# Health Design



POST OP SHOES • ABDOMINAL AND BACK SUPPORT • KNEE BRACES • PROTECTION GEAR • WALKERS • WRIST BRACES



## **Health Design**

A division of DARCO International

Health Design is committed to providing healthcare professionals with high-quality, affordable medical products.

While maintaining an inventory of orthopedic soft goods and footwear products, we also provide competitive OEM and private label services.

Please visit our website at www.healthdesign.net for additional information.

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# ABDOMINAL AND RIB

#### ABDOMINAL BINDER

The Abdominal Binder provides circular compression and support to the abdomen. It may also be used to hold postoperative dressings in place. The binder is constructed of cotton lined elastic with a tri laminate abdominal pad. This pad receives the 1.5" hook allowing for ease of application. This product is latex free. Available in white.

## 9" ABDOMINAL BINDER

| SIZE      | HIP CIRCUM. | CAT. NO.    |
|-----------|-------------|-------------|
| small/med | 30"- 45"    | 202-0050-35 |
| med/large | 46"- 62"    | 202-0050-45 |
| X-large   | 62"+        | 202-0050-55 |

#### 12" ABDOMINAL BINDER

| SIZE      | HIP CIRCUM. | CAT. NO.    |
|-----------|-------------|-------------|
| small/med | 30"- 45"    | 202-0051-35 |
| med/large | 46"- 62"    | 202-0051-45 |
| X-large   | 62"+        | 202-0051-55 |



ABDOMINAL BINDER

# CLAVICLE AND BACK SUPPORT

#### 9" DUAL ADJUSTMENT BACK SUPPORT

The Dual Adjustment Back Support provides maximum support to both the abdomen and lumbosacral areas. Dual adjustment panels of elastic increase or decrease support and tension to the desired level. Two posterior stays provide increased support and stability against the lower back. Two lateral anti-roll stays maintain the shape of the belt and prevent it from rolling up. Available in white.

| SIZE    | HIP CIRCUM. | CAT. NO.    |
|---------|-------------|-------------|
| small   | 26"- 40"    | 232-0010-30 |
| med     | 36"- 49"    | 232-0010-40 |
| large   | 44"- 59"    | 232-0010-50 |
| X-large | 52"- 66"    | 232-0010-60 |



9" DUAL ADJUSTMENT BACK SUPPORT

#### 9" ELASTIC CRISS CROSS BACK SUPPORT

Designed for the treatment of lower back pain from muscle tension, spasm or overuse, the Criss-Cross Brace features a solid elastic panel, criss-crossing elastic straps, and lateral supports. The brace uses these features to provide intraabdominal circular compression and support. Criss-cross elastic straps provide additional support to the lumbosacral area. Available in white.

| SIZE     | HIP CIRCUM. | CAT. NO.    |
|----------|-------------|-------------|
| X-small  | 25"- 30"    | 232-0050-20 |
| small    | 30"- 33"    | 232-0050-30 |
| med      | 36"- 38"    | 232-0050-40 |
| large    | 37"- 41"    | 232-0050-50 |
| X-large  | 41"- 44"    | 232-0050-60 |
| XX-large | 44"- 48"    | 232-0050-70 |



9" ELASTIC CRISS CROSS BACK SUPPORT

#### CLAVICLE HEAVY DUTY SUPPORT WITH BUCKLE

The Heavy-Duty Clavicle is comfortably padded throughout with medium density foam. It features extra-wide underarm pads and fully adjustable dual safety-lock tooth buckle adjustment closures. Available in beige.

| SIZE      | HIP CIRCUM. | CAT. NO.    |
|-----------|-------------|-------------|
| Pediatric | 13"- 20"    | 432-0030-20 |
| small     | 16"- 23"    | 432-0030-30 |
| med       | 22"- 30"    | 432-0030-40 |
| large     | 28"- 39"    | 432-0030-50 |
| X-large   | 37"- 45"    | 432-0030-60 |

**Clavicle strap sizing:** Measure from center of the back around the arm to the same point on the back.



CLAVICLE HEAVY DUTY SUPPORT

# CLAVICLE AND BACK SUPPORT

#### **INDUSTRIAL UTILITY BELT**

This heavy-duty belt is designed to provide maximum support of the abdomen and lumbosacral area during repetitive lifting tasks. The belt is constructed of sturdy, 8" black, knit elastic. A panel consisting of heavy, black, nylon woven loop is bonded to foam padding & tricot. Additional features include adjustable suspenders and a full-front pressure sensitive closure. Lateral elastic double-pull controls allow the patient to adjust additional pressure against the lower back as needed. Available in black.

| SIZE     | HIP CIRCUM. | CAT. NO.    |
|----------|-------------|-------------|
| small    | 34"- 38"    | 231-0080-30 |
| med      | 38"- 42"    | 231-0080-40 |
| large    | 42"- 46"    | 231-0080-50 |
| X-large  | 46"- 50"    | 231-0080-60 |
| XX-large | 50"- 54"    | 231-0080-70 |



INDUSTRIAL UTILITY BELT

# WRIST BRACES

#### WRIST SPLINT DELUXE

This splint's three-layer bonded construction eases maintenance and assures durability. The interior is fully padded with foam and lined with tricot for comfort. The exterior is covered with a sturdy nylon oxford. A dorsal aluminum support assures rigidity while a contoured aluminum palmar support maintains the palmar arch and permits use of the hand. A circumferential Velcro® strap firmly secures the splint to the wrist. Available in both sized and universal versions. Sized versions are one-piece construction. Universal splints feature a unique two-piece construction which allow them to be worn on either the left or right hand. Available in black.

| SIZE Pediatric small med large | PALM WIDTH<br>2.0"- 2.5"<br>2.5"- 3.0"<br>3.0"- 3.5"<br>3.5"- 4.0" | CAT. NO. (left)<br>452-1010-20L<br>452-1010-30L<br>452-1010-40L<br>452-1010-50L | (right)<br>20R<br>30R<br>40R<br>50R |
|--------------------------------|--|---|-------------------------------------|
| X-large<br>SIZE<br>Universal   | 4.0"- 4.5" <b>CAT. NO.</b> 452-1010-10                             | 452-1010-60L  | 60R                                 |



WRIST SPLINT DELUXE

#### BLACK FOAM WRIST SPLINT

This premium wrist splint features a tri laminate material with a white cotton lining, and a brushed nylon exterior. A dorsal aluminum support and a split contoured aluminum palmar stay help immobilize and support the girth changes in the forearm. One adjustable Velcro® strap, and one loop lock strap firmly secure the splint to the wrist. A foam strip provides increased comfort over the palmar stay. Available in black.

| PALM WIDTH | CAT. NO. (left)                                      | (right)  |
|------------|--|--|
| 2.0"- 2.5" | 451-4010-20L   | 20R  |
| 2.5"- 3.0" | 451-4010-30L   | 30R  |
| 3.0"- 3.5" | 451-4010-40L   | 40R  |
| 3.5"- 4.0" | 451-4010-50L   | 50R  |
| 4.0"- 4.5" | 451-4010-60L   | 60R  |
|            | 2.0"- 2.5"<br>2.5"- 3.0"<br>3.0"- 3.5"<br>3.5"- 4.0" | 2.0"- 2.5" 451-4010-20L<br>2.5"- 3.0" 451-4010-30L<br>3.0"- 3.5" 451-4010-40L<br>3.5"- 4.0" 451-4010-50L |



BLACK FOAM WRIST SPLINT

#### WRIST AND FOREARM SPLINT PLUSH BEIGE FOAM

This Plush Beige Foam Wrist and Forearm Splint is the same as the Plush Beige Foam Wrist Splint, except it provides an additional 2" of length for more immobilization and support of the wrist and lower arm. A third circumferential Velcro® strap ensures a proper. Please specify left or right when ordering.

| SIZE      | CAT. NO. (left) | (right) |
|-----------|-----------------|---------|
| Universal | 452-1120-10L    | 10R     |



WRIST AND FOREARM SPLINT PLUSH FOAM

# WRIST BRACES

#### PERFORATED VINYL WRIST BRACE

This heavy-duty wrist support is constructed of durable perforated vinyl, lined with a soft cotton backing. A dorsal aluminum support and contoured aluminum palmar support will maintain rigidity and immobilize the wrist. One adjustable Velcro® strap, and one loop lock firmly secure the splint to the wrist. An inner elastic liner protects the arm from coming in contact with the Velcro® straps. Please specify left or right when ordering. Available in tan.

| SIZE    | PALM WIDTH | CAT. NO. (left) | (right) |
|---------|------------|-----------------|---------|
| X-small | 2.0"- 2.5" | 451-0351-20L    | 20R     |
| small   | 2.5"- 3.0" | 451-0351-30L    | 30R     |
| med     | 3.0"- 3.5" | 451-0351-40L    | 40R     |
| large   | 3.5"- 4.0" | 451-0351-50L    | 50R     |
| X-large | 4.0"- 4.5" | 451-0351-60L    | 60R     |



PERFORATED VINYL WRIST BRACE

#### 8" BILATERAL WRIST BRACE TAN

Designed for mild wrist support. This brace has a wide palmar stay that is reversible to accommodate a right or left hand. The brace has hook and loop closures on the dorsal side.

| SIZE    | PALM WIDTH   | CAT. NO. (left) |
|---------|--------------|-----------------|
| small   | 2.75"- 3.00" | 252-1030-30     |
| med     | 3.00"- 3.50" | 252-1030-40     |
| large   | 3.50"- 4.00" | 252-1030-50     |
| X-large | 4.00"- 4.25" | 252-1030-60     |



8" BILATERAL WRIST BRACE TAN

#### **BUNGEE WRIST SPLINT**

The Bungee Wrist Splint has an easy to use bungee strap allowing the wearer to make quick adjustments without assistance. Designed to help provide compression. The hook & loop closure allows for easy adjustment. Removable aluminum palmar spoon with an aluminum dorsal stay. Black exterior with blue interior.

| SIZE    | PALM WIDTH | CAT. NO. (left) | (right) |
|---------|------------|-----------------|---------|
| X-small | 2.0"- 2.5" | 9BW0L           | 9BW0R   |
| small   | 2.5"- 3.0" | 9BW1L           | 9BW1R   |
| med     | 3.0"- 3.5" | 9BW2L           | 9BW2R   |
| large   | 3.5"- 4.0" | 9BW3L           | 9BW3R   |
| X-large | 4.0"- 4.5" | 9BW4L           | 9BW4R   |



**BUNGEE WRIST SPLINT** 

# WRIST BRACES

#### PLUSH WRIST SPLINT WITH THUMB SPICA

Designed to help provide compression and mild wrist support and immobilize the thumb. The interior is fully padded for comfort. The three hook & loop straps provide uniform support. Includes a removable aluminum palmar spoon with two aluminum dorsal stays with a sturdy aluminum stay to immobilize the thumb. Black exterior with blue interior.

| SIZE    | PALM WIDTH | CAT. NO. (left) | (right) |
|---------|------------|-----------------|---------|
| X-small | 2.0"- 2.5" | 9PT0L           | 9PT0R   |
| small   | 2.5"- 3.0" | 9PT1L           | 9PT1R   |
| med     | 3.0"- 3.5" | 9PT2L           | 9PT2R   |
| large   | 3.5"- 4.0" | 9PT3L           | 9PT3R   |
| X-large | 4.0"- 4.5" | 9PT4L           | 9PT4R   |



PLUSH WRIST SPLINT WITH THUMB SPICA

#### **PLUSH WRIST SPLINT**

Designed to help provide compression and mild wrist support. The interior is fully padded for comfort. The three hook & loop straps provide uniform support. Includes a removable aluminum palmar spoon with two aluminum dorsal stays. Black exterior with blue interior.

| SIZE    | PALM WIDTH | CAT. NO. (left) | (right) |
|---------|------------|-----------------|---------|
| X-small | 2.0"- 2.5" | 9PW0L           | 9PW0R   |
| small   | 2.5"- 3.0" | 9PW1L           | 9PW1R   |
| med     | 3.0"- 3.5" | 9PW2L           | 9PW2R   |
| large   | 3.5"- 4.0" | 9PW3L           | 9PW3R   |
| X-large | 4.0"- 4.5" | 9PW4L           | 9PW4R   |



PLUSH WRIST SPLINT

#### LACE UP WRIST SPLINT

Beige canvass wrist splint with a removable palmar spoon to immobilize the wrist. The cotton laces provide great compression.

| SIZE         | PALM WIDTH                             | CAT. NO. (left)  | (right)          |
|--------------|--|------------------|------------------|
| X-small      | 2.0"- 2.5"                             | E59185           | E59180           |
| small<br>med | 2.5"- 3.0"<br>3.0"- 3.5"<br>3.5"- 4.0" | E59186<br>E59187 | E59181<br>E59182 |
| large        | 4.0"- 4.5"                             | E59188           | E59183           |
| X-large      |  | E59189           | E59184           |



LACE UP WRIST SPLINT

# ARM SLINGS

#### **CRADLE SLING DELUXE**

Designed to help prevent elbow pressure, the Cradle Sling is constructed of one-piece, navy blue duck for maximum durability. The sling features an easy-release buckle adjustment strap along with a thumb loop to help eliminate hand drop and to maintain positioning in the sling.

| SIZE    | <b>ENVELOPE SIZE</b> | CAT. NO.     |
|---------|----------------------|--------------|
| X-small | 4.50"x 12""          | 422-0030-20  |
| small   | 5.50"x 14"           | 422-0030-30  |
| med     | 6.50"x 16"           | 422-0030-40  |
| large   | 7.00"x 18"           | 422-0030-50  |
| X-large | 7.00"x 18"           | 422-0030-60* |

<sup>\*</sup>The X-large has an elongated shoulder strap of 5"



CRADLE SLING DELUXE

#### UNIVERSAL SLING DELUXE

Constructed of heavy-duty 10 oz. black duck for maximum durability, the Universal Sling features a 1.5"easy-release Velcro® closure shoulder strap and a slide buckle adjustment.

| SIZE        | ENVELOPE SIZE | CAT. NO.    |
|-------------|---------------|-------------|
| Adult Univ. | 7"- 17.5"     | 422-0040-10 |



UNIVERSAL SLING DELUXE

#### CRADLE SLING ECONOMY

Constructed from one-piece heavy muslin material the Economy Cradle Sling features a slide-buckle shoulder strap adjustment. Available in Beige.

| SIZE    | <b>ENVELOPE SIZE</b> | CAT. NO.     |
|---------|----------------------|--------------|
| X-small | 4.50"x 12""          | 422-0025-20  |
| small   | 5.50"x 14"           | 422-0025-30  |
| med     | 6.50"x 16"           | 422-0025-40  |
| large   | 7.00"x 18"           | 422-0025-50  |
| X-large | 7.00"x 18"           | 422-0025-60* |
|         |                      |              |

<sup>\*</sup>The X-large has an elongated shoulder strap of 5"



CRADLE SLING ECONOMY

# ARM SLINGS

#### UNIVERSAL SLING ECONOMY

Constructed for lightweight 7 oz., navy blue duck, this Universal Sling features a one inch webbing shoulder strap and a slide buckle adjustment.

 SIZE
 ENVELOPE SIZE
 CAT. NO.

 Universal
 7"x 17.5"
 422-0041-10



UNIVERSAL SLING ECONOMY

#### FOAM SLING AND SWATHE

Constructed of heavy, foam-lined, pressure sensitive material, the Foam Sling and Swathe features a durable 1.5" strap which evenly distributes weight across the patients shoulders, and thereby maximizes comfort. Other features include pressure sensitive closures on the swathe and shoulder straps for easy adjustment and application. Available in black.

| SIZE | <b>ENVELOPE SIZE</b> | CAT. NO.    |
|------|----------------------|-------------|
| S/M  | 9.5" x 12"           | 422-0060-35 |
| L/XL | 9.5" x 12"           | 422-0060-55 |



FOAM SLING AND SWATHE

#### TENNIS ELBOW WRAP

This Tennis Elbow Wrap is recommended for extensor muscle pain associated with tennis elbow. It features heavy-duty twin pressure sensitive loop for universal adjustment and a soft, brushed nylon interior for comfort. Available in beige.

**SIZE CAT. NO.** Universal 422-0110-10



TENNIS ELBOW WRAP

# ARM SLINGS

#### **ELEVATED ICE BAG SLING**

Constructed of blue cotton material, the sling is a dual purpose sling, it provides two ice pockets that can be used for cold therapy. The sling may be used as a regular arm sling or as an elevated ice bag sleeve.

| SIZE  | <b>ENVELOPE SIZE</b> | CAT. NO.    |
|-------|----------------------|-------------|
| small | 5.50"- 14"           | 422-0045-30 |
| large | 7.00"- 18"           | 422-0045-50 |



ELEVATED ICE BAG SLING

#### SHOULDER IMMOBILIZER ECONOMY

Constructed from one piece navy blue muslin. Features a slide buckle shoulder strap for easy adjustments, neck pad and thumb loop.

SIZE ENVELOPE SIZE CAT. NO. 7.00"- 18" 422-0072-50 large



SHOULDER IMMOBILIZER ECONOMY

## SHOULDER IMMOBILIZER

#### SLING AND SWATHE DELUXE CLOSED ELBOW

Manufactured from black duck, The Sling and Swathe (Closed Elbow) features an easy release buckle closure for simple adjustment, dual thumb loops, and a neck comfort pad. The sling features an angled, hand-heart position for patient comfort which places minimal pressure on the elbow. The sling is designed for universal (left or right) fit.

| SIZE          | CHEST CIRCUM. | CAT. NO.    |
|---------------|---------------|-------------|
| small/med     | 30"- 46"      | 422-0055-35 |
| large/X-large | 32"- 52"      | 422-0055-55 |



SLING AND SWATHE DELUXE CLOSED ELBOW

#### UNIVERSAL SHOULDER IMMOBILIZER

Manufactured from plush 3/8" foam laminated to a soft, white, brushed nylon pressure sensitive material. The wrist and upper arm cuffs may be positioned as desired on either arm with Velcro® attachments. Universally sized to fit male and female patients.

| SIZE      | <b>ENVELOPE SIZE</b> | CAT. NO.    |
|-----------|----------------------|-------------|
| Universal | up to 60"            | 422-0075-10 |



UNIVERSAL SHOULDER IMMOBILIZER

#### SHOULDER IMMOBILIZER ECONOMY

Manufactured from one-piece, heavy-duty black duck, the Economy Shoulder Immobilizer features a body strap with a slide buckle adjustment, an easy-release buckle shoulder strap, and a thumb loop.

| SIZE      | PALM WIDTH | CAT. NO. (left) |
|-----------|------------|-----------------|
| Pediatric | 4.50"- 12" | 422-0070-20     |
| small     | 5.50"- 14" | 422-0070-30     |
| med       | 6.50"- 16" | 422-0070-40     |
| large     | 7.00"- 18" | 422-0070-50     |
| X-large   | 7.00"- 18" | 422-0070-60*    |
| XX-large  | 7.00"- 18" | 422-0070-70**   |

<sup>\*</sup>The X-large has an elongated shoulder strap of 5"
\*\*The XX-large has an elongated shoulder strap of 10"



SHOULDER IMMOBILIZER ECONOMY

## SHOULDER IMMOBILIZER

#### SHOULDER IMMOBILIZER ELASTIC

Constructed of 6" firm-ribbed elastic, the Elastic Shoulder Immobilizer features heavy, sewn-in padding on the humerus and wrist straps. Pressure sensitive closures and a support strap to prevent hand drop, this product will immobilize the shoulder by anchoring the elbow to the body. Available in white.

| Pediatric<br>small<br>med<br>large<br>X-large<br>XX-large | PALM WIDTH  18"- 22"  27"- 31"  31"- 35"  35"- 39"  39"- 43"  43"- 47" | CAT. NO. (left) 222-0065-20 222-0065-30 222-0065-40 222-0065-50 222-0065-60 222-0065-70 |
|---|--|---|
| XX-large<br>XXX-large                                     | 43"- 47"<br>47"- 51"   | 222-0065-70<br>222-0065-90  |
|   |  |   |



SHOULDER IMMOBILIZER ELASTIC

# KNEE BRACES

#### DELUXE THREE-PANEL KNEE IMMOBILIZER

The Deluxe Three-Panel Knee Immobilizer features 3 aluminum stays located medially, laterally, and posteriorly to provide support and stability. Three-panel universal construction offers custom fitting regardless of size (greatly reducing costly inventory and shelf space requirements). Additional features include Velcro® loop-lock straps with removable adjustment tabs and a popliteal pad.

#### 12" DELUXE THREE-PANEL KNEE IMMOBILIZER

SIZE CAT. NO. Universal 462-0021-10

14" DELUXE THREE-PANEL KNEE IMMOBILIZER

CAT. NO. Universal 462-0022-10

16" DELUXE THREE-PANEL KNEE IMMOBILIZER

SI7F CAT. NO. Universal 462-0023-10

18" DELUXE THREE-PANEL KNEE IMMOBILIZER

SIZE CAT. NO. Universal 462-0024-10

22" DELUXE THREE-PANEL KNEE IMMOBILIZER

SIZE CAT. NO. Universal 462-0026-10

26" DELUXE THREE-PANEL KNEE IMMOBILIZER

SIZE CAT. NO. Universal 462-0029-10



#### 20" DELUXE THREE-PANEL KNEE IMMOBILIZER

SIZE CAT. NO. Universal 462-0025-10

#### 24" DELUXE THREE-PANEL KNEE IMMOBILIZER

SIZE CAT. NO. Universal 462-0028-10

#### DELUXE POST-OP KNEE IMMOBILIZER

Designed for maximum postoperative support and stability, the Deluxe Post-Op Knee Immobilizer is constructed of high density foam and pliable duck with 3 aluminum stays located medially, laterally, and posteriorly. The Immobilizer is x-ray lucent. Pressure sensitive loop-lock closures and removable locking tabs assure proper fit. A bottom fitting foam strip eliminates gap areas.

#### 16" DELUXE POST-OP KNEE IMMOBILIZER

| SIZE     | CIRCUM.  | CAT. NO.    |
|----------|----------|-------------|
| small    | 14"- 16" | 462-0012-30 |
| med      | 16"- 18" | 462-0012-40 |
| large    | 18"- 20" | 462-0012-50 |
| X-large  | 20"- 22" | 462-0012-60 |
| XX-large | 22"- 24" | 462-0012-70 |

#### 20" DELUXE POST-OP KNEE IMMOBILIZER

| SIZE     | CIRCUM.  | CAT. NO.    |
|----------|----------|-------------|
| small    | 14"- 16" | 462-0014-30 |
| med      | 16"- 18" | 462-0014-40 |
| large    | 18"- 20" | 462-0014-50 |
| X-large  | 20"- 22" | 462-0014-60 |
| XX-large | 22"- 24" | 462-0014-70 |



DELUXE POST-OP KNEE IMMOBILIZER

# KNEE BRACES

#### SUPER-LITE KNEE IMMOBILIZER

Provides removable contoured aluminum stays located medially, laterally and posteriorly, three wide hook & loop straps to help secure and provide immobilization. Provides comfort and maintains proper positioning of the leg.

## 12" SUPPER-LITE KNEE IMMOBILIZER

| SIZE    | CAT. NO. |
|---------|----------|
| small   | E59410   |
| med     | E59411   |
| large   | E59412   |
| X-large | E59413   |

## 16" SUPPER-LITE KNEE IMMOBILIZER

| SIZE     | CAT. NO |
|----------|---------|
| small    | E59414  |
| med      | E59415  |
| large    | E59416  |
| X-large  | E59417  |
| XX-large | E59418  |
|          |         |



SUPER-LITE KNEE IMMOBILIZER

#### 20" SUPPER-LITE KNEE IMMOBILIZER

| SIZE     | CAT. NO. |
|----------|----------|
| small    | E59419   |
| X-large  | E59420   |
| XX-large | E59421   |

#### 24" SUPPER-LITE KNEE IMMOBILIZER

| SIZE    | CAT. NO. |
|---------|----------|
| small   | E59422   |
| med     | E59423   |
| large   | E59424   |
| X-large | E59425   |

#### 12" DELUXE THREE-PANEL KNEE IMMOBILIZER

The Deluxe Three-Panel Knee Immobilizer features 3 unique air-foiled aluminum stays located medially, laterally, and posteriorly. Together they provide support and stability. Additional features include pressure sensitive loop-lock closures with removable adjustment tabs and a popliteal pad. Available in black.

#### 12" DELUXE THREE-PANEL KNEE IMMOBILIZER

SIZE CAT. NO. Universal 462-0021-10



12" DELUXE THREE-PANEL KNEE IMMOBILIZER

# CERVICAL SUPPORTS

#### CERVICAL COLLAR MEDIUM DENSITY

The Medium Density Standard Cervical Collar is manufactured from medium density poly-foam. All collars are manufactured from medical grade poly-foam covered in an orthopedic stockinette. They feature a contoured design, and an adjustable rear Velcro® closure. The Firm Density Standard Cervical Collar is manufactured with two layers of orthopedic stockinette, and features an adjustable comfort plug for protruding Adam's apple. Available in beige.

## 3.00" CERVICAL COLLAR MEDIUM DENSITY

| SIZE    | NECK CIRCUM. | CAT. NO.    |
|---------|--------------|-------------|
| small   | 12"- 14"     | 482-0021-30 |
| med     | 14"- 16"     | 482-0021-40 |
| large   | 16"- 18"     | 482-0021-50 |
| X-large | 18"- 20"     | 482-0021-60 |



CERVICAL COLLAR MEDIUM DENSITY

#### 3.50" CERVICAL COLLAR MEDIUM DENSITY UNIVERSAL

 SIZE
 NECK CIRCUM.
 CAT. NO.

 Universal
 12"- 20"
 482-0025-10

#### **ECONOMY CERVICAL COLLAR**

This 2.5" collar features a serpentine design covered in an orthopedic stockinette, with a pressure sensitive closure. The Cervical Collar is manufactured from low density poly-foam. Available in beige.

#### 2.5" ECONOMY CERVICAL COLLAR

| SIZE      | NECK CIRCUM. | CAT. NO.    |
|-----------|--------------|-------------|
| Universal | 12"- 20"     | 482-0048-10 |



2.5" ECONOMY CERVICAL COLLAR

#### **ECONOMY CERVICAL COLLAR**

This 3" collar features a serpentine design covered in an orthopedic stockinette, with a pressure sensitive closure. The Cervical Collar is manufactured from low density poly-foam. Available in beige.

#### 3" ECONOMY CERVICAL COLLAR

 SIZE
 NECK CIRCUM.
 CAT. NO.

 Universal
 12"-20"
 482-0050-10



3"ECONOMY CERVICAL COLLAR

## TRACTION AND PROTECTION GEAR

#### **BUCKS TRACTION WITH LINER**

Bucks Traction is used to provide traction to fractures of the shaft of the femur. Flexible lateral and medial stays are structured to fit leg contours. The elastic crossover foot strap eliminates pressure on the heel and prevents foot drop.

**SIZE CAT. NO.** Universal 872-0012-10



**BUCKS TRACTION WITH LINER** 

## TUMMYGRIP 33 FOOT ROLL

Tummy Grip is a wide, elastic enhanced, stockinette that is used clinically to support the abdomen after surgery, to retain dressing placement, and as a way to keep electrodes in place during child birth without the need for adhesives. Tummy Grip stockinette is reinforced with a circumferential elastic thread knitted into the product which provides even consistent compression.

## 12"TUMMYGRIP

 SIZE
 WIDTH
 CAT. NO.

 33 FOOT
 12"
 CT120



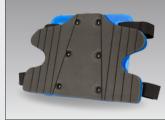
TUMMYGRIP 33 FOOT ROLL

#### **HED-LOC**

Head Lock immobilizer for spine board. Long securing straps, re-useable, easy to clean

SIZE CAT. NO.
Universal HL-112





HED-LOC

## TRACTION AND PROTECTION GEAR

#### ADD-A-SPLINT

Fast and effective first responder splint applications. The splints are re-useable and economically priced to fit the tightest budgets. Several of the splints are designed for multiuse applications. Easy to apply and remove. Easy to ues hook & loop closure no buckles or straps, universal left and right design, X-ray and MRI compatible, suitable for extreme hot or cold temperatures.

| SIZE      | DESCRIPTION             | CAT. NO. |
|-----------|-------------------------|----------|
| Universal | Complete Kit            | AD-100   |
| Universal | Wrist/Lower Arm         | AD-101   |
| Universal | Half Arm                | AD-102   |
| Universal | Full Arm                | AD-103   |
| Universal | Sing/Swathe Immobilizer | AD-104   |
| Universal | Full Leg                | AD-105   |
| Universal | Ankle/Elbow             | AD-106   |
| Universal | Carrying Case           | AD-107   |
|           |                         |          |



ADD-A-SPLINT KIT

# CAST SHOES

#### POLYCAST CAST BOOT

Ideal for use with thinner casting materials such as polyester or fiberglass. Conforms to any casting material.

#### Features:

- One-buckle closure on each strap
- Non-skid outsole
- Light weight high top upper

| SIZE      | PEDIATRIC | WOMEN    | MEN       | CAT. NO. |
|-----------|-----------|----------|-----------|----------|
| Pediatric | 13 - 3    | -        | -         | CB-PC1   |
| X-small   | -         | 3 - 5    | -         | CB-PC2   |
| small     | -         | 5.5 - 8  | -         | CB-PC3   |
| med       | -         | 8.5 - 10 | 6 - 8     | CB-PC4   |
| large     | -         | -        | 8.5 - 11  | CB-PC5   |
| X-large   | -         | -        | 11.5 - 14 | CB-PC6   |
|           |           |          |           |          |



POLYCAST CAST BOOT

#### LOW PROFILE CAST SHOE

The Low Profile boot provides a durable canvas upper, with an open toe and heel. Padded EVA insole protection. The lower outsole compensates for casting thickness. Available in six unisex sizes.

| SIZE      | PEDIATRIC | WOMEN    | MEN       | CAT. NO. |
|-----------|-----------|----------|-----------|----------|
| small     | -         | 3 - 4.5  | -         | CB-TP1   |
| small/med | -         | 5 - 7.5  | 4.5 - 6   | CB-TP2   |
| med       | -         | 8 - 9    | 6.5 - 8   | CB-TP3   |
| med/large | -         | 9.5 - 12 | 8.5 - 11  | CB-TP4   |
| large     | -         | -        | 11.5 - 13 | CB-TP5   |
| X-large   | -         | -        | 13.5 - 16 | CB-TP6   |



LOW PROFILE CAST SHOE

## CANVAS / OPEN TOE CAST SHOE

This lightweight cast boot features a sturdy canvas upper. The three layer EVA rocker outsole provides excellent shock absorption.

#### Features:

- Adjustable heel strap
- Open toe and heel
- Five sizes: XS-XL

| SIZE    | PEDIATRIC | WOMEN     | MEN       | CAT. NO. |
|---------|-----------|-----------|-----------|----------|
| X-small | -         | 2 - 3     | -         | CB-CV1   |
| small   | -         | 3.5 - 5   | -         | CB-CV2   |
| med     | -         | 5.5 - 9.5 | 7 - 9     | CB-CV3   |
| large   | -         | 10 - 12   | 9.5 - 12  | CB-CV4   |
| X-large | -         | -         | 12.5 - 15 | CB-CV5   |



CANVAS / OPEN TOE CAST SHOE



#### **VINYL CLOSED TOE CAST BOOT**

The choice for inclement weather. This boot provides both closed toe and heel with a moisture resistant vinyl upper.

#### Features:

- Three layer EVA rocker outsole
- Excellent shock absorption

| SIZE    | PEDIATRIC | WOMEN     | MEN       | CAT. NO. |
|---------|-----------|-----------|-----------|----------|
| X-small | -         | 2 - 3     | -         | CB-VN1   |
| small   | -         | 3.5 - 5   | -         | CB-VN2   |
| med     | -         | 5.5 - 9.5 | 7 - 9     | CB-VN3   |
| large   | -         | 10 - 12   | 9.5 - 12  | CB-VN4   |
| X-large | -         | -         | 12.5 - 15 | CB-VN5   |



VINYL CLOSED TOE CAST BOOT

# POST OP SHOES

#### CLASSIC POST OP SHOE

This popular post op shoe provides quality care at an outstanding value. The semi-rigid outsole provides stability and minimizes flexure.

#### Features:

- · Semi-rigid outsole provides medial/lateral stability
- Breathable nylon mesh upper
- Simple, one buckle closure on each strap

| CITE      | DEDIATRIC | 14/04/54/ | 44544       | CAT NO   |
|-----------|-----------|-----------|-------------|----------|
| SIZE      | PEDIATRIC | WOMEN     | MEN         | CAT. NO. |
| Pediatric | 10 - 1    | -         | -           | PO-CL1   |
| WS        | -         | 4 - 6     | -           | PO-CL2   |
| WM        | -         | 6.5 - 8   | -           | PO-CL3   |
| WL        | -         | 8.5 - 10  | -           | PO-CL4   |
| MS        | -         | -         | 6 - 8       | PO-CL5   |
| MM        | -         | -         | 8.5 - 10    | PO-CL6   |
| ML        | -         | -         | 10.5 - 12   | PO-CL7   |
| MXL       | -         | -         | 12.5 - 14   | PO-CL8   |
| MXXL      | -         | -         | 14.5 - 16.5 | PO-CL9   |
|           |           |           |             |          |



CLASSIC POST OP SHOE

#### **EZY CLOSE**

The EZY Close post op shoe's flap-on-flap closure provides a secure fit and can accommodate even the bulkiest of dressing. Perfect for older patients with limited hand dexterity.

| SIZE      | PEDIATRIC | WOMEN    | MEN       | CAT. NO. |
|-----------|-----------|----------|-----------|----------|
| Pediatric | 10 - 1    | -        | -         | PO-EZ1   |
| WS        | -         | 4 - 6    | -         | PO-EZ2   |
| WM        | -         | 6.5 - 8  | -         | PO-EZ3   |
| WL        | -         | 8.5 - 10 | -         | PO-EZ4   |
| MS        | -         | -        | 6 - 8     | PO-EZ5   |
| MM        | -         | -        | 8.5 - 10  | PO-EZ6   |
| ML        | -         | -        | 10.5 - 12 | PO-EZ7   |
| MXL       | -         | -        | 12.5 - 14 | PO-EZ8   |
|           |           |          |           |          |



EZY CLOSE

#### HI-TOP POST OP SHOE

The design of the Hi-Top ankle strap allows the foot to be held back in the heel cup of the shoe counter. The front is cut back which relieves pressure and compression on the toes. Features breathable nylon upper, adjustable ankle strap and two adjustable top straps.

| SIZE      | PEDIATRIC | WOMEN    | MEN       | CAT. NO. |
|-----------|-----------|----------|-----------|----------|
| Pediatric | 10 - 1    | -        | -         | PO-HR1   |
| WS        | -         | 4 - 6    | -         | PO-HR2   |
| WM        | -         | 6.5 - 8  | -         | PO-HR3   |
| WL        | -         | 8.5 - 10 | -         | PO-HR4   |
| MS        | -         | -        | 6 - 8     | PO-HR5   |
| MM        | -         | -        | 8.5 - 10  | PO-HR6   |
| ML        | -         | -        | 10.5 - 12 | PO-HR7   |
| MXL       | -         | -        | 12.5 - 14 | PO-HR8   |
|           |           |          |           |          |



HI-TOP POST OP SHOE

# POST OP SHOES

#### SOFT TOUCH POST OP SHOE

This economically priced semi-rigid post op shoe is ideal for the sensitive foot. A soft cotton-poly blend breathable upper will keep your patient both cool and comfortable. The hook and loop closure provides even tension and compression. The reinforced heel counter provides additional comfort and support for your patient. The black TPR outsole is flared in the heel area to provide better medial/lateral stability. The outsole has the famous Health Design notch to give it a more shoe-like profile. Ideal for use following surgery, as well as for post trauma, dislocations, burns and the foot sensitive patient.

| SIZE      | PEDIATRIC | WOMEN    | MEN       | CAT. NO. |
|-----------|-----------|----------|-----------|----------|
| Pediatric | 10 - 1    | -        | -         | PO-ST1   |
| WS        | -         | 4 - 6    | -         | PO-ST2   |
| WM        | -         | 6.5 - 8  | -         | PO-ST3   |
| WL        | -         | 8.5 - 10 | -         | PO-ST4   |
| MS        | -         | -        | 6 - 8     | PO-ST5   |
| MM        | -         | -        | 8.5 - 10  | PO-ST6   |
| ML        | -         | -        | 10.5 - 12 | PO-ST7   |
| MXI       | -         | _        | 12.5 - 14 | PO-ST8   |



SOFT TOUCH POST OP SHOE

#### **FOREFOOT RELIEVER**

Designed for forefoot relief and healing. This shoe has a unique wedge outsole and a soft nylon upper. We also added the hi-top upper to keep the foot held back and reduce slippage. Available in five sizes XS - XL.

| SIZE    | <b>PEDIATRIC</b> | WOMEN    | MEN       | CAT. NO. |
|---------|------------------|----------|-----------|----------|
| X-small | -                | 3 - 5.5  | -         | PO-FR1   |
| small   | -                | 6 - 8.5  | -         | PO-FR2   |
| med     | -                | 9 - 11.5 | 7 - 9.5   | PO-FR3   |
| large   | -                | -        | 10 - 12.5 | PO-FR4   |
| X-large | -                | -        | 13 - 15   | PO-FR5   |



FOREFOOT RELIEVER

#### **POSI WEDGE**

The Posi Wedge is a half shoe designed to give forefoot relief. This shoe uses three hook and loop straps for closure. Available in four sizes S- XL.

| SIZE    | PEDIATRIC | WOMEN    | MEN       | CAT. NO. |
|---------|-----------|----------|-----------|----------|
| small   | -         | 5 - 7.5  | -         | PO-PW1   |
| med     | -         | 8 - 11.5 | 6 - 9.5   | PO-PW2   |
| large   | -         | -        | 10 - 12.5 | PO-PW3   |
| X-large | -         | -        | 13 - 15   | PO-PW4   |



POSI WEDGE

# POST OP SHOES

#### **HD LOW WALKER**

This low cost walker features a non-skid rocker outsole with a cushioned EVA innersole. The low profile design minimizes leg length discrepancy. Three hook & loop closures with D-rings makes strapping quick and easy. Steel uprights are wider between the struts to accommodate swollen ankle and bulky bandaging. Designed for easy application and patient comfort. Replaceable pads.

| SIZE    | PEDIATRIC | WOMEN      | MEN        | CAT. NO. |
|---------|-----------|------------|------------|----------|
| X-small | -         | 4 - 5.5    | -          | LWS-MM0  |
| small   | -         | 6 - 8.0    | 4.5 - 7    | LWS-MM1  |
| med     | -         | 8.5 - 11.5 | 7.5 - 10.5 | LWS-MM2  |
| large   | -         | 12 - 13.5  | 11 - 12.5  | LWS-MM3  |
| X-large | -         | -          | 13 - 15    | LWS-MM4  |



HD LOW WALKER

#### **HD TALL WALKER**

This low cost walker features a non-skid rocker outsole with a cushioned EVA innersole. The low profile design minimizes leg length discrepancies. Five hook & loop closures with D-rings makes strapping quick and easy. Steel uprights are wider between the struts to accommodate swollen ankles and extra bandaging. This extra width insures easy application and better patient comfort. Replaceable pads.

| SIZE    | PEDIATRIC | WOMEN      | MEN        | CAT. NO. |
|---------|-----------|------------|------------|----------|
| X-small | -         | 4 - 5.5    | -          | LWL-MM0  |
| small   | -         | 6 - 8.0    | 4.5 - 7    | LWL-MM1  |
| med     | -         | 8.5 - 11.5 | 7.5 - 10.5 | LWL-MM2  |
| large   | -         | 12 - 13.5  | 11 - 12.5  | LWL-MM3  |
| X-large | -         | -          | 13 - 15    | LWL-MM4  |



HD TALL WALKER

# **DIMENSION GUIDE**

## 1. CERVICAL NECK

| SIZE   | NECK CIRCUM.  |
|--|---|
| X-small<br>small<br>medium<br>large<br>X-large | 10" - 13"<br>12" - 14"<br>14" - 16"<br>16" - 18"<br>18" - 20" |
|  |   |

## 2. Rib Belt & Shoulder Immobilizer

| SIZE                                | CHEST CIRCUM.                                       |  |
|-------------------------------------|---|--|
| X-small<br>small<br>medium<br>large | > 15.5<br>25.5"- 35.5"<br>35.5"- 43.5"<br>43" - 51" |  |

## 3. WRIST SUPPORT

| SIZE    | WRIST CIRCUM. |
|---------|---------------|
| small   | < 6"          |
| medium  | 6" - 7.5"     |
| large   | 7.5" - 8.5"   |
| X-large | > 8.5"        |

#### 4. ARM SLING

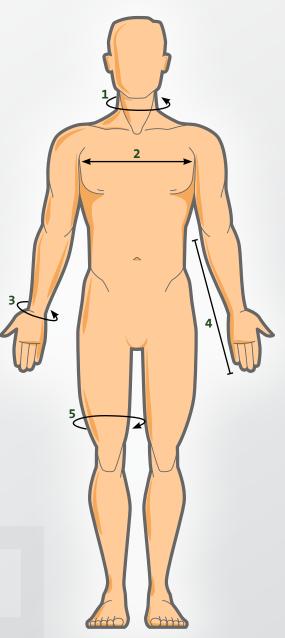
| SIZE    | LENGTH | DIMENSION   |
|---------|--------|-------------|
| small   | 7"     | 13.5" - 15" |
| medium  | 7"     | 14.5" - 17" |
| large   | 8"     | 16.5" - 19" |
| X-large | 8"     | > 19"       |

## 5. KNEE BRACES

| SIZE                                | THIGH CIRCUM.                                    |
|-------------------------------------|--|
| small<br>medium<br>large<br>X-large | 14" - 16"<br>16" - 18"<br>18" - 20"<br>20" - 22" |
|                                     |  |

## 5. NEOPRENE KNEE SUPPORT

| SIZE                                | KNEE CIRCUM.                                     |
|-------------------------------------|--|
| X-small<br>small<br>medium<br>large | 12" - 13"<br>13" - 14"<br>14" - 15"<br>15" - 16" |
| X-large                             | 16" - 17"  |
| XX-large<br>XXX-large               | 17" - 18"<br>18" - 19"                           |



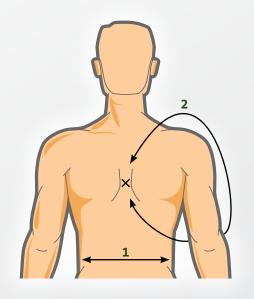
# DIMENSION GUIDE CONT.

## 1. CLAVICLE BACK SUPPORT

| SIZE      | CHEST CIRCUM. |
|-----------|---------------|
| Pediatric | 13" - 20"     |
| small     | 16" - 23"     |
| medium    | 22" - 30"     |
| large     | 28" - 39"     |
| X-large   | 37" - 45"     |

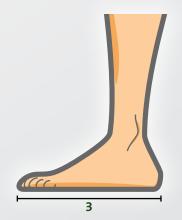
# 2. BACK SUPPORTS ABDOMINAL BINDER

| SIZE                | WAIST CIRCUM.          |
|---------------------|------------------------|
| small/med.<br>large | 16" - 40"<br>40" - 62" |



## 3. ANKLE SUPPORT

| SIZE    | MALE<br>SHOE SIZE | FEMALE<br>SHOE SIZE |
|---------|-------------------|---------------------|
| X-small | 3 - 5             | 4 - 6               |
| small   | 6 - 7             | 7 - 9               |
| medium  | 8 - 10            | 10 - 11             |
| large   | 11 - 12           | 12 - 13             |
| X-large | 13 - 14           | 14+                 |





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