of Levels 1, 2 and 3. The **Heavy Resistance Exercise Pack** has one 6' (1.8m) length each of Levels 3, 4 and 5. Band packs are sold individually.

- NC91229 Light Resistance Pack
- NC91230 Heavy Resistance Pack





Thera-Band® Handles sold separately.

Thera-Band® EXERCISE BANDS

Versatile bands provide either active or passive exercise.

Develop strength, range of motion and coordination in almost any muscle group with **Thera-Band® Exercise Bands**. The 6" (15cm) wide, stretchable latex bands are available in eight color-coded resistances. Available in 6 yd. or 50 yd. (5.5 or 46m) rolls. The **Sample Pack** includes 4' (1.2m) of each color and an instruction manual.

Thera-Band® Latex-Free Exercise Bands provide the same quality and progressive color sequence as the standard Thera-Band® Exercise Bands. The 4" (10cm) wide, powder-free bands have a textured surface that makes them easier to grasp. Sold in 25 yd. (23m) rolls.

Thera-Band® Exercise Bands 6 yds. (5.5m)	Resistance
NC75000-006	Level 0 Tan
NC75001-006	Level 1 Yellow
NC75002-006	Level 2 Red
NC75003-006	Level 3 Green
NC75004-006	Level 4 Blue
NC75005-006	Level 5 Black
NC75008-006	Level 6 Silver
NC75009-006	Level 7 Gold

Latex-Free Thera-Band® Exercise Bands 25 yds. (23m)	Resistance
NC75025-025	Level 1 Yellow
NC75026-025	Level 2 Red
NC75027-025	Level 3 Green
NC75028-025	Level 4 Blue
NC75029-025	Level 5 Black
NC75006	Sample Pack
NC75030	Instruction Manual



Instruction Manual

Thera-Band® Exercise Bands 50 yds. (46m)	Resistance
NC75000-050	Level 0 Tan
NC75001-050	Level 1 Yellow
NC75002-050	Level 2 Red
NC75003-050	Level 3 Green
NC75004-050	Level 4 Blue
NC75005-050	Level 5 Black
NC75008-050	Level 6 Silver
NC75009-050	Level 7 Gold

NORTH COAST™ EXERCISE HANDLES

Special plug design quickly secures tubing, cord or exercise bands.



Unique plug design easily accommodates tubing, cord or bands. The **Plastic Rotator** has an easy-to-grasp plastic handle. For additional comfort, choose the **Foam Cushioned Rotator**. Sold in pairs.

- NC50038 Foam Cushioned Rotator
- NC50039 Plastic Rotator

Just pull or push in the plug to make changes and adjustments.

Plastic Rotator



NEW! THERA-BAND® WALL STATION

Multi-dimensional rehab system.

This station is designed for in-clinic strength training, range of motion and flexibility. The slide track provides more resistance connections and indexing for better patient documentation. This compact, total body rehabilitation system features the familiar colors and resistance levels of Thera-Band® tubing. It includes two color posters with 68 upper and lower extremity illustrations.



NC55060-01

See page 30 for the complete Thera-Band® Rehab and Wellness Station.

THERA-BAND® HANDLES

Large, comfortable grips reduce stress on fingers.

Any one of the eight Thera-Band® Exercise Bands or Latex-Free Exercise Bands threads easily into these handles. Sold in pairs.

NC75007



THERA-BAND® DOOR ANCHOR

Affix bands to door frames at different heights to vary exercises.

This anchor device effectively secures Thera-Band® Exercise Bands to a door frame.

NC75008



THERA-BAND® ASSIST™

Add stability while exercising with Thera-Band® Exercise Bands.

Made of sturdy nylon webbing. Instructions for use are included. Package of 3.

NC74590 (3)



THERA-BAND® SPORTS HANDLE

Attach band or tubing for fitness, rehab or functional training.



Three attachment points allow for unilateral or bilateral use.

Similar to the Thera-Band® Handles (above), the Sports Handle can be used for unilateral or bilateral exercises. The three attachment points accommodate band or tubing and provide a variety of force applications. Soft foam handle measures 12" (30cm).

NC52139





Eight color-coded resistance bands.

NEW! CANDO® NO-LATEX EXERCISE BAND

Formulated to stretch like regular latex bands.

Cando® No-Latex Exercise Band is used for rehabilitation, conditioning and training. The lightweight, 5" (13 cm) wide band can be used by people with latex sensitivity as well as everyone else. Available in eight color-coded resistance bands. Sold in 6 yd. or 50 yd. (5.5 or 46m) dispenser boxes.

6 yd. (46m)	Resistance	
NC86611	XX-Light	Tan
NC86612	X-Light	Yellow
NC86613	Light	Red
NC86614	Medium	Green
NC86615	Heavy	Blue
NC86616	X-Heavy	Black
NC86617	XX-Heavy	Silver
NC86618	XXX-Heavy	Gold

50 yd. (5.5 m)	Resistance	
NC85011	XX-Light	Tan
NC85012	X-Light	Yellow
NC85013	Light	Red
NC85014	Medium	Green
NC85015	Heavy	Blue
NC85016	X-Heavy	Black
NC85017	XX-Heavy	Silver
NC85018	XXX-Heavy	Gold



THERA-BAND® EXERCISE TUBING

Ideal for upper and lower extremity strengthening.

High-quality, latex tubing is available in six color-coded resistances. Sold in lengths of 25' or 100' (7.6 or 30m).

25' (7.6m) Length	
NC55011-025	Thin Yellow
NC55002-025	Medium Red
NC55003-025	Heavy Green
NC55004-025	Extra-Heavy Blue
NC55005-025	Special-Heavy Black
NC55006-025	Athletic Silver

100' (30m) Length	
NC55011-100	Thin Yellow
NC55002-100	Medium Red
NC55003-100	Heavy Green
NC55004-100	Extra-Heavy Blue
NC55005-100	Special-Heavy Black
NC55006-100	Athletic Silver

REP Band® is latex free, powder free and odorless.



REP BAND®

The original latex-free exercise band.

Ideal for people with sensitivities to latex. Supported by clinical and laboratory testing. Feels and reacts like latex without the risk of a latex reaction. Improves strength, coordination and ROM. Cut a length from the roll and tie a knot. Adjust the knot to change the size of the loop. Sold in 6 yd. or 50 yd. (5.5 or 45 m) rolls.

6 yds. (5.5 m)	Resistance		50 yds. (45 m)	Resistance	
NC31101-06	Level 1	Peach	NC31101-50	Level 1	Peach
NC31102-06	Level 2	Orange	NC31102-50	Level 2	Orange
NC31103-06	Level 3	Green	NC31103-50	Level 3	Green
NC31104-06	Level 4	Blue	NC31104-50	Level 4	Blue
NC31105-06	Level 5	Plum	NC31105-50	Level 5	Plum



REP BAND® EXERCISE TUBING

Latex-free exercise tubing.

Tubing is latex free, powder free and odorless. Five color-coded

levels of progressive resistance. Sold in 25' or 100' (7.5 or 30m) dispenser boxes.

25' (7.5m)	Resistance	
NC31121-25	Level 1	Peach
NC31122-25	Level 2	Orange
NC31123-25	Level 3	Green
NC31124-25	Level 4	Blue
NC31125-25	Level 5	Plum

100' (30m)	Resistance	
NC31121-100	Level 1	Peach
NC31122-100	Level 2	Orange
NC31123-100	Level 3	Green
NC31124-100	Level 4	Blue
NC31125-100	Level 5	Plum



REP BAND® DISPENSING TOWER

Keep band organized and easily accessible.

Convenient display rack holds one 50 yd. (45m) roll of each REP Band® resistance. Tower measures 5 1/4" wide x 35" high x 8 1/4" deep (13 x 89 x 21 cm). NC31100



Tower can be used on the floor or tabletop for easy access to bands.



NORTH COAST™ EXERCISE TUBING

Ideal for active, resistive strengthening exercises.

This latex tubing is available in six resistance levels. Each resistance can be used independently or as part of a progressive exercise program. Tubing can be knotted to form a loop, or used with handles (shown on page 42). Sold in 100' (30m) lengths. Packaged in a convenient dispenser box.



100' (30m)	Resistance
NC91101-100	Level 1 Light Blue
NC91102-100	Level 2 Turquoise
NC91103-100	Level 3 Light Green
NC91104-100	Level 4 Dark Blue
NC91105-100	Level 5 Teal
NC91106-100	Level 6 Dark Green



NORTH COAST™ EXERCISE LOOP ATTACHMENT

Economical loop secures exercise bands or tubing easily to hinge side of most doors.

This nylon loop attaches the exercise band to the door so that strengthening and ROM exercises can be performed independently. Excellent for home exercise programs. Latex free.

- NC91231-10 (10)
- NC91231-50 (50)



SHOULDER FINGER LADDER

A challenging way to increase reach with arm extension exercises.

This self-challenging tool is designed to offer progressive motion exercises for the shoulder, elbow and wrist joints. Offers a range of 36 steps at 1/4" (3.2cm) intervals. Smooth finish, hardwood construction. Can be used while seated or standing. Measures 2" x 54" (5.1 x 137cm). Mounting hardware not included.

NC52063



Small Metal Bracket



Webbing Anchor



Extended Metal Bracket

NORCO™ OVER DOOR EXERCISE PULLEYS

Ideal for use with one- or two-banded range of motion exercises.

Use Norco™ Over Door Exercise Pulleys to help improve range of motion and coordination following CVA; the stronger arm pulls the affected arm up in a controlled stretching motion. Useful for slow, passive stretching. Ideal for home range of motion programs. Large handles are easy to grasp. A cuff-style weight can be added to one side for more resistance and to build muscle strength. (Weights sold separately. See page 32.) The 8½' (2.6m) rope can be adjusted easily for proper fit. Three models are available.

Norco™ Over Door Exercise Pulley with **Extended Metal Bracket** positions the pulleys 15" (38cm) away from the door to give the client more room to move. Norco™ Over Door Exercise Pulley with **Small Metal Bracket** can be mounted easily to most closed doors. Norco™ Over Door Exercise Pulley with **Webbing Anchor** fits snugly between the door and frame. Will not scratch surfaces.

Use the **Economy Holding Mitt** to help maintain grasp during exercise activities. Velcro® fastener wraps around pulley handle to secure the hand in a functional position.

Norco™ Over Door Exercise Pulleys

- NC52060 with Extended Metal Bracket
- NC52068 with Small Metal Bracket
- NC52069 with Webbing Anchor

Economy Holding Mitt

NC25894

Economy Holding Mitt



PUL-EZ™

Sliding handle and padded wrist loop allow for unhindered, relaxed movement.

Comfortable, foampadded wrist loop helps minimize sensory overflow and stimulation of flexor synergy, increasing the stretch of soft tissue elongation and improving ROM. Sturdy metal bracket fits on most doors. Web strap anchor holds securely between the door and door frame. Will not scratch surfaces. Brochure with illustrated exercises is included. Latex free.



- NC52956-1 With Metal Bracket
- NC52956-2 With Web Strap

NEW! LIFELINE® ECONO SHOULDER PULLEY (ESP)

Complete shoulder pulley system helps increase shoulder range of motion.

Includes two saddle handles with lock ball adjustors, foam-cushioned assistive grips, metal door bracket and an instructional booklet. Foam-cushioned assistive grip is ideal for patients with diminished grip strength. Use the shoulder pulley for resistive and passive exercises.

NC50048



Foam-cushioned assistive grips





RAINBOW PUTTY™

Create individualized hand exercise programs with colorful, economical Rainbow Putty™.

Ideal for developing hand-muscle strength and increasing endurance. Exercising with Rainbow Putty™ promotes increased range of motion, hand closure and tendon gliding. Color-coding indicates the varying resistances. Extra-Soft Tan is an ideal beginning putty for clients with very weak muscles. Available in conveniently sized packages ranging from 2 oz. to 5 lbs. (57g to 2.3kg).

Extra-Soft Tan	Soft Yellow	Medium-Soft Red	Medium Green	Firm Blue	
NC98199-02	NC98200-02	NC98210-02	NC98220-02	NC98230-02	2 oz. (57g)
NC98199-03	NC98200-03	NC98210-03	NC98220-03	NC98230-03	3 oz. (85g)
NC98199-04	NC98200-04	NC98210-04	NC98220-04	NC98230-04	4 oz. (113g)
NC98199-06	NC98200-06	NC98210-06	NC98220-06	NC98230-06	6 oz. (170g)
NC98199-16	NC98200-16	NC98210-16	NC98220-16	NC98230-16	1 lb. (454g)
NC98199-80	NC98200-80	NC98210-80	NC98220-80	NC98230-80	5 lbs. (2.3kg)

ADVANCE™ PROGRESSIVE RESISTIVE EXERCISE PUTTY

Create infinite levels of progressive resistance by stretching and folding this unique putty.



Non-oily and fragrance-free, the Advance™ Putty Kit includes one pink Base Putty and four individually packaged, blue 9cc Power Packs. Pliable Power Packs blend into the Base Putty. Adding a partial or whole Power Pack to the pink Base Putty creates a more resistive putty. Advance™ Putty is designed for all squeezing and stretching hand exercises. Squeeze

the putty and feel the resistance. Stretching and folding the putty increases the resistance even more. The more you stretch it, the more it resists! Ideal for home use—



This elastic putty blend has built-in progressive resistance so the more you stretch it, the more it resists.

clients can progress independently. The 55cc Base Putty is approximately 2½ oz. (71g) of standard exercise putty, which is ideal for beginning exercises. The **Regular** Kit has four Power Packs, which increases the mixed putty to 90cc, about 5 oz. (142g). The **Large** Kit

has six Power Packs, which increases the volume to 137 cc, about 7¾ oz. (220g). U.S. Patent 5,319,021.

Advance™ Putty

NC51005	Regular Putty Kit	90cc
NC51008	Large Putty Kit	137cc



Air-Putty®

Light as a feather!

AIR-PUTTY®

Lighter weight putty is ideal for people with reduced hand strength.

Perfect for treating arthritis and for post-surgical exercise. The lightweight, velvety texture is the result of a unique composition that makes it less oily than other putties. Won't stick to skin or under fingernails. Air-Putty® maintains resistance while pinching and squeezing. Sold by volume, not weight. U.S. Patent 5,607,993.

Extra-Soft Sky Blue	Soft Lavender	Medium-Soft Orchid	Medium Pink	
NC52405-60	NC52410-60	NC52415-60	NC52420-60	60cc
NC52405-90	NC52410-90	NC52415-90	NC52420-90	90cc
NC52405-120	NC52410-120	NC52415-120	NC52420-120	120cc
NC52405-400	NC52410-400	NC52415-400	NC52420-400	400cc
NC52405-800	NC52410-800	NC52415-800	NC52420-800	1600cc

**THERA-BAND®
HAND EXERCISERS**

Graded resistance training for hands, fingers and forearms.

Helps build finger grip strength and increase dexterity. Color-coded levels of resistance provide a full range of exercise applications. Microwave or freeze for hot or cold therapy. **Standard** size has a 1 3/4" (4.4 cm) diameter. New **Large** oblong exercisers measure 2" x 2 1/2" (5.1 x 6.4 cm) diameter and are ideal for larger hands. Includes an illustrated exercise manual.



Standard	Resistance	Force needed to compress 50%
NC52130	X-Soft Yellow	1 1/2 lbs. (0.7 kg)
NC52131	Soft Red	3 lbs. (1.4 kg)
NC52132	Medium Green	5 lbs. (2.3 kg)
NC52133	Firm Blue	8 lbs. (3.6 kg)
NC52134	X-Firm Black	10 lbs. (4.5 kg)
NC52135	Set of 5	39.95

New! Large	Resistance	Force needed to compress 50%
NC52140-1	Soft Red	3 lbs. (0.7 kg)
NC52140-2	Medium Green	5 lbs. (1.4 kg)
NC52140-3	Firm Blue	8 lbs. (2.3 kg)
NC52140-4	X-Firm Black	10 lbs. (3.6 kg)



NEW! RAINBOW™ HAND EXERCISER

Easy-to-grip hand exerciser in four color-coded resistances.

These colorful, spring-loaded hand exercisers are available in 10, 15, 30 and 60 lb. (4.5, 6.8, 14 and 27 kg) resistances. Large plastic handles feature non-slip rubber grips for a comfortable hold. With the handles spaced just 2 1/2" (6.4 cm) apart, the exerciser can be grasped easily. Hand exercisers measure 4 3/4" x 2 7/8" x 1 1/8" (12 x 7.3 x 2.9 cm).

	Resistance	
NC44110	Yellow	10 lbs. (4.5 kg)
NC44111	Red	15 lbs. (6.8 kg)
NC44112	Green	30 lbs. (14 kg)
NC44113	Blue	60 lbs. (27 kg)

NEW! THERA-BAND® FLEXBAR™

Waffle-surfaced exerciser can be used for strengthening, oscillation and mobilization.

Improve grip and upper extremity strength with this lightweight, portable exerciser. The FlexBar™ is also applicable for oscillation and soft tissue and joint mobilization. Available in three color-coded levels of resistance, based on the amount of force needed to bend the FlexBar™ into a U-shape. The Red FlexBar™ requires 10 lbs. (4.5 kg) of force, Green requires 15 lbs. (6.8 kg), and Blue requires 25 lbs. (11 kg). Includes an exercise guide.

	Resistance	Diameter
NC75011	Red	10 lbs. (4.5 kg) 1 1/2" (3.8 cm)
NC75012	Green	15 lbs. (6.8 kg) 1 3/4" (4.4 cm)
NC75013	Blue	25 lbs. (11 kg) 2" (5.1 cm)



Waffle-surfaced FlexBar™ comes in three resistances.



NEW! THE XTENSOR®

Exercise finger extensor muscles and tendons with pinpoint precision.

The Xtensor® targets the muscles and tendons that open the hand, helping to restore hand, wrist and finger function. Each finger band generates resistance through full extensor ROM all the way to the lateral and medial epicondyles. Resistance can be adjusted for each digit, and one or all digits can be exercised at a time. Use for rehabilitation from overuse injuries, trauma or surgery, to relieve pain, or to improve hand strength and dexterity. Provides relief from osteoarthritis, flexor tendinitis, carpal tunnel syndrome, joint stiffness, PDA thumb, Dupuytren's and tennis elbow. Excellent for treating conditions where the flexor muscles are overpowering the extensor muscles, causing unbalanced tension in the wrist. The easy-to-use Xtensor® slips over the hand easily and effectively exercises the extensor muscles within minutes. One size fits most.

NC52014-BL



Includes an instruction manual and lightweight carrying case.



PRONEX® PNEUMATIC TRACTION

Unique device creates an even distraction in the anterior and posterior cervical discs while supporting the cervical curve.

The user-friendly Pronex® Pneumatic Traction device comfortably supports the head and the natural curve of the cervical spine. Exerts force evenly and gently without aggravating the temporomandibular joint.

The reclining patient's head and neck are cradled on two soft foam cushions. One cushion supports the occiput and the other rests against the upper trapezius. An air-inflated bellows between the cushions provides up to 30 lbs. (14kg) of continuously adjustable traction. As the bellows expands, it lifts the head upward, supporting the cervical curve and maintaining an even distraction in the anterior and posterior cervical discs. Lateral neck flexion of 15° to 25° can be obtained by utilizing chin tuck protocol. Patients control the amount of traction applied by squeezing an inflator bulb to increase pressure, and using a knob to gently release traction.

Includes lightweight carrying case, headstrap and instruction manual. One-year manufacturer's warranty. To size, measure neck circumference. Regular fits most women.

		Neck Circumference
NC92370-1	Regular	14" to 16" (36 to 41 cm)
NC92370-2	Large	16" to 18" (41 to 46 cm)
NC92370-3	Wide	18" to 21" (46 to 53 cm)

Friction-free track allows smooth application of traction and stretch to the cervical spine.



SAUNDERS CERVICAL HOME TRAC® DELUXE

Patented design combines rotating neck wedges for comfortable cervical traction treatment.

This device directs traction forces toward the occiput, thereby preventing compression of the TMJ through the chin. Even patients with extra large or extra small necks can achieve a perfect fit. Applies up to 50 lbs. (23kg) of traction. The user retains total control of force at all times. Angle of traction delivery may be adjusted from 15° to 25° in 5° increments.

Patented, self-adjusting neck wedges rotate through a 30° arc and are removable for easy cleaning or replacement. Pump design incorporates an easy-to-use, click-in-place mechanism for pumping, sustaining and releasing the traction. Gauge indicates traction in pounds and kilograms. Includes instructional video, carrying case and user guide.

NC92345-1



Wedges rotate through a 30° arc and can be removed for cleaning or replacement.



Instructional video, carrying case and user guide are included.

NECKPRO™ OVERDOOR CERVICAL TRACTION DEVICE

Delivers precise amount of traction tension.

Simple, portable device eliminates the water weight bag used by most home overdoor traction systems. The compression spring and ratcheting device allow accurate adjustments to the amount of cervical traction tension. Each click increases tension by one lb. (0.5kg). Allows patients to self-monitor and track settings. The specially designed head halter is easy to put on and remains comfortable even as traction is increased. Quick-release straps allow the patient to relieve unwanted tension.



NC92613



NORCO™ OVER DOOR TRACTION KIT

Cervical traction in a seated position.

Contains everything needed for vertical traction in the clinic or home. Includes standard overdoor frame with nonslip rubber grips, deluxe universal head halter, 20 lb. (9.1kg) water weight bag, spreader bar, traction cord and "S" hook. Just place the bracket on top of the door, adjust cord length and fill water weight bag for desired traction. Universal head halter is made of canvas and foam. Designed to pull the occiput, not the chin. D-rings on overhead strap allow for sizing adjustments. Straps fasten to chin cup with hook and loop for easy adjustment.

NC92610



SUPINE CERVICAL TRACTION KITS

Cervical traction in the supine position.

These kits contain everything needed for supine, cervical traction in the clinic or home. Includes door strap assembly, head halter, 20 lb. (9.1kg) water weight bag, traction cord and "S" hooks. Just attach the strap to a door, adjust cord length and fill water weight bag for desired traction.

The **Canvas Halter** can be used for supine or vertical traction. Made of canvas and foam with a soft, flannel lining. Stitching is reinforced for added durability. Designed to pull the occiput, not the chin. Single buckle closure for ease of use.

The nonslip **Foam Padded Halter** has a hook and loop strap for easy adjustments. Designed to pull the occiput, not the chin. Includes forehead and chin accessory straps for patients with a limited occipital shelf.

Supine Cervical Traction Kits

NC92348-1 Canvas Halter

NC92348-2 Foam Padded Halter



Canvas Halter



Foam Padded Halter



Canvas Halter

Foam Padded Halter



Assortment Pack

NYLATEX WRAPS®

Great for holding cold/thermal packs or electrodes in place.

Nylon-coated, rubberized wraps prevent slippage and secure with hook fasteners. Sold in packages of three. **Assortment Pack** includes one of each size, except the 2½" x 24" (6.4 x 61cm) wrap. Contains latex.

NC82630-K Assortment Pack of 9

Package of 3

- NC82630-1 2½" x 18" (6.4 x 46cm)
- NC82630-2 2½" x 24" (6.4 x 61cm)
- NC82630-3 2½" x 36" (6.4 x 91cm)
- NC82630-4 2½" x 48" (6.4 x 122cm)
- NC82630-5 4" x 18" (10 x 46cm)
- NC82630-6 4" x 36" (10 x 91cm)
- NC82630-7 4" x 48" (10 x 122cm)
- NC82630-8 6" x 18" (15 x 46cm)
- NC82630-9 6" x 36" (15 x 91cm)
- NC82630-10 6" x 48" (15 x 122cm)



Rubberized wraps secure packs in place.

GEBAUER'S INSTANT ICE™

Use to help reduce or relieve the initial trauma of an injury.

This non-prescription, non-flammable skin refrigerant temporarily relieves and reduces minor pain and swelling from sprains, strains, bruises, contusions and sports injuries. The amount of cooling depends on the dosage. Available in Stream or Mist sprays. Instant Ice™ Stream Spray can be used to treat muscle spasms using the "spray and stretch" technique. Ground shipping only.

NC72310 Stream Spray

NC72311 Mist Spray



DISPOSABLE ICE AND COLD PACK WRAPS

Apply instant cold compression to acute injuries.

Use with cold packs or ice. Velcro® closure fastens the wrap securely in place while allowing freedom of movement. Cold Pack wraps have a pouch that holds a cold pack. NC70302 has a 6" x 9" (15 x 23cm) plastic bag with zipper seal that holds ice. Sold in packages of 25. Cold packs are sold separately.



Pkg. of 25	Fits	Wrap measures
NC70300	Cold Pack 6" x 9" (15 x 23cm)	6" x 23½" (15 x 60cm)
NC70301	Cold Pack 4" x 6" (10 x 15cm)	5" x 19" (13 x 48cm)
NC70302	Ice	6" x 23½" (15 x 60cm)



Undercounter Flake Ice Machine



Countertop Nugget Ice Maker and Dispenser

NEW! MANITOWOC® QF-406A UNDERCOUNTER FLAKE ICE MACHINE

Compact, air-cooled unit produces a steady flow of flaked ice.

Durable flaker features a stainless steel exterior and easy-to-operate front-access controls. Produces up to 395 lbs. (179kg) of flaked ice daily, with a bin capacity of 60 lbs. (27kg). High-efficiency bronze evaporator offers superior heat-transfer capabilities. Fits under any 40" (102cm) counter. Machine measures 26" wide x 26½" deep x 38½" high (66 x 48 x 98cm). Patented cleaning and sanitizing technology manages cleaning process from start to finish. Two-year parts and labor warranty on all components. Three-year parts coverage on compressor. Filters sold separately. Call for freight quote.

NC70005-2

NEW! MANITOWOC® SN12A COUNTERTOP NUGGET ICE MAKER AND DISPENSER

Features convenient one-handed ice dispenser.

Air-cooled ice maker produces up to 325 lbs. (147kg) of nugget ice daily. Bin capacity is 12 lbs. (5.5kg). Stainless steel exterior and front-access controls. Choose from three dispense settings: ice only, water only, or ice and water together. Simply place cup under chute and activate. Ice maker measures 16¼" wide x 24" deep x 35" (41 x 61 x 89cm) tall. Patented cleaning and sanitizing technology manages cleaning process from start to finish. Two-year parts and labor warranty on all components. Three-year parts coverage on compressor. Call for freight quote.

NC70005-4

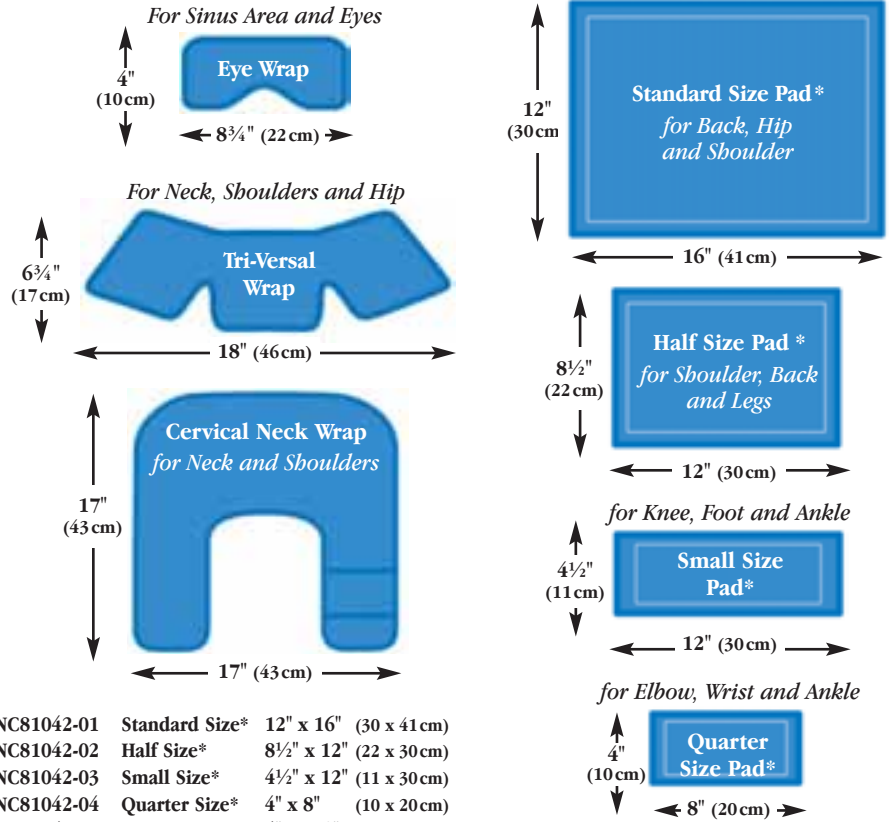


Quarter Size Pad
for elbow, wrist and ankle.

PROTOCOLD™ COLD THERAPY WRAPS AND PADS

Non-gel wraps and pads can be applied directly to skin.

Safe and easy to use for all types of cold therapy. No special covers or towels are necessary. Reusable, non-absorbent pads are condensation-free. Pads remain dry, soft and flexible during treatment. Cover is made of polyester urethane that allows direct application on skin. Time release prevents "rebound effect". Place pad in freezer for two hours, remove and apply to affected area for up to 30 minutes. May be washed and disinfected. Nontoxic and latex free. Double-sealed for durability. Wraps and pads will not bulge, gather, split or leak. Unique design ensures complete conformity for intimate contact. Will not bunch, saddle-bag or bottom out. Effective for acute injuries or post-operative cryotherapy. Patent pending.



- NC81042-01 Standard Size* 12" x 16" (30 x 41 cm)
- NC81042-02 Half Size* 8½" x 12" (22 x 30 cm)
- NC81042-03 Small Size* 4½" x 12" (11 x 30 cm)
- NC81042-04 Quarter Size* 4" x 8" (10 x 20 cm)
- NC81042-05 Eye 4" x 8¾" (10 x 22 cm)
- NC81042-06 Tri-Versal 6¾" x 18" (17 x 46 cm)
- NC81042-07 Cervical Neck 17" x 17" (43 x 43 cm)

* Above pads include a 60" (152 cm) strap.

PNEUGEL® WRAPS

Anatomically-shaped wraps combine compression and cold therapy.

These unique compression cold therapy wraps feature a removable gel bladder that provides up to 40 minutes of cold therapy when placed in the freezer. Inflate pneumatic bladder compartment with included bulb pump to ensure a comfortable, secure fit and to provide measured compression to reduce swelling and edema. A fabric layer next to the skin decreases the potential for skin irritation and condensation buildup during cold therapy. Secure wraps using convenient hook and loop closures. Includes an additional bladder that may be kept frozen for continued cold therapy. To size, see below. Ankle Wrap sizes correspond to shoe sizes.

Knee Wrap	Circumference Above Knee	Circumference Below knee
NC70498-01	16" to 25" (41 to 64 cm)	15" to 23" (38 to 58 cm)
Shoulder Wrap	Chest Circumference	
NC70498-02	27" to 49" (69 to 124 cm)	
Elbow Wrap	Forearm Circumference	Biceps Circumference
NC70498-03	8" to 11" (20 to 28 cm)	13" to 18" (33 to 46 cm)
Ankle Wrap	Womens' Shoe Size	Mens' Shoe Size
NC70499-01	Small 5 to 8	Up to 7
NC70499-02	Medium 9 to 11	8 to 10
NC70499-03	Large 11+	11 to 13



A bulb pump and an additional pneumatic gel bladder are included with each wrap.



NORCO™ PROFESSIONAL HEAVY DUTY COLD PACKS

Ideal for cold treatment on specific sites.

These anatomically-shaped, vinyl cold packs remain flexible and conformable down to 0°F (-18°C). Place packs in a freezer to cool. Maintains cold for up to 30 minutes. Wrap pack in cloth. Do not apply directly to skin. Not indicated for people with insensitive skin or poor blood circulation. Thick, high-quality gel ensures longer-lasting cold.

NC70532	Standard	11" x 14"	(28 x 36cm)
NC70531	Half Size	7" x 11"	(18 x 28cm)
NC70530	Quarter Size	5½" x 7½"	(14 x 19cm)
NC70533	Over-Size	11" x 21"	(28 x 53cm)
NC70534	Neck Contour	23" long	(58cm long)
NC70535	All Purpose	4" x 11"	(10 x 28cm)



Insulating handle keeps the hand dry and comfortable.

CRYOCUP™ ICE MASSAGE DEVICE

Patented, reusable and convenient.

Treat strains, sprains, muscle spasms and other sports-related injuries. Indicated for conditions such as tendinitis, bursitis, myositis, contusion and facial pain. Fill the cup with water and place in a freezer until frozen. Separate the base and handle to expose the ice block. The ice remains attached to the insulating handle. Place on skin and move ice in a continuous, circular motion to prevent tissue damage. Pack of six.



NC70275 (6)



Wraps may be reversed.



Hot/Cold pack(s) included with each wrap.



NORTH COAST® HOT/COLD THERAPY WRAPS

Reversible wraps conform for hot or cold application.

Ideal for safe, long-lasting hot or cold therapy. Each wrap contains one or more Economy Hot/Cold Packs (sold right). Wraps are made of soft, hook-compatible, foam material on one side and nylon mesh on the other side. Use foam side for less intense thermo application, and mesh side for deep, penetrating therapy. Hook closure makes pack application easy. Includes separate, 1½" (3.8cm) elastic straps with hook ends to secure packs. Extra straps sold separately. Machine wash wraps in cool water, air dry.

NC70573	Basic	5" x 10½"	(13 x 27cm)
NC70574	Hand/Elbow	10" x 15"	(25 x 38cm)
NC70575	Neck/Lower Back	10" x 24"	(25 x 61cm)
NC70576	Knee/Shoulder	10" x 20"	(25 x 51cm)
NC70577	Assortment of four straps:		
		One each: 24", 10", 6" and 4" long	(61, 25, 15 and 10cm)



ECONOMY HOT/COLD PACKS

Affordable, reusable hot/cold packs.

Soft gel remains pliable when frozen. These Hot/Cold Packs can be heated either in warm water on a conventional stove or microwaved in a container with water. Retains heat or cold for 20 to 40 minutes.

4" x 6½"	(10 x 17cm)
NC70517	Single
NC70517-12	Case of 12
5" x 10½"	(13 x 27cm)
NC70519	Single
NC70519-12	Case of 12
8" x 11½"	(20 x 29cm)
NC70520	Single
NC70520-6	Case of 6

Versatile Elasto-Gel™ Wraps can be used for hot or cold therapy.

ELASTO-GEL™ CERVICAL COLLAR

Contoured for maximum contact. Helps keep neck muscles free from nagging tension. Place in a microwave or conventional oven for heat, or in a freezer for cold therapy. Retains heat or cold for 20 to 40 minutes. Six-month guarantee.

NC12599



ELASTO-GEL™ THERAPY WRAP

Great for treating wrist, elbow, ankle, arm or head injuries. Also good for pediatric injuries of the neck, thigh and back. Place in a microwave or conventional oven for heat, or in a freezer for cold therapy. Retains heat or cold for 20 to 40 minutes. Six-month guarantee.

NC12593 6" x 16" (15 x 41 cm)



ELASTO-GEL™ LUMBAR WRAP

Perfect for minor muscular aches and pain associated with the lower back. Retains heat or cold for 20 to 40 minutes. Six-month guarantee.

Fit waists

NC12607-1 S 24" to 30" (61 to 76 cm)
NC12607 M 32" to 36" (81 to 91 cm)



ELASTO-GEL™ FOOT/ANKLE WRAP

Perfect for treatment of sprained ankles. Wrap conforms around the foot and ankle for a snug fit. Place in a microwave or conventional oven for heat, or in a freezer for cold therapy. Retains heat or cold for 20 to 40 minutes. Six-month guarantee.

NC12594



ELASTO-GEL™ SHOULDER WRAP

Provides dry heat or moist heat when used with a wet cloth.

Has the same gel construction and fabric covering as the Elasto-Gel™ Hot/Cold Packs, (sold right). Contoured design offers complete treatment to all the shoulder muscles of the upper arm, upper chest and upper back. Provides constant pressure to relieve sore muscles. Place in a microwave or conventional oven for heat therapy or in a freezer for cold therapy. Retains heat or cold for 20 to 40 minutes. Six-month guarantee.

NC12592



ELASTO-GEL™ HOT/COLD PACKS

Versatile packs offer excellent conformity and comfort.

Made of a tough, flexible gel covered with a four-way stretch fabric for peak conformability and temperature transference.

Place in a microwave or conventional oven for heat therapy or in a freezer for cold therapy. Waterproof packs retain heat or cold for 20 to 40 minutes. If punctured, the gel will not leak and the wrap remains usable. The plastic inner cover may be surface sterilized with standard disinfectant solutions. Six-month guarantee.

NC12596 6" x 8" (15 x 20 cm)
NC12597 12" x 12" (31 x 31 cm)
NC12598 8" x 16" (20 x 41 cm)



For more hot/cold therapy products, see our Hand Therapy Catalog.

COLPACS®

Design enhances durability.

Colpacs® contain nontoxic silicate gel inside a flexible, vinyl covering. Packs provide up to 30 minutes of cold therapy. The Neck Contour Colpac® is shaped to provide maximum contact to the cervical or lumbar region. Packs remain flexible down to 12° F (-11°C). Store in a freezer or chilling unit. Unconditional one-year guarantee.



NC12580 Standard 11" x 14" (28 x 36 cm)
NC12581 Oversize 11" x 21" (28 x 53 cm)
NC12582 Neck Contour 23" long (58 cm long)
NC12583 Half 7½" x 11" (19 x 28 cm)
NC12585 Quarter 5½" x 7½" (14 x 19 cm)

ELASTIC WRAPS

These wraps keep hot and cold packs positioned securely and comfortably.

Hook closure allows quick, easy fastening without cumbersome pins or tape. Elastic material stretches and conforms to fit body contours. Textured surface on the rubber backing helps prevent the wrap from slipping. Strong, durable compression wraps have elastic memory for repeated use. Machine washable. Tumble dry on delicate cycle. Available in four sizes. See page 52 for Economy Hot/Cold Packs.



Shoulder Wrap

NC82612 14" x 44" (36 x 112 cm)



NEW! VITALWEAR VITALWRAP® SYSTEM

Combined therapies work at every stage of rehabilitation from acute injury phase to post-surgery care.

Unique system combines hot, cold, contrast and compression therapies into one simple device for a wide range of applications including, post-surgical recovery, sprains, strains and inflammation, pain management, back pain, functional mobility, arthritis and diabetic neuropathy. Portable and easy to use for patient self-treatment. One dial controls the temperatures from 40° to 105° F (4.4° to 41°C). The VitalWrap® System is SADMERC approved.



Convenient and easy to use in clinic or at home.



VitalWrap® System

- NC83060-1 (control unit, tubing set, standard VW)
- NC83060-2 (control unit, tubing set, without standard VW)

	Wrap Size	Application area
NC83063-01	Medium 4¼" x 53" (10.8 x 135 cm)	Elbow and calf
NC83063-02	Standard 6" x 60" (15.2 x 152 cm)	General purpose
NC83063-03	Large 8" x 72" (20.3 x 183 cm)	Leg and back
NC83063-04	Back	Back
NC83063-05	Medium Shoulder	Either shoulder
NC83063-06	Large Shoulder	Either shoulder
NC83063-07	Wrist	Hand and wrist
NC83063-08	Hand	Arthritic hands
NC83063-09	Medium Knee	Post-surgical and CPM applications
NC83063-10	Full Knee	Post-surgical and CPM applications
NC83063-11	Ankle	Foot and ankle
NC83063-12	Cervical	Neck

Accessories

- NC83062-01 Carrying Case
- NC83062-02 VitalWrap® Tubing Set

VitalWrap® System Specifications

Physical	Size (approximate)	8" diameter x 13½" height (23 x 34 cm)
	Weight (dry)	5 lb. (2.27kg)
	Fluid tether	9' (2.7m)
Control System	Type	Manual user control
Thermal System	Range	40° - 105° F (4.4° - 40.6° C)
	Contrast therapy transition time	1 min. typical from extremes in temperature range
	Operating period	2 to 6 hours typical continuous use
	Thermal cutout	117° F (47° C)
Circulating System	Reservoir capacity	1.1 gal (4.1l)
	Reservoir fluid	Ice water
	Flow rate through VW	5.5 gph (21lph)
	Maximum pressure	18 psi
Electrical System	Voltage	120 Vac, 60 Hz
	Power	300 W
	Leakage current	Under 300µA
Classification	Classification	Class I equipment
	Type of equipment	Type BF



Aircast® Cryo/Cuff™ System: Hand/Wrist Cuff, Cooler, Tube



Shoulder Cuff



Foot/Ankle Cuff

- NC12540 Aircast® Cryo/Cuff™ System (Hand/Wrist Cuff, Cooler, Tube)
- NC12539 Cooler and Tube
- NC12541 Shoulder Cuff
- NC12542 Elbow Cuff
- NC12545 Hand/Wrist Cuff
- NC12544 Foot/Ankle Cuff

AIRCRAFT® CRYO/CUFF™ SYSTEM

Apply compression and cold therapy over wound dressings.

This system consists of three components: a cuff that covers the affected area, a cooler that holds ice and water for six to eight hours of cryotherapy and a tube that exchanges water between the cooler and the cuff. Use for acute inflammation, edema due to trauma, pain reduction for sprains, strains, and tendinitis, or post-surgery. Especially effective after arthroscopy.

Elevating the cooler fills and pressurizes the cuff. Compression is controlled by gravity and is proportional to the elevation of the cooler. One inch of elevation equals 1.8mm Hg pressure. Optimal compression varies among individuals and the sensitivity of the injury. Recharge the water hourly, or as needed. Skin temperature ranges from 50° to 60° F (10° to 15° C) during use.

Early and extended use of the Cryo/Cuff™ may help reduce pain. In a study of post-operative pain therapy, Cryo/Cuff™ use was compared with continuous crushed ice and with Hot Ice™ therapy. In both comparisons, Cryo/Cuff™ patients required significantly less narcotic analgesics.

The Aircast® Cryo/Cuff™ System includes the hand/wrist cuff, cooler and tube. Additional cuffs sold separately. The cooler and tube also may be purchased separately.



BIOFREEZE®

Maximize the effectiveness of cold therapy.

Icy cold, analgesic gel with ilex herbal extract has no lingering scent. Non-greasy, will not stain clothes or skin. Provides temporary relief of the minor aches and pains associated with arthritis, tendinitis, strains and sprains. Helps relax muscles and increase blood flow for less painful, more effective therapy and modality treatments. Biofreeze® can be applied before, during and after treatment. Available in a plastic roll-on, tube, pump bottle or spray.

Roll-on

NC70063 3 fl. oz. (89ml)

Tube

NC70061 4 fl. oz. (118ml)

Pump

NC70060 16 fl. oz. (473ml)

NC70062 32 fl. oz. (946ml)

NC70065 1 gallon (3.8 liters)

Spray

NC70058 16 fl. oz. (473ml)

NC70059 4 fl. oz. (118ml)



SOMBRA GEL

Natural, fast-acting, pain-relieving gel.

Unique botanical extracts and natural active ingredients provide safe, effective pain relief. Enriched with menthol, camphor, capsaicin and aloe vera extract. Ideal for temporary relief of pain associated with simple backaches, arthritis, strains, bruises and sprains. Alcohol-free, non-greasy, non-staining and animal-free. Contains no waxes, oils or artificial colors. Cooling sensation lasts for hours.

- NC70040 4 oz. (113g) (1)
- NC70040C 4 oz. (113g) (12)
- NC70041 8 oz. (227g) (1)
- NC70041C 8 oz. (227g) (12)
- NC70042 1 gal. (3.8liters) (1)

PHYSIO ICE™

Penetrating, fast-acting, long-lasting gel enhances cold therapy treatments.

Higher viscosity to last longer and penetrate deeper. Analgesic gel provides quick, temporary relief of aching joints and muscles resulting from arthritis, tendinitis, strains and sprains. Menthol and camphor both soothe and cool, helping to relax muscles and increase blood flow for more effective therapy and modality treatments. Non-greasy, will not stain skin or clothes. Apply before, during or after treatment. Available in roll-on, squeeze bottle, pump bottles and packets.

Roll-on

NC70081 3 fl. oz. (89ml)

Squeeze Bottle

NC70082 4 fl. oz. (118ml)

Pump

NC70083 16 fl. oz. (473ml)

NC70084 32 fl. oz. (946ml)

Dispenser Box: 100 Trial Size Packets

NC70079-100 5 ml. (.17 fl. oz.)



NEW! TOPRICIN®

Odorless and greaseless, anti-inflammatory pain relief and healing cream.

Use for relief of inflammation, pain or as a healing treatment for soft tissue and trauma injuries. Topricin® reduces swelling, stiffness, numbness, tingling and burning associated with the following soft tissue ailments: carpal tunnel syndrome, arthritis and joint diseases, pain and muscle cramps due to sports injuries and repetitive motion injuries. Topricin® is a very effective adjunct treatment that can enhance the benefits of therapy and massage. Can be used before and after therapy sessions. Also can be used with ultrasound. Available in jar, tube and pump bottle.

Jar

NC70046-01 4 fl. oz. (118ml)

Tube

NC70046-02 2 fl. oz. (89ml)

Pump

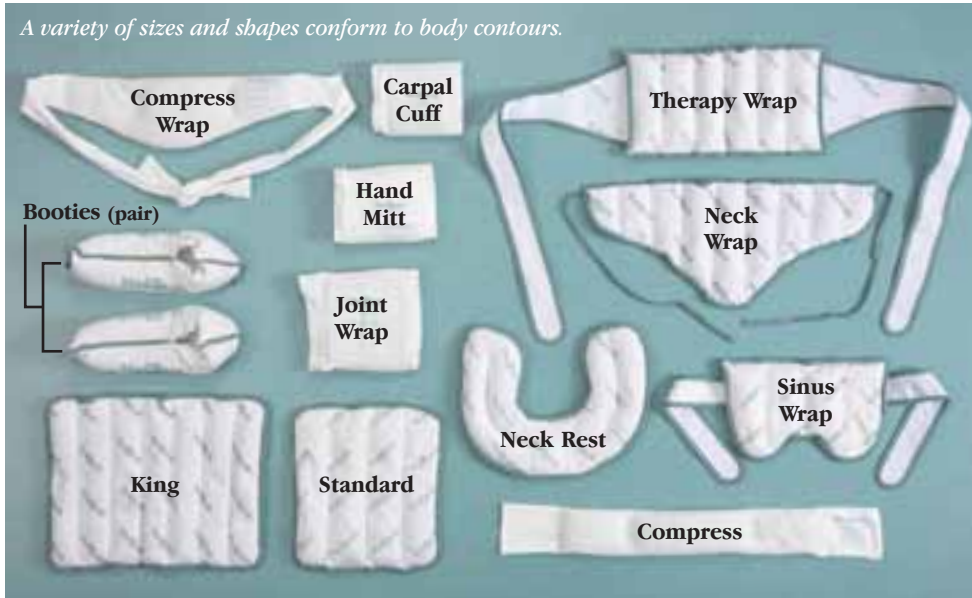
NC70046-04 8 fl. oz. (473ml)

NC70046-05 16 fl. oz. (946ml)





A variety of sizes and shapes conform to body contours.



Heat in a microwave for approximately one or two minutes. Packs retain heat for up to 30 minutes.

MEDI BEADS™ MICROWAVE MOIST HEAT PACKS

Clinically proven, all-natural pain relief.

MediBeads™ reusable packs are filled with non-toxic beads made from natural materials. Soft packs conform easily to body contours. Latex free. Permanent, anti-microbial agent inhibits odors, mildew and bacteria buildup. Microwave for one to two minutes. Moisture-creating beads provide deep, penetrating, moist heat therapy without water. Heat lasts for up to 30 minutes. After treatment, the beads rejuvenate themselves naturally by recovering moisture from the air. Hand wash and air dry. Packs are extremely durable. Reusable covers are available for Standard, King, Neck Wrap and Sinus Wrap heat packs. For clinic

patient care, place Disposable Patient Protectors between patient and MediBeads™ pack. Protectors measure 18" x 14" (46 x 36cm) and are sold in packs of 100 sheets. Also available is Heat Therapy Activator, a heat-activated, aloe-based pain relief spray that penetrates fast to relieve arthritis pain, joint stiffness and muscle aches using all-natural ingredients. Can be used with all types of heat therapy. No menthol, camphor, salicylate or alcohol. Easy, "no mess" spray application. Improves circulation, reduces painful inflammation, and helps to soothe and revitalize skin when used with moist heat therapy. Odorless and stainless.

NC81040-01	Standard	9" x 12"	(23 x 30cm)
NC81040-02	King	12" x 16"	(30 x 41cm)
NC81040-03	Neck Rest	10½" x 14"	(27 x 36cm)
NC81040-04	Hand Mitt	5½" x 7"	(14 x 18cm)
NC81040-05	Carpal Cuff	4½" x 4½"	(11 x 11cm)
NC81040-06	Booties (Pair)	5" x 13"	(13 x 33cm)
NC81040-07	Neck Wrap	8" x 22"	(20 x 56cm)
NC81040-08	Sinus Wrap	7" x 11"	(18 x 28cm)
NC81040-09	Therapy Wrap	7" x 14"	(18 x 36cm)
NC81040-10	Joint Wrap	6" x 8"	(15 x 20cm)
NC81040-11	Compress	4" x 22"	(10 x 56cm)
NC81040-12	Compress Wrap	5½" x 8½"	(14 x 47cm)

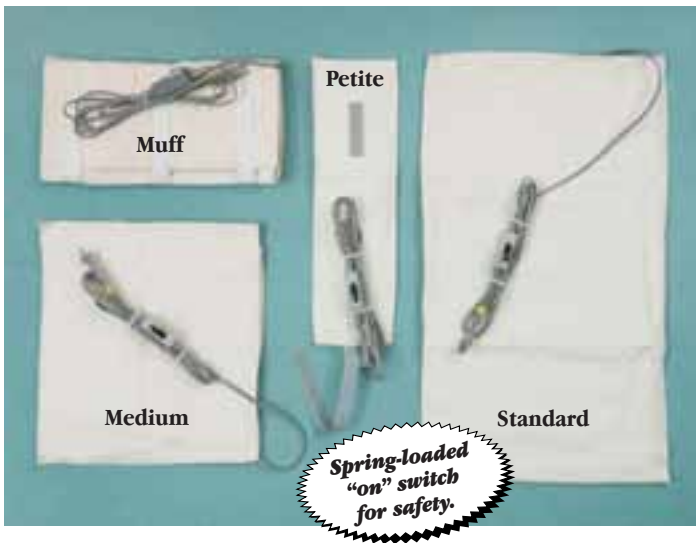
Reusable Covers	
NC81040-01C	Standard cover
NC81040-02C	King Cover
NC81040-07C	Neck Wrap Cover
NC81040-08C	Sinus Wrap Cover

Disposable Patient Protectors (100)	
NC81040-DC	

Heat Therapy Activator	
NC70050	4 fl. oz. (118ml)
NC70051	8 fl. oz. (237ml)



Heat Therapy Activator Use during all types of heat therapy for penetrating pain relief.



THERMOPHORE® AUTOMATIC MOIST HEAT PACKS™

Penetrating moist heat therapy packs.

Unique flannel cover draws humidity from the air and retains it. When the heat is turned on, the moisture is forced out of the flannel and onto the treated area. Packs build up heat quickly and maintain the preferred temperature for 15 to 30 minutes. Packs conform to body contours and can be used directly on skin. Spring-loaded "on" switch lets patient control the heat for maximum safety. If the user falls asleep, the heat automatically turns off. The Petite pack is designed for use on the neck, throat, sinuses and jaw. The Medium pack is useful for pediatric use or for hands, feet, elbows, shoulders or knees. The versatile Standard pack is for large areas like the back, shoulders and legs. The convenient, open-ended Muff is for hands, elbows and ankles. One-year warranty.

NC70371	Medium	14" x 14"	(36 x 36cm)
NC70373	Standard	14" x 27"	(36 x 69cm)
NC70370	Petite	4" x 17"	(7.6 x 43cm)
NC70372	Muff	8½" x 16½"	(22 x 42cm)

HYDROCOLLATOR® HEATING UNITS

Six convenient models to meet individual clinic needs.

These high-quality, stainless steel units are thermostatically controlled and are rated at 1000 watts. Mobile units feature 3" (7.6cm), rubber casters that swivel for easy movement. UL and C-UL listed. All units, with the exception of the E-1, have drains so no plumbing is required. Temperature range: 160° to 165° F (71° to 74° C).

Model SS-2 (mobile) offers versatility for smaller clinics. Unit measures 20¾" x 15½" x 33" (53 x 39 x 84cm). Includes (8) Standard Heat Packs.

Model M-2 (mobile) medium-size unit has an extra large tank. Heating unit measures 26¾" x 15½" x 33" (68 x 39 x 84cm). Includes (12) Standard Heat Packs.

Model M-4 (mobile) is the largest mobile unit. Requires just 20" x 32" of floor space. Extra-large tank with oversized drain. Heating unit measures 34⅞" x 20" x 33" (89 x 51 x 84cm). Includes (24) Standard Heat Packs.

Model SS is a great unit for smaller departments or clinics. Unit measures 17½" x 15½" x 17½" (44 x 39 x 44 cm). Includes (8) Standard Heat Packs.

Model E-2 (non-insulated) accommodates large heat packs. Unit measures 14" x 11⅞" x 16½" (36 x 30 x 42cm). Includes (5) Heat Packs: (1) Contour Cervical, (2) Oversize, and (3) Standard.

Model E-1 (non-insulated) is ideal for table-top use. Unit measures 12½" x 8" x 15" (32 x 20 x 38cm). Includes (4) Standard Heat Packs.

Model SS-2: 20¾" x 15½" x 33" (53 x 39 x 84cm)

Model M-2: 26¾" x 15½" x 33" (68 x 39 x 84cm)

Model M-4: 34⅞" x 20" x 33" (89 x 51 x 84cm)

Model SS: 17½" x 15½" x 17½" (44 x 39 x 44 cm)

Model E-2: 14" x 11⅞" x 16½" (36 x 30 x 42 cm)

Model E-1: 12½" x 8" x 15" (32 x 20 x 38 cm)

** Call for a freight quote.*

NC70350-SS2	Model SS-2	NC70350-SS	Model SS
NC70350-M2	Model M-2	NC70350-E2	Model E-2
NC70350-M4	Model M-4	NC70350	Model E-1



NORCO™ MOIST HEAT PACK COVERS

Retains heat while providing moisture release.

The Standard, Cervical and Oversize Covers are made of insulating foam covered with terry cloth. Velcro® fasteners secure easily. Covers fit the Norco™ Heat Packs, sold on right.

Standard Cover

NC63110 12" x 17" (30 x 43 cm) folded

Cervical Cover

NC63111 22" x 18" (56 x 46 cm) folded

Oversize Cover

NC63113 16" x 24" (41 x 61 cm) folded

Contour Cervical: 24" x 6½" (61 x 17 cm)

Knee/Shoulder: 10" x 20" (25 x 51 cm)

Standard Size: 10" x 12" (25 x 30 cm)

Half Size: 5" x 12" (13 x 30 cm)

Oversize: 15" x 24" (38 x 61 cm)

NORCO™ MOIST HEAT PACKS

Money-saving heat packs are available in a variety of sizes.

Easily heat packs in hot water or in the Hydrocollators® sold above. Provides a minimum of 30 minutes of moist heat. Ideal for treatment of muscle and tissue injuries. Use repeatedly for hundreds of applications. Instructions are included with each pack. Heat packs are available in five sizes.

- | | |
|---------|------------------|
| NC63100 | Half size |
| NC63102 | Standard size |
| NC63103 | Contour Cervical |
| NC63104 | Knee/Shoulder |
| NC63105 | Oversize |



THERABATH® PRO® AND NORTH COAST™ PREMIUM PARAFFIN

Increase ROM and apply relaxing heat to joints, muscles and soft tissue.

This professional-grade paraffin bath has been proven safe and reliable since 1962. Perfect for home, hospital or clinic. Use as an effective warm-up prior to therapeutic exercise, massage or daily activities. Deep, penetrating heat helps relieve non-acute arthritis pain, relax stiff muscles and ease aching joints. Helps increase range of motion and provides intensive moisture therapy that nourishes dry skin.

Therabath Pro® is fully insulated with a worry-free control that maintains temperature between 126° and 134°F (52° and 57°C) for maximum therapeutic effect. Hospital-grade plug. Lifetime guarantee. UL listed (Medical Equipment Professional). Made in the USA. Available in 110 or 220 volt. CE registered, CETL. IEC 320 International Standard cords are available for 24 countries. Call for more information.

Oversize inner tank measures 13" x 7" x 5" (33 x 18 x 13cm) and will accommodate hands, feet or elbows. Includes six lbs. (2.7kg) of triple-filtered, FDA food-grade paraffin in ScentFree™ or Wintergreen. Additional paraffin is sold separately in six 1 lb. (.45kg) packages.

North Coast™ Premium Refill Paraffin is available in ScentFree™ and six scents: Lavender, Melon, Orange, Peach, Lemon and Wintergreen. These easy-to-pour, quick-melting beads are formulated for use in all paraffin baths.

To enhance paraffin treatments, use the **Hand ComforKit™**. Includes two Thinsulate®-lined Easy Slip-On Mitts, 100 Easy Tear-Off plastic liners, one 4 oz. (120ml) bottle of Sanitizing Spray and one 4 oz. (120ml) bottle of Intensive Hydrating Cream. Mitts can be machine washed and dried.

Therabath® Pro®

- NC15494 110 volt unit with Wintergreen Wax
- NC15450 110 volt unit with ScentFree™ Wax
- NC15494-220V 220 volt unit with Wintergreen Wax (cord not included)

Therabath® Pro® Accessories

- NC15494-G Replacement Grill
- NC15494-T Testing Thermometer
- NC15494-15 Hand ComforKit™

North Coast™ Premium Refill Paraffin
Six 1 lb. (.45kg) pkgs.

- NC15496 Wintergreen
- NC15496-L Lavender
- NC15496-M Melon
- NC15496-O Orange
- NC15496-P Peach
- NC15496-LM Lemon
- NC15496-US ScentFree™



For use with all paraffin baths!

THERMA-CELL™ DRY HEAT MEDIUM REPLACEMENT

Specially formulated for use in dry heat therapy units.

Use this Dry Heat Medium Replacement for Fluidotherapy® or Thermo-Therapy Units (page 59). Over time and with continued use, dry heat medium breaks down and loses its original effectiveness. Manufacturers of dry heat therapy units recommend that the

entire dry heat medium be replaced every three months. Sold in two 5 lb. (2.3kg) packages for easy replacement.

NC63150 10 lbs. (4.5kg)



Packaged in convenient, resealable bags.



Thermo-Therapy Model TT-101
Medium capacity: 10 lbs. (4.5kg)



Thermo-Therapy Model TT-201
Medium capacity: 20 lbs. (9.0kg)



Thermo-Therapy Model TT-202
Medium capacity: 40 lbs. (18kg)



Fluidotherapy® Model 210
Medium capacity: 60 lbs. (27kg)



Fluidotherapy® Model 115
Medium capacity: 40 lbs. (18kg)



Fluidotherapy® Model 110
Medium capacity: 30 lbs. (14kg)

FLUIDOTHERAPY® UNITS

Help relieve local pain and stiffness while increasing blood circulation.

These Fluidotherapy® units feature specially designed fluidized beds that combine precisely controlled dry heat temperature and airflow with dry heat medium. This combination produces the mechanical effects of skin desensitization and limb buoyancy.

Clinical benefits include local pain relief, treatment of minor pain and stiffness due to non-rheumatoid arthritis, increased local blood circulation and joint ROM management when combined with exercise.

All units are electronically programmable. Treatment time (1 to 99 minutes), temperature range of 110° to 125° F (43° to 52° C), air speed (0 to 100%) and pulse mode (pressure oscillation) all can be adjusted to user preferences. In addition, these 110 volt units feature an automatic treatment timer, wake-up/preheat mode and casters for mobility.

Each unit is shipped complete with dry heat medium and operating instructions. One-year warranty. Call for freight quote.

NC70369-1 Model 110

NC70369-2 Model 115

NC70369-3 Model 210

Therma-Cell® Dry Heat Medium Replacement

NC63150 10 lbs. (4.5kg)

Model 110

Treats hand, wrist, elbow, foot or ankle.

Model 115

Treats up to two hands or two feet. Unit can be removed from stand for easier lower extremity applications.

Model 210

Treats hand, wrist, elbow, knee, foot or ankle.



	Model 110 NC70369-1	Model 115 NC70369-2	Model 210 NC70369-3
Overall size	34" x 11½" x 33" (86 x 29 x 84cm)	34" x 18½" x 33" (86 x 47 x 84cm)	44" x 12½" x 35¾" (112 x 32 x 91cm)
Ports	One top, one rear	Two top, two rear	One top, one rear
Medium capacity	30 lbs. (14kg)	40 lbs. (18kg)	60 lbs. (27kg)

THERMO-THERAPY UNITS

Warms and massages for improved circulation, wound healing and comfort.

These units combine dry heat and airflow to suspend cellulose particles. A hand, wrist, foot, ankle or, with larger units, the lower leg, can be immersed for treatment via the flexible Velcro® tightening sleeves.

Treatment time is controlled by a built-in electronic timer. Thermostatically-controlled, 900 watt, finned heater quickly heats medium to a maximum of 125° F (52° C). All units are 110 volts and feature a noise-reduced, variable speed blower. The TT-202 has an additional blower, sound muffling and a storage compartment under the control panel.

Each unit is shipped complete with dry heat medium and operating instructions. One-year warranty. Call for freight quote.

NC72110-1 Model TT-101

NC72110-2 Model TT-201

NC72110-3 Model TT-202

NC72110-S Stand

Therma-Cell® Dry Heat Medium Replacement

NC63150 10 lbs. (4.5kg)



Model TT-101

Compact model designed to rest on a table, stand or floor. (Stand sold separately, NC72110-S.)



Model TT-201

Mobile unit features a much deeper chamber than the TT-101.



Model TT-202 ▶

Features two blowers and additional sound muffling. Rests on four locking casters.

	Model TT-101 NC72110-1	Model TT-201 NC72110-2	Model TT-202 NC72110-3
Overall size	19" x 11" x 15" (48 x 28 x 38cm)	29" x 12" x 32" (74 x 30 x 81cm)	29" x 20" x 32" (74 x 51 x 81cm)
Ports	One top, one front	One top, one rear	Two top, two rear
Medium capacity	10-12 lbs. (4.5- 5.4kg)	20-25 lbs. (9.0-11kg)	40-50 lbs. (18-23kg)

Compact, portable whirlpools are ideal for clinics with limited space.



Model AW-611

Molded acrylic, butyl styrene tank is easily removed when turbine is raised.



Reinforced water evacuator hose

Fixed low tank is ideal for foot and leg hydrotherapy.

Model AW-610



Fully welded, coved bottom tank can be removed from the stand without removing the turbine.

Model AW-612

AQUA/WHIRL™ WHIRLPOOLS

Simple lever controls agitation, flow and drainage.

The Aqua/Whirl turbine produces water flow up to 60 gallons (227 liters) per minute at a velocity of 3000 linear feet (914m) per minute premixed with 20,000 cubic inches (129,000 cubic cm) of pre-heated forced air. The turbine is powered by a ½ h.p. motor with automatic overload protector and has sealed, permanently lubricated bearings for operation on 115 volts, 50/60 cycles AC. The ground fault circuit interrupter is placed in the line cord to provide optimum electrical protection. The turbines for all Aqua/Whirl models have a reversing flow valve and a long, reinforced evacuating hose. The other end of the hose has a heavy nozzle that can be placed in a tub, bucket or drain to accommodate evacuated water. Evacuates at approximately 10 gallons (38 liters) per minute. Aqua/Whirl tanks have an indentation in the bottom that accepts the pump housing and accumulates any remaining water.

Aqua/Whirls have a one-year warranty and are UL, C-UL and CE listed. and are constructed under the applicable parts of U.S. Patent Nos. 5,289,598 and 5,335,375.

Model AW-611 has turbine mounts on a variable-height post. The tank is made of acrylic butyl styrene and provides comfortable side rest areas with a capacity of eight to fifteen gallons. Water is evacuated through the hose and nozzle assembly with a simple flip of the control lever. By raising the turbine to its highest position, the empty tank can be removed from the stand for cleaning.

The inside of the tank is 20" (51cm) wide at the front, 11" (28cm) at the rear, 30" (76cm) long and varies from 11½" (29cm) deep at the back to 14½" (37cm) deep at the front. The tank lip is ½" (13mm) wide. The stand's footprint is 35" x 25" (89 x 64cm).

The stand is on locking casters and is constructed of heavy-gauge steel tubing with a very hard, epoxy finish. The cranking mechanism allows for easy adjustment of the tank height. In the down position, the tank bottom is 6" (15cm) and the maximum up position is 21" (53cm) from the floor.

Model AW-612 is similar to AW-611, except it is equipped with a covered, seamless steel tank, rather than a plastic tank. The tank is approximately 24" long x 14½" wide x 15" high (61 x 37 x 38cm) with a coved, seamless bottom. The stand's footprint is 28½" x 22" (72 x 56cm).

Model AW-610 is constructed with the same turbine and tank as the 7AW-612 but is on a permanently low stand that is designed for the treatment of the foot, ankle and lower leg. The turbine is placed on a gas-assisted raising and lowering post for proper vertical positioning of the air/water stream, easy removal of the tank, and lowering of the pump assembly into the water accumulator. Call for freight quote.

- NC92601-1 AW-610
- NC92601-2 AW-611
- NC92601-3 AW-612



CHLORAZENE®

Reduce the bacteria that may be present in whirlpools.

Effectively limits the potential for auto-infection and cross-contamination by disinfecting and reducing bacteria in contrast baths or whirlpools. Use only 15 grams for 13 to 20 gallons (49 to 76 liters), 30 grams for 26 to 40 gallons (98 to 151 liters), 50 grams for 44 to 66 gallons (167 to 250 liters) and 80 grams for 70 to 105 gallons (265 to 398 liters). Sold in individually wrapped packs.

- NC70442 15g packs (48)
- NC70443 30g packs (36)
- NC70444 50g packs (24)
- NC70445 80g packs (24)
- NC70445-1 5 lb. (2.3kg) Bottle

D-FOAM

Reduce excessive foam during hydrotherapy.

Control sudsy hydrotherapy with D-Foam additive. Add a few ccs to a whirlpool bath to help eliminate excessive foaming, even when a detergent or other soap is used.

- NC70441 16 fl. oz. (473ml)
- NC70441-1 1 gallon (3.8 liters)



SANIZENE® HARD SURFACE DISINFECTANT

Clean whirlpools and hard surfaces easily.

Features a quaternary ammonia compound that contains a germicidal detergent and deodorant. Noncorrosive on hydrotherapy equipment. Meets all standard government regulations.

- NC70455 1 gallon (3.8 liters)



“Whisper Quiet” turbines are so well constructed they can be “run dry” without water.

DAKON MOBILE WHIRLPOOLS

Reversing-style turbines evacuate the used water with a flip of the switch.

The Dakon turbine can produce 60 gallons (227 liters) of swirling water per minute at a rate of 3000 linear feet (914m) per minute. “Whisper Quiet” mobile whirlpools have self-lubricating underwater bearings that would not freeze up even if operated without water. These turbines are made with thick, chromium nickel and copper plating on heavy bronze castings and tubing. Both water pressure and velocity can be controlled.

Dakon whirlpools are constructed with a heavy, 18-gauge stainless steel outer “skirt” and an even thicker 16-gauge “inner wall,” that provide extremely strong double-walled sides. Ground and polished to a satin finish, the seamless inner wall is arc-welded to a fully covered bottom.

The ½ h.p motors are UL, C-UL and C.E. listed for 115 volt service. The built-in Ground Fault Circuit

Interrupter provides maximum electrical protection. The 3” (7.6cm) diameter, dual-range thermometer is encased in a heavy sheath that protects the sensitive thermometer stem from inadvertent bumping.

The turbine becomes a pump with the flip of a lever. In the pump mode, used water is forced out of the tank through a flexible, stainless steel sheathed hose to an available drain at a quick 10 to 15 gallons (38 to 57 liters) per minute and virtually eliminates all used water. Base of tank has a 1” deep x 7” diameter (2.5 x 18cm) recessed area that automatically captures any residual water for easy sponge drying. This system eliminates the need for a separate drain, which often accumulates debris and can be a source of contamination. One-year warranty. Call for freight quote.

**Foot/Ankle
Mobile Extremity
Whirlpool
DS-2514**



**Leg/Knee
Mobile Extremity
Whirlpool
DS-2825**



Mobile Whirlpool	Extremity	Dimensions L x W x D	Floor to Rim Height	Approx. Capacity	Dakon DS Model #
NC92602-01	Foot/Ankle	25" x 14" x 14" (64 x 36 x 36cm)	21" (53cm)	14 gallons (53 liters)	DS-2514
NC92602-02	Foot/Ankle	23" x 14" x 16" (58 x 36 x 41cm)	23" (58cm)	16 gallons (61 liters)	DS-2516
NC92602-03	Foot/Ankle	28" x 16" x 18" (71 x 41 x 46cm)	26" (66cm)	25 gallons (95 liters)	DS-2818
NC92602-04	Hand/Arm*	25" x 14" x 16" (64 x 36 x 41cm)	30" (76cm)	16 gallons (61 liters)	DS-2516H
NC92602-05	Hand/Arm**	28" x 16" x 18" (71 x 41 x 46cm)	36" (91cm)	25 gallons (95 liters)	DS-2818H
NC92602-06	Leg/Knee	28" x 16" x 21" (71 x 41 x 53cm)	28" (71cm)	27 gallons (102 liters)	DS-2821
NC92602-07	Leg/Knee	28" x 16" x 25" (71 x 41 x 64cm)	32" (81cm)	36 gallons (136 liters)	DS-2825
NC92602-08	Leg/Knee	28" x 16" x 28" (71 x 41 x 71cm)	34" (86cm)	41 gallons (155 liters)	DS-2828
NC92602-09	Leg/Knee	32" x 16" x 25" (81 x 41 x 64cm)	32" (81cm)	45 gallons (171 liters)	DS-3225

* This configuration results in the tank bottom being 14" (36cm) above the floor.

** This configuration results in the tank bottom being 18" (46cm) above the floor.

DIPSTERS® HYDROTHERAPY WEAR

Disposable, but strong enough to be washed and reused up to 10 times.

Ideal wear for whirlpool hydrotherapy, these comfortable, fast-drying garments are opaque even when wet. Dipsters® for men are boxer shorts with an elastic waist and full supporter. Sizes measure waist circumference. Dipsters® for women are one-piece with a stretchable waist and elasticized legs. Top is held in place with elastic and a tie at the neck. Women’s Dipsters® are sized according to dress size. Sold in packages of 12.

Men’s Boxers		Waist Circumference	
NC70405-1	Small	30" to 33" (76 to 84 cm)	(12)
NC70405-2	Medium	34" to 37" (86 to 94 cm)	(12)
NC70405-3	Large	38" to 41" (97 to 104 cm)	(12)
NC70405-4	X-large	42" to 45" (107 to 114 cm)	(12)
NC70405-5	XX-Large	46" to 49" (117 to 124 cm)	(12)
NC70405-6	XXX-Large	50" to 52" (127 to 132 cm)	(12)
Women’s One-Piece Dipsters®		Dress size	
NC70420-1	Small	6 to 8	(12)
NC70420-2	Medium	10 to 12	(12)
NC70420-3	Large	14 to 16	(12)
NC70420-4	X-large	18 to 20	(12)
NC70420-5	XX-Large	22 to 24	(12)
NC70420-6	XXX-Large	26 to 28	(12)





Apollo 2000mW with Laser Cluster Probe



Apollo 250mW Single Laser Probe



Lightguide Fine Point Tip

NEW! APOLLO INFRARED LASERS

Powerful, lightweight portable laser systems for pain treatment.

Extremely powerful **2000mW Laser Cluster Probe** relieves pain in one to two minutes. In comparison, a 1000mW laser can require two to four minutes and a 100mW laser can require 10 to 15 minutes. The **250mW Single Laser Probe** with optional light guide is ideal for use on fingers, hands or other areas that require a smaller probe than the 2000mW laser cluster. Battery provides two hours of power on a single charge, enough to treat 30 to 60 patients. Features 810nm infrared wavelength, ideal for treatment of pain.

Includes control unit, 2000mW laser cluster probe or 250mW single laser probe, extra probe cable, DC adapter, power cable, shoulder bag, goggles and manual. Three-year parts and labor warranty. No annual service requirement. Call for information about additional probes and accessories. Discounts do not apply.

- NC88450 Apollo with 2000mW Cluster Probe
- NC88451 Apollo with 250mW Single Laser Probe and Lightguide Fine Point Tip

2000mW Laser Cluster Probe

Optical Output Power	2000mW (4 x 500mW Emitters)
Wavelength	810 nm +/-5 nm
Output Frequency	Continuous Wave
Beam Divergence	9 x 38°
Power Density	2500mW/cm ² per Emitter
Emitter Type	GaAlAs Semiconductor Laser Diode
Weight	<1.0 lb. (.45kg)

250mW Single Laser Probe

Optical Output Power	250mW (1 x 250mW Emitters)
Wavelength	810 nm +/-5 nm
Output Frequency	Continuous Wave
Beam Divergence	9 x 38°
Power Density	5000mW/cm ²
Emitter Type	GaAlAs Semiconductor Laser Diode
Weight	<0.5 lb. (.23kg)

Laser Sys*Stim® 540 Cluster Probe



Laser Sys*Stim® 540 Laser Applicator

NEW! LASER SYS*STIM® 540

Portable light therapy applies deep-tissue treatment with two applicator options.

Control unit sets treatment time, continuous/pulse modulation modes and laser output energy. Ten user-defined programs are available for quick setup. **Laser Applicator** operates at 785nm for concentrated deep-tissue treatment. **Cluster Probe** operates at 950nm SLDs and 660nm LEDs for treating larger areas. Controls on both applicators allow adjustment of laser output. Includes battery and book of suggested treatment protocols. Built-in sensor verifies laser output. Two-year manufacturer's warranty.

- NC88430 With Laser and Cluster
- NC88430-L Laser Applicator
- NC88430-C Cluster Probe

Laser Applicator Specifications

Wavelength	785 nm
Power	80mW
Treatment Area Illumination	Three blue LEDs (470 nm)
Output Activation	Capacitance switch on applicator handle
Beam Spot	Elliptical beam spot 2.8mm x 1.1mm (elliptical beam area = 9.2mm ²) at the aperture
Divergence	Elliptical beam divergence 18° and 7°
Eye Protection	Uvex glasses with a minimum of 80% attenuation in the wavelength range of 780nm to 860 nm. The Uvex glasses supplied with the unit meet these requirements.

Laser Performance

Output Power	
Laser diode applicator	80mW at 785 nm
Opt. cluster applicator	500mW at 660/950nm
Delivered Energy	0.01 to 99.99 Joules
Operation Modes	Continuous and Pulsed
Pulse Mode	
Pulse Width	
Laser	100 μs nominal
Cluster	50% duty cycle
Pulse Frequency	
A	Continuous
B	10 Hz, 25 Hz, 50 Hz, 100 Hz, 250 Hz, 500 Hz, 1kHz, 2 kHz, 5 kHz
C	Sweep from 10 to 5kHz
Timer	0 to 99 minutes, 59 seconds



NEW! LIGHT AND LASER THERAPY: CLINICAL PROCEDURES

Clinical manual in easy-to-use SOAP note format.

This evidence-based book includes treatment protocols for over 70 conditions. Includes diagrams and offers guidance on documenting treatment in SOAP note format. Copyright 2006, first edition. Soft cover, 162 pages. By Curtis Turchin, MA, DC.

NC88460

Features four modalities in one complete portable electrotherapy system.



QUADSTAR® ELITE COMPLETE ELECTROTHERAPY SYSTEM

Complete, portable, multi-functional clinical unit.

This unique electrotherapy system incorporates four modalities: TENS (Transcutaneous Electrical Nerve Stimulation), NMS (NeuroMuscular Stimulation), INF (Interferential Stimulation) and HVPS (High Volt Pulsed Stimulation). Two or more modalities can be sequenced for complete treatment.



Four waveforms: Symmetrical Biphasic Square Wave, Asymmetrical Biphasic Square Wave, Sine Wave, and Monophasic High-Volt, Twin Peak Wave.

Four channels allow use of up to eight electrodes at one time.

Pre-programmed and programmable functions. Programmable regimens can be saved in memory. Easy-to-use timer.

Patient Lock/Compliance System allows the practitioner to lock in treatment parameters for easy use by the patient and easy monitoring.



Includes accessories, rechargeable battery pack and wall adapter. Battery is fully charged in 12 hours.

Detailed specifications are available. Call for more information.

NC88418

Features three modalities in one portable unit.



NEW! QUADSTAR II® COMPLETE ELECTROTHERAPY SYSTEM

Lightweight, portable unit for TENS, NMS and INF therapy.

This portable, four-channel digital device can be programmed to deliver NMS (NeuroMuscular Stimulation), TENS (Transcutaneous Electrical Nerve Stimulation) or INF (Interferential Stimulation) therapy.

Three waveforms: Symmetrical Biphasic, Pulsed Sine and Asymmetrical Biphasic.

Four channels allow use of up to eight electrodes at one time.

Nine pre-programmed Fixed Sequences allow the user program 20 minute sequences of INF, NMS and TENS therapy. Programmable Sequence lets the user customize therapy and times and can be saved in memory. Easy-to-use timer.

Patient Lock/Compliance System allows the practitioner to lock in treatment parameters for easy use by the patient and easy monitoring. A patient compliance meter is displayed when the lock is turned off.

Includes accessories, 4 "AA" batteries, type LR6 and wall adapter. Battery is fully charged in 12 hours.

Detailed specifications are available. Call for more information.

NC88419

NEW! EMS-2C™ ELECTRONIC MUSCLE STIMULATOR

Lightweight, easy-to-use unit is ideal for clinic or home therapy.

Use the EMS-2C™ to evaluate and treat muscle dysfunction caused by peripheral and CNS disorders. Helpful in the prevention or retardation of disuse atrophy, relaxation of muscle spasms and re-education of muscles. Produces Interrupted DC and Pulsed (Faradic) Stimulation. Current adjustment, active probe positioning and on/off control may be operated with one hand.

Interrupted DC: 0-18 milliamps, peak

Pulsed: 0-25 milliamps, peak; 80 pulses per second

NC88435



PHYSIO PATCH™



NEW! PHYSIOPATCH™*

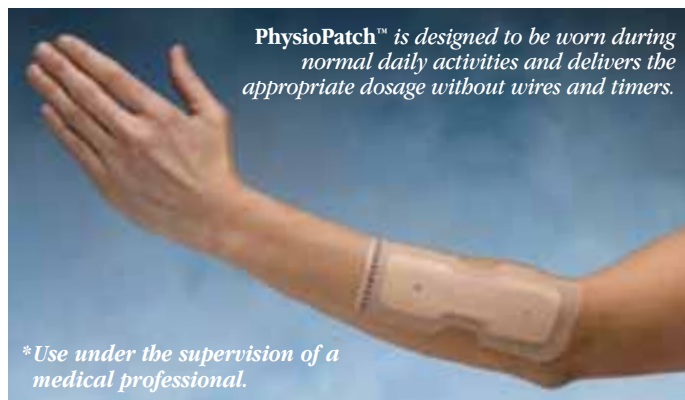
Self-contained patch offers extended iontophoresis treatment.

PhysioPatch™ contains a small power cell and produces low-level electrical current that propels medication slowly through the skin into underlying tissues so that patients may experience the following benefits:

- Reduced likelihood of erythemic response.
- Stable pH that is retained without chemical buffering agents, thus eliminating competing ions.
- Improved drug delivery and retention at the treatment site.

Dual-polarity electrode can be used to deliver both positive and negative ions. Designed to be worn during normal daily activities. Special adhesive keeps PhysioPatch™ securely in place throughout extended wear time. Patches measure 5¼" x 2¼" (13 x 5.7cm). Single-use application only. Environmentally safe for disposal after treatment. Sold in a box of six. Federal law restricts this device to use by, or on the order of, a physician.

NC89299



Estimated Dosage Profile	
Patient Wear Time	Dosage
24 hours	≈ 80 mA-minutes
Total Treatment Area: 7.8cm ²	

Approximate Fill Volume*	Maximum Dose	Active Area
1.5 cc	80 mA-minutes	7.8cm ²
*Approximate – do not over saturate		



NEW! AUTO*THERM® 391

Produces comforting deep heat to large areas of muscle tissue.

Auto*Therm® 391 is a pulsed and continuous shortwave diathermy (SWD) unit that can be moved easily between treatment areas. It combines the Auto*Therm® 390 SWD unit with an adjustable arm, 14 cm (5½") inductive coil applicator and heavy-duty cart with ample storage space. Offers two modes of application: deep penetration of inductive coiled diathermy or shallower capacitive plates. Unit weighs 60 lbs. (27kg) and measures 37" high x 19" wide x 19" deep (95 x 48 x 48cm). Two-year manufacturer's warranty and one-year warranty on applicators and accessories. Call for freight quote.

NC88440

NORTH COAST™ BUFFERED IONTOPHORESIS ELECTRODES*

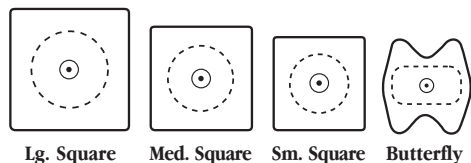
Variety of sizes, shapes and kits offer great flexibility.

These high-quality, buffered electrodes are available in two shapes and four sizes. Features an exposed fill area for easy administering of solution before removing adhesive backing. Sold in convenient **Treatment Kits** that contain all the necessary elements for 12 individual treatment sessions. Each individually wrapped kit contains one active delivery electrode, one single-use buffered return electrode and two alcohol swabs. North Coast™ Buffered Iontophoresis Electrodes can be used with most powered delivery devices.

Treatment Kits (12 Treatments)		Fill Volume
NC89250B	Sm. Square	1.5 cc
NC89251B	Med. Square	2.5 cc
NC89252B	Ig. Square	4.0 cc
NC89255B	Butterfly	2.0 cc



**Use under the supervision of a health care professional.*



Exposed area allows easy filling before removing adhesive backing.



NEW! TRIVARION™ BUFFERED IONTOPHORESIS ELECTRODES* AND ACTIVADOSE DELIVERY UNIT**

Uniquely shaped electrode conforms to virtually any treatment area.

Trivarion™ has a unique shape that makes it ideal for treating uneven sites like the elbow, shoulder, knee, finger, knuckle, Achilles tendon and carpal tunnel areas. New Carbon-Ag/AgCl technology delivers ions up to 80 mA-min with a precise pH balance. Large surface adhesion area and highly absorbent drug matrix eliminate the need for messy hydrogel.

Sold in boxes of 12 treatment kits. Each individually wrapped kit contains one active delivery electrode, one return electrode and one alcohol prep pad. Electrodes are single use, disposable, and non-sterile. Trivarion™ electrodes can be used with the **ActivaDose Iontophoresis Delivery Unit**** and are compatible with FDA-cleared constant current iontophoresis devices.

Treatment Kits (12 Treatments)		Fill Volume
NC89180B	Small	1.5 cc
NC89181B	Medium	2.0 cc
NC89182B	Large	3.5 cc



Each box contains 12 individually wrapped Trivarion™ Delivery Kits.

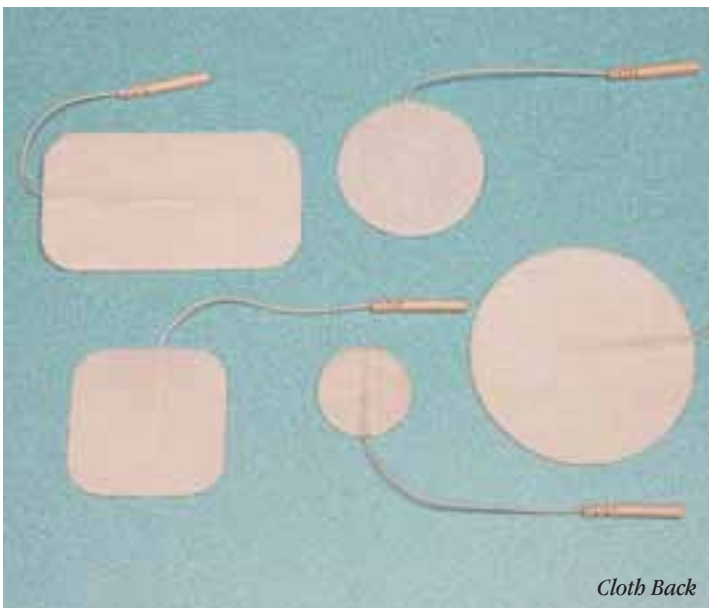
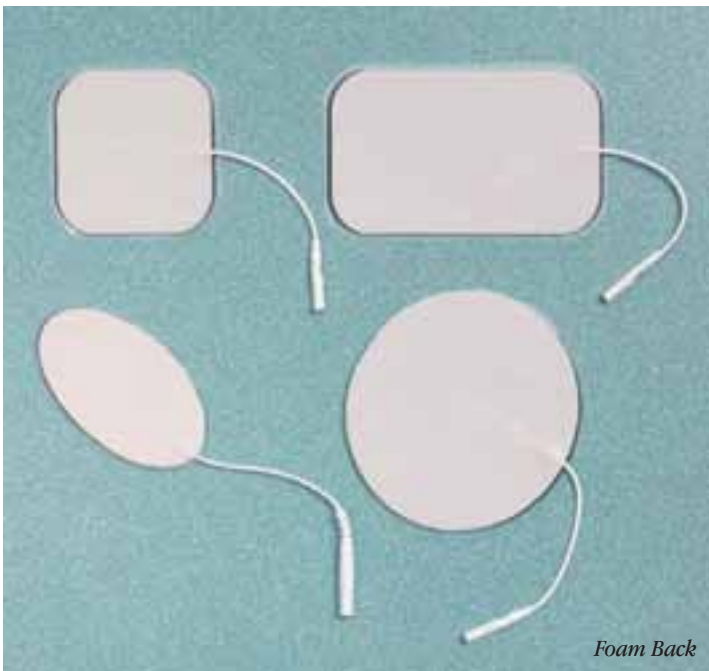
** Use under the supervision of a health care professional.*

ActivaDose Iontophoresis Delivery Unit**
NC89185

*** Federal law restricts this device to use by, or on the order of, a physician.*



Other iontophoresis electrodes, delivery units and untethered iontophoresis products are available. Visit our website for details.



NORTH COAST™ MULTI-USE ELECTRODES

TENS and muscle stimulation electrodes with MultiStick® Gel.

These solid gel electrodes demonstrate exceptional conformity while maintaining superior conductive capabilities. Features dual-layer adhesive gel. Latex free. Each flexible pigtail contains 1,000 strands of stainless steel, which is placed precisely against the conductive material. This high-performance electrode is backed by cloth or foam.

Foam Back

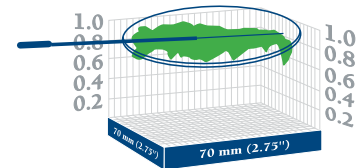
NC89281	Round	1¼"	(3.2 cm)	Pkg. of 4
NC89282	Round	2"	(5.1 cm)	Pkg. of 4
NC89283	Round	2¾"	(7.0 cm)	Pkg. of 4
NC89284	Square	2" x 2"	(5.1 x 5.1 cm)	Pkg. of 4
NC89285	Rectangle	2" x 3½"	(5.1 x 8.9 cm)	Pkg. of 4
NC89287	Rectangle	3" x 5"	(7.6 x 13 cm)	Pkg. of 2
NC89278	Oval	1½" x 2½"	(3.8 x 6.4 cm)	Pkg. of 4
NC89279	Oval	2" x 4"	(5.1 x 10 cm)	Pkg. of 4

Cloth Back

NC89231	Round	1¼"	(3.2 cm)	Pkg. of 4
NC89232	Round	2"	(5.1 cm)	Pkg. of 4
NC89233	Round	2¾"	(7.0 cm)	Pkg. of 4
NC89234	Square	2" x 2"	(5.1 x 5.1 cm)	Pkg. of 4
NC89235	Rectangle	2" x 3½"	(5.1 x 8.9 cm)	Pkg. of 4
NC89209	Rectangle	3" x 5"	(7.6 x 13 cm)	Pkg. of 2

*North Coast™ Multi-Use™ Electrodes
Provide Optimum Current Distribution*

- Enhance patient comfort during stimulation.
- Disperse current evenly across the electrode.
- Eliminate stinging, edge biting and hot spots.



MultiStick® patented two-layer adhesive gel

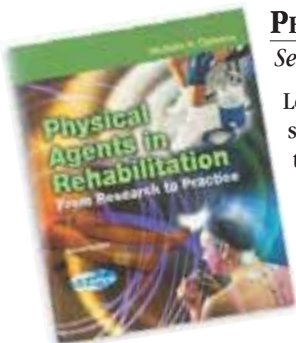
- Delivers uncompromised gel adhesion and performance.
- Eliminates performance problems associated with single-layer gels.
- Optimized for bonding to electrode.
- Designed for multiple applications to the skin.

**MultiStick®
ADVANTAGE**

**ELECTRODE
LAYER 2
LAYER 1**

SKIN

*MultiStick® is a registered trademark of Axelgaard Manufacturing Co., Ltd
Published test methodology available upon request.*



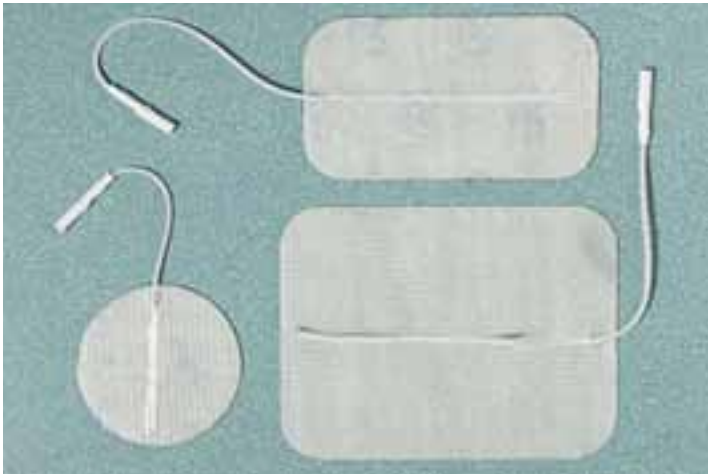
PHYSICAL AGENTS IN REHABILITATION—FROM RESEARCH TO PRACTICE

Second edition addresses the use of physical agents within a complete rehabilitation program.

Learn how and why physical agents should be integrated into a patient's treatment plan, and how to document for optimal reimbursement and minimal liability. Covers the benefits and correct application of thermal agents, hydrotherapy, traction, compression, ultrasound, electrical currents, and

electromagnetic radiation. Sections on electrical stimulation, newly revised International Disability standards (ICIDH model), updated Clinical Case Studies, Preferred Practice Patterns as defined by the APTA, Contraindications and Precautions, and step-by-step, illustrated Application Techniques are included. Features over 50 new illustrations and photographs. Hard cover, 582 pages. By Michelle H. Cameron, PT, OCS. Copyright 2003.

NC74458



PALS® PLATINUM ELECTRODES

Muscle stimulation and TENS electrodes with MultiStick® Gel.

PALS® Platinum Electrodes distribute current evenly across the electrode surface while reducing current at the edges. Knitted, stainless steel fabric and gel construction. For all TENS and FES applications.

Butterfly

NC89208	1 1/10" x 2 1/2" (2.8 x 6.4 cm)	(4)
NC89358	1 1/10" x 2 1/2" (2.8 x 6.4 cm)	(40)

Package

NC89200	Square	2" x 2"	(5.1 x 5.1 cm)	(4)
NC89201	Rectangular	1 1/3" x 2"	(3.4 x 5.1 cm)	(4)
NC89202	Rectangular	2" x 3 1/2"	(5.1 x 8.9 cm)	(4)
NC89203	Rectangular	3" x 4"	(7.6 x 10 cm)	(2)
NC89204	Rectangular	2" x 5"	(10 x 13 cm)	(2)
NC89205	Oval	3" x 5"	(7.6 x 13 cm)	(2)
NC89206	Oval	1 1/2" x 2 1/2"	(3.8 x 6.3 cm)	(4)
NC89207	Oval	2" x 4"	(5.1 x 10 cm)	(4)

Case

NC89350	Square	2" x 2"	(5.1 x 5.1 cm)	(40)
NC89351	Rectangular	1 1/3" x 2"	(3.4 x 5.1 cm)	(40)
NC89352	Rectangular	2" x 3 1/2"	(5.1 x 8.9 cm)	(40)
NC89353	Rectangular	3" x 4"	(7.6 x 10 cm)	(20)
NC89354	Rectangular	2" x 5"	(10 x 13 cm)	(20)
NC89355	Oval	3" x 5"	(7.6 x 13 cm)	(20)
NC89356	Oval	1 1/2" x 2 1/2"	(3.8 x 6.3 cm)	(40)
NC89357	Oval	2" x 4"	(5.1 x 10 cm)	(40)

Round (Package of 4)

NC89240	1 1/4" (3.2 cm)
NC89241	2" (5.1 cm)
NC89242	2 3/4" (7.0 cm)

Round (Case of 40)

NC89240C	1 1/4" (3.2 cm)
NC89241C	2" (5.1 cm)
NC89242C	2 3/4" (7.0 cm)

PALS® BLUE ELECTRODES

Ideal for extremely sensitive skin.

Easy-to-use electrodes offer maximum conformity. Knitted, stainless steel fabric is highly flexible and conformable. Maintains contact during muscle contraction and skin movement. For TENS or FES applications.

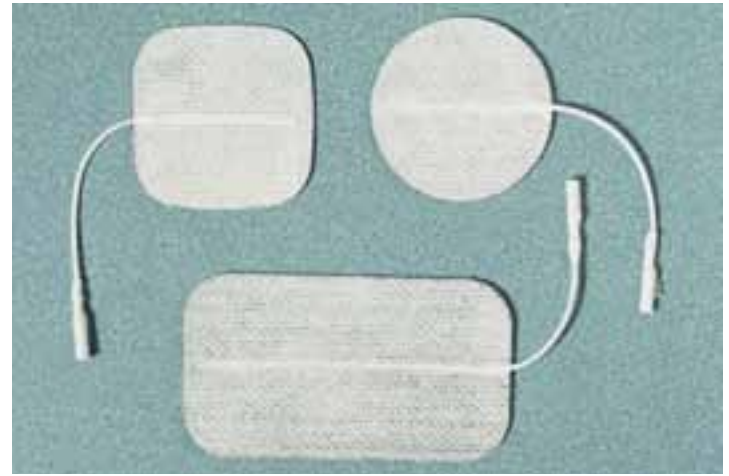


Package of 4

NC89248	Square	2" x 2"	(5.1 x 5.1 cm)
NC89249	Rectangular	1 1/2" x 3 1/2"	(3.8 x 8.9 cm)

Case of 40

NC89248C	Square	2" x 2"	(5.1 x 5.1 cm)
NC89249C	Rectangular	1 1/2" x 3 1/2"	(3.8 x 8.9 cm)



VALUTRODE® ELECTRODES

High-quality, economical, reusable electrodes.

Self-adhesive, carbon electrodes feature strong leadwire strength, conformability and comfort. Thin, 2 mm leadwire contains over 1000 strands of stainless steel as the current carrier. MultiStick® Adhesive Gel provides durability, longevity and performance. For all TENS and FES needs.

Package

NC89220	Round	1 1/4"	(3.2 cm)	(4)
NC89221	Round	2"	(5.1 cm)	(4)
NC89222	Round	2 3/4"	(7.0 cm)	(4)
NC89223	Square	2" x 2"	(5.1 x 5.1 cm)	(4)
NC89224	Rectangular	1 1/2" x 3 1/2"	(3.8 x 8.9 cm)	(4)
NC89225	Rectangular	2" x 3 1/2"	(5.1 x 8.9 cm)	(4)
NC89226	Rectangular	3" x 5"	(7.6 x 13 cm)	(2)
NC89227	Rectangular	4" x 7"	(10 x 18 cm)	(1)
NC89228	Rectangular	5" x 8"	(13 x 20 cm)	(1)
NC89229	Oval	1 1/2" x 2 1/2"	(3.8 x 6.3 cm)	(4)
NC89230	Oval	2" x 4"	(5.1 x 10 cm)	(4)

Case

NC89220C	Round	1 1/4"	(3.2 cm)	(40)
NC89221C	Round	2"	(5.1 cm)	(40)
NC89222C	Round	2 3/4"	(7.0 cm)	(40)
NC89223C	Square	2" x 2"	(5.1 x 5.1 cm)	(40)
NC89224C	Rectangular	1 1/2" x 3 1/2"	(3.8 x 8.9 cm)	(40)
NC89225C	Rectangular	2" x 3 1/2"	(5.1 x 8.9 cm)	(40)
NC89226C	Rectangular	3" x 5"	(7.6 x 13 cm)	(20)
NC89227C	Rectangular	4" x 7"	(10 x 18 cm)	(10)
NC89228C	Rectangular	5" x 8"	(13 x 20 cm)	(10)
NC89229C	Oval	1 1/2" x 2 1/2"	(3.8 x 6.3 cm)	(40)
NC89230C	Oval	2" x 4"	(5.1 x 10 cm)	(40)

NEW! VALUTRODE® LITE ELECTRODES

Neurostimulation electrodes are ultra-thin and economical.

New design maximizes flexibility to ensure conformity and comfort. MultiStick® Gel used on the ValuTrove® LITE is electrically matched to the conductive film for stimulation comfort. Features include an oversized edge and an anti-lift border that together reduce edge roll-up and ensure increased skin contact.



NC89325	Square	1 13/16" x 1 13/16"	(4.5 x 4.5 cm)	(4)
NC89325C	Square	1 13/16" x 1 13/16"	(4.5 x 4.5 cm)	(100)
NC89326	Rectangular	1 13/16" x 3 13/16"	(4.5 x 9.5 cm)	(4)
NC89326C	Rectangular	1 13/16" x 3 13/16"	(4.5 x 9.5 cm)	(100)

NEW! TENS CLEAN COTE®

Dressing wipes clean, disinfect and protect the skin.



This protective skin dressing wipe is ideal for use before applying electrodes. Increases electrode conductivity and adhesion while protecting the skin from adhesives. Prevents absorption of body oils into electrode gel. Single-use wipes are individually packaged in a box of 50.

NC89414 Box of 50



NEW! MULTI-DAY® ELECTRODES

Single-use stimulating electrodes are effective in heat and humidity.

Self-adhering and economical, these electrodes may be worn continuously for two to five days. Effective in high heat and humidity environments. Paper finger tab design offers easy one-step application and removal. Constructed of soft, spun lace for exceptional comfort.

Clear Gel Pin Connection

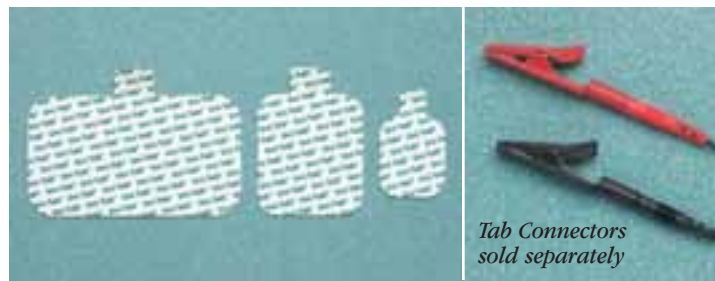
NC89405-1	Square	2¼" x 2½"	(5.7 x 6.3cm)	Pkg. of 32
NC89405-2	Square	2¼" x 2½"	(5.7 x 6.3cm)	Pkg. of 16
NC89405-3	Square	2¼" x 2½"	(5.7 x 6.3cm)	Pkg. of 40

Blue Gel Pin Connection

NC89406	Square	2¼" x 2½"	(5.7 x 6.3cm)	Pkg. of 40
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Clear Gel Snap Connection

NC89407	Square	2¼" x 2½"	(5.7 x 6.3cm)	Pkg. of 40
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NEW! UNI-TAB® ELECTRODES

A personal, hygienic application for electrode therapy.

Self-adhering, low-profile, and highly conformable electrodes are popular for clinical applications. Electrodes feature a carbon conductor, and a pictographic storage liner. Packaged in a resealable polyfoil bag. Reusable for a single patient. **Tab Connectors** allow for quick setup and easy disconnect. Sold separately.

Uni-Tab® Electrodes

NC89400	1¼" x 1½"	(3.2 x 3.8cm)	Pkg. of 90
NC89401	2" x 2¼"	(5.1 x 5.7cm)	Pkg. of 90
NC89402	4" x 2¼"	(10 x 5.7cm)	Pkg. of 90

Tab Connector	Fits
NC89403	2mm Pin (2)

NEW! PRE-TENS®

Improves conductivity and electrode adhesion in high heat or humidity environments.



Use Pre-TENS® skin prep before applying electrodes to reduce the occurrence of skin irritation while improving electrode adhesion and conductivity. The addition of anti-perspirant prevents electrode slippage, making this formula effective in high heat and humidity environments. Single patient use, 2 fl. oz. (59ml) bottle with convenient "dab-o-matic" applicator top. Also available in cases of 12 bottles.

NC89425	2 fl. oz. bottle (59ml)	Single
NC89425C	2 fl. oz. bottles (59ml)	Case of 12



NEW! CARBON ELECTRODES

For use with tape patches and conductive gel or self-adhering conductive pads.

These carbon silicone electrodes are used with conductive gel and tape patches or self-adhering conductive pads. Economical and long-lasting, these electrodes are reusable for up to four months.

Carbon Electrodes

NC89408	Square	1½" x 1¾"	(3.8 x 4.4cm)	Pkg. of 4
NC89409	Square with Velcro®	1½" x 1¾"	(3.8 x 4.4cm)	Pkg. of 4
NC89410	Rectangle	1¾" x 4"	(4.4 x 10cm)	Pkg. of 4



NEW! ZIMMER-TRODES SINGLE-USE ELECTRODES

Patented hydrogel adhesive provides maximum comfort.

Hygienic, single-use electrodes eliminate the repetitive tasks of washing, filing, and storing electrodes, increasing therapist productivity. Available in

assorted sizes to fit most applications. Patented glycerol coating provides maximum patient comfort and reduced skin irritation during pulsed current treatments. Environmentally friendly for disposal after every treatment.

Single-Use Electrodes

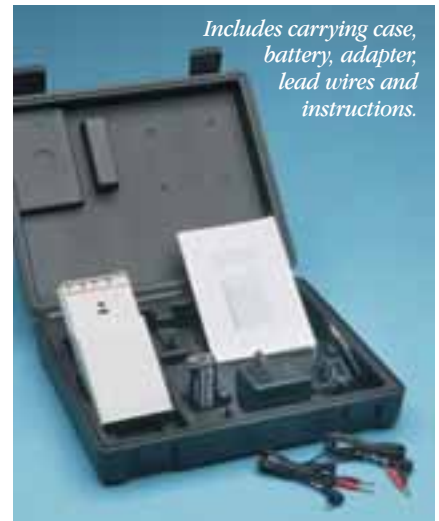
NC89306	Small	1¼" x 1½"	(3.2 x 3.8cm)	Box of 270
NC89306C	Small	1¼" x 1½"	(3.2 x 3.8cm)	Case of 1,350
NC89307	Round	2¼"	(5.7cm)	Box of 180
NC89307C	Round	2¼"	(5.7cm)	Case of 900
NC89308	Large	5" x 2¼"	(13 x 5.7cm)	Box of 90
NC89308C	Large	5" x 2¼"	(13 x 5.7cm)	Case of 450

Tabloc Adapters	Fits
NC89310	2mm Pin (2)
NC89311	4mm Banana-Clip (2)

Interferential Therapy (IF) delivers low amplitude current through the skin with higher amplitude current delivered to deeper tissue for more comfortable treatment than other waveforms.

IF Specifications	IF100
Channel	Manual selection Single with two-electrodes Dual with four-electrodes
Amplitude	0~±16 mA
Carrier Frequency	4000 Hz, Fixed
Interference Frequency	4001~4150 Hz
Difference Frequency	1~150 Hz
Waveform	Symmetric biphasic square pulse
Timer	N/A
Frequency Shifts	1/1 abrupt, continuous, 8/8 abrupt, 10/10 ramped
Power Supply	9 volt DC battery and AC adapter
Loading	500 Ohm
Size	3 5/8" x 1 1/8" x 1 1/4" (9.2 x 2.9 x 3.2 cm)
Weight	4.7 oz. (134 grams) with battery
Low Battery Indicator	Yes

IF uses the strong physiological effects of low frequency electrical stimulation of muscle and nerve tissues without the associated painful and unpleasant side effects of such stimulation. To produce low frequency effects at sufficient intensity at depth, most patients experience discomfort in the superficial tissues. This is due to the resistance of the skin being inversely proportional to the frequency of the stimulation. The skin impedance at 50 Hz is approximately 3200 ohms while at 4000 Hz it is reduced to about 40 ohms. This higher frequency passes more easily through the skin, requiring less electrical energy input to reach deeper tissues, reducing discomfort.



Includes carrying case, battery, adapter, lead wires and instructions.

ECO-STIM™ IF100 INTERFERENTIAL UNIT

Easy-to-operate controls with no complex programming.

The IF100 is an interferential stimulation device for symptomatic relief and management of chronic pain and/or as adjunctive treatment in the management of post surgical and post-traumatic acute pain. Powered by battery or AC adapter (both included). Four frequency options. Sliding cover helps protect the controls from accidental movement.

NC88410

Replacement Lead Wires

NC88410-LW



TENS Specifications	TENS 210
Channels	Two, Independently controlled
Output Current	1~80 mA into a 500 ohm Constant Current
Output Voltage	0~100 Volts
Pulse Rate	2~150 Hz
Pulse Width	30~260 μs
Waveform	Symmetric, biphasic rectangular pulse
Timer*	30 or 60 minutes, or continuous
<i>*TENS 210T has a timer</i>	
Patient Compliance Timer	No
Stimulation Mode	Continuous, Burst, Modulation
Power Supply	9 Volt DC battery (included)
Size	3 3/4" x 2 5/8" x 1 5/16" (9.4 x 6.6 x 2.3 cm)
Weight	4 oz. (114 grams) with battery
Low Battery Indicator	No

***New!* TENS 210 AND 210T**

Affordable, easy-to-use, two-channel TENS unit for symptomatic relief of aches and pains.

The TENS 210 battery-operated two-channel transcutaneous electrical nerve stimulator creates electrical impulses that help relieve nerve, muscle and joint pain. Intensity, duration, number per second and modulation of those impulses can be altered with easy-to-use controls or switches, all in a lightweight, portable package. Useful in managing conditions of post-surgical and post-traumatic acute or chronic pain. Provides continuous, modulated and burst modes. Pulse frequency and width may be set independently. The TENS 210T includes a timer that may be set to 30 or 60 minutes. One-year warranty.



TENS 210



TENS 210T with timer

- NC89420 TENS 210
- NC89421 TENS 210T (w/ timer)
- NC89420-LW Replacement Lead Wires



Portable TENS units.

Transcutaneous electrical nerve stimulation (TENS) is a drug-free method of pain relief that is used to treat a wide variety of muscle and joint problems, as well as many other painful conditions. TENS uses electrical impulses to stimulate the nerve endings at or near the site of pain, diminishing the pain and replacing it with a tingling or massage-like sensation.

Each electrotherapy unit includes a carrying case, lead wires, electrodes and a battery.

TENS Specifications	AT100	DT100
Channel	Dual, Isolated between channels	Dual, Isolated between channels
Amplitude	0~15 mA	0~40 volts
Pulse Rate	2~150 Hz	2~150 Hz
Pulse Width	60~250 μ s	50~300 μ s
Waveform	Asymmetric biphasic square pulse	Asymmetric biphasic square pulse
Timer	30, 60, Constant	5~90 mins. or continuous final count down indicator: during final 5 mins, the clock symbol flashes
Patient Compliance Timer	No	60 sets operation memory Total recorded time: 999 hours
Stimulation Mode	Burst, Modulation, Normal	Burst, Normal, MRW, SD, Bi-Pulse
Power Supply	9 Volt DC battery	9 Volt DC battery
Size	3 1/2" x 2 1/2" x 1 1/8" (8.9 x 6.4 x 2.9 cm)	4" x 2 3/8" x 1" (10 x 6.0 x 2.5 cm)
Weight	4.4 oz. (124 grams) with battery	4.4 oz. (124 grams) with battery
Low Battery Indicator	No	Yes

ECO-STIM™ AT100 TENS UNIT

Fully adjustable parameters, including pulse frequency, width and amplitude.

This easy-to-operate unit provides basic functions for general TENS applications. Fully adjustable parameters offer temporary relief from acute or chronic pain such as back pain, sports injury and general muscle pain. Three modes of operation. Adjust timer for a 30 minute, 60 minute or constant time frame. Analog controls.



NC88414

ECO-STIM™ DT100 TENS UNIT

Digital control panel for easy operation.

LCD displays mode, battery indicator, channel output, pulse rate and width. A patient compliance timer records both individual time use, frequency, and cumulative time that the device has been used.



NC88412

Portable Muscle Stimulation Units.

Electrical Muscle Stimulation (EMS) is predominately used to prevent or reduce muscle atrophy usually experienced after surgeries or injuries. EMS also is used as a means of increasing blood flow to muscles, increasing range of motion, increasing muscle strength, as well as enhancing muscle endurance. EMS will have pain management attributes in regards to muscle-related pain, such as spastic, sore or tight muscles. A TENS device is more suited for nerve related pain conditions (acute and chronic conditions).

Each electrotherapy unit includes a carrying case, lead wires, electrodes and a battery.

EMS Specifications	AS100	DS100
Channel	Dual, Isolated between channels	Dual, Isolated between channels
Amplitude	0~15 mA	0~40 mA
Pulse Rate	2~120 Hz, adjustable	2~120 Hz, adjustable
Pulse Width	250 μ s fixed	50~ 300 μ s
Ramp	1~8 seconds, adjustable	1~8 seconds, adjustable
Contraction (On) Time	1~30 seconds, adjustable	2~99 seconds, adjustable
Relaxation (Off) Time	1~45 seconds, adjustable	2~99 seconds, adjustable
Waveform	Asymmetric biphasic square pulse	Asymmetric biphasic square pulse
Timer	No	5~90 mins. or continuous.
Patient Compliance Timer	No	60 sets operation memory Total recorded time is 999 hours
Stimulation Mode	Synchronous, Constant, Alternate	Synchronous, Constant, Alternate
Power Supply	9 Volt DC battery	9 Volt DC battery
Size	3 5/8" x 2 1/2" x 1" (9.2 x 6.4 x 2.5 cm)	4" x 2 3/8" x 1" (10 x 6.0 x 2.5 cm)
Weight	4.7 oz. (134 grams) with battery	4.4 oz. (124 grams) with battery
Low Battery Indicator	No	Yes

ECO-STIM™ AS100 MUSCLE STIMULATOR

Minimize degeneration that occurs following partial denervation or immobilization.

The ramp of the AS100 can be adjusted from one to eight seconds. Parameters include ramp, pulse amplitude, pulse frequency, contraction time and relaxation time. Analog controls.



NC88413

ECO-STIM™ DS100 MUSCLE STIMULATOR

Portable design is easy to use anywhere.

Designed for muscle exercise and treatment of sport injuries. A series of stimulated contraction and relaxation phases enables users to build, tone and strengthen muscles. Unit features a patient compliance timer that records individual use time, frequency and the cumulative time that the device has been used.



NC88411

NEW! SONICATOR®

Take these versatile, portable ultrasound units anywhere to treat patients.

This lightweight, portable therapeutic ultrasound unit meets all international safety standards. Available in two models. **Sonicator® 740** is a 1 and 3 MHz unit with a 5 cm²/applicator. Features a universal applicator cable for fast and easy applicator changes, large soft-touch controls and easy-to-read backlit liquid crystal display. Ultrasound may be delivered in continuous or 10, 20 or 50% pulsed modes. For additional convenience and mobility, an optional rechargeable lithium ion battery pack is available.

Sonicator® 740x has all the features of the Sonicator® 740 and includes the following three applicators: 5 cm²/dual frequency, 10 cm²/1MHz, and 1 cm²/3 MHz. All three applicators can be stored directly on the unit for quick access and maximum treatment flexibility at all times. Weighs 3.8 lbs. (1.7kg) without battery, 4.5 lbs. (2.0kg) with battery, and measures 13½" x 9½" x 7" (34 x 24 x 18cm). Two-year warranty. Call for freight quote.



Sonicator® 740x
Includes all three applicators.

	Sonicator® 740	Ultrasound Applicators
NC88432	Sonicator® 740	NC88432-1 10 cm ² /1MHz
NC88431	Sonicator® 740x	NC88432-2 5 cm ² /1 and 3MHz
NC88432-BR	Rechargeable Battery Pack	NC88432-3 1 cm ² /3MHz



Sonicator® Plus 994

SYS*STIM® 294

Easy-to-use, four-channel neuromuscular stimulator with six stimulation waveforms.

Waveforms include Interferential, Premodulated, Medium Frequency, Biphasic, High Volt and Microcurrent. Up to four different treatment protocols may be run simultaneously for maximum treatment flexibility. Soft-touch control knobs allow easy adjustment of stimulation intensity. Measures 13⅜" x 6" x 4⅜" (34 x 15 x 11cm). Two-year warranty. Call for freight quote.

NC88425

SYS*STIM® 226

Lightweight, portable design.

This versatile, easy-to-use neuromuscular stimulator unit meets virtually any clinical need. Broad range of waveforms includes Interferential, Premodulated, Medium Frequency and Biphasic with adjustable phase duration and frequency. Selection of treatment modes includes Surge, Reciprocation, Surge with Reciprocation and Vector Rotation. Run two separate treatment protocols simultaneously using the two-timer mode. Measures 13⅜" x 6" x 4⅜" (34 x 15 x 11cm). Two-year warranty. Call for freight quote.

NC88424



SONICATOR® PLUS COMBINATION THERAPY UNITS

Combines ultrasound with electrical stimulation in one compact unit.

This 1MHz and 3MHz ultrasound unit features multiple electrical stimulation waveforms and a dual frequency 5 cm² applicator for maximum utility. Easy-to-use membrane panel is designed for quick setup. Available in three models. Two-year warranty on the unit, one-year warranty on the applicator and cable.

Sonicator® Plus 930 features three electrical stimulation waveforms: Interferential, Premodulated and Medium Frequency. Convenient cradle holds the ultrasound applicator between treatments. Up to three treatment protocols may be run simultaneously on three different timers. Measures 12" x 12" x 6" (31 x 31 x 15cm).



Sonicator® Plus 930

Sonicator® Plus 992 is a two-channel combination unit that features six electrical stimulation waveforms: Interferential, Premodulated, Medium Frequency, Biphasic, High Volt and Microcurrent. Up to three different treatment protocols may be set up simultaneously. Measures 10" x 14½" x 5" (25 x 37 x 13cm).

Sonicator® Plus 994 is a four-channel combination unit that features six electrical stimulation waveforms: Interferential, Premodulated, Medium Frequency, Biphasic, High Volt and Microcurrent. Up to five different treatment protocols may be set up simultaneously. Measures 10" x 14½" x 5" (25 x 37 x 13cm). Call for freight quote.

NC88426	Sonicator® Plus 930	3ES-2 channel
NC88427	Sonicator® Plus 992	6ES-2 channel
NC88428	Sonicator® Plus 994	6ES-4 channel

Easy-to-manage system combines electrical stimulation and ultrasound units and features storage and data retrieval.

INTELECT® LEGEND XT COMBINATION SYSTEM WITH CART

Portable electrotherapy and ultrasound unit is available in two or four channel models.

- Modular design allows channels to be added later. Six waveforms include Interferential, Premodulated, High-Volt, Russian, Symmetrical Biphasic and Microcurrent. Features a 5" (13cm) high-contrast monochrome LCD.
- Includes a 5 cm² ultrasound applicator with ergonomic design for all clinical needs. Applicator features an indicator light.
- Use the Patient Data Management (PDM) system for efficient and accurate documentation. Complete session parameters can be stored on Patient Data Cards using the built-in card reader. Includes five Patient Data Cards. Additional cards are available in packs of 25.
- Pain profiles are recorded with a Visual Analog Scale, Numeric Pain Index and Pain Map Profile for each patient. Create electrode placement diagrams to improve the consistency of care. Session notes are also accessible for each therapy session. User-defined protocols make it possible to customize any waveform and store it by name.
- Efficient, space-saving cart features an integrated cord management system to minimize the tangling of cords. Six concealed bins store therapy accessories such as gels, towels and electrodes close at hand.
- Lead wires have a rip-stop feature and color-coded connectors to easily distinguish between channels. Optional operator remote allows treatment start, stop or pause at any time as well as amplitude change. Remote fits comfortably in the hand. Call for freight quote.



Comprehensive patient profiles and session notes can be stored for easy reference during therapy sessions.



Easy-to-navigate, high-contrast LCD.

Six concealed compartments for storing gels, towels, electrodes, and other accessories.

Clean, modular, easily portable design.

Intellect® System with Cart

NC88406-2C	2 Channel Combination
NC88406-4C	4 Channel Combination

Intellect® Accessories

NC88380	Patient Data Cards (25)
NC88381-1	1 cm ² Applicator
NC88381-2	2 cm ² Applicator
NC88381-3	5 cm ² Applicator
NC88381-4	10 cm ² Applicator
NC88382-1	Operator Remote Channels 1, 2
NC88382-2	Operator Remote Channels 3, 4

Carrying Case

NC88406-2B

NEW! SONICATOR® PLUS 940 COMBINATION THERAPY UNIT

Four channel unit combines electrical stimulation with ultrasound.

This 1 and 3 MHz unit has eight treatment waveforms that are available on all four channels: Interferential, Premodulated, Medium Frequency (Russian), EMS, High Volt, TENS, Microcurrent and Direct Current (DC). Membrane panel and back-lit LCD touch panel allow quick setup of treatment parameters. Comes with 61 preset programs and space for 80 user-defined programs. Measures 4 9/10" high x 13 5/10" wide x 10 1/2" deep (12 x 35 x 27cm). Dual-frequency 5.5 cm², 1/3 MHz applicator is included. An optional dual-frequency 2 cm² applicator also is available. Two-year warranty on unit, one-year warranty on applicator and cable. Call for freight quote.



Sonicator® Plus 940

0.9 cm² Applicator



5.5 cm² Applicator

NC88429	Sonicator® Plus 940
NC88429-1	Replacement 5.5 cm ² 1/3MHz Applicator
NC88429-2	Optional 0.9 cm ² 1/3MHz Applicator



TRANSEPTIK® CLEANSING SOLUTION

Cleans ultrasound transducer/probe surfaces.

This multi-purpose spray does not contain chlorides, phenol or glutaraldehyde. Ideal for cleaning diagnostic and therapeutic ultrasound transducer/probe surfaces between examinations. Helps to prevent transducer membrane swelling.

NC70470 250 ml (8 1/2 fl. oz.)

NEW! THERMASONIC® GEL WARMER

Maintains contents at body temperature with minimal electrical demand.

Holds one or up to three 12 oz. (355ml) bottles, depending on the model. High-density, impact-resistant composite with heat indicator lamp, hospital-grade plug and power cord. Multi-bottle unit has an illuminated on/off power switch and adjustable thermostat. Units may be wall mounted or set on a countertop. UL and CSA listed.



- NC89371 Single-bottle 120V
- NC89371-1 Single-bottle 230V
- NC89373 Multi-bottle 120V
- NC89373-1 Multi-bottle 230V

NORTH COAST™ ULTRASOUND GEL

High viscosity gel can be used for a variety of therapeutic procedures.

This water-soluble, high-viscosity gel (100,000 to 120,000 cps) is free of salt, alcohol and perfume. The pH range is 6.5 to 7.5 and the density range is 1.02 to 1.05. Over 90% coupling efficiency. Conductive, non-corrosive gel is sold in a 250 ml (8½ fl. oz.) squeeze bottle and a 5 liter (1⅓ gallon) squeezable dispenser that comes with a 250 ml (8½ fl. oz.) squeeze bottle for easy dispensing.

Bottle: 250 ml (8½ fl. oz.)

NC70479 Single

Dispenser: 5 liter (1⅓ gallon)

NC70479-5 Single

NC70479-5C Case of 4



Dispenser includes squeeze bottle for easy handling.



Three bottle model

BOTTLE WARMER

Ensures consistent heating of gel and safely isolates electrical components.

These stainless steel warmers maintain contents just above body temperature. Holds one to four 12 oz. (355ml) bottles, depending on the model. Features include an illuminated on/off rocker switch, adjustable temperature control, industrial heating element, powder-coat finish and a 6' (1.8m), grounded power cord. Two-year warranty.

One bottle

NC70492-1 6" x 5" x 5" (15 x 13 x 13cm)

Two bottle

NC70492-2 6" x 8" x 5" (15 x 20 x 13cm)

Three bottle

NC70492-3 6" x 11" x 5" (15 x 28 x 13cm)

Four bottle

NC70492-4 6" x 15" x 5" (15 x 38 x 13cm)



ECOLOTION® TRANSMISSION LOTION

Conductive medium is an excellent alternative to ultrasound gels.

Unlike gels, EcoLotion® can be rubbed into the skin after treatment, reducing patient discomfort and clean-up time. This conductive and non-corrosive lotion has a rich texture, pleasant smell and is free of salt and alcohol. Available with or without aloe vera. Sold in a 5 liter (1⅓ gallon) squeezable dispenser. Refillable 250 ml (8½ fl. oz.) squeeze bottle is included for easy dispensing.

5 liter (1.3 Gallons) Dispenser

NC70481 Lotion

NC70482 Lotion with Aloe Vera



AQUASONIC® 100 ULTRASOUND TRANSMISSION GEL AND POLYSONIC® ULTRASOUND LOTION

Maintains contact with minimum pressure.

Aquasonic® 100 Ultrasound Transmission Gel is water-soluble, hypoallergenic and non-greasy. This acoustically correct conductivity medium will not irritate tissue. Spreads quickly and evenly, and unlike other gels, requires minimum pressure to maintain contact. Easy cleanup. The 5 liter (1⅓ gallon) squeezable dispenser is sold in a SONICPAC® that includes a refillable dispenser bottle.

Polysonic® Ultrasound Lotion is water-soluble, hypoallergenic and non-staining. Moisturizes skin while enhancing electrotherapy. Provides superior ultrasound transmission throughout a broad range of frequencies. Gallon jug is packaged with a smaller bottle for easy dispensing.

Aquasonic® 100 Ultrasound Transmission Gel

NC70462 250ml (8½ fl. oz.) Tube

NC70463 1 liter (⅓ gallon) Dispenser

NC70464 5 liter (1⅓ gallon) Dispenser

Polysonic® Ultrasound Lotion

NC70460 250ml (8½ fl. oz.) Bottle

NC70461 3.8 liter (1 gallon) Dispenser



Model 610

— Air glide roller ball glides smoothly over bare skin or clothing, eliminating the use of messy gels and oils.

— Ergonomically designed handle reduces fatigue.

Model 300



— Acupressure endpoint delivers precise compression to sore trigger points.

GLIDEPOINT MASSAGE TOOLS

Ergonomically designed tools can be applied to soft tissue for longer periods of time without creating itching or numbness.

The air glide roller ball on the **Glidepoint 300** moves smoothly over bare skin or clothing without requiring massage gels and oils. This model is ideal for foot self-massage. When the Glidepoint 300 is placed on the floor, the user's body weight applies pressure with a minimum of effort.

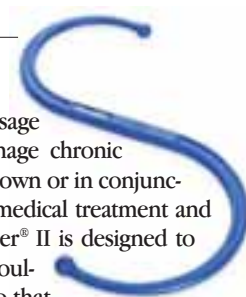
Glidepoint Wand Massager 610 has an extended, textured handle for easy grip and maneuverability. Ergonomically designed handle reduces hand fatigue and facilitates greater massage pressure. An acupressure endpoint on the handle is ideal for precise compression of sore trigger points.

- NC92208-1 Model 300
- NC92208 Model 610



BACKNOBBER® II

Simple, deep-muscle self-massage tool.



This deep-muscle massage tool helps people manage chronic muscular pain on their own or in conjunction with professional medical treatment and therapy. The Backnobber® II is designed to be hooked over the shoulder or under the arm so that one of the two ends can be pressed into the muscles of the upper or lower back or neck. The Backnobber® II's natural shape and dimension allow the user to apply as much pain-releasing pressure for as long as required. Made of a highly durable, polymer composite molded in the shape of an "S". A locking mechanism allows it to be taken apart for convenient storage or travel. Fits into an average size briefcase or overnight bag.

NC92202



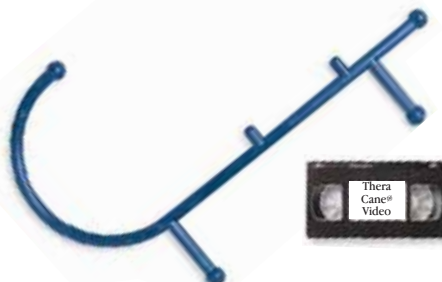
Knobs serve as hand holds for self-applied massage.

THERA CANE®

Ideal tool for self-management of soft tissue syndromes.

Use Thera Cane® to treat trigger points associated with myofascial pain syndrome. The curved, fiberglass cane has several knobs for easy use. Little force is required to apply pressure to trigger points. An instructional video is available separately.

- NC92220 Thera Cane®
- NC92221 Video



JACKNOBBER® II

Applies deep pressure.



Help relieve muscle stiffness, fatigue and painful spasms with the Jacknobber II. Two small knobs and two large knobs offer precise control. Place on the floor or against a wall and lean on the upright knob for different massaging exercises. Instructions included. Color may vary.

NC92201

NEW! OAKWORKS® PORTABLE MASSAGE TABLES

Available in One™ (economy) and Aurora™ (standard) models to suit your needs.

These durable, lightweight massage tables feature:

- Patented cable lock system constructed of quality hardwood and aircraft tested cables.
- Wooden Easy-Adjustment Knobs with oil- and dirt-resistant grips.
- High-density, multi-layer semi-firm padding for longevity and comfort.
- Super soft, earth-friendly TerraTouch™ upholstery in Sage or Ocean Blue color as indicated.
- Durable, heavy-duty leg extensions.
- Call for freight quote.



Oakworks® One™ Table

Available in Ocean Blue (shown) and Sage.



Aurora™ table

Available in Sage.

Classic Face Rest
Available in Sage.



NEW! OAKWORKS® ONE™

Economy model is one incredible value.

Portable table features face rest outlets at both ends. Includes arm hammock, adjustable face rest and pad, access end panel, shiatsu cables and carrying case with shoulder strap and large zippered pocket.

- Length x Width: 73" x 30" (185 x 76cm).
- Height: 24" to 34" (61 to 86cm).
- Weight: Approximately 34 lbs. (15kg).
- CA 117 compliant.
- Weight capacity: 500 lbs. (227kg).

NC82091 Sage
NC82091-1 Ocean Blue

NEW! OAKWORKS® AURORA™

Durable, lightweight table transports easily.

- Length x Width: 73" x 30" (185 x 76cm).
- Height: 24" to 34" (61 to 86cm).
- Weight: 25 to 29 lbs. (11 to 13kg).
- Weight capacity: 550 lbs. (249kg).

NC82090 Sage

NEW! CLASSIC FACE REST

Adds up to 12" (30cm) to portable tables.

Provides excellent access to head, neck and shoulder while prone or supine. Strong, lightweight aluminum. Durable, powder-coated scratch-resistant finish. Includes Memory Plus Crescent face rest.

NC82093 Sage



BIOTONE® DUAL-PURPOSE MASSAGE CREAM

Combines the benefits of both oil and lotion.

Dual-purpose, silky massage cream has a rich, smooth consistency for even application. Remains effective without frequent re-application. Softens and moisturizes skin without a greasy feel.

Tube

NC70234 7 fl. oz. (207ml)

Jars

NC70231 14 fl. oz. (414ml)

NC70232 36 fl. oz. (1 liter)

NC70235 1 gallon (3.8 liter)



FREE-UP® SOFT TISSUE MASSAGE CREAM

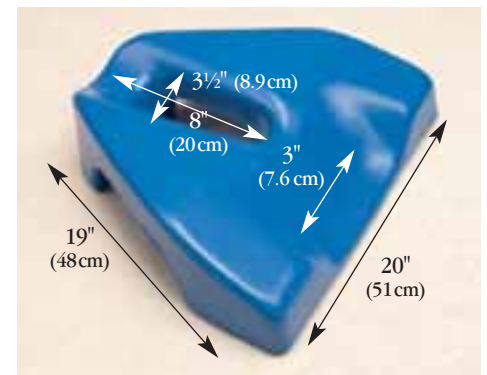
Superb medium is formulated exclusively for healthcare professionals.

Excellent soft-tissue medium for surface or deep-tissue massage. Provides great glide, promoting exceptional tissue sense to fingers and hands. Safe, quality formula is bacteriostatic. Does not contain beeswax or fragrance. Not oily or slick. Does not inhibit deep tissue perception or discrimination.

NC70227 Unscented 16 fl. oz. (473ml)

NC70228 Scented 8 fl. oz. (236ml)

NC70229 Scented 16 fl. oz. (473ml)



PRŌN PILLŌ™

Support the head, neck and shoulders during massage.

Increase comfort during massage by elevating and supporting the head, neck and shoulders in a natural position. Durable pillow conforms to body contours yet returns to its original shape. Measures 19" long x 20" wide x 4" deep (48 x 51 x 10cm). Cutout measures 3½" wide x 8" long (8.9 x 20cm) and the lip measures 3" (7.6cm) wide. May be cleaned with disinfectant.

NC92343



PRELIM™ PROFESSIONAL GRADE BALM, LOTION AND CREAMS

Selection of formulas are ideal for band therapy and scar tissue massage.

The entire **Prelim™** family of hypoallergenic massage products is free of fragrance and beeswax, the perfect choice for people with sensitive or hypersensitive skin. Each of these products has its own unique characteristics and properties. Choose the formula that best suits specific needs. Prelim™ is available in **Balm, Lotion, Soft Tissue Cream** and a **Dual-Action Cream** that is specially designed for both soft-tissue massage and deep-tissue mobilization.

PRELIM™ BALM

Creates surface friction for massaging large areas.

Contains carnauba, coconut oil and lanolin for moisturizing. Special formula creates surface friction so that large areas or muscle groups can be massaged without frequent re-application. Ideal for use with scar tissue massage tools such as probes, roller ball sticks or vibrators.



Balm
NC31201 15 oz. (425g)

PRELIM™ LOTION

Softens, moisturizes and replenishes skin.

This penetrating, non-greasy, professional-grade therapeutic lotion is formulated with cocoa butter, mineral oil, glycerin and vitamin E. Recommended for scar tissue and retrograde massage, and for use on burn, trauma and surgical scars. Squeeze tube allows for easy dispensing.



Lotion
NC31202 2 oz. (57g)

PRELIM™ SOFT TISSUE CREAM

Moisturize and massage scar tissue.

Prelim™ Soft Tissue Cream is ideal for surface or deep-tissue massage. Moisturizes the skin and provides glide and tissue perception over scar tissue and adhesions without friction, oiliness or slickness.



Soft Tissue Cream
NC31203 16 oz. (454g)

NEW! PRELIM™ DUAL-ACTION CREAM

Easy-glide formula massages and moisturizes.

Extra smooth formula applies like a rich cream and works like an oil, achieving the performance benefits of both textures. Provides easy glide and a consistency that offers excellent workability and absorbency. Softens and moisturizes the skin with no greasy feel.



Dual-Action Cream
NC31198 15 oz. (425g jar)

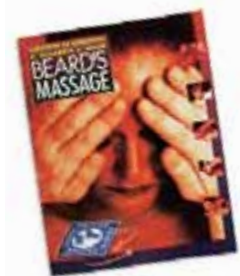


NEW! PROSSAGE™ HEAT

Provides gentle heat and area specific, controlled glide.

Prossage™ Heat is an all-natural, warming medium that consists of safflower seed oil, menthol, lanolin and lavender oil. Specially formulated for deep-tissue work, myofascial release and trigger point therapy. The combination of heat and friction increases blood flow and oxygen, reducing spasms. Prossage™ Heat makes it easier to hook the deep fascia, allowing the professional to work faster and more efficiently. Soft-tissue release is deeper and faster, resulting in muscle relaxation at the joints and tendons, reducing or eliminating trigger points, myofascial pain, tendonitis and cartilage degeneration due to progressive joint arthritis.

NC70067 3 oz. (85g)
NC70067-1 8 oz. (227g)
NC70067-2 32 oz. (907g)



BEARD'S MASSAGE

Guide to soft-tissue massage.

Topics include stroking, pressure and percussion manipulations, draping and positioning, equipment and more. Contains 320 descriptive illustrations with directional arrows. Soft cover, 185 pages. By Giovanni De Domenico and Elizabeth C. Wood. Fourth edition, copyright 1997.

NC35120

Heat attachment

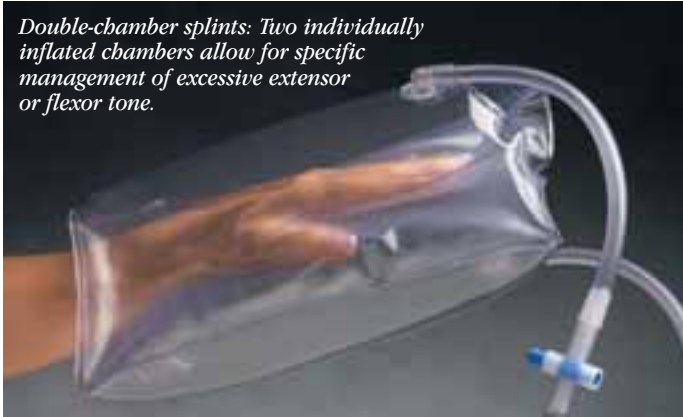


WAHL® COMFORT VIBRATORS

Heat adds therapeutic comfort to massage.

Includes seven attachments to fit a variety of body contours. The Wahl® 8 Way Comfort Vibrator also includes a heating head attachment (replacement heat attachment sold separately). Two speeds: 60 cycles per second at low speed and 120 cycles per second at high speed. Both of these lightweight units weigh 1 lb. (.45kg). and measure 6½" (17cm) in length. Durable nylon casing houses a quiet, 120 volt, 16 watt motor. Fits in the hand comfortably.

NC70203 Wahl® 8 Way Vibrator w/ Heat
NC70203-1 Replacement Heat Attachment
NC70204 Wahl® 7 Way Vibrator



Double-chamber splints: Two individually inflated chambers allow for specific management of excessive extensor or flexor tone.



Single-chamber splints: Provide all-over, even pressure.



URIAS® AIR SPLINTS

Transparent air splints facilitate correct positioning and support compression.

Made of durable PVC sheeting with an inner layer that provides superior molding around the limb. Latex-free splints are open at both ends. Plastic zipper closure for easy donning and doffing. Use to immobilize the distal joints and to restore motion and control at the proximal joints. Apply to limb and inflate using a filter and a disposable mouthpiece (sold separately). Filters help prevent moisture from accumulating in splints. Filters change color to indicate the need for replacement. Clean with warm, soapy water. To size, measure the length of the extremity. Measurement equals the length of the splint before inflation.

Adult		Splint Length	Chambers
NC13004	Hand	8" (20cm)	Double
NC13009	Hand/Wrist	12" (30cm)	Double
NC13002	Half Arm	21" (53cm)	Single
NC13001	Short Arm	27" (69cm)	Single
NC13000	Long Arm	31" (79cm)	Single
NC13003	Elbow	14" (36cm)	Single
NC13013-60	Small Leg (no foot)	22" (56cm)	Double
NC13013-70	Large Leg (no foot)	26" (66cm)	Double
NC13013-F	Foot	12½" (32cm)	Single
Child		Splint Length	Chambers
NC13011-20	Infant Arm	8" (20cm)	Single
NC13011-30	Infant Arm	12" (30cm)	Single
NC13011-40	Infant Arm	15¾" (40cm)	Single
NC13012-20	Child Arm	8" (20cm)	Single
NC13012-30	Child Arm	12" (30cm)	Single
NC13012-40	Child Arm	15¾" (40cm)	Single
NC12999	Child Arm	19¾" (50cm)	Single
NC13012	Child Hand	8" (20cm)	Double
NC13014-30	Child Leg (no foot)	12" (30cm)	Double
NC13014-40	Child Leg (no foot)	15¾" (40cm)	Double
NC13005	Mouthpieces (100)		
NC13006	Filters (5)		

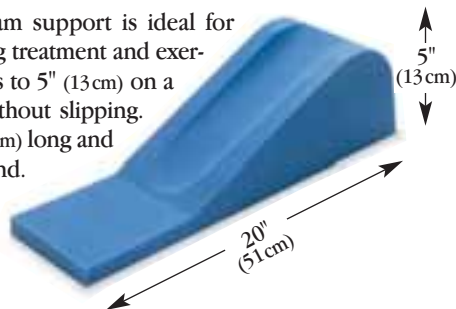


FOAM ARM SUPPORT

Assist edema control and protect flaccid extremities.

This contoured, solid foam support is ideal for positioning the arm during treatment and exercise. Positions and elevates to 5" (13cm) on a lapboard, table or bed without slipping. Support measures 20" (51cm) long and 5" (13cm) high at the tall end.

NC94133

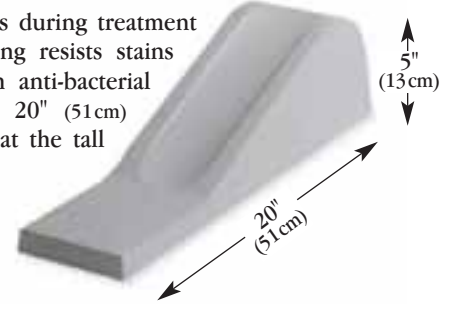


VINYL COATED FOAM ARM SUPPORT

Support can be sterilized for clinic use.

Ideal for positioning arms during treatment and exercise. Vinyl coating resists stains and can be washed with anti-bacterial soap. Support measures 20" (51cm) long and 5" (13cm) high at the tall end.

NC94136





ANCHOR™ RIGID STRAPPING TAPE

Corrective and preventative taping for shoulder, patellofemoral and lower extremity.

Anchor™ Rigid Strapping Tape is a strong-adhering, rayon-backed, zinc oxide, brown fabric tape that can be used for realignment techniques like correcting patella glide. **Anchor™ Fix** is a non-woven, hypoallergenic, white fabric underwrap that is used under Anchor™ Rigid Strapping Tape when the tape must be secure under extreme stress and/or sweat, as with knee or shoulder taping. Latex-free, acrylic adhesive is better tolerated by skin and helps to alleviate skin trauma when regularly taping with Anchor™ Rigid Strapping Tape. **Anchor™ Rigid Strapping Kit** includes one roll of 1½" (3.8cm) Anchor™ Rigid Strapping Tape, one roll of 2" (5.1cm) Anchor™ Fix, 10 Adhesive Remover Wipes (NC20418) and 10 Skin Prep/Barrier Wipes (NC20421).



Anchor™ Rigid Strapping Tape 15 yd. (14m) Rolls

NC22000-01	1½" (3.8cm)	1 Roll
NC22000-05	1½" (3.8cm)	5 Rolls
NC22000-30	1½" (3.8cm)	30 Rolls

Anchor™ Fix 10 yd. (9.1m) Rolls

NC22001-2	2" (5.1cm)	1 Roll
NC22001-2C	2" (5.1cm)	12 Rolls
NC22001-4	4" (10cm)	1 Roll
NC22001-4C	4" (10cm)	12 Rolls

Anchor™ Rigid Taping Kit

NC22003	(1)
NC22003-12	(12)



TAPING TECHNIQUES: PRINCIPLES AND PRACTICE

Practical handbook of functional taping techniques.

Second edition covers taping techniques for treatment of muscle imbalances, unstable joints and neural control. New techniques include Mulligan and proprioceptive taping and other recent innovations. Also covers stabilization techniques and the theory and principles of unloading painful structures. Softcover, 240 pages. Copyright 2004. By Rose MacDonald.

NC20705



COVER-ROLL® STRETCH

Use as an underwrap tape or use to cover wounds.

Bandage is non-woven, air permeable, self-adhesive and hypoallergenic. Stretches and conforms to bony areas. Available in 2" or 4" (5.1 or 10cm) widths. Sold in 2 or 10 yd. (1.8 or 9.1m) rolls. Latex free.

2 yd. (1.8m) Rolls

NC20192	2" (5.1cm)	(1)
NC20192-12	2" (5.1cm)	(12)
NC20190	4" (10cm)	(1)
NC20190-12	4" (10cm)	(12)

New! 10 yd. (9.1m) Rolls

NC20194	2" (5.1cm)	(1)
NC20194-12	2" (5.1cm)	(12)
NC20191	4" (10cm)	(1)
NC20191-12	4" (10cm)	(12)



LEUKOTAPE® P SPORTSTAPE

Use as a positioning tape.

High tensile-strength tape with rayon backing can be used to facilitate retraining of muscles. Ideal for patellofemoral and shoulder taping. Rubber-based adhesive holds tape securely in place so that the therapist can reposition tissue. Tape measures 1½" (3.8cm) wide. Sold in 15 yd. (14m) rolls.

NC20196-1	1 roll
NC20196-5	Box of 5 rolls
NC20196	Box of 30 rolls



Available in three widths.

ATHLETIC TAPE

Great holding power for extremity taping.

Made of strong, 100% bleached cotton fabric. Zinc oxide adhesive helps prevent irritation. Latex free. Specially treated cloth backing helps prevent excessive perspiration entrapment. Non-elastic, rigid tape adheres strongly, but unwinds easily and consistently. Rolls measure 15 yds. (14m).

15 yd. (14m) Rolls

NC35140-10	1" (2.5cm)	48 rolls
NC35140-15	1½" (3.8cm)	32 rolls
NC35140-20	2" (5.1cm)	24 rolls

Skin Prep Wipes

Adhesive Remover Wipes



SKIN PREP/BARRIER WIPES

Helps protect skin from irritants and contaminants.

Forms a protective barrier between the skin and adhesive products. Reduces the chance of excoriation. Nonsterile, 2-ply. Individually packaged in a box of 50.

NC20421 (50)

ADHESIVE REMOVER WIPES

Clean surfaces for redressing.

Gently removes adhesive residue. Contains skin-softening aloe. Non-sterile, 2-ply. Individually packaged in a box of 100.

NC20418 (100)

KINESIO® TEX GOLD™ TAPE

High-quality, elastic tape designed for maximum range of motion.

This durable, latex-free tape is water-resistant and can be worn up to four days without irritation, even during strenuous exercise or hydrotherapy. The heat-activated adhesive will not leave any residue when removed. Kinesio® Tape has 140% elasticity, the same basic elasticity found in skin and muscles. This allows the tape to work with the body, providing full support and stability without adversely affecting the natural range of motion. Ideal for patellofemoral treatment, shin splints, plantar fasciitis, rotator cuff injuries and carpal tunnel syndrome.

Kinesio® Tex Gold™ 16.4' (5m) rolls

NC89035-202	Beige	2" (5.1cm)	(6)
NC89035-203	Blue	2" (5.1cm)	(6)
NC89035-204	Red	2" (5.1cm)	(6)
NC89035-205	Black	2" (5.1cm)	(6)

Kinesio® Tex Gold™ 103' (31.4m) Bulk roll

NC89035-332	Beige	2" (5.1cm)	(1)
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CLINICAL KINESIO® TAPING DVD

Introduction, explanation and application of the Kinesio® Taping Method.

Certified Kinesio® Taping Instructor Jim Wallis, MS, ATC, demonstrates step-by-step application of Kinesio® Taping Techniques. Color, 41 minutes. Copyright 2000. NC89048



CLINICAL THERAPEUTIC APPLICATIONS OF THE KINESIO® TAPING METHOD

Corrective application techniques for advanced Kinesio® taping.

Describes six corrective application techniques in detail: mechanical, fascia, space, ligament/tendon, functional and lymphatic. Addresses specific treatment of clinical conditions. Soft cover, 198 pages with numerous photographs. By Kenzo Kase, DC, Jim Wallis, MS, ATC and Tsuyoshi Kase. Copyright 2003. NC89047



NEW! KINESIO® TAPING IN PEDIATRICS

Fundamentals and whole body taping for infants through adolescents.

By Kenzo Kase, DC, Founder of the Kinesio® Taping Method, Patricia Martin, PT, CKTI and Audrey Yasukawa, MOT, OTR/L, CKTI. Copyright 2006. NC60012



NEW! KINESIO® TAPING FOR LYMPHOEDEMA AND CHRONIC SWELLING

Step-by-step instructions for over 108 applications.

By Kenzo Kase, DC, founder of the Kinesio® Taping Method, Kim Rock Stockheimer, MS, OTR/L, CKTI. Acknowledgement by Professor Neil Piller. Copyright 2006. See page 85 for a more detailed description. NC60011



KINESIO® PRO SCISSORS

Great for cutting sticky items.

High-carbon, stainless steel cutting surfaces on these blades remain sharp for years. Coated with black carbon and fluorine resin that enables easy, clean cuts without leaving adhesive residue.

NC89046



MEFIX®

Use as tape or to secure dressings.

Non-woven, 100% polyester fabric with a non-irritating adhesive. Latex free. Porous and non-absorbing. Minimizes fluid strike-through. Use to affix gauze, tubes, cannulas, topical dressings and drainage devices. Each roll measures 11 yds. (10m).

NC65210	1" (2.5cm)
NC65220	2" (5.1cm)
NC65240	4" (10cm)
NC65260	6" (15cm)
NC65280	8" (20cm)



FOAM UNDERWRAP

Protects skin from tape irritation.

Strong, waterproof and washable underwrap conforms to the body and accommodates tissue expansion. Non-adhesive and latex free. Each roll measures 2 3/4" x 30" (7.0cm x 76cm).

NC20700-48 Box of 48



LIGHTPLAST® PRO

Elastic tape is ideal for strapping ankles, wrists and bands.

Offers comfortable, light and cool protection. Cotton/spandex blend conforms to body movement. Resists moisture, holds securely. Each roll measures 5 yds. (4.6m).

NC12622-10	1" (2.5cm)	48 rolls
NC12622-15	1 1/2" (3.8cm)	32 rolls
NC12622-20	2" (5.1cm)	24 rolls
NC12622-30	3" (7.6cm)	16 rolls



Provides compression and support as a soft restriction splint.



No scissors required.



Make quick and easy light compression wraps.



Secure splints while providing edema compression.



Latex-Free Color Pack

DEMA™ WRAP

Lightweight, cohesive wrap provides support and compression.

Dema™ Wrap is comfortable to wear and easy to apply. Conforms to even the most difficult-to-bandage areas. Dressings are held in place without tape, pins or clips because Dema™ Wrap adheres only to itself and will not stick to hair or skin. Use to support sprains/strains and also apply compression for edema restriction. Economical for use as a bandage and as a replacement for tape when securing dressings and catheters. Rolls measure 5 yds. (4.6m) long. Also available in Latex-Free beige or Color Pack.

Standard Beige	Width	
NC68500	1" (2.5 cm)	30 Rolls
NC68501	2" (5.1 cm)	36 Rolls
NC68502	3" (7.6 cm)	24 Rolls
NC68503	4" (10cm)	18 Rolls
Latex-Free Beige	Width	
NC68510	1" (2.5 cm)	30 Rolls
NC68511	2" (5.1 cm)	36 Rolls
Latex-Free Color Pack	Width	
NC68513	2" (5.1 cm)	36 Rolls



MOLINPIC TAPE

Tape provides excellent soft-tissue support.

Ideal for use as flexible support when weaning off a rigid splint, recovering from sports injuries or when support for weak tendons is required. Self-adherent, elastic tape won't stick to skin, clothes or hair. Available in red or blue. Each roll measures 2" x 4 yds. (5.1cm x 3.7m).

4 yd. (4.1m) Rolls	
NC12648-2	Red 2" (5.1cm)
NC12649-2	Blue 2" (5.1cm)

ECONOMY COTTON ELASTIC BANDAGES

Economical, latex-free bandages are a great value.

These latex-free, woven cotton bandages can be used for support and compression, or to secure dressings, ice, splints or casts. Wash bandage with a mild detergent and warm water on a gentle cycle. Each individually sealed bandage includes two elastic clips. Stretched length measures 4½ yds. (4.1m).

Box of 10 Rolls - 4½ yd. (4.1m)

NC20082	2" (5.1cm)
NC20083	3" (7.6cm)
NC20084	4" (10cm)
NC20086	6" (15cm)

PROFESSIONAL COTTON ELASTIC BANDAGES

Latex-free bandages provide controlled pressure.

Similar to the Economy Cotton Elastic Bandages sold left, these Professional bandages have about 30% less stretch. Woven cotton construction ensures improved comfort, reusability and breathability. Each individually sealed bandage includes two elastic clips. Stretched length measures 5 yds. (4.6m).

Box of 10 Rolls - 5 yd. (4.6m)

NC20072	2" (5.1cm)
NC20073	3" (7.6cm)
NC20074	4" (10cm)
NC20076	6" (15cm)

FABRIFOAM® NUSTIMWRAP™

Four-way stretch wrap offers support and compression.

Made of a patented fabric and foam composite material that provides moderate elasticity. Use these non-neoprene, latex-free wraps to hold hot and cold packs. Sold in boxes of three wraps.



Box of 3 Wraps

NC20092-1	2½" x 18" (6.4 x 46cm)
NC20092-2	2½" x 36" (6.4 x 91cm)
NC20092-3	2½" x 48" (6.4 x 120cm)
NC20092-4	4" x 18" (10 x 46cm)
NC20092-5	4" x 36" (10 x 91cm)
NC20092-6	4" x 48" (10 x 120cm)
NC20092-7	6" x 18" (15 x 46cm)
NC20092-8	6" x 36" (15 x 91cm)
NC20092-9	6" x 48" (15 x 120cm)



NEW! IMAK® ARTHRITIS GLOVES

Mild compression helps control and decrease joint pain and swelling.

Use IMAK® Arthritis Gloves to relieve the aches, pains and stiffness of arthritis. May also help with hand fatigue and other types of hand and wrist pain, neuropathy of the hands and poor circulation. Made from soft, breathable cotton LYCRA®, which allows skin to breathe and keeps hands dry. Open fingertips permit better gripping and tactile sensation. Comfortable enough to use all day and night. Sold in pairs. Hand wash and air dry. Latex free.

Width at Knuckles

NC53108-1	Small	Up to 3½" (Up to 7.9 cm)
NC53108-2	Medium	Up to 3½" (Up to 8.9 cm)
NC53108-3	Large	Up to 4" (Up to 10 cm)



IMAK® Arthritis Glove Sizing

To size, measure hand width at knuckles as indicated.



DEMA® GRIP COMPRESSION STOCKINETTE

Economical cotton compression stockinette for edema care.

Made of cotton and elastic stockinette. Latex free. Dema® Grip self-adjusts to provide consistent pressure over contours. Can be washed or autoclaved. Each roll measures 33' (10m). Available in natural and beige.

Natural	Size	Flat Width	Beige	Size	Flat Width
NC42500	A	2" (5.1 cm)	NC42601	B	2½" (6.4 cm)
NC42501	B	2½" (6.4 cm)	NC42602	C	2¾" (6.9 cm)
NC42502	C	2¾" (6.9 cm)	NC42603	D	3" (7.6 cm)
NC42503	D	3" (7.6 cm)	NC42604	E	3½" (8.9 cm)
NC42504	E	3½" (8.9 cm)	NC42605	F	4" (10 cm)
NC42505	F	4" (10 cm)	NC42607	G	4¾" (12 cm)
NC42507	G	4¾" (12 cm)			
NC42508	J	6¾" (17 cm)			
NC42509	K	8" (20 cm)			
NC42510	L	10" (25 cm)			
NC42511	M	12¾" (30 cm)			

Using the flat width to determine size:

- Measure circumference of the area needing compression.
- Divide measurement in half.
- Select the size closest to the measurement.

IMPROVED! ISOTONER® THERAPEUTIC GLOVES

Smooth, two-way stretch fabric provides gentle, even compression to help prevent edema.

The Arthritis Foundation® found that “the gloves potentially can provide an improvement in ease of use as an addition to other treatments in edema control and grip strength.” Made of 80% nylon and 20% spandex. Latex free. Available in either **Open** or **Full Finger** styles. Open finger design offers extra mobility. All seams are on the outside of the glove for smooth comfort. Area around base of the thumb is free of seams. Provides moderate compression of approximately 25 to 35mm Hg pressure. Compression is estimated from palm circumference at MP joints. Machine wash in cold water on delicate cycle. Lay flat to dry. Gloves are unisex sized for both men and women. Sold in pairs. Guaranteed for one year against defects in material and workmanship.

Open Finger		MP Circumference
NC53022-0	X-Small	4½" to 5½" (11 to 14 cm)
NC53022-1	Small	5½" to 6½" (14 to 17 cm)
NC53022-2	Medium	6½" to 7½" (17 to 19 cm)
NC53022-3	Large	7½" to 8½" (19 to 22 cm)
Full Finger		MP Circumference
NC53023-0	X-Small	4½" to 5½" (11 to 14 cm)
NC53023-1	Small	5½" to 6½" (14 to 17 cm)
NC53023-2	Medium	6½" to 7½" (17 to 19 cm)
NC53023-3	Large	7½" to 8½" (19 to 22 cm)



Isotoner® Glove Sizing

Measure circumference around the MP joints as indicated to determine size.



Isotoner® Full Finger Gloves



Isotoner® Open Finger Gloves

Features all outside seams and finished edges. Base of thumb is seam free.

Open cuff for easy donning and doffing.

Open fingers help improve mobility.

Material extends to cover painful joints.

Comfortable glove fits left or right hand.



NEW! ELVAREX® SEAMLESS GLOVE

Seamless glove delivers increased comfort.

Seamless design provides more comfort in the management of lymphedema. Features include finished finger stub ends for increased durability, correct anatomical design, reinforced zone between the thumb and index finger, and reinforced wristband for easier donning and doffing. Reduced compression at the wrist prevents a doubling of compression when worn with a JOBST® Ready-to-Wear Armsleeve (page 83). Compression also is reduced at the finger stubs, preventing a tourniquet effect. Glove has a mean compression average of 20-30 mmHg. Sold individually. To size, measure palm and wrist circumference. Beige color.

	Size	Palm Circumference	Wrist Circumference
NC60061-1	1	6¼" to 6⅞" (16 to 17cm)	5" to 5¾" (13 to 15cm)
NC60061-2	2	6⅞" to 7½" (17 to 19cm)	5¾" to 6¼" (15 to 16cm)
NC60061-3	3	7½" to 8" (19 to 20cm)	6¼" to 6⅞" (16 to 17cm)
NC60061-4	4	8" to 8⅝" (20 to 22cm)	6⅞" to 7½" (17 to 19cm)
NC60061-5	5	8⅝" to 9¼" (22 to 23cm)	7½" to 8" (19 to 20cm)
NC60061-6	6	9¼" to 9¾" (23 to 25cm)	8" to 8⅝" (20 to 22cm)

SWELL SPOTS™

These inserts are ideal for treating swollen and fibrotic areas that are not helped with simple bandaging.

Swell Spots™ feature an enhanced, quilted channel system. Made of cotton-based fabric and soft, lightweight foam chips. Use to treat lymphedema and tissue fibrosis. Save time, no need to make chip bags. Machine washable and latex free. Patent Number 5,976,099.

Dorsal Spot: Use primarily on the dorsum of the hand and foot. Works well under edema gloves and compression wraps. Small Dorsal Spot measures 3¹⁵/₁₆" x 3¹/₈" (10 x 7.9cm). Large Dorsal Spot measures 5⁷/₈" x 3³/₁₆" (15 x 9.0cm).

Oval Spot: Ideal for areas such as the axilla and inside a carpal tunnel splint. Measures 7¹/₂" x 3¹/₈" (19 x 7.9cm).

Katina Spot: Ideal for areas such as the ulna or tibia. Small Katina Spot measures 15" x 3¹⁵/₁₆" (38 x 10cm). Large Katina Spot measures 16¹/₂" x 7¹/₁₆" (42 x 18cm).

- NC60020-2 Small Dorsal Spot
- NC60020-3 Large Dorsal Spot
- NC60020-6 Oval Spot
- NC60020-8 Small Katina Spot
- NC60020-7 Large Katina Spot



Other shapes are available. Call or visit www.ncmedical.com.

COMPRESSION GLOVES

Made of unbleached cotton, nylon and spandex. Provides gentle compression (approximately 15-25 mmHg pressure) to relieve lymphedema and other types of hand edema. Frequent machine washing and drying will enhance the performance of these gloves. All glove styles are open tipped. Sold individually. To size, measure both MP and wrist circumferences. Refer to the sizing charts below.

Compression Gloves Sizing Chart

Sizing for Style 02			Sizing for Styles 14 and 34		
Size	Fits MPs	Fits Wrists	Size	Fits MPs	Fits Wrists
S	17.5 to 18.4 cm (6⅞" to 7¼")	14.0 to 15.0 cm (5½" to 5⅞")	S	18.4 to 19.5 cm (7¼" to 7⅞")	13.5 to 14.5 cm (5⅜" to 5⅞")
M	18.4 to 19.5 cm (7¼" to 7⅞")	14.5 to 15.6 cm (5⅞" to 6¼")	M	19.5 to 20.5 cm (7⅞" to 8⅛")	14.0 to 14.9 cm (5½" to 5⅞")
L	19.5 to 20.5 cm (7⅞" to 8⅛")	15.0 to 16.0 cm (5⅞" to 6¼")	L	20.5 to 21.4 cm (8⅛" to 8⅞")	14.4 to 15.6 cm (5⅞" to 6¼")
XL	20.5 to 21.5 cm (8⅞" to 8⅝")	15.6 to 16.5 cm (6¼" to 6½")	XL	21.4 to 22.5 cm (8⅞" to 8⅞")	15.0 to 16.0 cm (5⅞" to 6¼")
XXL	21.5 to 22.5 cm (8⅞" to 8⅞")	16.0 to 17.0 cm (6¼" to 6⅞")	XXL	22.5 to 23.5 cm (8⅞" to 9¼")	15.6 to 16.5 cm (6¼" to 6½")

Regular Length:*

Style 02: Outside seams. Long finger length to nail area. Overall length to wrist crease. Darts on dorsum for extra compression.

*Also available with the finger length to PIP. Call for information.



Style 02

Style 14: Outside seams. Long finger length to nail area beyond DIP. Overall length to wrist crease. No darts on dorsum side. Fits left or right hand.

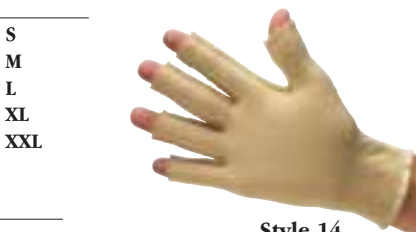
*Also available with the finger length to PIP. Call for information.

Regular Length Style 02

Left	Right	
NC60030-1	NC60030-2	S
NC60030-3	NC60030-4	M
NC60030-5	NC60030-6	L
NC60030-7	NC60030-8	XL
NC60030-9	NC60030-10	XXL

Regular Length Style 14
Fits left or right hand.

NC60031-1	S
NC60031-2	M
NC60031-3	L
NC60031-4	XL
NC60031-5	XXL



Style 14

Long Length:*

Style 34: Glove length is 6.0 to 7.0 cm (2³/₈" to 2⁷/₈") proximal to wrist. Outside seams, long finger length to nail area. No darts on dorsum side. Fits left or right hand.

*Also available with the finger length to PIP. Darts on dorsum for extra compression. Fits left or right hand. Call for information.

Long Length Style 34

Fits left or right hand.

NC60032-1	Small
NC60032-2	Medium
NC60032-3	Large
NC60032-4	X-Large
NC60032-5	XX-Large



Style 34

Components	Leg Kit	Arm Kit	Lower Leg Kit
Tricofix® D5		(1) 6cm x 20m (2.4" x 22 yd)	
Tricofix® E6			(1) 8cm x 20m (3.2" x 22 yd)
Tricofix® F7	(1) 10cm x 20m (3.9" x 22 yd)		
Elastomull®	(20) 4cm x 3.7m (1.6" x 4 yd)	(20) 4cm x 3.7m (1.6" x 4 yd)	(20) 4cm x 3.7m (1.6" x 4 yd)
Artiflex®	(2) 10cm x 3.4m (4.0" x 3.7 yd) (2) 15cm x 3.4m (6.0" x 3.7 yd)	(2) 10cm x 3.4m (4.0" x 3.7 yd) (2) 15cm x 3.4m (6.0" x 3.7 yd)	(3) 10cm x 3.4m (4.0" x 3.7 yd)
Comprilan®	(1) 6cm x 5m (2.4" x 5.5 yd) (1) 8cm x 5m (3.2" x 5.5 yd) (3) 10cm x 5m (4.0" x 5.5 yd) (4) 12cm x 5m (4.7" x 5.5 yd)	(1) 6cm x 5m (2.4" x 5.5 yd) (1) 8cm x 5m (3.2" x 5.5 yd) (5) 10cm x 5m (4.0" x 5.5 yd)	(1) 6cm x 5m (2.4" x 5.5 yd) (1) 8cm x 5m (3.2" x 5.5 yd) (3) 10cm x 5m (4.0" x 5.5 yd)
Leukoplast® hospital Surgical Tape	(1) 1.25cm x 9.2m (0.5" x 10 yd)	(1) 1.25cm x 9.2m (0.5" x 10 yd)	(1) 1.25cm x 9.2m (0.5" x 10 yd)
JOBST® Foam Rubber Pad	(1) Kidney Shape, 9cm x 1cm (3.5" x 0.4")	(1) Kidney Shape, 9cm x 1cm (3.5" x 0.4")	(1) Kidney Shape, 9cm x 1cm (3.5" x 0.4")
	NC60001	NC60002	NC60003



NEW! LYMPHCARE KITS

Kits offer a complete range of bandage products for lymphedema management.

LymphCare Kits offer a complete solution for compression bandaging of upper and lower extremities. Three kits are available: the **Leg Kit**, the **Arm Kit**, and the **Lower Leg Kit**. Components are listed in chart on left.

Components	Set 4 - Large Arms	Set 5 - Small Legs	Set 6 - Large Legs
tg® Tubular Bandage	(1) Size 7 (7.0cm x 20m)	(1) Size 9 (8.6cm x 20m)	(1) Size 9 (8.6cm x 20m)
Mollelast® Bandage	(20) 4cm x 4m (1.6" x 4.4 yd)	(20) 4cm x 4m (1.6" x 4.4 yd)	(20) 6cm x 4m (2.4" x 4.4 yd)
Kompres® Foam Rubber Bandage	(1) 10cm x 1m (4.0" x 1.1 yd) 1 cm thickness (0.4")	(1) 8cm x 1m (3.2" x 1.1 yd) 0.5 cm thickness (0.2")	(1) 10cm x 1m (4.0" x 1.1 yd) 1 cm thickness (0.4")
Cellona® Synthetic Padding	(4) 6cm x 3m (2.4" x 3.3 yd) (4) 10cm x 3m (4.0" x 3.3 yd)		
Rosidal® soft		(2) 10cm x 2.5m (4.0" x 2.7 yd) 0.3 cm thickness (.11") (2) 15cm x 2.5m (6.0" x 2.7 yd) 0.4 cm thickness (.16")	(3) 10cm x 2.5m (4.0" x 2.7 yd) 0.3 cm thickness (.11") (3) 15cm x 2.5m (6.0" x 2.7 yd) 0.4 cm thickness (.16")
Rosidal® K Bandage	(2) 6cm x 5m (2.4" x 5.5 yd) (2) 10cm x 5m (4.0" x 5.5 yd) (3) 12cm x 5m (4.7" x 5.5 yd)	(2) 6cm x 5m (2.4" x 5.5 yd) (2) 8cm x 5m (3.2" x 5.5 yd) (2) 10cm x 5m (4.0" x 5.5 yd) (4) 12cm x 5m (4.7" x 5.5 yd)	(2) 6cm x 5m (2.4" x 5.5 yd) (2) 8cm x 5m (3.2" x 5.5 yd) (4) 10cm x 5m (4.0" x 5.5 yd) (6) 12cm x 5m (4.7" x 5.5 yd)
Idealbinde®		(1) 20cm x 5m (7.9" x 5.5 yd)	(2) 20cm x 5m (7.9" x 5.5 yd)
	NC60005	NC60006	NC60007



NEW! ROSIDAL® LYMPHSET

Ready-to-use, time-saving sets.

These comprehensive sets contain all of the necessary components for a professional lymphological compression dressing. Three sets are available: Set 4 (for large arms), Set 5 (for small legs), and Set 6 (for large legs).

NEW! JOBST® READY-TO-WEAR ARMSLEEVE

Exceptionally soft and comfortable.

This durable, lightweight knit armsleeve assists in managing hypertrophic scarring and conditions that require compression following trauma, surgery or radiation therapy. Available in two compressions. The 15-20 mmHG line is for patients who cannot tolerate higher compression. Hand washable. Beige. To size, measure circumference at wrist and arm, as indicated below.



	Compression	Wrist	Mid-Lower	Mid-Upper
NC60064-1	S 15-20 mmHg	5 3/8" to 7 3/8"	7" to 9 1/8"	8 1/2" to 15 1/2"
NC60064-2	M 15-20 mmHg	6 1/8" to 8 1/2"	9 1/4" to 11 1/4"	10 3/8" to 17 3/4"
NC60064-3	L 15-20 mmHg	6 7/8" to 9 1/4"	11 3/8" to 13 1/2"	12 3/4" to 19 7/8"
	Compression	Wrist	Mid-Lower	Mid-Upper
NC60065-1	S 20-30 mmHg	5 3/8" to 7 3/8"	7" to 9 1/8"	8 1/2" to 15 1/2"
NC60065-2	M 20-30 mmHg	6 1/8" to 8 1/2"	9 1/4" to 11 1/4"	10 3/8" to 17 3/4"
NC60065-3	L 20-30 mmHg	6 7/8" to 9 1/4"	11 3/8" to 13 1/2"	12 3/4" to 19 7/8"

NEW! JOBST® READY-TO-WEAR GAUNTLET

Reduced compression at the wrist.

This soft, lightweight knit gauntlet is appropriate for edema and mild to moderate lymphedema. Provides a seamless fit when worn with the Ready-to-Wear Armsleeve (see left). May be worn alone. Available in 15-20 mmHG and 20-30 mmHG. Hand washable. Beige. To size, measure circumference at palm and wrist, as indicated below.



	Compression	Palm	Wrist
NC60062-1	S 15-20 mmHg	5 7/8" to 7 3/8"	5 3/8" to 7 3/8"
NC60062-2	M 15-20 mmHg	7 1/2" to 8 3/8"	6 1/8" to 8 1/2"
NC60062-3	L 15-20 mmHg	8 3/4" to 10 1/4"	6 7/8" to 9 1/4"
	Compression	Palm	Wrist
NC60063-1	S 20-30 mmHg	5 7/8" to 7 3/8"	5 3/8" to 7 3/8"
NC60063-2	M 20-30 mmHg	7 1/2" to 8 3/8"	6 1/8" to 8 1/2"
NC60063-3	L 20-30 mmHg	8 3/4" to 10 1/4"	6 7/8" to 9 1/4"

Reduced compression at the wrist for a seamless fit with armsleeves.

TG-TUBULAR™ BANDAGE STOCKINETTE

A great protective cover under all casting/wrapping applications, from small fingers to large body casts.

Fine, seamless, knitted tube made of 67% bleached cotton and 33% viscose. Material is tightly meshed and can be stretched laterally without creases.

For fingers, toes and children's hands:

Size 5: 5.6 cm x 20 m (2³/₁₆" x 22 yds.)

NC60024-5 (1)

NC60024-5C (10)

For arms, feet, and children's legs:

Size 6: 6.4 cm x 20 m (2¹/₂" x 22 yds.)

NC60024-6 (1)

NC60024-6C (10)

For legs, thighs and arms:

Size 7: 7.0 cm x 20 m (2³/₄" x 22 yds.)

NC60024-7 (1)

NC60024-7C (18)

For thighs and heads:

Size 9: 8.5 cm x 20 m (3³/₈" x 22 yds.)

NC60024-9 (1)



KOMPRES® FOAM RUBBER

Porous, synthetic, latex foam rubber is permeable to air and water. Lightweight with a soft surface. Cut to create customized shapes. Autoclavable at 250°F (121°C).

Roll:

8.0 cm x 2.0 m x 5.0 mm (3¹/₈" x 6¹/₂" x 3¹/₁₆")

NC60029-1 (1)

NC60029-1C (30)

Kidney shape: Size 0

10 mm x 9.0 cm x 5.0 cm (7¹/₁₆" x 3¹/₂" x 2")

NC60029-2 (1)

NC60029-2C (75)

Kidney shape: Size 1

10 mm x 12 cm x 6.5 cm (7¹/₁₆" x 12" x 6¹/₂")

NC60029-3 (1)

NC60029-3C (30)

Sheet:

10 mm x 1.0 m x 50 cm (7¹/₁₆" x 1.1 yd. x 20")

NC60029-4 (1)

NC60029-4C (10)



ELASTOMULL®

This flexible, comfortable, elastic bandage stays in place even with constant movement. 100% cotton, seamless, knitted gauze. High-density fabric has a soft, rich texture. Stretches to approximately twice its size. Non-sterile.

2.5 cm x 3.7 m (1" x 12')

NC20290-1 (24)

NC20290-1C (192)

5.1 cm x 3.7 m (2" x 12')

NC20290-2 (12)

NC20290-2C (96)

7.6 cm x 3.7 m (3" x 12')

NC20290-3 (12)

NC20290-3C (96)

10 cm x 3.7 m (4" x 12')

NC20290-4 (12)

NC20290-4C (96)



TRICOFIX®

This 100% cotton, seamless, knitted tube gauze will not fray when cut. Stretches lengthwise and crosswise for easy application. Sold in 20 m (22 yd) lengths.

6.0 cm x 20 m (2³/₈" x 22 yds.)

NC20259-6 (1)

NC20259-6C (10)

8.0 cm x 20 m (3¹/₈" x 22 yds.)

NC20259-8 (1)

NC20259-8C (10)

10 cm x 20 m (4" x 22 yds.)

NC20259-10 (1)

NC20259-10C (10)

12 cm x 20 m (4³/₈" x 22 yds.)

NC20259-12 (1)

NC20259-12C (10)



ROSIDAL™ SOFT

Ideally suited for padding under lymphological bandages. The interlocking open pores help ensure even pressure distribution of short-stretch bandages. Polyurethane foam is highly breathable and permeable to moisture. Tear resistant. Does not lose its elasticity after repeated washing. Latex free.

10 cm x 3 mm x 2.5 m (3¹⁵/₁₆" x 1/8" x 2³/₄ yds.)

NC60040-1 (1)

NC60040-1C (30)

10 cm x 4 mm x 2.5 m (3¹⁵/₁₆" x 3¹/₁₆" x 2³/₄ yds.)

NC60040-2 (1)

NC60040-2C (24)

12 cm x 4 mm x 2.5 m (4³/₄" x 3¹/₁₆" x 2³/₄ yds.)

NC60040-3 (1)

NC60040-3C (16)

15 cm x 4 mm x 2.5 m (5⁷/₈" x 3¹/₁₆" x 2³/₄ yds.)

NC60040-4 (1)

NC60040-4C (14)



CELLONA® SYNTHETIC PADDING

Use this self-conforming padding under any bandaging medium. Water-repellent, non-woven, polyester fabric. Each roll measures 3.7 m (4 yds.) long.

5.1 cm x 3.7 m (2" x 4 yds.)

NC60027-1 (12)

NC60027-1C (72)

7.6 cm x 3.7 m (3" x 4 yds.)

NC60027-2 (12)

NC60027-2C (72)



ARTIFLEX®

Use as padding under bandages to ensure even distribution of pressure. Non-absorbent. Autoclave at 250°F (121°C) for sterile application. Made of non-woven 40% polyester, 40% polypropylene and 20% polyethylene. Roll measures 10 cm x 3.4 m (3¹⁵/₁₆" x 3³/₄ yds.)

NC60028-1 (1)

NC60028-30 (30)



NEW! JOBST® FOAM PADS AND BANDAGES

These synthetic, latex foam pads and bandages distribute pressure evenly. Reusable. Hand wash and air dry.

Foam Pad: Kidney shape
9.0 x 1.0 cm (3¹/₂" x 2/5")

NC60068 (1)

Foam Bandage Roll

10 cm x 1.0 m x 1.0 cm (3¹⁵/₁₆" x 1.1 yd. x 3/8")

NC60069 (1)



Custom kits can be made
to your specifications.
Call for more information.



ROSIDAL® K BANDAGE

This durable bandage wrap is made of 100% cotton. One-way, medium stretch, longitudinally elastic with 90% maximum stretch. Two clips included. Machine wash. Each roll measures 5.0m (16½') long.

- 6.0 cm (2¾")
- NC60022-1 (1)
- NC60022-1C (108)
- 8.0 cm (3⅜")
- NC60022-2 (1)
- NC60022-2C (108)
- 10 cm (3⅞")
- NC60022-3 (1)
- NC60022-3C (90)
- 12 cm (4¾")
- NC60022-4 (1)
- NC60022-4C (54)



ISO BAND® FINISHED EDGE BANDAGE

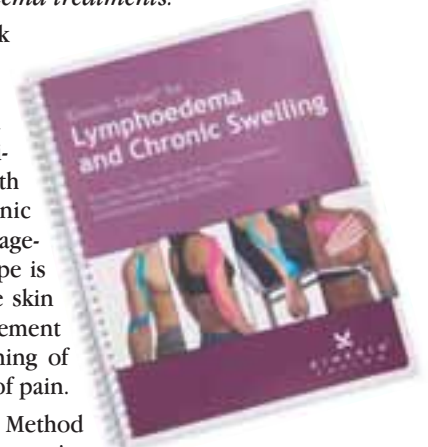
Large wrap for use with chip bags. One-way short stretch, longitudinally elastic with 90% maximum stretch for lasting comfort. Porous weave allows skin to breathe. Made of 85% cotton and 15% cellulose for superior comfort. May be washed and dried flat without losing any of its properties. Each roll measures 5.0m (16½') long.

- 14 cm (5½")
- NC60023-1 (1)
- NC60023-1C (50)
- 20 cm (7⅞")
- NC60023-2 (1)
- NC60023-2C (35)

NEW! KINESIO® TAPING FOR LYMPHOEDEMA AND CHRONIC SWELLING

Introduces unique techniques that compliment other "standard" lymphoedema treatments.

This easy-to-read book demonstrates step-by-step instructions of over 108 common and not-so-common applications associated with lymphoedema, chronic swelling and scar management. Kinesio® Tex Tape is applied directly to the skin and assists in the movement of muscles, repositioning of joints and alleviation of pain.



The Kinesio® Taping Method assists in the "lifting or creation of space" within the superficial skin, which decreases pressure while opening initial lymphatics. By allowing maximum muscle contraction and relaxation, efficiency of the deeper lymphatics also may be improved.

Full-color, spiral bound, 172 pages. Written by Kenzo Kase, DC and Kim Rock Stockheimer, MS, OTR/L, CKTI. Acknowledgement by Professor Neil Piller. Copyright 2006.

NC60011 See page 79 for more Kinesio® products.



KOMPRI BAND™

Prolonged memory offers excellent conformity. One-way, short stretch, medium compression wrap. Made of 100% unbleached cotton. Machine wash and dry. Each roll measures 5.0m (16½') long.

- NC60016-1 6.0 cm (2¾")
- NC60016-2 8.0 cm (3⅜")
- NC60016-3 10 cm (3⅞")
- NC60016-4 12 cm (4¾")



FINGERBAND™, TOEBAND™ AND HANDBAND™

Ideal for wrapping infant extremities. One-way, short stretch, medium compression wrap. Made of 100% unbleached cotton. Machine wash and dry. Rolls are 3.5m (11½') long.

- FingerBAND™
- NC60017-1 3.0 cm (1⅜")
- ToeBAND™
- NC60017-2 19 mm (¾")
- HandBAND™
- NC60017-3 4.0 cm (1⅞")



IDEALBINDE®

One-way, short stretch, strong compression wrap with 90% extensibility, durable elasticity. Ideal for use with chip bags. Made of 86% cotton and 14% viscose. Machine wash. May be boiled or sterilized at 250° F (121° C). Each roll measures 15 cm x 5.0m (5⅞" x 16½') long.

- NC60021 (1)
- NC60021C (60)



COMPRILAN®

Open weave, one-way, short stretch wrap offers consistent compression while allowing breathability. Longitudinally elastic with 90% maximum stretch. Durable, easy-care, 100% cotton. Machine wash and dry. Each roll measures 5.0m (16½') long.

- 4.0 cm (1½")
- NC20265 (1)
- NC20265C (20)
- 6.0 cm (2¾")
- NC20261 (1)
- NC20261C (20)
- 8.0 cm (3⅜")
- NC20263 (1)
- NC20263C (20)
- 10 cm (3⅞")
- NC20260 (1)
- NC20260C (20)
- 12 cm (4¾")
- NC20264 (1)
- NC20264C (20)



NEW! X-STATIC® TUBULAR COMPONENT

Forms a non-compressive protective layer between skin and bandages or casts.

Made of 10% X-Static® and 90% cotton or polyester. X-Static® fibers are 99.9% pure elemental silver which offers natural antimicrobial protection to help eliminate bacteria and odors. Available in 25 yd. (23m) rolls, in four widths. Latex free.

- NC60046-2 2" (5.1 cm)
- NC60046-4 4" (10 cm)
- NC60046-3 3" (7.6 cm)
- NC60046-6 6" (15 cm)





**TENDERWRAP®
UNNA BOOT BANDAGE**

Non-hardening, zinc oxide formulation.

Soft, non-raveling, 100% cotton gauze is impregnated with a non-hardening zinc oxide paste. Bandage remains flexible, encouraging patient ambulation and compliance. Conforms well to body contours and provides even compression. Gelatin-free and preservative-free bandages are individually wrapped in non-sterile packaging. Sold in boxes of 12.

3" x 10 yds. (7.6cm x 9.1m)

NC95209-3 (12)

4" x 10 yds. (10cm x 9.1m)

NC95209-4 (12)



**CURI-STRIP®
ADHESIVE WOUND CLOSURES**

Hypoallergenic adhesive secures wounds.

Conformable, spunbonded nylon backing that is free of reinforcing filaments for better movement. Helps minimize premature "pop-off" and formation of stress blisters. Highly porous backing for increased oxygen exposure. Superior moisture vapor transmission for minimal skin maceration.

5 per envelope, 50 envelopes per box

NC95200-1 1/8" x 3" (3.2mm x 7.6cm) (250)

6 per envelope, 50 envelopes per box

NC95200-2 1/4" x 1 1/2" (6.4mm x 3.8cm) (300)

NC95200-5 1/2" x 4" (13mm x 10cm) (300)

Bulk box

NC95200-6 1" x 4" (2.5 x 10cm) (100)



EXAM GLOVES

Available in a variety of choices.

Sterile Gloves are individually wrapped and sold in pairs.

Sterile: Box of 50

NC20511-0 Small

NC20511-1 Medium

NC20511-2 Large

Sterile, Latex-Free: Box of 50

NC20572-1 Small

NC20572-2 Medium

NC20572-3 Large

Nitrile Non-Sterile, Latex-Free and Powder-Free: Box of 100

NC20510-1 Small

NC20510-2 Medium

NC20510-3 Large

NC20510-4 X-Large

Non-Sterile, Latex-Free: Box of 100

NC20517-1 Small

NC20517-2 Medium

NC20517-3 Large

NC20517-4 X-Large

Non-Sterile, Latex: Box of 100

NC20518-1 Small

NC20518-2 Medium

NC20518-3 Large

NC20518-4 X-Large

Non-Sterile and Powder-Free: Box of 100

NC20519-1 Small

NC20519-2 Medium

NC20519-3 Large

NC20519-4 X-Large

Non-Sterile Vinyl, Powder-Free: Box of 100

NC20520-1 Small

NC20520-2 Medium

NC20520-3 Large

NC20520-4 X-Large



NEW! LISTER BANDAGE SCISSORS

Two sizes to suit your needs.

Blunt-sided utility scissors are made of stain-resistant steel to resist corrosion and rusting. Ideal for removing gauze or bandages. Blunt end decreases the chance of accidental skin injuries. Autoclavable. Total length of the scissors measures 5 1/2" or 7 1/4" (14 or 18cm). For right hand use.

NC12742 5 1/2" (14cm)

NC12742-1 7 1/4" (18cm)



NEW! SUTURE REMOVAL KIT

Disposable kits ensure sterility.

Sterile kit contains metal-insert forceps, Littauer Scissors and a cotton-filled gauze sponge. Ideal for wound care following injury or surgery. Designed for one-time use.

NC20149 Single kit

NC20150 Box of 50 kits

HIBICLENS® ANTISEPTIC/ANTIMICROBIAL SKIN CLEANSER

Reduce the risk of cross infection.

Hibiclens® can be used as a surgical hand scrub, a healthcare personnel handwash, a patient pre-operative skin preparation, and as a skin wound cleanser and general skin cleaner. Hibiclens® is an effective defense against the spread of MRSA and other staph infections. For external use only. Do not use near eyes, ears or mouth.

NC12690 4 fl. oz. (118ml)

NC12690-1 32 fl. oz. (946ml)



**SKIN PREP/BARRIER WIPES AND
ADHESIVE REMOVER WIPES**

Protect and prepare skin for dressing.

Skin Prep Wipes protect the skin; Adhesive Remover Wipes remove residue from bandages and tapes. For more information, see page 78 or visit www.ncmedical.com.



KERLIX® ROLLS

Unique soft gauze cushions and conforms.

Ideal for bandaging heads, limbs and difficult-to-dress wounds such as burns, plastic and orthopedic wounds. Made of prewashed, fluff-dried, 100% woven gauze with unique crinkle weave pattern for loft and bulk to cushion and protect wound areas. Six-ply construction with finished edges reduces loose ends and lint. Sterile rolls are individually wrapped.

<u>2 1/4" x 3 yds. (5.7 cm x 2.7 m)</u>	
NC20131	(12)
NC20131C	(96)
<u>4 1/2" x 4 yds. (11 cm x 3.7 m)</u>	
NC20132	(10)
NC20132C	(100)



CURASORB™ CALCUIM ALGINATE®

Absorbs approximately 20 times the dressing's weight.

These dressings absorb exudate from the wound and create a protective cushioning gel and optimal moist healing environment. Protective gel binds exudate and helps prevent skin maceration. Easy, painless dressing removal minimizes tissue trauma. Individually wrapped in sterile packaging.

NC95206-1	12" (30 cm) rope	(5)
NC95206-2	2" x 2" (5.1 x 5.1 cm)	(10)
NC95206-3	4" x 4" (10 x 10 cm)	(10)



XEROFORM® PETROLATUM DRESSING

Clings and conforms to body contours.

Contains non-adherent, 3% Bismuth Tribromophenate in a non-medicinal, petrolatum blend on fine mesh gauze. Bacteriostatic action. Prevents gauze from adhering to wounds. Individually wrapped in sterile packaging.

<u>Box of 50</u>	
NC20141	1" x 8" (2.5 x 20 cm)
NC20142	5" x 9" (13 x 23 cm)



SPONGES

Versatile sponges offer maximum absorption.

Cotton-filled sponges can be used for a wide range of dressing, cleaning and prepping procedures. Cut edges are folded, no raw edges are exposed. Non-sterile sponges are available in two styles: All-gauze and Non-woven. Variety of standard sizes and plys.

<u>All-gauze, non-sterile sponges: Box of 200</u>			
NC20270-208	2" x 2" (5.1 x 5.1 cm)	8-ply	
NC20270-308	3" x 3" (7.6 x 7.6 cm)	8-ply	
NC20270-408	4" x 4" (10 x 10 cm)	8-ply	
NC20270-212	2" x 2" (5.1 x 5.1 cm)	12-ply	
NC20270-312	3" x 3" (7.6 x 7.6 cm)	12-ply	
NC20270-412	4" x 4" (10 x 10 cm)	12-ply	
<u>Non-woven, non-sterile sponges: Box of 200</u>			
NC20273-204	2" x 2" (5.1 x 5.1 cm)	4-ply	
NC20273-304	3" x 3" (7.6 x 7.6 cm)	4-ply	
NC20273-404	4" x 4" (10 x 10 cm)	4-ply	
<u>All-gauze, sterile sponges: Box of 25</u>			
NC20166	3" x 3" (7.6 x 7.6 cm)	12-ply	
NC20167	4" x 4" (10 x 10 cm)	12-ply	

TELEFA® ISLAND DRESSINGS

Convenient, all-in-one dressing.

Ideal for use on lightly draining wounds. The soft, non-woven backing conforms around the wound and seals on all four sides to provide protection from the external environment. Non-adherent TELEFA® will not disrupt healing tissue. A secure dressing for central and peripheral IV sites. Individually wrapped in sterile packaging.

NC95202-2	4" x 5" (10 x 13 cm)	(25)
NC95202-3	4" x 8" (13 x 20 cm)	(25)



CURITY® NON-ADHERING DRESSINGS

Allows drainage of exudate away from wound areas.

Ideal for donor sites, delicate suture lines, graft sites and draining wounds. Oil-emulsion blend impregnated into an open-mesh, knitted fabric dressing. Individually wrapped, sterile dressings are available in two sizes.

<u>Box of 50</u>	
NC95213-2	3" x 3" (7.6 x 7.6 cm)
<u>Box of 24</u>	
NC95213-3	3" x 8" (7.6 x 20 cm)



CONSTANT-CLENS® DERMAL WOUND CLEANSER

Reduce the risk of cross infection.

Cleanser removes and softens necrotic tissue and debris. Isotonic and pH balanced, non-toxic and non-irritating. Contains Polysorbate 20.

<u>8 fl. oz (237ml) Spray Bottle</u>	
NC95201-1	(1)
NC95201-12	(12)



pH-balanced

N-TERFACE

Ideal for post-operative wound care.

Lightweight and porous, this second-skin material prevents dressing from adhering to wounds. Light tack keeps the material in position but will not pull on skin or wounds when removed. N-terface can be repositioned as needed. Individually wrapped, sterile dressings measure 4" x 4" (10 x 10 cm).

<u>Box of 25</u>	
NC20009	4" x 4" (10 x 10 cm)





HEELIFT® SUSPENSION BOOT AND NEW! HEELIFT® HOME KIT

Designed to relieve heel pressure.

These boots eliminate pressure by lifting the heel with an elevation pad and suspending it in protective space. Pressure is transferred to the lower leg. Ideal for people who are immobile, or suffer from diabetes, cardiovascular disease or dietary deficiencies. Other indications are foot drop, flaccid paralysis (non-spastic), pre- and post-operative hip fractures and skin grafts. Use the Eggcrate Foam for a slightly cooler boot. Choose the Smooth Foam for sensitive skin or edematous legs. Boots are made of thick, open-cell foam. Universal sizing with padded Velcro® straps for fit adjustments. Kits include one Heelift® of choice, one net laundry bag and one instruction guide.

Heelift® Suspension Boot

- NC18507 Boot with Eggcrate Foam
- NC18508 Boot with Smooth Foam

NEW! Heelift® Home Kit

- NC18499-7 Eggcrate Foam
- NC18499-8 Smooth Foam



EHOB® AIR BOOT

Air cushion suspends heel for reduced pressure.

Two air chambers protect the entire lower extremity by elevating the heel and cradling the calf to promote circulation. Air venting holes and soft, cloth lining keep skin dry and comfortable. Outer covering is non-abrasive, medical-grade vinyl that permits movement without resistance. The foot cradle provides stability while reducing lateral rotation and brings the ankle up to zero degrees to prevent foot drop. Hook and loop closures allow quick application and adjustment for a perfect fit. The PRN strap can be opened or closed depending on patient needs. Size by measuring calf circumference.

Calf Circumference

Product Code	Size	Calf Circumference	Quantity
NC30310-1	Small	10" to 11½" (25 to 29 cm)	(1)
NC30310-1C	Small	10" to 11½" (25 to 29 cm)	(6)
NC30310-2	Medium	12" to 14" (31 to 36 cm)	(1)
NC30310-2C	Medium	12" to 14" (31 to 36 cm)	(6)
NC30310-3	Large	14½" to 18" (37 to 46 cm)	(1)
NC30310-3C	Large	14½" to 18" (37 to 46 cm)	(6)

HEELBO® HEEL/ELBOW PROTECTOR

Choice of pads offers cushioning from excess pressure and vibration.

Standard model features an air-cushioned, polyurethane foam pad with a tricot lining. **Gel** model provides additional protection to insulate against shock and vibration. Protects against abrasion and promotes healing of pressure ulcers. Excellent conformity around bony prominences. Machine or hand wash. Air dry. To size, measure circumference at ankle or elbow crease. If in between sizes, choose larger size. Sold in pairs.



Standard Heelbo® with Foam Pad

- NC15961-1 S 7" (18cm)
- NC15961-2 M 8" (20cm)
- NC15961-3 L 8½" (22cm)
- NC15961-4 XL 9½" (24cm)

Heelbo® with Gel Pad

- NC15961 S 7" (18cm)
- NC15962 M 8" (20cm)
- NC15963 L 8½" (22cm)
- NC15964 XL 9½" (24cm)



NORCO™ BOOT AND PILLOW LINER

Help prevent pressure sores.

The combination Norco™ Boot and Pillow Liner provides added protection for the foot. Machine washable liners are made with siliconized, hollow-core, cotton-like fibers and help prevent sores on the heel and ankle. Vinyl-coated foam boots secure easily with Velcro® straps.

- NC18509 Boot (Single)
- NC18510 Boots (Pair)
- NC18511 Liners (Pair)
- NC18511-1 Liner (Single)



NORCO™ BOOT AND FOAM LINER

Economical foot protection.

The combination Norco™ Boot and Foam Liner provides both support and protection for the foot. The comfortable liner is constructed of eggcrate foam. The boot is made of vinyl-coated foam. Eliminates the need for footboards. Secures with Velcro® closure. Extra liners sold separately in pairs.

- NC18500 Boot and Liner (Single)
- NC18501 Liners (Pair)



FOOT ELEVATOR

Perfect for clients at risk for pressure sores.

By raising the foot completely off the bed, this spiral-cut, polyurethane foam ring helps the skin heal. A washable flannel liner provides comfort around the ankle. The use of a pillow under the knee can help prevent hyperextension. A footboard may be used to prevent foot drop. Machine wash, air dry.

	Width
NC18538	4" (10cm)
NC18539	6" (15cm)



North Coast™ Gel Elbow/Heel Protector



North Coast™ Foam Elbow/Heel Protector

NORTH COAST™ ELBOW/HEEL PROTECTORS

Economical elbow and heel protection.

Protect elbows and heels from pressure sores or skin ulceration due to shearing forces. The Foam Elbow/Heel Protector offers excellent skin aeration. The Gel Elbow/Heel Protector includes a removable, shock-absorbing gel pad that measures 3½" x 6¼" (8.9 x 16cm). Remove gel pad from sleeve before machine washing. Sold in pairs. To size, measure circumference at heel or elbow crease. If measurement falls in between sizes, order the larger size.



Removable gel pad can be heated or chilled.

Foam Pad		Circumference stretches to
NC58801-1	Small	9" (23cm)
NC58801-2	Medium/Large	11" (28cm)
NC58801-3	X-Large	15" (38cm)

Gel Pad		Circumference stretches to
NC58800-1	Small	9" (23cm)
NC58800-2	Medium/Large	11" (28cm)
NC58800-3	X-Large	15" (38cm)



BOOT FOOT SUPPORT

Cushioned frame limits foot drop.

The polyester boot of this support is fleece-lined for full-foot comfort. Ankle is fixed at 90°. Splint base allows for an adjustment of 20° internal or external rotation. The plastic frame controls foot drop. Two Velcro® straps ensure a snug fit. The boot can be removed easily for hand washing or replacement.

NC18540	Foot Support
NC18540-1	Boot only



NORCO™ KNEE SPREADER

Comfortably holds hips in abduction.

This positioner offers comfortable, effective lower extremity abduction positioning while seated or in bed. The 4" x 46" (10 x 117cm) Polynap™ strap secures with Velcro® closures and keeps the thighs snugly in place. The unique, curved foam and extra-wide strap help circulation. The Norco™ Knee Spreader provides excellent distribution of pressure because one-third of the leg is supported. Made of dense foam for durability. Measures 6" high x 5" wide (15 x 13cm). The polyester cover and strap can be removed easily for machine washing.

NC81006



ABDUCTION WEDGE

Great for positioning lower extremities following hip replacement surgery.

Immobilize and comfortably position lower extremities with the Abduction Wedge. Constructed of soft foam. Includes two 4" (10cm) wide Velfoam® straps. Small size measures 6" across the top, 12½" across the base and 18" long (15 x 32 x 46cm). Large size measures 6" across the top, 17" across the base and 24" long (15 x 43 x 61cm).

NC81001	Small
NC81002	Large



NORCO™ ANKLE CONTRACTURE BOOT

Comfortable ankle/foot orthosis provides pressure-free, adjustable positioning.

This boot helps prevent foot drop and heel pressure sores. Provides slight dorsiflexion to neutral positioning. Features include: removable rubber sole piece that helps prevent slipping during transfers, height-adjustable foot plate that accommodates various foot lengths and keeps blankets from pressing on the toes, swingout anti-rotation bar with locking slots to prevent foot/hip rotation and soft, Kodel®-type liner with straps to surround the foot in comfort. Velcro® straps secure

the liner to the hard plastic, semi-flexible frame. The heel is completely suspended to allow air circulation for wound care needs. **Boot with side straps** has adjustable side straps to provide additional plantar flexion resistance and allow some inversion/eversion control. Fits either the left or right foot. To size, measure length of foot from bottom of heel to top of big toe. Not recommended for ambulation.

Standard Boot	Foot Length
NC56200-1 Standard/Large Boot	Up to 10" (Up to 25 cm)
NC56200-2 X-Large Boot	10" to 13" (25 to 33 cm)

Replacement Liners without side straps

NC56200-1L Standard/Large Liner
NC56200-2L X-Large Liner

Boot with side straps	Foot Length
NC56201-1 Standard/Large Boot	Up to 10" (Up to 25 cm)
NC56201-2 X-Large Boot	10" to 13" (25 to 33 cm)

Replacement Liners with side straps

NC56201-1L Standard/Large Liner
NC56201-2L X-Large Liner



DEROYAL® ANKLE CONTRACTURE BOOT

Boot sole allows transfers and light gait training.

This static AFO can be used for positioning, pressure reduction and minimal ambulation. Places the foot in a neutral or dorsiflexed position. "No strap" closures allow quick application and removal. Boot is completely covered with softgoods, leaving no exposed metal. Available in fleece or Velfoam®. Includes boot sole, anti-rotation bar, padded toe piece and mesh laundry bag. Not recommended for severe plantar flexion contractures, open wounds, severe spasticity or thrombosis. Fits the left or right foot. To size, measure calf circumference 8" (20cm) above heel, and measure foot circumference around the widest part of the foot. Patent applied for.

Velfoam®	Fleece	Calf Circumference	Foot Circumference
L4301-B	L4306-B	10" to 14" (25 to 36 cm)	7" to 9" (18 to 23 cm)
L4301-C	L4306-C	14" to 16" (36 to 41 cm)	9" to 11" (23 to 28 cm)
L4301-D	L4306-D	16" to 21" (41 to 53 cm)	11" to 13" (28 to 33 cm)



NORCO™ PLANTAR FASCIITIS NIGHT SPLINT

Adjusts from plantar flexion to desired dorsiflexion position.

Adjust the bilateral dorsiflexion straps and hook and loop fasteners for prolonged stretch to the plantar fascia and Achilles tendon. One-piece, flexible shell with terry cloth liner and padded calf and ankle straps. Rubberized sole for light weight-bearing. Included toe wedge adds stretch to the plantar fascia.

	Men's Shoe Size	Women's Shoe Size
NC19140-1	Less than 6	Less than 7
NC19140-2	6½ to 8½	7½ to 9½
NC19140-3	9 to 11½	10 to 12½
NC19140-4	12+	13+

NORTH COAST™ ADJUSTABLE POSITION FOOT SPLINT

Static progressive night splint for plantar fasciitis, foot drop, or clonus reduction.

Ideal for treating foot drop, plantar fasciitis and contractures caused by prolonged bed rest, arthritis, neurological or post-surgical conditions. Ankle position can be changed by moving the screw in the adjuster piece. Adjustment range is from 10° dorsiflexion to 30° plantar flexion in 10° increments.

The contoured hard plastic shell has an enlarged heel and Achilles tendon area to help prevent pressure sores. Includes a removable D-ring ankle strap, terrycloth-lined toe and calf straps, and a fasciitis wedge. Flaps cover the adjuster piece for comfort and protection.

The **Deluxe** model features a foam-padded terrycloth liner with pads that cross over the anterior ankle for easier application. The **Standard** model features the same liner with a separate foam pad for ankle strap protection. For additional heel or plantar stretch, order the optional **Foam Pad Kit**. Additional **Fasciitis Wedges** are sold individually. A **Triangular Base** that prevents internal and external rotation also is available. Fits either the left or right foot. Autoclavable shell and hand washable liners and straps. Not intended for ambulatory use.



		Women's Shoe Size	Men's Shoe Size
Standard			
NC26000	S	4 to 7	-
NC26001	M	7½ to 9½	6 to 9
NC26002	L	10+	9 to 11
		Women's Shoe Size	Men's Shoe Size
Deluxe			
NC26004	S	4 to 7	-
NC26005	M	7½ to 9½	6 to 9
NC26006	L	10+	9 to 11
NC26010	Triangular Base		
NC26011	Foam Pad Kit (3)		
NC26015	Fasciitis Wedge (1)		



Side vents allow ventilation for the posterior ankle.



Low profile design is comfortable to wear.



Soft, washable Kodel® fleece provides exceptional comfort.

NEW! CONTOUR CLOG

Contoured design positions the foot for comfortable wear.

Medium-density foam support is anatomically contoured to help prevent pressure on the heel. Round side vents provide ventilation for the posterior ankle. Hook and loop strap allows easy donning and doffing. Foot section measures 9" (23 cm). Interior calf section measures 14½" (37 cm). One size fits most.

NC81053

THERMOSKIN PLANTAR FXT™

Treat plantar fasciitis during the day or night.

Ideal alternative to cumbersome night splints. Thermoskin Plantar FXT™ pulls the toes back slightly, stretching the plantar fascia so it may heal. Also may be worn during the day while seated. Features a Safety Sole™ nonslip bottom that helps prevent slipping. Patented Trioxon® lining is clinically proven to maintain an elevated skin temperature while still allowing the skin to ventilate for long-term comfort. Hand wash with mild detergent and air dry.

		Women's Shoe Size	Men's Shoe Size
NC18541-1	XS	4 to 6	3 to 5
NC18541-2	S	7 to 9	6 to 7
NC18541-3	M	10 to 11	8 to 10
NC18541-4	L	12 to 13	11 to 12
NC18541-5	XL	14 to 15	13 to 14

NORCO™ DORSIFLEXION SPLINT

Easily adjust the angle of ankle flexion.

Lightweight and fully cushioned, this splint allows for adjustments from full plantar flexion to full dorsiflexion. The frame is made of heat-moldable Kydex®. The splint is fully lined with dense foam and cushioned with a layer of soft, washable Kodel® fleece. Soft loop straps with hook tabs. Recommended for supine or sitting position only. Excellent for serial splinting, plantar fasciitis or for prevention of plantar flexion contractures. Foot section measures 11½" long x 5½" wide (29 x 14 cm). Calf section measures 11½" long x 5" wide (29 x 13 cm).

NC18536



SWEDISH AFO

Cut and adjust with ordinary scissors.

Features a low arch and open heel design that limits skin breakdown. Provides static dorsiflexion assistance and lateral stability. Padding on the calf section provides comfort, and the 2" (5.1cm) wide Velcro® ankle strap secures the splint. Can be trimmed to size with a pair of ordinary scissors.

	Splint Base Length	Women's Shoe Size	Men's Shoe Size
Small/Medium	9½" (24cm)	Up to 11	Up to 9
Medium/Large	11" (28cm)	11+	9+

Left	Right	
NC97201-1	NC97201-2	Small/Medium
NC97201-3	NC97201-4	Medium/Large



POSTERIOR LEAF SPLINT

Assists dorsiflexion during ambulation.

This polypropylene AFO is ideal for mild to moderate foot drop impairment. Fits inside most lace-up shoes. Assists flexion toward the back during ambulation. Can be trimmed using casting scissors and heat gun. The 2" (5.1cm) wide heavy-duty Velfoam® strap provides a firm, comfortable fit.

	Women's Shoe Size	Men's Shoe Size
Small	5 to 7½	3 to 6
Medium	7½ to 10½	6 to 9
Large	10½ to 13	10½ to 13
X-Large	13+	13+

Left	Right	
NC81020-1	NC81020-2	Small
NC81020-3	NC81020-4	Medium
NC81020-5	NC81020-6	Large
NC81020-7	NC81020-8	X-Large



FOOT DROP SPLINT

Soft foam provides comfort while helping to prevent foot drop.

The **Foot Drop Splint** includes a contoured foam insert and three straps. Cutout heel reduces pressure. Features a swing-out, anti-rotation bar. Base may be autoclaved. Splint measure 15" long x 11" high x 5" wide (38 x 28 x 13cm). The foam insert is hand washable.

NC81050



DARCO™ POST-OP SHOE

Forefoot support provides rigid control and protection following osteotomies.

Semi-rigid sole is built around the patented MetaShank™ forefoot support. Breathable, padded mesh upper conforms to bony abnormalities of the foot. Reinforced heel back with padded collar helps stabilize the rear foot and reduce slippage. Extra long straps accommodate even the bulkiest dressings.

		Shoe Size
NC58211-1	Men's Small	6 to 8
NC58211-2	Men's Medium	8½ to 10
NC58211-3	Men's Large	10½ to 12
NC58211-4	Men's X-Large	12½ to 14
NC58210-1	Women's Small	4 to 6
NC58210-2	Women's Medium	6½ to 8
NC58210-3	Women's Large	8½ to 10



EQUALIZER® PREMIUM WALKERS

Affordable, anatomically conforming alternatives to the short leg cast.

These two short leg walker models have a contoured strut design, ensuring anatomical conformity and a better fit. The unique shock absorbing sole reduces the impact of heel strike during ambulation. Rocker bottom is engineered to be low and wide to promote a natural, stable gait. Indicated for soft tissue injuries, stable fractures and post-operative use. From the top to the sole, the **Standard Walker** Small measures 14¾" (37cm), the Medium and Large measure 16¼" (41cm), and all **Low Top Walker** sizes measure 12½" (32cm). Available in five sizes.

Standard

Standard Walker	Women's Shoe Size	Men's Shoe Size	Low Top Walker	Women's Shoe Size	Men's Shoe Size
NC79720-0	X-Small	3½ to 5½	NC79721-0	X-Small	3½ to 5½
NC79720-1	Small	6 to 8	NC79721-1	Small	6 to 8
NC79720-2	Medium	8½ to 11½	NC79721-2	Medium	8½ to 11½
NC79720-3	Large	11½ to 13½	NC79721-3	Large	11½ to 13½
NC79720-4	X-Large	13½ and up	NC79721-4	X-Large	13½ and up



Cushioned ankle wrap can be worn for long periods without irritating the skin or impeding motion of the foot.



NEW! FOOT-UP

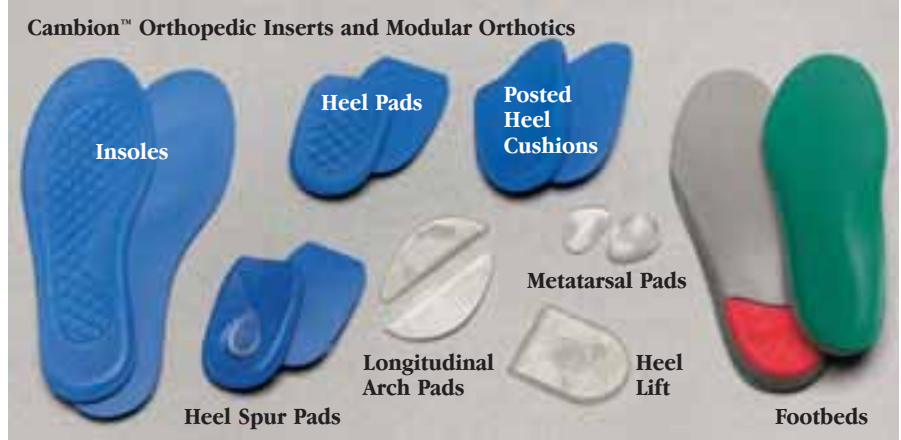
Visibly improves gait by providing support the moment the foot is raised.

Foot-up is a lightweight AFO that provides dynamic support for foot drop or similar conditions where support of dorsiflexion is desirable. Simple to fit and virtually invisible when worn.

The inlay fits discretely between the tongue and shoelaces and attaches to the ankle wrap with a powerful elastic strap featuring a quick-release clip.

The cushioned ankle wrap is made from a breathable three-layer material. To size, measure ankle circumference. Foot-Up fits either the left or right leg.

Ankle Circumference			
NC81022-1	Regular	7" to 8 1/4"	(18 to 21 cm)
NC81022-2	Large	8 1/2" to 10 1/4"	(22 to 26 cm)
NC81022-3	X-Large	10 1/2" to 13"	(27 to 33 cm)



CAMBION™ ORTHOPEDIC INSERTS

Unsurpassed comfort and superior impact protection.

These supports absorb and disperse the jarring shock of heel strike. Recommended for Achilles tendinitis, metatarsalgia, heel bruises, arthritic joints, heel spurs and post-op recovery. The clear, single-layer, modular inserts can be positioned on the footbed for a custom fit. The colored inserts have two layers. Epolex® viscoelastic layer absorbs shock and will not bottom out. Poron® foam layer provides constant cushioning and even weight distribution. Mold and mildew resistant. Instructions included.

Cambion™ Sizing and Care

Sizing for Cambion™ Orthopedic Inserts corresponds to U.S. Men's and Women's shoe sizes. Hand wash and air dry. Wipe underside with warm, soapy water or isopropyl alcohol to restore tackiness and prevent slippage in shoe.

CAMBION™ INSOLES

Full-length insoles can be trimmed to fit.

	Men's	Women's
NC29014-A	2 to 4	4 to 6
NC29014-B	5 to 7	7 to 9
NC29014-C	8 to 10	10 to 12
NC29014-D	11 to 13	13 to 14
NC29014-E	13+	14+

CAMBION™ HEEL SPUR PADS

Removable plug provides additional relief from plantar fasciitis.

	Men's	Women's
NC29015-A	2 to 4	4 to 6
NC29015-B	5 to 7	7 to 9
NC29015-C	8 to 10	10 to 12
NC29015-D	11 to 13	13 to 14

CAMBION™ HEEL PADS

Heel-size insert provides shock absorption, cushioning and pressure dispersion.

	Men's	Women's
NC29013-A	2 to 4	4 to 6
NC29013-B	5 to 7	7 to 9
NC29013-C	8 to 10	10 to 12
NC29013-D	11 to 13	13 to 14

CAMBION™ POSTED HEEL CUSHIONS

Provides support and cushioning for the heel, with 4° posting to correct pronation.

	Men's	Women's
NC29011-A	2 to 4	4 to 6
NC29011-B	5 to 7	7 to 9
NC29011-C	8 to 10	10 to 12
NC29011-D	11 to 13	13 to 14

CAMBION™ FOOTBEDS

Replaces the insole for support and cushioning along the entire foot and arch area.

	Men's	Women's
NC29012-A	2 to 4	4 to 6
NC29012-B	5 to 7	7 to 9
NC29012-C	8 to 10	10 to 12
NC29012-D	11 to 13	13 to 14
NC29012-E	13+	14+

CAMBION™ MODULAR ORTHOTICS

These clear, single-layer inserts can be positioned on the footbed for a custom fit.

METATARSAL PADS

NC29019-1	Small
NC29019-2	Large

LONGITUDINAL ARCH PADS

NC29018-1	Small
NC29018-2	Large

HEEL LIFT (sold individually)

NC29017-1	Small 1/8" (3.2mm)
NC29017-2	Large 1/8" (3.2mm)
NC29017-3	Small 1/4" (6.4mm)
NC29017-4	Large 1/4" (6.4mm)

SILIPOS® SOFT SILICONE ORTHOTICS

Dual-density silicone inserts will not bottom out.

These inserts feature two densities of medical-grade silicone for maximum support and shock absorption. Clear silicone has a softer density, and the red, green and blue silicone dots provide relief to sensitive areas. Soft silicone shapes can be trimmed. Hand wash with soap and cold water. Latex free. Sold in pairs. One-year manufacturer's guarantee.

SILIPOS® WONDER-SPORT™

Indicated for metatarsalgia, bursitis and elongated metatarsals.

		Men's Shoe Size
NC57178	S	6 to 7
NC57179	M	8 to 9
NC57180	L	10 to 11
NC57181	XL	12 to 13
NC57182	XXL	14 to 15

		Women's Shoe Size
NC57183	S	4 to 5
NC57184	M	6 to 7
NC57185	L	8 to 9
NC57186	XL	10 to 11



SILIPOS® WONDER-SPUR™

Indicated for heel spurs, plantar fasciitis, knee and back pain and Haglund heel.

		Men's Shoe Size	Women's Shoe Size
NC57170	S	2 to 4	4 to 5
NC57171	M	5 to 7	6 to 9
NC57172	L	8 to 10	10 to 12
NC57173	XL	10+	12+

SILIPOS® WONDER-CUP™

Indicated for bursitis, achilles tendinitis, plantar fasciitis and pressure ulcers.

		Men's Shoe Size	Women's Shoe Size
NC57174	S	2 to 4	4 to 5
NC57175	M	5 to 7	6 to 9
NC57176	L	8 to 10	10 to 12
NC57177	XL	10+	12+



TULI'S® CLASSIC HEEL CUPS™

Shoe inserts provide relief from the pain of heel strike.

These double-ribbed, shock-absorbing heel cups were invented by a leading foot doctor. Helps prevent painful heels and knees, shin splints and heel spurs. Also helps alleviate arch, ankle, leg and back pain that results from heel strike. Sold in pairs.

NC29029-1	Regular	Under 175 lbs. (<79kg)
NC29029-2	Large	Over 175 lbs. (>79kg)



SPENCO® SLIP-IN INSOLES

Full-length cushioned insole offers comfort.

Made exclusively of closed-cell neoprene. Unique cushioning system helps absorb shock, reduce friction and improve comfort. Trim with scissors for a custom fit. Hand wash with warm water and air dry. Sold in pairs. One-year manufacturer's warranty.

		Men's Shoe Size	Women's Shoe Size
NC58236-1	-	-	5 to 6
NC58236-2	6 to 7	7 to 8	-
NC58236-3	8 to 9	9 to 10	-
NC58236-4	10 to 11	11 to 12	-
NC58236-5	12 to 13	-	-
NC58236-6	14 to 15	-	-



COUNT'R FORCE® ARCH BRACE

Wraparound arch support relieves heel pain associated with plantar fasciitis.

Curved, strap-on brace directly supports the plantar fascia to help reduce inflammation and relieve pain. Constructed from soft foam, nylon and terrycloth. Two tension straps for easy attachment and adjustment. Wear against the skin or over socks. Sold individually.

		Men's Shoe Size	Women's Shoe Size
NC29034-1	Small	-	5 to 7
NC29034-2	Medium	6 to 12	7+
NC29034-3	Large	12+	-

HEEL LIFT

Add or remove layers to adjust height.

Consists of three easily removable layers, each measuring 1/8" (3.2mm) thick. Nonslip leather provides durability. Sold individually.



		Men's Shoe Size	Women's Shoe Size
NC57187-1	Small	-	Up to 7½
NC57187-2	Medium	Up to 11	8+
NC57187-3	Large	11½	-

BAUERFEIND VISCO SPOT® HEEL CUSHIONS

Dual-density silicone heel cushions reduce shock, relieve pain.

These medical-grade silicone heel cushions provide optimal shock absorption to help relieve and prevent heel, joint and back pain. Clinically proven to be 95% effective for relieving heel pain. A softer blue spot on the medial side of the cushion soothes the area most sensitive to plantar fasciitis pain. These cushions are non-irritating, do not absorb odors and will not crush from constant use. Hand wash with soap and cold water. Latex free. Sold in pairs.



		Men's Shoe Size	Women's Shoe Size
NC57190	Size 1	5 to 6½	3 to 8
NC57191	Size 2	7+	8½+



**AIRCAST® SPORT-STIRRUP
PROPHYLACTIC BRACE**

Designed to help prevent ankle injuries.

This brace is ideal for helping to reduce potential ankle sprains and instability. The aircell is surrounded by a comfortable, firm shell that fits snugly around the ankle. The brace adjusts easily using the Velcro® straps. Similar to the Aircast® Ankle Training Brace (sold below) but narrower for less bulk in a regular or high-top athletic shoe. Latex free.

- NC92410 Left
- NC92411 Right



**NORCO™ AIR-CELL AND AIR-GEL
ANKLE BRACES**

Braces provide both medial and lateral support to the ankle while allowing full plantar flexion and dorsiflexion.

These economical yet effective ankle braces are indicated for moderate sprains, instability, post-surgery and severe strains. Braces are constructed of a rigid plastic shell with a soft, adjustable heel pad. Adjustable hook and loop straps wrap anatomically and allow counter rotation. Braces fit comfortably with-out pinching or creating pressure points. Universal style fits left or right ankle.

The Norco™ Air-Cell Ankle Brace features adjustable, padded air cushions that offer superior support and comfort. The soft, pre-inflated plastic chambers provide compression that can be adjusted by adding or releasing air as needed.

The Norco™ Air-Gel Ankle Brace supports the ankle with the added benefit of hot or cold therapy. The leak-proof, double-hull chambers feature removable air/gel pads that can be placed in the freezer for cold therapy or hot water for heat therapy.

- NC92390-1 Norco™ Air-Cell Ankle Brace
- NC92391-1 Norco™ Air-Gel Ankle Brace



Air-Gel Cushion adds optional hot or cold therapy.



AIRCAST® ANKLE TRAINING BRACE

Provides support and comfort for mobility.

Pre-inflated aircells provide soothing support and stability for ankle sprains, fractures and chronic instability. Contoured shells with hook and loop straps allow for a personalized fit. Latex free.

- NC92420 Left
- NC92421 Right



*Lateral View
Prevents eversion without malleoli irritation.*



*Medial View
Prevents inversion without malleoli irritation.*

BAUERFEIND MALLEOLOC® ANKLE BRACE

Anatomically contoured orthosis stabilizes the ankle without restricting plantar and dorsiflexion.

MalleoLoc® conforms to the outside edge of the foot to counteract supination, even without a shoe. Firm thermoplastic design lies flat against the foot, and can be worn easily inside a shoe. Heat mold for proper fit. Hand-washable, low-fatigue liner offers extremely comfortable wear.

Use to treat early functional injuries of the lateral malleolar ligaments (and bifurcate

ligaments), chronic ligament insufficiency, capsular ligament strain, and for post-op rehabilitation and prophylactic use. Latex free.

Heel width		
NC57086	Size 1 Left	< 2¼" (5.7 cm)
NC57087	Size 1 Right	< 2¼" (5.7 cm)
NC57088	Size 2 Left	> 2¼" (5.7 cm)
NC57089	Size 2 Right	> 2¼" (5.7 cm)



SWEDE-O ARCH-LOK®

Hinged brace design supports the ankle and arch, even in the plantar-flexed position.

Padded orthotic foot plate supports the arch and foot, and allows quicker return to weightbearing and normal gait. Padded side support helps prevent inversion and eversion. Neutral arch position promotes healing of injured ligaments and counteracts the classic flat foot condition. Four adjustable straps provide a near custom fit. Medial forward design and contoured side supports help position the brace correctly and firmly to move in unison with foot and ankle motion.

	Women's Shoe Size	Men's Shoe Size
X-Small	4 to 6	-
Small	7 to 9	4 to 7
Medium	10 to 12	8 to 10
Large	-	11 to 13
X-Large	-	14 +

Left	Right	
NC57600-0	NC57600-1	X-Small
NC57600-2	NC57600-3	Small
NC57600-4	NC57600-5	Medium
NC57600-6	NC57600-7	Large
NC57600-8	NC57600-9	X-Large



Laces stay tighter with the patented offset flap.

SWEDE-O STRAP LOK®

Exclusive short, curved arch allows full range of motion.

Thin, non-stretch nylon material allows for both comfort and support. Fits easily in regular athletic shoes. Patented Ankle-Lok® offset flap provides greater leverage for tighter, long-lasting lacing. The closely-spaced eyelets in the middle concentrate the holding power where it is needed most. Straps mimic figure eight construction, effectively locking the ankle in a protected position with lateral and medial stability. Hook and loop closures at the top of the brace provide infinite adjustment for a near custom fit. Full elastic back helps ensure complete, unrestricted blood flow to the Achilles tendon and virtually eliminates the chance of blistering. Fits left or right foot. One-year manufacturer's warranty.

		Women's Shoe Size	Men's Shoe Size
NC57099-1	X-Small	4 to 6	3 to 5
NC57099-2	Small	7 to 9	6 to 7
NC57099-3	Medium	10 to 11	8 to 10
NC57099-4	Large	12 to 13	11 to 12
NC57099-5	X-Large	-	13 to 14



SWEDE-O ANKLE-LOK®

Provides superior support and comfort for the ankle and foot.

The Swede-O Ankle-Lok® is designed for comfort. Closely spaced eyelets in the middle concentrate the holding power where it is needed most. Outside, offset flaps pull the ankle into a stable position and hold it securely. When laced tightly, the stainless steel, U-shaped, spiral-wound stays provide extra support and further minimize the chance for ankle injury. When additional medial/lateral support is needed, an optional Universal Stabilizer (below) can be inserted into pockets on either side of the brace. Available with a padded or knit tongue. Fits left or right foot. Measurements correspond to shoe size.

Padded Tongue		Women's Shoe Size	Men's Shoe Size
NC57100-1	X-Small	4 to 6	3 to 5
NC57100-2	Small	7 to 9	6 to 7
NC57100-3	Medium	10 to 11	8 to 10
NC57100-4	Large	12 to 13	11 to 12
NC57100-5	X-Large	-	13 to 14

Knit Tongue		Women's Shoe Size	Men's Shoe Size
NC57200-1	X-Small	4 to 6	3 to 5
NC57200-2	Small	7 to 9	6 to 7
NC57200-3	Medium	10 to 11	8 to 10
NC57200-4	Large	12 to 13	11 to 12
NC57200-5	X-Large	-	13 to 14



NORCO™ ANKLE SUPPORT WITH FIGURE 8 STRAP

Supports both sides of the ankle.

Open-heel support wraps in a figure eight style for medial and lateral compression. Spandex® double strap has 3" (7.6 cm) wide segmented elastic tension with hook and loop closure. Wear over a sock. Fits left or right foot.

		Ankle Circumference	
NC92380-1	X-Small	6" to 7"	(15 to 18 cm)
NC92380-2	Small	7½" to 8"	(19 to 20 cm)
NC92380-3	Medium	8" to 9½"	(20 to 24 cm)
NC92380-4	Large	9½" to 11"	(24 to 28 cm)
NC92380-5	X-Large	11" to 12½"	(28 to 32 cm)



Use the Universal Stabilizer for additional medial/lateral support as needed.

Universal Stabilizer	
NC57101-1	X-Small
NC57101-2	Small
NC57101-3	Medium
NC57101-4	Large
NC57101-5	X-Large



KNEEDIT® AND KNEEDIT XM®

Patented "V"-notch strap helps relieve pain and inflammation.

Unique **Kneedit®** straps absorb shock at the knee and provide warm, concentrated compression. Effective for minor knee pain associated with arthritis, tendinitis and chondromalacia. Can be adjusted easily to fit the contour of the patella and patellar tendon with the hook and loop strap. Hand wash with water and mild soap. Air dry.

Kneedit XM® has the same features as the Kneedit® strap, with the addition of a patented magnet design. These magnets provide a safe, non-invasive stimulus that may help to relieve minor discomfort.

- NC15892 **Kneedit®**
- NC15893 **Kneedit XM®**



ORIGINAL CHO-PAT KNEE STRAP

Symptomatic relief for the knee.

The Cho-pat Knee Strap provides relief from knee pain associated with Patellofemoral Syndrome, like Osgood-Schlatter's Disease, patellar tendinitis and chondromalacia. Helps to reduce inflammation and stabilize the knee. To size, measure the circumference below the patella. If between sizes, choose smaller size.

	Circumference below patella
X-Small	Less than 10" (≤ 25 cm)
Small	10" to 12" (25 to 31 cm)
Medium	12½" to 14½" (32 to 37 cm)
Large	14½" to 16½" (37 to 42 cm)
X-Large	16½" to 18½" (42 to 47 cm)

- NC45100-1 X-Small
- NC45100-2 Small
- NC45100-3 Medium
- NC45100-4 Large
- NC45100-5 X-Large

BAUERFEIND GENUTRAIN® KNEE SUPPORT

Ideal for rehabilitation therapy and post-operative care.

The Genutrain® Active Knee Support provides controlled compression to decrease pain and swelling. Made of lightweight, breathable knit that will not retain heat. Contoured silicone insert keeps the patella pressure-free, provides intermittent compression to reduce swelling, and massages soft tissue to improve circulation. Graduated compression at the edges helps to prevent constriction of circulation. By promoting proprioception, joint stabilization is increased. Indicated for strains, sprains, recurrent pain, pre-/post-operative inflammation, post-arthroscopy, chondromalacia, arthritis, degenerative joint disease, adolescent knee pain, and knee instability. Machine wash and air dry. To size, measure circumference 4¾" (12cm) below the knee joint and 5½" (14cm) above the knee joint.

Size	Circumference 4¾" (12cm) below knee joint	Circumference 5½" (14cm) above knee joint
NC57114	0 9¾" to 11" (25 to 28cm)	13¾" to 15" (35 to 38cm)
NC57115	1 11" to 12¼" (28 to 31cm)	15" to 16¼" (38 to 41cm)
NC57116	2 12¼" to 13¼" (31 to 34cm)	16¼" to 17¼" (41 to 44cm)
NC57117	3 13¼" to 14¼" (34 to 36cm)	17¼" to 18½" (44 to 47cm)
NC57118	4 14½" to 15¾" (37 to 40cm)	18½" to 19¾" (47 to 50cm)
NC57119	5 15¾" to 17" (40 to 43cm)	19¾" to 20¾" (50 to 53cm)
NC57120	6 17" to 18¼" (43 to 46cm)	20¾" to 22" (53 to 56cm)



Silicone insert helps to improve circulation.

NEW! BAUERFEIND GENUTRAIN® P3 KNEE SUPPORT

Ideal for rehabilitation therapy and post-operative care.

This active knee support provides improved patella control. Made of stretchy, breathable, moisture-dissipating knit that does not retain heat. Special, non-irritating weave behind the knee adds comfort, and side seams prevent pressure points in the popliteal area. Anatomically shaped silicone insert at the lateral edge of the patella provides secure positioning. Insert extends proximally up to the vastus medialis muscle. Indicated for patellar lateralization/tendency to luxation, femoraopatellar pain syndrome, chondropathy, chondromalacia, post lateral-release surgery, patellar tendinitis and anterior knee pain. Machine wash and air dry. Titanium color.

Left	Right	Size	Circumference 4¾" (12cm) below knee joint	Circumference 5½" (14cm) above knee joint
NC57100-T	NC57101-T	0	9¾" to 11" (25 to 28cm)	14" to 15¼" (36 to 39cm)
NC57102-T	NC57103-T	1	11" to 12¼" (28 to 31cm)	15¼" to 16½" (39 to 42cm)
NC57104-T	NC57105-T	2	12¼" to 13¾" (31 to 34cm)	16½" to 17¾" (42 to 45cm)
NC57106-T	NC57107-T	3	13¾" to 14½" (34 to 37cm)	17¾" to 19" (45 to 48cm)
NC57108-T	NC57109-T	4	14½" to 15¾" (37 to 40cm)	19" to 20" (48 to 51cm)
NC57110-T	NC57111-T	5	15¾" to 17" (40 to 43cm)	20" to 21" (51 to 54cm)
NC57112-T	NC57113-T	6	17" to 18¼" (43 to 46cm)	21" to 22½" (54 to 57cm)



Silicone insert relieves tension.



Unique J-brace offers exceptional stability.

J-BRACE PATELLAR STABILIZER WITH SPIRAL STAYS

Allows complete range of motion while providing stability.

Made of 1/8" (3.2mm) DermaDry™, a unique bracing material that combines the breathability and water vapor transmission capabilities of open-cell sponge rubber with the durability, stretch and compression of neoprene. KwikWick™, a patented coating on the material, wicks away moisture to keep the skin cool and dry. Features two lateral and two medial spiral steel stays along with a tubular rubber buttress to align the patella. Laterally attached straps pull medially to displace force to the patella. Ideal for patellar instabilities, subluxation and dislocations, chondromalacia and post-operative management. Hand wash with mild detergent and allow to air dry. Sleeve measures 13" (33cm) long. To size, measure the circumference of the patella with the leg extended.

Left	Right		Patella Circumference with leg extended
NC57900-01	NC57900-02	X-Small	12" to 13" (30 to 33 cm)
NC57900-03	NC57900-04	Small	13" to 14" (33 to 36 cm)
NC57900-05	NC57900-06	Medium	14" to 15" (36 to 38 cm)
NC57900-07	NC57900-08	Large	15" to 16" (38 to 41 cm)
NC57900-09	NC57900-10	X-Large	16" to 18" (41 to 46 cm)
NC57900-11	NC57900-12	XX-Large	18" to 20" (46 to 51 cm)
NC57900-13	NC57900-14	XXX-Large	20" to 22" (51 to 56 cm)



NEW! X-TENDED SIZE KNEE BRACE

Compressive support for larger people.

This wraparound brace is indicated for injuries, arthritis and repetitive stressors. Plush neoprene provides firm yet comfortable, compressive support. Features extra padding around the patella. Brace measures 26" (66cm) long when flat. Hand wash and air dry. One size fits 2X through 4X, left or right. To size, measure circumference around both the thigh and the calf. Fits maximum thigh and calf circumference of 30" (76cm).

- NC57260-1 Beige
- NC57260-2 Black



NEW! SHIELDS™ BRACE

Provides dynamic patella stabilization through entire range of motion, even during athletic competition.

The Shields™ Brace controls malalignments of glide, medial/lateral tilt and anterior/posterior tilt. Made of 1/8" (3.2mm) thick, perforated Kuhl™ Neoprene laminated between two layers of nylon. Neoprene insulates body heat while perforations help keep skin dry and comfortable. Soft, tubular rubber core is flexible and adjustable. Medial and lateral spiral stays allow full range of motion while limiting bunching. Low-profile, 9" (23 cm) design prevents brace from slipping. Independent calf and thigh straps. Buttress features a nonslip surface that maintains its position against the patella. Popliteal opening adds comfort. Anterior closure provides easy donning and doffing. To size, measure circumference at the mid-patella with leg fully extended.

		Circumference at mid-patella with leg extended
NC57205-1	X-Small	10" to 12" (25 to 30 cm)
NC57205-2	Small	12" to 14" (30 to 36 cm)
NC57205-3	Medium	14" to 16" (36 to 41 cm)
NC57205-4	Large	16" to 18" (41 to 46 cm)
NC57205-5	X-Large	18" to 20" (46 to 51 cm)



NEW! CMO STANDARD AND BARIATRIC KNEE BRACES

Wraparound support with hinges fits most.

Helps stabilize lateral/medial collateral ligaments. Features anterior closure with hook and loop straps, 180° hinges set in reinforced pockets, two moveable/removeable felt buttresses for patellar stabilization and open popliteal.

		Circumference at mid-patella with leg extended
NC57265-1	XS/S	12" to 14" (28 to 36 cm)
NC57265-2	M/L	14" to 16" (36 to 41 cm)
NC57265-3	XL/2X	16" to 20" (41 to 51 cm)
NC57265-4	3X	20" to 22" (51 to 56 cm)
NC57265-5	4X	22" to 24" (41 to 61 cm)

NORCO™ UNIVERSAL KNEE IMMOBILIZER

Tri-panel design ensures an accurate fit.

Two removable metal stays for medial and lateral placement. Contoured, reinforced posterior stays with center "I" beam provide rigidity and a custom fit. Soft, navy blue foam laminate material adds comfort and resists staining. Hook and loop D-ring straps for easy closure cinching. Hand wash and air dry. Trimmable, universal design fits most. Latex free.



	Length
NC57255-16	16" (41 cm)
NC57255-18	18" (46 cm)
NC57255-20	20" (51 cm)
NC57255-22	22" (56 cm)
NC57255-24	24" (61 cm)

NORCO™ UNIVERSAL KNEE WRAP

Posterior knee area is left open for comfort.

Made of 1/16" (1.6mm) neoprene with a loop fabric exterior and nylon interior. Wraps completely around the knee. Posterior knee area remains open for comfort. Provides warmth and compression, and is ideal for sprains, arthritis and post-operative care. Machine wash and air dry. One size fits most knees with a circumference up to a 20" (51cm). Latex free.



NC57258

NORCO™ ELASTIC KNEE SUPPORT

Economical knee protection.

Made of heavy elastic knit material. Safeguards the knee during post-operative healing. Helps retain heat to soothe joints. Provides firm support for soft tissue compression. Machine or hand wash. Lay flat to dry. To size, measure circumference at the knee.



		Knee Circumference
NC15443-1	S	13" to 15" (33 to 38cm)
NC15443-2	M	15" to 18" (38 to 46cm)
NC15443-3	L	18" to 21" (46 to 53cm)
NC15443-4	XL	21" to 24" (53 to 61cm)

COMFORTPRENE™ HINGED KNEE SUPPORT WITH BUTTRESS PAD

Hinged stays prevent hyperextension.

Made of 1/8" (3.2mm) neoprene with a nylon liner. Has two neoprene-covered, aluminum, hinged stays with hyperextension stops at 170°, one medial and one lateral. Leather covering over hinges adds support and protection. Removable, interior felt buttress pad with hook attachment provides lateral, medial, inferior or superior patellar support. Opposing D-ring straps above and below the patellar opening provide adjustable fit. Measures 12 1/2" (32cm) long. Hand wash and air dry. To size, measure knee circumference. If between sizes, order the smaller size.



		Knee Circumference
NC57275	Small	13" to 14" (33 to 36cm)
NC57276	Medium	14" to 15" (36 to 38cm)
NC57277	Large	15" to 17" (38 to 43cm)
NC57278	X-Large	17" to 19" (43 to 48cm)

COMFORTPRENE™ PATELLAR KNEE SUPPORT

Flexible stays help prevent rolling.

Made of 1/8" (3.2mm) neoprene with a nylon liner. Patellar opening has a built-in, superior felt buttress pad. Four built-in, flexible stays, two medial and two lateral, prevent rolling. Opposing D-ring straps above and below the patellar opening provide adjustable fit. Indicated for patellar subluxation, tendinitis, chondromalacia and patellar dislocations. Support measures 12 1/2" (32cm) long. Hand wash and air dry. To size, measure circumference at the knee. If between sizes, order the smaller size. Latex free.



		Knee Circumference
NC57283	Small	13" to 14" (33 to 36cm)
NC57284	Medium	14" to 15" (36 to 38cm)
NC57285	Large	15" to 17" (38 to 43cm)
NC57286	X-Large	17" to 19" (43 to 48cm)

COMFORTPRENE™ DELUXE KNEE SUPPORT WITH OPEN PATELLA

Open support features additional neoprene around the knee.

Made of 1/8" (3.2mm) neoprene with a nylon liner. Proximal end tapers in back for a comfortable fit. An additional neoprene layer surrounds the anterior knee to provide extra warmth and padding. Support measures 12 1/2" (32cm) long. Hand wash and air dry. To size, measure circumference at the knee. If between sizes, order the smaller size. Latex free.



		Knee Circumference
NC57279	Small	13" to 14" (33 to 36cm)
NC57280	Medium	14" to 15" (36 to 38cm)
NC57281	Large	15" to 17" (38 to 43cm)
NC57282	X-Large	17" to 19" (43 to 48cm)



PREFORMED FUNCTIONAL POSITION HAND SPLINT

Maintain functional position and place the thumb in palmar abduction and opposition.

Available with or without adhesive D-ring hook and loop straps. Modify with a heat gun or by immersing in 160°F (72°C) water. To size, measure across the second to fifth MP joints.

Preformed without Straps			
Left	Right		Width at MP Joints
NC15920	NC15921	Small	Up to 3½" (Up to 8.9 cm)
NC15922	NC15923	Medium	3½" to 4" (8.9 to 10 cm)
NC15924	NC15925	Large	4" and Up (10 cm and Up)

Preformed with Straps			
Left	Right		Width at MP Joints
NC15920-D	NC15921-D	Small	Up to 3½" (Up to 8.9 cm)
NC15922-D	NC15923-D	Medium	3½" to 4" (8.9 to 10 cm)
NC15924-D	NC15925-D	Large	4" and Up (10 cm and Up)

Perforated Preformed with Straps			
Left	Right		Width at MP Joints
NC13530	NC13531	Small	Up to 3½" (Up to 8.9 cm)
NC13532	NC13533	Medium	3½" to 4" (8.9 to 10 cm)
NC13534	NC13535	Large	4" and Up (10 cm and Up)



PREFORMED ANTI-SPASTICITY BALL SPLINT

Maintain the palmar arch and place the hand in the reflex inhibiting position.

Ideal for controlling spasticity. Padded D-ring straps are made of Cushion-Strap™ and fasten with Velcro® hook tabs. Removable rivet allows for replacement of hand strap. Modify with a heat gun or by immersing in 160°F (72°C) water. To size, measure across the second to fifth MP joints.

Full Arm			
Left	Right		Width at MP Joints
NC15818-3	NC15818-4	Small	Up to 3½" (Up to 8.9 cm)
NC15818-5	NC15818-6	Medium	3½" to 4" (8.9 to 10 cm)
NC15818-7	NC15818-8	Large	4" and Up (10 cm and Up)

Hand Based			
Left	Right		Width at MP Joints
NC13540	NC13541	Small	Up to 3½" (Up to 8.9 cm)
NC13542	NC13543	Medium	3½" to 4" (8.9 to 10 cm)
NC13544	NC13545	Large	4" and Up (10 cm and Up)



PREFORMED NEUTRAL POSITION HAND SPLINT

Round cone shape keeps fingers relaxed while maintaining a neutral hand position.

Use for CVA clients and persons in a skilled nursing facility rehabilitation program. Padded forearm D-ring straps are made of durable CushionStrap™ and fasten with Velcro® hook tabs. Removable rivet allows for replacement of hand strap. Adjust with a heat gun or by immersing the splint in 160°F (72°C) water. To size, measure across the second to fifth MP joints.

Full Arm			
Left	Right		Width at MP Joints
NC15830-1	NC15830-2	Small	Up to 3½" (Up to 8.9 cm)
NC15830-3	NC15830-4	Medium	3½" to 4" (8.9 to 10 cm)
NC15830-5	NC15830-6	Large	4" and Up (10 cm and Up)

Hand Based			
Left	Right		Width at MP Joints
NC13550	NC13551	Small	Up to 3½" (Up to 8.9 cm)
NC13552	NC13553	Medium	3½" to 4" (8.9 to 10 cm)
NC13554	NC13555	Large	4" and Up (10 cm and Up)

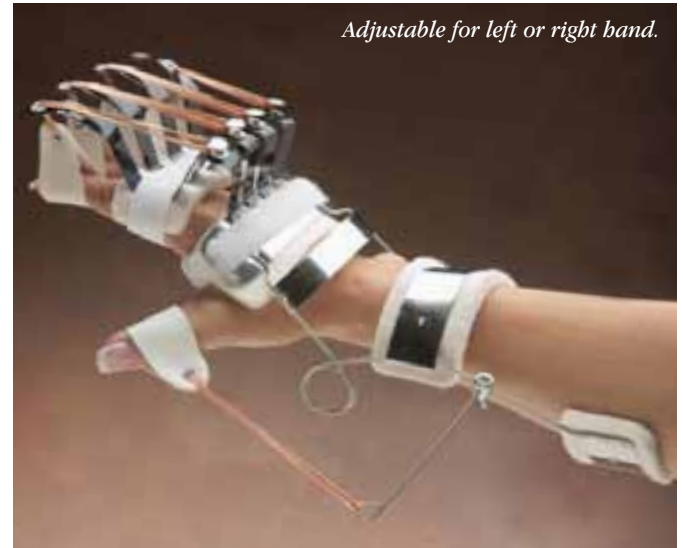


NEW! BUNNELL™ COMBINATION OPPENHEIMER WITH DYNAMIC WRIST AND IP EXTENSION

Ideal for post-radial nerve injuries, fracture, or spastic neurological conditions.

Provides dynamic wrist, finger and thumb extension while allowing active flexion. Adjust fit and dynamic force by bending lateral wires/outriggers and changing size of elastic bands. The adjustable position of the thumb outrigger determines if the splint is for left or right hand. Made of spring steel with felt pads, spring wire and latex-free elastic bands. Clean with mild soap and damp towel. Air dry. To size, measure the MP joints.

		Width at MP Joints	
NC44589	Small	2½" (6.4 cm)	
NC44590	Medium	3" (7.6 cm)	
NC44591	Large	3½" (8.9 cm)	



PREFORMED RESTING PAN MITT SPLINT

Rest the CMC and MP joints in palmar and radial abduction.

Positions the thumb in a 45° extension midway between palmar and radial abduction. Adjust with a heat gun or by immersing the splint in 160°F (72°C) water. To size, measure across the second to fifth MP joints.

Left	Right	Width at MP Joints	
NC15837-1	NC15837-2	Small	Up to 3½" (Up to 8.9cm)
NC15837-3	NC15837-4	Medium	3½" to 4" (8.9 to 10cm)
NC15837-5	NC15837-6	Large	4" and Up (10cm and Up)



WANCHIK NEUTRAL POSITION RESTING WRIST/HAND ORTHOSIS

Maintain the oblique position of metacarpal heads in a resting splint.

Made to fit the thenar and hypothenar eminences of the hand, this orthosis maintains the proper curve and angle of metacarpal arch in relation to the wrist joint. To size, measure across the second to the fifth MP joints. Made of Kydex®.

Left	Right	Width at MP Joints	
NC15954-1	NC15954-2	Small	Up to 3½" (Up to 8.9 cm)
NC15954-3	NC15954-4	Medium	3½" to 3¾" (8.9 to 9.5 cm)
NC15954-5	NC15954-6	Large	3¾" to 4¼" (8.6 to 11 cm)
NC15954-7	NC15954-8	X-Large	4¼" to 4¾" (11 to 12 cm)



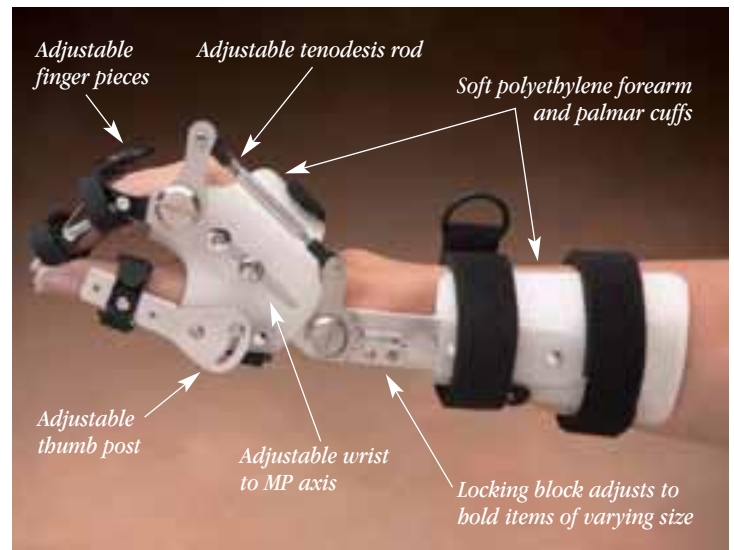
SAFE POSITION/BURN SPLINT

Keeps the hand in an intrinsic-plus position.

Ideal for positioning hands following burn injuries, tendon transfers or trauma. Accommodates thick wound dressings. Extra length at the fingers, allowing for pulley traction attachments and reinforced web space area. The wrist is positioned at 20° to 30° extension, MPs positioned at 60° to 70° flexion, IP extended and thumb in mid-abduction/extension position. Modify with a heat gun or by immersing in 160°F (72°C) water. Can be cleaned with any antiseptic solution. To size, measure across the second to the fifth MP joints. Made of 1/8" (3.2mm) beige NCM Spectrum™ splinting material.

Left	Right	Width at MP Joints	
NC15959-1	NC15959-2	Small	Up to 3½" (Up to 8.9cm)
NC15959-3	NC15959-4	Medium	3½" to 4" (8.9 to 10cm)
NC15959-5	NC15959-6	Large	4" and up (10cm and up)





PROGRESS-PLUS™ WRIST EXTENSION TURNBUCKLE ORTHOSIS*



Provide progressive low-load force to improve wrist extension.

Hand and wrist portion is made of high-density foam with a malleable metal frame. Forearm portion is made of molded Kydex®. Includes a removable, terrycloth-padded foam liner. D-ring straps with Progress™ hook tab ends ensure snug fit and correct placement. Latex free. Gradually progress wrist position between 0° and 60° extension with infinite turnbuckle adjustments. Ideal for contracture management, returning wrist and fingers to a more functional position. Initially the user's fingers and wrist should be able to be passively extended to neutral. Clean orthosis surface with soap and water. Liner is machine washable. To size, measure width at MP joints.

Left	Right		Width at MP Joints
NC33804-1	NC33804-2	X-Small	3" to 3¼" (7.6 to 8.4 cm)
NC33804-3	NC33804-4	Small	3¼" to 3½" (8.4 to 8.9 cm)
NC33804-5	NC33804-6	Medium	3½" to 3¾" (8.9 to 9.5 cm)
NC33804-7	NC33804-8	Large	3¾" and up (9.5 cm and up)

Replacement Liner		
Left	Right	
NC33803-1L	NC33803-2L	X-Small
NC33803-3L	NC33803-4L	Small
NC33803-5L	NC33803-6L	Medium
NC33803-7L	NC33803-8L	Large

**Use under the supervision of a medical professional.*

NEW! TALON™ ADJUSTABLE WRIST DRIVEN WRIST HAND ORTHOSIS (WDWHO)*

A great alternative to custom-made tenodesis orthoses that provide pinch.

Features soft polyethylene forearm and palmar cuffs for comfortable wear. Use as an evaluation and training device for patients who have diminished wrist and hand strength. Ideal for spinal cord injury patients with poor to good wrist extension and limited flexion strength. Locking block allows the hand to open and close to grasp items of varying sizes. Tenodesis rod adjusts length easily to set wrist to MP axis. Finger pieces and thumb post are adjustable. Fits most adults.



NC99485L Left
NC99485R Right

**Use under the supervision of a medical professional.*

NEW! PROGRESS-PLUS™ WRIST FLEXION TURNBUCKLE ORTHOSIS*



Simplify wrist and finger flexion contracture management to 0° neutral position.

Soft, lightweight orthosis is made of a flexible plastic form laminated between dense, closed-cell foam padding. Removable liner is made of foam padding with a soft, terrycloth covering. D-ring hook and loop straps cinch easily for a proper fit. Latex free. Orthosis provides static progressive positioning of the wrist between 0° neutral and 60° flexion to improve range of motion. Simply tighten the turnbuckle to apply incremental, low-load force to the wrist joint. Ideal for wrist flexion contractures due to fractures, surgical repairs or abnormal tone conditions. Progresses the hand to a functional resting position. User must have passive finger extension and wrist contracture can be no greater than 60° flexion. The thumb can be moved into abduction. Offers infinite adjustability without the use of tools. Clean orthosis surface with soap and water. Removable liner is machine washable. To size, measure width at MP joints.

**Use under the supervision of a medical professional.*

Left	Right		Width at MP Joints
NC33803-1	NC33803-2	XS	3" to 3¼" (7.6 to 8.4 cm)
NC33803-3	NC33803-4	S	3¼" to 3½" (8.4 to 8.9 cm)
NC33803-5	NC33803-6	M	3½" to 3¾" (8.9 to 9.5 cm)
NC33803-7	NC33803-8	L	3¾" and up (9.5 cm and up)

Replacement Liner		
Left	Right	
NC33803-1L	NC33803-2L	XS
NC33803-3L	NC33803-4L	S
NC33803-5L	NC33803-6L	M
NC33803-7L	NC33803-8L	L





NEW! RMI™ HYPERHAND™ PEDIATRIC ORTHOSIS



Ideal for correcting little hands.

Similar functional design as the RMI™ Hand Orthosis (right) except that the finger platform is divided to provide individual supports. Thin Kydex® insert is surrounded by moisture-wicking, breathable padded cover with attached straps. Designed to work through abnormal tone pressures of the wrist, fingers and thumb. Insert can be remolded over time using a heat gun, to improve hand posture. Removable cover may be machine washed and air dried. To size, measure width at the MP joints. Patent pending.

Left	Right		MP width
NC27075-1	NC27075-2	Infant	1¼" to 2"
NC27075-3	NC27075-4	Toddler	2" to 2¼"
NC27075-5	NC27075-6	Child	2¼" to 2½"
NC27075-7	NC27075-8	Youth	2¾" to 3"

NEW! RMI™ HAND ORTHOSIS

Preformed functional resting splint provides flex support of the wrist-hand-fingers-thumb for neuroprogressive care.

Use this WHFO for extremities with mild to moderate abnormal tone and contractures. Provides a base support to hold the passively stretched extremity comfortably. Insert is a preformed ⅛" (3.2mm) thick Kydex® functional resting splint which provides some flex for working through abnormal tone pressures. The insert can be modified easily to almost any position by using a heat gun. Remold periodically to improve posture. MPs are positioned in a cascading neutral arch. Thumb is fully supported volarly to prevent the collapse of the thenar eminence. Includes a soft moisture wicking, breathable cover with soft padded straps and a detachable finger separator. Removable cover can be machine washed and air dried. To size, measure width at the MP joints and length from wrist to fingertip.



Left	Right		MP width	Wrist to fingertip
NC27070-1	NC27070-2	Adult Small	Up to 3" (Up to 7.6 cm)	to 6½" (17 cm)
NC27070-3	NC27070-4	Adult Medium	3" to 3½" (7.6 to 8.9 cm)	to 7" (18 cm)
NC27070-5	NC27070-6	Adult Large	3½" to 3¾" (8.9 to 9.5 cm)	to 8" (20 cm)
NC27070-FS	Replacement Finger Separator			

NEW! Orthoses Accessories

WRIST-FINGER DRIFT STRAPPING SETUP

Modified setup for adult orthoses shown here.

This modified strapping setup must be ordered with one of the adult orthoses on this page. Setup consists of two padded finger straps that wrap in opposite directions for counterforce support and a bumper pad for wrist deviation correction. Applies 3-point leverage to correct drift deformities of the wrist and fingers. Orthosis comes pre-assembled with Strapping Setup. Patent pending. NC27071-3 **NEW!**



ULNAR DRIFT FINGER SEPARATOR

Position and correct deviated or flexed fingers.

Use to prevent finger overlapping, hygiene issues and gradually correct ulnar deviation. Made of padded, non-stretch strapping with dorsally overlapping finger separators. Replaces the standard finger separator and attaches to the sides of the finger platform. Fits the orthoses on this page or similar adult hand orthoses. One size. NC27071-4 **NEW!**

NEW! NEUROFLEX® THUMB EASE™ HAND ORTHOSIS



Designed to treat severe thumb adduction without restricting thumb CMC movement.

Ideal for abnormal tone conditions and contractures of the wrist-hand-fingers. Controls thumb adduction and overlapping fingers. Allows flex to help work through abnormal tone in the wrist and fingers. Includes a ⅛" (3.2mm) thick Kydex® preformed insert that can be remolded to match almost any degree of joint range by using a heat gun to gradually bring the wrist and fingers into a more functional posture. Foam-padded cover with wide straps and special thumb piece, and a pocket that holds a 1" (2.5 cm) thick firm foam wedge that can be cut down as needed to position the severely adducted/flexed thumb while allowing active CMC abduction/extension. Attached thumb strap provides full securement. Includes removable soft, padded finger separators. Removable cover can be machine washed and air dried. To size, measure width at the MP joints and length from wrist to fingertip.



Firm foam wedge positions the adducted thumb.

Foam-padded cover with wide straps and special thumb piece, and a pocket that holds a 1" (2.5 cm) thick firm foam wedge that can be cut down as needed to position the severely adducted/flexed thumb while allowing active CMC abduction/extension. Attached thumb strap provides full securement. Includes removable soft, padded finger separators. Removable cover can be machine washed and air dried. To size, measure width at the MP joints and length from wrist to fingertip.

Left	Right		MP width	Wrist to fingertip
NC27074-1T	NC27074-2T	Toddler	2" to 2¼" (5.1 to 5.7 cm)	to 4" (10 cm)
NC27074-1C	NC27074-2C	Child	2¼" to 2½" (5.7 to 6.4 cm)	to 4½" (11 cm)
NC27074-1Y	NC27074-2Y	Youth	2¾" to 3" (7.0 to 7.6 cm)	to 5" (13 cm)
NC27074-1	NC27074-2	Adult Small	Up to 3" (Up to 7.6 cm)	to 6½" (17 cm)
NC27074-3	NC27074-4	Adult Medium	3" to 3½" (7.6 to 8.9 cm)	to 7" (18 cm)
NC27074-5	NC27074-6	Adult Large	3½" to 3¾" (8.9 to 9.5 cm)	to 8" (20 cm)
NC27074-FS	Replacement Adult Finger Separator			

Replacement covers for the orthoses shown above are available separately. For more information, call 800-821-9319 or visit www.ncmedical.com.



Progress™ Splints conform to your progressive splinting needs.

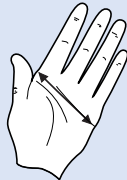
Progress™ Splints are ideal for persons with weakness, contractures, mild to moderate tone, or spasticity. The innovative design combines a malleable metal frame with dense foam padding for a lightweight, soft splint that supports like a moldable plastic splint.

Change the angles of the splint using only your hands for progressive positioning. No tools are needed. Hook-compatible material allows attachment of straps anywhere on the splint. A liner (except with the Dorsal Anti-Spasticity Splint), straps with D-ring buckles and Velcro® strap tabs are included with each Progress™ splint. Machine washable. Latex free.

An informational video featuring Progress™ Splints is available online at: www.ncmedical.com

Easy, uniform sizing for all Progress™ hand and wrist splints.

Measure width across the MP joints at the distal palmar crease.



	Width at MP Joints	
Pediatric	2¼" to 3"	(5.7 to 7.6cm)
X-Small	3" to 3¼"	(7.6 to 8.3cm)
Small	3¼" to 3½"	(8.3 to 8.9cm)
Medium	3½" to 3¾"	(8.9 to 9.5cm)
Large	3¾" and up	(9.5cm and up)



PROGRESS™ PALM AND WRIST PROTECTOR

Maximum control and positioning for severely flexed hands.

Provides the same superior benefits as the Progress™ Palm Protector (see page 109), with the added advantage of adaptable wrist and forearm positioning. Even the most severely flexed hand and wrist can be improved. The palmar section can be folded or rolled for progressive finger extension. Includes splint liner, two straps with D-ring buckles and Velcro® strap tabs. To size, see chart above.

Left	Right	
NC25623	NC25624	Small
NC25625	NC25626	Medium
NC25627	NC25628	Large

Replacement Finger Separator
NC25629



PROGRESS™ SPLINT LINERS

Included with all Progress™ splints (except Dorsal Anti-Spasticity).

Designed specifically for Progress™ splints. Made of soft terrycloth with ¼" (6.4mm) foam padding. Helps cushion bony, tender areas and keep the skin cool and dry. Liners attach easily with hook fasteners. Machine wash and dry.

Liners are included with all the Progress™ splints shown on pages 104 and 105, with the exception of the Dorsal Anti-Spasticity Splint.



PROGRESS™ FINGER SEPARATORS

Interchangeable with multiple Progress™ Splints.

Use the I.F. Separator with:

- Palm and Wrist Protector
- I.F. Ball Splint
- Palm Protector

NC25342



I.F. Separator

Use the Dorsal Finger Separator with:

- Dorsal Anti-Spasticity Splint
- Functional Resting Splint
- Neutral Resting Splint

NC25647



Dorsal Finger Separator

For replacement straps, see our Hand Therapy Catalog® or visit www.ncmedical.com



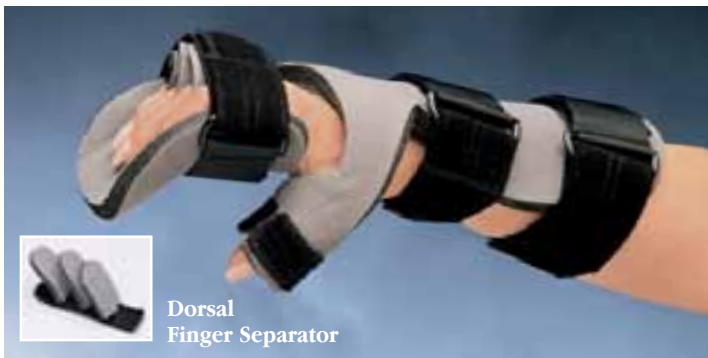
PROGRESS™ NEUTRAL HAND CONE SPLINT

Everything you want in a tone-inhibiting splint and more!

Places the wrist and forearm in a slightly supinated, neutral alignment position. Comfortably cushioned hand cone and a fully adjustable forearm trough provide for a custom fit. Side flares can be molded around the hand. Includes splint liner, three straps with D-ring buckles and Velcro® strap tabs. To size, see chart above.

Left	Right	
NC25634	NC25635	Small
NC25630	NC25631	Medium
NC25632	NC25633	Large





Dorsal Finger Separator

PROGRESS™ DORSAL ANTI-SPASTICITY SPLINT

Achieve greater tone inhibition using a dorsal application.

This splint is designed to progressively reposition the hand and thumb for improved tone reduction. The dorsal forearm trough, thumb section and volar finger platform can be molded to fit the mildly to moderately spastic hand. The wrist can be positioned to 45° flexion or extension. Includes thumb strap, finger strap and two forearm straps with matching D-ring buckles and Velcro® strap tabs. A Finger Separator and a Palmar Arch also are included. To size, see chart on page 104.



Palmar Arch

Left	Right	
NC25670	NC25671	Small
NC25672	NC25673	Medium
NC25674	NC25675	Large



Available in a pediatric size.

PROGRESS™ FUNCTIONAL RESTING SPLINT

The most flexible, easy-to-use functional resting splint available.

The Progress™ Functional Resting Splint can be molded easily to fit persons with weakness or mild to moderate spasticity. The wrist and hand sections can be contoured by hand to progressively position the hand from a flexed position to a functional position. The thumb can be positioned from mid-range opposition to slight abduction. The forearm trough is fully moldable for optimal fit and comfort. Includes splint liner, three straps with matching D-ring buckles and Velcro® strap tabs. To size, see chart on page 104.

Left	Right	
NC25558	NC25559	Pediatric
NC25556	NC25557	X-Small
NC25600	NC25601	Small
NC25602	NC25603	Medium
NC25604	NC25605	Large



Liner included!



The I.F. Separator keeps the fingers securely positioned.

PROGRESS™ I.F. (INDIVIDUAL FINGER) BALL SPLINT

Provides full adjustability to each digit.

The Progress™ I.F. Ball Splint is ideal for persons with mild to moderate tone and for tightness or contractures that vary among fingers, as with arthritis. Unlike other ball-style splints, the Progress™ I.F. Ball Splint is fully adjustable at the fingers, thumb, wrist and along the entire length of the forearm trough. Includes splint liner, three straps with matching D-ring buckles and Velcro® strap tabs. An I.F. Separator is included for optimal fit and security. To size, see chart on page 104.

Left	Right	
NC25608	NC25609	Small
NC25610	NC25611	Medium
NC25612	NC25613	Large



Liner included!



PROGRESS™ NEUTRAL RESTING SPLINT

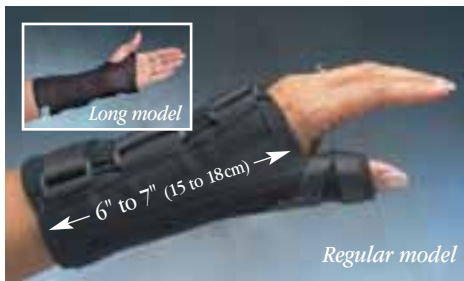
Keeps the thumb in a neutral position for greater comfort.

Much like the Progress™ Functional Resting Splint shown above, except this splint allows for improved alignment of the thumb in a more neutral position. Ideal for contractures due to Dupuytren, head injury, CVA or arthritic conditions. The thumb can be progressed from opposition/adduction to abduction/extension. Includes splint liner, three straps with matching D-ring buckles and Velcro® strap tabs. To size, see chart on page 104.

Left	Right	
NC25558	NC25559	Pediatric
NC25682	NC25683	X-Small
NC25684	NC25685	Small
NC25686	NC25687	Medium
NC25688	NC25689	Large



Liner included!



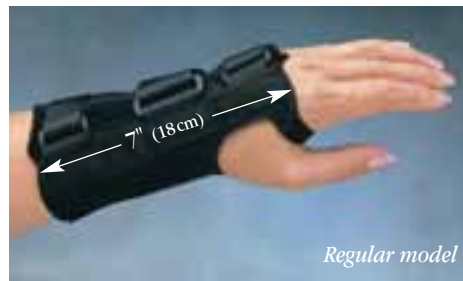
**COMFORT COOL™
D-RING THUMB AND WRIST SPLINT**

Thumb tip can be trimmed quickly to allow full IP flexion.

Protects and supports the thumb and wrist for conditions such as arthritis, tendinitis, sprains, strains, skier's thumb, gamekeeper's thumb, de Quervain's syndrome, wrist instabilities and post-surgery. Metal inserts at thumb and volar wrist can be bent to conform as needed and can be removed as the condition improves. Made of thin, 1/16" (1.6mm) perforated neoprene with a terrycloth liner to help keep skin dry. Two models available, **Long** measures 2" (5.1cm) longer than **Regular**. To size, measure circumference at distal palmar crease.

To size, measure circumference at distal palmar crease		
X-Small	6" to 7"	(15 to 18cm)
Small	7" to 7 3/4"	(18 to 20cm)
Medium	7 3/4" to 8 3/8"	(20 to 21cm)
Large	8 3/8" to 9"	(21 to 23cm)
X-Large	Over 9"	(Over 23cm)

Regular: 6 to 7" (15 to 18cm) length		
Left	Right	
NC91250	NC91251	X-Small
NC91252	NC91253	Small
NC91254	NC91255	Medium
NC91256	NC91257	Large
NC91258	NC91259	X-Large
Long: 8 to 9" (20 to 23cm) length		
Left	Right	
NC91260	NC91261	X-Small
NC91262	NC91263	Small
NC91264	NC91265	Medium
NC91266	NC91267	Large
NC91268	NC91269	X-Large



**COMFORT COOL™
D-RING WRIST SPLINT**

Cool, lightweight support provides cumulative trauma relief.

Provides semi-flexible support without excessive bulk or warmth. Ideal for wrist disorders such as carpal tunnel syndrome, arthritis and tendinitis. Volar aluminum support is pre-bent to position the wrist in 15° extension and can be removed for adjustments. Circumferentially designed with double-layer cotton stockinette under D-ring closures for comfort and easy application. Made of thin, 1/16" (1.6mm) perforated neoprene and lined with terrycloth. Two models available, **Long** measures 2" longer than **Regular**. Hand wash and air dry.

To size, measure wrist circumference		
X-Small	5 to 5 3/4"	(Up to 15)
Small	5 3/4" to 6 1/2"	(15 to 17cm)
Medium	6 1/2" to 7 1/2"	(17 to 19cm)
Large	7 1/2" to 8 1/2"	(19 to 22cm)
X-Large	8 1/2" and over	(22 and over)

Regular: 7" (18cm) length		
Left	Right	
NC52960	NC52961	X-Small
NC52962	NC52963	Small
NC52964	NC52965	Medium
NC52966	NC52967	Large
NC52968	NC52969	X-Large
Long: 9" (23cm) length		
Left	Right	
NC52970	NC52971	X-Small
NC52972	NC52973	Small
NC52974	NC52975	Medium
NC52976	NC52977	Large
NC52978	NC52979	X-Large



PROFLEX® WRIST SUPPORTS

Comfort in a semiflexible support.

Antibacterial lining wicks away perspiration and keeps hands cool and dry. Ideal when semiflexible support is required. Helps to relieve symptoms of carpal tunnel syndrome, repetitive motion injuries and tendinitis. Patented open-center stay limits wrist movement and neutralizes posture while maintaining finger dexterity, flexibility and productivity. Made of woven elastic. To size, measure wrist circumference (see chart below).

ProFlex® 4000 Wrist Support positions the wrist in a neutral position and limits wrist flexion. Soft, thin thumb strap helps keep the splint in place.

ProFlex® 4010 Wrist Support features all the qualities of the ProFlex® 4000 and limits both flexion and extension movements. Longer body and additional adjustment strap for greater support.

To size, measure wrist circumference		
Small	Up to 6"	(Up to 15cm)
Medium	6" to 7"	(15 to 18cm)
Large	7" to 8"	(18 to 20cm)
X-Large	Over 8"	(Over 20cm)

ProFlex® 4000		
Black Left	Black Right	
NC70626-0	NC70626-1	Small
NC70626-2	NC70626-3	Medium
NC70626-4	NC70626-5	Large
NC70626-6	NC70626-7	X-Large
Tan Left	Tan Right	
NC70625-0	NC70625-1	Small
NC70625-2	NC70625-3	Medium
NC70625-4	NC70625-5	Large
NC70625-6	NC70625-7	X-Large

ProFlex® 4010		
Black Left	Black Right	
NC70631-0	NC70631-1	Small
NC70631-2	NC70631-3	Medium
NC70631-4	NC70631-5	Large
NC70631-6	NC70631-7	X-Large
Tan Left	Tan Right	
NC70630-0	NC70630-1	Small
NC70630-2	NC70630-3	Medium
NC70630-4	NC70630-5	Large
NC70630-6	NC70630-7	X-Large

PROFLEX® 4020 WRIST SUPPORT

Compact, open-palm design holds the wrist in a neutral position.

Lightweight design provides a conforming fit. Ideal for tendinitis, carpal tunnel syndrome and other injuries associated with repetitive wrist bending. Features a patented, open-center stay that follows the natural shape of the hand to limit wrist flexion and pressure on the median nerve. Interior ventilation holes keep the hand cool and dry for added comfort. Made of nylon-covered neoprene. Available in gray or blue. To size, measure wrist circumference.



Blue Left	Blue Right	Gray Left	Gray Right	Wrist Circumference	
NC70634-0	NC70634-1	NC70635-1	NC70635-2	X-Small/Small	Up to 6" (Up to 15cm)
NC70634-2	NC70634-3	NC70635-3	NC70635-4	Medium	6" to 7" (15 to 18cm)
NC70634-4	NC70634-5	NC70635-5	NC70635-6	Large/X-Large	7" and up (18cm and up)



COMFORT COOL™ THUMB CMC SPLINTS

Comfortable splints provide direct support for the thumb CMC joint while allowing full finger function.

Unique one piece wraparound supports feature a contoured strap that wraps around the thumb CMC joint and the first metacarpal for direct joint support. Reinforced stitching allows the splint to be trimmed below the thumb MP joint. Made of thin, 1/16" (1.6mm) perforated neoprene with a terrycloth liner that helps keep skin cool



and comfortable. To size, measure circumference of MP joints at the distal palmar crease. Hand or machine wash and air dry. Latex free.

Thumb CMC Sizing Chart	
MP Circumference	
Toddler	4½" to 5½" (11 to 14 cm)
Youth	5½" to 6½" (14 to 17 cm)
Small	6" to 7" (15 to 18 cm)
Small Plus	6½" to 7¼" (17 to 18 cm)
Medium	7" to 8" (18 to 20 cm)
Medium Plus	7¾" to 8¼" (20 to 21 cm)
Large	8" to 9" (20 to 23 cm)
Large Plus	8¾" to 9½" (21 to 24 cm)
X-Large	9" to 10" (23 to 25 cm)



Pediatric size available

The Thumb CMC Restriction Splint provides gentle compression that helps relieve thumb discomfort associated with CMC joint arthritis and/or instability, tendinitis or repetitive motion. Plus sizes for this splint are a half size bigger with a longer thumb wrap. Patented.

The Wrist and Thumb CMC Restriction Splint is used to support the wrist and thumb for combined conditions such as arthritis, CTS, de Quervain's, tendinitis, joint instabilities and post-surgical repair of the wrist and thumb. The special pull-through wrist strap requires less hand manipulation, making it easy to adjust and fasten the splint. Neoloop™ strap material provides extra support and compression around the wrist.

Thumb CMC Abduction Splint is ideal for treating thumb deformity and contractures due to neurological conditions, median nerve injuries or arthritis, especially where the thumb is held adducted against the palm. It has the addition of a firm, moldable insert inside the thumb strap. Microwave the thumb strap to soften the thermoplastic insert, then mold it to fit precisely along the thenar eminence crease. Thumb strap helps to abduct and stabilize the first metacarpal and open the thumb web space.



Thumb CMC Restriction Splint

Black Left	Black Right	Beige Left	Beige Right	
NC79546	NC79547	-	-	Toddler
NC79548	NC79549	-	-	Youth
NC79562	NC79563	NC79580	NC79581	Small
NC79556	NC79557	NC79582	NC79583	Small Plus
NC79564	NC79565	NC79584	NC79585	Medium
NC79558	NC79559	NC79586	NC79587	Medium Plus
NC79566	NC79567	NC79588	NC79589	Large
NC79560	NC79561	NC79590	NC79591	Large Plus
NC79550	NC79551	NC79592	NC79593	X-Large

Wrist and Thumb CMC Restriction Splint

Black Left	Black Right	
NC79570	NC79571	Small
NC79572	NC79573	Medium
NC79574	NC79575	Large
NC79576	NC79577	X-Large

Thumb CMC Abduction Splint

Black Left	Black Right	
NC79490	NC79491	Toddler
NC79492	NC79493	Youth
NC79494	NC79495	Small
NC79496	NC79497	Medium
NC79498	NC79499	Large

LIBERTY™ SPORT WRIST BRACE



Semiflexible brace provides secure support for the active person.

Helps prevent cumulative trauma injury. Made of ultrasoft leather with two removable foam pads. Use with or without the pads for three levels of support. Insert the ¼" (6.4mm) pad for moderate support and the ½" (3.2mm) pad for mild-flexible support. Use without the pads for mild support. To size, measure circumference at wrist crease.



Left	Right		Wrist Circumference
NC15965-0	NC15965-1	X-Small	5⅛" to 5½" (13 to 14 cm)
NC15965-2	NC15965-3	Small	5½" to 5⅞" (14 to 15 cm)
NC15965-4	NC15965-5	Medium	5⅞" to 6¼" (15 to 17 cm)
NC15965-6	NC15965-7	Large	6¼" to 7⅞" (17 to 19 cm)
NC15965-8	NC15965-9	X-Large	7⅞" to 8⅞" (19 to 22 cm)

COMFORT COOL™ WIDE WRIST WRAP

Full coverage for the wrist and distal forearm.

Thin, 1/16" (1.6mm) perforated neoprene wrap provides support and compression to reduce discomfort. Ideal for soft tissue injuries due to repetitive motion and arthritis. The wide design



provides generous overlapping around the wrist and distal forearm. Limits the final degrees of wrist motion while allowing hand function. Neoprene can be trimmed easily. Soft terrycloth liner feels good against the skin. Hand wash and air dry. One size fits either the left or right hand.

NC79510



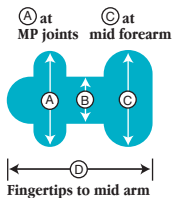
COMFY™ WRIST HAND FINGER ORTHOSIS AND OPTIONAL FINGER SEPARATOR



Comfortable support provides gradual extension.

Use to treat arthritic or neuromuscular deformities, flexion of the MP, PIP, DIP or wrist joints, ulnar deviation or wrist drop. Helps relieve pressure areas and prevent development of contractures. Arm, wrist and finger sections adjust independently. Covers and straps are made of absorbent terrycloth. Machine wash and dry. Insert can be cleaned with soap and water. Fits either the left or right hand. The optional Finger Separator attaches with an elastic strap and Velcro®, and can be positioned to protect and prevent pressure areas between the PIP or DIP joints at any angle. One navy blue adult size fits most adults. Latex free.

Orthosis: Child		Finger Separator: Child	
NC99480	Small Purple	NC99480-FS	Small Purple
NC99481	Medium Blue	NC99481-FS	Medium Blue
NC99482	Large Green	NC99482-FS	Large Green
Orthosis: Adult		Finger Separator: Adult	
NC27170	Navy	NC27170-FS	Navy



Orthosis Dimensions					
Child	A	B	C	D	
Small	4½" (11cm)	3" (7.6cm)	4½" (11cm)	7" (18cm)	
Medium	5" (13cm)	3" (7.6cm)	5" (13cm)	8½" (22cm)	
Large	5½" (14cm)	3" (7.6cm)	5" (13cm)	10" (25cm)	
Adult	6½" (17cm)	3" (7.6cm)	5½" (14cm)	12" (30cm)	



PIL-O-SPLINT™

Ideal for treating carpal tunnel syndrome.

This resting splint is designed to help relieve pain caused by repetitive stress. Made of soft, flannel-like material and cushioned foam with plastic dorsal stays for firm support. The palm rests on a small pillow while the fingers and wrist are immobilized in a neutral position. **Standard** model slides on and off easily, and covers the fingers up to the DIP joints for full finger relaxation and support. **Wraparound** model has a Velcro® strap that can be adjusted to accommodate forearms of all sizes. Both models measure 12½" (32cm) from wrist to forearm and fit either the left or right arm. To size, measure the forearm circumference.

		Forearm Circumference
NC10112	Wraparound	One Adjustable Size
NC18101	Standard	Up to 12" (30cm)
NC18103	X-Small	Up to 10" (25cm)



AIR-SOFT™ RESTING HAND SPLINT

Comfortable, bendable support for the hand.

Supports the fingers, thumb and wrist in a functional resting position and allows simple adjustment of the wrist and thumb. Indicated for post surgery/injury, wrist drop and finger flexor tightness. Not intended for severe spasticity. Malleable aluminum frame allows static progressive splinting of the wrist, thumb and MPs. Soft padding surrounds the metal frame for comfort and protection. Support is lined with a self-wicking material. To size, measure across the second to the fifth MP joints.

Left	Right	Width at MP Joints	
L325-BL	L325-BR	Small	2¼" to 2¾" (5.7 to 7.0cm)
L325-CL	L325-CR	Medium	2⅞" to 3¼" (7.3 to 8.3cm)
L325-DL	L325-DR	Large	3⅜" to 3¾" (8.6 to 9.5cm)



WIRE-FOAM™ ECONOMICAL RESTING SPLINT

Place the injured hand in a functional resting position following surgery or injury.

Supports the wrist, fingers and thumb. Allows simple adjustments of wrist and thumb position. This ventilated, lightweight splint weighs less than 3 oz. (85g). To size, measure across the second to the fifth MP joints.

Left	Right	Width at MP Joints	
L125-BL	L125-BR	2¼" to 2¾" (5.7 to 7.0cm)	
L125-CL	L125-CR	2⅞" to 3¼" (7.3 to 8.3cm)	
L125-DL	L125-DR	3⅜" to 3¾" (8.6 to 9.5cm)	



POSEY® PALM CONE WITH FINGER SEPARATORS

Combination anti-contracture device conforms to the hand's natural shape.

Fingers and hand conform around this soft terry-covered, 5" (13 cm) firm hand cone. Helps prevent skin breakdown. Keeps fingers separated with the 3/4" (8.6mm) thick cushion finger dividers. Elastic strap helps hold grip in place. Machine washable.

NC89012



FINGER CONTRACTURE CUSHION

Soft pad helps protect the palm.

Polyester-filled cushion covered with comfortable, cotton terry cloth. Gently separates the fingers and helps prevent them from pressing into the palm. A 1/4" (6.4mm) wide elastic strap keeps the cushion on the hand. Institutional washer safe. Package of three. To size, measure across the second to the fifth MP joints.

		Width at MP Joints
NC89010	Regular	3" to 3 1/2" (7.6 to 8.9cm)
NC89011	Large	3 1/2" to 4" (8.9 to 10cm)



PROGRESS™ PALM PROTECTOR

Shape for progressive positioning.

Removable finger separators offer finger abduction to assist with tone control and hygiene. Fold or roll the palmar flap to achieve the desired thickness. When rolled, the flap can accommodate a small cone or cylindrical foam roll. Made of 3/8" (9.5mm) thick, high-density foam covered with soft fabric and a hook and loop closure. Trim for a custom fit. Latex free. One size fits all.

Left	Right
NC25620	NC25621



Made of Comfortprene™ with perforations for cool, comfortable wear.

COMFORT COOL™ THUMB ABDUCTOR STRAP



Use to treat spasticity or tendinitis.

The 1/16" (1.6mm) thick neoprene loop strap offers a comfortable stretch through the thumb or finger web space. Decrease thumb adductor tone or position the thumb for optimal hand function. Achieve radial or palmar thumb abduction by relocating the thumb loop on the separate wrist strap. Fits either the left or right hand. Small is appropriate for some children. Latex free.

		Wrist Circumference
NC79520	Small	4 1/2" to 5 1/2" (11 to 14cm)
NC79521	Medium	5 1/2" to 7" (14 to 18cm)
NC79522	Large	7" to 8" (18 to 20cm)



TERRY CLOTH HAND CONE

A comfortable and economical hand cone.

Firm cone has a 1" (2.5cm) wide dorsal strap that snaps to itself to help secure the device in the hand. Measures 5" (13cm) tall. Terry cloth cone cover is machine washable.

	Base Diameter
NC15520	2" (5.1cm)



NORCO™ PALM PROTECTOR

Protect palms and allow finger movement.

This exceptionally soft palm protector allows free finger movement while helping to prevent finger contractures and skin breakdown in the palm. Constructed of lightweight, closed-cell foam with a fleece-like synthetic material. Machine washable. Package of three. One size fits all. Latex free.

NC52250	Left	(3)
NC52251	Right	(3)

SOFT PUTTY ELASTOMER™

Design custom fitted soft splints.

Use to create web space splints and finger separators for improved positioning and protection. Use as an individual splint or as an addition to a hand splint. Knead equal parts of the green and white elastomers together to make a firm yet flexible support. Softening emollients allow easy mixing. Cured putty has great reproduction of detail

and is strong and resilient. Sets up at room temperature in approximately 4 minutes. Available in two 6 oz. jars (12oz. total) or two 16 oz. jars (32oz. total). Store at 75° F (24°C) or below.

NC15412	12 oz. (340g)
NC15413	32 oz. (907g)



Extra-soft texture for sensitive areas.



COMFORT COOL™ ULNAR NERVE ELBOW PROTECTOR WITH GEL PAD

Allows greater functional use of the arm because the elbow is not immobilized.

Made of 1/16" (1.6mm) perforated neoprene with a soft terrycloth liner. Circumferential design with open proximal end makes the splint easy to put on and adjust. Latex free. Provides protection and support for such conditions as thoracic outlet syndrome, tendinitis, bursitis, ulnar nerve irritation and post-surgical repair of the elbow.

Mold the precut, 1/8" (3.2mm) Prism™ thermoplastic insert to fit the elbow at the flexion limit. The insert protects the ulnar nerve from damaging tension by allowing the elbow to move from full extension to the molded, limited flexion position. Gel elbow pad protects the vulnerable posterior elbow from painful bumps and pressure points. Removable gel pad measures 5 1/2" x 4 1/2" (14 x 11 cm) and is 3/8" (9.5 mm) thick. Slight depression accommodates the olecranon. Hand wash and air dry. To size, measure circumference at the widest part of the forearm. If measurement falls between sizes, select the larger size. Fits either the left or right elbow.



Thermoplastic insert, gel elbow pad and neoprene support.

Elbow Circumference			
NC33850-1	Small	8" to 9 1/2"	(20 to 24 cm)
NC33850-2	Medium	9 1/2" to 11"	(24 to 28 cm)
NC33850-3	Large	11" to 12 1/2"	(28 to 32 cm)
NC33850-4	X-Large	Over 12 1/2"	(Over 32 cm)



Comfortable, padded support is ideal for nighttime positioning of the elbow.

PIL-O-SPLINT® ELBOW SUPPORT

Adjustable wrap features removable insert.



Soft foam padding is lined with breathable cotton and is covered with flannel-like fabric for cushioned support. The Pil-O-Splint® is ideal for nighttime positioning of the elbow for conditions such as tendinitis, ulnar nerve compression or thoracic outlet syndrome affecting the elbow. Immobilizes the elbow in full extension. Latex free. Dual Velcro® straps allow easy compression adjustment. Removable plastic stay provides additional support as needed. Machine wash and air dry.

		Length	Circumference
NC10113	Standard	11 1/4" (29 cm)	Up to 11" (28 cm)
NC10115	X-Large	13" (33 cm)	Over 11" (28 cm)

COMFY™ ELBOW AND ARM POSITIONER

Extends hand and elbow simultaneously.

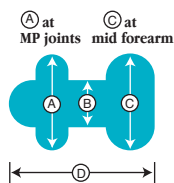
Use for gradual extension of the spastic elbow, clenched finger, wrist or hand due to arthritis, CVA, disuse atrophy or neurological disorders. Helps increase range of motion, improve positioning for functional activities, and prevent flexion contractures. Fully adjustable. Hand component rotates to accommodate some pronation. Machine washable covers and straps are made of soft, absorbent terrycloth. Latex free. Insert can be wiped clean with disinfectant. Fits either hand. Color-coded by size. Patent pending.



	Pediatric Sizes	Approximate Age	Splint Length
NC55520-1	Small	Purple	1 to 4 yrs. 7" (18 cm)
NC55520-2	Medium	Blue	4 to 9 yrs. 8 1/2" (22 cm)
NC55520-3	Large	Green	9 yrs. to adult 10" (25 cm)
NC55520-A	Adult	Navy	One size 12" (30 cm)

Orthosis Dimensions

Sizing
Orthosis generally fits little more than half the circumference of the supported area.



Child	A	B	C	D	E	F	Rod adjustment
Small	12" to 12 1/2"	5"	5 1/2"	6 1/2"	5"	5"	0" to 1/2"
Medium	13" to 13 1/2"	5 1/2"	6"	7 1/2"	5 1/2"	6"	0" to 1/2"
Large	15 1/2" to 16 1/2"	5 1/2"	7 1/2"	8"	6"	6"	0" to 1"
Adult	19 1/2" to 21 1/2"	6 1/2"	9 1/2"	10 1/2"	7"	7"	0" to 2"



SOFT SPLINT ELBOW/KNEE IMMOBILIZER

Foam beads conform to comfortably position the elbow or knee.

Use to limit elbow or knee flexion. Vinyl-coated, linen mesh fabric cover, 100% cotton lining and polystyrene bead fill. D-ring straps allow a secure fit. Add or remove beads through the zippered opening to allow motion as desired. Machine washable. See instructions for sterilization procedures. Pediatric length is 13" (33 cm), Small is 17" (43 cm), Medium is 20" (51 cm), Large is 23" (58 cm), XL is 27" (69 cm) and XXL is 30" (76 cm). To size, measure the largest circumference at or near the elbow or knee.

		Fits Circumference	
NC19300-1	Ped.	Up to 6 1/2"	(Up to 17 cm)
NC19300-2	S	6 1/2" to 9 1/2"	(17 to 24 cm)
NC19300-3	M	9 1/2" to 12 1/2"	(24 to 32 cm)
NC19300-4	L	12 1/2" to 15 1/2"	(32 to 39 cm)
NC19300-5	XL	15 1/2" to 18 1/2"	(39 to 47 cm)
NC19300-6	XXL	18 1/2" to 21"	(47 to 53 cm)



COMFY™ GONIOMETER ELBOW ORTHOSIS 

For non-fixed contractures of the elbow.

Use to increase elbow extension. Works in the same manner as serial casting, gradually adjusting the amount of extension. Included hex wrench adjusts angle on hinge goniometer from 0° to 180° in 10° increments. Blocks flexion or extension while allowing motion in opposite direction. Also may be set in the desired static position. Machine wash terry cloth covers and straps. Fits either the left or right arm. Sizes indicate approximate age. Latex free.

Child	Approximate Age		
NC27180-1P	Small	Purple	1 to 4 yrs.
NC27180-2P	Medium	Blue	4 to 9 yrs.
NC27180-3P	Large	Green	9 yrs. to adult
NC27180	Adult	Navy	



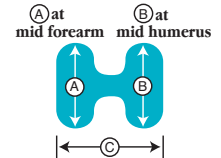
COMFY™ PEDIATRIC ELBOW ORTHOSIS 

Provides gradual extension of non-fixed elbow contractures.

Padded covers and straps are made of soft, absorbent terry cloth for added comfort. Use to treat elbow flexion pattern problems, arthritic changes and any deformity related to neuromuscular impairment. Simply bend the orthosis and cuffs into the desired position. Covers and straps are machine washable. Fits left or right arm. Sizes indicate approximate age. Latex free.

Approximate Age				
NC35040-1	Small	Purple	1 to 4 yrs.	
NC35040-2	Medium	Blue	4 to 9 yrs.	
NC35040-3	Large	Green	9 yrs. to adult	

Orthosis Dimensions			
Child	A	B	C
Small	5" (13 cm)	5" (13 cm)	6" (15 cm)
Medium	5½" (14 cm)	5½" (14 cm)	8" (20 cm)
Large	6" (15 cm)	6" (15 cm)	8" (20 cm)
Adult	7" (18 cm)	7" (18 cm)	10½" (27 cm)



Forearm Supination

Forearm Pronation

Glove acts as a web space splint.

COMFORT COOL™ SPIRAL ARM SPLINT 

For dynamic forearm pronation or supination.

Helps decrease abnormal tone and increase joint range of motion in persons with neurological disorders, orthopedic conditions and brachial plexus injuries. The strap supplies the dynamic force needed for forearm supination or pronation, depending on its spiral placement on the arm. Applies a prolonged, gentle pull that places the upper extremity. Web spacer glove is made of 1/8" (3.2mm) loop neoprene with a terry cloth liner for comfort. Low-cut glove with wrap-around strap allows finger motion for hand use. The 2" (5.1cm) wide spiral forearm strap is made of 1/8" (3.2mm) loop neoprene and easily attaches to the glove using hook. Hand wash and air dry. Latex free.

Left	Right	MP Circumference
NC34800	NC34801	Pediatric 5½" to 6¼" (14 to 16 cm)
NC34802	NC34803	Small 6¼" to 7" (16 to 18 cm)
NC34804	NC34805	Medium 7" to 8" (18 to 20 cm)
NC34806	NC34807	Large 8" to 9" (20 to 23 cm)

Web Space Glove Replacement		
Left	Right	
NC34800-H	NC34801-H	Pediatric
NC34802-H	NC34803-H	Small
NC34804-H	NC34805-H	Medium
NC34806-H	NC34807-H	Large



Forearm Supination



PROGRESS™ ELBOW SPLINT



Encourage progressive range of motion at the elbow simply by recontouring the splint.

Fabricated from the same dense foam and compatible hook fabric as our Progress™ Hand Splints. A metal frame allows custom contouring of the trough sections and positioning of the elbow from full extension to 90° flexion. Four straps with matching D-ring buckles and Velcro® strap tabs secure the splint and apply counterforce in the presence of increased muscle tone.

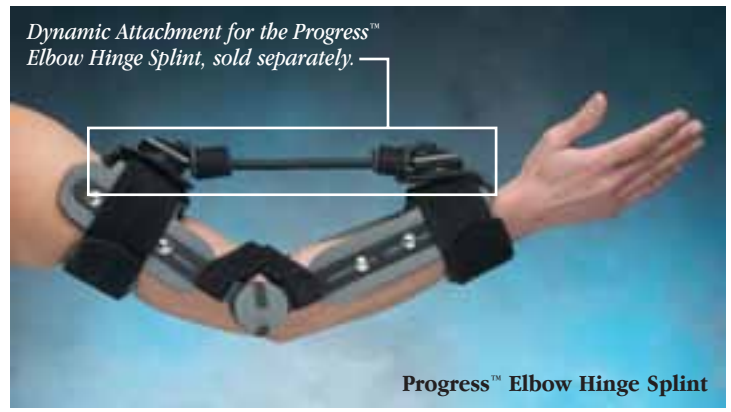


The Pediatric elbow splint includes a Pediatric Olecranon Pad for cushioned counterforce at the elbow.

Use the optional Olecranon Pad with the Progress™ Elbow Splint to add cushioned counterforce at the elbow. The Olecranon Pad is made of dense foam and compatible hook fabric. The pediatric elbow splint includes a pediatric Olecranon Pad. Fits either the left or right arm. To size, measure the circumference at the mid-humerus.

Progress™ Elbow Splint		Mid-Humerus Circumference
NC25653	Pediatric	5½" to 7" (14 to 17 cm)
NC25650	Youth	7" to 9" (17 to 23 cm)
NC25651	Small/Medium	9" to 13" (23 to 33 cm)
NC25652	Medium/Large	13" to 16" (33 to 41 cm)

Progress™ Olecranon Pad (sold separately)
 NC25649 Youth to Adult



PROGRESS™ ELBOW HINGE SPLINT

Locks elbow in position or allows movement within a given range.

The Progress™ Elbow Hinge Splint provides range of motion from 0° to 140° in increments of 30°. The two hinge screws can be adjusted with the included hex wrench to set the desired angle of flexion or extension. Attain blocked or full range of motion in one or both directions. Bend the padded cross supports gently for best fit. The foam padding can be trimmed as needed. Screws on the side troughs can be moved to extend or shorten the length. Protective covers over the hinge axis provide a more comfortable fit. Includes straps with D-ring buckles and Velcro® strap tabs. Fits either the left or right arm. To size, measure the circumference at the mid-humerus. Latex free.



Add the **Dynamic Attachment** to the Progress™ Elbow Hinge Splint to dynamically reduce elbow extension contractures or to maintain the elbow in flexion while allowing protected extension within a given range for distal bicep tendon repair conditions. Includes two mounting brackets and elastic cord. Use only with the Progress™ Elbow Hinge Splint (sold separately).

Hinge Splint		Mid-Humerus Circumference	Weight
NC25657	Small/Medium	8" to 11" (20 to 28 cm)	11 oz. (312 g)
NC25658	Medium/Large	11" to 14" (28 to 36 cm)	12 oz. (340 g)

Dynamic Attachment for the Progress™ Elbow Hinge Splint
 NC25661



PROGRESS™-PLUS ELBOW TURNBUCKLE ORTHOSIS®

Simplify contractures management.

Ideal for post-surgical repairs, contractures or abnormal tone conditions affecting the elbow. Turnbuckle design provides infinite adjustability for static progressive positioning. Simply screw the turnbuckle in or out to position the elbow at any point between 0° extension and 110° flexion. No tools are needed for adjustments. Kydex® outer shell for optimal force distribution, stability and durability. Removeable, washable, nylon-covered neoprene liner provides comfort and protection. D-ring Velcro® straps for easy application and fitting. Fits either the left or right arm. To size, measure circumference at the forearm and at the biceps. Use orthosis length as a guide.



	Forearm Circumference	Biceps Circumference
Small	7½" to 9½" (19 to 24 cm)	8½" to 11" (22 to 28 cm)
Medium	9½" to 12" (24 to 30 cm)	11" to 14" (28 to 36 cm)
Large	12" to 15" (30 to 38 cm)	13" to 16½" (33 to 42 cm)

	Orthosis Length
NC33800 Small	12" (30 cm)
NC33801 Medium	14¾" (37 cm)
NC33802 Large	16¼" (41 cm)



BANDIT® TENNIS ELBOW STRAP

Help relieve pain without constricting movement.

This strap is useful for treating medial or lateral epicondylitis. Unique design compresses across the flexor, extensor and supinator muscles. Allows movement without compromising circulation. Hand wash in cool, soapy water. Air dry. One adjustable size fits forearms with a minimum circumference of 8" (20cm).

NC15890



AIRCAST® TENNIS ELBOW STRAP

Padded air cell increases effective pressure.

Made of nylon and polyurethane foam with an inflated vinyl "air cell". Useful for treating medial or lateral epicondylitis. A sealed air cell increases the effective pressure applied to a specific area. Padded for comfort. Hand wash in cool, soapy water. Air dry. One adjustable size fits forearms with a circumference of 10" to 14" (25 to 36cm). Latex free.

NC15430 Beige
NC15430-B Black



COMFORT COOL™ OPEN ELBOW SUPPORT

Open-end support is easy to don and doff.

Lightweight, 1/16" (1.6mm) thick, perforated neoprene offers light compression and protection. Ideal for soft-tissue injuries such as tennis or golfer's elbow, ulnar nerve irritation, strains, sprains, bursitis, tendinitis and arthritis. The open-end design makes it easy to apply and fit larger upper arms. Hook and loop tabs allow for quick adjustments. Trim for a custom fit. Terry liner is soft against the skin. Hand wash and air dry. To size, measure forearm circumference 4" (10cm) distal from the elbow crease. Fits either the left or right elbow.

		Circumference 4" (10cm) Distal from Elbow Crease	
NC79540	Small	8" to 9½"	(20 to 24cm)
NC79541	Medium	9½" to 11"	(24 to 28cm)
NC79542	Large	11" to 12½"	(28 to 32cm)
NC79543	X-Large	12½" to 14"	(32 to 36cm)



EPICONDYLITIS CLASP

Small size improves circulation.

Absorbent, wool felt support can be used to treat medial or lateral epicondylitis. Sturdy elastic strap offers a snug fit. Small, unobtrusive size will not impair circulation. Wash with wool-cleaning products. To size, measure circumference of the forearm 1½" to 1⅞" (3.8 to 4.8cm) distal to the elbow crease.

		Forearm Circumference
NC15512-1	XS	8⅞" to 9⅞" (22 to 23cm)
NC15512-2	S	9⅞" to 9⅞" (24 to 25cm)
NC15512-3	M	10¼" to 10⅝" (26 to 27cm)
NC15512-4	L	11⅞" to 11⅞" (28 to 30cm)
NC15512-5	XL	12⅞" to 13⅞" (31 to 34cm)



CHO-PAT TENNIS ELBOW SUPPORT

Compression support helps control tennis elbow pain.

Use for medial or lateral epicondylitis treatment. A unique, reinforced, extended tongue molds to the forearm contours, supporting the muscles. Durable, comfortable strap features Velcro® fasteners. To size, measure the circumference of the forearm 1½" to 1⅞" (3.8 to 4.8cm) distal to the elbow crease.

		Forearm Circumference
NC57165	S	9" to 10½" (23 to 27cm)
NC57166	M	10½" to 12" (27 to 30cm)
NC57167	L	12" to 13½" (30 to 34cm)
NC57168	XL	13½" to 15" (34 to 38cm)



NORCO™ TENNIS ELBOW STRAP

Breathable material is cool and comfortable to wear.

Use for epicondylitis treatment. Made of 1/8" (3.2mm) neoprene with hook fastener. Easy to fit and cinch, this strap provides compression without binding. Extra padding around the D-ring provides pressure over muscle tendon. Machine washable. One size fits most.

NC15889



ERGOBEADS™ TENNIS ELBOW STRAP

Freeze compression pad for cooling relief.

Strap features a unique ergoBeads™ compression pad that can be frozen to help soothe pain from forearm and elbow injuries. Easily adjust pressure for a custom fit using the Velcro® strap and plastic buckle. Breathable cotton lining and soft cushioning foam provide exceptional comfort. One size fits most. Machine wash. Latex free.



NC10114



NEW! GIVMOHR™ SLING

Supportive positioning and protection for the flaccid upper extremity.

The GivMohr™ Sling is designed to promote functional positioning and dynamic joint compression of the upper extremity during standing and ambulation. Useful in treatment of conditions such as CVA, TBI, Brachial Plexus Injury, and ALS. Reduces shoulder subluxation and pain by elevating the humerus and holding it in near neutral rotation. Protects the involved arm from injury while facilitating increased balance, improved gait, and neurological return. Easy to don and doff. Can be worn over or under clothing. Hand washable. Universal design fits either the left or right arm. To size, use height and weight ranges in the chart below.



		Height Range	Weight Range
NC16013-1	Small	5' to 5'5" (1.5 to 1.7m)	100 to 140 lbs. (45 to 64kg)
NC16013-2	Medium	5'4" to 5'10" (1.6 to 1.8m)	135 to 180 lbs. (61 to 82kg)
NC16013-3	Large	5'9" to 6'2" (1.8 to 1.9m)	175 to 210 lbs. (79 to 95kg)
NC16013-4	X-Large	Over 6' (Over 1.8m)	Over 210 lbs. (Over 95kg)



Can be used as a swathe to allow lower arm, wrist or hand function.

NEW! SLING AND SWATHE

Comfortable immobilization for shoulder injuries or post-op recovery.

Use following shoulder dislocations, separations, strains, or post operative situations where complete immobilization of the shoulder joint is required. Positions the arm close to the body. May be opened for use as a swathe when lower arm, wrist and hand function are desired. Lightweight and comfortable soft foam construction with hook and loop closures. Easy to apply. Can be worn on either the left or the right arm. One size fits most adults.

NC16014



NEW! EPITRAIN® ELBOW SUPPORT

Breathable knit support with silicone inserts for regulated elbow compression.

This lightweight, anatomically knit fabric support stimulates circulation and enhances metabolism to promote accelerated recovery. Use for treatment of lateral epicondylitis, medial epicondylitis, pre- and post-operative elbow conditions, elbow strains or sprains, chronic swelling and edema, and arthritis/osteoarthritis. Features two contoured silicone inserts that surround the medial and lateral elbow bones and lay over the flexor and extensor muscles. These inserts redistribute compression away from the epicondyles to the surrounding soft tissues, relieving pressure and aiding in the resorption of swelling and edema. Circulation problems are prevented by reduced compression at the edges of the support. Stretchy, breathable and moisture-dissipating fabric will not retain heat and is machine washable. Fits either the left or right arm. To size, loosely measure the circumference of the arm, with the arm slightly bent, 3/4" (12cm) below the lateral elbow. If between sizes, choose the smaller size.

Size	Forearm Circumference
NC57201-0	0 17" to 19" (43 to 48 cm)
NC57201-1	1 19" to 21" (48 to 53 cm)
NC57201-2	2 21" to 23" (53 to 58 cm)
NC57201-3	3 23" to 25" (58 to 64 cm)
NC57201-4	4 25" to 27" (64 to 69 cm)
NC57201-5	5 27" to 29" (69 to 74 cm)
NC57201-6	6 29" to 31" (74 to 79 cm)



NEW! TENDON TRAK™ TENNIS ELBOW STRAP

Provides stress relief without applying direct compression on the irritated tissue.

This strap is ideal for treating lateral and medial epicondylitis and tendinitis. Low-profile design consists of two pads and a minimally elastic 18" (46cm) strap. Unique method "deloads" pressure by providing approximation of the irritated tissue from its lateral margins. This diminishes the risk of compressing the inflamed tissue and other pain-sensitive areas. Easy to apply and comfortable to wear. Does not inhibit circulation. One size fits most. Patent pending. Latex free.

NC15409



NORCO™ UNIVERSAL ENVELOPE SLING

Affordable sling keeps the arm comfortably positioned.

Supports the forearm to help relieve stress on the shoulder. Ideal for casted forearms/wrists and for shoulder injuries. Cotton blend material with webbing straps and a foam-padded shoulder protector. Fastens with hook and loop. Metal buckle allows strap adjustment. Sling measures 18" long x 9" tall (46 x 23cm). Machine washable. One size fits most.

NC16005

ABDUCTOR SHOULDER SLING SUPPORT

Secures the arm and shoulder in an abducted position for effective healing and comfort.

Use following shoulder dislocations or subluxations, strains, post-surgical anterior shoulder repairs and rotator cuff repairs. Great for casted forearms and wrists. Allows the arm to rest in a range of positions. Pillow location helps prevent internal rotation contractures that can occur from conventional sling use. Arm positioning allows air exchange at the axilla and provides 15° of shoulder abduction.

Pillow is made of dense, contoured foam with a removable plush cover. All straps have hook and loop fasteners for easy adjustment. Strap secures the pillow to the waist, stabilizing the arm close to the body and limiting shoulder movement. Arm sling is made of breathable, non-stretch mesh fabric and attaches to either side of the pillow with hook and loop fasteners. Shoulder strap features a soft foam pad at the neck area, and a quick-release buckle for easy donning and doffing. The detachable 3" (7.6cm) diameter soft foam ball provides wrist-hand-palmar arch support and promotes gripping to help maintain muscle tone and stimulate circulation while the shoulder recovers. Hand wash and air dry pillow, straps and sling. Fits left or right. To size, measure from the elbow crease to the MP joints.



Elbow to MP joints		
NC16012-1	Small	11½" to 13½" (29 to 34 cm)
NC16012-2	Medium	13½" to 14½" (34 to 37 cm)
NC16012-3	Large	14½" to 16½" (37 to 42 cm)



CVA SLING

Padded sling strap cushions the shoulder.

This sling provides comfort while positioning the hand and arm. Foam-padded shoulder strap ensures a comfortable fit. Support for the hand and forearm is provided by two flannel-lined cuffs. After the initial fitting, this sling can be put on or removed without assistance. Small/Medium strap measures 25" (64cm). Large/X-Large strap measures 32" (81cm). Both sizes can be adjusted plus or minus 5" (13cm). Cuffs measure 15" x 5¾" (38 x 15cm). Hand washable. Fits left or right arm.

NC16004-1 Small/Medium
NC16004-2 Large/X-Large



STANDARD HEMI ARM SLING

Elbow-securing strap gives extra support to the arm.

Support the hand, arm and shoulder with the Standard Hemi Arm Sling. Straps are adjusted easily with metal buckles. Adjustable strap between forearm cuffs is secured with hook and loop fasteners. Once fitted, the sling can be put on and removed without assistance. The wrist cuff measures 9½" x 5½" (24 x 14cm) and the elbow cuff measures 10" x 5" (25 x 13cm). Hand washable. Fits left or right arm.

NC16006



HARRIS HEMI ARM SLING

D-ring sternum strap makes this sling easy to don and doff.

This comfortable arm sling is designed to prevent the straps from slipping or riding up the neck. Works well for clients who are rehabilitating from CVA, humeral fractures or shoulder-girdle weakness. The wrist cuff measures 8½" x 5¼" (22 x 13cm), and the elbow cuff measures 9½" x 7½" (24 x 19cm). Hand washable. Fits up to 52" (132cm) chest circumference.

NC16001-L Left
NC16001-R Right





OTTO BOCK™ SHOULDER SUPPORT

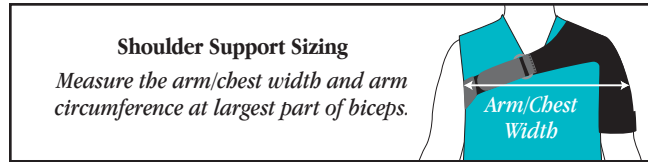
Elastic shoulder support provides warmth and a conforming fit.

Made of 1/8" (3.2mm) Thermoprene™. Use to treat inflammation, pain or mild instabilities of the shoulder joint. D-ring attachment in front allows easy donning and doffing. Elastic strap helps prevent discomfort and pinching under the opposite arm. Sleeve opening allows for a custom fit. Hand wash, air dry. Fits either the left or right shoulder. Latex free.



Arm sleeve opening adjusts easily for a custom fit.

	Biceps Circumference	Arm/Chest Width
NC17198-1	Small 11" to 12½" (28 to 32 cm)	18" to 25" (46 to 64 cm)
NC17198-3	Medium 12½" to 13¾" (32 to 35 cm)	18" to 25" (46 to 64 cm)
NC17198-5	Large 13¾" to 15" (35 to 38 cm)	20" to 27" (51 to 69 cm)
NC17198-7	X-Large 15" to 16½" (38 to 42 cm)	25" to 32" (51 to 69 cm)



SNOOPY® ARM SLING



Ideal for treating brachial plexus injury.

Use to support the shoulder, arm and hand, or for the rehabilitation of brachial plexus injury, post humeral fracture, shoulder-girdle weakness/flaccidity and CP. Hook and loop strap adjusts with a metal buckle. Sizes measure sling dimensions. Hand wash, air dry. Fits left or right arm.

NC16009-1	Pedi. XS	5" x 10" (13 x 25 cm)
NC16009-2	Pedi. S	6" x 12" (15 x 30 cm)
NC16009-3	Pedi. M	7" x 15" (18 x 38 cm)
NC16009-4	Adult	9" x 17" (23 x 43 cm)

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NORTH COAST™ HEMI SLING

Reduces shoulder subluxation with three points of control.

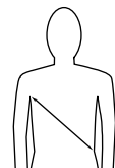
Shoulder and humeral supports are made of soft, perforated, suede-like material lined with cotton for added comfort. Firm, trilaminate foam material offers excellent pressure distribution at the waist. Unique waist belt design eliminates pressure on the uninvolved arm and maintains constant depression of the scapula and elevation of the humerus to reduce subluxation. Ideal for rehabilitation of conditions such as CVA, post humeral fracture, brachial plexus injury and shoulder-girdle weakness/flaccidity. Trim for a custom fit. Sling can be donned and doffed independently and worn over or under clothing. D-ring straps on the humeral cuff ensure a proper fit. Waist strap measures 57" (145 cm). Universal design fits either the left or right arm.



Unlike other slings, the North Coast™ Hemi Sling distributes pressure evenly, reducing shoulder subluxation with three points of control.

Textured material helps prevent the hemi sling from sliding up or down the arm.

NC15999	Small/Medium	16" to 22" (41 to 56 cm)
NC16000	Medium/Large	22" to 28" (56 to 71 cm)



North Coast™ Hemi Sling Sizing

Measure from the affected axilla across the body to the waist.

When measuring females, run tape between, not over, the breasts.




NORCO™ SHOULDER IMMOBILIZER

Comfortably limits shoulder motion.

Use following shoulder separation, dislocation, strains and other injuries. Waist strap holds the arm against the body, limiting shoulder movement. Special thumb loop inside the cotton sling helps keep wrist and hand in alignment. Deep pocket supports the arm from the elbow to the wrist. Waist and shoulder straps are made of foam-padded, loop-covered material. Large D-rings and hook fasteners. Hand or machine wash and air dry. Latex free. Fits either the left or right arm.

	Sling Length	Waist Strap Length
NC16008-1	Small 16" (41 cm)	36" (91 cm)
NC16008-2	Medium 16" (41 cm)	39" (99 cm)
NC16008-3	Large 16" (41 cm)	43" (109 cm)
NC16008-4	X-Large 16" (41 cm)	46" (117 cm)



T.O.T.™ COLLAR 

Promote correct head posture.

Use the Tubular Orthosis for Torticollis (T.O.T.™) Collar for congenital muscular torticollis. When used in conjunction with stretching exercises, the T.O.T.™ Collar helps restore proper head posture. Clear, tubular design is unobtrusive and accepted by children ages 4 months to 10 years. Lightweight PVC tubing can be cut with scissors for a custom fit. Firm vertical supports are 2½" (6.4cm) tall. Collar measures 16" (41cm) and can be cut down to 6" (15cm).
NC92047

HEADMASTER COLLAR 

Help improve compliance with this comfortable, lightweight collar.

This unique, low-profile cervical collar has a tubular design that reduces heat retention. Easy to fit and adjust; bend the tubular support to adapt for neck flexion or extension. To size, measure from the center of the chin to the corner of the mandible. Large measures 5" (13cm), Medium 4½" (11cm), Small 4" (10cm), Junior 3½" (8.9cm), Child 3" (7.6cm), and Infant 2¾" (7.0cm). If measurement falls between two sizes, order the smaller size. Soft foam extension pads and hard plastic neck pads are available separately.



Extension pad



Neck pad



Adult Collar			
Small	Medium	Large	Color
NC92043-1	NC92044-1	NC92045-1	Gray
NC92043-3	NC92044-3	NC92045-3	Beige
Junior/Child/Infant Collar			
Junior	Child	Infant	Color
NC92042-1	NC92041-1	NC92040	Gray
NC92042-3	NC92041-3		Beige

Foam Extension Pads (2)		
NC92039-1	Adult	Gray
NC92039-2	Adult	Beige
NC92039-3	Jr./Child/Infant	Gray
NC92039-4	Jr./Child/Infant	Beige

Plastic Neck Pad		
NC92038-1	Adult	Gray
NC92038-2	Adult	Beige
NC92038-3	Jr./Child/Infant	Gray
NC92038-4	Jr./Child/Infant	Beige



NORCO™ FOAM NECK SUPPORT COLLAR

Styled to give uniform support.

Offers stability and support following neck injuries. Helps decrease pain and awkward neck postures. This low-profile collar is made of 1" (2.5cm) thick, medium-firm density foam covered with stockinette. Secures with a hook and loop closure. Collar measures 21" long (53cm) and is available in 2" and 3" heights (5.1 and 7.6cm). Machine wash and air dry.

	Collar height
NC92051-2	2" (5.1cm)
NC92051-3	3" (7.6cm)



NORCO™ PROTECTIVE HELMET

Lightweight, adjustable helmet is ventilated for air circulation.

This helmet has a hard plastic outer shell that provides comfortable protection for persons with head injuries or seizures. The small helmet has 7/8" (22mm) thick foam padding and the medium helmet has 5/8" (16mm) thick foam padding. To size, measure head circumference at eyebrow level. Not intended for small children.

		Head Circumference
NC95165-1W	Small	21¼" to 22" (54 to 56cm)
NC95165-2W	Medium	23" (59cm)



Lace closure at back of helmet for a secure fit.

PLAYMAKER™ PROTECTIVE HELMET 

Comfortable, lightweight headgear offers maximum protection.

Unique web shell provides comfort and safety. Made of 3/8" (9.5mm) thick EVR rubber foam that absorbs energy and then disperses it throughout the headgear. This ensures total protection and reduces the chance of serious head injury. Velcro® strap and adjustable laces at the back of the helmet allow for a custom fit. Breathable LYCRA® lining can be removed to hand wash and air dry. To size, measure head circumference at eyebrow level.

		Head Circumference
NC95164-1	XS	18" to 19" (46 to 48cm)
NC95164-2	S	19½" to 20½" (50 to 52cm)
NC95164-3	M	21" to 22" (53 to 56cm)
NC95164-4	L	22½" to 23" (57 to 58cm)
NC95164-5	XL	23½" to 24" (60 to 61cm)
NC95164-6	XXL	24½" to 26" (62 to 66cm)

MOTHER-TO-BE® MATERNITY SUPPORT

Medical-grade support helps relieve back, abdominal and leg pain during pregnancy.

Provides maximum support for women with strong symptoms, pre-existing back conditions or who are carrying multiples. Compresses the pelvic ring, restoring integrity and reducing pain, relieves strain on muscles and ligaments by transferring the weight of the abdomen to the spine. Relief is immediate. Lifts and supports, reducing pressure at the pelvis and improving circulation in the legs. Relieves pressure on the sciatic nerve, if present. Hand wash and air dry.

Available with a low-temperature, heat-moldable, removable insert that provides maximum support for the lower back.



With insert		Dress size
NC11372-1	Small	3 to 8
NC11372-2	Medium	9 to 14
NC11372-3	Large	15 to 18
NC11372-4	X-Large	19 to 21
NC11372-5	XX-Large	22 to 26
Without insert		Dress size
NC11371-1	Small	3 to 8
NC11371-2	Medium	9 to 14
NC11371-3	Large	15 to 18
NC11371-4	X-Large	19 to 21
NC11371-5	XX-Large	22 to 26



The two shoulder straps attach in front and cross in back.

POSTURE BACK SUPPORT

Flexible support helps improve posture.

Ideal for poor posture and weak scapula muscles. Lower strap attaches over the lower part of the chest with hook and loop closure. Flexible elastic straps are comfortable, yet very supportive. To size, measure waist circumference.

Fits waists			
NC79055-1	X-Small	25" to 28½"	(64 to 72 cm)
NC79055-2	Small	28½" to 31½"	(72 to 80 cm)
NC79055-3	Medium	31½" to 35½"	(80 to 90 cm)
NC79055-4	Large	35½" to 39½"	(90 to 100 cm)
NC79055-5	X-Large	39½" to 43½"	(100 to 111 cm)



SEROLA SACROILIAC BELT

Extra-strong belt stabilizes the base of the spine to help increase back, hip and leg strength.

The Serola Sacroiliac Belt is designed to compress and support the sacroiliac joints, thereby relieving stress and instability at these weight-bearing structures. Made of an open cell urethane with nonslip mesh and outer double-pull elastic. Invisible when worn under most clothing. Hook and loop closure allows proper tension adjustment without the irritation of a buckle. Stop point on webbing limits excess motion.



Fits hips		
NC92480-1	Small	Up to 34" (Up to 86 cm)
NC92480-2	Medium	34" to 40" (86 to 102 cm)
NC92480-3	Large	40" to 46" (102 to 117 cm)
NC92480-4	X-Large	46" to 52" (117 to 132 cm)



SAUNDERS SACROILIAC BELT AND STABILIZATION PAD™

Nonslip design encourages compliance.

The Saunders Sacroiliac Belt won't ride up as the patient moves. This semi-elastic belt can be self-tightened easily for a comfortable fit. Conforms to the natural contours of the pelvis while providing rigid support to the SI joint. Belt can be used with or without the Stabilization Pad™, sold separately. **Stabilization Pad™** fits between the sacral sulci and provides firm, comfortable support and proprioceptive input to the sacral area.



Sacroiliac Belt		Fits hips
NC92457	Small	26" to 32" (66 to 81 cm)
NC92458	Medium	32" to 42" (81 to 107 cm)
NC92459	Large	42" to 52" (107 to 132 cm)
Stabilization Pad™		
NC92463		

Stabilization Pad™

SAUNDERS POSTURE S'PORT®

Prevents stooped shoulders, reminding the wearer to maintain good posture.

The comfortable Posture S'port® anchors around the waist with an adjustable elastic band. The suspender-style elastic straps criss-cross over the back to gently pull the shoulders, spine and lower back into neutral position, decreasing shoulder and back pain. The elastic underarm straps are covered with soft, cotton fabric to prevent pinching or binding. Can be worn over or under clothing. To size, measure waist circumference.



Fits waists		
NC92454	Small	22" to 30" (56 to 76 cm)
NC92455	Medium	30" to 42" (76 to 107 cm)
NC92456	Large	42" to 54" (107 to 137 cm)

NEW! BARIATRIC SUPPORT PLUS

Both lumbar and abdominal support.

The unique abdominal support pad contains and lifts the abdomen. The heat moldable insert supports the spine and transfers the load evenly and comfortably. For sizing, measure the widest part of the abdomen.

Without insert	With insert	Size
NC92445-1	NC92446-1	1+
NC92445-2	NC92446-2	2+
NC92445-3	NC92446-3	3+



Size	Fits Abdomens
1+	45" to 55" (114 to 140 cm)
2+	55" to 65" (140 to 165 cm)
3+	65" to 75" (165 to 191 cm)



Great for travel

WONDER ROLL™ LUMBAR SUPPORT

Portable cushion inflates to a quarter, half or full lumbar roll.

Lean into the pillow to produce the ideal contour of comfort and support. Designed to allow automatic adjustment for the desired amount of firmness and support. By simply adjusting the valve, the Wonder Roll™ inflates from 1½" to 3½" (3.8 to 8.9 cm) thick, eliminating the need to supply a variety of lumbar supports. Includes a strap for firm anchoring to the back of a chair. Waterproof, nylon blend fabric. Measures 10½" x 5" (27 x 13 cm).

NC21053 Blue

TREAT YOUR OWN NECK AND TREAT YOUR OWN BACK

These practical manuals discuss anatomy, effects of posture and causes of cervical and back pain.

Appropriate exercises and guidelines for progression are clearly described. The neck manual is 72 pages, the back manual is 61 pages. Written by Robin McKenzie, PT. Copyright 1995.



Treat Your Own Back	
NC89008	English
NC89008-S	Spanish
Treat Your Own Neck	
NC89009	English
NC89009-S	Spanish

SAUNDERS WORK S'PORT®

Worn over clothing, this work support is easy to put on and adjust.

This patented support threads through pant loops to keep it from riding up. Hook panels and side pull allow for easy adjustments. Flexible stays provide firm, comfortable lower back support. Specially designed elastic contours provide maximum compression to the back.

Fits waists		
NC92450	Small	24" to 29" (61 to 74 cm)
NC92451	Medium	30" to 35" (76 to 89 cm)
NC92452	Large	36" to 43" (91 to 109 cm)
NC92453	X-Large	44" to 53" (112 to 135 cm)



Elastic contours provide maximum compression to the back.



The Velcro® strap makes it easy to attach to most chairs.

NORCO™ CONTOURED LUMBAR SUPPORT

Memory foam and contoured design offers improved back support.

This low-profile back cushion supports the lower back and encourages proper sitting posture. Hook material on the back attaches to most fabric-covered chairs, so the roll stays in place yet can be repositioned easily. Use the included elastic strap to attach the support onto chairs that do not have fabric covering. Made of 2¼" (5.7cm) contoured viscolas foam. Washable velour fleece cover. Width tapers from 6" to 4" (15 x 10cm). Support measures 17" long.



Velcro®-covered side sticks to most fabric-backed chairs without a strap.

NC88990



NORCO™ LUMBAR ROLL

Help reduce lower back pressure while seated.

Use to improve seating posture and alleviate strain on the lower back. Available with standard or firm-density foam, with or without straps. Measures 11" (28cm) long with a 4¾" (12cm) diameter.

- Without Straps
- NC89000 Standard
- With Straps
- NC88998 Standard
- NC88999 Firm



WORKMOD® LUMBAR D-ROLL

Portable back support fits most flat-backed chairs.

Enjoy comfortable support while maintaining good posture in a chair or car seat. Elastic straps for easy fastening. Lightweight, medium density foam provides sturdy support. Measures 11" wide x 4½" tall x 2½" thick (28 x 11 x 6.4cm). Straps measure 21" (53cm) horizontally and 38" (97cm) vertically.

NC92028

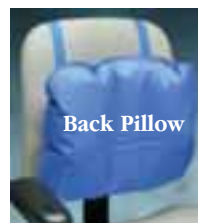


Lumbar Roll

MEDIC-AIR® INFLATABLE SUPPORT PILLOWS

Inflate to provide the precise amount of support needed.

Convert any chair into an ergonomically correct, comfortable seat. Ideal for office, car or home use. Removable elastic strap is adjustable to fit any seat or sitting position. The **Lumbar Roll** helps counteract poor posture and maintain the lumbar curve while seated. Measures 20" x 8" (51 x 20cm). The patented design of the **Back Pillow** supports the curve of the lower back. Measures 18" x 15" (46 x 38cm).



Back Pillow

- NC21047-B Lumbar Roll
- NC21048-B Back Pillow



WORKMOD® BACK SUPPORT MODEL 200

Promote good posture and reduce fatigue.

Features a sturdy, built-in frame and a deeply contoured, firm cushion for maximum comfort and support. Removable fabric cover is machine washable. Measures 14" wide x 13½" tall x 2" thick (36 x 34 x 5.1cm). Straps measure 38" (97cm) long.

NC73585



Three straps help keep the support in a secure position.



NORCO™ CERVICAL ROLL

Adapt pillows for better neck support while sleeping.

Prevent cervical lordosis and excessive flexion in the neck during sleep. Place roll between the pillow and case so that the edge of the pillow contacts the shoulders. Polyurethane, medium-density foam roll measures 19½" (50cm) long with a 3¾" (9.5cm) diameter.

NC89007



NEW!
THE ORIGINAL MCKENZIE® EARLY COMPLIANCE™ LUMBAR ROLLS

Superior lumbar support in a smaller diameter roll.

Early Compliance™ Lumbar Rolls are perfect for youths, petite persons, or patients with acute discomfort who cannot tolerate a larger size lumbar roll. Roll measures 11" (28cm) long with a 4" (10cm) diameter.

NC89014

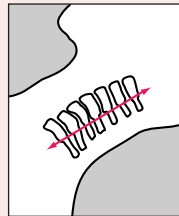


NEW! THE ORIGINAL MCKENZIE® LUMBAR ROLLS

Ensure proper posture throughout the day.

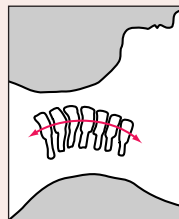
Adjustable elastic strap lets users secure the roll to standard chair backs and auto seats and can be removed when not in use. Made of polyurethane foam with removable cotton/poly blend cover. Rolls measure 11" (28cm) long with a 4¾" (12cm) diameter.

	Density
NC89006	Standard
NC89005	Firm



Ordinary Pillows:

don't support the natural curve in the neck. This results in stiffness, pain and possible long-term neck problems.



Orthopedic Support Pillows:

help support the normal curvature of the neck. This reduces nerve pressure and allows for a more restful sleep.

Norco™ Orthopedic Support Pillows



U-NECK CUSHION WITH HOT AND COLD PACK

Removable gel pack provides soothing hot or cold therapy.



The cushions U-Neck shape supports the neck in a comfortable, anatomically correct position. Hypoallergenic cushion measures 15" x 12" (38 x 31cm).

NC82022

NORCO™ ORTHOPEDIC SUPPORT PILLOWS

Exceptional support with the comfort of down.

These hypoallergenic pillows support the neck in a natural, ergonomic position. **Standard**, **Midsize** and **Petite** pillows support the neck while sleeping on the back or side. Each of these styles features a trapezoidal center that cradles the head while sleeping on the back. Use the raised sides of the pillow for side sleeping.

The compact **Travel** pillow offers support while sitting or lying down. The **Cervical Roll** features a soft center and firm ends to ensure maximum comfort and proper support. Position the roll under the neck, back or knees. Standard and Midsize styles fit adults, Petite fits children and small adults. Extend the life of Orthopedic Support Pillows by hand washing and fluffing the pillows to their original shape. Pillow cover for Cervical Roll only, sold separately.



NC82027	Standard	24" x 16" (61 x 41 cm)
NC82028	Midsize	22" x 15" (56 x 38 cm)
NC82029	Petite	19" x 12" (48 x 31 cm)
NC82030	Travel	18" x 9" (46 x 23 cm)
NC82031	Cervical Roll	17" x 7" (43 x 18 cm)

NC82031-C Cervical Roll Cover



X-Large shown here at 50° or flip to 40° incline.



Regular at 35°



Regular at 55°

Flip wedge to change the incline.



Regular



X-Large

TORSO ELEVATION WEDGE

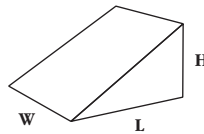
Unlike a pillow, this wedge keeps a client comfortably elevated.

Provides support and comfort when head and shoulder elevation is required. Also can be used to elevate the legs for venous thrombosis conditions. Eliminates the use of bulky, hot, plastic-covered pillows. Maintains shape and position for uniform elevation. Covered with vinyl and filled with polystyrene beads, this lightweight wedge breathes for comfort and will not retain heat nor compress like pillows. Can be used with an alternating pressure mattress.

- NC80019 Regular
- NC80020 X-Large

Regular measures:
18" L x 18" W x 13" H
(46cm x 46cm x 33cm)

X-Large measures:
27" L x 24" W x 18" H
(69cm x 61cm x 46cm)



BOPPY® PILLOW W/SLIP COVER



Safely support infants in a sitting position.

The Boppy® Pillow helps infants to develop balance, sit up independently and view their surroundings. Pillows are covered in removable



100% cotton fabric and stuffed with a hypoallergenic poly-fiber fill. Both pillows and covers can be machine washed and dried. Color and pattern may vary. Gender neutral.

NC82040-1



POSEY® SIDERAIL WEDGES

Cushion siderails and help close gaps between the siderail and mattress.

Use Posey® Siderail Wedges to help protect patients from injury. These cushions also help deter unassisted bed exits. Use individually to close the gap between half siderails or to cover the half siderail. Zip the pair of wedges together to provide 6' (1.8m) of full-length protection. Also may be used to cushion the headboard and footboard. Constructed of durable, plush foam with soft, water-repellent, bacteriostatic Staph-CHEK® vinyl covers. Attaches with hook and loop straps. Measures 35" long x 17" high x 2" thick (89 x 43 x 5.1cm) at the top and bottom edges. Sold in pairs.

NC80015



Zip two wedges together for full siderail protection. Hook and loop straps allow quick, easy attachment.



LATERAL WEDGE



Maintain position and alignment with this pressure-free alternative to pillows.

The Lateral Wedge helps eliminate pressure to reduce the incidence of bed sores. Filled with polystyrene beads, this lightweight wedge will not retain heat nor compress like pillows. Maintains shape and position for uniform elevation. The dry surface helps prevent skin breakdown. Wedge will not slip, allowing the caregiver to turn a person easily. Ideal for use with an alternating pressure mattress. Four sizes are available. Machine washable.

- NC80001 Small
- NC80002 Medium
- NC80003 Large
- NC80004 X-Long

Lateral Wedge Size

Small	Cervical or Pediatrics	13" x 4" x 5½" (33 x 10 x 14cm)
Medium	Person < 180 lbs. (81kg)	16" x 6" x 7" (41 x 15 x 18cm)
Large	Person > 180 lbs. (81kg)	17" x 8" x 8" (43 x 20 x 20cm)
X-Long	For taller persons	25" x 8" x 8" (64 x 20 x 20cm)

SKIL-CARE™ BED BOLSTERS

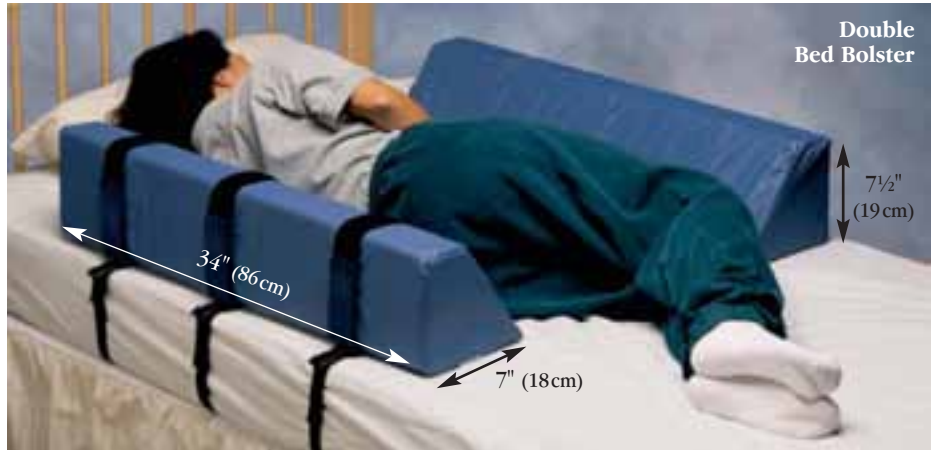
Restraint-free safety barriers for the bed.

Available in double or single units, these bolsters are designed for people who may roll off the side of the bed. With one rail raised, use the **Single Bed Bolster** to limit the likelihood of rolling off the opposite side. The single-unit bolster allows the convenience of simply lowering the raised siderail when access is needed or when the person wants to leave the bed.



Use the Single Bed Bolster when a safety barrier is needed for only one bed side.

Single Bed Bolster



Double Bed Bolster

When placed closely together, the **Double Bed Bolster** securely positions clients on their right or left side. Eliminates time-consuming pillow propping. The double-unit bolsters can act as rail cushions and barriers for protection against injuries that result when the arms, legs or the head get caught between the siderails and mattress. Bolsters protect people from

falling out of bed without the use of restraints. A person is not substantially impeded from getting out of bed. Designed to fit standard twin and hospital-style beds. Bolsters measure 34" (86cm) long and are covered with durable, washable, non-allergenic vinyl.

- NC81004 Double Bed Bolster
- NC81005 Single Bed Bolster

POSEY® PATIENT ALARMS

Monitor when a patient rises, falls or wanders unexpectedly.

The **Posey® Wander Alarm System** is a restraint-free monitor that allows caregivers to locate a patient using an audible alarm. The patient wears an adjustable belt fitted with a **Personal Alarm** and a corded magnet that attaches to a chair or wheelchair. If the patient rises from the chair, the magnet will detach from the belt and activate the alarm. The Personal Alarm is secured inside the belt's custom-fit pouch and the belt buckle is concealed with layers of hook and loop to minimize tampering. Adjustable belt fits waists measuring 27" to 50" (69 to 127 cm). Belt is machine washable. Personal Alarm includes a 9-volt battery.

The **Posey® Fall Monitor** is an effective, restraint-free monitor that features five distinctive alarm tones, making individual identification easier. The alarm volume is adjustable and operates within OSHA standards. The on/off indicator flashes to provide reassurance of normal operation and to inform caregivers of alarm status. The Auto Pause delays monitoring until the client is positioned in a bed or chair. Once activated, the alarm sounds immediately when a person rises. When the patient sits or lies down again, the Auto Reset shuts the alarm off and automatically re-engages it.

The recessed on/off button helps protect the switch from patient tampering. Monitor is simple to use, with just one button. There are no dials to set and no complex programming

required. Unit is powered by the included 9-volt battery, so there is no break in operation through power outage and no risk of electric shock through wiring contact or incontinence. **Alarm Unit** measures 4" high x 2" wide x 1" deep (10 x 5.1 x 2.5 cm) and weighs 2½ oz. (71g).

The **Chair Pad Sensor** can be placed directly under the patient. The **Chair Belt Sensor** is built into a self-releasing seat belt. Both chair sensors have a one year warranty. Sensors operate with Alarm Unit (NC92350), sold separately.

The **Extended Life Above Mattress Bed Pad Sensor** is warranted for six months. The **Reusable Under Mattress Bed Sensor** is available in two models, and can be used for one year. One model is for standard mattresses weighing under 42 lbs. (19kg), and the other is for mattresses weighing over 42 lbs. (19kg). Sensors operate with Alarm Unit (NC92350), sold separately.

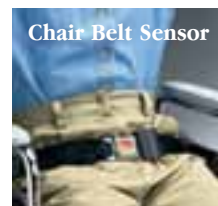
Wander Alarm with Personal Alarm
NC92335 Wander Alarm System

Fall Monitor
NC92350 Alarm Unit
* NC92353 Chair Pad Sensor
* NC92354 Chair Belt Sensor

Reusable Under Mattress Bed Sensor
NC92351-1L Mattresses under 42 lbs.
NC92351-1H Mattresses over 42 lbs.

Extended Life Above Mattress Bed Pad Sensor
* NC92351-2 Mattresses over 42 lbs.

* All operate with Alarm Unit (NC92350), sold separately.





Rear Anti-Tipper



Allows unlimited height adjustments within a 10" (25cm) range.



Front Anti-Tipper



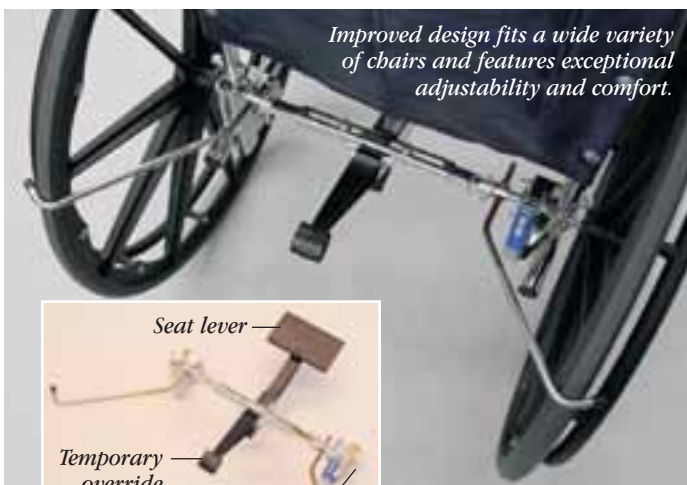
Allows five easy height adjustments.

SAFE-T MATE™ ANTI-TIPPER

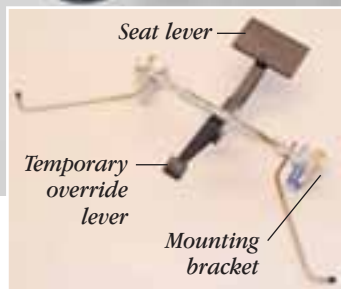
Universal, height-adjustable design prevents wheelchair from tipping forward or backward.

Safe-T Mate™ Front and Rear Anti-Tippers feature a unique sliding adjustment that provides a universal fit between various wheelchair styles and heights. Both models feature 2" (5.1cm) diameter heavy-duty, non-marking wheels for easy gliding and maneuverability. The **Rear Anti-Tipper** allows unlimited height adjustments within a 10" (25cm) range. Features solid bar construction and mounts to 3/4", 7/8" or 1" (19mm, 22mm or 2.5cm) tubing. Patent pending. The **Front Anti-Tipper** allows five easy height adjustments and fits full-size to low hemi-height wheelchairs. Features durable, powder-coated steel tubing construction and heavy-gauge, chrome-plated steel forks. Mounts to 7/8" or 1" (22mm or 2.5cm) tubing.

NC94995 Rear Anti-Tipper
NC94996 Front Anti-Tipper



Improved design fits a wide variety of chairs and features exceptional adjustability and comfort.



Seat lever

Temporary override lever

Mounting bracket

SAFE-T MATE™ ANTI-ROLLBACK SYSTEM

Automatically locks wheelchair wheels to prevent accidental falls.

Allows a wheelchair to roll forward but locks the wheels automatically to prevent backward movement when a patient sits or stands. If the patient stands up, a seat lever releases and clamps down on the wheels. Once the patient sits down, the lever unlocks the wheels. Optional, temporary override lever makes it possible to back up an unoccupied chair. Three height adjustments fit regular, hemi and extra-low wheelchairs. An articulating/floating seat pad remains in proper alignment with seat bottom for greater comfort. Two depth adjustments move pad forward to accommodate residents who slouch in their chairs. Durable stainless and chrome-plated steel construction. Attaches to the rear of most sling-seat wheelchairs. Optional alarm may be attached to the seat lever to notify the attendant if a patient stands up. Available to fit standard or wide wheelchairs.

Standard: Fits chairs 16" to 20" wide (41 to 51cm)

NC95000 Standard System
NC95001 Standard System with Alarm

Wide: Fits chairs 22" to 24" wide (56 to 61cm)

NC95000-W Wide System
NC95001-W Wide System with Alarm



POSEY® HIPSTER™

Foam pads minimize hip damage from falls.

Soft, impact-absorbing pads over the hip area minimize damage from a fall. Low-profile pads are sewn into a slim-fitting, poly-cotton-Lycra® brief allowing the Hipster™ to be worn discreetly under clothing. Slim, comfortable design with elastic waistband improves patient compliance. Unisex style slips easily over undergarments. Latex free. Machine wash and dry. To size, measure the circumference at the waist and hips.

Unisex	Waist Circumference	Hip Circumference
NC93920-1 S	28" to 30" (71 to 76 cm)	35" to 37" (89 cm to 94 cm)
NC93920-2 M	32" to 34" (81 to 86 cm)	39" to 41" (99 to 104 cm)
NC93920-3 L	36" to 38" (91 to 97 cm)	43" to 45" (109 to 114 cm)
NC93920-4 XL	40" to 42" (102 to 107 cm)	47" to 49" (119 to 124 cm)
NC93920-5 XXL	44" to 48" (112 to 122 cm)	51" to 53" (130 to 135 cm)



COMFY™ ANTI-TIP

Provide stability and prevent tipping while reclined in a wheelchair.

When attached to the bottom of a wheelchair, these easy-to-install anti-tip devices provide stability and security to the wheelchair when patients are placed in a reclining position. Spring mechanism allows for

easy release of the device when not in use. The Comfy™ Anti-tip device is height adjustable to provide the exact angle needed for stability. No tools are necessary for installation. Sold in pairs.

NC93904



POSEY® FOOT HUGGER

Cushioned extension for standard wheelchair footrests.

Foam-padded footrest helps prevent patient's feet from slipping off and getting caught under the wheelchair. This footrest extender also increases the base of support and elevates the footrest. Covered in water-repellent vinyl. Fits 18" (46cm) wide wheelchairs. Attaches easily with quick-release buckles. Four thicknesses.

	Thickness
NC23554	1" (2.5cm)
NC23555	2" (5.1cm)
NC23556	3" (7.6cm)
NC23557	4" (10cm)



POSEY® SLIM SUPPORTS

Ideal for clients who require bilateral upper torso support.

Posey® Slim Supports customize a standard wheelchair to accommodate smaller clients or those who need additional lateral support. The 1" (2.5cm) wide bolsters reduce the width of a standard wheelchair by 2" (5.1cm) for greater stability. Constructed of sturdy 1/4" (6.4mm) thick plywood and covered with foam and vinyl for extra comfort. Adjustable hook and loop straps for easy attachment. Sold in pairs.

NC91434 Pair

UPLIFT STUMPREST™

Stump support system integrated into a wheelchair drop seat.

This height-adjustable wheelchair drop seat features two slide-out supports for the stump(s) of below-knee amputees. The retractable sliders adapt for right, left and dual amputees. The base is made of moisture-proof ABS plastic with Velcro® strips for attaching a wheelchair cushion. The system includes a wheelchair drop seat, a 7 1/4" x 11" x 3" (18 x 28 x 7.6cm) stump cushion, a waterproof cushion cover and a wheelchair clamp attachment. Two models fit most standard crossframe wheelchairs. Additional stump cushions are available.



Easily removable for wheelchair folding and transportation.

	Wheelchair width	Position
NC81012-1L	16" to 17" (41 to 43 cm)	Left
NC81012-1R	16" to 17" (41 to 43 cm)	Right
NC81012-2L	18" to 19" (46 to 48 cm)	Left
NC81012-2R	18" to 19" (46 to 48 cm)	Right
NC81012-C	Stump Cushion w/cover	



POSEY® WHEELCHAIR WING-BACKS

Firm lateral supports do not take up precious seating space.

These lateral wheelchair supports provide firm, stable support for clients who lean. They do not decrease the interior width of the chair. The angle of attachment can be adjusted with a screwdriver to accommodate the needs of each individual. Each Wing-Back measures 10" x 8" (25 x 20cm). Sold in pairs.

NC28436 Pair

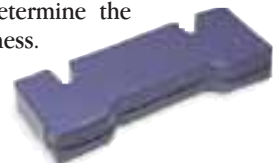


LAP TOP CUSHION

Comfortably provide safety and positioning.

By providing a comfortable surface for arms and elbows, this lap cushion helps clients maintain correct positioning and prevent sliding. Also acts as a safety barrier. Polyfoam-padded for comfort and vinyl-covered for easy cleaning. The cutouts position the cushion securely on the armrest bars and do not require buckles. Available in two thicknesses. Measure the space between the side plate and the armrest to determine the appropriate thickness. Lap Top Cushion fits 16" and 18" (41 and 46 cm) wide wheelchairs.

	Thickness
NC94129	2 1/2" (6.4 cm)
NC94130	4" (10 cm)





NORCO™ WHEELCHAIR FOAM ARM TRAY KIT

D-ring straps offer secure attachment.

This durable plastic wheelchair tray comfortably positions the client's arm. The 1" (2.5cm) wide double D-ring with hook and loop strap securely attaches the tray to the wheelchair arm. Tray measures 21¾" x 5½" (55 x 14cm). Arm tray kit includes a foam insert for cushioned elevation. Additional foam inserts and plastic arm trays are available separately.

- NC94128 Kit
- NC94123 Foam Insert (2)
- NC94121 Arm Tray (1)



Standard Arm Model

NORCO™ WHEELCHAIR ARM TRAY

Tray slides easily onto armrest.

Simply slide the tray over the armrest for a secure fit on a standard or a desk arm wheelchair. The elevated model includes a removable foam insert.

Standard Arm		
Right	Left	
NC95121	NC95122	Standard
NC95123	NC95124	Elevated
Desk Arm		
Right	Left	
NC95125	NC95126	Standard
NC95127	NC95128	Elevated



Standard Elevated Arm Model



Desk Arm Elevated Model

The Standard and Desk Arm Elevated Models include a removable foam insert.



Ties easily onto wheelchair arms.

LATERAL BODY SUPPORT

Improve sitting posture for wheelchair clients who lean left or right.

This vertical, hardboard support helps stabilize the torso. Foam-cushioned armrest trough supports the arm. Soft, comfortable forearm strap has a hook and loop fastener. Safety ties allow easy attachment onto standard wheelchair arms or geriatric chairs. Synthetic sheepskin cover can be removed for laundering. Support measures 12¾" tall x 18" long (32 x 46cm). The arm trough measures 7" (18cm) wide.

NC28460



NORCO™ WHEELCHAIR SEAT INSERT

Create firm support and better posture.

Help avoid internal hip rotation with the Norco™ Wheelchair Seat Insert. Ideal for institutional use. Easy to slip on and off most wheelchairs. Can be cleaned with a damp cloth. The lightweight, nine-layered plywood insert measures ½" (13mm) thick.

- NC92008 16" x 16" (41 x 41cm)
- NC92012 18" x 16" (46 x 41cm)



Level-Arm Model

SKIL-CARE™ SLIDING WHEELCHAIR ARM SUPPORT

Adjustable mobile arm support for full arm wheelchairs.

Locks into place or can be set to allow sliding movement forward and back, and from side to side. Adjusts to fit your clients' specific needs by providing appropriate arm support, especially for neurologically impaired clients. Easy installation onto full arm wheelchairs. Available in a level or elevated-arm model for either the left or right arm. The elevated-arm model provides full hand elevation for edema control. Removable nylon arm trough is made of high-density foam. Measures 6" x 20" (15 x 51cm). Clean with a mild cleanser and damp cloth.



Elevated-Arm Model

- NC91440 Level-Arm Model Left
- NC91441 Level-Arm Model Right
- NC91442 Elevated-Arm Model Left
- NC91443 Elevated-Arm Model Right



POSEY® WEDGE OR CONVEX GEL CUSHIONS

Fills in the wheelchair sling to distribute weight evenly and improve posture.

Posey® Gel Cushions are made of a unique gel-foam that won't bottom out. Convex bottoms prevent hammocking. Nonslip, water-repellent vinyl cover unzips for easy cleaning. Both cover and cushion are waterproof.

Wedge cushion measures 18" x 16" (46 x 41 cm). Incline measures from 2" to 4" (5.1 to 10 cm). Weighs 7 lbs. (3.2 kg).

Convex cushion measures 18" x 16" (46 x 41 cm), and is 3" (7.6 cm) thick. Weighs 6½ lbs. (2.9 kg).

- NC91200 Wedge
- NC92365 Convex



ZERO-ELEVATION™ SEAT INSERT

Correct sagging wheelchair sling seats.

Eliminates wheelchair seat hammocking and provides a stable transfer base without sharp edges. Improved weight distribution makes sitting more comfortable by creating a proper foundation for therapeutic cushions. Made of closed-cell, semi-rigid foam. Available with or without the easy-to-clean vinyl cover.

	With Cover	Weight
NC92013	16" x 18" (41 x 46 cm)	16 oz. (454 g)
NC92015	16" x 16" (41 x 41 cm)	13 oz. (369 g)
Each size	55.50	
	Without Cover	Weight
NC92014	16" x 18" (41 x 46 cm)	9.4 oz. (267 g)
NC92016	16" x 16" (41 x 41 cm)	7.7 oz. (218 g)



ECONOMY WEDGE CUSHION

Versatility and value in one cushion.

Place the high edge of this cushion forward to prevent sliding. Place the high edge at the back for easy wheelchair exit. High edge measures 3½" (8.9 cm) thick. Low edge measures 1" (2.5 cm) thick. Made of polyurethane foam. Cushion measures 16" x 18" (41 x 46 cm) and weighs 8 oz. (227 g). Vinyl covering can be wiped clean with a damp cloth.

NC92025

STAR® CUSHIONS

Therapeutic air-flow system provides stability, positioning and state-of-the-art pressure management.

These lightweight cushions feature a special Dynamic Air Flow™ technology that utilizes flexible, interconnected air cells. The air cells adjust to each individual, providing exceptional pressure relief. **Star® Contour Cushions** are available in Short 2" (5.1 cm) or Standard 4" (10 cm) thicknesses.

Star® CXR Cushions feature a combination of 4" and 2" high (5.1 and 10 cm) air cell chambers with separate air valves. CXR cushions utilize the same Dynamic Air Flow™ technology as the Contour Cushions. The isolated 2" (5.1 cm) air cells minimize coccyx pressure.

Both models are made of latex-free, flame-resistant neoprene. Each cushion includes a cover, hand pump, manual, repair kit and two-year manufacturer's warranty. The washable cover has a 4-way stretch cotton/LYCRA® top and a vinyl-covered woven fabric bottom.

Contour Standard 4" (10 cm)	Contour Short 2" (5.1 cm)	Approximate Width x Depth
NC90011-11	NC90013-11	15½" x 15½" (39 x 39 cm)
NC90011-12	NC90013-12	15½" x 17¼" (39 x 44 cm)
NC90011-14	NC90013-14	17¼" x 15½" (44 x 39 cm)
NC90011-15	NC90013-15	17¼" x 17¼" (44 x 44 cm)

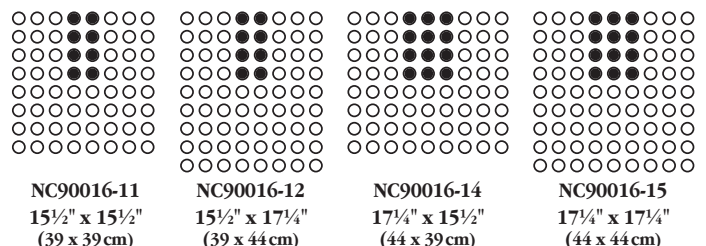
CXR Cushions	Approximate Width x Depth
NC90016-11	15½" x 15½" (39 x 39 cm)
NC90016-12	15½" x 17¼" (39 x 44 cm)
NC90016-14	17¼" x 15½" (44 x 39 cm)
NC90016-15	17¼" x 17¼" (44 x 44 cm)



Includes cover and pump.



● Shaded areas in the diagrams below represent 2" (5.1 cm) air cells isolated by a separate valve chamber to minimize coccyx pressure. The balance of air cells are 4" (10 cm) high.





**POSEY® GSS DELUXE
WHEELCHAIR CUSHION**

Fluid-filled bladders protect against shear and friction.

This cushion features sewn-in LiquiCell® bladders that are filled with low-viscosity fluid. Strategically placed baffles control the flow of the fluid, helping to reduce tissue shear stress. Polyurethane foam is gently contoured for comfort and positioning. SoffTICK™ Supreme cover is durable and waterproof, with a non-skid bottom that prevents forward sliding.

- NC92368-1 16" x 16" x 2" (41 x 41 x 5.1 cm)
- NC92368-3 18" x 16" x 2" (46 x 41 x 5.1 cm)
- NC92368-5 20" x 18" x 4" (51 x 46 x 10 cm)



NORCO™ WHEELCHAIR CUSHION

Foam cushion offers comfort and support for decubitus management.

Made of long-lasting, polyurethane foam. Cushion measures 18" x 16" (46 x 41 cm) and is available in three thicknesses: 2", 3" or 4" (5.1, 7.6 or 10 cm). Tie straps allow easy attachment to wheelchairs. Durable, poly-cotton blend cover can be removed for washing. One-year manufacturer's warranty.

- NC91408 18" x 16" x 2" (46 x 41 x 5.1 cm)
- NC91409 18" x 16" x 3" (46 x 41 x 7.6 cm)
- NC91410 18" x 16" x 4" (46 x 41 x 10 cm)



TORSO SUPPORT

This restraint alternative provides comfortable support for the upper torso.

This self-releasing support helps prevent tilting, leaning and forward sliding. Velcro® fastener allows the wearer to put on and take off the support unassisted. Provides soft, broad support around the chest and over the shoulders. Machine washable. Sizes X-Large and XX-Large fit geri-chairs or tall-back wheelchairs.

Weight capacity		
NC92355	S	80 to 120 lbs. (36 to 54 kg)
NC92356	M	110 to 155 lbs. (50 to 70 kg)
NC92357	L	145 to 190 lbs. (66 to 86 kg)
NC92358	XL	180 to 230 lbs. (82 to 104 kg)
NC92359	XXL	220 to 275 lbs. (100 to 125 kg)



"Memory foam" distributes pressure evenly and conforms for comfort.

**POSEY® MOLDING FOAM
WHEELCHAIR CUSHION**

Foam provides stability and even pressure distribution without constricting blood flow.

Constructed of 1½" (3.8 cm) thick visco-elastic "memory foam" that is laminated to a firm urethane foam base. Lessens the risk of decubitus ulcers by distributing pressure evenly without constricting blood circulation. Convex bottom reduces hammocking. Vinyl cover is waterproof, odor-resistant and helps reduce forward sliding. Zippered outer cover is removable for washing. Weighs 3 lbs. (1.4 kg).

- NC92367 18" x 16" x 3" (46 x 41 x 7.6 cm)



COCCYX GEL SEAT CUSHION

Cut-out minimizes coccyx pressure.

The comfortable Coccyx Gel Seat Cushion is made of 3" (7.6 cm) thick, high-density foam with a gel pad in the center. Cut out area at the back edge of the cushion helps reduce pressure on the tail bone and spine. Removable navy cover with fleece top can be machine washed.

- NC92312 18" x 16" x 3" (46 x 41 x 7.6 cm)



EXTRA SECURE WHEELCHAIR BELT

Additional security and padding.

This belt crisscrosses in back of the wheelchair and loops around the tilt levers, providing extra security. Consists of soft, comfortable foam attached to a wide, heavy-duty nylon strap. Padded front area measures 4½" x 22" (12 x 56 cm). Slide the buckles on the straps to adjust length. Straps measure 40" (102 cm) long. Fits comfortably around hips. Machine wash and dry. Light blue with dark blue trim.

- NC91377





POSEY® DELUXE WEDGE CUSHION

Helps prevent slouching in wheelchairs with sling seats.

The Posey® Deluxe Wedge Cushion improves posture and weight distribution. Placing the high edge of the firm, high-density foam cushion forward helps prevent sliding. Placing the high edge at the back eases wheelchair exits. Incline measures from 2" to 4" (5.1 to 10 cm). Waterproof, textured vinyl cover can be cleaned easily. Cushion measures 16" x 18" (41 x 46 cm) and weighs 2 lbs. (.91 kg).

NC91201



PRESSURE CARE DELUXE WHEELCHAIR CUSHION

Pressure and temperature sensitive for maximum relief and comfort.

This wheelchair cushion is made of PressureSoft™, a material that responds to pressure and temperature by becoming more fluid-like, molding to body contours and equalizing weight distribution. This increased surface area contact between the body and the cushion reduces high-pressure points and the risk of tissue breakdown. Helps prevent, reduce and eliminate decubitus ulcers. Density remains constant to maintain support. Cushion features a barrier top and nonslip base. Resists bacteria, fungus and stains.

- NC92032-2 16" x 16" x 2½" (41 x 41 x 6.4 cm)
- NC92032-3 16" x 16" x 3¼" (41 x 41 x 8.3 cm)
- NC92033-2 18" x 16" x 2½" (46 x 41 x 6.4 cm)
- NC92033-3 18" x 16" x 3¼" (46 x 41 x 8.3 cm)



GEL FOAM WEDGES AND CUSHION

Perfect for controlling sliding and for retaining a level seated position.

Endothermic gel and layers of foam offer lasting comfort and stability. Gel is protected by a removable, incontinent-proof cover. Buckle strap allows easy attachment to chairs. Vinyl and cloth seat covers can be cleaned easily. Cushion and wedges measure 16" x 18" (41 x 46 cm). The 4" (10 cm) wedge weighs 8 lbs. (3.6 kg). The 5" (13 cm) wedge weighs 11 lbs. (5.0 kg). Cushion weighs 8½ lbs. (3.9 kg).

Wedge	Seat Incline
NC91400	1½" to 4" (3.8 to 10 cm)
NC91401	1½" to 5" (3.8 to 13 cm)
Cushion	Seat Thickness
NC91405	4" (10 cm)



POSEY® DELUXE GEL FOAM CUSHION

Firm seat helps equalize pressure and reduce soreness.

Ideal for persons who are at risk for pressure sores, require posture support or are inclined to slide forward. Waterproof, foam-encapsulated gel bladder will not bottom out, regardless of sitting position. Easy-carry handles. Available with a washable fleece cover or a water-repellent Staph-CHEK® cover. Both cushions measure 18" x 16" x 2" (46 x 41 x 5.1 cm). Cushions weigh 6 lbs. (2.7 kg).

- NC92362 With fleece cover
- NC92363 With Staph-CHEK® cover



POSEY® POMMEL CUSHION

Promotes proper positioning and alignment.

This firm foam cushion is designed to stabilize seating position and support hip abduction. The convex bottom on the cushion prevents hammocking. Waterproof vinyl cover is easy to clean. Cushion measures 16" x 18" (41 x 46 cm). Incline measures from 1½" to 3½" (3.8 to 8.9 cm). Pommel is made of dense foam to keep the patient from sliding out of the wheelchair. Pommel measures 4" wide x 5" high x 4½" deep (10 x 13 x 11 cm). Cushion weighs 2 lbs. (.91 kg).

NC91203

SLO-FOAM™

Open-cell foam cushions feature 100% memory and absorb 90% of shock energy.

Provides low-pressure uniformity, helping to prevent decubitus ulcers and pressure sores. Flame-retardant, lightweight, open-cell foam lets air circulate, reducing perspiration. Cushions are 16" x 18" (41 x 46cm) and available in three thicknesses. Soft, medium and extra-firm cushions are color-coded for quick, easy selection.



Soft Pink	Thickness	Supports
NC91571-1	1" (2.5 cm)	Up to 100 lbs. (Up to 46kg)
NC91571-2	2" (5.1 cm)	Up to 100 lbs. (Up to 46kg)
NC91571-3	3" (7.6 cm)	100 to 130 lbs. (46 to 60kg)

Medium Blue	Thickness	Supports
NC91572-1	1" (2.5 cm)	Up to 140 lbs. (Up to 64kg)
NC91572-2	2" (5.1 cm)	Up to 140 lbs. (Up to 64kg)
NC91572-3	3" (7.6 cm)	140 to 170 lbs. (64 to 78kg)

Extra-Firm Green	Thickness	Supports
NC91574-1	1" (2.5 cm)	Up to 160 lbs. (Up to 72kg)
NC91574-2	2" (5.1 cm)	Up to 175 lbs. (Up to 79kg)
NC91574-3	3" (7.6 cm)	165 to 200 lbs. (75 to 91kg)

EGG CRATE WHEELCHAIR PAD

Our most economical wheelchair pad.

This egg crate foam pad evenly cushions and supports body weight and relieves pressure on bony prominences. Fits easily onto any wheelchair. Promotes air circulation through the foam "fingers" that contour and adjust to the body. Pad measures 16" x 18" (41 x 46cm). Weighs 3 oz. (85g).



	Thickness
NC14117	3" (7.6cm)
NC14119	4" (10cm)

SYNTHETIC SHEEPSKIN

Increase comfort and reduce the chance of skin breakdown.

Ideal for lining splints and positioning devices, covering bed and chair surfaces, and padding handles or other pressure areas. Can be sewn with a standard sewing machine. Natural color. Made of 100% polyester. Machine wash and dry. Roll measures 36" x 60" (91 x 152cm).



NC24100

STAPH-CHEK® COVERS

Removable vinyl covers help keep cushions sanitary and protected.

Vinyl-coated, easy-to-clean nylon seat covers are antimicrobial, fire-retardant and waterproof. Fits cushions measuring 16" x 18" (41 x 46cm).



	Thickness
NC91652	2" (5.1 cm)
NC91653	3" (7.6 cm)

Orthoses facilitate proximal motion.

① SUSPENSION ROD

Connects to standard or reclining wheelchairs for attachment of the Suspension MAS or the Suspension Sling (② or ③). The 7/16" (11mm) diameter Suspension Rod measures 32" (81cm) vertically and 20" (51cm) horizontally. Adjustable Suspension Mount sold separately below.

NC38005

② SUSPENSION MAS

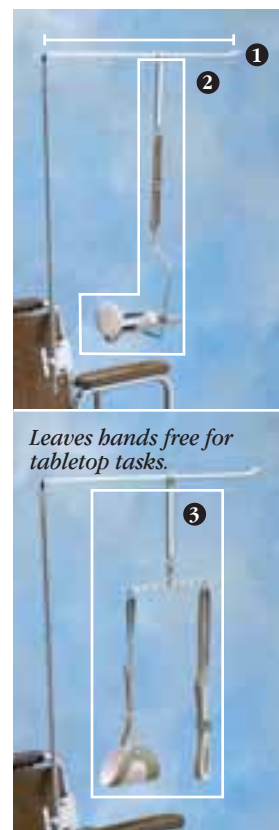
Holds the forearm in a balanced position. Ideal for muscle re-education, horizontal reaching and elbow and shoulder range of motion.

NC38001 Left
NC38002 Right

③ SUSPENSION SLING

Nonslip leather slings are ideal for muscle re-education, horizontal reaching and proprioceptive input. Wrist support is 1" (2.5cm) wide and forearm support is 5" (13cm) wide. Suspension Rod (①) sold separately.

NC38004



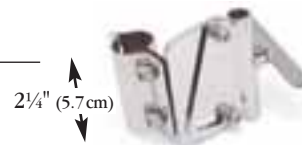
Leaves hands free for tabletop tasks.

ADJUSTABLE SUSPENSION MOUNT

Attaches to the wheelchair back post to hold the Suspension Rod (①). Use when client is upright.

7/8" (22mm) diameter wheelchair post

NC38006 Left
NC38007 Right



2 1/4" (5.7cm)

1" (2.5cm) diameter wheelchair post

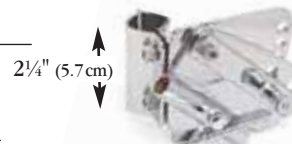
NC38006-1 Left
NC38007-1 Right

RECLINING SUSPENSION MOUNT

Attaches to reclining wheelchair back post to hold the Suspension Rod (①).

7/8" (22mm) diameter wheelchair post

NC38008 Left
NC38009 Right



2 1/4" (5.7cm)

1" (2.5cm) diameter wheelchair post

NC38008-1 Left
NC38009-1 Right

FOLDING ARM SLING FRAME

Rolls easily and folds to an 8" (20cm) thickness for storage. Upright bar adjusts from 52" to 78" (132 to 198cm) tall with a 31" (79cm) wide floor base. Slide under a wheelchair, chair or bed for use with the Suspension MAS or Suspension Sling (② or ③), sold separately.

NC38003



MOUNT RELOCATORS

Use when back posts are restricted or are not present.

Use the **Standard Mount Relocator** to mount the MAS to wheelchairs with round back posts. Clamp attaches to tubing with a 3/4" to 1" (19mm to 2.5cm) diameter, even if covered in fabric. Clamp requires 1 1/2" (3.8cm) to mount to the back post. The **Mount Relocator for Molded Backrest** mounts directly to the back of plastic or metal molded backrests. The **Mount Relocator for Keyed Back Post** is for wheelchairs with keyed back posts. All three Relocators include a 10" (25cm) mounting shaft and articulated arm that create up to 8" (20cm) of added mounting space. Remove and replace the relocator arm, without losing its preset adjustments. Instructions are included.



Standard



Molded Backrest

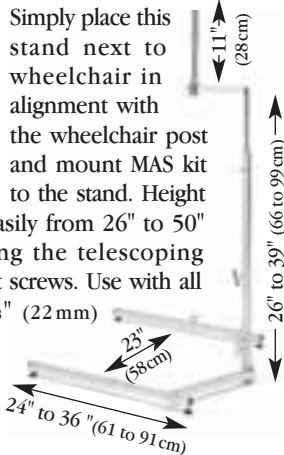


Keyed Back Post

- NC38050 Standard Relocator
- NC38051 Molded Backrest Relocator
- NC38052 Keyed Back Post Relocator

JAECO MAS EVALUATION STAND

Quickly determine if MAS is appropriate.



Simply place this stand next to wheelchair in alignment with the wheelchair post and mount MAS kit to the stand. Height can be adjusted easily from 26" to 50" (66 to 127cm) using the telescoping frame and wing-set screws. Use with all MAS kits with 7/8" (22mm) diameter tubing.

NC38057

WRIST/HAND SUPPORT AND COVER

The **Wrist/Hand Support** is a metal "T" Bar that attaches to the Forearm Support to stabilize the wrist and palm. The **Cover** is padded for comfort and protection. Made of 1/8" (3.2mm) soft, washable polyfoam with hook closures.



Wrist/Hand Support with Cover

- Wrist/Hand Support**
- NC38033-H Left
 - NC38034-H Right
- Wrist/Hand Support Cover**
- NC38033-1 Left
 - NC38034-1 Right

Jaeco/Rancho Mobile Arm Supports



Instructions included.



1 JAECO/RANCHO MULTI-LINK MOBILE ARM SUPPORT

Compact profile with functional range.

Three articulating segments give this mobile arm design a compact profile, allowing it to clear doorways easily. Made of lightweight, black anodized, tubular aluminum. Includes (1) MultiLink Arm, (2) Offset Swivel with Forearm Support Slide, and (3) Forearm Support. Fits left or right. Use with any original MAS mount or the Jaeco/Rancho Mount (NC38046-1, right). The 20" (51cm) model fits most adult and pediatric patients. The 24" (61cm) model fits patients with forward reach greater than 22" (56cm). To size, see chart below.

20" (51 cm)	24" (61 cm)	Forearm Support
NC38047-1	NC38048-1	Small
NC38047-2	NC38048-2	Medium
NC38047-3	NC38048-3	Large

Sizing Chart for MultiLink MAS

To size the arm: Measure the distance from the wheelchair back post to the patient's mid forearm while positioned in maximum forward reach.

To size the forearm: see chart, page 132.

JAECO/RANCHO MOUNT

Quick and easy!

Designed for easy use with the Jaeco/Rancho MultiLink (left) or basic MAS Kit (page 132). Takes 1 3/4" (4.4cm) of space on the back post. Bi-planar dials and knobs allow for easy adjustments without tools. Bubble Level is included and makes leveling easier (required for MultiLink MAS, left). Fits left or right. Instructions included.



- NC38046-1 Jaeco-Rancho Mount
- NC38046-2 Replacement Bubble Level

To order complete Jaeco/Rancho MAS setup:

For a complete MAS setup, order the following items:

- Jaeco/Rancho MultiLink Mobile Arm Support, choose (NC38047-1 through NC38048-3)
- Jaeco/Rancho Mount, (NC38046-1)

2 OFFSET SWIVEL WITH FOREARM SUPPORT SLIDE

Easily balance the forearm and adjust height using the included hex wrench and integral up/down stop. Brings the hand closer to the mouth, and allows the elbow dial to clear the distal arm. Made of anodized steel. Works with all MAS forearm supports with holes. The Offset Swivel replaces the original swivel under the forearm support. Fits left or right. Instructions included.



NC38056

3 FOREARM SUPPORT WITH SWIVEL AND COVER

The **Forearm Support with Swivel** is a metal trough with padded elbow dial and swivel. The **Cover** is padded for comfort and protection. Made of 1/8" (3.2mm) soft, washable polyfoam with hook closures. See page 132 for sizing.



Forearm Support with Swivel

- NC38080 Small
- NC38081 Medium
- NC38082 Large

Forearm Support with Cover

Forearm Support Cover

- NC38033-SC Small
- NC38033-MC Medium
- NC38033-LC Large

Jaeco Mobile Arm Supports



ELEVATING MAS KIT

This elastic-band assisted MAS provides additional ROM for clients with poor shoulder girdle/deltoid strength. Clients can reach higher for facial hygiene, self feeding and tabletop tasks. Helps improve or maintain strength and ROM. Universal design fits left or right arm. Requires Wheelchair MAS Mount (right) or Jaeco/Rancho Mount (page 131), sold separately.

Elevating MAS Kit includes:

- Forearm support, slide and standard swivel
- Dual rod proximal arm with rubber bands and distal arm
- Hex keys

NC38054-1	Small
NC38054-2	Medium
NC38054-3	Large

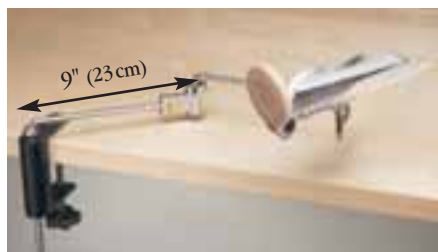


TABLE MOUNT MAS KIT (ORIGINAL)

For persons who have shoulder girdle weakness but are not wheelchair bound. Easily attaches to table surfaces up to 3 1/4" (8.3 cm) thick. Allows a 21" (53 cm) reach from table edge to the center of the arm trough.

Left	Right	
NC38038-1	NC38038-2	Small
NC38038-3	NC38038-4	Medium
NC38038-5	NC38038-6	Large

Forearm Sizing Chart for MAS Kits

To size, measure from the olecranon to the wrist crease and subtract 2" (5.1 cm).

	Forearm Length
Small	8" (20 cm)
Medium	9" (23 cm)
Large	10" (25 cm)



BASIC MAS KIT (ORIGINAL)

For persons with poor minus muscle-grade shoulder/elbow strength. Allows the arm to move horizontally and vertically for tasks such as joystick use, feeding, grooming and writing. Motion is achieved by using gravity and adjusting the balance points at the three joints of the device. Basic kit requires Wheelchair MAS Mount (right) or Jaeco/Rancho Mount (page 131), sold separately.

Basic MAS Kit includes:

- Proximal arm and distal arm
- Hex keys
- Forearm Support with Swivel

Left	Right	
NC38070	NC38071	Small
NC38072	NC38073	Medium
NC38074	NC38075	Large



FRICTION FEEDER MAS KIT (ORIGINAL)

Use for persons with mild to moderate incoordination, spasticity, tremors or ataxia. Extraneous motion of the shoulder and elbow is reduced by setting stops and adjusting the friction resistance.

Friction Feeder MAS Kit includes:

- Reclining Wheelchair MAS Mount 7/8" (22 mm) post
- Connected proximal and distal arm with four friction bands
- Hex keys
- Forearm Support with Swivel

Left	Right	
NC38039-1	NC38039-2	Small
NC38039-3	NC38039-4	Medium
NC38039-5	NC38039-6	Large

WHEELCHAIR MAS MOUNT

Original MAS mount for the Elevating Proximal Arm and Basic MAS Kits (left).



7/8" (22 mm) diameter wheelchair post

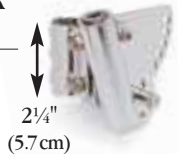
NC38026	Left
NC38027	Right

1" (2.5 cm) diameter wheelchair post

NC38026-1	Left
NC38027-1	Right

RECLINING WHEELCHAIR MAS MOUNT

Original MAS mount for MAS Kits (left). Use on wheelchairs reclining more than 10°. Helps to keep MAS arms level.



7/8" (22 mm) diameter wheelchair post

NC38028	Left
NC38029	Right

1" (2.5 cm) diameter wheelchair post

NC38028-1	Left
NC38029-1	Right

FOREARM SUPPORT SLIDE

Balance forearm position with ease. Simply push a button to move the forearm support forward or backward to optimize forearm balance. Can be used with the original MAS Forearm Support with Swivel, the Offset Swivel and the Supinator. Fits the left or right.



Forearm Support sold separately.

NC38055

SUPINATOR

Replaces the original swivel under the forearm support and helps supinate the arm when the elbow flexes or with the Forearm Support Slide (NC38055, above) for easier adjustment.



NC38030	Left
NC38031	Right

MOBILE ARM SUPPORT (MAS) MANUAL

Evaluate, assemble and treat using this valuable reference.

Provides descriptions of each original Mobile Arm Support kit, step-by-step photo instructions, evaluations and treatment forms with patient criteria for original Jaeco MAS use. 150 pages. Copyright 1997.



NC99660

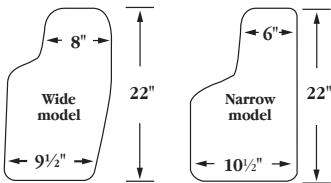


FLIP AWAY ARMREST

Enter and exit the wheelchair without removing the armrest.

This armrest pivots upward for easy entry and exit from the wheelchair. A convenient beverage holder is built into the armrest. Thick padding provides exceptional comfort. Accommodates almost any wheelchair.

Wide	Narrow	
NC94138	NC94140	Left
NC94139	NC94141	Right

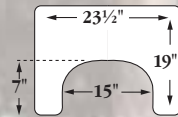


SEE-THRU WORK TRAY

Ideal for clients with visual perception problems.

Attaches to all types of wheelchairs and is made of strong, transparent polycarbonate for a clear line of sight to lap and legs. Hook and loop straps attach onto the wheelchair armrests. Durable tray has an all-aluminum lip that keeps items from falling off. Tray measures 1/4" (6.4mm) thick.

NC94102

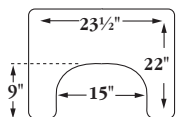


CLEAR HEAVY DUTY LAP TRAY

All the benefits of a transparent tray plus excellent durability.

The Lexan® in this tray is virtually unbreakable and provides a clear line of sight to lap and legs. Transparent tray measures 1/4" (6.4mm) thick. Light scratches can be removed easily with automobile rubbing compound. Rim completely surrounds tray front. The tray can withstand heat up to 300° F (149° C). Attaches to wheelchair armrests with hook and loop straps.

NC94118

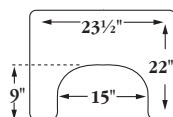


NURSING HOME LAP TRAY

Easily attaches to most any chair.

This tray has an easy fastener that secures the sturdy nylon safety belt. Adjustable belt fits around a chair back or wheelchair. Made of 1/4" (6.4mm) Masonite™ with a vinyl woodgrain finish that can be washed easily. Attach the tray to the chair with hook and loop straps. Armrests have safe, rounded corners with nonslip foam padding.

NC94106

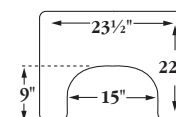


ECONOMY LAP TRAY

An economical choice with quality features.

Made of Masonite®, the Economy Lap Tray features two hook and loop straps secured to the armrests that keep the lap tray in place. Easy-to-clean surface. Measures 1/4" (6.4mm) thick. Tray has rounded corners for added safety.

NC94103



*Custom laptrays are available.
Call for information.*



See-through tray provides an unobstructed view of legs and lap area.

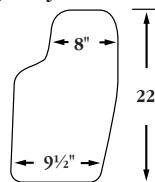
CLEAR FLIP AWAY ARMREST TRAY

Combines the benefits of a clear lap tray with the convenience of a flip away tray.

The Clear Flip Away Armrest Tray is made of sturdy, transparent polycarbonate for a clear line of sight to lap and legs. This 3/8" (9.5mm) thick tray pivots upward for easy entry and exit from the wheelchair. Armrest bracket measures 2" wide x 9" long x 1" thick (5.1 x 23 x 2.5cm).

Unbreakable and scratch-resistant tray is available for either the left or right side.

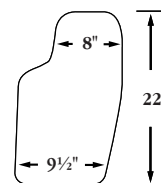
NC31311 Left
NC31310 Right



WOODEN FLIP AWAY ARMREST TRAY

Convenient and easy to adjust with a simple flip.

The Wooden Flip Away Armrest Tray is made of 7-ply natural birch with a clear lacquer finish. This tray pivots upwards for easy entry and exit from the wheelchair. Tray measures 3/8" (9.5mm) thick. Can be used on either the left or right side.



NC31328



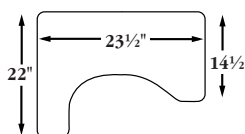
COMFORTLINE™ FLIP AWAY 3/4 TRAY

Premium upholstered tray has a large surface area, yet flips up easily like an armrest.

This Comfortline™ tray features 1" (2.5cm) thick foam over a 1/2" (13mm) wood base, and is covered with black, molded satin vinyl. The pre-installed, height-adjustable bracket allows the tray to flip up and out of the way when getting in or out of the wheelchair. The tray may remain attached to the wheelchair at all times.

The attached bracket adjusts to fit armpads measuring up to 2 1/2" wide x 1 1/2" tall (6.4 x 3.8cm).

NC31321-L Left
NC31321-R Right

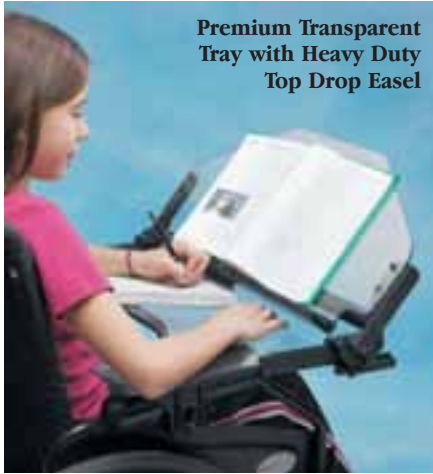


OXYGEN CARRYON!™ WHEELCHAIR BAG

Conveniently stores oxygen tanks out of the way.

The lightweight Oxygen CarryON!™ Wheelchair Bag is ideal for persons with emphysema or other respiratory conditions. Large mesh bag measures 16" x 23" (41 x 58cm) and holds one or two "E" cylinder tanks. Also features an 11" (28cm) deep mask/nasal cannula pouch. Bag is machine washable.

NC94333



Premium Transparent Tray with Heavy Duty Top Drop Easel

PREMIUM TRANSPARENT TRAY AND HEAVY DUTY TOP DROP EASEL

E-Z Lock clamps allow the tray to slide on and off the front of the wheelchair.

The **Premium Transparent Tray** is made of a 3/8" (9.5mm) thick, break-resistant polycarbonate with a PVC rim. The tray includes pre-installed E-Z Lock Quick-Fit Clamps for standard arm wheelchairs. The clamps fits up to 1 1/2" (3.8cm) thick armchair/pad. Available in two sizes to accommodate both adults and children.

The **Heavy Duty Top Drop Easel** securely attaches to the Premium Transparent Tray. Made of transparent polycarbonate, the angle is adjustable and the large front lip holds a book or magazine. Attaches easily and can be quickly removed. Available in the same two widths as the Premium Transparent Tray.



Premium Transparent Tray

Premium Transparent Tray

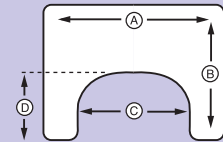
- NC95151 Child
- NC95152 Adult

Heavy Duty Top Drop Easel

- NC95154 Child
- NC95155 Adult

Sizing for Premium Transparent Tray

	A	B	C	D
Child	21" (53 cm)	18" (46 cm)	12" (30 cm)	6" (15 cm)
Adult	23 1/2" (60 cm)	22" (56 cm)	14" (36 cm)	9" (23 cm)



DELUXE DOWN-UNDER!™ WHEELCHAIR BAG

Keep belongings within reach.

This wheelchair bag fits neatly under the seat for easy access. The side-release Adapt-A-Strap System™ allows for easy attaching and detaching. Two roomy pockets have zipper closures and large, circular pull rings. Unique suspension system holds the bag open. Fits rigid or folding wheelchairs. Bag measures 11" x 7" x 3" (28 x 18 x 7.6cm).

- NC84501-1 Black
- NC84501-2 Blue
- NC84501-3 Purple



ECONOMY WHEELCHAIR BAG

Durable wheelchair bag is priced right!

Sturdy yet affordable, the Economy Wheelchair Bag is great for shopping and keeping frequently used items handy. Small inner pocket measures 6 1/4" x 11 1/2" (16 x 29cm) and the large pocket measures 16" x 16" x 3" (41 x 41 x 7.6cm). Nylon webbing straps slide over wheelchair handles to secure the bag in place. Vinyl material wipes clean with a damp cloth. Bag weighs 11 oz. (312g).

NC28887



WHEELCHAIR DAY PAC™

Sporty and convenient wheelchair pack.

This exceptionally roomy pack fits any wheelchair with or without push handles. Adjustable straps allow the pack to slip over the back of any wheelchair seat loosely or snugly so that the user can remove it from a seated position. Dual zipper system opens pack from either side and includes large pull rings for persons with limited or no grasping ability. Pack measures 12" x 12" x 4" (30 x 30 x 10cm). Made of waterproof nylon.

- NC84500-1 Black
- NC84500-2 Blue
- NC84500-3 Purple





NORCO™ PUSH KUFFS

Unique design allows for easier self-donning and doffing.

These universal Norco™ Push Kuffs feature a D-ring strap design and an elastic finger loop that allow easier donning and doffing for patients with spinal cord injuries. An expanded, textured rubber, palmar pad protects the wrist and ulnar side of the hand from wheelchair rims. One size glove fits hands snugly. Dorsal cinch design ensures a great fit. Sold in pairs.



NC94320



ECONOMY MESH GLOVES

Mesh-backed gloves keep hands cool.

Half-finger glove allows for manual dexterity. Soft, goatskin leather is durable and strong. Available in black or tan. Machine washable. Line dry. For sizing information, refer to the chart for the Hatch Heavy Duty Gloves, sold to the right.

Black	Tan	
NC53890-2	NC53893-2	Small
NC53890-3	NC53893-3	Medium
NC53890-4	NC53893-4	Large
NC53890-5	NC53893-5	X-Large



HATCH HEAVY DUTY GLOVES

Gel inserts cushion and protect palms during wheelchair use.

These gloves are constructed of long-lasting, tan, cowhide leather with a cotton, crocheted back. An extra layer of durable leather in the palm covers the viscoelastic polymer gel inserts. Gel retains its original shape. Machine wash, air dry. To size, measure hand width across the MP joints. Sold in pairs.

		Width at MP joints
NC53894-2	Small	Up to 3¾" (Up to 9.5 cm)
NC53894-3	Medium	3¾" to 4¼" (9.5 to 11 cm)
NC53894-4	Large	4¼" to 4½" (11 to 11 cm)
NC53894-5	X-Large	4½" to 4¾" (11 to 12 cm)



Half-Finger



Full Finger

PUSH EASE™ WHEELCHAIR HAND GEAR

Designed specially for wheelchair use, these gloves are reinforced and seamless in the high-stress, thumb web space.

Soft, supple leather on the palm and thumb provides a durable gripping surface. Gel padding helps protect the palm from calluses and blisters. Terry cloth on the back of the glove provides a comfortable fit and helps the glove maintain its shape through vigorous use. Patented forefinger tabs and hook and loop closure allow for easy application and removal. Machine wash in cold water, air dry. To size, measure hand circumference at the MP joints. Sold in pairs.

Full Finger (Pair)	Half-Finger (Pair)		Circumference at MP joints
NC63222	NC63232	Small	7½" (19 cm)
NC63223	NC63233	Medium	8" (20 cm)
NC63224	NC63234	Large	8½" (22 cm)
NC63225	NC63235	X-Large	9" (23 cm)

HATCH LIQUICELL® GLOVES

Unique LiquiCell® layer reduces shear stress.

LiquiCell® pad weighs significantly less and is dramatically less bulky than other forms of padding. The liquid in LiquiCell® provides a thin layer of fluid on the entire contact surface. This fluid layer provides a friction coefficient of zero (comparable with that of a layer of ice), thus allowing free movement without shear force at the contact area.

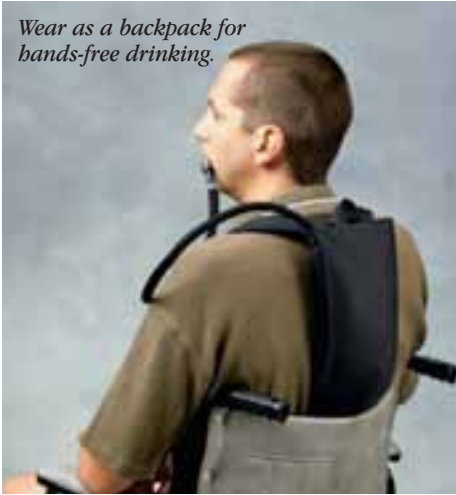
These half-finger gloves have finger loops for easy removal. Gloves feature terry cloth thumb backs for wicking perspiration, strategically placed grip pads for control and LYCRA® backs for exceptional fit. Sold in pairs.



Finger loops make it easy to take off the glove.

NC53885-1	X-Small
NC53885-2	Small
NC53885-3	Medium
NC53885-4	Large
NC53885-5	X-Large
NC53885-6	XX-Large

Wear as a backpack for hands-free drinking.



CAMELBAK™ DRINKING SYSTEM

Bring your drinks everywhere!

Insulated container holds up to 70 fl. oz. (2.1 liters). Keeps contents hot or cold up to four hours. Biting and sucking on the mouthpiece controls liquid flow. Attaches to wheelchairs or headboards for easy access. Made of rugged, plastic-insulate, polyurethane foam.



NC28863

DRINK THING®

Secures a variety of container sizes.

This two-ring system securely holds cans, glasses and bottles ranging from 8 oz. to 44 oz. (.23 to 1.3 liters). Attaches with plastic-coated clips. Folds down when not in use. US patent.

NC35292

Bottle not included.



Standard Arm



Desk Arm



BEVERAGE HOLDERS

Convenient, lightweight holders are easy to attach.

Molded plastic brackets firmly hold cans or glasses measuring 2½" to 3½" (6.4 to 8.9 cm) in diameter. Metal grips are plastic-coated for stable attachment. Available for wheelchairs with standard or desk arms.

Standard Arm

NC35291

Desk Arm

NC35290

CLIP-ON GLASS HOLDER

An economically priced holder.

This steel wire holder can be attached to wheelchair arms or tubular poles with a diameter of ¾" to 1" (19mm to 2.5cm). The Clip-On Glass Holder measures 2⅞" x 3" (7.3 x 7.6cm).

NC35249

Cup not included.



EASY GLIDER™ FOR WALKERS

Helps walkers glide smoothly.

Attach Easy Glider™ tips onto any walker to help reduce drag and improve maneuverability. No tools are required. Tips fit onto standard size walkers and will accommodate a variety of indoor or outdoor surface conditions. The bright color also helps with depth perception on uneven surfaces. Sold in pairs.

NC23539

TERRY CLOTH WALKER PADS

Comfortably pads hard walker handles.

Terry Cloth Walker Pads wick away moisture. Pads attach easily with a hook and loop closure. Machine wash and dry. Sold in pairs.

NC94340



SYNTHETIC SHEEPSKIN WALKER PADS

Fleece-like material adds softness to walker handles.

These soft pads attach to handles easily with a simple hook and loop closure. Machine wash and dry. Sold in pairs.

NC94342



CANE/CRUTCH HOLDER

Keep canes and crutches handy.

This clip-on holder balances the cane and keeps it within reach. Rubber pad helps keep the holder from sliding. The Cane/Crutch Holder securely grips a cane or crutch with a ⅝" to 1" (16mm to 2.5cm) diameter.

NC94308



ICE PICKS

Encourage exercise and improve safety in icy conditions.

Ice Picks can be attached to walkers or canes with ⅞" (22mm) tube diameter. Standard model can be flipped up out of the way when not in use. Retractable model has steel tips that safely retract into the rubber base when not in use.

NC89521 Standard

NC89522 Retractable





Clips to the side for storage.



Small items stay in the basket.

Clear plastic liner is included.

Fits on the inside of a walker.

WALKER TRAY

Tray slides forward for safe walking. Non-slip placemat helps secure plates and cups.

The easy on and off clips make this tray ideal for persons with limited hand strength. Tray clips to side bar when not in use. Fits both folding and non-folding walkers that have an 18" (46cm) horizontal front bar, such as the Guardian® Red Dot® and Easy-Care® Walkers (page 141). Top rack dishwasher safe. Measures

12¾" deep, 21¼" wide at the base, 15½" wide at the top (32 x 54 x 39cm) and weighs 28 oz. (.79kg). Placemat color may vary.

NC94349 Walker Tray
NC94349-1 Replacement Placemat



GUARDIAN® FLIPTRAY

Walker tray easily flips out of the way.

This multi-use tray is ideal for carrying snacks, drinks, crafts or other items. Exclusive "over-center" design positions the tray to maintain walker stability when the tray is up. When in use, the tray securely locks into position. Two deep, notched cup wells and a ¾" (19mm) high safety edge help prevent tips, slips and spills. Made of high-impact, textured plastic. Fliptray measures 16" x 12" (41 x 31cm) and weighs 1 lb. (.45kg). Fits walkers measuring 18" (46cm) wide.

NC94348



CARRYING BAG FOR WALKERS

Four pockets provide plenty of storage.

The Carrying Bag for Walkers has two large storage pouches and two small inner pouches. Bag measures 12" x 10" (30 x 25cm). Just sling the bag over the crossbar for quick and easy attachment. Vinyl wipes clean with a damp cloth. Weighs 14 oz. (.40kg).

NC94322

NORCO™ NARROW WALKER BASKET

Less cumbersome basket easily fits on the outside or inside of most walkers.

This plastic-coated wire walker basket measures only 16" x 6" x 7" (41 x 15 x 18cm). Clear plastic insert prevents small items from slipping through the basket. Also can be attached to the inside of a walker. Easily attaches with hook and loop straps. Weighs 12 oz. (.34kg).

NC92126



ECONOMY WALKER BAG

Great walker bag at an economical price.

Keep books and personal items close at hand with the Economy Walker Bag. Hook and loop tabs on the straps make this bag easy to put on and take off. Cloth bag measures 12½" x 8¼" (32 x 21cm) and is machine washable. Color may vary. Weighs 3 oz. (85g).

NC94350



NORCO™ ADAPTABLE WALKER BASKET

Clear plastic tray liner keeps small items from falling through the basket.

Handy for carrying small or large items, the Norco™ Adaptable Walker Basket is constructed of vinyl-coated steel wire. Secure the basket in place with attachment hooks that bend to fit most regular and folding walkers. Includes a clear plastic tray that prevents small items from slipping through the basket. No tools are needed for assembly or attachment. Basket measures 18" x 7" x 7" (46 x 18 x 18cm). Weighs 26 oz. (.74kg).

NC94326-1 Single
NC94326-6 Box of six



Clear plastic liner is included.



Attachment wires bend easily for a snug fit. No tools are needed!

CANVAS WALKER BASKET

Collapsible walker basket features a lid for safe storage of personal items.

This functional basket collapses for easy travel and storage. Privacy lid conceals contents and secures with Velcro® fasteners. Basket measures 16½" wide x 6" deep x 7¼" tall (42 x 15 x 18cm). Interior includes an elastic strap to keep items upright. Attaches quickly and easily to most walkers with hinged wire clips. No tools are required. This basket works best on walkers with a flat front design and bars that are 6" (15cm) apart.

NC94323



CARRYON!™ WALKER BAG

Durable, mesh bags allow a visual survey of contents.

The CarryON!™ Walker Bag has two pockets with hook and loop closures. The small pocket measures 5" x 5" (13 x 13cm) and is handy for keys or coins. The larger pocket measures 13½" x 9½" (34 x 24cm). Bag attaches to walker with hook and loop fasteners. Lightweight, mesh-type fabric is stain and mildew resistant. Bag weighs 4½ oz. (128g). Machine washable.

NC94353



QUILTED WALKER POUCH

Quilting makes this pouch durable and attractive.

This versatile pouch hangs on the front of a walker. Two large storage pockets provide easy access to frequently used items. Hook and loop material keeps the pouch in place. Each pocket measures 13¾" x 15¾" x 10" (35 x 40 x 25cm). Pouch weighs 5 oz. (142g). Machine washable. Fabric pattern may vary.

NC28886



COMBO WALKER/WHEELCHAIR BAG

This multi-pocketed bag fits both walkers and wheelchairs.

Easily attach the Combo Walker/Wheelchair Bag over a walker bar or wheelchair arm by fastening the hook and loop tabs. Blue denim bag measures 9½" x 13" (24 x 33cm). The large inner pocket measures 13" x 8½" (33 x 22cm) and has a hook and loop closure. The largest of the three outside pockets measures 5½" x 6" (14 x 15cm), and the two smaller pockets measure 2½" x 6" (6.4 x 15cm). The Combo Walker/Wheelchair Bag weighs 8 oz. (.23kg). Machine washable.

NC94310



NORCO™ ROLLING WALKER

Rugged walker rolls and stops with ease.

The Norco™ Rolling Walker features large, 6" (15cm) wheels that accommodate uneven surfaces. Hand brakes control speed and lock the wheels in place. Just press down on the brakes to lock. Convenient, padded seat is attached to the frame and stows out of the way when not in use. Wire basket keeps items within easy reach. To collapse the walker to a compact size that fits easily in a car, simply pull on the attached cord.

Overall width and depth of the walker is 23½" x 22" (60 x 56cm).

Height range of the handles measures 34" to 37" (86 to 94cm).

The seat measures 12" x 12" (30 x 30cm) and has a 250 lb.

(113kg) weight capacity.

Walker weighs only 12 lbs.

(5.4kg). Available in

Burgundy or Teal.

NC89084 Burgundy

NC89085 Teal



Wheels optional.

NORCO™ DELUXE TWO-BUTTON FOLDING WALKER

Push the buttons with the fingers, palm or side of the hand for easy folding.

Double steel crossbraces for stability. Push-buttons fold each side independently to 5" (13cm) deep. Lightweight, 1" (2.5cm), anodized aluminum tubing. Height adjusts from 29¾" to 34½" (76 to 88cm) in 1" (2.5cm) increments. Measures 20" wide x 17" deep (51 x 43cm). Weight capacity is 300 lbs. (136kg). Available with or without 5" (13cm) rubber wheels.

NC88017 Walker

NC88018 Walker with 5" (13cm) wheels



Flip the lever to release cross arm.



Wheels optional.

MERRY WALKER® INSTITUTIONAL WALKER*

Rolling walker maximizes physical potential and safety.

The Merry Walker® is designed to accommodate individuals who have conditions that require assistance for ambulation. This bottom-weighted, tip-resistant walker is stabilized when the patient leans on the frame to stand up, preventing rolling. Restraint-free when the patient is able to open and close the cross arm latch. Foam-padded seat and arm rests are vinyl-covered for easy cleaning. Storage pouch with three pockets keeps items within easy reach. Seat measures 22" (56cm) wide. Base width measures 27" (69cm). Weight capacity is 300 lbs. (136kg). Wheels measure 2" or 4" (5.1 or 10cm), depending on the walker size. Walker weighs 28 lbs. (13kg). Folds to 12" (30cm). Some assembly is required.

Person's Height

NC89071	Small	4' 10" to 5' 2" (1.5 to 1.6m)
NC89072	Medium	5' 3" to 5' 7" (1.6 to 1.7m)
NC89073	Large	5' 8" to 6' 0" (1.7 to 1.8m)
NC89074	X-Large	6' 1" to 6' 6" (1.9 to 2.0m)

* Homecare models are available. Call for information.

NORCO™ HEAVY DUTY BARIATRIC FOLDING WALKER

Easy-folding walker for heavier clients.

Double steel crossbraces ensure stability. Push the button to fold each side independently. Folds to 5" (13cm) deep for easy transportation and storage. Frame is made of 1" (2.5cm), heat-treated tubing. Height adjusts from 32" to 40¾" (81 to 104cm) in 1" (2.5cm) increments. Measures 21½" wide x 21" deep (55 x 53cm). Overall width is 24" (61cm). Weight capacity is 500 lbs. (227kg). Available with or without 5" (13cm) dual rubber wheels. Lifetime manufacturer's warranty on frame.

NC88020 Walker

NC88021 Walker with 5" (13cm) wheels



NORCO™ SIDEWALKER

Convenient as a cane, sturdy as a walker.

The Norco™ Sidewalker combines the stability of a walker with the maneuverability of a cane. Lightweight and durable anodized aluminum frame. Bi-level hand grips provide two levels of support. Folds easily with a sliding action. The height adjusts from 32" to 36" (81 to 91cm).

NC88001



Youth



Standard

Heavy Duty

Wheels optional.

GUARDIAN® RED DOT® WALKERS

Walker folds with a simple push tab.

Features a patented dual-folding mechanism that releases simply by depressing the tab with the finger, palm or hand. The **Standard** size adjusts in height from 32" to 36" (81 to 91cm). **Youth** size adjusts in height from 29" to 33" (74 to 84cm). Both walkers are 16" (41cm) wide and weigh 5¾ lbs. (2.6kg). The **Heavy Duty** size is lightweight, yet strong enough to support 400 lbs. (181kg). Height adjusts from 34" to 38" (86 to 97cm). The width is 19" (48cm). Weighs 6½ lbs. (2.9kg). Pairs of 3" and 5" (7.6 and 13cm) rubber wheels that fit all Red Dot® Walkers are sold separately.

- NC88104 Standard
- NC88105 Youth
- NC88108 Heavy Duty

- NC88112 Pair of 3" wheels
- NC88111 Pair of 5" wheels



NEW! CAREX® 5" (13cm) FIXED WHEELS

Designed for use on the front of a walker.

Wheels roll freely, helping clients to walk naturally while taking fewer steps. Allows walker to glide easily over irregular surfaces such as carpeting and thresholds. Fits 1" (2.5cm) walker tubing. Weight capacity of 300 lbs. (136kg). Wheels are 5" (13cm) diameter. Sold in pairs.

NC88115



GUARDIAN® EASY-CARE® WALKER

Steel crossbrace for maximum strength.

The dual-folding mechanism on this walker lets the sides fold independently of each other. Folds to less than 4" (10cm) deep for easy transport and storage. Weighs 5¾ lbs. (2.6kg). **Standard** size adjusts in height from 32" to 36" (81 to 91cm). **Youth** size adjusts in height from 29" to 33" (74 to 84cm). Each walker is 16" (41cm) wide. Pairs of 3" and 5" (7.6 and 13cm) rubber wheels sold separately.

- NC88101 Standard size
- NC88100 Youth size
- NC88112 Pair of 3" wheels
- NC88111 Pair of 5" wheels



NORCO™ WALKER PLATFORM ATTACHMENT

Vinyl-covered foam pad provides comfortable resting while using a walker.

This attachment works with most standard walkers that have two side cross bars. The forearm rests on the platform for added stability. Velcro® strap provides easy, secure use. Adjusts to fit most positions and heights. No tools are required for assembly.

NC88011



Norco™ Offset Bariatric Cane

Norco™ Bariatric Cane with Large Base

Norco™ Bariatric Cane with Small Base

NORCO™ BARIATRIC CANES

Secure support for heavier patients.

These bariatric canes feature a high-strength design that supports up to 500 lbs. (227kg). A push-button adjustment mechanism with a locking ring allows for a secure fitting. Attractive black finish. The height adjusts from 30½" to 39⅞" (77 to 99cm). The **Small Base** frame measures 9" x 6¼" (23 x 16cm). The **Large Base** frame measures 11¼" x 7¼" (29 x 18cm). The **Offset Cane** is balanced to ensure stability. No assembly is required.

- NC87118 Small Base
- NC87119 Large Base
- NC87120 Offset Cane



Adjustable Aluminum Cane

Offset Adjustable Aluminum Cane

Adjustable Quad Cane with Wide Base

NORCO™ ADJUSTABLE CANES

Lightweight, balanced canes ensure stability.

The **Norco™ Adjustable Aluminum Cane** provides comfortable, secure support. Made of high-quality, anodized aluminum with a vinyl-covered, nonslip handle. Cane weighs just ¾ lbs. (.34kg). Easy push-button height adjusts quickly from 30" to 38" (76 to 97cm) in 1" (2.5cm) increments. Supports up to 250 lbs. (113kg).

The **Norco™ Offset Adjustable Aluminum Cane** is balanced to help ensure stability. Made of lightweight, anodized aluminum tubing with a comfortable, foam hand grip. Includes hand strap. Cane height adjusts from 30" to 39" (76 to 99cm) in 1" (2.5cm) increments. Supports up to 250 lbs. (113kg).

The **Norco™ Adjustable Quad Cane** features an offset handle and four-point base for better balance and stability. Lightweight, anodized aluminum tubing with a comfortable, foam hand grip. Height adjusts easily from 29" to 38" (74 to 97cm) in 1" (2.5cm) increments. Adjusts without tools for left- or right-hand use. Two four-point bases are available. **Wide Base** model measures 7" x 11" (18 x 28 cm) and weighs 2½ lbs. (1.1kg). **Small Base** model measures 5" x 7" (13 x 18cm) and weighs 2⅓ lbs. (1.0kg). Both models support up to 250 lbs. (113kg).

- NC87110 Adjustable Aluminum Cane
- NC87111 Offset Adjustable Aluminum Cane
- NC87113 Adjustable Quad Cane: Wide Base
- NC87114 Adjustable Quad Cane: Small Base



Bronze with York™ Handle

Black with Walnut Finish Derby Handle

CAREX® ADJUSTABLE FOLDING CANES

Choose from a variety of handle styles.

These canes fold for easy storage when traveling. All have height adjustments ranging from 33" to 37" (84 to 94cm) in 1" (2.5cm) increments. Canes support up to 250 lbs. (113kg).

- NC88126 Bronze w/ York™ Handle
- NC88127 Black w/ Walnut Finish Derby Handle

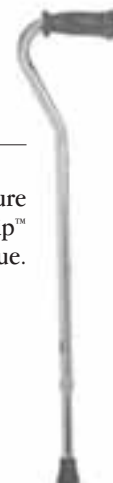
GUARDIAN® UNI-POISE® CANE

Balanced cane helps ensure stability.

The Guardian® Uni-Poise® Cane provides comfortable, secure support and adjusts from 31" to 40" (79 to 102cm). The SureGrip™ handle is anatomically designed to relieve palm fatigue. Weighs 1 lb. (.45kg).

NC88103

Grip combines shape, softness and texture for long wear and comfort.



NEW! GUARDIAN® CRUTCHES

Clip-lock handles allow easy adjustments.

These lightweight aluminum crutches feature unique, clip-lock handles for easy handgrip adjustments. Crutch height adjusts by push-button in 1" (2.5cm) increments. Jumbo-size, non-skid tips provide excellent traction. Latex free. Available in three sizes. Sold in pairs. Weight capacity is 300 lbs. (136kg).



	Patient height	Crutch adjustment
Youth	4' 6" to 5' 2" (1.4 to 1.6m)	37" to 45" (.97 to 1.1m)
Adult	5' 1" to 5' 9" (1.6 to 1.8m)	44" to 52" (1.1 to 1.3m)
Tall Adult	5' 10" to 6' 6" (1.8 to 2.0m)	52" to 60" (1.3 to 1.5m)

- NC88153 Youth
- NC88152 Adult
- NC88151 Tall Adult

NORCO™ ADJUSTABLE CRUTCHES

Easy-to-adjust, lightweight crutches.

Made of aluminum, these crutches have push-button height adjustments. The height scale is printed on the crutches for easy, accurate fittings. Available in three sizes. Sold in pairs. Weight capacity is 250 lbs. (113kg).

	Patient height	Crutch adjustment
Youth	4' 6" to 5' 2" (1.4 to 1.6m)	38" to 44" (.97 to 1.1m)
Adult	5' 2" to 5' 10" (1.6 to 1.8m)	44" to 52" (1.1 to 1.3m)
Tall Adult	5' 10" to 6' 6" (1.8 to 2.0m)	52" to 60" (1.3 to 1.5m)

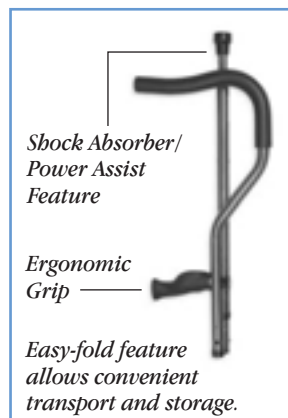
- NC88120 Youth
- NC88121 Adult
- NC88122 Tall Adult



THE MILLENNIAL™ CRUTCH

Unique ergonomic design reduces the chance of injury and enhances mobility.

This crutch offers the latest in technological and ergonomic advances. Features a large underarm cradle and angled ergonomic handgrip. Special shock absorber/ power assist helps alleviate stress, vasoconstriction and compressive forces that lead to fatigue and discomfort in the arms, back and shoulders.



The Millennium™ Crutch helps users maintain proper posture to relieve stress and reduce the overall chance of injuries common to long-term crutch use, such as carpal tunnel syndrome, wrist tendinitis, epicondylitis, rotator cuff strains and tears.

The spring-assisted Shock Absorber/Power Assist System cushions each step by absorbing negative impact energy and redirecting it into positive energy while the user walks forward.

Height is adjustable in 1" (2.5cm) increments. The extended height range ensures a correct fit for the user. Weight capacity for both models is 320 lbs. (145kg). The **Short** model folds to 23½" (60cm) long and the **Tall** model folds to 27½" (70cm) long. Sold in pairs.

	User Height
NC88144 Short (pair)	4' 7" to 5' 7" (1.4 to 1.7m)
NC88145 Tall (pair)	5' 7" to 6' 10" (1.7 to 2.1m)



Forearm cuff is wrapped in sturdy, comfortable rubber. Hand grip is made of contoured vinyl.

NORCO™ FOREARM CRUTCHES

Cuff helps disperse weight across forearm rather than hand.

Made of lightweight, 1" (2.5cm) anodized tubing. Metal cuff is wrapped in sturdy, comfortable rubber. Hand grip features welded, heavy steel construction with a contoured vinyl grip. Extra-large crutch tip includes molded metal inserts for durability. Crutch height adjusts easily in 1" (2.5cm) increments. The approximate user height for the **Adult** Crutch is 5' to 6' 2" (1.5 to 1.6m) tall. **Youth** fits users 4' 0" to 5' 0" (1.2 to 1.5m) tall. Crutches sold in pairs. Weight capacity is 250 lbs. (113kg).

		Floor to Hand Grip	Hand Grip to Cuff
NC88141	Adult	29" to 38¼" (74 to 97cm)	7½" to 10½" (19 to 27cm)
NC88142	Youth	21" to 30" (53 to 76cm)	7½" to 10½" (19 to 27cm)



NORCO™ TRANSPORT CHAIRS

Lightweight, folding design is a great alternative to wheelchairs when patient transport is the priority.

Norco™ Transport Chairs are designed to provide easy and safe patient transport. An attendant is needed to push the chair. Chairs feature a padded armrest, swing away and removable footrests and front casters with 8" (20cm) rubber wheels. Weight capacity is 300 lbs. (136kg). Both models are 19" wide x 15½" deep (48 x 39cm), have a 18½" (47cm) high backrest and 19" (48cm) floor-to-seat height. The **Standard Model** is chrome-plated and weighs 25 lbs. (11kg) without rigging. **Lightweight Model** is made of aluminum and weighs 19 lbs. (8.6kg) without rigging. Chairs fold to 30" x 24" x 8" (76 x 61 x 20cm) for easy storage. Lifetime warranty on side frames and crossbraces.

Standard Model

NC88030 Chrome-plated

Lightweight Model

NC88031-BL Blue

NC88031-BD Burgundy

Chairs fold to 30" x 24" x 8" (76 x 61 x 20cm) for easy transport and storage.

HARDWOOD TRANSFER BOARD

The ends of this transfer board are tapered to 1/8" (3.2mm) for easy sliding. Smooth lacquer finish. Board measures 8" (20cm) wide, 3/4" (19mm) thick in the center and weighs 3 lbs. (1.4kg). Supports 250 lbs. (113kg). Available with or without a hand-hold slot.

Without Slot

NC94203 24" (61cm)
NC94204 30" (76cm)

With Slot

NC94222 24" (61cm)
NC94223 30" (76cm)



Transfer Board with Slot



Transfer Board without Slot

ECONOMY HEAVY DUTY TRANSFER BOARD

This birch board measures 9" wide x 3/8" thick (23cm x 9.5mm). Weighs just 2 lbs. (0.9kg). Smooth, rounded edges. Supports up to 400 lbs. (181kg).

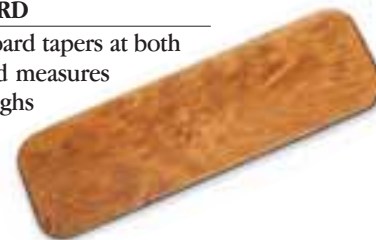
NC94214 26" (66cm)
NC94215 29" (74cm)



DELUXE TRANSFER BOARD

This 1/2" (13mm) thick birch board tapers at both ends for easy transfers. Board measures 8" x 24" (20 x 61cm) and weighs 2½ lbs. (1.1kg). Supports up to 450 lbs. (204kg).

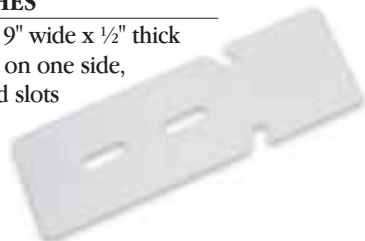
NC94205 24" (61cm)



POLY TRANSFER BOARD WITH HAND HOLES AND NOTCHES

Durable plastic board measures 9" wide x 1/2" thick (23cm x 13mm). Textured surface on one side, smooth on the other. Hand-hold slots and notches allow transfers from either side. Board weighs 4 lbs. (1.8kg). Supports up to 400 lbs. (181kg).

NC94218 26" (66cm)
NC94219 29" (74cm)



OFFSET TRANSFER BOARD

This 3/8" (9.5mm) thick plywood board fits around a wheelchair wheel when the armrest is removed. Tongue fits between the seat and wheel. Board measures 11¼" x 28" (30 x 71cm) and weighs 2½ lbs. (1.1kg). Supports up to 350 lbs. (159kg).

NC94206 28" (71cm)



PLASTIC-COATED GAIT BELT

Avoid cross-contamination during patient transfers.

This Gait Belt is constructed of a polymer-coated webbing that can be wiped clean using a mild disinfectant. Use to assist patients in walking and transfer activities, helping to prevent caregiver back injuries. Airline-style buckle secures quickly and easily. Length can be cut without fraying. Belt measures 60" x 2" (152 x 5.1cm).



NC91350 Black



Heavy Duty Black



Heavy Duty Blue



Heavy Duty Pink



ASSURE™ SAFETY TRANSFER BELT

Vertical and horizontal handgrips offer seven holding positions.

This comfortable, foam-padded belt can be used as a transfer device and a walker belt. Fixed-lock buckle allows the tension to be adjusted without unfastening. Anti-slip fabric lining helps reduce upward slippage when transferring. Transfer belt available in standard and fleece-lined styles. Machine washable.



Standard



Fleece-lined

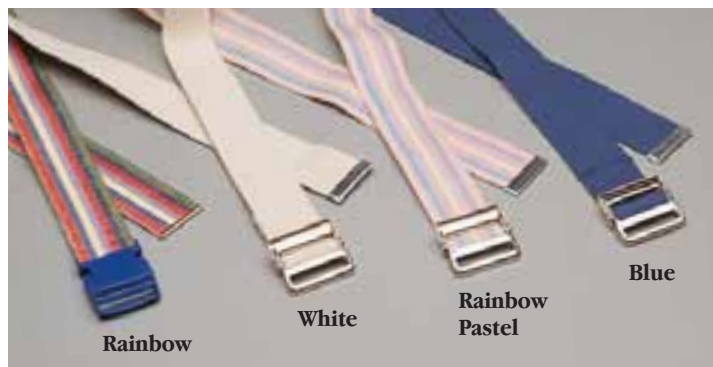
Standard		Waist Circumference	
NC84503	Small	24" to 36"	(61 to 91cm)
NC84504	Medium	32" to 48"	(81 to 122cm)
NC84505	Large	39" to 60"	(99 to 152cm)
Fleece-lined		Waist Circumference	
NC84517	Small	24" to 36"	(61 to 91cm)
NC84518	Medium	32" to 48"	(81 to 122cm)
NC84519	Large	39" to 60"	(99 to 152cm)

PREMIUM COATED GAIT BELT WITH SPRING-LOADED BUCKLE

Coated webbing is thicker than the Plastic-Coated Gait Belt for better grasping and support.

Assists caregivers with the lifting, walking and transfer of patients, helping to prevent back injury. Spring-loaded buckle is molded from rugged polyethylene, making it self-locking and easy to secure. Belt wipes clean with liquid disinfectant to avoid cross-contamination during patient transfers. Can be cut to the desired length without fraying. Measures 60" x 2" (152cm x 5.1cm).

- NC91351-1 Heavy Duty Black
- NC91351-2 Heavy Duty Blue
- NC91351-3 Heavy Duty Pink



GAIT TRANSFER BELTS

A safe, easy way to transfer clients.

These versatile transfer belts also may be used as walker belts. The white, rainbow pastel and blue belts have metal buckles. The rainbow belt has a plastic buckle. Safety-locking teeth hold the belt securely. Belts measure 2" (5.1cm) wide. Machine-washable cotton. Measure waist to determine size.

	Length	Fits waists
NC91380 White	54" (137cm)	15" to 51" (38 to 130cm)
NC91381 Rainbow Pastel	60" (152cm)	15" to 54" (38 to 137cm)
NC91382 Rainbow	60" (152cm)	15" to 54" (38 to 137cm)
NC91383 Blue	72" (183cm)	15" to 68" (38 to 173cm)



VELCRO® SECURITY WALKER BELT

Double D-ring attachment adds security.

Two D-rings offers both the patient and the caregiver an extra sense of safety and strength. Design includes a secure gripping point with a comfort grip handle. This fully adjustable belt measures 3" (7.6cm) wide. Available in pediatric and adult sizes. Machine washable. Measure waist to determine size.

Fits waists		
NC38452-34	Pediatric	24" to 30" (61 to 76cm)
NC38452-50	Adult	41" to 48" (104 to 122cm)



VELCRO® PATIENT WALKER BELT

Soft, sturdy material offers comfortable security.

Two hand-holds on the back of this belt give the therapist control and security while treating the client. The soft, sturdy, double-loop material makes a comfortable and fully reliable belt. Double-lapped hook and loop closure is completely adjustable. Belt measures 3" (7.6cm) wide. Machine washable. Measure waist to determine size.

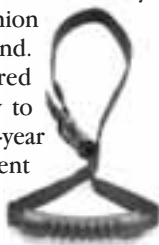
Fits waists		
NC91001-48		31" to 36" (79 to 91cm)
NC91001-54		34" to 42" (86 to 107cm)
NC91001-60		38" to 48" (97 to 122cm)



CARCADDIE™

Get in and out of the car with ease.

The CarCaddie™ attaches to the frame of most vehicle doors, and offers balancing support when entering or leaving a vehicle. Adjustable strap is made of quality nylon for long-lasting use and can be adjusted to accommodate varying window heights. Soft, cushion grip fits comfortably in the hand. The ergonomically contoured buckle can be attached easily to most cars, vans or trucks. One-year manufacturer's warranty. Patent applied for.



NC94271



THIGH LIFTER

Ideal for repositioning legs.

Easily reposition the leg while sitting or transferring from a wheelchair, car or bed with the Thigh Lifter. Perfect for patients who have had spinal cord injuries, or lack the hand strength needed to move their legs. Double-stitched, gray nylon taffeta loop with Velcro® straps adjusts to accommodate thigh sizes up to 22" (56 cm) in circumference. Easy-grasp D-ring assists persons with limited hand function or strength.



NC94300



SWIVEL CUSHION

Cushion allows for easy movement in any lateral direction.

Help prevent back and hip strain with this comfortable 1" (2.5cm) thick polyfoam cushion. Swivels 360° for easy entry and exit from vehicles. The diameter measures 15 5/8" (40cm). The 1/4" (6.4mm) thick Luan® plywood provides durability. Supports up to 800 lbs. (363kg). Cover is available in gray velour or fleece, and is machine washable.



NC29001 Gray
NC29003 Fleece



ASSURE™ SAFETY TRANSFER BOARD

Translucent plastic board allows a quick visual check of transfer surface edges.

Bridge the gap between two transfer surfaces with the Assure™ Safety Transfer Board. Ideal for transfers between a wheelchair and a bed, toilet, chair or car seat. Features a smooth upper surface and high-friction lower surface for secure transfers. Translucent, flexible plastic can be bent against the wheel of the chair enabling the patient to slide over a protruding wheel or brake lever. Accommodates surface height differences up to 4" (10cm). Supports up to 400 lbs. (181kg).

NC84508 23" x 12 1/2" (58 x 32cm)
NC84509 30" x 12 1/2" (76 x 32cm)



ASSURE™ SAFETY TRANSFER PIVOT DISC

Portable turntable facilitates transfers for patients who cannot turn.

Use with clients who can stand but have difficulty turning when making a transfer. Anti-slide tape on both sides of the turntable add stability. For maximum safety, the disc should be used with the Assure™ Safety Transfer Belt, on page 145. Constructed of lightweight, polyethylene discs with recessed nylon wires. Measures 13" (33cm) in diameter.

NC84507





FREEDOM GRIP®

An easy, affordable solution for people who have difficulty getting out of bed.

Sturdy, steel transfer handle is mounted to a 20" x 29" (51 x 74cm) bed board that is placed between the mattress and box spring. Will not tip or pull out. Ideal for people who have back pain or for those who need assistance to sit up. Handle measures 9" wide x 17" tall (23 x 43cm). Supports up to 150 lbs. (68kg).

NC94254



ARCORAIL™ BEDSIDE HANDRAIL

Offers mobility, security, comfort and convenience when getting in and out of bed.

Rotating, professional-grade handrail offers maximum bedside mobility for home, clinical care and hospital settings. Attaches securely to the metal bed frame and helps persons who require assistance while sitting up, repositioning, balancing, standing or transferring. Rotates 360° and locks in place at 90° increments. Antimicrobial properties prevent bacteria growth. The Arcorail™ Bedside Handrail fits twin to king-size beds and standard and pillow-top mattresses. One-time installation requires no tools. Supports up to 300 lbs. (136kg).

NC94264



The Arcorail™ rotates 360° and locks in four positions.



FURNITURE RISERS

Elevate a couch or bed for easier standing and sitting.

Made of heavy-duty plastic reinforced with ribbed construction. Nonskid pads protect furniture and floor. Includes four 3" (7.6cm) risers and four 4" (10cm) risers that may be used alone or stacked for a total raised height of 5" (13cm). Deep cavity with padded insert ensures a secure fit. Risers accommodate furniture legs that measure up to 2½" (6.4cm) in diameter. Weight capacity is 350 lbs. (159kg).

NC94231



Use as a bed rail (shown at 34" width setting).



Use as a hand rail (shown at 26" width setting).

EZ ADJUST BED RAIL

Easily adjusts to four different positions.

This adjustable-length rail allows for use as both a bed rail to prevent falling out of bed and as a hand rail to assist in getting out of bed. Rail adjusts easily to three settings: 26", 34" and 42" (66, 86 and 107cm) after it has been placed on the bed. Rail folds down for clearance and allows space for changing linens. Rail can be placed on either side of the bed. Dual-safety strap secures the bed rail to the bed frame. Rail measures 23" (58cm) high from the base of mattress. Supports up to 300 lbs. (136kg). Easy assembly using included hex wrench.

NC94234



Rail folds down for easy access to the bed.



BEDCANE™

Provides minimum to moderate assistance when moving to and from bed.

The BedCane™ features a durable, height-adjustable steel handle with a powder-coat finish and a padded gripping surface. Handle is mounted to a solid wood bed board that is placed between the mattress and box spring. A safety strap provides additional security, ensuring that the board will not tip or pull out of place. Bed board measures 23½" x 18½" (60 x 47cm). Easy-to-grip, cushioned handle measures 16" wide (41cm) and can be installed on either side of the bed. Cane folds down for travel or storage. Cane height may be set at 19" or 22" (48 or 56cm). Includes the convenient BedCane™ Organizer for holding small items. Supports up to 300 lbs. (136kg).

NC94273



Model 2025



THE TRANSFER HANDLE™

Two handle heights allow a stable, graded move for safe transfers.

The Transfer Handle™ measures 6" x 23" (15 x 59cm). **Model 2025** provides minimal to moderate assistance when getting in or out of bed. The steel handle is mounted to a bed board that fits between the mattress and box spring. Board measures 29" x 37" (74 x 94cm). Supports up to 250 lbs. (113kg).

Model 2001 is for moderate to very difficult transfers when maximum stability is required. Recommended for persons with limited strength who need help transferring from wheelchair to bed. Mounts directly onto metal bed frames. Supports up to 300 lbs. (136kg).

Model 2025H fits hospital beds and most metal box spring beds. The steel handle is mounted to a bed board that fits between the mattress and box spring. Bed board will not interfere with the mattress pivot point when the bed is in an upright position. Board measures 29" x 37" (74 x 94cm). Includes all necessary hardware. Supports up to 250 lbs. (113kg).



Model 2025H

- NC94255 Model 2025
- NC94256 Model 2001
- NC94257 Model 2025H



PORTABLE CUSHION

Take this economical cushion just about anywhere.

Foam cushion with cotton/poly blend cover fits on most standard chairs and wheelchairs. Resists compaction, even after repeated use. Measures 15" x 15" (38 x 38cm). Available in 3" and 4" (7.6 and 10cm) thicknesses. The 3" cushion weighs 20 oz. (567g) and the 4" cushion weighs 27 oz. (765g) Cover may be removed for washing. Shoulder length strap allows easy transport.

Thickness

- NC92029 3" (7.6cm)
- NC92029-1 4" (10cm)



Ties attach to most chairs and wheelchairs.



UPLIFT™ SEAT ASSIST

Lifts 75% to 80% of a person's weight without electricity, batteries or switches.

The gentle action of this hydraulic lift raises or lowers a person to or from most chairs. The **Standard Model** supports persons weighing from 80 lbs. to 240 lbs. (36 to 109kg). The **Deluxe Model** supports up to 350 lbs. (159kg). Both models have six weight adjustments and raise seat height by 2" (5.1cm). Seat measures 17" x 19" (43 x 48cm), and weighs 8 lbs. (3.6kg). Navy blue upholstery. Optional blue waterproof cover is available separately.

- NC82016 Standard Model
- NC82018 Deluxe Model
- NC82017 Waterproof Cover



UPLIFT™ POWER SEAT

Lifts 100% of a person's weight from a chair, recliner or sofa.

This electric-powered seat gently raises or lowers a person to or from most any chair just by pressing up or down on the Power Lever. The patented "flex seat" design provides stable support and eliminates the "sliding" feeling of other seat lifts. High-density, slow-release memory foam conforms to the body, providing superior comfort. Lifts 100% of a person's weight, up to 300 lbs. (136kg). Features a built-in handle for easy portability. Two detachable Power Levers allow for use with either hand. Detachable power supply and cord are UL and CSA approved. Measures 16" wide x 19" deep (41 x 48cm). Seat weighs 12 lbs. (5.4kg). Navy blue upholstery. Optional, blue waterproof cover is available separately. U.S. Patent 5,316,370.



- NC82010 Uplift™ Power Seat
- NC82017 Waterproof Cover



NEW! LEVER EXTENDER

Extends the length of a reclining chair handle for easier reach.

Made of heavy-duty steel with a padded design that protects the chair handle against scratches. Black color blends with any decor. Secure four-bolt attachment.

NC94272



NORCO™ LEG LIFTER

Helps post-hip surgery clients raise or lower their legs.

Ideal for hip replacement patients who have weak hip flexors. The **Standard** model has an aluminum rod and the new **Rigid** model has a stainless steel rod that holds retains its shape while lifting heavy legs or casts. Both models are covered with 1" (2.5cm) wide, soft nylon webbing. The 10" (25cm) loop foothold bends easily to accommodate any foot or cast. Rod measures 22" (56cm) long. Total length including hand strap measures 42½" (108cm).



- NC94301 Standard
- NC94294 Rigid **NEW!**



MODRAIL™ AND MODBAR™ TRANSFER DEVICES

Pivots and locks every 45° to move in step with the user.

The ModBar™ and ModRail™ devices allow patients to make use of their available strength to transfer while the caregiver provides supervision. These transfer devices are ideal for applications where the ceiling height or structure will not accommodate a floor-to-ceiling pole.

The **ModRail™** features a side gate that defines the bed edge for safe repositioning, yet will not hinder an exit from bed. The triple-bar measures 1 1/4" in diameter, 16" long with 4" (3.2 x 41 x 10cm) between bars. Only basic tools are required to install both units on standard beds with metal angle iron frame. Weight capacity is 250 lbs. (113kg).

The **ModBar™** easily repositions to an optimal support location. Simply lift to unlock the pivoting bar, hold up to rotate freely and lower any time to lock. The pivoting bar on both devices measures 1 1/4" (3.2 cm) and is 16" (41cm) long with a grey, premium quality, non-latex grip. The removable, threaded top grip measures 13" (33cm) long and is 1 1/4" (3.2 cm) in diameter. The pole measures 24" (38cm) in length and 1 1/4" (3.2 cm) in diameter.

NC93025 ModBar™
 NC93026 ModRail™



Pockets keep items bedside.

BED RAIL ADVANTAGE

Provides assistance reaching sitting position in bed.

The Bed Rail Advantage requires no assembly and is ready to be placed on any bed. Features heavy-duty steel construction with a powder-coat finish for long-lasting quality. The 17" (43cm) wide handle with foam grip folds down for storage and portability. A safety strap secures the base to the mattress. The 1 1/2" (3.8cm) diameter handle features a closed-cell foam cushion grip for added comfort. Handle measures 22" (56cm) high from bottom of box spring. Fits on either side of the bed. Includes a four-pocket mesh organizer to keep small items close at hand. Supports up to 300 lbs. (136kg).

NC94274

Safety strap secures rail to mattress.



M-RAIL™

Ergonomic, M-shaped handrail adds bedside mobility and security.

This contoured bed rail is safer and easier to grip than conventional assistive rails. Perfect for home or travel, M-RAIL™ fits any standard size bed. It is lightweight and sets up and dismantles easily. Unique design allows for two-handed gripping when user rises to the seated position. Nonslip, foam-covered grip for added safety. M-RAIL™ is ideal for people with weakness in their legs, knees or hips, dizziness when they sit or stand up. Strong nylon straps that wrap around box spring provide more counter weight and extra-secure installation. Three-piece construction easily dismantles for transportation. No tools required. Fits standard single to king bed sizes. Height adjustable with three settings. Supports up to 300 lbs. (136kg). Fits standard-size to pillow-top mattresses.

NC94258



SUPERPOLE™ SYSTEM

Easily modify to suit individual needs. Installs in minutes—no structural reinforcements are needed.

SuperPole™ Basic features a floor-to-ceiling pole held by a jackscrew expansion. It provides assistance to persons who need extra help getting from a seated position to a standing position.

- Made of heavy-gauge steel. Rubber pads protect ceiling and floor.
- Fits a floor-to-ceiling range of 93" to 101" (236 to 257cm).
- Pole has a 1½" (3.8cm) diameter. Base has a 5" (13cm) diameter.
- Weight capacity is 250 lbs. (113kg).
- **SuperPole™ Basic Heavy Duty** model, with a weight capacity of 450 lbs. (204kg), also is available.

The **SuperBar™** pivoting and locking rail is ideal for persons who need added support when transferring or getting up. Rail locks securely for assistance when rising to a seated position. A gentle lift is all that's needed to unlock the bar for movement. Keep the bar raised to pivot, or release it down at any time to lock.

- Fits a floor-to-ceiling range of 93" to 101" (236 to 257cm).
- Bar height measures 58" (147cm) from ceiling to top of bar.
- Rail measures 16" (41cm) long. Moves with the user in small increments, providing support that is similar to a walker.
- Features eight locking positions.

SuperTrapeze™ Plus is ideal for persons who require added support during the transition from lying down to sitting up, or when standing.

- Fits a floor-to-ceiling range of 93" to 101" (236 to 257cm).
- Measures 42" to 70" (107 to 178cm) from the ceiling to the top of the 12" (30cm) long trapeze handle. The handle extends 17" (43 cm) out from the pole.
- Eliminates the need for special beds or attachments. Stores out of the way.
- Trapeze should be used for assistance when repositioning or sitting up only. No more than 150 lbs. (68kg) of weight should be exerted on the trapeze system.

- NC93020 SuperPole™ Basic
- NC93024 SuperPole™ Basic Heavy Duty
- NC93021 SuperBar™ with SuperPole™ Basic
- NC93022 SuperTrapeze™ Plus with SuperPole™ Basic
- NC93022-AK SuperTrapeze™ Add-on Kit only
- NC93021-AK SuperBar™ Add-on Kit only



SuperBar™



SuperTrapeze™ Plus



SuperPole™ Basic

NORCO™ BED PULLUP

Simple, non-bulky design helps clients sit up in bed.

The 1" (2.5cm) wide webbing of the Norco™ Bed Pullup helps clients use upper body strength to sit up in bed. Four pullup loops are spaced 10" (25cm) apart. The 40" (102cm) long white loop attaches around a leg or bed frame. A hook and loop strap holds the bed attachment buckle securely. Weighs 4 oz. (113g). Machine washable.

NC94302



ADVANTAGE-RAIL™

Height-adjustable, floor-mounted support.

Similar to the SuperPole™/SuperBar™ combination, sold above, except that the Advantage-Rail™ is floor-mounted and does not extend to the ceiling. Pin adjustment allows rail height settings of 30", 32", 34", 36" and 38" (76, 81, 86, 91 and 97cm). Simply lift the rail to unlock, hold up to pivot freely and release to relock. The 22" (56cm) rail locks in 45° increments. Features durable, all-steel construction with baked-on enamel finish. Soft-edge base plate measures 6¾" (17cm) in diameter. The Advantage-Rail™ supports up to 250 lbs. (113kg).

NC93019



Advantage-Rail™



Hinged P.T. Rail™

The Hinged model folds to store out of the way.

P.T. RAIL™

The P.T. Rail™ combines an exceptionally solid feel with an innovative offset rail design.

The P.T. Rail™ is a hinged or fixed support rail that promotes safe standing and transfers to and from a toilet. Can be mounted to wall or Floor Mast (see below). Provides rigid support where it is needed, on one or both sides of the toilet. Generous 1½" (3.8cm) diameter rail size for easy gripping. ADA compliant. Offset rail design prevents wrist strain when using the lower rail. Made of alloy steel with white baked enamel.

The Hinged model folds to store out of the way, yet pulls down in an instant when needed. Smooth "fluid feel" hinge holds its position wherever it is, without inadvertently falling down and causing injuries. Both Hinged and Fixed Rails measure 28" (71cm) from wall to tip of rail. Rail offset is 6" (15cm) vertical, 1½" (3.8cm) horizontal. The Fixed Wall Plate measures 5½" x 9" (14 x 23cm) with four ⅜" (9.6mm) fastener holes.

The P.T. Rail™ Floor Mast is a floor-mounted column that allows installation of the P.T. Rail™ in situations where wall mounting is not possible. Clamping system permits top rail height setting between 32" and 36" (81 and 91cm) from floor level. Both the hinged and fixed rails work with the P.T. Rail™ Floor Mast. The Floor Mast plate measures 4" x 6" (10 x 15cm) with four ⅜" (9.6mm) holes. Weight capacity is 350 lbs. (159kg).



P.T. Rail™ with Floor Mast

Hinged Rail 28" (71cm) length

- NC93030-01 Left
- NC93030-02 Right

Floor Mast (purchase rails separately)

NC93033

Fixed Rail 28" (71cm) length

- NC93031-01 Left
- NC93031-02 Right

PEENED GRAB BARS

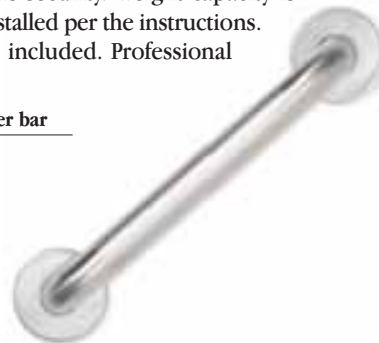
Textured surface aids in gripping.



These stainless steel Peened Grab Bars mount 1½" (3.8cm) from the wall, meeting ADA requirements and government guidelines. Anti-slip textured grip area offers security. Weight capacity is 300 lbs. (136kg) when securely installed per the instructions. Hardware for installation is not included. Professional installation recommended.

Concealed Screw 1¼" (3.2cm) diameter bar

- NC34200-12 12" (30cm)
- NC34200-18 18" (46cm)
- NC34200-24 24" (61cm)
- NC34200-36 36" (91cm)
- NC34200-42 42" (107cm)
- NC34200-48 48" (122cm)



Grab Bars meet the Americans with Disabilities Act (ADA) specifications.



NORCO™ LOW PROFILE WALL MOUNTED GRAB BARS

Provide a secure handhold in the bathtub or shower.

These chrome-plated grab bars are made of 1¼" (3.2cm) diameter heavy-duty steel for strength and durability. Bars feature a textured, nonslip finish. Available in five straight lengths. Bars extend 1½" (3.8cm) away from the wall. Mounting hardware and instructions are included. Professional installation recommended.

- NC35805 12" (30cm)
- NC35806 16" (41cm)
- NC35807 18" (46cm)
- NC35808 24" (61cm)
- NC35809 32" (81cm)



SAFETY TREADS

Create a safe, nonslip surface.

Prevent slipping in a shower or tub with these easy-to-apply Safety Treads. Nonslip strips measure ¾" x 8½" (19mm x 22cm). Sold in a package of 20 strips.

NC28911 (20)



Flip-up tabs make installation and removal quick and easy.



NEW! SUCTION TUB AND SHOWER BARS
Powerful dual suction cups adhere grab bars for added assistance in the tub or shower.

Easily attach these unique grab bars without having to hire a contractor for installation. Position on a smooth, clean, dry surface. To secure, hold in place and apply pressure while pushing down the tabs located at both ends. Release suction by flipping the tabs upwards for easy removal. Suction Tub and Shower Bars do not screw permanently into a wall, making them a perfect solution for renters or for use when traveling. Attach in the bath for better balance when exiting the tub. Can be used horizontally or vertically. Features a textured grip surface with nonslip grip rings for added security. Bars fit 4", 6" and 8" (10, 15 and 20cm) tiles.

- NC34235-12 12" (30cm)
- NC34235-16 16" (41cm)
- NC34235-24 24" (61cm)

GUARDIAN® TUB SAFETY HANDLE

Designed for safety and convenience.

Bi-level design features multiple hand-holds for security. Large, rubber pads protect tub surface from marring. Clamp adjusts from 2¾" to 6¼" (7.0 to 16cm) with the turn of a knob. Height above tub measures 13½" (34cm). Handle measures 7¼" (18cm) wide. Supports up to 250 lbs. (113kg).

NC28907



TUB SAFETY BARS

ADA-compliant tub safety bars.

These bars feature a sturdy, no-wobble design and different handle heights for easy gripping. Designed with textured grab areas for a secure hold. Bars clamp onto the tub wall for quick, tool-free installation and easy removal. Includes nonskid pads to prevent scratches on the tub surface. All three models are designed for use on bathtubs with walls from 3½" to 5¼" (8.9 to 13cm) thick and have an attractive glacier white, rust-proof finish. Supports up to 350 lbs. (159kg).

Made of molded plastic, the **Dual Tub Safety Bar** features two handles, 12" and 8" (30 and 20cm) high. Designed with textured grab areas that are shaped flat for better gripping.

Made of coated steel, the **MultiGrip Tub Safety Bar** offers grips at two heights, 7" low and 15" high (18 and 28cm). Clamp pads prevent tub from scratching (38 and 18cm).

Made of coated steel, the **High Profile Tub Safety Bar** provides a higher 15" (38cm) grab.

- NC34209 Dual Tub
- NC34207 MultiGrip Tub
- NC34206 High Profile Tub

Tub Safety Bars meet The Americans with Disabilities Act (ADA) specifications.



LUMEX™ TUB-GUARD® BATHTUB SAFETY RAIL

Ergonomic handle provides a safe and secure grip.

Help prevent accidents in the bathroom with Lumex™ Tub-Guard® Bathtub Safety Rails. These rails feature an ergonomically designed handle for a comfortable, safe grip. No tools are necessary for mounting. The clamping mechanism securely attaches the rails to the tub. Width of clamp adjusts from 2½" to 6½" (6.4 to 17cm). The rustproof plastic body features a textured surface for a confident, nonslip grip. The **Standard** Safety Rail extends 12" (30cm) above the tub rim. The **Tall** Safety Rail is an easy-to-reach 16" (41cm) above the tub rim. The added height reduces the amount of bending required for taller people, making tub entry and exit safer and easier. Not recommended for use with fiberglass tubs. Supports up to 250 lbs. (113kg).

- NC28380 Standard
- NC28381 Tall



Tall



Standard

Stable shower chair allows add-on Armrests or Backrest as needed.



NEW! SWIFT SHOWER CHAIR/STOOL

Designed to ensure stability and safety.

Adapts to uneven floors and provides exceptional stability. Features a contoured, nonslip seat with drainage holes. A cutout for personal hygiene can be positioned at the front or back. Easily add on the optional armrests or open, perforated backrest. Legs adjust in height from 31½" to 37¾" (80 to 95 cm) using easy push-buttons. Seat measures 21¼" x 16⅝" (54 x 41 cm). Measures 21¼" (54 cm) wide. Simple assembly requires no tools. Made of durable, corrosion-free polypropylene and aluminum. Supports up to 287 lbs. (130 kg).

NC24591-1 Swift Shower Stool

NC24591-A Armrests

NC24591-B Backrest

Ideal for small spaces.



NEW! EDGE SHOWER STOOL

Triangular stool fits easily in shower corner.

Nonslip feet feature soft ferrules that ensure a stable grip on wet or dry surfaces. Adjust height of legs from 16½" to 22½" (42 to 57 cm) using easy push buttons. Weighs 5¾ lbs. (2.6 kg). Seat measures 17¾" (45 cm) wide. Total width measures 20½" (52 cm). Made of durable, corrosion-free polypropylene and aluminum. Supports up to 287 lbs. (130 kg).



NC24593



FOLDING SHOWER SEAT

Lightweight, durable seat folds for storage or travel.

Seat folds to just 2" (5.1 cm) deep and weighs only 4 lbs. (1.8 kg). Frame constructed of lightweight aluminum with nonslip rubber feet. Seat features easy-to-clean, quick-dry mesh material that resists mold and mildew. Built-in handles. Fits inside most standard tubs and showers. Seat measures 23" wide x 20" high (58 x 51 cm). Supports up to 250 lbs. (113 kg).



NC32220

Large Basket Organizer



Add-On Handles



Handheld Shower Attachment



Transfer Bench



Accessories not included.

Shower Chair

MODULAR BATH SAFETY ACCESSORIES

Attach easily to Tool-Free Shower Chair and Transfer Bench (right).



Large and Small Basket Organizers have drainage holes and are ideal for shampoos, lotions or soaps. The Handheld Shower Attachment directs spray towards floor. Add-On Handles provide a comfortable, ergonomically designed, nonslip grip with a flat, textured top. All accessories attach easily without tools and are dishwasher safe.

- NC34212-1 Large Basket Organizer
- NC34212-2 Small Basket Organizer
- NC34212-3 Add-On Handles
- NC34212-4 Handheld Shower Attachment

TOOL-FREE SHOWER CHAIR AND TRANSFER BENCH

Bath seats designed to accommodate modular add-on accessories (left).



These heavy duty seats can be customized with the accessories shown to the left. No tools are required for assembly or adjustment. The Tool-Free Shower Chair is designed as a seat that is contained within a bathtub or shower. Overall width is 22" (56cm). Leg height adjusts from 15" to 21" (38 to 53cm).

The Tool-Free Transfer Bench straddles the tub wall for easy transfers to the bath seat. Split-seat design allows shower curtain to tuck within the tub. Overall width is 33¼" (84cm). Leg height adjusts from 17" to 21" (43 to 53cm).

Large, comfortable seats measure 32½" x 19¼" (83 x 49cm). The chair backs are contoured for comfort and both have oversized seat pans with drainage holes. The nonslip rubber feet provide stability and protect the tub from nicks and scratches. The chair and bench both support up to 400 lbs. (181kg) and assemble without tools.

- NC34210 Shower Chair
- NC34211 Transfer Bench



CAREX® PORTABLE SHOWER BENCH

Convenient one-piece bench for the bath.

This Portable Shower Bench is ideal for persons with restricted mobility. Quality Carex® construction and design. Compact size is convenient for travel and storage. Rubber stops hold the bench in place firmly without scratching the surface of the bathtub. Measures 31" x 14¼" (79 x 36cm). Fits standard bathtubs from 19" to 28" (48 to 71cm) wide. Supports up to 300 lbs. (136kg).

NC28954

CAREX® ADJUSTABLE BATH AND SHOWER SEATS

A heavy-duty, easily adjustable bath and shower seat.

The sturdy Carex® Adjustable Bath and Shower Seats have large, easy-to-grasp handles and a raised edge at the rear of the seat for added security. Convenient



Exact Level™ System adjusts height with a turn of the leg.

built-in storage for handheld shower spray and soap dish accessories. Holes in the seat allow for proper drainage. Available with or without a back that is easy to remove and replace. Both models measure 25¼" wide and 19½" deep (64 and 50cm). Seat height adjusts from 17" to 22" (43 to 56cm) with the unique, patented, easy-to-use Exact Level™ System. Just turn the rubber feet until the seat reaches the desired height. Heavy-duty, all-plastic construction. No tools are needed for assembly. Seats safely support up to 300 lbs. (136kg).

- NC28970 Seat
- NC28971 Seat with Back

Bath and Shower Seat with Back





Shower Bench with Back

Shower Bench without Back



Shower Bench with Back

Shower Bench

Benches feature blow-molded, high-density polyethylene plastic.

NORCO™ HEAVY DUTY/BARIATRIC SHOWER BENCHES

Durable benches support up to 500 pounds.

Heavy-duty frame is constructed of 1" (2.5cm) aluminum tubing and features strong cross braces and legs for added stability. The seat measures 17¼" wide x 16" deep (44 x 41cm). Seat height adjusts from 17" to 19" high (43 to 48cm). Width at the base is 18½" x 19" (47 x 48cm). Overall height measures 30½" to 32½" (77 to 83cm). No tools required for assembly. Lifetime warranty on the frame. Benches support up to 500 lbs. (227kg).

- NC28981 Bench
- NC28982 Bench with back

NORCO™ SHOWER BENCHES

Secure comfort in the bath or shower.

Anodized aluminum legs are rubber-tipped and angled outward to help prevent accidental slipping and to protect the tub. Bench height adjusts from 14" to 18" (36 to 46cm). Benches measure 12" x 20" (30 x 51cm). Back measures 16" x 8" (41 x 20cm). Maximum width at base measures 18¾" (48cm). Benches support up to 300 lbs. (136kg).

- NC87100 Bench with Back
- NC87101 Bench



Folds for easy compact storage.

Seat can be tilted.

FOLDING SHOWER SEAT

Features versatile seat angle and height adjustments.

Safe, stable shower seat folds easily for compact storage. Seat angle inclines forward, making it ideal for people with stiff knees or hips. The seat has a cut-out for personal hygiene. Backrest and seat are made of molded polypropylene with an anti-slip texture on the seat. Frame is made of epoxy polyester-lacquered steel tubing and measures 29" to 36" high x 23" wide x 17½" deep (74 to 91x 58 x 44cm). Seat height adjusts from 17½" to 23½" (44 to 60cm). Clean with regular household cleansers and disinfectants. Weighs 14½ lbs. (6.6kg). Supports up to 285 lbs. (129kg).

NC24590



Durable, anodized aluminum construction.

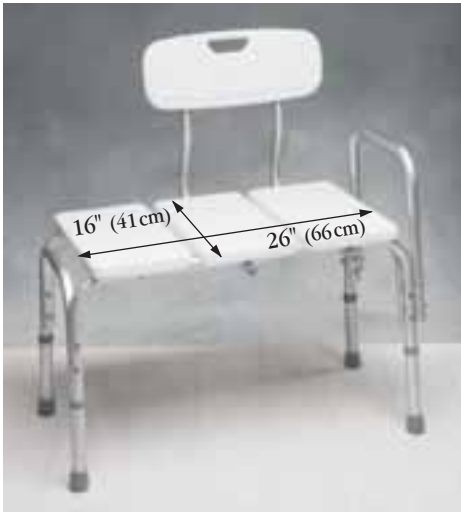
Rear casters lock for safety.

NORCO™ ROLLING SHOWER TRANSPORT CHAIR

Move chair into desired position and safely lock rolling casters.

This mobile shower chair features four 4" (10cm) swivel casters with rear caster locks for safety. Anodized aluminum construction prevents rusting. The nylon backrest and plastic seat are easy to clean. The seat measures 16" deep x 14½" wide (41 x 37cm). Seat height from the floor measures 18" (46cm). Overall height from the floor to the top of backrest measures 34½" (88cm). The inside width between chair arms measures 19" (48cm). Maximum width at base measures 22½" (57cm). Supports up to 250 lbs. (113kg).

NC28921



NORCO™ TUB TRANSFER BENCH

Stabilize tub transfers.

Features a lightweight, anodized aluminum frame, a textured, molded backrest and a non-slip seating surface with drainage holes. Backrest attaches on either side of the bench for bathtub entry from the left or right side. Height adjusts from 17" to 22" (43 to 56cm) in 1" (2.5cm) increments. Bench overall measures 20½" deep x 30" (52 x 76cm) wide. Overall width at base measures 31" (79cm). No tools are required for assembly. Supports up to 250 lbs. (113kg).

NC28923



CAREX® BATH TRANSFER BENCH

Enter and exit the tub safely with this adjustable transfer bench.

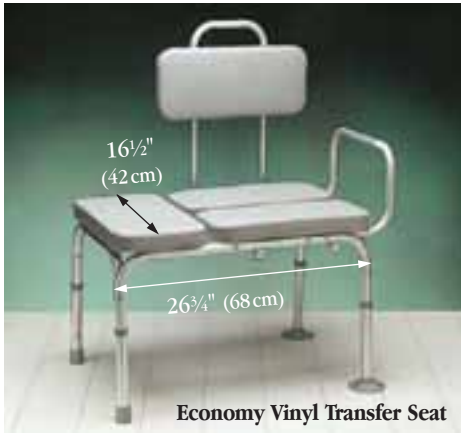
The Carex® Bath Transfer Bench is lightweight and rustproof. A safe, convenient means for tub entry, this bench is ideal for individuals who need to bathe while seated. Features a supportive seat back, a large, easy-to-grip handle and a raised edge at the rear of the seat for added security. This bench also features convenient built-in storage for a handheld shower spray and soap accessories. Holes in the seat provide drainage. Designed for bathtub entry from

The Exact Level™ System allows easy height adjustments. Just turn the rubber feet until the seat reaches the desired height.



either the left or right side. Unique, patented Exact Level™ System allows easy for adjustment of seat height from 18½" to 23½" (47 to 60cm). The overall width measures 35" (89cm). Bench supports up to 300 lbs. (136kg).

NC28968



Economy Vinyl Transfer Seat



Economy Plastic Transfer Seat



Hand held shower sold separately.

ECONOMY UNIVERSAL TRANSFER SEATS

Two options provide comfort and safety at an economical price.

Available with either plastic or padded vinyl-foam seats. The **Economy Plastic Transfer Seat** has a nonslip textured surface and drainage holes. Seat height adjusts from 15½" to 20½" (39 to 52cm). The waterproof **Economy Vinyl Transfer Seat** has a thick, high-density foam seat for comfort. Seat height adjusts in ½" (13mm) increments from 16¾" to 21¾"



Legs with suction cups

(43 to 55cm) tall. Fits tubs from 11" to 17" (28 to 43cm) deep. Use the optional legs with suction cups to increase stability and prevent movement in the tub. Both benches support up to 300 lbs. (136kg).

- NC28949-1 Vinyl Seat
- NC28949-2 Plastic Seat
- NC28949-3 Legs with Suction Cups (2)

HEAVY DUTY TRANSFER BENCH

Tested to support up to 400 pounds.

This transfer bench allows easy entry into the bath with its one-piece textured top. Convenient built-in shower head holder. Rustproof aluminum frame. Bench seat height adjusts from 19½" to 23¼" (50 to 60cm). Seat measures 27" x 16¾" (69 x 43cm). Optional suction cups provide a safe, nonslip hold on smooth surfaces. Supports up to 400 lbs. (181kg).

- NC24599 Transfer Bench
- NC24599-1 Suction cups (2)

Note: All bath chairs can be cleaned with household cleansers and disinfectants.

PADDED TRANSFER BENCH WITH COMMODE OPENING

Suction cups grip securely for safer transfers.

Features a side rail for extra support and push-button height adjustment that raises the seat from 17½" to 22" (44 to 56cm). Comfortable, vinyl-covered foam cushions are secured to an aluminum frame. The 8" (20cm) diameter commode opening allows for improved personal hygiene. Clearance beneath frame is 14" to 18½" (36 to 47cm). Overall width is 29¼" (74cm), overall depth is 16¾" (43cm). Assembles for bathtub entry from either the left or right side. Replacement suction cups and extension legs sold separately. Supports up to 300 lbs. (136kg).

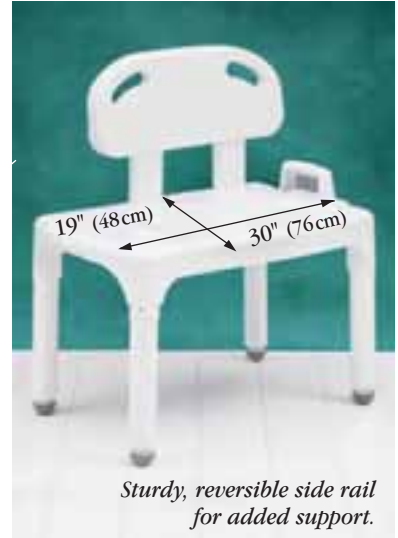


- NC28955 Transfer Bench
- NC28955-1 Replacement Cups
- NC28955-2 Extension Legs

CAREX® ADJUSTABLE TRANSFER BENCH

Provides safer, easier access getting in and out of tubs.

The sturdy, all-composite plastic Adjustable Transfer Bench helps people with weakness or poor mobility to enter or exit the tub safely. Rubber feet provide added security. Seat measures 30" wide x 19" deep (76 x 48cm). Backrest measures 23" (58cm) wide and is 14½" (37cm) from seat to top. Seat height adjusts from 18½" to 23½" (47 to 60cm) using the patented Exact Level™ System. Just turn the rubber feet until seat reaches the desired height. Can be adapted easily for bathtub entry from either side. No tools are needed for assembly. Supports up to 400 lbs. (181kg).



NC28967



Toilet Safety Frame



Shower Seat



Toilet Safety Frame



Shower Seat

ECONOMY COATED COMMODE

An all-in-one commode, bath seat and raised toilet seat.

This coated commode unit can be used in three different ways: as a toilet safety frame with rails, as a shower seat, or as a free-standing commode.

Remove the pail and add the splash guard for use as a toilet safety frame. Use without the pail and splash guard as a shower seat. With the pail, it acts as a free-standing commode.

Clean with household cleansers. Durable, gray coated steel frame has overall width of 23½" (60cm). Width between arms measures 17½" (44cm). Seat measures 14" wide x 15" deep (36 x 38cm). Seat height is adjustable in 1" (2.5cm) increments, from 15½" to 23½" (39 to 60cm). Splash guard and pail are included. Supports up to 300 lbs. (136kg).

NC24596



GUARDIAN® 3-IN-1 HEAVY DUTY COMMODE

Versatile commode features a heavy-duty frame for extra support.

Use as a bedside commode, a shower chair or an over-the-toilet safety frame. Nonskid feet and handles with foam grips add security when sitting and rising. Constructed of reinforced steel braces with a gray, powder-coated surface. Seat attachment is secured by ¼" (6.4mm) steel bolts. Clean with household cleansers. The removable, contoured commode bucket features a plastic handle and rim for secure handling. Measures 18" long x 24" (46 x 61cm) wide, and adjusts from 18" to 22" (46 to 56cm) in height with an easy-to-use push button. Seat depth measures 16" (41cm). Width between arms measures 21" (53cm). Overall width measures 23¾" (60cm). Supports up to 400 lbs. (181kg).

NC24555



NORCO™ HEAVY DUTY/BARIATRIC DROP ARM COMMODE

Supports up to 1000 pounds.

Drop arm commodes feature welded steel construction for exceptional strength. Drop arm allows easy transfers. The seat has a polyurethane molded design for comfort and a larger opening. Available in two models: the 26" (66cm) wide model supports up to 800 lbs. (363kg) and the 36" (91cm) wide model supports up to 1000 lbs. (454kg). The seat height for both models measures 18½" (47cm) from the floor and the seat depth measures 21" (53cm). Seat opening measures 10" wide x 13¼" (25 x 34cm) deep. Clean with household cleansers and disinfectants. Lifetime warranty on frame.

Width

NC28983	26" (66cm)
NC28984	36" (91cm)



The 26" wide model (left) supports up to 800 lbs.(363kg) and the 36" model (above) supports up to 1000 lbs.(454kg).



DROP ARM COMMODES

Easy-to-operate drop arm mechanism facilitates lateral transfers.

These convenient commodes feature a side arm that drops out of the way for easy transfers from a bed or wheelchair. Durable all-steel frame with powder-coating is warm to the touch. The plastic seat is easy to clean and will not chip or crack. Pail and lid are included and lift out for easy cleaning. Seat can be angled to reduce bending by the user. The **Norco™ Standard Drop Arm Commode** measures 25" high x 21½" wide x 21" deep (64 x 55 x 53cm). The seat measures 15" wide x 16" deep (38 x 41cm). Seat height adjusts from 14" to 19½" (36 to 50cm). Weighs 15½ lbs. (7.0kg) and supports up to 250 lbs. (113kg). Clean with regular household cleansers and disinfectants.

The **X-Large Drop Arm Commode** has a molded platform seat that extends the length and width of the commode. Measures 32" high x 31" wide x 21" deep (81 x 79 x 53cm). The seat height adjusts from 19½" to 23½" (50 to 60cm) in 1" (2.5cm) increments. Seat depth measures 18½" (47cm). Width between arms measures 25½" (65cm). Weighs 25 lbs. (11kg) and supports up to 400 lbs. (181kg). Clean commode with household cleansers and disinfectants.

NC28925	Standard
NC25002	X-Large



Special spout helps prevent spills.



Men's Clear

Women's Regular

SPIL-PRUF® URINALS

Unique design helps prevent leaks.

Specially designed spout prevents spills and leaks once urine is in the storage container. Helps reduce odor problems. Holds 500cc of liquid. Autoclave at 250° F (121°C). Works best when used in a sitting position. Perfect for bedside use. May be hung on a walker. Complete instructions are included. Available in women's or men's, regular or clear models. Replacement O-ring gaskets sold separately in packages of 6.

- NC28714 Men's Regular
- NC28714-1 Women's Regular
- NC28711 Men's Clear
- NC28712 Women's Clear
- NC28714-6 O-ring Gasket (6)



NORCO™ ADJUSTABLE TOILET SEAT

Raised seat adjusts to fit most toilet bowls.

This adjustable seat features a unique locking system that consists of five rubber-tipped, rustproof aluminum brackets. The brackets can be reversed to fit a wide variety of bowls, excluding elongated seats. Toilet seat measures 16" deep x 15" wide (41 x 38 cm). Opening measures 8½" wide x 9½" deep (22 x 24 cm). Height adjusts from 3" to 6" (7.6 to 15 cm) in 1" (2.5 cm) increments. Removable plastic splash guard. Made of blow-molded plastic. Weight capacity is 250 lbs. (113 kg).

NC28920



RAISED TOILET SEAT WITH ARMS

The first raised seat with molded-in arms.

These elevated seats feature molded-in arms for security and support. Adds 3½" (8.9 cm) to toilet seat height. Wider front opening slopes inward to guard against spillage. The width between the arms is 19" (48 cm), with a 21" (53 cm) exterior arm width. Extra-long screws attach the raised seat and toilet seat to the bowl (hardware included). Made of durable, easy-to-clean plastic. Weight capacity is 300 lbs. (136 kg). Limited lifetime warranty.

- NC28966-2 Standard
- NC28966-1 Elongated



LUMEX® TOILET SAFETY FRAME

Offers safety and support for persons with limited grasp.

The Lumex® Toilet Safety Frame has a unique arm design that helps add confidence and increase balance when rising and sitting. Built-up handles are great for persons with arthritis or weak grasps. Attaches quickly and easily to most toilets. Clean with household cleansers. Arm height adjusts from 26" to 30" (66 to 76 cm). Width between the arms adjusts from 17" to 20" (43 to 51 cm). Weight capacity is 250 lbs. (113 kg).

NC28950



TOILEVATOR®

Adds height at the base of the toilet instead of the seat for an unobtrusive look.

The aesthetically pleasing Toilevator® adds 3½" (8.9 cm) to the height of standard 14" to 15" (36 to 38 cm) tall toilets with round or elongated bowls. The extra height is added between the floor and the toilet's base, so that the original seat remains in use. Includes instructions and everything needed for easy installation. A safe, economical and easy-to-clean alternative to raised toilet seats. Measures 23" long x 11½" wide x 3½" tall (58 x 29 x 8.9 cm). Total weight capacity is 500 lbs. (227 kg).



NC29010



Turn dial secures seat to the toilet.

GUARDIAN® LOCKING ELEVATED TOILET SEAT WITH ARMS

Larger seat with raised arms is ideal for elongated toilets.

This locking seat adds 5" (13 cm) to the height of a toilet seat. Turn dial fits and secures the seat to the toilet rim. Raised armrests add security and are padded with wraparound foam for comfort. Seat measures 16" x 14" (41 x 36 cm), and can be used on an elongated toilet. Made of easy-to-clean composite resin. Overall dimensions (including arms): 20½" x wide x 18" deep x 11" tall (52 x 46 x 28 cm). Weight capacity is 250 lbs. (113 kg).

NC28930



GUARDIAN® TOILET SAFETY FRAME

Offers secure support while getting up or sitting down.

This easy-to-clean toilet safety frame features closed-cell foam armrests that provide a comfortable, sure grip. Height of the aluminum frame adjusts from 26" to 31" (66 to 79cm) to accommodate elevated or standard toilets. Adjustable bracket mounts the frame onto the toilet bowl securely. Armrest width adjusts from 18" to 24" (46 to 61cm). Overall depth of frame measures 16¾" (43cm). Weight capacity is 250 lbs. (113kg). Clean with household cleansers and disinfectants.

NC28953

LOCKING ELEVATED TOILET SEAT

Raised toilet seat locks securely, and can be removed and reattached easily.



This elevated seat fits most round or elongated toilet bowls. Raises seat height 4½" (11cm). The locking bracket remains in place, making seat removal or reattachment easy. The **Add-On Handles** can be attached easily and provide a comfortable, non-slip grip. Weight capacity is 350 lbs. (159kg). Clean with household cleansers and disinfectants.

NC34214 Toilet Seat
NC34212-3 Handles



Locking bracket remains in place for easy seat removal and reattachment.



Add-On Handles



Locking Elevated Toilet Seat



TOILET SAFETY RAIL

Leaves the area around the base accessible and free of obstructions.



Two 9" (23cm) high armrests and a stable mounting platform offer maximum security. Attractive rustproof frame is designed to attach directly to the toilet. Overall width measures 23¾" (60cm). Space between the handles measures 20" (51cm). Clean with household cleansers and disinfectants

NC34215

UPLIFT™ COMMODE ASSIST

Restores independence for people who have difficulty moving from sitting to standing while using the toilet.

The versatile and sturdy UPLift™ Commode Assist can be used in any room as a bedside commode and converted easily for use on a toilet. For safety, it automatically locks into position when fully depressed. With or without assistance, the UPLift™ Commode Assist absorbs 80% of the person's weight to gently lower to a sitting position and smoothly lift to a standing position. Lifts only as needed, allowing the user to maintain muscular strength. The commode bucket slides out for easy cleaning. Includes splash guard and lid. Removable back rest allows for easy positioning over the toilet. Base measures 20½" x 25¾" (52 x 65cm). Seat measures 16½" x 16½" (42 x 42cm) and seat height adjusts from 17" to 23" (43 to 58cm). The lift raises the seat 20° up to 10" (25cm). Coated steel frame supports 80 to 220 lbs. (35 to 100kg). Clean with household disinfectants.

NC82007



To stand, the user presses down on the seat release lever. This lever locks, freeing both hands for stability.



The UPLift™ Commode Assist lifts only as needed, allowing users to maintain muscular strength.



Cover and seat may be raised independently.

HINGED ELEVATED TOILET SEAT

Increase toilet seat height while maintaining standard seat and cover.

The Hinged Elevated Toilet Seat adds 3" (7.6cm) of height to the toilet. Ideal for persons who have trouble sitting down and getting up from a standard toilet. Constructed of two parts that are hinged together for the convenience of raising the seat in the same manner as a standard toilet seat.

Install using your own toilet seat and cover. Can be used with the the Lumex® Toilet Safety Frame (NC28950) shown on page 160. U.S. Patent #5,251,338. Weight capacity is 250 lbs. (113kg).

- NC25050 Standard
- NC25051 Elongated



ELEVATED TOILET SAFETY SEAT



Fits directly on the toilet seat.

Simple to install and remove, this toilet seat adds 5" (13cm) of height to the toilet. Made of durable plastic. Weight capacity is 350 lbs. (159kg). Fits most round or elongated toilets. ADA compliant.

NC34216



Meets The Americans with Disabilities Act (ADA) specifications.



Available with either left or right side slope.

TALL-ETTE® III ARTHRO® WITH LOK-IN-EL® BRACKET

For one-sided lower extremity injuries.

The Tall-ette® III Arthro® raises the toilet seat 4" (10cm) with a gentle slope on either the left or right side for lower extremity disability. Ideal when less than 90° hip flexion is required. Made of easy-to-clean polyethylene plastic. Weight capacity is 250 lbs. (113kg). Not for use on elongated toilets.

The Lok-In-El® Bracket easily slides under the hinge pin of the existing toilet seat while two large posts mate to the raised toilet seat, providing a secure fit.

- NC28934 Left
- NC28935 Right

Other Tall-ette® seats are available. Call for information or visit www.ncmedical.com.



Lok-In-El® Bracket



Bumpers prevent seat from shifting.

NEW! BIG JOHN TOILET SEAT™

Ideal for plus-size users.

Big John can be used by anyone who wants a more comfortable toilet seat. Highest-grade plastic is resistant to stains and chemicals. Seat is 2" (5.1cm) higher than standard toilet seats. Seat measures 19" x 19" (48 x 48cm). Inside dimensions are 11½" (29cm) front to back and 8¾" (22cm) side to side. Attaches with durable stainless steel hinges and synthetic rubber bumpers that grip the porcelain to prevent the seat from shifting. Weight capacity is rated at over 1200 lbs. (544kg). Fits standard round or elongated toilets. Available with or without front opening. White.

- NC34220-1 Without front opening
- NC34220-2 With front opening



Meets The Americans with Disabilities Act (ADA) specifications.



ECONOMY ELEVATED TOILET SEAT

Our best value in raised seats.

One-piece molded seat has a tapered flange that sits directly on the porcelain bowl. Adds 4¾" (12cm) to seat height. Attaches without tools or clamps. Fits seat openings measuring from 10" to 12" (25 to 31cm), or slightly larger. Durable, polyethylene plastic is easy to clean. Weight capacity is 250 lbs. (113kg). Weighs 3 lbs. (1.4kg). Not for use on Lowboy or elongated toilets.

NC28945



E-Z REACH BOWEL MANAGEMENT TOOL COMBO

Two tools combined in one convenient unit.

This easy-to-use tool has two interchangeable attachments: a digital bowel stimulator and a suppository inserter. The bayonet snap allows easy changing of attachments. Shaft measures 10" (25cm) long. Rigid plastic handle. Angle adjustments can be made with a heat gun. Total length measures 13¼" (34cm).

NC28707



DIGITAL BOWEL STIMULATOR AND SUPPOSITORY INSERTER

Hook and loop handle is ideal for people with quadriplegia or limited hand use.

Both the Digital Bowel Stimulator and the Suppository Inserter are constructed from stainless steel with polyethylene collars and tips. The D-rings on the quad handles allow for easy adjustments. The stimulator has a 2" (5.1cm) long, firm insertion tip. The inserter has 2" (5.1cm) long, hollow plastic tip that holds a standard suppository. Spring-loaded design pushes the suppository out. Both units measure 8½" (22cm) long, and can be sanitized easily.

NC28703 Bowel Stimulator
NC28704 Suppository Inserter

HYGENIQUE® PLUS™ BIDET/SITZ BATH SYSTEM

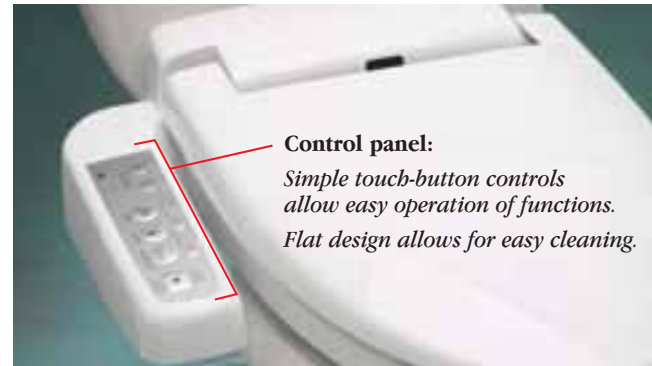
Affordable, portable unit combines cleansing with heat therapy.

This portable system is specially designed for personal hygiene needs. It combines a spray wand that cleanses the entire anal-rectal and vaginal area, and a sitz bath that provides soothing heat therapy in fresh, clean water. A drain allows contaminants to flow into the toilet.



The hose easily snaps onto any single-spouted sink faucet and the handle fits onto the sitz bath, which rests on the toilet. The system uses glycerine cleansing cartridges that are inserted into the spray wand. The **Personal System** includes the same components as the **Deluxe System** with the exception of the blue sitz bath bowl. Both systems can be used with the Guardian® 3-in-1 Heavy Duty Commode (NC24555, page 158).

NC28760 Deluxe Bidet/Sitz Bath System
NC28761 Replacement cartridges (200)
NC28767 Hygenique® Personal System



Control panel:
Simple touch-button controls allow easy operation of functions. Flat design allows for easy cleaning.



Just click and attach for easy installation.

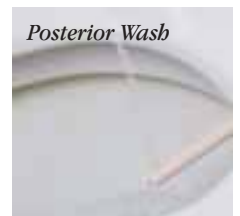
Two wash functions direct water effectively.

CLESSENCE™ ADVANCED TOILET SEAT

Cleanliness that only advanced bidet technology can realize.

This bidet seat fits most standard and elongated toilets. Flat, easy-to-clean control panel allows convenient access. The Posterior Wash function directs warm water almost vertically with a three-jet nozzle arm. The Feminine Wash function projects a softer ten-jet spray of warm water upwards and forwards. Automatic Nozzle Cleaning is activated after each use. The Warm Water heating system features a thermostat sensor, thermal fuse and high temperature cut-off switch to prevent overheated water from being sprayed. Low-wattage Heated Toilet Seat is built with the strictest safety standards. A dryer supplies warm air after each use of water sprays. The Occupied Seat Sensor prevents spray functions from activating while the seat is unoccupied. The Slow-Down feature lowers the seat and lid gently to prevent them from banging shut when released. Installs directly to tap water supply. Includes a 3' (.91m) power cord. Maximum rating AC 120V, 297W, 60Hz. **Standard** model measures 19" x 20¾" x 6" (49 x 53 x 15cm). **Elongated** model measures 19" x 21½" x 6" (49 x 55 x 15cm). One-year limited warranty.

NC28771 Standard Model
NC28772 Elongated Model





QUAD INSPECTION MIRROR

Features an adjustable-length hand loop and a finger loop on the shaft.

The 12" (30cm) long shaft on this mirror can be bent easily into the desired position. Break-resistant, oval mirror measures 4" x 6" (10 x 15cm). Handle measures 5½" (14cm) long. NC28717

HAND-HELD INSPECTION MIRROR

Available in two sizes.

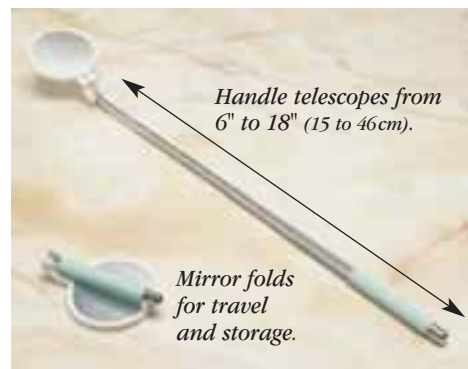
This diagonally-mounted mirror has an adjustable hand loop. Bend the 12" (30cm) long shaft by hand for easy adjustment. Small mirror measures 4½" (11cm) square. Large mirror measures 5½" (14cm) square.

NC28728 Small
NC28716 Large

STAND MIRROR

Self-standing mirror pivots easily.

Measures 5" (13cm) in diameter. Wire-frame base with a regular mirror on one side and a 3x magnification mirror on the other side. NC28715



TELESCOPING SELF-EXAMINATION MIRROR

Compact size mirror offers extended reach and magnification.

The handle on this telescoping mirror expands from 6" to 18" (15 to 46cm). Two-sided, shatter-resistant mirror features regular magnification on one side and 2x magnification on the other side. Mirror measures 3" (7.6cm) in diameter. Handle has a soft grip that prevents slipping. Mirror folds for travel and storage. Includes a protective vinyl storage pouch. One-year manufacturer's warranty.

NC28721



PIVOT MIRROR

Adjust and lock angle in place.

Use this 8" (20cm) square, break-resistant acrylic mirror for self-examination or catheterization.

NC28719



STATIC KNEE SPREADER WITH MIRROR
Specially designed for self-catheterization.

Made of lightweight aluminum and durable Kydex®. Mirror is attached with Velcro®. Provides 9" (23cm) of thigh abduction.

NC28732



HYGIENIQUE® PERSONAL HYGIENE MIRROR

Designed for peri-rectal self-examination.

This lighted mirror offers individuals an independent means of examining themselves and is helpful for self-catheterization. Double-sided mirror fits under the toilet seat, providing



a magnified view on one side and an actual-size view on the other side. Adjustable arms allow use on a flat surface such as a bed or while seated on a toilet. Requires two 9-volt alkaline batteries.

NC28770 Hygienique® Mirror



SHORT TOILET AID

Ideal for persons with limited range of motion.

The Short Toilet Aid is covered with a plastic coating that protects the skin. Can be cleaned easily. Total length measures 10¾" (26cm).

NC28709

PAUSE CONTROL HANDHELD SHOWER

Reduce and restart waterflow with a push of a button.



An easy-to-turn oversized spray control lets the user choose from three settings: shower, pulsating or massage. The 7' (2.1m) flex-soft hose allows for convenient use while seated or standing. The lightweight, soft grip, anti-slip handle with safety strap provides a secure hold. Includes a holder for use with the HomeCare® products on page 155. ADA compliant.

Compatible with most handheld showers, the **Grab Bar Shower Holder** fits all 1¼" and 1½" (3.2 and 3.8cm) diameter grab bars. Pivot feature allows the handheld shower to remain upright, controlling the direction of the shower spray.

NC34218 Pause Control Handheld Shower
 NC34218-H Grab Bar Shower Holder

Shower meets The Americans with Disabilities Act (ADA) specifications.



SELF WIPE BATHROOM AID

Comfortable, rounded design.

This device provides extended reach for accurate positioning and pressure. Rotating handle allows the desired amount of toilet tissue to be rolled. Used tissue can be discarded easily by pressing the release button on the end of the handle. Angled tissue clamp portion measures 5" (13cm). Handle measures 9¾" (25cm). Total length of the device is 14¾" (38cm). Made of sturdy plastic. Autoclavable.

NC28726



TOILET TISSUE AID

Encourages independent hygiene.

The spring clamp easily opens to release tissue paper. Aid measures 10" (25cm) long. The open, vertical handle and the horizontal clamp both measure 6" (15cm) long.

NC28708



ECONOMY HAND HELD SHOWER

Convert a tub spout to a hand held shower.

A suction-lock wall bracket attaches the unit without screws or other hardware that would require permanent installation. Fits faucets with outer diameter measuring 1⅜" to 1¾" (3.5 to 4.4cm). Spray head can be held by the bracket during use. Bracket can be angled in two positions. Vinyl hose measures 5' (1.5m). Universal adapter has a lip-lock collar that attaches to tub faucets that do not have shower pull tabs.

NC28324



The Economy Hand Held Shower can be used only on tub spouts that do not have a shower pull tab.



CAREX® HAND HELD SHOWER SPRAY AND DIVERTER VALVE

Use either the existing shower bead or the convenient, hand-held shower spray.

This shower spray features an extra-long, nylon-reinforced hose and an on/off valve for easier control of water flow. The diverter valve offers the option of using the existing shower head or the hand-held spray unit. Includes a wall mount for easy installation. Total length measures 88½" (2.3m). Fits all standard ½" (13mm) diameter shower arms.

NC62393



Includes two small sponges and two large sponges in addition to the attached scrub sponge.

BATH KIT

Ideal for washing hard-to-reach areas.

Choose from the attached scrub brush or four additional attachments to wash the body easily, without bending or reaching. Use the two small sponges for washing between toes or the two round sponges for washing the back and legs. The attached scrub brush is ideal for washing the bottoms of feet. The long, plastic handle holds the scrub brush and accommodates one screw-on attachment at a time.

NC38340



NEW! GUARDIAN® HAND HELD SHOWER WITH ERGONOMIC HANDLE

For a soothing shower or invigorating massage whether standing or safely seated.

The Guardian® Hand Held Shower features an ergonomically designed handle with a textured surface that provides a comfortable, nonslip grip. Massage controls located at your fingertips give you the choice of standard or pulsating sprays for a stimulating massage. Also featured is an extra long hose measuring 86" (2.2m), a mounting bracket for fixed shower head use as well as hand-held operation, and a water saving diverter valve that uses less than 2.5 gallons (9.5 liters) per minute. Weighs 1 lb. (454g). Fits all standard ½" (13mm) diameter shower arms.

NC62385



CURVED BATH BRUSH

Washing the back just got easier!

Persons with a limited range of motion can wash the neck, shoulders and back easily with the Curved Bath Brush. Even reaching the back of the upper thighs is easy. The 180° curved handle has a plastic-grooved grip. Firm bristles for effective scrubbing. Requires a good grasp. Weighs 8 oz. (227g).

NC28649

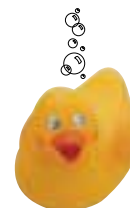


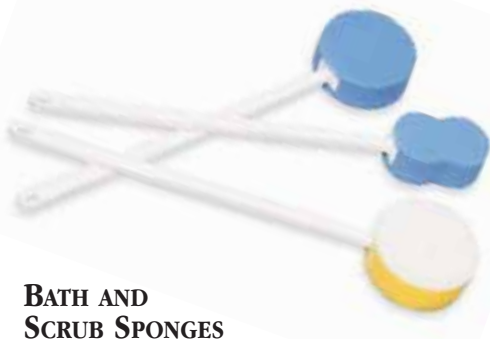
SOAPER SPONGE

This sponge holds the soap for you.

Slip a small bar of soap inside the Soaper Sponge and wash without having to hold a slippery bar of soap. Designed for persons with the use of only one hand. Ideal for stroke patients or persons with limited reach. Plastic handle measures 12" (30cm) long. Weighs 4 oz. (113g).

NC38335





BATH AND SCRUB SPONGES

Our most popular sponge is available in three styles.

Made of soft polyfoam with a plastic handle. The **Scrub Sponge** has a loofah-style surface on one side. **Bath Sponges** are available with round or contoured sponges and the Scrub Sponge is available in the round style only. Handle can be shaped with a heat gun. Each of the sponges measures 5" (13cm) in diameter.

Long Bath Sponge: 22" (56cm)

NC28644 Round

NC28645 Contoured

Short Bath Sponge: 14" (36cm)

NC28644-1 Round

NC28644-2 Contoured

Scrub Sponge

NC28650



LONG BATH BRUSH

Use a heat gun to customize the handle.

The wire core of the Long Bath Brush curves and the 13" (33cm) plastic handle bends at the end for angling as needed. Features medium-resistance bristles. Adjust shaft and handle with a heat gun. Features a 1/4" (6.4mm) hole on the end of the handle to hang the brush for drying or storage.

NC28632



Foot Care Kit

Foot Care Kit includes an adjustable square mirror.



DR. JOSEPH'S ORIGINAL FOOTBRUSH

Wash feet without bending over!

Total length measures 25 1/2" (65cm). Brush measures 3 3/4" (9.5cm) long. Replaceable wedge-tip sponge measures 1 3/8" x 2 1/4" (3.5 x 5.7cm). Two sponge tips are included. Additional sponge tips are sold separately in a package of three. The **Foot Care Kit** contains the Dr. Joseph's Original Footbrush items with an adjustable, unbreakable 4" (10cm) square mirror that can be angled for thorough foot inspection.

NC38336 Dr. Joseph's Footbrush

NC38336-1 Extra Sponge Tips (3)

NC38337-1 Foot Care Kit



BODY CARE™ BODY WASHER

Non-slip handle for a secure grip while bathing.

Long, curved handle scrub brushes provide easy bathing for persons with limited range of motion. Closed-celled foam is covered with comfortable nylon mesh for gentle scrubbing. Non-slip rubber handle provides a secure grip even when wet.

NC28374 Curved 31" (79cm)

NC28375 Straight 16" (41cm)



Available in Standard and Pocket Models. Mitts may be used on either hand.

NORCO™ WASH MITTS

D-ring closure makes these mitts easy to put on and take off.

Terry cloth mitt is available as **Standard** or **Pocket Model**. Features a hook and loop strap with a D-ring for easy attachment, even for persons with the functional use of only one hand. The D-ring also can be used to hang the mitt for drying. The **Pocket Model** holds a bar of soap and has a hook and loop closure. Both mitts measure 6" x 10" (15 x 25cm). Machine washable. Mitts may be used on either the left or right hand.

NC28638 Standard

NC22242 Pocket Model



HEMOCARE EZ-SHAMPOO™ BASIN

Finally, a no-splash solution for washing hair in bed.

Properly position the head and shoulders for shampooing with this convenient portable basin. The double-tube design prevents water from splashing. The built-in hose drains away soapy water. Use with the EZ-Shower™ (below) for bedside shampoos with a nearby water source. Made of mildew-resistant, heavy-duty vinyl for years of use. Includes a 47" (1.2m) drain hose. Measures 28" x 24" x 6" (71 x 61 x 15cm). Inflate the basin by mouth or with an air pump.

NC28330



HEMOCARE EZ-SHOWER™

Portable water bag simplifies bedside shampooing.

EZ Shower™ provides a simple way to offer a refreshing shampoo to a patient in bed. The strong vinyl bag holds 2½ gallons (9.5 liters) of water. Use the wooden handle to hang the EZ-Shower™ on the bed or IV pole. Hold the 4' (1.2m) hose to direct the water where it is needed. The convenient on/off switch makes it easy to control the water flow. Use with the EZ-Shampoo™ Basin (above) to catch the soap and water runoff.

NC28336



NORCO™ ECONOMY SHAMPOO BASIN

Folds for storage and travel.

This circular basin fits into the space normally occupied by a pillow, eliminating the need to reposition the body for shampooing. The side of the basin provides a comfortable neck support. The heat-sealed vinyl tray can be inflated by mouth or with an air pump. Diameter of the basin measures 21" (53cm). Includes a 27" (69cm) long tube for easy drainage into a pail.

NC28325



Add extenders for extra-deep sinks.

Rests gently on the shoulders.



SHAMPOO-AIDE™

Makes shampooing comfortable and manageable.

The Shampoo-Aide™ provides comfort and support when shampooing. It eliminates the need to lean over a sink by resting gently on the shoulders and allowing the seated individual to relax. Raised tray edges help keep the floor dry by directing water back into the sink. The center hinge allows for easy adjustment to the individual's shoulder height. Folds in half for easy storage. Measures 16" x 20" (41 x 51cm). The pair of Extenders, sold separately, add 6" (15cm) of length to accommodate extra-deep sinks.

NC28335 Shampoo-Aide™

NC28335-1 Extenders (2)

SUCTION DENTURE BRUSH

Clean dentures easily with just one hand.

This double-sided brush has two suction feet that securely hold the base in place during use. The large brush has even-length bristles, and the small brush has contoured bristles for hard-to-clean areas.

NC28333



ECONOMY SUCTION BRUSH

Scrub with just one hand.

Attach the Economy Suction Brush onto the sink for convenient one-handed scrubbing. A lightweight plastic base holds seven rows of ½" (13mm) long stiff nylon bristles. Ideal for cleaning dentures or fingernails. Rubber suction feet secure the brush to most surfaces. Measures 1½" x 4" (3.8 x 10cm).

NC28224



TOENAIL SCISSORS

Cut toenails the easy way.

The molded finger and thumb grip on these Toenail Scissors allow easier gripping and greater leverage. Serrated stainless steel blades are angled upwards. Strong blades cut through most thick nails. Scissors measure 8 3/4" (21 cm) long.

NC24554



NORCO™ UNIVERSAL QUAD CUFF

Comfortable cuff adjusts to fit a variety of different-sized items.

The Norco™ Universal Quad Cuff is ideal for persons with limited hand function. Cuff is made of cushioned cylindrical foam, surrounded by an elastic band which securely holds utensils, grooming aids and writing instruments with various handle sizes and shapes. D-ring hand strap allows independent donning and doffing. The elastic strap can be stretched to accommodate hands of all sizes. One size fits all. See page 201 for feeding applications.

NC35350



Hair Washer

Comb

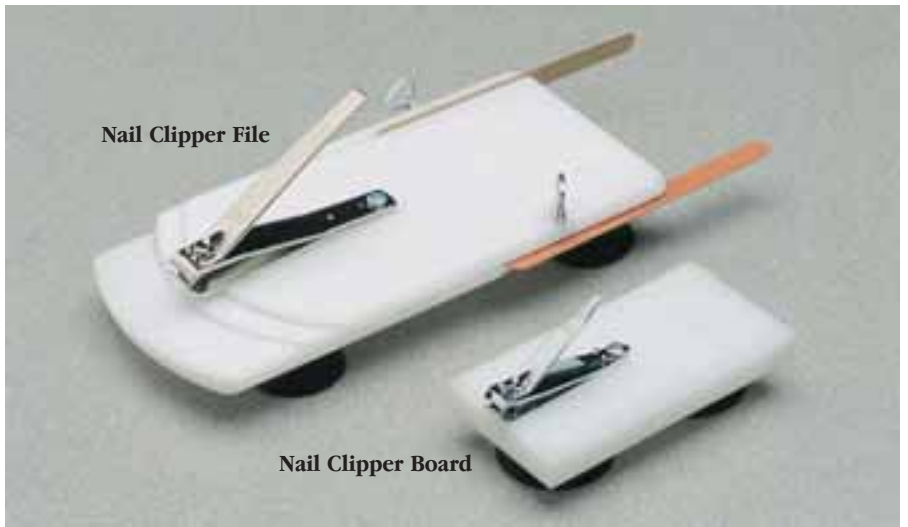
Brush

BODY CARE™ LONG HANDLED COMBS AND BRUSHES

Brush or comb hair more easily with a longer handle.

Ideal for persons with limited arm reach or hand movement. These brushes and combs have extended handles that provide easy access to hard-to-reach places at the back of the head. Firm bristles and contour design improve contact when brushing or combing.

Comb		Length
NC28370	Short	12" (30cm)
NC28371	Long	14 1/2" (37cm)
Brush		Length
NC28372	Short	11 1/2" (29cm)
NC28373	Long	14" (36cm)
Hair Washer		Length
NC28376		10" (25cm)



Nail Clipper File

Nail Clipper Board

NAIL CLIPPER FILE

This unit features a large, pivoting nail clipper and two slits with screw locks to secure emery boards in place. Plastic base measures 7 1/2" x 3 1/2" (19 x 8.9cm). Suction cup feet secure the unit during use. Includes four emery boards.

NC28331

NAIL CLIPPER BOARD

This board includes a standard size nail clipper that is securely attached to a plastic base that measures 4" x 2" (10 x 5.1cm). Suction cup feet firmly adhere to surfaces, providing stability and preventing the board from slipping during use.

NC28698

SUCTION EMERY BOARD

Use convenient board to file nails with one hand.

The Suction Emery Board consists of two grades of emery cloth covering a 4" (10cm) long board. Two suction cup feet keep the board stationary while filing nails.

NC28225





GOOD GRIPS® BUTTON HOOK

Get a secure, cushioned grip on hard-to-grasp buttons.

The soft, cushioned grip of the Good Grips® Button Hook makes the sometimes difficult task of buttoning clothes easier. The built-up handle is made of a rubber-like material and features flexible ribbing that adapts to any grip. This handle is so unique, it carries a U.S. patent. Handle measures 4¼" (11cm) long and has a diameter of 1½" (3.8cm). The total length measures 6¼" (16cm).

NC28667



The built-up Santoprene® handle with Fingerprint™ softspots makes buttoning clothes easier for people with arthritis or decreased dexterity.



SHOE REMOVER

Slip shoes off the quick and easy way.

Ideal for persons with a limited range of motion or those who have difficulty bending over. Made of sturdy plastic. Not indicated for clients with restricted hip abduction or those who have had recent total hip replacements.

NC24553



**GRIP HANDLE BUTTON HOOK/
ZIPPER PULL COMBO**

Fasten buttons and pull zippers easily.

Features a built-up, rubber handle with textured grooves preventing the dressing aid from rolling in the hand for a secure grip. Handle length measures 4½" (11cm). Total length measures 7¼" (18cm), and the diameter is 1" (2.5cm).

NC28616



**BUTTON HOOK/
ZIPPER PULL COMBO**

A great value for a button hook/zipper pull combo.

Zip and button with the convenient Button Hook/Zipper Pull Combo. One end has a hook for buttons, and the other has a hook for zippers. Wooden handle. Total length measures 9" (23cm) and the diameter is ¾" (19mm).

NC28635



ZIP GRIP

Snaps onto zipper to extend pull tab.

The Zip Grip is ideal for persons who have difficulty grasping and pulling small zipper tabs. Just insert the peg of the Zip Grip through the hole on a standard zipper, fold in half and press to snap shut. Ring diameter measures 1" (2.5cm). Sold in a package of 6.

NC28634 (6)



RING ZIPPER PULL

Large loop attaches to small zipper tabs.

Hold onto zippers more easily with the Ring Zipper Pull. Ideal for persons with arthritis, limited dexterity or poor pinch. The 1" (2.5cm) diameter ring hooks onto regular zipper tabs. Sold in a package of 3.

NC28631 (3)



CLEAR ZIPPER PULL

Add a discreet handle to zippers.

The Clear Zipper Pull clips to zipper tabs to make grasping easier. Clear nylon loop is inconspicuous. Place thumb or finger in loop and pull for easy opening and closing. Can be removed and placed in a pocket or purse. Loop measures 6½" (17cm) long. No pinch is required. Sold in a package of three.

NC28615 (3)



SWEDISH FOLDING STOCKING AID

Slip on socks without bending over.

Use the lightweight Swedish Folding Stocking Aid to don socks from a seated position. Great for persons who have difficulty bending or stretching, and for those with the use of only one hand. This dressing aid is made of nylon-covered, flexible plastic that holds its shape while reducing friction. Looped, nylon pulling cord measures 26" (66cm) long. Stocking Aid folds flat to 8" x 4" (20 x 10cm) for easy storage.

NC28624

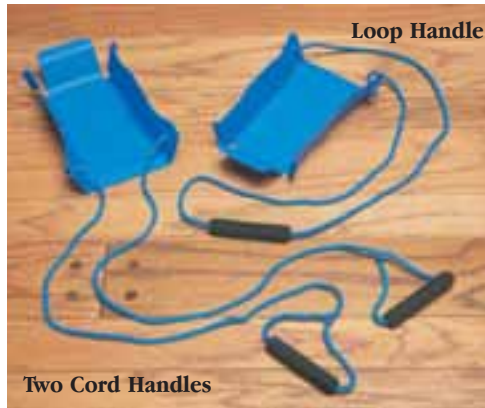


JUZO TED HOSE AID

Slide on TED hose easily.

The silky lining on the Juzo TED Hose Aid reduces the friction associated with dressing in tight stockings. Once the hose is on the foot, the aid can be pulled through the toe opening easily. Machine washable. Requires the use of two hands.

NC24552



SOCK-ASSIST™

Unique features make this the most extraordinary sock aid on the market.

The easy-to-use Sock-Assist™ lays flat on the floor, accommodates feet and calves of all sizes, has a nonstick surface and pulls the sock up the calf instead of releasing it at the ankle. Its innovative design allows easy donning of socks or knee-high nylons using one or two hands. Also works with elastic compression knee high socks or stockings. It's the unusual looking features that make this sock aid so effective:

- **Two side wings** keep the sock on the Sock-Assist™ until it is released on the calf.
- **Center tongue** helps ease the sock onto the device.
- **Flexible polypropylene** "gives" to accommodate socks.
- **Flat bottom surface** prevents the Sock-Assist™ from rolling.
- **Wide foot bed** accommodates average to wide feet.
- **Contoured side walls** help hold the sock on the device.
- **Rear flares** prevent the cord from rubbing against the skin.
- **Textured surface** prevents skin from sticking to the sock aid.
- **Cord handle** can be cut or looped to adjust length.

Sock-Assist™

- NC32500 With Loop Handle
- NC32502 With Two Cord Handles

A demonstration video featuring this innovative sock aid is available online at: www.ncmedical.com



MOLDED SOCK AID

Choose a garter or cord handle for easier application.

The Molded Sock Aid has a semi-flexible plastic trough that holds a sock or stockings in place while being pulled onto the foot. The trough may be adjusted using a heat gun. Good hand strength is required to flex the sock aid. A foam disc on the underside of the trough prevents the sock from sliding off before it is completely on the foot.

Available in three styles. The **Molded Sock Aid with Cord Handle** can be used with one or two hands. The 33" (84cm) cord handle can be cut to adjust length. The **Molded Sock Aid with Two Cord Handles** features soft foam grips for comfortable use. The **Molded Sock Aid with Garters** features two garters that fasten a sock, nylon stocking or tights so they do not slip off the aid when being pulled on the foot. Two-handed use is recommended for the Molded Sock Aid with Garters.

Molded Sock Aid

- NC26600 With Cord Handle
- NC26601 With Garters
- NC26602 With Two Cord Handles



Easy, one-handed application!



Loop handles for easy pulling.



EASY-PULL™ SOCK AID

Foot slides easily on the nylon lining while the sock remains secure.

The flexible plastic core of the Easy-Pull™ Sock Aid allows people to use just one hand to shape the trough easily to slide it into a sock. Large loop handles at the end of the strong, 32" (81cm) straps are great for persons with weak grasps. Nylon lining allows foot to slide easily along the trough. Terry cloth outer covering keeps the sock or stocking securely on the sock aid. Slits in the plastic core allow for contour bending around the heel. Compact, lightweight and hand washable.

NC28600



FLEXIBLE SOCK AID

Dressing aid slides a sock completely onto the foot.

The unique shape of the Flexible Sock Aid keeps socks on the aid until the sock is pulled all the way onto the foot. The pliable trough is easy to bend. The soft plastic aid rolls into the sock and creates an opening for the foot. Loop handle measures 36" (91cm) long. The Flexible Sock Aid is ideal for people who are recovering from back surgery and for those who have arthritic hips. Requires the use of two hands.

NC28585



English Sock Aid

English Pantyhose Aid

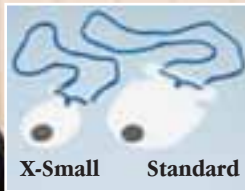
ENGLISH SOCK AID AND ENGLISH PANTYHOSE AID

An economical solution for putting on socks and pantyhose.

The **English Sock Aid** is lightweight and easy to use. The plastic trough can be bent as necessary to fit any size sock or nylon stocking. Indentations hold the sock securely until it is in place. The 32" (81cm) long cotton straps do not stretch during use. Straps can be adjusted as required by cutting or knotting. Tie the straps into a single loop if desired. The **English Pantyhose Aid** has two flexible troughs. Slip on pantyhose and tights with ease. Accommodate small or large feet by pulling the straps apart while putting on the garment. Both models require two hands for use.

NC28661 Sock Aid

NC28662 Pantyhose Aid



SOFT SOCK STARTER

Ideal for short or thin socks.

Great for ankle-high socks. Flexible plastic sheet rolls into the sock and creates an opening for the foot. Foam disc keeps the sock on the starter until it is slipped onto the foot. Nylon cord measures 31" (79cm) long. Ideal for people with hip flexion limitations. Requires two hands for use. The X-Small has a 21" (53cm) long cord and is great for pediatric use.



NC28621 Standard

NC28621-P X-Small



ORTHO LACE®

Securely fasten shoes using just one hand.

Ortho Lace® is easy to attach and adjust for a secure fit. Ideal when sturdy shoes are required. Ortho Lace® looks like part of the shoe, and can be used easily by persons with the use of only one hand. Easy-to-follow instructions are included. Available in three lengths. Sold in pairs.

	Black	White
Four Eyelet	NC28687-4	NC28690-4
Five Eyelet	NC28687-5	NC28690-5
Six Eyelet	NC28687-6	NC28690-6



ELASTIC SHOELACES

Turn a lace-up shoe into a slip-on shoe.

Elastic Shoelaces are ideal for people with limited back mobility, decreased hip flexion or limited hand dexterity. Lace and tie shoes in the normal manner just once. Shoes can be slipped on or off easily without tying and untying. Available in two lengths. Sold in packages of two pairs or in bulk (see chart below).

Deluxe Elastic Shoelaces are designed for athletic shoes with five, six or seven eyelet sets. Laces measure 3/8" (9.5mm) wide and are thicker and easier to handle than other elastic shoelaces. Available in two lengths and three colors. Sold in packages of two pairs or in bulk (see chart below).



Deluxe Elastic Shoelaces

Elastic Shoelaces
24" (61cm) length: Two pairs

NC28681	Black
NC28686	Brown
NC28689	White

Elastic Shoelaces
37" (94cm) length: Two pairs

NC28734	Black
NC28735	Brown
NC28736	White

Deluxe Elastic Shoelaces
27" (69cm) length: Two pairs

NC28738	Black
NC28739	Brown
NC28685	White

Deluxe Elastic Shoelaces
37" (94cm) length: Two pairs

NC28740	Black
NC28741	Brown
NC28025	White

Elastic Shoelaces 24" (61cm) length*
Bulk: 1/2 lb. (227g) Approx. 38 pairs

NC28681-Bulk	Black
NC28686-Bulk	Brown
NC28689-Bulk	White

Elastic Shoelaces 37" (94cm) length*
Bulk: 1/2 lb. (227g) Approx. 24 pairs

NC28734-Bulk	Black
NC28735-Bulk	Brown
NC28736-Bulk	White

Deluxe Shoelaces 27" (69cm) length*
Bulk: 1/2 lb. (227g) Approx. 43 pairs

NC28738-Bulk	Black
NC28739-Bulk	Brown
NC28685-Bulk	White

Deluxe Shoelaces 37" (94cm) length*
Bulk: 1/2 lb. (227g) Approx. 31 pairs

NC28740-Bulk	Black
NC28741-Bulk	Brown
NC28025-Bulk	White

*Lengths may vary in bulk packaging.

COILERS™

Easy-to-use, adjustable Coilers™ never need tying.

Coilers™ may be tightened or loosened, but never need tying. They have no pressure points and allow natural movement. Fits up to eight pairs of eyelets. Sold in pairs.

NC28546	Black
NC28547	Brown
NC28548	White
NC28549	Royal Blue



FLEX-O-LACE® SHOELACES

No tying required.

The small, plastic retainer piece on these elastic shoelaces adjusts the amount of stretch and helps keep laces firmly in place. The shoelaces measure 12" (30cm) long. Two pairs per package.

NC28595-1	Black	(Two pairs)
NC28595-2	Brown	(Two pairs)
NC28595-3	White	(Two pairs)



SHOE BUTTONS

Keep shoes tied securely.

The ideal accessory for laces that won't stay tied. Just slip the shoelace over the Shoe Buttons while the shoe is on the foot. Sold in pairs. Available in three colors.

NC28597-1	Black
NC28597-2	Brown
NC28597-3	White





Plastic Shoehorn with Hook

Hooked handle pulls up socks.

PLASTIC SHOE HORN WITH HOOK

Hooked handle offers a comfortable hold for fingers and may be used to pull up socks. Nylon loop for easy storage. Measures 16¼" (41cm) long.

NC28590



Stainless Steel Shoehorn

Built to last!

STAINLESS STEEL SHOE HORN

Curved hook helps pull up footwear, making it easy to slip on shoes. Comfortable vinyl handle. Available in four lengths.

NC28601 12" (31cm)

NC28602 18" (46cm)

NC28603 24" (61cm)

NC28604 30" (76cm)



Foam Handle Shoehorn

Built-up grip for easy grasping.

FOAM HANDLE SHOE HORN

Built-up foam handle is easy to grasp. People with a weak grasp can use the loop string to help position the shoehorn. Enameled steel shaft. Available in three lengths.

NC28608 18" (46cm)

NC28609 24" (61cm)

NC28610 30" (76cm)



Plastic Shoehorn

A lightweight, classic shoehorn.

PLASTIC SHOE HORN

This durable, lightweight shoehorn can be grasped with ease. Measures 18" (45cm) long. Handle has a large hole for hanging.

NC28611



Easy Slide Shoehorn

Select from four sizes.

EASY SLIDE SHOE HORN

This shoehorn has an enameled steel shaft and rubber-like handle for easy grasping. Available in four lengths.

NC28671 12" (31cm)

NC28672 18" (46cm)

NC28673 24" (61cm)

NC28674 30" (76cm)



Extra-long shoehorn extends reach for people who have difficulty bending. The foot slides easily on the textured surface.



The patented Good Grips® handle has a built-up, non-slip surface for maximum gripping comfort.



GOOD GRIPS® SHOE HORN

Offers an extended reach and a secure, cushioned grip.

The Good Grips® built-up handle is made of a latex-free, rubber-like material with flexible ribbing that adapts to any grip. This handle is so unique, it carries a U.S. patent. Shaft is made of enameled steel. People who have limited mobility and difficulty bending over will appreciate the extra-long design. The textured surface prevents the foot from sticking to the shoehorn, helping it slide easily into the shoe. Handle diameter measures 1½" (3.8cm). Available in 18", 24" and 30" (46, 61 and 76cm) lengths.

1-5 6-23 24+

NC65631 18" (46cm)

NC65632 24" (61cm)

NC65633 30" (76cm)

NORTH COAST™ TOTAL HIP REPLACEMENT KIT

Convenient kit has everything hip replacement clients need.

This kit is ideal for anyone who has difficulty dressing and bathing, such as persons who have had a hip replacement or laminectomy. A comprehensive package for clients with limited mobility, the North Coast™ Total Hip Replacement Kit costs less than buying items separately.

Includes a useful instruction booklet, *After Total Hip Replacement—Living with Your New Hip*, that offers patient education, exercise tips and other pertinent information for clients and their families.

The North Coast™ Total Hip Replacement Kit includes:

NC28521	FeatherLite™ Reacher, 26" (66cm)	NC28645	Contoured Scrub Sponge
NC28575	Dressing Stick, 27" (69cm)	NC28681	Elastic Shoelaces, black
NC65632	Good Grips™ Shoehorn, 24" (61cm)	NC28689	Elastic Shoelaces, white
NC94301	Leg Lifter	NC32500	Sock-Assist™
NC74540-1	<i>After Total Hip Replacement – Living with Your New Hip</i>		

NC23000



NORTH COAST™ LOWER EXTREMITY DRESSING KIT

An economical dressing kit with helpful items for persons who have difficulty bending.

This kit contains the items most commonly issued to patients who have difficulty dressing because of limited mobility.

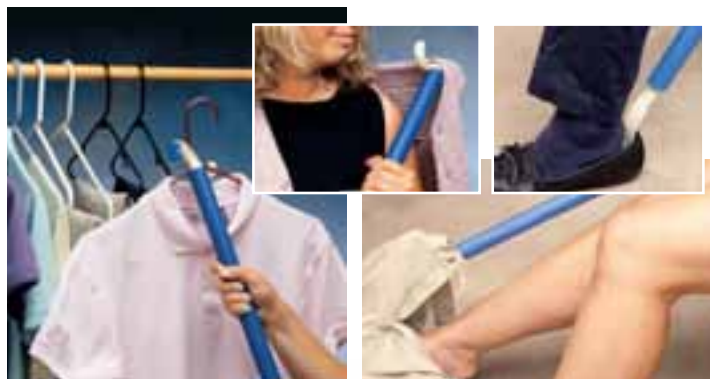
The North Coast™ Lower Extremity Dressing Kit includes:

NC28575	Dressing Stick, 27" (69cm)	NC28689	Elastic Shoelaces, white
NC32500	Sock-Assist™	NC28611	Plastic Shoehorn, 18" (46cm)

NC23020



📦 *Create custom kits with your favorite items. Call for details.*



DRESSEZ® LONG HANDLE SHOEHORN AND DRESSING AID

Handy device combines a dressing stick and a shoehorn.

Ideal for people whose reach, dexterity or ability to bend is limited due to arthritis or back/leg injuries. Designed with a push-pull S-hook at one end, and a long-handled shoehorn at the opposite end. Hook end can be used to help put on clothing, or to reach clothes hangers on high closet rods. Available in two lengths, 24" or 30" (61 or 76cm).

Made of durable plastic with a smooth surface and rounded edges. Handle measures 1¼" (3.2cm) in diameter and has a soft, built-up foam grip that covers its entire length.

	Length	Weight
NC28577	24" (61cm)	5.2 oz. (147g)
NC28578	30" (76cm)	6.5 oz. (184g)

DRESSING STICK

Allows persons with limited mobility to dress without bending.

Use the lightweight birch Dressing Stick with all types of clothing. The ⅜" (16mm) diameter dowel has a "C" hook at one end, and a push-pull hook at the other end. Ideal for persons with decreased hip flexion or limited upper extremity movement. Plastic-coated hooks reduce scratches and snags. The 27" (69cm) stick weighs less than 5 oz. (142g), and the 18" (46cm) stick weighs 3 oz. (85g).

A convenient **Collapsible Dressing Stick** also is available. This model measures 27½" (70cm) long. Each piece measures 14½" (37cm) when the stick is collapsed.

NC28575	27" (69cm)
NC28576	18" (46cm)

Collapsible Dressing Stick	
NC28628	27½" (70cm)



Collapsible





Durable tips feature a textured, nonslip gripping surface.

Jaws rotate 90° so that objects can be picked up at any angle.

NEW! PiKSTIK® LOCKING REACHER

Jaws rotate 360° for increased maneuverability and easier lifting of heavy objects.

This reacher is lightweight, easy to use, durable and rustproof. Jaws open to 5½" (13cm) by squeezing the trigger just 1" (2.5cm). The trigger is contoured for each finger, with a textured surface for a secure, comfortable grip. Jaws rotate 90° in any direction, allowing objects to be picked up at any angle. The tips feature a nonslip, textured surface. Engage the locking mechanism and the jaws will lock when the trigger is fully squeezed. Constructed from sturdy, anodized aluminum and plastic. Features a hanging loop for easy storage. Available in three lengths: 20", 26", or 32" (51, 66 or 81cm). Choice of yellow (shown above) or orange color.

Yellow	Length	Weight
NC28409	20" (51cm)	8 oz. (227g)
NC28419	26" (66cm)	8.9 oz. (252g)
NC28413	32" (81cm)	9.6 oz. (272g)
Orange	Length	Weight
NC28407	20" (51cm)	8 oz. (227g)
NC28414	26" (66cm)	8.9 oz. (252g)
NC28415	32" (81cm)	9.6 oz. (272g)



Handi-Grip® Reacher
Head rotates 90° with a quick pull and twist.



Flexible rubber tips for a firm hold on objects.



Comfortable, rubber-gripped handle.

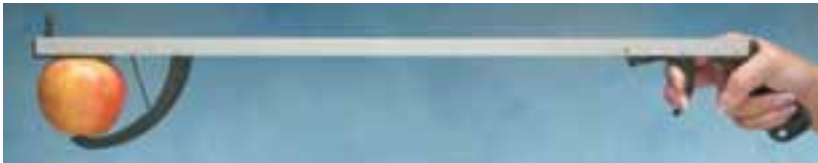
NEW! HANDI-GRIP® REACHER

Rotating head and flexible rubber tips make this reacher ideal for picking up small objects around the house or yard.

This lightweight, aluminum reacher is perfect for use around the home or yard. The 90° rotating head makes reaching into awkward spaces easy. Flexible rubber tips provide a good grip on most small objects. Rubber-gripped handle is comfortable to hold and has an easy trigger action. Jaws open to 4" (10cm) wide. Available in 26" or 32" (66 or 76cm) lengths. The 26" model weighs 8.2 oz. (232g) and the 32" model weighs 9.2 oz. (261g).

	Length
NC28530	26" (66cm)
NC28531	32" (81cm)





FEATHERLITE™ REACHER

Lifetime guarantee on our most popular reacher.

This lightweight reacher requires only 7 oz. (176g) of pressure to close the jaws. The ergonomically designed handle allows items to be grasped with a firm, nonslip grip. Pull clothing or blankets with the convenient lug, and lift small metal objects with the magnet. The claw teeth are interlocking with soft, molded tip grooves. Holds lightweight objects measuring up to 2¾" wide (7.0cm). Available in 26" or 32" (66 or 81cm) lengths weighing 6.2 and 7.2 oz. (185 and 204g) respectively.

The 26" (66cm) **FeatherLite™ Folding Reacher** folds flat to 16" (41cm) for more convenient storage. FeatherLite™ Reachers have an unconditional lifetime guarantee and are conveniently packaged 25 per box, 4 boxes per case. Also sold individually.



Standard	Length
NC28521	26" (66cm)
NC28522	32" (81cm)
Folding	Length
NC28517	26" (66cm)



NORTH COAST™ REACHERS

The combination of an easy-to-squeeze grip and a large, rubber-lined jaw holds items securely.

This sturdy reacher has an efficient trigger action that makes it easy to grip items. Only 8 oz. (227g) of pressure is required to close jaws. The trigger is curved and can be used as a hook to hang the reacher from a wheelchair or walker. A plastic clip is included for more secure attachment. The reacher features a durable aluminum shaft and an unbreakable, interlocking, rubber-lined jaw. The jaw has a serrated gripping surface and opens to 3" (7.6cm). Includes a magnetized ¾" (19 mm) tall metal lug tip for pulling.

Two models available: **Regular** measures 26" (66cm) and weighs 6.2 oz. (176g), and **Long** measures 32" (81cm) and weighs 7.2 oz. (204g). The **Folding** model conveniently folds down from 26" to 14" (57 to 36cm). The shaft on this reacher rotates 90° so that cans and heavier objects can be picked up using a natural hand position. North Coast™ Reachers have an unconditional lifetime guarantee and are conveniently packaged 25 per box, 4 boxes per case. Also sold individually.

Standard		Length
NC23621	Regular	26" (66cm)
NC23622	Long	32" (81cm)
Folding		Length
NC23623	Regular	26" (66cm)



Efficient trigger action and rubber-lined jaws ensure a secure grip on hard-to-reach items.



EZ ASSIST® REACHER

Durable design stands up to everyday use.

Relieves the strain of bending, stretching or stooping to pick up items beyond reach. The lightweight aluminum jaws with flexible, nonslip gripping cups conform easily to the shape of any item. Jaws open to 3½" (8.9cm) wide. Made of lightweight rustproof aluminum with an easy-to-squeeze trigger. Handle color may vary.

	Length	Weight
NC28561-1	26" (66cm)	8 oz. (227g)
NC28561-2	32" (81cm)	9½ oz. (269g)



GRIP CERT REACHER

High-quality, durable aluminum reacher has an easy-to-grip trigger.

This lightweight reacher has a serrated jaw and a flexible rubber tip that work together to ensure a firm, secure grip. The ergonomically designed trigger action handle is comfortable to hold. It can also be used as a hook to hang the reacher from a wheelchair or walker. A plastic clip is included for more secure attachment to wheelchairs, walkers or canes. The jaw opens to 3" (7.6cm). Includes a ¾" (19mm) tall metal lug tip for pulling. The inlaid magnet picks up small metal objects easily. Available in 26" or 32" (66 or 81cm) lengths weighing 7 oz. and 8 oz. (188 and 227g) respectively.

Also available in a 22½" (57cm) folding model that folds flat to 13" (33cm) for convenient storage.

Standard	Length	Weight
NC23640	26" (66cm)	7 oz. (188g)
NC23641	32" (81cm)	8 oz. (227g)

Folding	Length	Weight
NC23642	22½" (57cm)	6 oz. (170g)



AKTIV REACHER

A lightweight reacher with an easy-to-squeeze, full-hand trigger.

The premium Aktiv Reacher is sturdy enough to withstand years of substantial use. Rubber-lined jaws open to 3" (7.6cm). Adjustable jaw angle locks into place at 90° increments. The easy-to-squeeze gripper handle provides a secure hold on objects. The firm tension between the gripper and jaws allows objects to be held securely.

	Length	Weight
NC28559	18" (46cm)	3⅓ oz. (96g)
NC28560	28" (71cm)	5 oz. (142g)



Rainbow Reacher's flexible suction cups provide a secure hold.

RAINBOW REACHER

Pick up small items securely with minimal finger motion.

The suction cups on this reacher secure a strong hold on objects. It features a lightweight shaft and an easy-to-close hand grip. Fits comfortably even in a child's hand and requires minimal finger flexion. Jaws open to 4½" (11cm) wide for one of the largest grasps of any reacher on the market.

	Length	Weight
NC28480	21" (53cm)	4 oz. (119g)
NC28481	31" (79cm)	5 oz. (142g)

WEIGHTED PEN

Weights help to stabilize and control writing.

The Weighted Pen is the ideal writing tool for persons who have tremors or decreased coordination. Easy to grip and use. Pen includes five 8 to 10 gram weights that can be added or removed as needed. Blue ink. Refills sold separately.



NC21023 Weighted Pen
NC21023-R Ink Refill

LITE-TOUCH PEN

Requires minimal grip to write.

Almost no pressure is required to write with the Lite-Touch Pen. The entire pen is built up to provide a comfortable hold. Slight indentation in the thumb area aids in gripping. Lightweight plastic with a clip top. Cap included. Black ink. Use Parker #30316 ink cartridge for replacement.

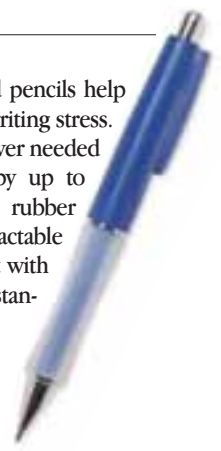


NC21020

DR. GRIP™

Designed by a doctor.

These ergonomic pens and pencils help reduce muscle strain and writing stress. Designed to reduce the power needed to grip a pen or pencil by up to 40%! The soft, contoured rubber grip is easy to grasp. Retractable pens have a medium point with blue or black ink and use standard Pilot® refills.



Dr. Grip™ Pen
NC21052-1 Black
NC21052-2 Blue

Dr. Grip™ Pencil
NC21051 5mm



WRITING GRIPS

Roll-proof grips offer a comfortable hold.

These soft, plastic, bulb-shaped grips slip onto any standard size pen or pencil. Writing Grips can provide increased comfort and control while writing.



NC21021 (3)
NC21021-30 (30)

WRITING INSTRUMENT SAMPLE KIT

Try a variety of writing devices and find those most helpful for your client.

This kit contains items shown on this page: Dr. Grip™ Pen (black), Lite-Touch Pen, Grab On Pen and Pencil Grips (3) and Writing Grips (3).
NC20990

SOFT PENCIL GRIPS

Use with both pens and pencils.

Soft, nonslip writing grips are contoured to fit comfortably in the hand. Helps prevent “writer’s bump.” Full commendation from the American Arthritis Foundation and endorsed by the National Parenting Center. **Jumbo size** is 40% larger, offering extended comfort and support up to the second knuckle. Assorted colors.

NC21034-3 Regular (3)
NC21034-12 Regular (12)
NC21037-3 Jumbo (3)
NC21037-12 Jumbo (12)

COLORED FOAM TUBING

Variety of sizes for building up small handles and grips. Ideal for pediatric use.

Use this closed-cell, slip-resistant foam to build up writing utensils and other hard-to-grasp handles. Available in three different hole sizes. Available in standard Tan, Red and Blue or a Bright Color Assortment of Yellow, Orange and Blue. Assorted packages contain two of each color. All tubing is sold in a package of six 12" (30cm) long tubes. Household dishwasher safe.

	Color	Diameter	Hole Size
NC35013	Tan	(6) 1" (2.5cm)	¼" (6.4mm)
NC35014	Red	(6) 1½" (2.9cm)	⅜" (9.5mm)
NC35015	Blue	(6) 1½" (2.9cm)	¾" (19mm)

Standard Color Assortment

NC35012 (6)

Bright Color Assortment

NC35016 (6)



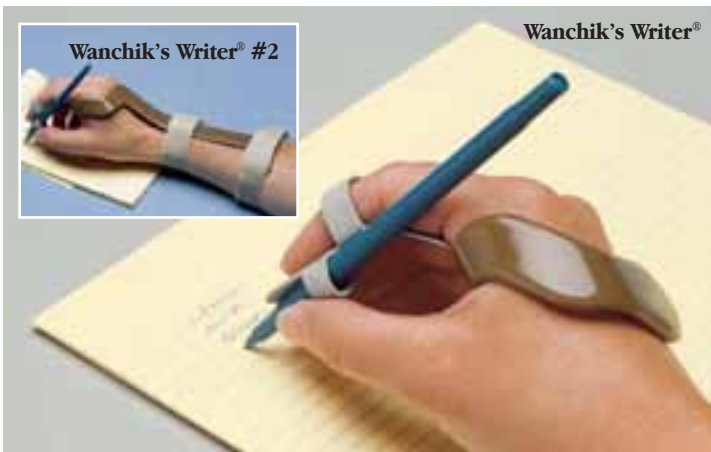
Standard



Bright Color Assortment

Bright Color Assortment Includes:

Color	Diameter	Hole Size
Yellow	(2) 1" (2.5cm)	¼" (6.4mm)
Orange	(2) 1½" (2.9cm)	⅜" (9.5mm)
Blue	(2) 1½" (2.9cm)	¾" (19mm)



WANCHIK'S WRITER®

Positions the pen and finger for writing.

Clients with decreased dexterity will be able to hold the writing finger in the proper position with the **Wanchik's Writer®**. The plastic-covered metal orthosis hugs the palm for a comfortable fit. No thumb pinch is required. Simply bend to make minor adjustments. Can be used with thin ballpoint pens and pencils.

For additional wrist support, use the **Wanchik's Writer® #2**. The plastic-covered metal orthosis extends over the wrist and up the forearm for added support and control. Attaches with D-rings and Velcro® closures.

Both orthoses wrap around the palm with the opening on the ulnar side. Easy to don and doff. To determine size, measure the length from index finger MP joint to DIP joint. Small fits 2½" to 3½" (6.4 to 8.9cm). Large fits 3½" to 4½" (8.9 to 11cm).

Wanchik's Writer®			Wanchik's Writer® #2		
Left	Right		Left	Right	
NC21005	NC21006	Small	NC21014	NC21015	Small
NC21007	NC21008	Large	NC21016	NC21017	Large



This unique writing device requires little grasp to hold.

WRITING-BIRD™

Ideal writing device for persons with limited hand control.

The Writing-Bird™ is a unique writing device for persons with limited hand coordination, dexterity or weak grasp. Ideal for people with arthritis or neurological disorders. Perfect for individuals who lack thumb to fingertip pinch.

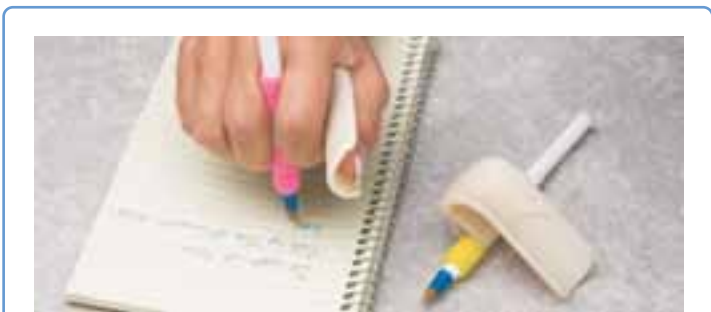
The Writing-Bird™ slides easily along the writing surface using just upper arm strength. Only slight downward pressure is needed for writing.

Made of durable, frosted acrylic. May be used with either the left or right hand. Ballpoint pen is included. U.S. Patent 4,917,517.

NC21003



Only slight downward pressure is needed to write.



ERGOWRITER

Thumb rest and finger cushions allow comfortable writing with either hand.

The Ergowriter comfortably positions the thumb so that stress on the wrist is reduced. Designed to help relieve the pain of writing associated with osteoarthritis and other hand conditions. The Ergowriter can be used with either the left or right hand. Accommodates most standard pens and pencils. Blue ballpoint pen and soft writing grips are included.

NC21056



PAGE TURNER

Lightweight device allows for easier reading.

The Page Turner consists of a large open-ended hand clip that is attached to a long, curved bar. Made of moldable aluminum with a rubber tip for easy flipping of pages. Fits left or right hand.

NC21037



SLIP-ON WRITING AID

Customize this writing aid for a perfect fit.

The Slip-On Writing Aid is contoured to fit the hand securely. Holds pens or pencils at a comfortable angle for the user. Made of durable, molded Kydex®. Adjust with a heat gun for a custom fit.

NC21009 Left
NC21010 Right



RECTANGULAR MAGNIFYING READER

Enlarge type for easier reading and to help relieve irritating eyestrain.

The Rectangular Magnifying Reader has a focal point of up to 10" (25cm). Plastic handle is angled for comfortable viewing. Lens measures 2" x 4" (5.1 x 10cm) and provides 2x magnification. Bifocal inset provides 5x magnification. NC28842



SUPRVISION® MAGNIFIER

Large magnification area for easy reading.

SuprVision® Magnifiers are ideal for reading maps, contracts, newspapers, or any small print. Unbreakable, scratch-resistant, optical quality lens measures 5" (13cm) in diameter on both models. Round handle fits comfortably in the hand. The **Standard** model provides 2x magnification and features a 5x bifocal inset. The **Lighted** model provides 2.5x magnification and features a 6x bifocal inset. Lighted model requires two "AAA" batteries (not included).

- NC28843 Standard
- NC28843-L Lighted **New!**



ULTRA-VIEWER

Designed for tasks done close to the body.

This lightweight acrylic viewer is worn around the neck, leaving both hands free. Viewer is held in place with two foam bumpers that rest on the chest, and an adjustable cord. The **Standard** model provides 1.5x magnification and has a 4" (10cm) diameter viewing area. Bifocal lens inset provides 3x magnification. The **Lighted** model provides 1.5x magnification, with a bifocal lens inset that provides 3x magnification. Lighted model requires two "AA" batteries (not included).



- NC24036 Standard
- NC24036-L Lighted **New!**



FULL PAGE MAGNIFIER

Enlarge an entire page of text at one time.

This large magnifier covers a whole page to help reduce eyestrain for easier reading of maps, newspapers and other documents. Magnifying area on the flexible plastic lens measures 9" x 6¼" (23 x 16cm) and provides 2x magnification for easier reading.

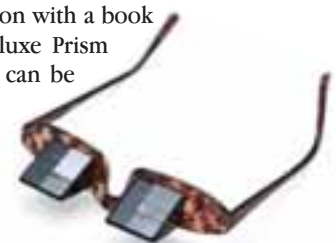
NC24030

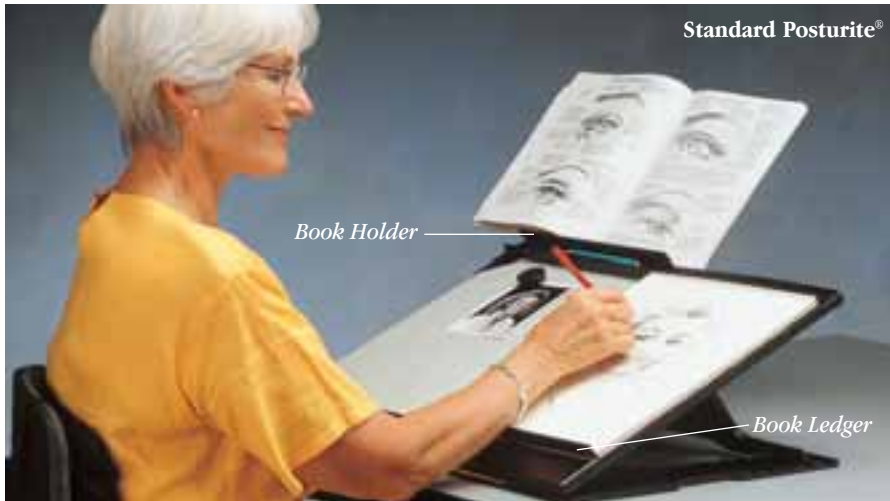
IMPROVED!
DELUXE PRISM GLASSES

Read or watch television while lying flat, or read while seated with a book in the lap.

These non-magnifying glasses turn an image at a right angle so that no head movement is necessary while reading or watching television. Ideal for people who must remain in a supine position, wear a halo or have limited neck movement. Also may be used while reading in a seated position with a book in the lap. Fits over corrective lenses if necessary. Deluxe Prism Glasses will not cause eye fatigue or strain. Ear piece can be adjusted with a heat gun. Includes a vinyl case.

NC28841





POSTURITE®

Angled board helps maintain correct, comfortable posture.

Posturite® is ideal for people who have problems with back, neck or eye strain or who have cerebral palsy, SCI, ALS, arthritis or tendinitis. The adjustable writing board eliminates the need to lean down by raising the writing surface. Board will hold books weighing up to 8 lbs. (3.6kg). Book Holder and Book Ledger keep reference materials near the work surface to help prevent eyestrain.

The **Standard Posturite®** includes one 18" x 22" (46 x 56cm) magnetic writing board, the 11" (28cm) wide Book Holder and Book Ledger, and three magnetic paperweights. The **Small Posturite®** measures 15" x 15½" (38 x 39cm) and includes the same items noted above. Boards also may be purchased separately. The **Option Pack** includes the Book Ledger, Book Holder and an extra magnet.

Posturite®		NC94515	Small Board Only
NC94519	Small	NC94516	Standard Board Only
NC94520	Standard	NC94517	Option Pack



OVERHEAD BOOK HOLDER AND EASEL

Read while sitting up or lying down with this adjustable holder.

Hold books or magazines in place with the Overhead Book Holder and Easel. Also serves as a bed table, desk, or lap tray. May be angled for use when the patient is supine. Elastic straps hold items flat. Height adjusts from 9" to 18"



(23 to 46cm). Folds for easy storage. Measures 18" (46cm) wide. Weighs 4 lbs. (1.8kg).

NC28804



HOLD-AND-READ

Read a paperback with one or no hands.

This folding clip holds both the left and right pages of paperbacks open and allows easy page turning. Accommodates any thickness of paperback. When folded, can be used as a bookmark. Molded of strong, transparent plastic. Measures ¾" x 5¼" (19mm x 13cm).

NC28806



WIRE FRAME BOOKHOLDER

Economical holder with functional design.

This affordable, lightweight holder keeps books and magazines positioned for reading or display. Folds flat for easy storage. Plastic tips on the feet help prevent the holder from slipping during use. Bookholder measures 9½" x 9½" (24 x 24 cm).

NC28802



BOOK BUTLER®

Spring-loaded arms hold pages open.

The high-impact, polystyrene Book Butler® holds pages in place for reading or display. Paperbacks, hardcover books, magazines and newspapers can be held at a comfortable angle. Features two spring-loaded, page-holding posts that allow easy turning from page to page. Ideal for one-handed use. Measures 7" x 9" (18 x 23cm).

NC28803



Clamp-On Mouthstick



Wand Mouthstick



Bendable Telescopic Pageturner/Typing Wand

CLAMP-ON MOUTHSTICK*

Write or draw with this adjustable mouthstick.

The Clamp-On Mouthstick firmly holds a pencil, pen, paintbrush or chalk. Mouth controls writing. Clamp adjusts from 1/4" to 1/2" (6.4 to 13mm). Weighs 1 1/2 oz. (43g).

- NC28816 10" (25cm)
- NC28817 12" (31cm)

WAND MOUTHSTICK*

Economical wand is versatile and lightweight.

The Wand Mouthstick is both a typing stick and page turner. Shaft does not bend. Weighs 1 oz. (28g).

- NC28825 14" (36cm)
- NC28811 16" (41cm)
- NC28812 18" (46cm)
- NC28813 20" (51cm)

BENDABLE TELESCOPIC PAGETURNER/TYPING WAND*

Fully adjustable length and angle.

The Bendable Telescopic Pageturner/Typing Wand is a versatile combination pageturner/typing wand that telescopes in length from 10 3/4" to 13 1/2" (29 to 43cm). Tip bends to the desired angle. Made of plastic and aluminum with thermoplastic rubber sleeves. Weighs 1 1/2 oz. (43g).

NC28830

** Note: The mouthpiece on all the mouthsticks and wands shown above are fixed and cannot be replaced. Replacement sleeves are available separately (below).*

REPLACEMENT MOUTHPIECE SLEEVES

Sleeves slide onto mouthpiece for easy replacement.

Replacement mouthpiece sleeves are available for all the above wands. New sleeves simply slide onto the mouthpiece. Sold in packages of 4 (two pairs).

NC28835 (4)

More mouthstick sizes and styles are available online. Visit our website at www.ncmedical.com.



PILL SPLITTER

Cuts pills in clean, even portions.

Eliminate the mess and inaccuracies of dividing medication. Pill Splitter safely cuts coated and uncoated tablets up to 1/2" (13mm) in diameter. Fits easily in a pocket or purse. Unused pills can be kept in the convenient storage section.

NC28857



ULTRA PILL SPLITTER

Retractable Blade Guard™ ensures safe cutting.

The Blade Guard™ feature serves as a safety shield when the splitter is in the open position, protecting fingers from the sharp cutting blade. Just close the lid to cut the pill. The guard retracts automatically when the splitter closes.

Convenient area for storing medicine. The Ultra Pill Splitter is top-shelf dishwasher safe.

NC28853



QUAD PHONE HOLDER

No grip strength required.

The flexible handle on this holder fits comfortably around the hand. Ideal for persons who have a limited grasp or decreased dexterity. Hook and loop closures attach securely to the phone receiver.

NC93107



PILL CRUSHER

Grinds hard-to-swallow pills.

Use this convenient device to crush pills into powder that can be stirred into liquid for easier swallowing. Large knob has a ridged edge that can be grasped easily by persons with limited hand strength or dexterity. Knob has a handy storage area for pills. Household dishwasher safe.

NC28858





Plastic Card Holder

PLASTIC CARD HOLDER

An affordable solution for holding cards.

Persons with diminished finger control will enjoy playing cards with this lightweight plastic holder. Measures 2" x 1 3/8" x 10" (5.1 x 3.5 x 25 cm). Card slot tapers from 1/2" to 1/8" (13 to 3.2 mm).

NC29102



Card Holder

CARD HOLDER

Holds playing cards in a natural position.

This large, fan-shaped card holder is ideal for persons with arthritis or a limited grip. Holds standard or oversized playing cards. Can be held in the hand or placed on a table. Sold in pairs.

NC29104 Pair



Three-Slotted Card Holder



Four-Suiter

SLOTTED CARD HOLDERS

See all your cards at a glance.

The angled grooves in the **Three-Slotted Card Holder** provide a clear view of all your cards. Solid wood block with three slots measures 7" x 4" (18 x 10 cm). The **Four-Suiter** holder has four slots and allows good visibility of all cards. The Four-Suiter measures 9" x 5" (23 x 13 cm).

NC29106 Three-Slotted Card Holder

NC29103 Four-Suiter



Round Card Holder

ROUND CARD HOLDER

Holder securely grips the cards for you.

Ideal for persons with limited grasp. Playing cards rest between two plastic, foam-padded discs, eliminating the need to grip each card. Lightweight. Easy to add or rearrange cards. Sold in a box of 4.

NC29108 (4)



LoVision® Playing Cards

LOVISION® PLAYING CARDS

Extra-large characters for easy viewing.

Numbers, letters and suit characters are enlarged for quick recognition. Standard-size cards are color-coded by suit. Standard black and red corner markers. Ideal for use by persons with at least 5% of normal vision.

NC29109



REAL BIG PLAYING CARDS

Easy-to-see giant cards.

These extra large playing cards are easy to read and hold. Perfect for people who have a weak grasp and difficulty holding regular cards. Ideal for visually impaired persons. Cards measure 7" x 5 1/2" (18 x 14 cm).

NC29113



CROCHET AND EMBROIDERY HOOP

Do needlecraft projects with one hand.

Use this holder for knitting, crocheting, embroidery and darning. Clips onto tabletops measuring up to 1" (2.5 cm) thick. Easily adjust the 13 1/2" (34 cm) long, flexible gooseneck by bending as needed. Holder, darning ring and 8" (20 cm) hoop with flexible shaft are included.

NC28862



AUTOMATIC CARD SHUFFLER

Just push a button for shuffling in seconds.

Quickly shuffle one or two decks of cards with the Automatic Card Shuffler. Easy to operate. Requires two "C" batteries, sold separately.

NC29100 Shuffler

NC28900 Two "C" Batteries

FISKARS® SOFTOUCH™ SCISSORS

Padded, spring-action handles allow effortless cutting.

Fiskars® Softouch™ Scissors make cutting easy on the hands. The spring-loaded handles gently open after every cut, reducing hand motion and pressure. Cushioned, nonslip grip eliminates pressure on the thumb and fingers. The easy-to-grip handle allows for whole-hand use. Ideal for cutting paper, fabric and lightweight cardboard. Sliding lock keeps the blades closed for safe storage. Stainless steel blades measure 4" (10cm) long. Total length of scissors is 10" (25cm). Dishwasher safe. Use with the left or right hand. Limited lifetime warranty.

NC12565

OXO® ALL-PURPOSE SCISSORS

Cut anything from paper to plastic!

Oxo® All-Purpose Scissors are easy to use. Squeeze, then relax the hand as the handles spring open for the next cut. Scissors are operated with the whole hand, not just the fingers, making them ideal for people with thumb injuries or decreased hand strength. Precision-ground stainless steel blades measure 3½" (8.9cm) long. Dishwasher safe. Total length is 8¾" (22cm). Universal handgrip can be used in the left or right hand.

NC12568

LOOP SCISSORS

Self-opening handles help make small cutting jobs easy.

Gently squeeze Loop Scissors for easy cutting. The textured, polypropylene handles are contoured to fit comfortably in the hand. Self-opening handle is ideal for persons with arthritis or thumb injuries. The detachable spring band may be reversed as needed to restore spring tension. The 2¼" (5.7cm) stainless steel blades are available with round or pointed tips. Total length is 6" (15cm). Use with the left or right hand.

NC28402 Round Tips

NC28403 Pointed Tips



Fiskars®
Softouch™
Scissors

Oxo® All-Purpose
Scissors

Round Tips

Loop Scissors



Great for one-handed use.

**LONG LOOP SCISSORS**

Longer blades turn ordinary loop scissors into all-purpose shears.

Easy to grip and use, these scissors require only a simple squeezing action to cut through paper and lightweight plastic. The unbreakable nylon spring band may be reversed to restore spring tension. The **Long Loop Scissors** measure 8" (20cm) long and the **Long Loop Scissors with Finger Holes** measure 8½" (22cm) long. The stainless steel blades measure 3" (7.6cm) long. Includes a plastic blade guard that can be used as a stand for one-handed use. Suitable for use with the left or right hand.

NC28404 Long Loop Scissors

NC28405 With Finger Holes

FISKARS® ROTARY CUTTERS AND CUTTING MAT

Rolling action makes cutting a breeze.

Fiskars® Rotary Cutters feature a contoured loop handle for a comfortable, secure grip. Cuts foam board, mat board, paper, vinyl, neoprene, cardboard and many other materials. Blade retracts into a recessed well for safe storage. Suitable for use with either the left or right hand. The self-sealing **Fiskars® Cutting Mat** protects tabletops when cutting material with mat knives or rotary cutters. The grid-lined mat measures 18" x 24" (46 x 61cm).

NC28411 1" (2.5cm) diameter blade

NC28406 1¾" (4.4cm) diameter blade

NC79630 Cutting Mat

ROLLING SCISSORS

No squeezing required. Rolling Scissors do the cutting for you!

Rolling Scissors are operated by rolling, instead of squeezing, effectively reducing hand strain, cramps and fatigue. Ideal for people with limited grip due to arthritis or carpal tunnel syndrome. No pointed blades or sharp edges. The built-in line guide ensures clean, smooth, accurate cuts of any length. Cuts through multiple sheets of paper, fax paper, printouts, wrapping paper, blueprints, art papers, film, acetate and most plastics. Contoured ergonomic handle may be used with either the left or right hand.

NC28400



HANDYBAR®

Portable handle helps people get in and out of their vehicles safely and confidently.

Ideal for anyone who would like help getting in and out of their vehicle. Universal fit with no costly installation or vehicle modification. Locks into the existing U-shape striker plate on the car door frame. Includes a seatbelt cutter and side window breaker for emergency escapes. Supports up to 350 lbs. (159kg).

NC94232



Locks into door striker plate.



KEY TURNER III

Curved handle fits comfortably in the hand and allows for easy turning.

The Key Turner III features a heavy-duty plastic handle that provides extra leverage for easy turning. Ideal for persons with arthritis or a weak grip. Holds three keys. Fold the keys into the handle when not in use. The Key Turner III measures 4¾" (12cm) long, 7/8" (22mm) wide, with a 4½" (10cm) circumference.

NC28255



DOORKNOB EXTENDER

Unique handle slot allows the addition of a cord for people with limited reach.

This 5" (13cm) extension handle fits over a standard doorknob and allows complete access to keyholes. Use the handle slot to add a loop of cord for people with limited reach or grasping abilities. The Doorknob Extender fits round doorknobs that measure from 2⅞" to 2⅜" (5.4 to 6.0cm) in diameter and installs with just a screwdriver. Easy to clean. Sold in a pack of two.

NC28249 (2)



Grasps, lifts and twists items up to 3¼" (8.2cm) wide.

ADJUSTABLE GRIPPING TOOL

Easy-to-use gripping tool adjusts to 13 widths.

This lightweight tool helps ease tasks such as opening containers and grasping hard-to-hold objects like small knobs. Made of durable plastic with texturized rubber jaws. Ideal for persons with arthritis, a weak grip, or limited motor coordination. Concentrates the entire strength of the hand in its slip-resistant jaws. Adjusts to 13 widths and fits items up to 3¼" (8.2cm) wide. Measures 6" (15cm) long.

NC28277



PORTABLE DOOR KNOB TURNER

Easy to put on and take off.

The hooked design of the turner increases leverage for easier turning of door knobs. Ideal for persons with quadriplegia, arthritis, or limited hand use. Made of sturdy plastic. Rubber-lined interior surface prevents slipping. Simple to install. Fits standard 2" (5.1cm) diameter round knobs. The handle measures 4½" (11cm) long.

NC28247



LEVERON® DOOR KNOB TURNER

Easy-to-grasp handle fits most door knobs.

Gives doors a safe, easy-to-grasp handle without removing the door knob. Two gaskets adjust to fit a variety of knob shapes. Includes a plastic wrench for easy installation. Available in a beige and a glow-in-the-dark model. The knob turner is 2⅝" (6.6cm) in diameter. Handle measures 4" (10cm) long. Sold in pairs.

NC28250 Beige (2)

NC28250-4 Glow-in-the-Dark (2)



"T" TURNING HANDLE

Perfect for persons with reduced dexterity.

The "T" Turning Handle fits over knobs, keys, faucets and other irregularly shaped handles. The easy-to-grasp, 3½" (8.9cm) handle provides leverage and a secure grip. Made of durable plastic with steel prongs that hold the object being turned. Fits items up to 1¼" (3.2cm) in diameter.

NC28283





EASY TURN LAMPSWITCH

Turning on lamps just got easier.

Replace small, hard-to-grasp lamp knobs with the three-spoked Easy Turn Lampswitch. Large knob helps people with a limited grasp to switch lamps on and off more easily. The increased size and shape make it ideal for persons with arthritis. This switch is an important part of any joint protection program. Measures 1 3/4" (4.4cm) across.

NC28750



THERMO PELLETS

Low-temperature thermoplastic pellets mold together quickly and easily.

Versatile Thermo Pellets can be used for adapting wheelchair brakes, joysticks, mouthsticks, pens, pencils and toothbrushes. The pellets also can be used to build up handles and to fabricate small splints. When heated to 140° F (60°C), the pellets soften quickly and can be formed into a mass that can be molded and remolded as needed. Heat in water, on a heating plate or in a microwave oven. Thermo Pellets will stick to most porous surfaces.

NC32511 1 lb. (.45kg) package

NC32513 3 lb. (1.4kg) package

COLORED FOAM TUBING

Ideal for visually impaired and pediatric use.

Use this closed-cell, slip-resistant foam to build up cutlery and other hard-to-grasp handles. Available in three different hole sizes. Available in standard Tan, Red and Blue or a Bright Color Assortment of Yellow, Orange and Blue. Assorted packages contain two of each color. All tubing is sold in a package of six 12" (30cm) long tubes. Household dishwasher safe.

	Color	Diameter	Hole Size
NC35013	Tan	(6) 1" (2.5cm)	1/4" (6.4mm)
NC35014	Red	(6) 1 1/8" (2.9cm)	3/8" (9.5mm)
NC35015	Blue	(6) 1 1/8" (2.9cm)	3/4" (19mm)

Standard Color Assortment

NC35012 (6)

Bright Color Assortment

NC35016 (6)

Bright Color Assortment Includes:

Color	Diameter	Hole Size
Yellow	(2) 1" (2.5cm)	1/4" (6.4mm)
Orange	(2) 1 1/8" (2.9cm)	3/8" (9.5mm)
Blue	(2) 1 1/8" (2.9cm)	3/4" (19mm)



PLASTIZOTE TUBING

Durable, plastic-based foam is lightweight and easy to hold.

This white, closed-cell foam is lightweight and has a pleasant feel. The inside hole varies in size to accommodate different items. The 1/4" (6.4mm) inside hole works great for most pencils and pens. Also available are 3/8" and 1/2" (9.5 and 13mm) inside holes for larger household utensils, toothbrushes and certain combs and brushes. Household dishwasher safe; will not absorb water. Cold water washing will prolong product life. Sold in 1 yd. (91cm) lengths.

	Diameter	Hole Size
NC35032	3/4" (19mm)	1/4" (6.4mm)
NC35033	1 1/4" (3.2cm)	3/8" (9.5mm)
NC35034	1 1/4" (3.2cm)	1/2" (13mm)



Plastizote Tubing will not absorb water and is dishwasher safe.

CYLINDRICAL FOAM

Heavy-duty, rubber-based foam will last for years.

Cylindrical Foam is heavier and denser than Plastizote Tubing, shown above, and provides greater stability and cushioning. The 1/4" (6.4mm) round hole easily fits onto writing utensils. Water-resistant foam is available in a variety of sizes with round holes. A less dense, **Economy** version also is available that has a 1/2" (13mm) hole size. Household dishwasher safe and autoclavable. Sold in 1 yd. (91cm) lengths with a 1 1/2" (3.8cm) diameter.

Standard	Diameter	Hole Size
NC35001	3/4" (19mm)	1/4" (6.4mm)
NC35002	1" (2.5cm)	1/4" (6.4mm)
NC35003	1 1/4" (3.2cm)	1/4" (6.4mm)
Economy	Diameter	Hole Size
NC35007	1 1/2" (3.8cm)	1/2" (13mm)



CYLINDRICAL FOAM SAMPLER

An economical way to try all three standard cylindrical foam sizes.

This convenient sampler includes one 4" (10cm) piece of each size of our Cylindrical Foam.

NC35005



**CAREX®
OVERBED TABLE**

Easily work from a bed, chair or wheelchair.

This table adjusts easily for left- or right-hand use and features a wide base that accommodates wheelchairs. Rolling casters and the convenient "C"-based design allow the table to be positioned close to a chair or bed for easy access.

The stain-resistant, plastic tabletop features recessed areas and a raised lip that prevent items from rolling off the table surface. A light touch of a lever adjusts the height from 28 1/4" to 42 1/4" (72 to 107 cm). Table measures 33" wide x 20 1/4" deep x 28 1/4" high (84 x 51 x 72 cm). Tabletop measures 16" wide x 33" long (41 x 84 cm) and supports up to 50 lbs. (23 kg). Easy to assemble.

NC49005

MOBILE TABLE

Sturdy, adjustable tabletop fits over a chair or bed.



Use this convenient table for working, reading, writing or eating. It also can be used as a laptop computer or television stand. Just squeeze the release lever to adjust the tabletop to the desired height. Table height adjusts from 25 3/4" to 39" (65 to 99 cm). The melamine-laminate tabletop has a raised, molded plastic edge to keep items from rolling off. Tabletop measures 15" x 30" (38 x 76 cm) and tilts to three positions with a squeeze lever. Smooth-rolling casters allow for easy positioning.



Sturdy, tubular steel construction, with an off-white, powder coat finish. Supports up to 50 lbs. (23 kg) of evenly distributed weight when the top is in its lowest position. Minor assembly required. Weighs 29 lbs. (13 kg). One-year manufacturer's warranty.

NC29510

**HOUSEHOLD
TROLLEY**

Transport items easily without carrying them.

Easy to roll from room to room. Two included trays have a patented clip-on/clip-off feature that makes them exceptionally easy to clean. Lipped edges prevent objects from rolling off the trays. Trolley measures 18" wide x 14" deep (46 x 36 cm) and the height adjusts from 33 3/4" to 37 1/4" (86 to 95 cm) in 1" (2.5 cm) increments using an easy push-button adjustment. Clean with a damp cloth. Weighs 10 lbs. (4.5 kg). Minor assembly required.

NC28295



HANDS FREE BAG HOLDER

Carry bags comfortably without straining hands and fingers.

The Hands Free Bag Holder distributes the weight of heavy bags across the back and shoulder. Helps eliminate tendon strain from carrying bags with a sustained hook grasp. The 1 1/2" (3.8 cm) wide woven polypropylene strap holds up to 50 lbs. (23 kg). The dense trilaminate pad provides excellent weight distribution. Strap adjusts up to 65" (165 cm). Color may vary.

NC28229



Lightweight strap folds for easy storage in a pocket or purse.

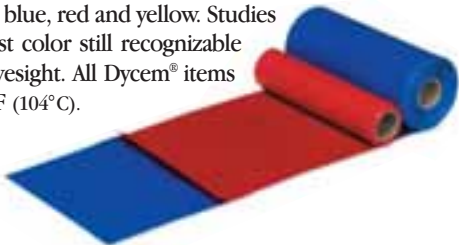
DYCEM® PRECUT PADS AND ROLL MATTING

The yellow option is ideal for patients with vision impairment.

This nonslip material grips on both sides to secure objects, yet peels off surfaces easily. Use on trays and tables to keep plates and cutlery from sliding or pens and pencils from rolling off tabletops. Ideal for adhering cushions and inserts to wheelchairs.

Available in precut pads or rolls of matting. Rectangular or Round pads are available. The largest rectangular pad is great for lining lap trays. Dycem® Matting is ideal for carrying food on trays or adhering cushions and inserts to wheelchairs. Dycem® is nontoxic and can be cleaned with soapy water to retain its properties. It is not effective when wet and must dry before use. Available in blue, red and yellow. Studies show that yellow is the last color still recognizable when patients lose their eyesight. All Dycem® items can be autoclaved at 220° F (104°C).

Simply cut with scissors to create custom placemats, utensil grips and liners for seat cushions.



1/32" (.79mm) Dycem® Roll Matting

Blue	Red	Yellow	
NC35102	NC35102-1	NC35102-2	16" x 2 yds. (41cm x 1.8m)
NC35103	NC35103-1	NC35103-2	8" x 2 yds. (20cm x 1.8m)
NC35104	NC35104-1	NC35104-2	8" x 10 yds. (20cm x 9.1m)
NC35105	NC35105-1	NC35105-2	16" x 10 yds. (41cm x 9.1m)

Dycem® Precut Pads

Blue	Red		
NC35106	NC35106-1	Rectangle	10" x 14" x 3/16" (25 x 36cm x 4.8mm)
NC35107	NC35107-1	Rectangle	10" x 7 1/4" x 1/8" (25 x 18cm x 3.2mm)
NC35110	NC35110-1	Rectangle	14 7/8" x 18" x 1/8" (38 x 46cm x 3.2mm)
NC35108	NC35108-1	Round	10" x 3/16" (25cm x 4.8mm)
NC35115	NC35115-1	Round	8" x 3/16" (20cm x 4.8mm)
NC35116	NC35116-1	Round	5 1/2" x 1/8" (14cm x 3.2mm)
NC35117	NC35117-1	Round	7 1/2" x 1/8" (19cm x 3.2mm)



Color choices: Gray, Mauve, Sky Blue and Green.

POSEY® GRIP

Economical, slip-resistant matting in convenient rolls.

Plates and positioning cushions will not slide around with Posey® Grip. Cut pads as needed from convenient rolls. Nontoxic and safe for client use. Washable in warm water. Air dry. Posey® Grip becomes slippery when wet. Do not use in bathrooms or other wet locations. Available in four colors. Rolls measure 12" x 10' (30cm x 3.0m).

NC35130-1	Green
NC35130-2	Sky Blue
NC35130-3	Gray
NC35130-4	Mauve



Yellow Dycem® is ideal for people with poor vision.



Dycem® Precut Pads

SELF-ADHESIVE DYCEM®

Improve grip on cutlery, walkers and pens.

Available in 16" x 1/8" (41 x 2.9cm) strips or 16" x 36" (41 x 91cm) sheets. Strips are sold in packages of three. Repeated washing will reduce the effectiveness of the adhesive.

16" x 1/8" (41 x 2.9cm) Pkg. of 3 strips

NC35111	Blue
NC35111-2	Yellow

16" x 1 yd. (41cm x .91m) Sheet

NC35114	Blue
NC35114-1	Red



NEW! EZCARRY™ HANDLE

Take this convenient holder on all your shopping trips.

Ergonomic design is ideal for people who have arthritis or hand weakness. Place bag handles on the EZcarry™ to grip loads more easily. Keeps grocery bags, dry cleaning hangers and other items together for easier handling. Small enough to fit in a pocket or purse. Holds up to 50 lbs. (23kg). Made from recycled plastics. Patent pending.

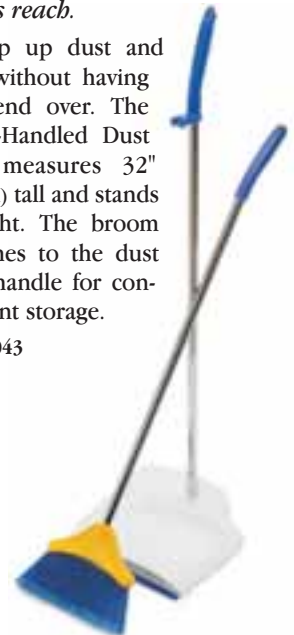
NC28230

LONG-HANDLED DUST PAN AND BROOM

Easy cleanup is within arm's reach.

Sweep up dust and dirt without having to bend over. The Long-Handled Dust Pan measures 32" (81cm) tall and stands upright. The broom attaches to the dust pan handle for convenient storage.

NC24043





DYCEM® NONSLIP JAR OPENERS

Nonslip Dycem® provides a soft, sure grip on jars and lids.

The **Standard** model opens lids up to 4" (10cm) in diameter. The **Small** model opens medicine bottles and other items with small tops. Wash with soapy water to retain tackiness.

NC28202 Standard
NC28202-1 Small



SPILL-NOT JAR HOLDER

Holds jars and prevents spills.

Persons with limited grip or the use of only one hand can easily open jars that measure 1" to 4" (2.5 to 10cm) in diameter. Four rubber feet keep the holder securely in place. Can also be mounted to a work surface or inside a drawer.

NC28218



JARPOP!

No more twisting and straining to open jars!

JarPop! opens tight, vacuum-sealed jars with little effort. No twisting or turning is necessary—a gentle lift upwards “pops” the seal, releasing the vacuum pressure so the lid can be removed easily. Lids remain resealable after opening.

NC26781



ZIM® JAR OPENER

This popular jar and bottle opener opens them all!

Open or close screw, pry-up, friction, vacuum or crown-top lids with the versatile Zim® Jar Opener. Features screw cap remover, pry-up edges and a bottle hook. Accommodates lids measuring 1/2" to 3 1/2" (13mm to 8.9cm) in diameter. Measures 5" x 6" (13 x 15cm). The wall-mounted model has a white enamel finish and the under-counter model is nickel-plated steel. Mounting screws provided.

NC28211 Wall-mounted
NC28212 Under-counter



GOOD GRIPS® JAR OPENER

Comfortable, built-up handle helps open stubborn lids easily.

The patented Good Grips® handle on this jar opener provides a flexible, nonslip grip when removing twist-off lids from jars and bottles. Two metal grip strips allow for easy removal of lids ranging from 1/2" to 3 3/4" (13mm to 9.5cm) in diameter. Household dishwasher safe.

NC28199



BOXTOPPER

Slides under boxtops for easy opening.

End the frustration of opening flap-topped boxes. Just insert the pointed tip of the Boxtopper under the boxtop flap and slide to open. Ideal for one-handed use. The handle on this lightweight opener is covered with 1" (2.5cm) diameter foam for easy gripping.

NC28251



Store in a drawer, in the countertop charger or mount as an under-cabinet opener.

Countertop charger.



GIZMO™ CORDLESS CAN OPENER

Operate this lightweight can opener with just one hand.

This rechargeable can opener requires no pressure to operate once the “Power Pierce” cutter has been activated by pressing on the handle. The opener “walks around” the can, then shuts off automatically. Features a lid release for easy, safe disposal. Store in a drawer, in the countertop charger or mount as an under-cabinet opener. For right-handed use only. Removable blade is dishwasher safe. Weighs 10 oz. (283g). NC28227



Available in six sizes to accommodate all storage needs.

CLICK CLACK® ACCENTS AIRTIGHT CANISTERS

Easy-to-open, stackable airtight canisters keep food fresh.

Ergonomically designed lid features soft-touch, squeeze toggles for easy, one-handed opening and closing. Canisters stack easily for efficient storage. Airtight seal keeps food fresh longer. Unbreakable, clear base is made of nonporous, nonreactive FDA approved polycarbonate and is dishwasher and microwave safe. Limited five-year warranty.

	Size		Size
NC28254-01	0.7 quart (0.77 liter)	NC28254-04	2.3 quart (2.53 liter)
NC28254-02	1.3 quart (1.43 liter)	NC28254-05	3.6 quart (3.96 liter)
NC28254-03	1.8 quart (1.98 liter)	NC28254-06	4.5 quart (4.95 liter)



NEW! ALL-PURPOSE OPENER

Handy tool helps eliminate stress and discomfort on finger joints.

This multi-purpose device easily opens snap bottle caps, twist caps, beverage cans and jars.

NC24011



Requires no pressure to operate once activated.

NEW! ERGO™ CORDLESS CAN OPENER

Lightweight, cordless design is comfortable and easy to use.

This light and compact can opener recharges in its storage base. The contoured, ergonomic handle provides a secure grip and feels comfortable in the hand. Opens over a dozen cans of all sizes on a single charge. Requires no pressure to operate once the “Power Pierce” cutting mechanism has been pressed down and activated. Shuts off automatically. The removable cutting blade is easy to clean and dishwasher safe. Unit (without base) weighs only 6 oz. (170g).

NC28213



NEW! BLACK & DECKER® LIDS OFF™ DELUXE AUTOMATIC JAR OPENER

One-touch operation saves time and simplifies the task of opening jars.

This easy-to-use, electric jar opener requires no strenuous twisting and is ideal for people with limited hand strength. Adjusts to fit and open jars with a height of 2" to 8" (5.1 to 20cm) and up to 4 1/8" (10cm) wide. Compact design collapses down to 8" (20cm) high for easy storage. Saves time and simplifies the task of opening jars.

NC28232



TWIXIT™ BAG CLIPS

No-fuss bag closures.

These clips help retain the freshness of bread, chips, or anything in a cellophane, plastic or paper bag. Colorful plastic clamps snap open and close with just one hand. Write the contents and date on the top surface of the clip. Pencil or water-based marker rinses off easily. Assortment of 12 clips includes two 5¼" (13 cm) clips, four 4¼" (11 cm) clips and six 2¼" (5.7 cm) clips.

NC28263 Assortment (12)



MILK CARTON OPENER

Just slide and pierce to open!

This device is especially useful for people with decreased hand strength or dexterity. Made of smoothly finished beechwood. First, use the split opening at the end of the curved piece to open the carton flaps. Then pierce the carton with the slender metal prong and pull to open. Wooden dowel covers the tip for safe storage.

NC28299

BAG OPENER WITH MAGNET

Just squeeze and slide to use.

This handy, easy-to-use device has a sharp point that punctures and slits open plastic bags. Use the magnet to keep the opener in a convenient place, such as on a refrigerator door. Ideal for persons with weak wrists. Made of lightweight plastic. Sold in a package of three.

NC28282 (3)



ZIPPER BAG SEALER

Close zipper bags the easy way.

Simply slide the bag's zipper opening through the groove to seal bags quickly and easily. The Zipper Bag Sealer is ideal for one-handed use. Mounts with self-adhesive backing.

NC28304



DELUXE SUCTION BOTTLE BRUSH

Clean bottles and glasses inside and out.

This bottle brush allows thorough washing. Great for one-handed use. The two brushes measure 6" (15 cm) long. Suction base secures best to the bottom of the sink. Household dishwasher safe.

NC28222



PAN HOLDER

Keeps pots in place for stirring.

Stirring with one hand is easy using the Pan Holder. Place pan handle in the slot of the steel-wire frame. Attach to the stovetop with suction cup feet. Accommodates different sizes of pots and pans. Epoxy coating prevents scratches on ranges and cookware.

NC28221

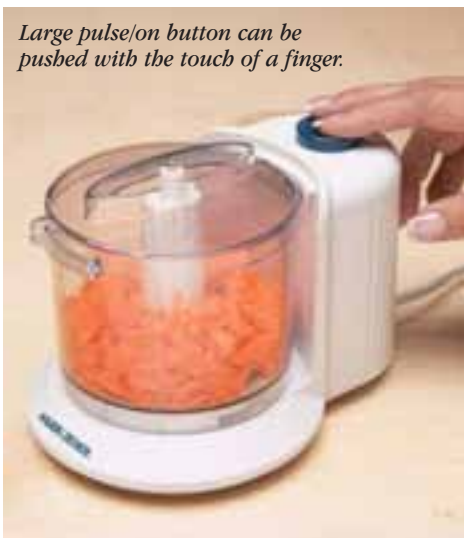


SPREADBOARD

Bread holder is ideal for one-handed use.

Spread condiments with little effort using this easy-to-clean plastic holder. Nonslip feet and a downward-curved lip keep the Spreadboard securely in place. Top rack dishwasher safe.

NC35789



Large pulse/on button can be pushed with the touch of a finger.

ONE-TOUCH CHOPPER

Compact chopper is great for everyday use.
 Ideal for one-handed use. Features a durable 1½ cup (355ml) capacity bowl with safety-lock lid and a stay-sharp, bi-level curved blade. Large push button with pulse allows easy control for coarse chopping to fine mincing. 110 volts AC. Bowl, blade and lid are dishwasher safe.
 NC28252



Rocking "T" Knife sold separately on page 194.

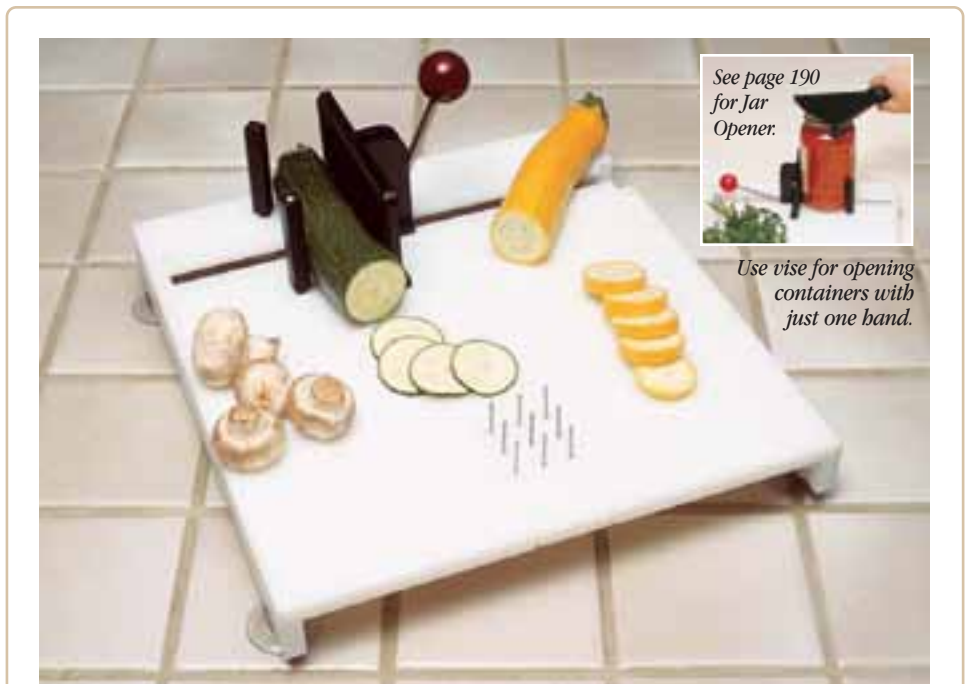
MAPLE CUTTING BOARD

Handmade cutting board features quality craftsmanship that will last for years.
 Made of solid maple with a smooth finish. Features stainless steel nails to hold vegetables and wooden guards that keep food from falling off the board. Rubber feet secure the cutting board to surfaces. Maple Cutting Board measures 11" (28cm) square. Weighs 3¼ lbs. (1.5kg). Clean with dish soap and water.
 NC28503



WATERPROOF CUTTING BOARD

Aluminum spikes hold food for safe cutting.
 Cut and prepare food on the polyethylene Waterproof Cutting Board. Aluminum spikes hold food while cutting. Durable board has rounded edges and is easy to clean. Four rubber suction feet anchor the board securely to the surface. Two polyethylene food guards prevent food from sliding off the board. The small board measures 7½" (19cm) square and weighs 1¼ lbs. (.57kg). The large board measures 11" (28cm) square and weighs 2¼ lbs. (1.0kg). Dishwasher safe.
 NC28216 Small
 NC28505 Large



See page 190 for Jar Opener.

Use vise for opening containers with just one hand.

SWEDISH CUTTING BOARD

Vise holds food for one-handed cutting.
 This adaptable cutting board can be used to slice and grate food or hold mixing and salad bowls. Designed for one-handed use, with stainless steel spikes and a vise for holding food and objects. The vise can be used to hold jars while opening lids. Rubber suction feet secure the board to surfaces. White plastic board measures 12" x 11" (30 x 28cm). Weighs 3 lbs. (1.3kg). Clean with dish soap and water.
 NC28502



GOOD GRIPS® ROLLER KNIFE

Rolling action is easy on hands.

Stainless steel blade with the patented Good Grips® handle. Cuts easily through pizza and other foods on flat surfaces. Household dishwasher safe.

NC65601



GOOD GRIPS® UTILITY AND SLICER KNIVES

Ideal for almost any cutting job.

Utility Knife has a 5" (13cm) blade. The Slicer Knife has an 8" (20cm) blade. Patented Good Grips® handle. Household dishwasher safe.

NC65603 Utility Knife 5" (13cm)

NC65609 Slicer Knife 8" (20cm)



MEAT CUTTER KNIFE

Wide blade makes one-handed cutting simpler.

Stainless steel blade measures 4¼" (11cm) long. Weighs 1½ oz. (43g). Household dishwasher safe.

NC28242

ROCKING "T" KNIFE

Easy cutting for people with a weak grasp.

This easy-to-use knife utilizes rocking motion to cut food. Wooden handle is shaped to fit the hand. The safety edge, stainless steel blade measures 4½" (11cm) and may be sharpened with a knife sharpener. Household dishwasher safe.

NC28237



ROCKER KNIFE WITH SOLID HANDLE

Ideal for one-handed use.

Made of stainless steel. Sharp, tapered blade measures 4⅞" (11cm) long. Weighs 3 oz. (85g). Institutional dishwasher safe.

NC28272



SWEDISH STEAK KNIFE

Large, angled handle properly positions fingers.

Wide, stainless steel blade measures 8" (20cm) long and requires minimal pressure to cut. Weighs 6 oz. (170g). Household dishwasher safe.

NC28239



SWEDISH FORK-KNIFE

Ideal for food preparation.

The stainless steel blade with small serrations is useful for most kitchen jobs. Large, heavy-duty plastic handle. Two-pronged, fork-like tip can be used to spear food. Blade measures 4½" (11cm) long. Weighs 3⅜ oz. (94g). Household dishwasher safe.

NC28425



STRAIGHT SWEDISH KITCHEN KNIFE

Requires minimal pressure to cut.

The enclosed handle on this knife is ideal for persons with a weak grasp. Stainless steel blade measures 9" (23cm) long. Weighs 5½ oz. (156g). Household dishwasher safe.

NC28233



SWEDISH BREAD AND ALL-AROUND KNIFE

Great for general kitchen use.

Ideal for clients with arthritis or tendinitis. Blade measures 6½" (17cm) long. Weighs 5½ oz. (156g). Household dishwasher safe.

NC28238



Swivel Peeler

Y Peeler

GOOD GRIPS® PEELERS

Patented Good Grips® handle provides a secure hold to safely peel vegetables.

These cushioned, built-up grips won't slip in the hand, even when wet. Minimal wrist movement is required to use the Swivel Peeler. The blade on the Y Peeler also swivels, but requires good movement in the wrist, elbow and shoulder. Both of these high-quality peelers have potato eye removers and stainless steel blades. Good Grips® Peelers are household dishwasher safe.

NC28219 Y Peeler

NC65602 Swivel Peeler

Good Grips™ eating utensils on pages 198-199.



Snug fit between guard and plate.

Clear, strong polycarbonate plastic.

SUREFIT™ CLEAR FOOD GUARD

Attractive enough for any table.

The inconspicuous design of the SureFit™ Clear Food Guard makes it ideal for home use or when dining out. Clear polycarbonate plastic is strong and functional, yet attractive. A snug fit means that the guard stays on the plate securely when food is scooped up against it. Tapered ends prevent interference with utensils. The grooved edge simply slides onto the plate, forming a gapless fit. Can be attached quickly, even by clients with the use of just one hand. Fits plates with a diameter of 8½" to 10" (21 to 25 cm). Guards nest together for compact storage. Top rack, household dishwasher safe.

NC35244



STAINLESS STEEL FOOD GUARD

Provides a snug fit so food won't slide off the plate.

The "springy" Stainless Steel Food Guard can be attached easily, even by persons with the full use of only one hand. Guards clip on the plate for easy attachment. **Small** fits most plates with a diameter of 6" to 8" (15 to 20 cm). **Large** fits most plates with a diameter of 8" to 10" (20 to 25 cm). Both food guards measure 1½" (3.8 cm) high. Designed to nest together for compact storage. Institutional dishwasher safe.

NC35241-1 Small
NC35241-2 Large



Clips onto edge.



SUREFIT™ PLASTIC FOOD GUARD

Contoured edge helps keep food on the plate.

This strong plastic food guard hugs the rim of a dish securely. Guard measures 1¼" (3.2 cm) high and fits plates with a diameter of up to 10¾" (27 cm). Ideal for one-handed use. Easy to attach and remove. Microwave and top rack, household dishwasher safe.

NC35213 White
NC35213-BL Blue
NC35213-OR Orange



INNER LIP PLATE™ AND SUCTION LIP PLATE

Encourage independent eating.

Special lip design prevents spills by letting food be pushed to the side of the plate, for easy scooping. Ideal for one-handed dining. Both plates have a depth of ½" (13 mm) and a diameter of 9" (23 cm). The **Inner Lip Plate** is household dishwasher safe and may be microwaved or autoclaved. The **Suction Lip Plate** secures to the table using suction feet, is household dishwasher safe and should not be microwaved.

NC34123 Inner Lip Plate™
NC35230 Suction Lip Plate

Replacement Suction Cups
NC35230-1 (3)



THE ORIGINAL BAGEL GUILLOTINE

Safely slices bagels of all sizes.

An angled shelf on the wide base holds the bagel while two clear acrylic safety shields keep fingers away from the patented, serrated blade. Just insert the bagel and push down the handle for neat, even slicing. Nonstick, high-carbon stainless steel blade can be cleaned easily. Top rack dishwasher safe.

NC28231



TOSS & CHOP™

Chop salad, vegetables and fruit with one hand, right in the bowl.

Ergonomically designed handle with soft rubber grips is spring loaded for easy use. High quality stainless steel blades with micro-serrated edges never need sharpening. Latch keeps blades closed for safe storage. Dishwasher use is not recommended. Lifetime manufacturer's warranty.

NC24013



Nonskid GripWare™ is economical, durable and dishwasher safe!

Secure, nonskid feet keep dishes from sliding. Enlarged to show detail.



GripWare™ is a unique line of dishes that feature round, nonskid feet. The feet have a textured rubber surface that grips tabletops and helps prevent plates from sliding. GripWare™ dishes instill confidence by helping to maintain a clean eating environment.

GripWare™ is ideal for people who have the use of only one hand, and for those with limited flexibility or motor coordination, neurological disorders or ataxia.



GRIPWARE™ HIGH-SIDED DISH

High rim makes scooping extra easy.

GripWare™ High-Sided Dishes make independent eating easier. Two styles are available. Both dishes have a diameter of 7¾" (20cm) and sides that measure 1¼" (3.2cm) high. The **Regular** dish maintains the same height around its circumference. The **Cutout Edge** dish has a sloping side that tapers to ½" (13mm) high, for easier entry of utensils. Both styles are made of melamine and should not be microwaved. Household dishwasher safe.

- NC35225 Regular
- NC35226 Cutout Edge



GRIPWARE™ PARTITIONED SCOOP DISH

Compartments keep food separated and provide more surfaces for scooping.

This partitioned dish measures 8¾" (22cm) in diameter. Dividers measure ¾" (19mm) high. Each of the small sections holds 4 fl. oz. (118ml), and the large section holds 8 fl. oz. (237ml). The GripWare™ Partitioned Scoop Dish is made of melamine and should not be microwaved. Household dishwasher safe.

NC35699



GRIPWARE™ ROUND SCOOP DISH

The low front and high back are ideal for persons with limited motor coordination or the use of only one hand.

Dish measures 8" (20cm) in diameter. Available in plastic or melamine. The plastic dish is microwave safe and can be gas autoclaved. The melamine dish should not be microwaved. Both styles are household dishwasher safe.

- NC32514 Plastic
- NC32515 Melamine



GRIPWARE™ SCOOP DISH

Grooved lip on the rim helps hold the utensil.

Dish measures 9" (23cm) in diameter. Curved edges allow food to be scooped up more easily by persons with limited motor coordination. Utensils can rest in the groove on the rim. The GripWare™ Scoop Dish is made of melamine and should not be microwaved. Household dishwasher safe.

NC39252

Side helps scoop.



PARTITIONED DISH

Compartments keep foods separated.

Dish measures 9" (23cm) in diameter. Ideal for institutional use. The two small sections hold 4 fl. oz. (118ml) each. The large section holds 8 fl. oz. (237ml). Outer wall measures 1" (2.5cm) high and dividers measure ⅝" (16mm) high. Polycarbonate plastic resists scratching. The Partitioned Dish is microwave and institutional dishwasher safe.

NC35233



WEIGHTED UTENSILS

Contoured handle is weighted for stability.

Easy to grasp and shaped to fit the fingers, these utensils have 8 oz. (227g) of additional weight completely enclosed in the 1" (2.5cm) diameter handle. The heavier, oversized handle adds stability and control, and is ideal for persons with limited hand function, Parkinson's disease, tremors or spasticity. Plastic handle measures 4½" (11cm) long. Dishwasher safe up to 125° F (52° C).

- NC36033 Fork
- NC36031 Teaspoon
- NC36032 Soup Spoon
- NC36034 Knife

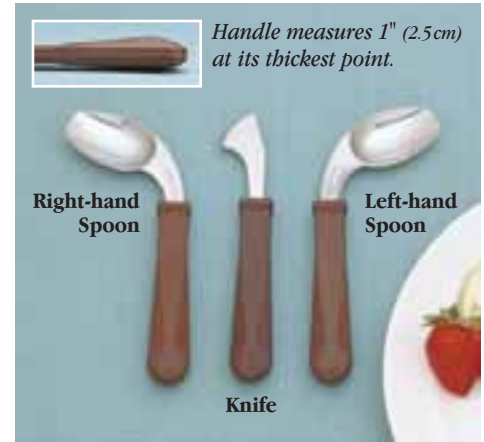


EXTENDED UTENSILS

Longer handles for people with a limited range of motion.

These lightweight utensils are ideal for clients whose reach is limited. The nonslip, built-up handles measure 1" (2.5cm) in diameter. The total length of large spoon is 15¾" (40cm), fork is 16½" (42cm) and small spoon is 15" (38cm). These stainless steel utensils are institutional dishwasher safe.

- NC65575 Large Spoon
- NC65576 Small Spoon
- NC65577 Fork



MELAWARE CUTLERY

Cone-shaped handles fit the hand.

These lightweight utensils feature easy-to-grasp polypropylene handles. The handles measure 1" (2.5cm) in diameter at the base and taper to ¾" (19mm). The knife blade will cut with either slicing or rocking motions. Left and right spoons are designed for decreased wrist motion and are angled for use with the respective hand. These stainless steel utensils are institutional dishwasher safe.

- NC36041 Knife
- NC36043 Left-hand Spoon
- NC36044 Right-hand Spoon



COMFORT GRIP UTENSILS

Nonslip grips rotate for better control.

Ideal for anyone with a poor grip, these utensils allow maximum control with minimum effort. Lightweight with a sturdy, nonslip, 1" (2.5cm) diameter grip that rotates to accommodate most eating difficulties. Ridges on the handle help position fingers for a more secure grip. Suitable for rehabilitation center use, but attractive enough for use at home. These stainless steel utensils are institutional dishwasher safe.

- NC65571 Fork
- NC65572 Knife
- NC65573 Teaspoon
- NC65574 Tablespoon



AMEFA ANGLED UTENSILS

Curved utensils make eating easier.

Ideal for people with limited hand and wrist range of motion. The fork and spoon have curved, tapered handles that fit comfortably in the hand. Serrated knife blade is curved for rocking action. The curved handle measures approximately 5" (13cm) long and 1¼" (3.2cm) in diameter. Fork and spoon are sold individually for the left or right hand. Knife is designed for either hand. These stainless steel utensils are institutional dishwasher safe.



- | Left | Right | |
|---------|---------|-----------------|
| NC36055 | NC36056 | Fork |
| NC36057 | NC36058 | Spoon |
| NC36060 | | Universal Knife |



PLASTIC HANDLE SWIVEL UTENSILS

Food stays on these swivel utensils.

Useful when wrist or finger motion is absent or limited. Plastic Handle Swivel Utensils stay level so food doesn't slide off. The ¾" (19mm) diameter plastic handle can be grasped easily and improves holding patterns. Each utensil weighs 1 oz. (28g). These stainless steel utensils are household dishwasher safe.

- NC36350 Teaspoon
- NC36351 Soup Spoon
- NC36352 Spork
- NC36353 Fork

Good Grips® Utensils
*Easy to hold.
 Soft, non-slip handle.*



Fork

Small Spoon

Teaspoon

Tablespoon

Rocker Knife



Hold the handle firmly.



Bend left or right.



Adapted for custom use.



Twist in shaft allows angle adjustment to utensil. Bend for use in the left or right hand.



Soft, flexible ribbing adapts to any grip.



The large cushioned grip is comfortable to hold.



Made of stainless steel. Dishwasher safe.



Rounded knife blade makes cutting easy. Only minimal arm strength is needed to cut.

Good Grips® cutlery with a twist! Available only at North Coast.



Good Grips® utensils are ideal when wrist bending, grasping or eating motions become difficult.

GOOD GRIPS® UTENSILS

Cushioned grip keeps the utensil in the hand—even when wet!

Good Grips® stainless steel utensils feature a 1 3/8" (3.5 cm) built-up handle. The soft, latex-free material has flexible ribbing that adapts to any grip. This handle design is so unique, it has a U.S. patent. The forks and spoons have a special twist built into the metal shaft that allows them to be bent to any angle, for either left- or right-handed use. A great solution for persons with arthritis, CVA or neurological impairments. Institutional dishwasher safe.

- NC65591 Fork
- NC65592 Rocker Knife
- NC65593 Teaspoon
- NC65594 Tablespoon
- NC65595 Small Spoon

Try all five Good Grips® in a complete cutlery set!

Fork, small spoon, teaspoon, tablespoon and rocker knife.

NC65599 Good Grips® Sampler

Rocker Knife with Serrated Blade is ideal for cutting meats.



NC65585 Rocker Knife with Serrated Blade

GOOD GRIPS® COATED SPOONS

Ideal for persons with biting reflexes and limited coordination.

All the features of Good Grips® cutlery with a Platisol™ coating that protects teeth and lips. Ideal for clients with spasticity or limited hand control. Not recommended for those with heavy biting reflexes. Can be used with the Goodie™-Strap (sold below). Hand washing in cold water will prolong product life. The Sample Kit includes one each of the three coated spoons.



- NC65596 Small Spoon
- NC65597 Teaspoon
- NC65598 Tablespoon
- NC65600 Sample Kit

GOOD GRIPS® SOUPER SPOON™

Raised lip is ideal for persons with tremors or poor hand control.

The innovative lip of the Souper Spoon™ is specially designed to prevent spills while moving the spoon from the plate to the mouth. Liquids and food stay on the spoon where they should be! The one-piece, stainless steel lip is easy to clean and fits smoothly in the mouth. Available in two handle styles. The **Standard Souper Spoon™** has a flat stainless steel handle and measures 6¾" (17cm) long. It is ideal for clients who have a normal grasp and for the general long-term care population. The **Good Grips® Souper Spoon™** features the Good Grips® handle and special twist in the metal shaft. The total length measures 7⅛" (18cm). The Good Grips® model is ideal for persons with arthritis, CVA, Parkinson's disease or neurological impairments.

Both models are institutional dishwasher safe. The Standard Souper Spoon™ is available in a package of six.

- | | |
|----------------------------------|-------------------------------|
| Good Grips® Souper Spoon™ | Standard Souper Spoon™ |
| NC65590 | NC65587 (6) |

GOOD GRIPS® WEIGHTED UTENSILS

Extra weight helps minimize tremors while eating.

The 6 oz. (170g) of added weight in the built-up handle provides more control so that the utensil reaches the mouth easier. Ideal for persons with limited hand control, Parkinson's disease or spasticity. All weighted utensils provide the same benefits as the standard Good Grips® Cutlery (page 198). Sample Kit includes one each of the five utensils.



Textured, weighted handle is secure in the hand.

- NC65560 Fork
- NC65561 Teaspoon
- NC65562 Tablespoon
- NC65564 Souper Spoon™
- NC65565 Rocker Knife
- NC65560-S Sample Kit

GOODIE™-STRAP



Accommodates large handles.

This expandable elastic strap fits almost any size hand. Two loops accommodate various handle sizes. **Regular** strap fits all Good Grips® utensils and other large or built-up handles. The **Pediatric** strap fits handles with a circumference of approximately 2½" to 3" (6.4 x 7.6cm) and a length of at least 3" (7.6cm). Machine wash and air dry.



- NC35342 Regular
- NC35341 Pediatric



Utensil not included.

GOOD GRIPS® PEDIATRIC SPOON



Specially sized for children.

This spoon has the same features as the Good Grips® spoons (page 198) but with a smaller handle and bowl that are ideal for pediatric use. Total length measures 6½" (17cm). Can be used with the Pediatric Goodie-Strap™ (sold left). NC65588



- Good Grips® Spoon**
 - Pediatric Good Grips® Spoon**
- Both the spoon bowl and handle are specially sized for a child.*



CARE SPOONS

Helps decrease biting reflex.

Made of lightweight, ABS plastic. Small bowls help control food intake. Care Spoons measure 6" (15 cm) long and ½" (13 mm) in diameter. Small spoon has a 1" (2.5 cm) bowl. Large spoon has a 1¼" (3.2 cm) bowl. Household dishwasher safe.

NC34406-1 Small (10)

NC34406-2 Large (10)



PLASTIC COATED SPOONS

Coating on economical spoons protects teeth and lips.

The special, thick Plastisol™ coating on these Plastic Coated Spoons protects teeth and lips during use. Excellent for clients with spasticity or limited hand control. Not recommended for those with heavy biting reflexes. Handle measures ½" (13 mm) in diameter at end. Hand washing in cold water will prolong product life.

NC44258 Youthspoon

NC44259 Teaspoon



HARDCOATED UTENSILS

Helps protect teeth and lips while eating.

The plastic coating on these utensils protects teeth and lips of clients with a biting reflex, limited hand control or hypersensitivity to temperature. Not recommended for persons with heavy biting reflexes. Edges stay smooth, even after washing. Handle measures ½" (13 mm) in diameter at the end. Hand washing in cold water will prolong product life.

NC36093 Spoon

NC36094 Long Spoon

NC36095 Soup Spoon

NC36096 Tablespoon



HAND CLIP WITH POCKET

Pocket pivots to the desired angle.

This holder allows the utensil to turn right and left to accommodate a variety of tasks. Durable Kydex® plastic palm clip can be modified with a heat gun. Fits either the left or right hand.



NC35340



NORCO™ UNIVERSAL CUFF

Economical, adjustable holder.

Cutlery, pens and pencils can be held with the Norco™ Utensil Holder. The hook and loop closure with D-ring strap adjustments to fit palms measuring 7" to 8" (18 to 20 cm) circumference. Easy to put on and take off. In the palm area of the cuff, the added pocket measures 3" long x 1" wide (7.6 x 2.5 cm) and is sewn closed on one end. Made of comfortable cotton. Machine wash, gentle cycle, air dry.

NC35344



RIGHT-ANGLE POCKET

Hold items at a 90° angle.

Provide vertical orientation of utensils with this holder. Metal extension slips into the pocket of cuffs, holders, clips and wrist supports found on this page and/or page 201. A rivet allows the pocket to move from side to side while maintaining a 90° angle.



NC21025



WRIST SUPPORT WITH UNIVERSAL CUFF

Position the hand in the desired degree of extension with this durable wrist support.

When used for wrist drop, both the Standard and Deluxe Wrist Support with Universal Cuff are durable and effective opponen splints. Each have a bendable leather-covered metal dorsal support with leather arm straps. The **Standard Model** features a leather universal cuff with pocket built into the palmar strap. The **Deluxe Model** features a 2 5/8" (6.6cm) deep Kydex® palmar cuff with leather pocket riveted to the cuff.

Left	Right	Deluxe
NC35321	NC35322	Child
NC35323	NC35324	Adult
NC35325	NC35326	Large Adult
Left	Right	Standard
NC35331	NC35332	Child
NC35333	NC35334	Adult
NC35335	NC35336	Large Adult

Sizing Chart		
Size	Length	MP Width
Child	4 1/4" (11cm)	2" to 3 1/2" (5.1 to 8.9cm)
Adult	7 1/2" (19cm)	3 1/2" to 4" (8.9 to 10cm)
Large Adult	8 3/4" (21cm)	4" to 5" (10 to 13cm)

Size is determined by measuring the width of the band at the MP joints.



QUAD-CARE UTENSIL HOLDER

Specially designed for people with quadriplegia.

This handstrap with utensil pouch helps persons with limited or no grip to use cutlery and writing instruments. The cone-shaped plastic grip has hook and loop closure on a D-ring strap. Can be adjusted to fit palms measuring 7" to 9" (18 to 23cm) in circumference. Handstrap is easy to put on and take off.



NC28433

ADL UNIVERSAL CUFF

Soft elastic band fits perfectly every time.

Eating utensils fit easily into the ADL Universal Cuff. Includes a utensil pocket to hold the item of choice, and a comfortable elastic strap to keep the unit secured on the hand. Designed to give persons with limited grip or dexterity controlled use of items such as eating utensils and writing tools. This durable, high-quality utensil cuff will provide years of reliable use. Made of elastic with a 4" (10cm) long leather pocket. To size, measure the width of the hand just below the MP joints.

		Width below MP joints
NC35337	S	3" to 3 1/2" (7.6 to 8.9 cm)
NC35338	M	3 1/2" to 4" (8.9 to 10 cm)
NC35339	L	4" to 4 1/2" (10 to 11 cm)

NORCOI UNIVERSAL QUAD CUFF

Comfortable cuff accommodates items of varied sizes.

The Norco™ Universal Quad Cuff is ideal for persons with limited hand function. Securely holds various sized handles, including feeding utensils, writing instruments and grooming aids. Cylindrical foam offers a padded palmar area that naturally fits the arches of the hand. Cuff secures to the hand using a D-ring hook and loop strap for independent donning and doffing. One size fits all. See page 169 for other applications.

NC35350



GOOD GRIPS® PEDIATRIC SPOON

Specially sized for children.

This spoon has the same features as the Good Grips® Spoons sold on page 198 with a smaller handle and bowl. Institutional dishwasher safe. Total length is 6" (15cm). Spoon can be used with the Pediatric Goodie-Strap™ (NC35341), also shown on page 199.

NC65588 Pediatric Spoon

NC35341 Pediatric Goodie-Strap™



Hold firmly.

Bend left or right.

Adapted for custom use.

Twist in shaft allows adjustment to any angle.

Soft, flexible ribbing adapts to any grip.

Large cushioned grip is comfortable to hold.



Use the Pediatric Goodie-Strap™ (page 199) for a more secure grip.



SCOOPER BOWL

Rolled-edge helps children avoid spills.

Prevent spills and overflow with the Scooper Bowl. Children will love the unique shape. Rubber-ring base prevents sliding. Bowl has a 5" (13cm) diameter. Unbreakable. Top rack household dishwasher safe.

NC35228



FLEXI CUT CUP

Drink without neck extension.

Unlike other cutout cups, the Flexi Cut Cup can be squeezed gently to change the shape of the cup lip for easier drinking. Cup is made of flexible plastic. Top rack household dishwasher safe. Sold in a package of five.



Pink 1 fl. oz. (30ml)

NC35278 Pkg. of 5

Blue 2 fl. oz. (59ml)

NC35275 Pkg. of 5



SURE-GRIP MUG

Deep grooves offer a comfortable, secure grip for hands of all sizes.

This stackable, polycarbonate drinking cup is suitable for hot or cold liquids. Holds 7 fl. oz. (207ml) and is microwave safe. The included small hole lid has a 1/4" (6.4mm) diameter hole. The optional lid has a 5/8" (16mm) wide oval hole and is sold separately. Large hole allows drinking while reclined. Mug and spill-proof lids are household dishwasher safe. Colors may vary.



NC35286 Mug w/ small hole lid

NC35288 Lid w/ large hole



DOIDY CUP

Unique angle reduces the need to tilt the head when drinking.

Children will love drinking from the Doidy Cup. The unique shape is appealing to children while making drinking easy. Two handles fit small hands. Holds up to 6 1/2 fl. oz. (192ml). Household dishwasher safe.

NC34407

Adjust Drinking Straws to the ideal angle.



DRINKING STRAWS

Adaptable straws are reusable.

Drinking straws are available in Plexiglas® and flexible polyethylene. All straws measure 18" (46cm) long. The **Flexible** straw has a 5/16" (7.9mm) hole and can be shaped easily by hand. The **Plexiglas®** straw has a 1/4" (6.4mm) hole and can be adjusted to any angle with a heat gun. Hand wash.

- NC35263 Flexible (10)
- NC35264 Plexiglas® (5)



SPILL PROOF™ KENNEDY™ CUP

Designed specifically for rehabilitation use.

Lightweight, easy-to-grip cup has a sturdy, screw-on lid. This cup will not spill and can be used in either a reclined or seated position. Liquid is dispensed only as the client sucks on the straw. Liquid level is visible and can be monitored easily. Holds up to 7 fl. oz. (207ml). Cup is household dishwasher safe and autoclavable.



NC35224



DYSPHAGIA MUG

Unique shape provides control for persons with dysphagia.

Mug directs the flow of liquids to the center of the mouth. Allows for drinking liquids or thickened liquids without tilting the head back. Large handle is ideal for persons with weak grasps. Mug holds 8 fl. oz. (237ml). The weighted base adds stability. Household dishwasher and microwave safe. Autoclavable. Color may vary.

NC35269



THUMBS UP™ CUP WITH LID

Ideal for people with arthritic hands.

Two thumb rests make this uniquely designed cup ideal for the arthritic hand. Insulated, molded plastic keeps liquids hot or cold longer, while keeping the outside of the cup comfortable to the touch. Cup holds 8 fl. oz. (237ml). Liquid ounce and metric measurements are marked inside. Weighs 4 oz. (118ml). Plastic lid with drinking spout helps prevent spills. Cup and lid are top rack dishwasher and microwave safe.

- NC35282 Cup with Lid
- NC35271 Replacement Lid



PLASTIC CUP WITH LID

Choose the lid that suits the need.

The sturdy, textured Plastic Cup with Lid is available with either a Snorkel Lid or Snap On Lid. Holds 8 fl. oz. (237ml). Replacement lids are available in a package of 6. Institutional dishwasher safe.

- NC35276 Cup w/ Snorkel Lid
- NC35277 Cup w/ Snap On Lid
- NC35255 Snorkel Lids (6)
- NC35256 Snap On Lids (6)



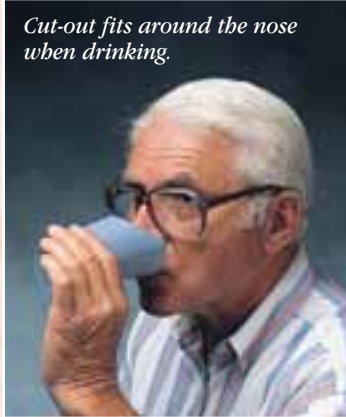
DRINKING STRAW HOLDER

Spring clip fits any size cup.

Snap this plastic straw holder to the edge of any glass or cup. Features eight holes to accommodate straws of all sizes at comfortable angles.

NC35265





NOSE CUT-OUT TUMBLER

Drink without tilting the head.

Ideal for people who choke easily or cannot tilt their heads back due to neck injuries. Useful for children who have cerebral palsy. The cutout fits comfortably around the nose when drinking. The 2 7/8" (7.3cm) wide opening allows the therapist to observe the liquid going into the client's mouth. The blue tumbler is made of a rigid, hard plastic. The clear tumbler is made of flexible polypropylene plastic. Three sizes available: 4 fl. oz., 8 fl. oz. and 12 fl. oz. (118ml, 237ml, and 355ml). Household dishwasher and microwave safe.

Non-Flexible Blue

NC35273-08 8 fl. oz. (237ml)

Flexible Clear

NC35274-04 4 fl. oz. (118ml)

NC35274-08 8 fl. oz. (237ml)

NC35274-12 12 fl. oz. (355ml)



NEW! THE PROVALE™ CUP

Delivers small, measured swallows with every normal drinking motion.

Specifically designed for patients with dysphagia, these cups deliver thin liquids like water and nutritional supplements in a measured amount to prevent choking. The **Blue Cup** accurately delivers a 5 cc (.17 fl. oz.) sip and the **Brown Cup** delivers a 10 cc (.34 fl. oz.) sip. Patented mechanism prevents over-delivery of fluid. Ample nose clearance minimizes head tilt. The Provale™ Cup may help eliminate the need for pre-thickened liquids and improve mealtime independence. Attach one or two of the included easy-grip handles as needed. Both cups have an 8 fl. oz. (237ml) capacity. Easy to disassemble for cleaning. Institutional dishwasher safe.

Blue Cup

NC35284-1 5 cc (.17 fl. oz.) fluid delivery

Brown cup

NC35284-2 10 cc (.34 fl. oz.) fluid delivery



INSULATED MUG WITH LID

Keep drinks at the right temperature.

The **Insulated Mug with Lid** helps keep liquids hot or cold longer. Straw hole directs the flow of liquid. Made of durable polypropylene. Mug holds 12 fl. oz. (355ml), measures 5 5/8" (14cm) tall and weighs 5 oz. (142g). Household dishwasher and microwave safe.

The **Weighted Insulated Mug with Lid** has the same features as the Insulated Mug with Lid, with the added feature of a weighted rubber base that helps prevent accidental tipping. Ideal for people with tremors. Weighs 9 1/2 oz. (269g). Household dishwasher safe but cannot be microwaved. Replacement lids for both mugs are available in a package of six.

NC35251 Insulated Mug with Lid

NC55632 Weighted Insulated Mug with Lid

NC35256 Replacement Snap On Lids (6)



MELAWARE CUP

Persons with limited grasp can hold this cup confidently.

The thumb and index finger slip easily around the narrow stem of the Melaware Cup. Ideal when finger strength is decreased. Holds 8 fl. oz. (237ml). Cup is made of melamine and should not be microwaved. Institutional dishwasher safe.

NC35220



CLEAR CUP

A choice of lids adapts this mug to each individual's needs.

This clear, polycarbonate, single-handle cup includes two lids that accommodate different drinking preferences. One lid has a feeding spout with a hole that measures 1/16" (1.6mm) in diameter and the other is an anti-splash lid. Both lids have a convenient straw hole. The Clear Cup holds 10 fl. oz. (296ml) and is institutional dishwasher safe. Wash lids in warm, soapy water. Cup and lids are microwave safe.

NC36155



WONDER FLO VACUUM CUP

Regulate flow with the push of a button.

The Wonder Flo Vacuum Cup allows a person to drink while in a reclined position. The spout has a 1/16" (1.6mm) diameter hole that prevents spillage. Press the rubber button to release liquid flow into the mouth. Cup is made of soft, autoclavable plastic. Holds 8 fl. oz. (237ml). Household dishwasher and microwave safe. Replacement lids and buttons are available.

NC35261 Cup
 NC35261-RL Lids (3)
 NC35261-RB Buttons (12)



FEEDING CUP AND BASE

Sturdy base prevents tipping.

Prevent dribbles and spills with the Feeding Cup and Base. The mouth-piece hole will accommodate a drinking straw. The cup is securely positioned with a 5" (13cm) diameter base. Made of sturdy polyethylene plastic. Cup holds 8 fl. oz. (237ml). Cup and base are sold separately. Institutional dishwasher safe and autoclavable.

NC35266 Cup
 NC35267 Base



FEEDING CUP WITH FLOW CONTROL

Allows drinking without raising the head.

Press the soft rubber button to release a small amount of liquid. Cup holds 8 fl. oz. (237ml) and is marked at 4 fl. oz., 6 fl. oz. and 8 fl. oz. (118ml, 177ml and 237ml) levels. Hole in the spout measures 1/16" (1.6mm). Replacement buttons are sold separately in a package of 12. Institutional dishwasher safe and autoclavable.

NC35268 Cup
 NC35268-RB Buttons (12)

MUG WITH LID AND HANDLES

Monitor liquid levels with this see-through mug.

These clear plastic mugs can be used with or without the included lid. Spout directs the flow of liquid. Two large handles provide easy grasping and the wide base helps prevent spills. The **Regular** and **Weighted** mugs hold 10 fl. oz. (296 ml) and are household dishwasher safe. The Regular mug is microwave safe. Replacement mug lids are available separately.



Mug with Lid and Handles

The **Weighted Mug with Lid and Handles** has a 10 oz. (284g) base. Ideal for people with Parkinson's, limited hand control, tremors or spasticity. Not for use in a microwave oven.

NC36270 Regular
 NC36270-RL Replacement Lid
 NC36271 Weighted

Weighted Mug with Lid and Handles

Weighted base prevents tipping and is ideal for people with tremors.



FEEDING CUP WITH LONG SPOUT

Modify spout to control fluid flow.

The Feeding Cup with Long Spout features a mouth-piece that is large enough to hold a straw. Spout can be cut down as skills improve. When cut down to the base of the lid, the remaining oval hole measures 7/8" x 1/2" (22 x 13mm). Place a finger over the air vent to easily regulate the flow of liquid. Cups and lids are made of polypropylene plastic. Holds 8 fl. oz. (237ml). Cups are available with or without a handle. Replacement lids are sold separately in a package of three. Feeding Cups and lids are household dishwasher and microwave safe.



Easily control the flow of liquid.

Spout can be cut down as drinking skills improve.

NC35254 Cup
 NC35253 Cup with handle
 NC35254-RL Lids (3)
 NC35254-20 Cups (20)



NORTH COAST™ EATING EVALUATION KIT

Self-contained kit saves valuable time!

This comprehensive kit includes a wide variety of adaptive eating-related products. Equipped to evaluate persons affected by CVA, blindness, dysphagia, arthritis, Alzheimer's, Parkinson's disease, spinal cord injury and generalized upper extremity weakness. Contains the products that therapists find most helpful when treating eating disorders, including specialized utensils, plates, cups, food guards, a laryngeal mirror, Dycem® matting, various diameters of cylindrical foam, and a North Coast Rehabilitation catalog. Hard-sided carrying case protects the contents while providing neat, compact storage. Case measures 16" x 12" x 5½" (41 x 30 x 14 cm).



NC25006

The North Coast™ Eating Evaluation Kit includes one each of the following:

NC65591	Good Grips® Fork*	NC11176	Laryngeal Mirror, Size 00** (can be autoclaved)
NC65597	Good Grips® Plastic Coated Teaspoon ***	NC35103	Dycem® Matting (can be autoclaved) 8" x 2 yd. x ¼"
NC65592	Good Grips® Rocker Knife*		(20cm x 1.8m x 1.6mm)
NC65577	Comfort Grip Extension Fork*	NC35005	Cylindrical Foam Sampler 4" (10cm) long pieces ¾", 1", 1¼ and 1½" diameters (1.9mm, 2.5, 3.2 and 3.8cm)
NC65564	Good Grips® Weighted Soup Spoon* 8 oz. (227g)	NCC2008R	North Coast Medical Rehabilitation Catalog
NC65560	Good Grips® Weighted Fork* 8 oz. (227g)	NC99995	Carrying Case
NC28272	Rocker Knife with Solid Handle**		
NC28237	Rocking "T" Knife*		
NC35344	Utensil Holder		* Household dishwasher safe.
NC35241-2	Stainless Steel Food Guard**		** Institutional dishwasher safe.
NC34123	Lip Plate*		*** Cold water washing will prolong product life.
NC35226	High Sided Dish w/Cutout Edge and Rubber Feet*		
NC35261	Wonder Flo Vacuum Cup*		
NC35273-08	Nose Cut-Out Tumbler**		



Supports the wrist at the top of the movement. Includes an optional roof attachment to help keep arm on slide.



Supports the forearm at the bottom of the movement.

STABLE SLIDE™

Portable self-feeder sets up in minutes.

This easy-to-use feeder guides the arm while moving from the plate to the mouth. Supports the arm throughout the entire eating motion. Reduces the muscular activity needed for self-feeding. Ideal for conditions where upper extremity weakness or poor motor control are present, such as multiple sclerosis, cerebral palsy or Parkinson's disease. Provides tactile biofeedback for tremor dampening and control. Includes a roof attachment that can be used to help keep the arm on the slide for additional safety and tactile feedback. Secures with C-clamp. Height and angle adjustments can be made by hand and with the included hex wrench. Three-year manufacturer's warranty.

NC25008

WINSFORD FEEDER®

This device encourages independence by enabling clients to feed themselves at their own pace.

All that's required to operate the Winsford Feeder® is a slight move of the head, knee, hip or foot. The unit may be controlled by either the chin switch or the plug-in rocker switch. Automated spoon and plate are operated by a 6-volt rechargeable battery. The feeder operates free-standing when using the battery, or it can be plugged into a standard wall outlet using the included charger unit. Plate and bowl rotate for easier accessibility. Height is adjustable.

Includes carrying case, battery, charger, Corelle® dinner plate, bowl, spoon, pusher, chin switch rod, stationary glass holder, turntable, shelf and drip pan.

The Winsford Feeder® measures 12" x 18" (30 x 46cm), and weighs approximately 17 lbs. (7.7kg) with a basic setup. Total weight of the carrying case and all the components is 28 lbs. (13kg). A minimum height of 10" (25cm) from tabletop surface to mouth level is required. An extra rechargeable battery is available.

- NC38011 Feeder
- NC38010-2 Extra Battery



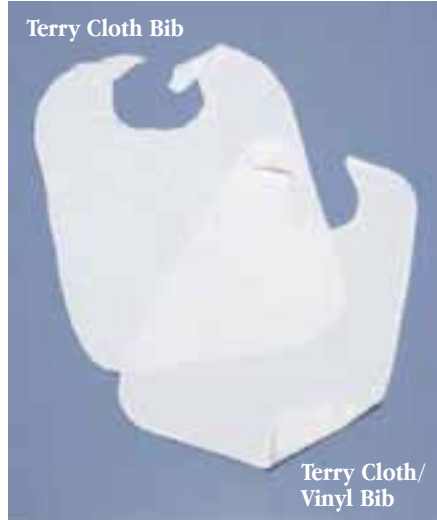
The pusher moves food onto the spoon.

Easy to Operate!



Rocker switch, battery charger and instruction booklet are included.

An informational video featuring The Winsford Feeder® is available online at: www.ncmedical.com



Terry Cloth Bib

Terry Cloth/Vinyl Bib

Both bibs are machine washable and meet compliance law standards.

TERRY CLOTH/VINYL BIB

Provide protection from spilled liquids.

The reversible Terry Cloth/Vinyl Bib is terry cloth on one side and soft vinyl on the other. Neck opening fastens with hook and loop closures. Bib measures 18" x 27" (46 x 69cm). Machine washable. Meets compliance law standards.

NC35404

TERRY CLOTH BIB

Large, soft bib allows for neater, more comfortable mealtimes.

Hook and loop closures makes this bib easy to put on. Made of 90% cotton/10% polyester. Reinforced with cotton binding. Bib measures 21" x 30" (53 x 76cm). Machine washable. Meets compliance law standards.

NC35403

BIB HOLDER

Handy device holds bibs in place.

Two rust-resistant clips are attached with a nylon cord. Total length measures 6" (15cm). Sold in packages of two.

NC35401 (2)



DISPOSABLE PLASTIC BIBS

Throw-away bibs offer convenience.

These large, plastic bibs have perforated tie backs and a handy catch-all pocket in front. Bibs measure 15½" x 19" (39 x 48cm).

Box of 500
NC35405





Jaw Rehabilitation Program includes six Chewy Tubes™, manual and assessment forms.

JAW REHABILITATION PROGRAM

Helps improve jaw stability and provides valuable sensory input to the jaw.

This program provides a step-by-step series of treatment exercises, using Chewy Tubes™, which are designed to improve sensory and motor skills and to strengthen functional patterns of mandibular movement. **Program** kit contains three 3/8" (9.5mm) diameter Chewy Tubes™, three 1/2" diameter (13mm) Chewy Tubes™, 43 page manual, and 25 Assessment Forms. Additional Assessment Forms and Chewy Tubes™ sold separately. **Chewy Tubes™** provide a resilient, non-food, chewable surface for practicing biting and chewing skills. Intended for individual use, Chewy Tubes™ are non-toxic, latex-free and lead-free. They do not contain PVC or Phthalates. The different colors are FDA approved. **Knobby Chewy Tubes™** have added bumps for more oral and tactile stimulation.

Jaw Rehabilitation Program

NC43080

Jaw Assessment Forms

NC43080-F Package of 25

Chewy Tubes™ Diameter

NC43081-Y Yellow 3/8" (9.5mm)
 NC43081-R Red 1/2" (13mm)

Knobby Chewy Tubes™

NC43081-K



Knobby Chewy Tube™

Raised bumps on the surface offer extra oral and tactile stimulation.



THICK-IT®

Reduce the risk of aspiration with this instant food thickener.

Specially formulated for persons with dysphagia or swallowing impairments. Thick-It® dissipates easily, minimizes lumping, does not affect the taste of foods and has no aftertaste. Increases both the amount of nutrients ingested and the variety that a swallowing-impaired menu offers. Adds only 16 calories per tablespoon. Very low in sodium. Helps prevent dehydration because it does not bind fluids. Recommended for institutional or home use. Sold in conveniently sized cans or portion packets.

8 oz. (227g) cans

NC36300 Case of 12

NC36301 Single

30 oz. (850g) cans

NC36302 Case of 6

NC36303 Single

Single serving packets

NC36304 Case of 200



CHEWY TUBES™ P'S AND Q'S

Solid, nontoxic exercisers for practicing biting and chewing skills.

P's and Q's are made of the same FDA-compliant material as Chewy Tubes™, but are solid rather than tubular, offering a firmer surface for biting. Sold in sets of (1) "P" and (1) "Q". Safe and non-toxic. Latex free.

NC43082



DISPOSABLE MOUTH MIRROR

Reduce the risk of cross-contamination.

These lightweight Disposable Mouth Mirrors allow efficient viewing of intra-oral structures for dysphagia evaluation. Mirrors may also be used as an alternative tongue depressor. Sold in a pack of 12. Latex free.

NC11180



EXAM GLOVES

Protect hands during treatment and therapy.

For a complete product listing of sterile/non-sterile, latex/latex-free and powdered/powder-free gloves, see page 16, or visit us at www.ncmedical.com.



New! CLAMP-ON ADJUSTABLE MIRROR
Ideal for ADL and teaching basic skills.

This multi-use, shatterproof mirror easily clamps onto bedrails, tabletops, walkers, and other surfaces. Use for self-observation during oral motor exercises and dysphagia and speech treatment. Mirror measures 8" x 12" (20 x 30 cm) and is mounted on a 12" (30cm) long, flexible "gooseneck" attached to a sturdy plastic spring clamp. The clamp grips flat surfaces up to 1" (2.5 cm) thick.

NC37272

JIGGLERS™

The only continuous "on," chewable and durable oral facial massager.

Twist the head on each Jiggler™ to provide calming, low-intensity vibration massage. Shapes and textures encourage exploration. Uncle Stinkie™ has long arms that can be used for strengthening and self-regulation. Fatso™ is great for soft surfaces. Elephant's ears can be used as a spoon for orally defensive children. Clean with ten parts water to one part bleach. Uses one "AA" battery (not included).

- NC43070 Casper™
- NC43071 Uncle Stretch™
- NC43072 Uncle Stinkie™
- NC43073 Fatso™
- NC43074 Elephant
- NC43075 Gator
- NC28500 "AA" Batteries (2)



Casper™, Uncle Stretch™, Uncle Stinkie™ and Fatso™ are trademarks of Harvey Entertainment, Inc. All rights reserved.



ORAL SENSORY AND MOTOR TREATMENT PRESCRIPTION KIT

Customize exercise routines to fit your client's needs.

This comprehensive kit includes 240 exercises to treat oral sensory and motor dysfunction. Exercises are accompanied by clear explanations and illustrations. Features 7 general tip cards, a quick reference index, 2 plastic sleeves to protect cards, 10 blank cards for adding custom exercises and a compact box that flips open for easy access and storage.

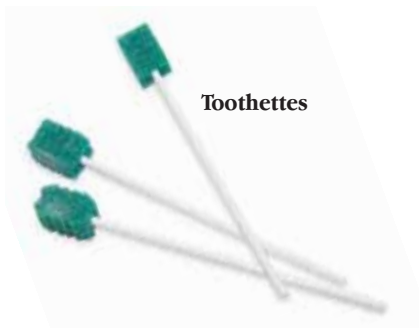
NC37260

TOOTHETTES

Soft, flavored, oral stimulators.

A must for dysphagia programs. The soft, peppermint-flavored foam heads provide a safe means to remove pocketed food from inside the cheek, or to clean the tongue. Stimulates intra-oral structures for sensory stimulation, tongue lateralization, mobility and coordination. Disposable Toothettes are individually wrapped and sold in packages of 10.

NC28332 Package of 10



Toothettes

STERILE TONGUE DEPRESSORS

Wrapped individually for sterility.

Made of the finest quality birchwood with a smooth finish. Blades measure 6" x 3/4" x 1/16" (15 cm x 19 mm x 1.6 mm). Individually wrapped. Sold in a box of 100.

NC43066 Box of 100



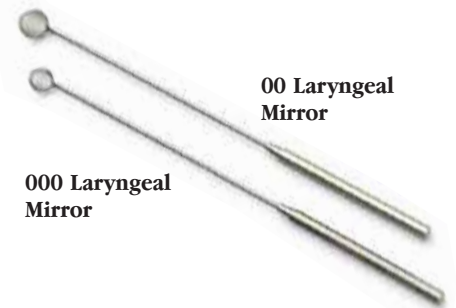
Sterile Tongue Depressors

LARYNGEAL MIRRORS

Angled for maximum viewing.

Inspect intra-oral structures for pre-feeding or speech training. Mirrors also may be used for dysphagia evaluation. Both models, including handles, measure 7 1/2" (19 cm) long. The 00 size mirror measures 1/2" (13 mm) in circumference, the 000 size measures 3/8" (9.5 mm) in circumference. Autoclavable.

- NC11176 Size 00
- NC11175 Size 000



00 Laryngeal Mirror

000 Laryngeal Mirror

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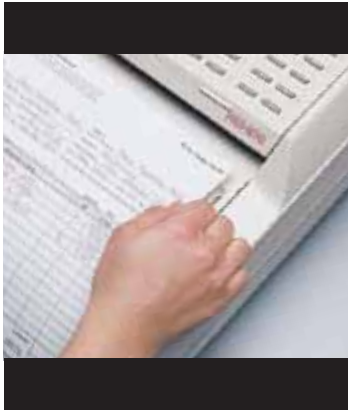
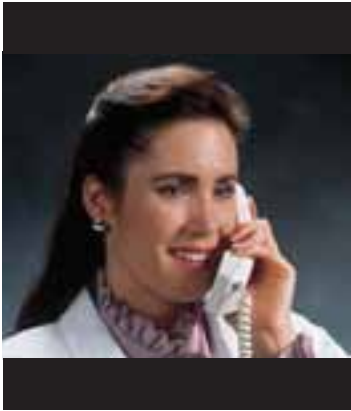
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Matt



HOPE Rehabilitation Services

North Coast rehabilitation products encourage independent living, so when we began looking for a resource to help package our products, HOPE Rehabilitation Services seemed like the perfect fit. The resulting relationship has been a great success for over twenty years. HOPE's mission is to assist people with developmental disabilities to live and participate in their communities. A team of people from HOPE work at our facility with the support of Job Coaches, and several members of the HOPE group have been hired as full-time North Coast employees.



Left to right: Back row - Laura (Job Coach), Frazier. Middle row - Corrine, Patricia, Andy, Michelle. Front row - Diana (Job Coach), Elizabeth, Carmen, Pattie, Lori, Stephen.





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