

THE NEXT STEP IN HOME SLEEP TESTING INTRODUCING THE ARESTM 620

For years, the Watermark Medical ARESTM Home Sleep Test System has made improving sleep health more comfortable and practical for countless patients. With the ARESTM 620, we are taking sleep diagnostics to the next level.

EFFECTIVE SLEEP SOLUTIONS MADE SIMPLE

- 1 Watermark can provide a validated apnea risk questionnaire either electronically or in paper format.
- 2 Easy-to-follow instructions with our most comfortable device yet.
- 3 Once the patient returns the monitor, we can seamlessly upload the study data to our proprietary Watermark portal for processing, quality assurance, and interpretation by a board-certified sleep physician.

EXPERIENCE OUR ENHANCED CAPABILITIES

The ARESTM 620 is the future of sleep testing thanks to:

- ✓ Smaller Design
- ✓ Digital Display
- ✓ Multilingual Auto Attendant
- ✓ Dual SP02 sensors
- ✓ Bluetooth Capabilities
- ✓ Fewer Maintenance Requirements

Bringing Together Advanced Technology, Highly Validated Testing, and Affordability

- Convenient, affordable alternative to traditional In-Lab testing
- Additional revenue source for the practice
- Multiple channel recording including airflow, SpO2, EEG, EOG, EMG, heart rate, head position, head movement, snoring, and optional respiratory effort



HOW CAN YOUR PRACTICE BENEFIT FROM THE WATERMARK SYSTEM?

- ✓ Cloud portal facilitates seamless integration of interpretation and treatment considerations by your local sleep expert.
- ✓ Treatment considerations provide clinically appropriate recommendations for a follow-up sleep consult, an attended titration study, or immediate therapy based on the study's findings.
- ✓ Assisted therapy solutions using national provider partnerships.

THE ARES™ MODEL 620

Our newest model offers all the same attributes that made our ARES™ 610 a success, with added capabilities, improved technology, and a more comfortable design. This system can record and store respiratory events like apneas, hypopneas, mixed apneas, and flow-limiting events. ARES™ is designed for prescription use in home diagnosis of adults with possible sleep-related breathing disorders.

Three Useful Configurations

Get All the Data You Need from One Convenient Device!

9 CHANNEL (STANDARD)

SpO2, Heart Rate, Snoring, Airflow, Head Movement, EEG, EOG, EMG

10 CHANNEL (EFFORT BELT)

SpO2, Heart Rate, Snoring, Airflow, Head Movement, Head Position, Respiratory Effort, EEG, EOG, EMG

CHAIN OF CUSTODY

Option available

THE ARES™ WIRELESS EFFORT BELT



RESPIRATORY MOVEMENT

- Airflow apnea and hypopneas
- Quantitative snoring
- % time snoring > 30 dB, 40 dB, and 50 dB

Contact Watermark Medical to
Order Your ARES™ 620



 www.watermarkmedical.com

DIMENSIONS: ARES™ MODEL 620

Weight: 3.3 ounces (0.21 lb) / 93.55 grams



Please refer to the ARES™ Warranty for the full terms and conditions.

ACCURATELY MEASURE A WIDE RANGE OF BIOMARKERS

- ✓ **HYPOXEMIA**
 - Oxygen saturation
 - Average SpO2 during sleep
 - Percent time SpO2 < 85% and 90%
 - Average SpO2 desat across all respiratory events
- ✓ **CARDIAC**
 - Pulse rate
 - Mean, minimum, & maximum pulse rate
 - Pulse rate arousal index
- ✓ **NEUROLOGICAL / BEHAVIORAL**
 - Sleep/wake and REM/non-REM
 - Sleep latency and sleep efficiency
 - % time in REM
- ✓ **AROUSAL INDICATORS**
 - Movement – actigraphy
 - Respiratory – snoring & airflow
 - Sympathetic – pulse rate

