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INSTRUCTIONS FOR IN-OFFICE PROCEDURE



Be sure to have the following items before beginning:

- Cotton pads
- Small measuring or graduated medicine cup
- Timer
- Head Band for hair control
- REFINITY purifying cleanser or other mild soap-free cleanser
- Skin Refining System kit
- Bowl of clean, tepid water

1. Cleanse the skin with the **REFINITY Purifying Cleanser**, or other mild, soap-free cleanser.
2. SHAKE the **Pre-Peel Conditioner (Step 1)** WELL BEFORE USING. Prepare skin by applying Pre-peel Conditioner to cotton pad and gently rubbing evenly over the entire area to be treated (face, hands, neck de'collete', etc).
3. ALLOW AREAS TO DRY
4. SHAKE the **Refining Peel Formula (Step 2)** WELL BEFORE USING. Pour a small amount into the cup (Face & Neck ½ Tsp. **Or** Face, Neck, Hands, & de'collete' 1 Tsp). Using the supplied rayon applicator, dip end into the Refining Peel Formula until saturated. Prevent dripping by rolling applicator against side of cup to reduce excess solution.
5. **NOTE AND RECORD TIME**
6. Apply Refining Peel Formula evenly to all areas that were treated with Pre-peel Conditioner, beginning with the forehead and the outer areas of the face and working toward the central portion of the face. If the neck, hands, or chest are to be treated, they can be addressed after the facial application is completed.
7. DO NOT LEAVE PATIENT UNATTENDED DURING THIS STEP!
8. Observe treated areas for erythema. **If erythema occurs, apply Peel Neutralizer (Step 3) with cotton pad immediately.** SHAKE WELL BEFORE USING.
9. In the absence of erythema. Use time as an indicator of when to apply Peel Neutralizer (Step 3).
 - **The patient's first treatment is usually timed at 2-6 minutes. Timing may vary depending on patient's skin type and their history of use with AHA products and treatments. Subsequent treatments may increase in duration.**
10. SHAKE the Peel Neutralizer WELL BEFORE USING. Apply Peel Neutralizer with cotton to all areas which were treated with the Skin Refining Peel Formula.
11. To Ensure the Skin Refining Peel Formula has neutralized, apply another layer to all treated areas with water.
12. Apply **Post-peel Moisturizer (Step 4)** to all treated areas. **Please note: Post-peel Moisturizer does not contain sunscreen.**
13. Give Patient REFINITY Post-peel Moisturizer for home use during the 1-2 days following this treatment, prior to resuming the use of REFINITY Skin Solutions home products.
14. Patients may schedule next treatment as advised by the physician. Safety of treatment with the REFINITY Skin Refining System more frequently than within two weeks has not been established.

COMPLICATIONS

Complications with glycolic peeling are rare. Potential complications which have been observed with glycolic acid peels include persistent erythema, superficial crusting, post-inflammatory hyper pigmentation, infection, scarring, and facial herpes simplex. 1 (Cite) Care must be taken to ensure complete neutralization of the Refining Peel Formula. Additionally, patients must be instructed to contact their physician immediately if they experience any complications.